

## Wesmen wrap-up

A look at the vear that was

"The most unique sandwich of the bunch is both visually stunning and orgasmically tasty."

## **LOOKING FOR LISTINGS?**

## **COVER IMAGE** "Sailing Ships" by Margaret Dyckman Oil on canvas, 1975 On display at the Pembina Hills Arts Centre in Morden, Manitoba PHOTOGRAPH BY CINDY TITUS

## News

## Winnipeg taxis beef up security

Taxicab board says new shields difference between life and death

ETHAN CABEL BEAT REPORTER

A recent wave of attacks against Winnipeg cab drivers has prompted the Manitoba Taxicab Board (MTB), the provincial regulator, to seek new security measures that will expand the plastic shield that separates cab drivers from their passengers.

Records compiled by Winnipeg Police Service Patrol Sgt. and member of the MTB Rick Zurba show that there have been 14 criminal incidents involving passengers and taxi drivers over the last three months in the city. The incidents have varied from assault or assault with a weapon to robbery and carjacking.

The MTB, based on its own records, media reports and the testimony of Winnipeg cab drivers, has made the decision to upgrade current cab security systems.

"There are many options on the table," said MTB secretary Ierry Kozubal. "[But] right now the industry [wants] an L-shaped shield."

An L-shaped shield would protect drivers from attacks from the passenger seat and the rear and would still leave room for four passengers.

The other option, Kozubal said, is a full shield spanning the length of the vehicle, similar to barriers in police vehicles. A full shield, however, would leave a maximum of



Because of recent attacks against Winnipeg cab drivers, new L-shaped shields will soon replace older shields like the one pictured here.

only three passengers per cab, resulting in industry representatives thinking it unfavourable.

Some cab drivers feel that the industry is settling for the L-shape because fewer passengers will amount to less revenue.

"They [the cab companies] know that they can't put the full shield in because people are already complaining about how cramped the cabs are," said Michael Kneeshaw, a driver with Winnipeg's Unicity

Kneeshaw has been forced to push his seat back into the passenger area due to obesity.

"This [L-shaped] shield will be like being stuck in a phone booth," he said, adding that he may be forced to quit because the shield will bring the drivers seat forward, leaving him unable to fit between the steering wheel and the back of

Kneeshaw has been a driver with Unicity for 30 years and will be eligible for retirement when he turns 65 in 21 months. He is afraid that the new shield may affect his retirement plans.

The MTB says that all issues will be investigated before the shields are implemented.

"Drivers, particularly those that work at night ... [won't] object to these measures once they're implemented," said Kozubal.

How the upgrades will be paid for, however, remains unclear. When the current cab shields were made mandatory in 2003. Winnipeggers saw a 25-cent increase in city cab fares. Last year, city residents faced yet another surcharge of 20 cents to pay for upgrades to in-cab security cameras.

"If the cost is minimal, it will be incurred by the industry," said Kozubal. He added that cab companies do have the option of going to the board to request a fare increase.

In addition to the shield, the мтв has committed to a new drivertraining program developed in consultation with Workplace Health and Safety, Manitoba Labour and the Winnipeg Police Service. The board also plans to enhance the public distress signal found on the roof of city cabs. According to many, the blinking sign is not visible during the day and is rarely acknowledged at night.

"Everything is going to evolve over the next month or so," said Kozubal, adding that advertising may be needed so that the public responds to distress signals. He also says cabs need signage indicating the driver's right to charge patrons in advance or refuse service altogether.

Zawadi Muhima

of the taxi."

high school student

"I don't really think so.

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## BY COURTNEY SCHWEGEL Q: IS ENOUGH BEING DONE TO MAKE TAXI DRIVERS SAFER?



Michael Jackson Owner of Copy Cat **Bags, Portage Place** "The shields that are there aren't enough. What they need is a screen between the back and the driver."



driver cars is a really

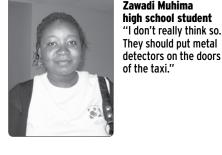
good idea."



**Victor Richard** downtown resident "Actually I don't really know. I don't take taxis but I've heard a lot of shit about people robbing them.



**Devan Ostapyk** second-year, business administration 'I'm not even sure what is being done so I'm auessina not.'



Marshall Maslovsky, second-year conflict resolution studies



'Whenever I get in cabs I am more worried about my

safety."

## Portage Place is 'cheap' without the 'chic'

Report says mall must appeal to lower-income residents

ETHAN CABEL BEAT REPORTER

Over the last 12 months, three large stores - Carlton Cards, Smart Set, and Barnes & Castle - along with several temporary kiosks and experimental stores have vacated Winnipeg's Portage Place Shopping Centre. The result? A wealth of empty retail space in a mall that lags behind its competition in sales and desirability.

According to a 2009 report, Portage Place mainly appeals to a demographic of moderately-paid office workers, lower-income residents, students and senior citizens.

The report, conducted by MJB Consulting, a New York-based firm specializing in downtown development, pinpointed the food court as the mall's primary source of traffic.

"The food court and entertainment bring people to the mall, and the retail follows from those services," said Dave Stone, Portage Place mall manager. "It's hard to tell from a retail perspective what our big draws are [right now]."

As a solution, the report recommended that Portage Place move toward "cross-over" brands and "cheap chic" retail items that are affordable for lower-income residents while still appealing to middle-income suburbanites who work and shop downtown.



According to a 2009 report, Portage Place mainly appeals to a demographic of moderately-paid office workers, lower-income residents, students and senior citizens.

yet to implement changes based on the MJB report, but the Downtown BIZ and Centre Venture plan to meet with the firm in the months to come, said Stone.

Portage Place generates \$250 per sq. ft. in monthly sales and charges retailers \$15-\$40 per sq. ft. in rent, well below the national average according to the MJB report.

Farther down Portage Avenue, Polo Park Shopping Centre manages between \$550-\$600 in sales and charges its retailers between \$60-\$90 per sq. ft. in monthly

"Portage Place is completely different in terms of retail," said Deborah Green, general manager of Polo Park. "The mix of our retail is the main draw to Polo Park."

Portage Place used to attract high-calibre brands, but that attraction was mainly because the original developer, Cadillac Fairview, would force retailers to open there Portage Place management has before "graduating" them to more

desirable locations, like Polo Park, the MJB report stated.

Scott Krastel, a full-time employee at Portage Place, believes that the vacancies are due to scant nightly sales and a growing concern that the mall is an unsafe place to do business.

"After 6 [p.m.] the place is just a ghost town," he said.

Krastel added that his store no

longer schedules women for night shifts due to incidents of sexual harassment and minor theft over the last several years. As a result, Krastel has been forced to man the cashier on Thursday and Friday nights until 9 p.m.

"I'm a bigger guy, so I don't face the same problems," he said.

Stone responded by saying that security is adequate, but individual retailers are entitled to act in any way they feel appropriate.

Marta Jack, a store owner in Portage Place, doesn't think a lack of safety is the main reason for busiPORTAGE PLACE VS. POLO PARK

How they measure up

Portage Place:

Size: Three floors, 439,600 sq.ft. Monthly sales: \$250 per sq.ft. Monthly rent for retail: \$15-\$40 per sq.ft. Monthly rent for food court:

\$135 per sq.ft.

Anchors: The Bay, Shoppers Drug Mart, Staples

Polo Park:

Size: Two floors, 1,200,000 sq.ft. Monthly sales: \$550-\$600 per sq.ft. Monthly rent for retail: \$60-\$90 per sq.ft.

Monthly rent for food court: \$400 per sq.ft.

Anchors: Sears, The Bay, Zellers, SilverCity Polo Park

Sources: Patricia Bancarz, Deborah Green, www.down-

ness failure. Jack has been in retail for 50 years and has spent the last 13 as the proprietor of Mach Artworks, a store specializing in Canadian art and imported giftware.

"I worked at Polo Park for 24 years and I felt no more safe there than I do here," she said, adding that security is tight, with patrols around the clock both in the mall and in the underground parkade.

She believes that the vacated stores are due to bad business practices rather than a failure of the mall as a whole.

"If you aren't taking care of business, you shouldn't be in business,"

## Local **News Briefs** Compiled by Julian Ward

### **ICE CUTTING UNDERWAY** ON RED RIVER

Ice fishers and snowmobilers are being warned to stay off the Red River now that two Amphibex ice-cutting machines have started work breaking up the ice to help prevent spring flooding. The \$1 million project involves cutting the ice and then creating a channel to allow the ice to move, hopefully leaving residents in flood-prone areas high and dry. In the past three years, the efforts have prevented approximately \$3 million in damages. The program is run by the North Red Community Water Maintenance Corporation which includes the rural municipalities of St. Andrews and St. Clements and the City of Selkirk.

### PROVINCIAL PARK PRICES RISE

The cost of services in Manitoba provincial parks are set to moderately increase for the 2010 camping season. Some of the hikes in price include nightly camping fees, which will increase to between \$9.45 and \$24.15 from the previous range of \$8.40 to \$22.05, depending on services and type of site, while seasonal camping rates are anywhere from \$30 to \$90 more expensive. Also, those wishing to shower will now have to pay \$1 for a three-minute shower. The new revenue will go towards paying off recent improvements to water, wastewater systems, washrooms, Conservation Minister Bill Blaikie noted, though, that Manitobans still have some of the lowest camping fees in the country.

## **VISION QUEST**

Aboriginal leaders innovators are meeting for the 14th annual Vision Quest Conference at the Winnipeg Convention Centre from Tuesday, May 18 to Thursday, May 20. The event, which promotes success in Aboriginal business, community economic development, will feature more than 16 workshops about business and leadership. There will also be a trade show with more than 80 exhibitors, an awards presentation and plenty of food and drinks. The first keynote speaker, Wes Studi, is an author, activist, Vietnam veteran and actor who recently appeared in James Cameron's movie Avatar. DJ Sadie from Streetz FM and comedian Don Burnstick will perform opening

## PRIDE WELCOMES R & B STAR

R & B singer Deborah Cox will headline this year's Gay Pride Festival on Sunday, June 6. Cox once held a Billboard record for longest-running number one single on the "Hot R&B/ Hip-Hop Singles and Tracks" chart for her hit song *Nobody's* Supposed to Be Here. Winnipeg Pride is partnering with Manitoba Homecoming 2010 and Destination Winnipeg in an effort to bring in big name performers and huge crowds. The parade will start at the legislature and, for the first time in Pride history, wind its way down to the Forks for the rest of the day's festivities.

## Province serving up stiff penalties

Underage drinkers and those who supply booze to face tougher fines

KRISTY RYDZ

BEAT REPORTER

The Manitoba government is looking to implement the country's toughest fines against underage drinking and those who facilitate it in an attempt to curb teenagers from developing alcohol dependencies.

The province has asked the Manitoba Liquor Control Commission (MLCC) to survey other jurisdictions across Canada so they can be certain they have the highest fines for those caught drinking under the age of 18 and for those who have provided the alcohol to them, according to the minister charged with the administration of the Liquor Control Act, Gord Mackintosh.

'If you start drinking before age 15, you are four times more likely to develop an alcohol dependence later in life. Given the ongoing prevalence, we have to counter this at a younger age," Mackintosh

In reaction to the 2009 Youth Health Survey completed by Partners in Planning for Healthy Living, a three-pronged approach will be implemented: the hike in fines from the current \$292 per of-



Fines are going up for kids under the age of 18 caught drinking and for those who enable them to do so.

fense, a community summit to be held in September and increased visibility of the "Be the Influence" awareness campaign.

The annual report surveying Manitoba students in Grades 9 through 12 about their physical activity, eating, smoking, alcohol and drug use and overall wellness levels revealed that approximately 34 per cent of these students had more than five drinks within a two-hour span in the past 30 days.

The general effectiveness of higher fines for criminal offenses has been called into question by

legal research over the past 50 years, said Debra Parkes, associate professor in the University of Manitoba's faculty of law.

"Generally, the literature has shown that increasing severity of penalties has not been an effective way to deter crime," she said. "It has found that it doesn't influence people in their decisions to commit crimes. For youth in particular, it has not been found to be

Mackintosh acknowledges that fines aren't the sole solution to the

"We could move with fines rather quickly, but it's only one piece of what needs to be a more comprehensive strategy," he said.

Lynette Koop, program co-ordinator of Marymound, agrees. Marymound, a private non-profit agency that provides education and therapy to young people, has a youth addictions stabilization unit that works with children between the ages of 12 and 17 to complete detox and stabilization before entering a recovery program. Multifaceted approaches are used to help teens realize the effects of drinking and drugs, according to Koop.

"Our approach is education. That's a huge piece," she said. "The other piece is to look at the life areas that it does affect. [Looking at drinking] not only from health point of view but the day-to-day direct relations that they might not see at first."

Koop, who has worked with teenagers for over 25 years, said penalizing those who buy and give teens alcohol has the potential to reduce underage drinking.

"Kids will always get creative in finding ways [of getting alcohol], but when you can make it more difficult and crackdown on getting access to something, clearly it will impact it," she said.

Mackintosh and his staff will consider different monetary fines for teenagers and those facilitating drinking when they have all the cross-country research. He expects to have the new fines in place by the 2010 May long weekend.

## International **News Briefs**

Compiled by Andrew McMonagle

### **RAT SWEEPER**

MOZAMBIQUE, Africa: Minefields are a plague in war zones, especially since they tend to linger after the war is over. It's fitting that a non-profit group in Africa has started using rats to uncover the hidden explosives. Tanzanian-based group APOPO has deployed these mine-detecting rodents in Mozambique, which has many decades worth of mines to clear, MediaGlobal said. Usually dogs are used, but these mice have been trained to smell TNT and react. The rats are being used because they are much cheaper to train and they are light enough that they won't set off a mine.

### **EXCAVATED SCANDINAVIANS**

DORSET, England: Archaeologists believe the 51 decapitated skeletons they found in a mass grave belong to Scandinavian Vikings. BBC News reports that scientists believe the Vikings were killed by Anglo Saxons between 910 AD and 1030 AD. The bodies, found during construction of a relief road, were confirmed from that era by radiocarbon dating. Their teeth told the tale of their diet and the climate they lived in. The Vikings are believed to have been executed, given the mass grave and lack of clothing on the bodies. David Score, one of the archaeologists, said it was "very unusual" to find such a large mass grave from that time.

## **ELEVEN TIGERS DEAD IN THREE MONTHS**

LIAONING PROVINCE, China: Eleven rare Siberian tigers have died in the past 12 weeks at a zoo in northeastern China. Sketchy accounts report that the tigers were malnourished and being fed chicken bones. A wildlife protection officer from the area said the tigers were kept in small cages that restricted their movements. BBC News reports that China has about 5,000 tigers in captivity, compared to about 50 left in the wild. A manager from the zoo said that they died of various diseases. While this issue has been drawing attention from animal rights activists, the emphasis is even greater because 2010 is the Chinese year of the tiger. The zoo is currently closed.

## **PRIDE IN TORTURE**

WASHINGTON, D.C., United States: Karl Rove, senior advisor to former president George W. Bush, has told BBC News that he was proud that Americans used waterboarding while interrogating terrorist prisoners. While current president, Barack Obama, has banned waterboarding, Rove said he thinks it should not be considered torture. Rove said that information gained by using this technique was used to foil terrorist plots, some resembling the acts committed on 9-11. Rove, known as "Bush's brain," said that U.S. soldiers were subjected to waterboarding as part of their training. Rove's recently released memoir, Courage and Consequence, colours the Bush administration favourably.

## NO MORE CIVILIAN CAMOUFLAGE

BAGHDAD, Iraq: Markets in Baghdad are flush with camouflage uniforms available for anybody to buy. This has been causing major security problems, BBC News reports. Recently, some high-profile bombings have been committed by men wearing what looked like military garb. This allowed them access to places they would not have been able to go. Another problem is the variety of camouflage available. The military, security forces and national and civic police all wear different uniforms, creating confusion at borders and security points. The Iraqi government made stallholders and tailors sign a pledge to only sell their wares to authentic police or military personnel.

## Motivationally speaking

Speakers brought in to schools to share their experiences and support the school's goals

### SAMUEL SWANSON

BEAT REPORTER

If you've been a high school student, you probably know what it's like to be rounded up like cattle with your fellow classmates and prodded into the gymnasium to hear a speaker talk about how to live your life, or how they lived their life, or both. Selection of school speakers is not arbitrary, though. It's business, and it's consciously decided upon.

"Schools typically have goals and bring in speakers that talk about the goals of the school," said Brent Corrigan, principal of College Sturgeon Heights Collegiate.

For example, speakers with an anti-bullying message at Sturgeon Heights may be appropriate because one of their goals is "trying to keep our students as safe as possible," according to Corrigan.

Speaker prices range between a few hundred dollars to well over \$500. Schools have some tactics to reduce these costs, such as partnerships. For instance, Corrigan mentioned Manitoba Public Insurance (MPI) subsidizing a speech from Mothers Against Drunk Driving (MADD). As well, sometimes schools team up, having a speaker at one school in the morning and another in the afternoon.

Timing is another variable.

"If someone is travelling through here during exam time, that won't work," Corrigan

Sturgeon Heights is clear about the goals in the selection of motivational speakers, but that clarity does not branch across all schools

'Schools often invite police officers, firefighter personnel, media personalities, authors, artists and many, many others in to speak to students over the course of the year," said Linda Wilson, Winnipeg School



Recovering drug addict Hart Peikoff brought his message to Grant Park High School in Winnipeg. He is one of many motivational speakers high school faculty bring in to teach kids hard life lessons.

Division 1 communications officer, by email. "[H]aving a speaker into a school is a school-based decision."

Faculty at Gordon Bell High School would not field questions about the speakers that they bring into the school, but a student was happy to share her experiences. Mikaela Herbert-Hosie, a Grade 10 student, recalls anti-drug messages as the most prevalent topic at speaker assemblies. But Herbert-Hosie doesn't think these speakers are necessarily getting their message across.

"For the overall population, no, because there are so many [students] that already do [drugs]; one person talking about it won't affect them," said Herbert-Hosie. "But it informs others who are considering it."

Hart Peikoff, a recovering drug addict, recently began speaking at schools with the message of sobriety. Peikoff has battled with substance abuse since he was just seven years

"In church, they give you a small glass of wine, but I stole three," Peikoff said. "I felt comfortable around everyone."

Peikoff spent many years trying every substance shy of heroin to try to kill pain, he said. After cleaning up, he began speaking at the Manitoba Youth Centre to groups of about 20 young people. He went on to contact schools and began speaking at Grant Park High School. The school told him students were commenting about the effect that Peikoff had on them.

"I didn't expect that kind of response and I cried," Peikoff said. "If a few of them get it,

Herbert-Hosie sees the value, too.

"From an educational perspective, you're losing time in a classroom. Learning math and science, you need [all the time] you can get," she said. "But racism, bullying - it all needs to be discussed."

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## MARCH 18, 2010

## Water watch

Recent language change in city council eliminates private financing/ operating of city's water utility

SAMUEL SWANSON

BEAT REPORTER

Water-watching Winnipeggers have been waiting for answers regarding the forthcoming change in the city's water utility, originally touted as a public-private partnership (P3), but at this point, nobody except Mayor Sam Katz knows what to call it.

'First it was a 'private partner,' then it was a 'strategic partner' and now it's a 'strategic consultant," said Trevor Semotok from the Winnipeg Water Watch Committee.

Semotok said this is important because the first two terms have the same meaning, but the third term limits the partnership to be a mere construction contract.



Trevor Semotok is critical of the City of Winnipeg's plans when it comes to water.

"Using the term 'consultant' eliminates the notion of financing and operating [the project]," he

The mayor's office didn't com-

ment directly on the language change, but referred *The Uniter* to Bryan Gray, project manager of utility development at the City of Winnipeg, who confirmed that the

now-termed "strategic consultant" will play a role in infrastructure construction but not operating and financing.

'We've always been clear right from the beginning that they will have no involvement in the water utility," said Gray. "That wasn't even talked about.'

This new change of language is an uplifting sign to local water activist Sallie Caufield.

"It seemed that they planned on having [the partner] design, build, finance and operate [the utility]," Caufield said. "But then it seemed they were backing off from the 'operate' part. We heard this and thought 'fantastic.'"

The speculation about the end of a P3 negotiation was sparked from the city council meeting on Jan. 27 when councillor Jenny Gerbasi (Fort Rouge/East Fort Garry) asked the mayor when the city can expect an update on the water utility partnership, to which Mayor Sam Katz replied, "[J]ust for clarification, there is no partner. I know that councillor Gerbasi knows that."

Now that the word of the week is no longer "partner," but rather "consultant," activists are pleased with the progress of moving away from utility privatization but are still concerned with the three multinational corporations short-listed as the potential candidate for a construction contract with the city.

The three companies still in the running for the contract are Veolia Water, CH2M Hill and Black &

"Of the possible contractors the city could work with, these are just about the worst three you could possibly choose," said Semotok.

All three companies pull up a laundry list of ethical concerns, including CH2M Hill profiting from the Iraq war, Black & Veatch being charged with unfair labour practices in the state of Oregon and Veolia Water having a contract with Angleton, Texas terminated and taken to court due to a multitude of unethical business practices, according to a document from the Council of Canadians.

As of now, the provincial government has to draft legislation around the partnership before the issue can be brought up again at city council.

The city said it was not able to comment on when further debate around the city's water utility will take place.

## Barley: Not just for beer anymore

Health Canada claims grain would benefit consumers, farmers alike

KRISTY RYDZ BEAT REPORTER

While it's best known as the prime ingredient in your favourite "brewski," top researchers, farmers and dieticians want you to know that barley can be so much more than that.

'Barley transcends the meals. It can be breakfast, lunch or dinner. It really has unique advantages," said Dr. Nancy Ames, research scientist at Agriculture and Agri-Foods Canada's Cereal Research Centre.

Ames took the lead in submitting a health claim to Health Canada stating that people consuming three grams of the soluble beta-glucan found in barley daily will experience lower cholesterol

The claim, submitted over a year



Barley is becoming increasingly popular as more and more of the grain's health benefits are being discovered.

ago in conjunction with other researchers and backed by the Alberta Barley Commission, is the product of Ames's 10-plus years of experience in the barley field.

Even after patenting a tortilla wrap made only of barley and water and currently studying the impact of the grain on a diabetic's glycemic index at the University of Manitoba's Richardson Centre for Functional

Foods and Nutraceuticals, Ames understands the need for a health claim to make a product viable in the food production industry.

"How would the consumers

know that they want it if they don't know about the health benefits? Health claims have a great deal of benefit," she said. "It also creates market awareness ... if they can put a health claim on something, it's an advantage in selling."

Allowing farmers to diversify their crops and sell more barley to processors are among the interests the Canadian Wheat Board (CWB) has in supporting the claim, according to its manager of IP and food barley programs, Andrea Hilderman.

"It's just one of those grains. When you learn a little more about it, you become passionate about getting it into the food system, giving consumers another grain and giving farmers another crop to grow on their farms," she said.

Hilderman noted that the CWB, the largest wheat and barley marketer in the world, has seen an interest in barley from countries such as Japan and the U.K. since 2005. It was in that year that the U.S.

Food and Drug Administration began examin-

ing a claim that food containing barley reduces the risk of coronary disease. The claim was finalized in May 2006.

While Health Canada is still reviewing the low-cholesterol claim, a process that typically takes from a few months to a few years, dietitians and nutritional consultants are already building barley into plans for their clients.

Along with the benefits of decreasing saturated fats, barley is overflowing with other health benefits, according to Leanne Hearn, founder of the Winnipeg-based nutrition counselling service, Right Fit Nutrition.

"Barley has quite a bit of selenium and that's good for the body's immune function and repairing DNA," she said.

With a bachelor of science with a major in nutrition from the University of Manitoba, Hearn would recommend replacing an old breakfast standard with the grain that has increasing commercial popularity.

"Ît's loaded with fibre and it has just over triple the amount of fibre oatmeal has," she said. "The only downside of barley is that it takes longer to cook, but the benefits clearly exceed that.

TRAVEL TIP

## WORLD DOMINATION

## A few quick facts about barley

- ⇒ Barley is considered one of the founding crops of Old World agriculture, with archaeological remains of the grain traced back to about 8,000 BC.
- $\Rightarrow$  While barley hasn't reached staple-food status in Canada, it has long been considered one in Tibet where it's used in everything from traditional foods to noodles. In Japan and China, it's used as a healthy beverage.
- ⇒ Analysis of ancient Roman gladiators' chemical bone composition dating back to 2 AD suggests the warriors ate a diet rich in beans and barley.
- ⇒ As a result, they were commonly referred to as "hordearii," or "barley-eaters."
- ⇒ In ancient Egypt, barley was commonly used medicinally to speed up healing, remove phlegm and as a diagnostic agent to determine the sex of unborn children.

Sources: www.oxfordjournals.org, www.agr.gc.ca, www.nationalgeographic.com, www.aaccnet.org

## EMPLOYMENT OPPORTUNITY

## **Production Manager**

The Uniter is looking for a hard-working, creative and talented individual to take on the responsibilities of Production Manager. The successful applicant will be responsible for the overall design and final layout of the newspaper, in co-operation with the section editors and Managing Editor, on a weekly basis. The Production Manager is also responsible for uploading content onto *The Uniter*'s website each week. This person must be proficient with Adobe Creative Suite, comfortable using a Mac OS X platform and possess a sound understanding of design principles for a weekly print publication. The Production Manager must be available to work Sunday to Wednesday. Some additional ad design will be required and paid accordingly. Some office hours are required. Time commitment is 25+ hours per week. Payment is \$400

The successful applicant will work on The Uniter's two summer issues (May and June) and then begin their term in late August.

Please send your resume and a cover letter to editor@uniter.ca. The deadline for this application is Friday, April 2 at 12 p.m.

## TRAVEL CUTS

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### **COMMUNITY EVENTS**

Vic Hooper will give a workshop for artists and performers entitled MARKETING: MORE THAN A POSTER at 1 p.m. on Friday, March 26 in the Millennium Library's Buchwald Room.

Thursday, March 25, Friday, March 26 and Saturday, March 27, the Winnipeg International Children's Festival will hold a free noon hour magic and performance series, DOWNTOWN CLOWN AROUND, in Portage Place.

The Winnipeg Afro-Aboriginal Cross-cultural Association (WAACA) will be celebrating its one year anniversary with an energetic and unique cross-cultural concert featuring Summer Bear Dance Troupe and the African drum and circus performance of Yamoussa and Kalabanté on Thursday, March 18 at 8 p.m. at West End Cultural Centre.

Winnipeg's oldest operating restaurant The Chocolate Shop will host a PSYCHIC FAIR on Saturday, March 20, with a lunch buffet and psychic reading from noon until 4 p.m.

A workshop on the health benefits of learning will take place at the West End Cultural Centre on Saturday, March 20 from 12 p.m. until 2 p.m.

The Manitoba Association for Rights and Liberties presents a lunch hour panel discussion on current issues surrounding racism on Sunday, March 21 at Mondragon Cafe.

St. Mary Anglican Church in Charleswood will be holding a GIANT GARAGE / RUMMAGE SALE on Friday, March 26 and Saturday, March 27.

AGRICULTURE IN THE CITY is three days of interactive exhibits and presentations to bring people together in celebration of agriculture. This event will be held at The Forks Market from Friday, March 19 until Sunday, March 21.

Meet every Thursday for CHESS IN THE COURT in Kennedy Court on the second floor of Portage Place, throughout March and April.

FREE INTERNATIONAL STUDENTS CLASS. An opportunity to meet with other students and Canadian friends while learning English and the Bible. Takes place on Sundays from noon until 1:30 p.m. at Elim Chapel, 546 Portage Ave. For more information call Val & Veda Chacko at 257-1670.

### ON CAMPUS

Relax between classes by attending a free YOGA class on Wednesdays at 12:30 p.m. in 0T19 the Theatre Building or a free MEDITATION workshop Thursdays at 12:30 p.m. in the UWSA Boardroom. The program ends Thursday, March 25.

The Urban Aboriginal Strategy and the Comprehensive Community Initiative of Winnipeg present a three-day gathering where youth, Elders and their supporters will share cultural and ceremonial knowledge and practices to strengthen and support individuals, families and communities to heal from addictions. Friday, March 26 until Sunday, March 28 in the University of Winnipeg's Riddell Hall.

Virtuosi Concert ends off another season with a performance by violinist JONATHAN CROW in the University of Winnipeg's Eckhardt-Gramatté Hall. 8 p.m.

THE COCA-COLA CASE, a documentary about the legal case against the soda pop company in Columbia, will screen in the Manitoba Boardroom at the University of Winnipeg on Tuesday, March 23.

Dr. Marsha Hanen will deliver a lecture entitled WHERE DO WE GO FROM HERE? THINKING ABOUT WOMEN'S EQUALITY AND ETHICS at noon Wednesday, March 24 in Eckhardt-Gramatté Hall.

The University of Winnipeg Professional Studies Program Area is holding an information session for individuals interested in pursuing careers in the Public Relations Marketing Management or the Human Resource Management field. Tuesday, March 30 at 4 p.m. in room 4 on the 14th floor of 275 Portage Ave.

Prairie Fire Press and The University of Winnipeg present award-winning poet and novelist Marilyn Bowering, who will deliver the Anne Szumigalski Memorial Lecture, titled RE-DISCOVERING ANCIENT SPRINGS: A CONSIDERATION OF METAPHORICAL SPACE on Friday, March 19 at 7 p.m. in Convocation Hall at the University of Winnipeg.

The UWSA general elections will take place from Friday, March 12 to Friday, March 19.

The UWSA SAFEWALK PROGRAM is looking for volunteers to walk students, faculty and staff to their cars, bus stops or residences within a reasonable distance. Each four-hour shift will receive an \$18 honorarium.

Every Wednesday from 12:30 to 1 p.m. there is an interfaith university chapel service in the Carl Ridd Sanctuary in Bryce Hall. All are welcome.

## VOLUNTEER OPPORTUNITIES

Volunteer Manitoba will host the 27th Annual Volunteer Awards Dinner on Tuesday, April 20 during National Volunteer Week at the Convention Centre in Winnipeg.

The West Broadway Youth Outreach Centre is always looking for more volunteers to help with a variety of programs including sports, tutoring and other programs to benefit inner-city youth. Call (204) 774-0451 or stop by 222 Furby St. to offer your skills.

Do you have a few hours a month to spare? Want to help make our community a place where women and children are safe, healthy, valued and empowered? Become a volunteer board member at Fort Garry Women's Resource Centre. Call 477-1123 or visit fgwrc.ca for more information.

## **Campus News**

## Graduates making a difference

## University celebrates distinguished alumni

### COURTNEY SCHWEGEL

CAMPUS BEAT REPORTER

The University of Winnipeg Alumni Association Council is currently receiving nominations for this year's Distinguished Alumni Award. Since it was first given out in 1990, the award has acknowledged the exceptional accomplishments of some of the U of W's most notable graduates.

But believe it or not, the very first recipient of the Distinguished Alumni Award wasn't technically a graduate of the U of W.

Delza Longman, 92, was thrilled to receive recognition for her contributions to the university community, but said she still feels as though she didn't really deserve it.

"I was terribly pleased, of course," she said. "But I felt a little guilty, as if I shouldn't be getting it because I wasn't exactly ... an alumnus. I think the university just wanted to do something nice because I had been helpful."

În addition to finishing the big task of cataloguing her late husband's collection of archival documents for the U of W library, Longman helped a visually-impaired professor with marking assignments and tutored students in English. Although the past recipients hail from diverse backgrounds including politics, community activism, journalism, art and music, they are united in their outstanding community contributions.

"That is one of the nice things about [the award]," Longman said. "It is not just for [people] in one category; it is for people



In 1990, Delza Longman received the University of Winnipeg Alumni Association Council's first Distinguished Alumni Award.

who have done all sorts of good things."

Del Sexsmith, president of the alumni association council, said all the past winners have had a great sense of altruism and interest in the betterment of the community.

"The people who stand out in my mind are community leaders," he said.

Howard Pawley, the most recent recipient of the award, was honoured to be chosen in 2008.

"After three-quarters of a century contributing to community life ... it is certainly a very positive feeling to be recognized by your peers," he said.

Returning to the U of W convocation stage and reconnecting with his university

## PAST DISTINGUISHED ALUMNI AWARD RECIPIENTS

Some of the names of people who have received the award in the past might ring a bell:

1994 → Dr. Lloyd Axworthy

1995 → Fred Penner

1999 → Lindor Reynolds

2001 → Guy Maddin

2003 → Dr. Thomas Axworthy

2004 → The Honourable Sterling Lyon

2005 → Raymond McFeetors

Source: www.uwinnipeg.ca

peers are what made the award so special to Pawley.

"I was able to share it with many friends who were there from years gone by," he said.

Pawley, former MLA for Selkirk and former premier of Manitoba, is currently an associate professor emeritus in the political science department at the University of Windsor.

Nominations for the Distinguished Alumni Award are due Wednesday, March 31. The Alumni Association Council and members of the board of regents will then review the nominees and vote by private ballot to choose a winner. The Distinguished Alumni Award recipient will be selected by the end of April.

Sexsmith said although alumni typically submit the nominations for the award, students are more than welcome to nominate alumni as well.

"I would definitely encourage that," he said.

## A pipe band, speeches and more speeches

## A look into U of W's convocation traditions

## **COURTNEY SCHWEGEL**

CAMPUS BEAT REPORTER

Receiving a diploma is a moment most students look forward to throughout their university careers. But through all the excitement on this special day, students may overlook many of the deeply-rooted traditions of the convocation ceremony.

"[Convocation] is just loaded with tradition. It is the most traditional thing at the university," said Carol MacKay, convocation officer at the University of Winnipeg.

According to MacKay, the program for convocation has remained fairly consistent over the years.

"The ceremonies are like a carbon copy, one after the other, and they are all pretty much the same," she said.

To some, these customs are what make the ceremony special.

According to Darcy Duggan, director of university events and special functions at the U of W, there is a certain sentimental value in U of W's traditions.

Duggan said her favourite part of convocation, and something unique to the U of W, is when the graduates are led onto the stage by the Winnipeg Police Pipe Band.

"It's beautiful," she said. "It sets the stage for the ceremony to come."

Another important feature of convocation common to all ceremonies is the speeches made by administrative staff and



faculty. MacKay said this tends to be the most time-consuming part of the two-and-a-half hour ceremony.

"Some of the speeches ... are fairly long," she said. "[We] try to encourage them to keep it short, but you add them all together and it takes a bit of time."

Kathleen Poley, a recent graduate of the U of W, said that during her convocation

the speeches seemed to drag on forever.

"When you talk to people after the ceremony ... the general reaction was, 'God, that was an amazing amount of speeches that really didn't have anything to do with anything," she said.

But Duggan said the speeches are an integral part of the ceremony.

"You don't want to alter it too much," Duggan said. "We try to make it as much of a celebration for the students as we possibly can, but there is still a formality to it that makes it a very distinct ceremony."

Another feature of U of W convocation, which has received some criticism due to its Christian nature, is the prayer of invocation which is recited at the beginning of each ceremony by the dean of theology. Because of the U of W's past affiliations with the United Church, it is important to include it in the ceremony, according to Duggan.

"It is more a kind of blessing that doesn't express the sentiments of any particular religion ... but that is inclusive of all faiths," she said.

Even so, Poley felt the prayer was out of place.

"We are a non-denominational school," she said. "I did find it inappropriate."

While it is important to keep old traditions in place, the university has added new traditions to the convocation, including a valedictorian address. The address, MacKay said, was added to the program about 10 years ago to give the graduates more ownership over their ceremony.

"Convocation is for the students, and that is their part of the show," MacKay said.

## Wesmen volleyball seasons come to a close short of nationals

Big wins, tough losses mark men's and women's season

SARAH REILLY

**VOLUNTEER STAFF** 

The 2009–2010 Wesmen Men's Volleyball team started out the season with six talented new athletes in the program.

The team was first put to the test this season in Regina and Brandon pre-season tournaments. In the Brandon tournament, the Wesmen were destroyed by Brandon 3-0. However, the two teams met again in the tournament final.

'We showed ourselves the level we could play at," Coach Larry McKay remembered.

They beat Brandon 3-1 to win the match.

By the end of the first half of the season, the Wesmen did not have the record they had anticipated. The men's record was 4–5.

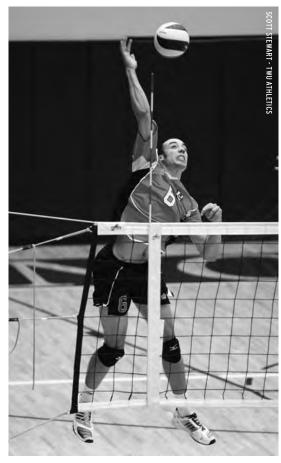
"There was a feeling amongst the group of questioning each other," McKay noted.

However, the team started off strong in the second half of the season and swept the Saskatchewan Huskies in the first match in

Fourth-year CIS All Canadian, Justin Duff, remembers the weekend well.

'We had just [come] off a bit of a slump, and we played two of our best matches of the season against them," he said.

The men's record improved to



Fourth year Wesmen men's volleyball player Justin Duff was recently named a First Team All-Canadian. The Wesmen ended their season with a record of 19 wins and 16 losses.

II-7 by the time playoffs began. The Wesmen had a tough draw and had to travel to Trinity Western University in Langley, B.C. for the first round CanWest Playoffs in a best of three series.

After losing the first match on Thursday, Feb. 25, the team fought back and took Friday's match 3-0. Yet the Wesmen came up short on Saturday night, when Trinity ended the Wesmen season, defeating U of W in three sets.

"It's really unfortunate how it ended, but it just goes to show how

competitive Canada West is as a division," Duff said.

Dan Lother was named to the CanWest Second All-Star Team, while Matthew Schriemer was named cis Rookie of the year.

This year saw new life in the Wesmen Women's Volleyball team. After coming off a tough 2008–2009 season, the Wesmen were ready to turn the game around.

Coach Diane Scott had a successful recruiting year, as seven promising athletes joined the Wesmen including Sonia Rossy, who became the 2009-2010 CIS Rookie of the Year.

The season kicked off at the University of British Columbia against last year's defending national champions, the Thunderbirds.

Veteran Ariel Smith remembered the weekend as a good experience for the team because although they lost 3-0 both nights, the Wesmen competed well in every set.

On Nov. 6 and 7, 2009, while on the road once again, the Wesmen took on Alberta. The Wesmen dropped the Friday night match 3-0, but came back to win on Saturday.

"It showed us that we could compete with the top teams. It was a big win for us," commented Smith.

When the second half of the season began on Jan. 15, the Wesmen came out strong. While both matches were competitive, the Wesmen defeated the St. Mary's Huskies convincingly both times.

Unfortunately, the Wesmen faced top teams near the end of the regular-season, including Trinity, Regina and Calgary, all of whom made it to the national championships this year. Though Smith commented that the Wesmen were competitive in the matches, they were unable to pull off the wins and. at season's end, did not have the record needed to make playoffs.

However, looking back at the season, Smith, who was named to the CanWest Second All-Star Team, smiled.

"It was great," she said. "I love the girls, and Di pushed us to our limits, which was beneficial to our team and made us compete to the best of our capabilities.'

Compiled by Robert J. Holt

### **CRA RELEASES TAX TIPS FOR STUDENTS**

With the 2009 tax-filing season just around the corner, the Canadian Revenue Agency (CRA) is reminding students to take advantage of the new and existing tax benefits available to them. Students may be able to claim benefits for money they've spent on textbooks, tuition, moving expenses, bus passes, child care and even the interest on their student loans. Remember that eligibility for some programs depend on which province or territory you live in. For more information on the benefits, credits and deductions you may qualify for, visit www.cra.gc.ca/

### **EXHIBIT CELEBRATES** MANITOBANS MAKING WAVES WORLDWIDE

The U of W will be hosting "Global Manitobans Working Citizens: Together for a Better World" from now until Monday, April 5 at the Hamilton Galleria in the library. The exhibit explores Manitoba's role in the international community, while honouring the efforts of individual Manitobans who are working to improve and save lives in the developing world. The exhibit was launched by Gary Doer in the spring of 2009 and has been touring the province ever since. The event is being organized by the Manitoba Council for International Cooperation

### **BUSINESS STUDENTS GO** HUNGRY, HOMELESS

Five students from the Asper School of Business are taking part in "Five Days for the Homeless" at the U of M campus from Sunday, March 14 to Friday, March 19. They are hoping to collect cash and food donations, as well as raise awareness on the issue of homelessness. The students are not permitted to shower or sleep indoors and can eat only what they receive through charity, but they are still expected to attend classes. Proceeds raised will go to Resource Assistance for Youth (RaY), a local organization which assists at-risk youth. "Five Days for Homelessness" began as a charity campaign at the University of Alberta in 2005. This year, students from 15 Canadian universities will participate.

### PIPE, U OF W APPLAUD **MEDICAL ISOTOPE FUNDING**

The 2010 federal budget has promised \$48 million in funding over two years for medical isotope research, a decision welcomed by both the University of Winnipeg and the Prairie Isotope Production Enterprise (PIPE). PIPE was formed in 2009, after the appointment of a federal panel on medical isotopes. The organization proposes that the medical isotope, Molybdenum-99, be produced here in Manitoba using an electron accelerator. Jeff Martin, U of W physicist and leading PIPE team member, claims that if implemented, the PIPE proposal would increase stability in medical isotope supplies, as well as the diversity of medical isotopes available.

### KINESIOLOGY STUDENTS #1 AT NATIONAL COMPETITION, **WIN A SHOE**

On the first weekend in March. 20 students from U of W competed at the 15th annual Kinesiology Games in Guelph, Ont. The "Kin Games" are the largest student-organized kinesiology conference in Canada, and include both physical and academic challenges. The  $\,{\rm U}\,$  of  $\,{\rm W}\,$ team earned top honours over the weekend, beating out 16 other universities, including York and McGill. Their prize: "The Shoe," a trophy which looks just the way it sounds, awarded each year to the team which best demonstrates athleticism, spirit and sportsmanship.

## And... Cut! That's a wrap!

Basketball season comes to an end for the Wesmen

CASANDRA ANDERSON

**VOLUNTEER STAFF** 

You could say that a men's basketball team that loses almost every game in a season isn't entertainment – and you may be right. Yet it's the courage of the Wesmen

Men's Basketball team to step out onto the court, with the hopeful ambition that these men did, that is the true spectacle. They went out and did their best every single

The last game of the season may have been one of the best games fans have seen all year. The small Duckworth Centre crowd cheered like the Wesmen had just won a championship.

The Men's Basketball team has experienced mishaps all season, one being the loss of their coach, Dave Crook, midway through the

"It's been a long hard struggle, and hopefully things will turn out for the kids," Crook commented to the Winnipeg Sun in early January after stepping down from his position as head coach. "The basketball program will always have a big part of my heart."

The team was shocked and it showed in their play.

Grant Richter ended the 2009-2010 season by leading the team to their first and only win.

The Wesmen will be presenting a new head coach next season and hope to kick off the 2010-2011 season with a full-on comeback.

To the Wesmen Women's Basketball team, your fans tip their hats to you.

This was the last season Winnipeggers had the chance to see Jessica Stromberg flex her guns at the Duckworth Centre. The fifth-year basketball star was nominated for the Tracy MacLeod Award.

Alongside Stromberg, Catie Gooch, in her fourth year, was named for the third time to the Canada West Women's Basketball Second All-Star Team. Gooch had a concussion around the end of the season and missed a few games, but she came back to find herself on top.

There's a lot to say about a women's team that plays until they are red in the face. It was a pleasure for many fans to watch the team execute proper plays, activate the crowd and bring Winnipeg home-court wins. These ladies made it to the first round of the playoffs and beat



At the beginning of March, Wesmen women's basketball player Jessica Stromberg was named the Canada West Women's Basketball nominee for the Tracy MacLeod Award.

out rather quickly.

"We had an up-and-down season," Coach Tanya McKay said. "We played well at times, beating three top 10 teams in the CIS. At times we did not play well and found ourselves losing games we should not have ... [But] overall, we had a year of growth."

Training season will be here before you know it. The Wesmen teams are sure to pick up some new rookies in the near future.

Hope to see you next season in the crowds of noisemakers, beer drinkers, chant ranters and, of course, the Wesmen.

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## **Comments**

## A sacrifice of Olympic proportions

Toll taken on athletes' bodies should start to be addressed by IOC, fans



ALANA WESTWOOD VOLUNTEER

The Vancouver 2010 Olympics, for some, is a distant memory. For others, the bruises splotched across tattered bodies are only just beginning to fade.

Though Canadians remember these Olympics as a celebration of national (hockey) pride, the rest of the world will remember Vancouver 2010 as the Olympics that killed Georgian luge athlete Nodar Kumaritashvili. His death was both untimely and tragic, but not surprising.

The International Olympic Committee (IOC) has official values of developing a better world through sport. As an organization committed to ethical standards, they support humanitarian and diplomatic work. Yet, other than



sport-specific rules on padding and safety devices, provisions are not made for the lifelong health and well-being of Olympic athletes.

The 10c's ethics may pay lip service to safety, but these seem overridden by the age-old Olympic motto of *Citius, Altius, Fortius* (Latin for "Faster, Higher, Stronger"). The competitors know it is about pushing limits, and they are sacrificing their bodies and, as Kumaritashvili proved, their lives.

Consider the health of Canada's top athletes. Maëlle Ricker won

snowboard cross gold, but did so after her ninth knee surgery. Ashleigh McIvor brought home ski cross gold despite having dislocated her shoulder 14–15 times (by her count). Women's hockey legend Hayley Wickenheiser played with a broken bone in her right hand during the 2006 Olympics. In 1997 and 1998, injuries caused Clara Hughes to miss nearly two entire seasons.

As any competitive athlete knows, injury is inevitable.

We, the audience, are willing to accept these risks in exchange for

a contribution to national pride. For varying reasons, the athletes are willing to accept these risks as well. It is time that we collectively acknowledge the reality of the dandeath, will not be in vain.

Despite the lip-service safety and peripheral padding at the Olympics, the overriding ethic truly is that of "faster, higher, stronger." These ath-

The luge track was deliberately built to be the fastest in the world. Were Olympians denied the ability to challenge world records due to track design, the outcry from athletes, officials and fans alike would have been thundering.

gers of pushing the limits, both in the present and the future.

The luge track was deliberately built to be the fastest in the world. Were Olympians denied the ability to challenge world records due to track design, the outcry from athletes, officials and fans alike would have been thundering.

Does this quest for glory warrant sending sliders 150 km/h down a track, or skiers 115 km/h down a hill?

This may be the reality of sport, but another reality is that five of our alpine skiers had their Olympic dreams dashed by injury after devoting years of their lives training for the event. If we can finally see the error in our logic, perhaps their hard work, and Kumaritashvili's letes are striving for one moment of podium glory, regardless of whether concussion-induced brain damage will rob them of that memory a decade later. These days, our athletes are not ambassadors, but martyrs.

We must ask what we want of ourselves and our athletes for the Sochi, Russia Olympics in 2014. Perhaps we should ask the Olympians of 20 years ago where they are now.

Can they make a living? And more importantly, can they still walk?

Alana Westwood is an evening-andweekend philosopher whose blog can be found at http://gapingwhole. wordpress.com.

ILLUSTRATION BY MELODY MORRISSETTE

## MOUSELAND PRESS-2

## Announcement - Annual Meeting of the Membership - Mouseland Press Inc.

12:30 p.m. Wednesday, April 14, 2010 – Location To Be Announced

If you have contributed to three or more issues of *The Uniter* during the 2009/2010 school year, you are automatically a member of Mouseland Press Inc. and have voting rights at this meeting.

You have the right to propose changes to the Mouseland Press Inc. by-laws, as well as nominate people to sit on the Mouseland Press Board of Directors. Election will take place at the AGM.

If you have changes to propose, or people to nominate, please contact Michael at board@uniter.ca by Monday, March 22 at 12 p.m.

Meeting agenda, proposed by-law changes and a list of people nominated to sit on the board will appear in the March 25 and April 1 issues of *The Uniter*.

For more information, and to read the Mouseland Press Inc. By-Laws, visit www.uniter.ca/about.

Questions? E-mail board@uniter.ca.

## MARCH 18, 2010 THE UNITER

## When America catches a cold...

Canadians need to pay attention to what is happening in the **United States** 



JOE KORNELSEN

Having just returned from a five-week trip in the United States of America, I have made some observations of our southern neighbour that I think are worth noting.

I came of political maturity during the administration of George W. Bush and, despite countless warnings to the contrary, I still held out hope that a democratic regime in Washington would reverse much of what happened from 2000 to 2008. So far this hasn't happened and, worse, it doesn't appear that it will happen.

The American people do not have the government they deserve. There are two forces that have shaped their current government. The first is that Americans have carried to the present the revolutionary fear of too much government (while a Canadian parliamentarian's bullshit starts at policy objectives, a

congressman is already neck deep explaining why his position exists in the first place).

The second force is the bang-for-buck invested in the president or a senator. Since the end of the Second World War, these have been the most powerful decision makers in the world, so providing a little campaign money can go a long way to securing global markets and controlling domestic interests.

Americans have zoned out as politicians' lies are increasingly sponsored.

The mainstream media is also in disastrous shape; issues are poorly debated, there is little exposure of Washington corruption and the world outside the United States is seldom talked about. Beyond the empty talking heads and talking points, consequential things are happening: The governing majority is stalled by a reticent minority; the judiciary has declared it unconstitutional to limit corporate or union campaign advertising financing; and no meaningful action has been taken on preventing another economic crash like that of 2008.

The No Child Left Behind program initiated by the Bush administration allocated school funding based on the grades received by students on standardized tests. Schools are now unofficially labelled "A" schools, "B" schools or "C" schools depending on these grades. As a result, funding for underperforming inner-city schools is drying up.

Canadians need to begin having a discussion on what the growing union between Canada and the U.S. will mean for us economically and politically.

Elsewhere, ambiguous official immigration policy has left the border with Mexico wide open and there is a tacit acceptance of illegal immigrants. This has kept wages low in the border states, made a class of people who work under threat of deportation and created a group of low-wage or jobless American citizens with strong anti-immigrant sentiments.

Defence spending makes up some 20 per cent of the budget and, in the absence of transfer payments between states, securing military contracts is one of the best ways for congressmen to bring money into a state.

These are not just America's concerns. They should be Canada's as well.

The course that Canada takes is inextricably bound to the course taken by the United States. Although we are able to chart an independent course, history and geography have placed us well within the American sphere of influence and we need to be concerned where that sphere is going.

We are 15 years passed the signing of NAFTA and there is very little political will to see this agreement discarded. In fact, technological development and the formation of multilateral trading blocs around the world have made globalization inevitable. Canada will become a tighter partner with the U.S.

Canadians need to begin having a discussion on what the growing union between these two countries will mean for us economically and politically. There are no meaningful discussions on how to make global transnational integration democratic. Nationalisms are often played off against each other to limit our faith in the people of other nations.

Further, we need to ensure that the economic drag of greater income disparity does not occur in Canada.

Americans are, however, engaged at the local and state level in a way that should shame any Canadian. The pride that the American people have in their country did get them out of the power and income polarization that was occurring 100 years ago. Although the American people know they can do it again on their own, it can't hurt if the people of Canada want to support them.

Joe Kornelsen is a roofer in Southern Manitoba while on a year-long hiatus from

## Taking a stand against the Israeli occupation of Palestine

...which doesn't mean supporting terror



FADI ENNAB

The beginning of March in Winnipeg witnessed a controversial event called the Israeli Apartheid Week, which ran worldwide from March 1 to 14. In short, this was "good" for some and "bad" for others: good because it gives Palestinians a voice to speak and attempts to break the silence around them; on the other hand, it is bad because it is perceived as a movement that provides a space to promote "hatred against Jews."

Now imagine a student who is hanging aimlessly, like Humpty Dumpty on the wall, coming across these two opposed views. What would happen? Quite frankly, they would fall and break as a result of a paralysis due to the failure to reach a meaningful decision.

Regardless of the legal and rational justifications for supporting the Palestinians, it becomes especially problematic when supporting the Palestinians' right to resist a military occupation when perceived by the mass media as supporting terrorism or racism.

I suggest an approach to discussing the matter beyond issues of truth, good or bad, beyond Israelis or Palestinians.

In this light, speaking of terrorism, we find two kinds. One is Israel's military, who bring oppression to the minds and bodies of Palestinians via massacres and the ongoing occupation. The other is Hamas, whose members throw rockets at unarmed civilians and detonate themselves in Israeli areas, aiming to kill and scare as many as they can.

If one understands the colonial relation of Israel and its occupation of Palestinian territories, while trying to be ethically considerate of the present, Israeli and Palestinian terrorism against civilians must be condemned. The violent actions committed in the name of Palestinians against unarmed Israeli civilians are as much unworthy and inhumane as they are repulsive. They are also counterproductive.

The same and more applies to terrorism perpetrated by the Israeli state against Palestinians. Why? Because the history of colonialism indicates that the root cause of the Palestinian terrorism is Israeli terror.

Research on suicide bombers shows that they are not religious fanatics motivated by irrationalism, but believe themselves to be striving towards a rational goal, namely the eviction of an occupation.

Terror breeds terror.

If we fail to acknowledge the right of the Palestinians to resist in the present, we condemn our own and others' freedom to resist. Until the Palestinians have a right to exist and return, like the Israelis, the Palestinian lands will continue to be uprooted for more Israelis to arrive. If you do not take a stance against the colonization of all peoples on earth, by default you become complicit in their dispossession.

Since 1948, Israel's government has ex-

propriated more and more land and, consequently, the social fabric of the Palestinians. Within the same week of the Israeli Apartheid Week, about 50,000 new housing units in Jerusalem neighbourhoods were being built on Palestinian land illegally occupied since

Neutrality implies settling for the way things are, implying that one accepts a certain structuring of relations as real, when in fact it is grounded in historical factors. Being neutral and not taking a proactive action against the Israeli occupation de facto means

If Israel really wants to get rid of terrorism, oppression and state militarization have to be crossed out because continuing the occupation simply generates more terrorists.

Terrorism, whether committed by the Israeli state or by Palestinian individuals or groups, aims for a just end without considering the unethical means by which these ends are reached. Palestinian terrorists allow Israel to further justify its violence against the Palestinian people by making everything permissible against them.

Taking a stance against the Israeli occupation of Palestinian territories does not mean you are anti-Israel or anti-Jewish or a blind supporter of the Palestinians. It means you support a more ethically responsible Israel. Whether this will ever happen or not, it is still necessary to try.

Fadi Ennab is a graduate student in sociology at the University of Manitoba.





## An appeal for clarity

Students need to know who, and what, they are voting for



MATTY RYGIEL Volunteer Stafi

It has recently come to my attention that there is no hierarchy within the University of Winnipeg Students' Association (Uwsa) executive. The president has no sort of substantial authority over the vice-presidents.

This is alarming, as the title of "president" comes with many important responsibilities in other organizations and even other student groups. One of, if not the most important, responsibility is leadership when it comes to any presidency.

In any democratic group, leadership is very important and an invaluable skill to possess in university, not to mention its value in the workplace.

I have spoken to several people, including current president Jason Syvixay, who confirmed that the UWSA executive has no hierarchy. Instead, UWSA executives such as the vice-president of student services and the president are equals.

The executive answers to the board of directors, such as the arts director. The directors answer to the requests and demands of the students within the capacity of their position.

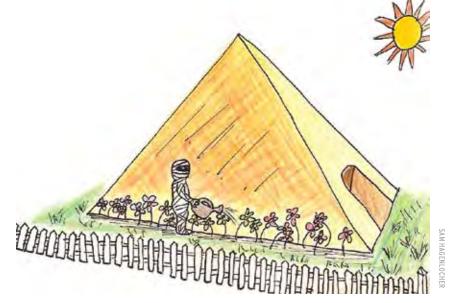
The president is not so much an actual presidential leader as a spokesperson for U of W students. The spokesperson aspect definitely comes with the territory of any presidency, but it should not be the main feature. The lack of leadership inherent in the president's position completely changes the electoral voting thought process.

Had I known that the president does not lead his VPS, it would have completely altered my past voting choices. I would have voted for the smoothest talker, not the best leader.

A smooth talker would be the better choice, solely because the position does not require the responsibility of leadership. A smooth talker would be able to make U of W students and the university itself look amazing in public because of their ability to communicate.

Perhaps the most problematic thing about the lack of hierarchy within the executive is that it is misrepresented to students. It's not fair to students who are paying into something we are not clear on. Furthermore, it means that many students vote in UWSA elections under false information. It's not fair to the elected president either, because that person is not receiving the complete experience of being a leader for a large organization.

I wouldn't be so shocked about this lack of hierarchy if it was explicitly made clear to students, but it's not. The truth is tucked away in the bylaws which, although any student can access them, very few actually read. They shouldn't have to read them in order to understand the realities of who and to what capacity they are electing individuals.



Anyone who has read a single bylaw for any organization knows that they are not simple sentences that can be read on a bus on the way to school.

To understand bylaws, the entire document needs to be read slowly and carefully, always making references to earlier bylaws in order to connect all the rules.

When you vote, understand the hierarchy: Students at the top, then the board of directors, and then the *equally powerful* UWSA executives.

Matty Rygiel will be voting differently at this year's UWSA elections.

## Faithful priorities

## God doesn't put you on the top of his list



LIAM SCOTT VOLUNTEER

The role of religion and faith in our lives is no doubt something worth considering and there are two recent issues which deal with the role of God in our lives: that of a sixyear-old girl who was abducted and sexually assaulted in The Pas, and that of brain-dead baby Isaiah May in Edmonton.

The girl was walking to school when a teenage male abducted her. There he sexually assaulted her before she escaped.

Most sexual abuse victims are too traumatized to recall the details of their abuse, making it difficult for authorities to arrest the abusers. The girl in this story was, quite incredibly, able to recall the exact location of the assault, as well as the details of the house's interior and the appearance of the resident. The arrest was made within hours of the assault.

Isaiah May was born in October 2009 with his umbilical cord wrapped around his throat. The oxygen deprivation at birth did catastrophic damage to Isaiah's brain and he was placed on life support instantly. The doctors at the hospital knew that Isaiah would never recover from the trauma and recommended he be removed from life support.

The Mays vehemently opposed this decision and people across the continent rallied in support of little Isaiah's right to life. Isaiah's parents sought the second opinion of another doctor, in the hopes that he would offer a better prognosis. A second opinion found that Isaiah be removed from life support and on March 12 he was.

Both of these stories recount events that most people cannot imagine dealing with. The trauma of sexual abuse is life long, and the pain of losing one's firstborn child mere months after meeting him is a pain nobody wishes to encounter. What is interesting about these issues is what those involved had to say afterward.

The mother of the sexually-abused girl was quoted as saying, "I'm not a religious person, I don't go to church ... but I do have faith in

God, I think she had an angel." The parents of Isaiah May called Isaiah "a little miracle" and said that he is "now home in the arms of the angels."

Religious debate aside, one must carefully consider the weight of those two statements. The mother of the abused girl is suggesting that, of all those who are victims of sexual abuse worldwide, God chose to assist her little girl in identifying her attacker. It also suggests that God was aware of the little girl's sexual abuse and chose to wait until afterward to assist her, as opposed to stopping the entire thing from happening.

In this same vein, the parents of Isaiah May are suggesting that Isaiah's birth and survival was an act of God whom, supposedly, allowed Isaiah to live and ignored the plight of countless other childbirth tragedies. Not only is this a presumptuous thing to say, but it completely discounts the work of the doctors and the feats of technology that were actually responsible for Isaiah's survival.

A recent study by Scott Schieman at the University of Toronto shows that this mind-set is not limited only to those under extreme emotional and psychological duress. His study found that eight out of 10 Americans depend on God for decision-making guidance, while seven in 10 believe that when bad things happen, it is part of God's divine plan. Six in 10 believe that God has actually planned the course of their entire lives already. Schieman admits the numbers are lower in Canada, but not by all that much.

People choose to accept God as a close personal friend because it brings comfort. Where this mindset loses traction, however, is when God supposedly starts taking sides. Are we really so self-absorbed to believe that God puts us at the top of his priority list?

If God is able to intervene in our daily lives, he sure has a lot of explaining to do in places like Haiti and Darfur.

It's time we start taking a look at how we view God in our lives and consider his existence on a global scale, not just a personal one.

Until we can all sort out these questions ourselves, we should stop assuming that there is an all-powerful being and we are his top priority.

Liam Scott is a first year student at the University of Winnipeg.

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## **Arts & Culture**

## Mama's got a brand new bag

Prolific Winnipeg musician Chris Mama Bauer goes solo and creates his own *Universe* of Horrors

LEE REPKO

**VOLUNTEER STAFF** 

In '50s fiction, the idea of UFO movement was unnatural to pilots and scientists of the day because of their proposed ability to stop on a dime and make 90 degree turns: sharp angles taken at high speeds with no regards to Newton's first law of motion.

When an artist veers sharply off of his trajectory, he often risks losing the people following him, unable to make that turn, often alienating the audience as a result.

For prolific local musician Chris Mama Bauer, though, *A Universe of Horrors*, his first full solo release, is not a true 90 degree turn.

This 19-track disc, released by local label Transistor 66, is a compilation of Bauer's musically savant ticks recorded over the past 15 years.

The result is a far cry from his best known role as multi-instrumentalist and songwriter in local garage rock band American Flamewhip,



Don't let the mask fool you: Chris Bauer is not the villain in the next Spider-Man movie. The local experimental garage rocker and American Flamewhip co-founder released his first solo effort, *A Universe of Horrors*, last fall.

a project he co-founded with Winnipeg hard rock diva Joanne J-Rod Rodriguez five years ago.

With *Horrors*, Bauer treads curiously closer in structure to the audio-brutality of his first band, Stagmummer, one of the greatest Winnipeg heavy rock bands of the last 20 years, which disbanded in 2001.

For years Bauer has been the go-to guy in the city for those wanting a heavy hitter with solid timing, playing hired gun on over two dozen local projects.

With such a busy schedule, this

creatively hyperactive individual always left an outlet for himself.

The result is over 15 years of "Sun Ra inspired jazz and B-Movie Horror/Science Fiction sound-tracks," said Bauer. He will present a photo-essay reflecting on *Horrors* at the Winnipeg Art Gallery at next Thursday's 15 Minutes at the WAG.

Bauer promised an in-depth look at four of the 18 custom photo manipulations created for each track on the album, which he personally authored.

"Putting my own visual component [on each track] served the project better. In fact, it ended up expanding the scope of the project," Bauer said.

## "Putting my own visual component [on each track] served the project better. In fact it ended up expanding the scope of the project."

-CHRIS MAMA BAUER, MUSICIAN

"I needed the artwork and I didn't want to afford it or have to explain my vision so I decided to do it myself: learn the program and begin forming the vision on my own."

The result is stunning and bewildering, not unlike the strange sounds contained on the album itself.

"Doing it myself, I added my final stamp. I enjoyed learning [the software] and doing the manipulations."

Follow Bauer's UFO-like journey if you will, March 18 at the WAG.

- ⇒ See Chris Mama Bauer display artwork from *A Universe of Horrors* March 18 at the Winnipeg Art Gallery
- ⇒ The special presentation begins at 7pm.
- ⇒ The A Universe of Horrors album is available on Transistor 66 Records.
- ⇒ Visit www.myspace.com/mamagout

## Arts Briefs

Compiled by Kristy Rydz and Kaeleigh Ayre

### THIS JUSTIN

Just when you thought you were safe, Justin Bieber takes over Twitter. Canada's latest teen heartthrob is gunning for the title of "tweet king," one follower at a time. According to trendtracking website Whatthetrend. com, the 16-year-old was the number-one tweeted about topic last week, and came only second to the Oscars this week. Bieber currently ranks within the Top 140 users and it is entirely possible that the singer may yet crack the Top 100, thanks to the substantial way his number of followers has been growing over the past few months. While he is far behind the Big 10 in followers, which includes such celebrities as Lady Gaga and President Barack Obama, who all have 3 million-plus followers, he is consistently a trending topic. His Twitter popularity is aided not only by his fans expressing love but also by the haters who post their disgust at his constant presence. So haters, if you don't have something nice to say, perhaps tweeting about it isn't the best way to prove your point. You'll only make it worse.

### BACON > SEX

We already knew Canadians love their bacon. But a new survey by Maple Leaf Foods has found that 43 per cent of Canucks would choose the greasy, crispy meat over having sex. The survey, conducted by Angus Reid in early December to mark the launch of Maple Leaf's Recloseable Bacon, also noted regional difference in the adoration of the popular pork product. Twenty-three per cent of prairie folks from Manitoba and Saskatchewan have wondered if their partner loves bacon more than them. That concern might be valid as the poll found that half of British Columbians stated they would give up sex before bacon. And ladies, if you're looking for a man, consider seeking out a new meat-infused perfume. When men were asked to rank a series of aromas, 23 per cent put bacon in the top spot.

## THE REVOLUTION MUST HAVE A PERMIT

Want to overthrow the U.S. government? A new law on the books in South Carolina requires any "subversive" group to register and state their intentions with a \$5 fee to Secretary of State, according to Fitsnews. com. The Subversive Activities Registration Act requires a form be filled out by "Every member of a subversive organization, or an organization subject to foreign control, every foreign agent and every person who advocates, teaches, advises or practices the duty, necessity or propriety of controlling, conducting, seizing or overthrowing the government of the United States, of this State or of any political subdivision," as stated in the legislation. The punishment for not properly notifying the officials of your plans to overtake them? A \$25,000 fine and up to 10 years

## Putting nonsense to good use

How someone who hated playing music and couldn't sing ended up a musician

## AMIE SEIER

VOLUNTEER STAFF

Don't let James Struthers fool you – the local songwriter may sing about Transformers and Easy-Bake Ovens, but he has a sound and style beyond his years.

Struthers, 21, began his musical journey at the ripe age of three or four years old, when his mother enrolled him in piano lessons against his will.

"I hated piano. My mom made me stay in [lessons] for a long time and at one point we made a deal: [she would] buy me an Xbox or Playstation or something like that if I continued," said Struthers of his final days of piano lessons before entering high school.

It wasn't long until Struthers picked up a guitar instead. Trying to sing turned out to be more of a challenge.

"I actually couldn't sing at all. Once I got good enough to play and hum along, I started singing by myself and in the shower," said Struthers. "I was awful. The first time I sang in front of my sister and her friend, they struggled to keep from laughing. But I stuck with it. I don't know why but I just kept singing."

After high school Struthers moved out to Kelowna, B.C. where he went to school at UBC Okanagan, a smaller branch of UBC



Local singer-songwriter James Struthers takes a fashionable riverside squat. Struthers, who began playing music at an early age, will be releasing his debut EP *Nadia* March 25 at the Pyramid Cabaret.

Vancouver. After spending a couple years snowboarding the mountains and going to school, he started to reconnect again with his music.

"I started playing a lot of open mics in Kelowna, and I decided I wanted to take this a little more seriously. Kelowna isn't a good city to do that in because they don't really have much of a local music scene," Struthers said.

He came back home to Winnipeg and began writing songs for his new album.

"I was kind of lonely when I moved back here. I left somebody behind in Kelowna. That's kind of the inspiration of the album," said

Struthers.

His songwriting process proved to be a little unorthodox.

"I don't normally start off with intent or with inspiration. It's kind of a free flow exercise. When I start songwriting, I'll say nonsense until I hear something I like, which is a very private process for me. I can't write with other people around me or I'll sound schizophrenic," Struthers explained.

Struthers described this odd process stemming from frustration at looking at a blank page.

"It became more and more clear as I embarked on this album that it was subconscious things that were flowing out," he said.

The six-song EP, which Struthers will be releasing on Thursday, March 25 at the Pyramid Cabaret, is titled *Nadia*.

"The summation of [Nadia] is the excitement of the beginning of a relationship. Your first childish views of love and the stuff in between falling in love and having your heart broken."

Songs on the EP range from the upbeat *You, Me and Optimus Prime* to the mellow *Tanqueray Blues* and, ultimately, the regretful title track *Nadia*.

With help from his friend, local R&B songstress Flo, Struthers applied and received a demo grant through Manitoba Film and Music and began recording through Pipe and Hat. Fellow musician Arun Chaturvedi also gave Struthers a hand, and he was finally able to release the album.

"People keep asking me why [the album is called] *Nadia*, and I keep responding, 'That's a conversation we'll have over a bottle of wine.'"

<sup>⇒</sup> See James Struthers Thursday, March 25 at the Pyramid Cabaret ⇒ Tickets are \$10, which includes a

<sup>⇒</sup> Tickets are \$10, which includes a digital download of the EP, or \$12 with a hard copy

<sup>⇒</sup> Visit www.myspace.com/ jamesstruthers

WWW.UNITER.CA

## **MUSIC LISTINGS** The Bokononists

Local rock playboys THE BOKONONISTS are releasing/giving away their debut album Cold, Calm, Blind, Dumb at a new venue for local acts, VP Nites at 1480 Pembina Hwy. The album was recorded last summer when the band was still called The Weatherman Underground. Five bucks gets you a copy of the album and entry into the show - you definitely won't find a better deal around town on Saturday, March 20.

### The Ex-Girlfriends



Winnipeg's The EX-GIRLFRIENDS is a band that you either love or hate. Putting fun and grit into their songs, this trio of girls sometimes rub audiences the wrong way with their crass stage presence, but their dirty songs and bravado is the essence of rock 'n' roll. Guess you can tell which side of the fence I'm on. Catch them at the Royal Albert Arms on Monday, March 22 with DIEMONDS and DIRTY PENNY.

### **THURSDAY, MARCH 18**

CHRIS MAMA BAUER releases his album at the Winnipeg Art Gallery.

DEL BARBER will be playing at the Times Change(d) High and Lonesome Club.

BROTHERS, SOFTCOPS and VAMPIRES at the Royal Albert Arms.

The WAACA first anniversary with SUMMER BEAR DANCE TROUPE and YAMOUSSA is at the West End Cultural Centre.

SAWYER BROWN are going to bring you their tunes at the Club Regent Casino.

Part of the Cluster Festival, NIGHT FLARES takes place in the Eckhardt-Gramatté Hall at the University of Winnipeg. 8 p.m.

Join the packed floor dancing to DJs ROB VILAR and MIKE in the Lo Pub at GOODFORM.

MOONBEAM JAZZ at the King's Head.

The DR. DAVE TRIO plays at Paragon.

ROUTE 59 Jam Night at the Cavern.

READYMIX with DJs DAN L and DIAL UP at Ozzy's.

Open Jam Night at the Standard

The PEOPLE'S CHAMP spins at the Republic Nightclub with NDU. DAVID BART Celtic night at Shannon's Irish Pub.

NEIL PINTO plays at Saffron's.

## FRIDAY, MARCH 19

at the Standard.

ENJOY YOUR PUMAS fill the Ellice Theatre with indie rock sweetness.

THE FUCKING FANTASTIC and THE SEXTRONAUTS are going to get it on at the Royal Albert Arms.

ULTRA MEGA and THE WHELPHINGER ENSEMBLE are entertaining

THE SOLUTIONS play funky soul for you at the Times Change(d) High and Lonesome Club.

THE CHEAP ESCAPE. CIVIL DISOBEDIENTS. SOUTHERN DEATH

THREAT and THE RUINED are playing at Ozzy's. KATO DESTROY, SOUL KILLING FEMALE, ASTROCOVEN and SIXTEEN

EYES are playing at at the Osbourne village Zoo.

B.U.M.P. and RUDE DALE have got a gig at Dylan O'Connor's.

LAST DITCH ON THE LEFT is hosting the open mic at the Folk Exchange.

HAMMERFALL and POWERGLOVE play at the West End Cultural

ISKWE, JESSEE HAVEY and FABIAN are performing at the Pyramid

Cabaret.

KEN PINCHIN is going to be playing at the Bella Vista.

## **SATURDAY, MARCH 20**

HAWKSLEY WORKMAN will be performing at the Burton Cummings Theatre.

BILLY TALENT, AGAINST ME!, ALEXISONFIRE, GALLOWS and CANCER BATS play the biggest show of the night at the MTS

VAV JUNGLE and QUERKUS are hosting a soirée at the Standard. LIQURD are getting tipsy at Ozzy's.

THE REAL MCKENZIES and The DREADNAUTS are performing at the Royal Albert Arms.

A WILHEIM SCREAM and OUTBREAK scream out to you at the Pyramid Cabaret.

CHRIS CARMICHAEL is playing at Le Garage Café.

JAXON HALDANE, SHUYLER JANSEN, FOAM LAKE and WAR BRIDES entertain at the Lo Pub.

DJ KEE\$H spins at Hi-Fi.

THE KONGRESS play their debut show at Sam's Place. 7 p.m. ROBERT ALLAN WRIGLEY is joined by PEPPER LAING AND THE LONESTAR KILLERS at Times Change(d) High and Lonesome Club. MANITOBA OVERBOARD at the WAG features performances by

THE STEAMERS, ALMOST FAMOUS, DJ CO-OP, DLO and GRANT PALEY.

Virtuosi Concert ends off another season with a performance by violinist JONATHAN CROW in the University of Winnipeg's Eckhardt-Gramatté Hall, 8 p.m.

ANDREW ERICKSON will be performing a classical guitar recital in the Planetarium, 8 p.m.

KEN PINCHIN is going to be playing at the Bella Vista.

DJ ELKIBOU will be on the decks at the Academy. THE BOKONONISTS album release and show at VP Nites.

**SUNDAY, MARCH 21** 

Saddle up to the bar and listen to BAD COUNTRY at the Standard. Blues jam with BIG DAVE MCLEAN at the Times Change(d) High and

ALL THE KING'S MEN are all at the King's Head.

### MONDAY, MARCH 22

Lonesome Club

DIEMONDS play at the Royal Albert Arms with DIRTY PENNY and THE EX-GIRLFRIENDS.

The incomparable J.WILLIAMEZ performs at Shannon's Irish Pub. Watch James Brown run from the bar to the turntable at the VINYL DRIP in the Cavern.

Karaoke at the Standard.

Open mic with MATT WARD at Sam's Place.

Open mic with MELISSA PLETT at Le Garage Café.

NEIL PINTO at Shannon's Irish Pub.

### **TUESDAY, MARCH 23**

USS and QUINZY are performing for you at the West End Cultural

Soul Night with DR. HOTTBOTTOM AND THE SOUL PRESCRIPTIONS at the Cavern.

BIG CITY FILTER play at Shannon's Irish Pub.

The PINOY POP STARS are at McPhillips Street Casino.

THE EXPERIENCES take the stage at the Royal George Hotel.

REINSTATE BAND plays at The Academy.

Blues jam with DEBRA LYN NEUFELD at Le Garage Café.

Open-Mic Night at the Academy.

## **WEDNESDAY, MARCH 24**

Manitoba Metalfest kicks off at the Park Theatre with performances by DAMASCUS, MURDER SCENE MEMORIES, PUTRESCENCE and EYAM. THE ARMCHAIR CYNICS and AEROCAR MODEL FOUR entertain at the

ANDREW NEVILLE & THE POOR CHOICES are playin' at the Standard. Circle Productions celebrate their third year at Ragpickers with performances by LIONHEART, FAME, CONTINUANCE, WITHDRAWAL and

HIGH FIVE DRIVE are joined by THREE DAY BINGE, M60 and LATKA for their European tour kickoff party at the Royal Albert.

DON'T BE SHY live open mic at the Regal Beagle.

DIM LIZARD plays at the Academy.

SASSY JACK is at the Royal George.

BIG CITY FILTER play at Shannon's Irish Pub.

WILD AND WICKED WEDNESDAYS at Ozzy's.

## **THURSDAY, MARCH 25**

JAMES STRUTHERS releases his album Nadia at the Pyramid cabaret with guests THIEFS and ERNIE BOOMS.

CAMERON LATIMER and REUBEN DEGROOT play at Times Change(d) High and Lonesome Club.

Join the packed floor dancing to DJs ROB VILAR and MIKE in the Lo Pub at GOODFORM.

GODSPEED is performing at the Academy.

CHRIS NEWTON is the entertainment at Le Garage Café.

MOONBEAM JAZZ at the King's Head.

ROUTE 59 Jam Night at the Cavern.

READYMIX with DJs DAN L and DIAL UP at Ozzy's.

Open Jam Night at the Standard.

DAVID BART Celtic night at Shannon's Irish Pub. NEIL PINTO plays at Saffron's.



JASON COLLETT, BAHAMAS and ZEUS, April 3 at the West End Cultural Centre.

COURTNEY WING and ROYAL CANOE, April 6 at the West End Cultural

LULLABYE ARKESTRA, April 9 at the Royal Albert Arms.

BIG JOHN BATES & THE VOO-DOO DOLLZ and THE ANGRY DRAGONS, April 12 at the Pyramid Cabaret.

BABY DEE, April 20 at the West End Cultural Centre.

NOFX, April 26 at the Burton Cummings Theatre.

ROB ZOMBIE and ALICE COOPER, April 26 at the MTS Centre. HOLLERADO and THE BESNARD LAKES, April 28 at the Royal Albert

PLANTS AND ANIMALS and SAID THE WHALE, April 28 at the West End Cultural Centre.

CHARLEY PRIDE, May 1 at the Centennial Concert Hall.

SIMON AND GARFUNKEL, May 5 at the MTS Centre.

GEORGE THOROGOOD & THE DESTROYERS, May 22 at the Centennial Concert Hall.

IRON MAIDEN, June 30 at the MTS Centre.

## CD REVIEWS

## ...AND THEN NOTHING

...And Then Nothing

Independent

Post-rock is an oft-vilified sub-genre of rock 'n' roll, usually dismissed as being a self-serving and pretentious grouping of art rockers. Though Winnipeg experimental rock seven-piece ...And Then Nothing has some eclectic song titles and features a sepia-toned radiator as cover art, their music is quite



frankly pretty goddamn awesome. Maybe it's just the spring air right now, but this band reminds me of those little hopes felt with the first warm days of spring, like a little wave of warm air rolling over your fingers as you drive around daydreaming with your arm out the car window. There's a pair of female vocalists cooing out wordless "oohs" and "aahs" while the instruments swirl around creating warm soundscapes. ...And Then Nothing's latest record is as fresh as they come and is highly recommended.

-Ryan Suche

### **GATHERING OF FLIES**

Menow's Gathering of Flies

Independent

With its bloozy hard rock riffing, wah-drenched guitar wankery and songs about girls and liquor, this Manitoba-based power trio desperately wants to be Guns N Roses. Unfortunately, they do nothing to add to the cock rock canon. This six-track EP kicks off with Sin City, a song whose lyrics match the unimaginative title: "Sin City, here I come / Sin City,



gonna have some fun ... Never answer to anyone, that's how I roll." Ugh. It doesn't get much better from there, as singer-bassist Darryl Menow uses songs like Maybe I Should, Goneria and Her Name is K-Os to tell tales of trips to the bar spent drinking and hitting on girls who end up burning him in the end. I'm not sure where Menow is meeting girls named after Canadian hip-hop artists. In any case, Gathering of Flies should stop making "original" music and just form a hair metal cover band instead.

★★★☆☆

-Aaron Epp

### **HAWKSLEY WORKMAN**

Meat

Isadora Records

With something like 10 releases in the last 11 years, the prolific pace at which Toronto rocker Hawksley Workman releases music is akin to Neil Young. And like Neil Young, not all of Workman's albums are classic, but they're always interesting. Meat is the first of two albums he'll put out this year. (Milk is currently being released digitally one song at a



time, with a full release scheduled for next month.) On Meat, a break-up album broken into two sides, Workman shows his range, from the glammed-out rock fans of 2003's Lover/Fighter will be familiar with, to introspective ballads similar to those on 2006's Treeful of Starling. Standout tracks include Song for Sarah Jane, a mournful piano-based piece, and You Don't Just Want to Break Me (You Want to Tear Me Apart), which builds from a low-key, introspective beginning into a full-on, fuzzed-out, gospel-inspired rocker. See Workman this Saturday, March 20 at the Burton Cummings Theatre.

-Aaron Epp

## **MARK SULTAN**

★★★☆☆ Last Gang Records Mark Sultan brings his distinctive blend of '50s doowop, '60s rock and '70s punk to this highly listenable 13-song collection. The ex-Sexareenos singer/drummer balances lo-fi punk freakouts with sophisticated vocal harmonies. Highlights include the catchy doo-wop influenced Ten of Hearts and the rapid-



fire delivery of Status, with its bizarre minute-long ending complete with scattered applause. Sultan's powerful vocal chops are on display on I Am The End. One drawback is that the lyrics are cliché in parts. Lines like, "I don't care what people say / I'm gonna love you anyway," on the six-minute closer, Nobody But You, could be found just about anywhere else. Listening to the album, though, you can tell he's having fun, and that's precisely the point. Fans of any of Sultan's other bands, like The King Khan and BBQ Show and The Spaceshits, should enjoy this.

\*\*\*\*

-Phil Enns

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## **TWIN TIGERS**

Automatic **Old Flame** 

> Gray Waves, the debut LP from Athens, Georgiabased nu-gazers Twin Tigers, was released on iTunes last week. From the first blistering moments of Auto-

matic, Waves's first single, the band had my attention. The two-and-a-half-minute track, which pounds away with vicious fury from its opening guitar burst to its last shredding moments, recalls everything



you ever loved about Sonic Youth and The Jesus and Mary Chain. From Youth's fuzzbomb guitar antics to Mary Chain's eerie, down-tempo psychedelics, Twin Tigers hits all the right notes and wastes no time in doing so. "This is the change of our times / I guess it's automatic" singer Matthew Rain croons through the grinding noise that makes his lyrics often barely decipherable. But that won't matter. With Automatic, Twin Tigers busts out with both guns blazing, rising to the challenge set before them by fellow Athensgrown acts like Bubba Sparxxx and Of Montreal. With Gray Waves, the band may just have laid a challenge of their own. Download Automatic at www.tinyurl.com/ttautomatic.

-Sam Hagenlocher

## Jason Collett leads The Bonfire Ball

Toronto musicians celebrate their history and friendship with cross-country tour

T.K. DALLMAN

INTERROBANG

LONDON (CUP) – When folky, singer-songwriter Jason Collett plays in Winnipeg early next month, it will be anything but a typical show.

Hailed as "The Bonfire Ball," Collett has put his current tour together with another collection of musicians: Afie Jurvanen, better known as Bahamas, and Toronto quartet Zeus.

"We're not playing as three bands, three separate sets. We're all playing together in one set [and] there will be a short intermission, so it's raising the bar to a whole other level," Collett explained by phone from his home in Toronto.

"We've been rehearsing it trying



"I lean on [Zeus] in a big way to be my band and they've leaned on me to get their foot in the door."

PHOTO BY MATT BARNES

to figure out how to do this. Don't expect it to be Afie Jurvanen starting the show – it'll more than likely be myself, [and] we'll be batting it back and forth from song to song. It's going to be something special, I think."

Collett has been calling this tour a celebration of the history that the three bands share. Over a year ago, Collett became Zeus's manager, and in return, they became his backing band as he promoted his last album, *Here's To Being Here*.

As he was making that album, Paso Mino, his band at the time, "was beginning to fracture. Not in a bad way, but fracturing nevertheless. Afie Jurvanen had an offer he couldn't turn down to go play with Feist, so he was beginning that trajectory and he [was just] doing that

for a few years."

From there, Collett's backing band was slowly replaced by Zeus, with whom he has enjoyed a symbiotic relationship.

"I lean on them in a big way to be my band and they've leaned on me to get their foot in the door."

But ties have run even deeper, as Carlin Nicholson and Mike O'Brien of Zeus took over production duties for Collett's latest album, Rat A Tat Tat.

"There's a deepness to how this record was made because as we got further along playing together it became pretty obvious that this was a good direction for me to go in, using [Nicholson and O'Brien] as a production team. It became a great adventure for us eventually and resulted in my strongest work yet."

And though they now all share in each other's spoils from recording, managing, producing and playing with each other, Collett insists they're more friends than business partners.

"I don't think of it in terms of a professional relationship. That's more of a monetary thing, and that's not really part of what our relationship is. We have a working relationship, but that's just where all the various dynamics of recording and touring are at play."

- ⇒ See Jason Collett live at the West End Cultural Centre Saturday, April 3
- ⇒ Zeus and Bahamas will also perform
- ⇒ Tickets \$17 in advance (Ticketmaster, Winnipeg Folk Festival Music Store), \$20 at the door
- ⇒ Visit www.jasoncollettmusic.com



This woodsman wears khaki pants and a hoodie. Mike Lewis (pictured) began working on Soul Killing Female's debut album four years ago. It was finally released earlier this year.

## **SOUL KILLING FEMALE**

Four years ago, Winnipegger Mike Lewis (ex-Anthem Red) began working on the debut album by his brainchild, Soul Killing Female. The project finally came to completion when his excellent *Utopia Mine* was unleashed earlier this year. While the name may be new to some in the metal scene, Lewis himself has earned his chops in Winnipeg as a madman performer.

"I submit my body to the demands of the music," said the bearded metalhead.

Having returned home from gigs bleeding, bruised and coughing up blood, this isn't just a threat. Neither are his inner demons, which he exorcises through his band.

SKF was formed as a way to "get the noises out of my depression-addled mind," Lewis said. "The songs are long, but that's what is required for total immersion."

As a solo musician already busy with an industrial project named Stand Alone Complex, Mike Lewis's newest project is a foray into the metal realm. Taking influences from bands as diverse as Tool, Nine Inch Nails and Neurosis, you can expect an atmospheric tour-de-force that is at once "loud and crushing," but with an inner beauty as well.

Catch Soul Killing Female live Friday, March 19 at the Zoo.



End on March 23.

## USS

Ubiquitous Synergy Seeker, or USS, wants everyone to have a crush on life, including Winnipeg. Hailing from Toronto, the duo, referred to as Ashley Boo-Schultz and Human Kebab, have made Winnipeg one of their stops on their Highway to Health Western Canada Tour. With two albums out, Welding The C:/ (2008) and Questamation (2009), USS have been making a name for themselves. Hollowpoint Sniper Hyperbole, their single off of Welding, earned them two CASBY Awards in 2008: Best New Artist and Best New Single. In 2009, the band picked up the Favourite Group/Duo award at the CMW indie awards. With a unique sound, which they describe as "Progressive Dance Folk/Campfire After Party," their music appeals to listeners of all kinds.

"If this were a John Hughes film, we would be cuing up the snapshots of the brain, the athlete, the basket case, the beauty and the criminal all being equally galvanized by the soothing, yet particularly positive and impactful use of imagery," boasts the band on their website, www.ubiquitoussynergyseeker.com.

The campfire after party happens Tuesday, March 23 at the West End Cultural Centre.

-BRITTANY THIESSEN



A film crew will be on hand to record NYC grindcore band Brutal Truth when they headline the 9th annual Manitoba Metalfest on Saturday, March 27.

## **MANITOBA METALFEST**

The 9th annual Manitoba Metalfest is notable not only for featuring another stellar line-up of bands, but for including pioneering New York City grindcore band Brutal Truth.

When they headline the festival on Saturday, March 27 at the Zoo, a film crew will be on hand to record the band's performance for an upcoming Brutal Truth documentary.

Formed in 1990 by ex-Anthrax bassist Dan Lilker, Brutal Truth released four albums before disbanding in 1999. They reformed in 2006 and released a new album, *Evolution Through Revolution*, in 2009.

"It's just the very visceral, intense music," Lilker told *Exclaim* last year when asked about the appeal of grindcore. "It's kind of like being on fire in a good way."

Joining Brutal Truth at the Zoo on March 27 are Malefaction, Head Hits Concrete, Electro Quarterstaff and Evil Survives.

The festival starts three days earlier on Wednesday, March 24 with an all-ages show at the Park Theatre featuring Damascus, Murder Scene Memories, Putrescence and Eyam.

It continues on Friday, March 26 at the Zoo with performances by Neuraxis, Dreadnaut, Ninjaspy, Tyrants Demise and Annex Theory.

Check out www.myspace.com/manitobametalfesto8 for ticket information.

-AARON EPP



### 10 WWW.UNITER.C

### **GALLERIES & MUSEUMS**

The Woodlands Gallery underwent a facelift and will now play host to LIVING RHYTHM, a new exhibition by Connie Geerts, running until Saturday, March 27.

All hands on deck! Come to the Winnipeg Art Gallery dressed nautically on Saturday, March 20 for ART & SOUL: MANITOBA OVERBOARD, a celebration of Manitoba's artistic history. 8 p.m.

Monique Larouche's paintings in the series PAYSAGES D'OISEAU or BIRDS LANDSCAPES will be on display at the Wayne Arthur Gallery until Wednesday, March 31.

THE ART OF WARNER BROTHERS CARTOONS is a collection of classic WB images at the Winnipeg Art Gallery, on display until Thursday, March 30.

Handsome artist ADRIAN WILLIAMS is showing an exhibition of brand new works at Golden City Fine Art until Friday, March 26.

The CRE8ERY hosts a solo exhibition by LEIGH KONYK, on display until Tuesday, March 23.

13 WHO KNEW... featuring a wide range of local art at the Graffiti Gallery will open at 7 p.m. on Thursday, March 18 and run until Thursday, April 22.

Mentoring Artists for Women's Art (MAWA) invites you to the annual Over the Top art auction and cupcake party on Sunday, March 21 from 2 p.m. until 5 p.m.

THE BEATLES! BACKSTAGE AND BEHIND THE SCENES is an opportunity for Fab Four fanatics to see the collection of unpublished photographs of the Beatles. On display at the Manitoba Museum until Sunday, April 11.

Submit your artwork on the subject of bikes for the next exhibit at the Lo Pub, *I Want To Ride My Bicycle*, which will open Wednesday, May 26.

WRITING HOME, the art of Bonnie Devine, and BECOMING UNWRITTEN, John Hupfield's exhibit, will be on display at the Urban Shaman Gallery until Saturday, March 27.

THROUGH THE EYES OF A CHILD, the Winnipeg Art Gallery's annual exhibition featuring work by children and teens who have taken fall and winter art classes at the WAG, runs from Saturday, March 27 to Sunday, May 2.

Visiting artist ROGER BYRT will take you on a tour of Australian Aboriginal art and culture in AN EVENING DOWN UNDER. Friday, March 19 at the Forum Art Institute at 7 p.m.

Celebrate the colour of winter with the Manitoba Crafts Museum and Library's exhibit WHITE WORKS. Artists work in a variety of mediums but no colours. The exhibit will be on display until the snow fades to brown dirt in early May.

The Costume Museum of Canada will display bridal wear from the First and Second World Wars in their exhibition WARTIME WEDDINGS. Teaming up with the Urban Shaman Gallery and Jenny Western, the Museum will also put on display a collection of NATIVE/AMERICAN APPAREL. Both exhibits run until Sunday, April 4.

The Winnipeg Art Gallery hosts DELICATE BEAUTY: THE RUBY ASHDOWN PORCELAIN COLLECTION. These decorative art pieces were donated to the WAG by Ruby Ashdown and come from 18th and 19th century Britain. The exhibition is on display until Sunday, April 18.

15 MINUTES is a showcase of local art happening the first Thursday of every month at the Winnipeg Art Gallery. Local artists can submit their work for the series to arteducator@wag.ca.

## THEATRE, DANCE & COMEDY

GIRLS ONLY is an original comedy that celebrates the honour, truth, humour and silliness of being female. Onstage at the MTC's Tom Hendry Theatre from Saturday, March 20 until Saturday, April 3.

The University of Winnipeg's Department of Theatre and Film will be performing FRAGMENTS OF WHISPERS AND SECRETS until Saturday, March 20 at the CanWest Centre for Theatre and Film, 8 p.m. nightly.

Willy Russell's play about the will to learn, EDUCATING RITA, will be onstage at the Manitoba Theatre Company's John Hirsch Theatre from Thursday, March 18 until Saturday, April 10

Adhere and Deny is presenting STILL WALKING in its pocket theatre at 315-70 Albert Street from Wednesday, March 17 to Saturday, March 20 and from Wednesday, March 24 to Saturday, March 27 at 8 p.m. nightly.

HOW MANY JEWISH MOTHERS?, a night of Jewish humour with storytellers Alix Sobler, Moishe Goldenberg, Libby Simon, Nurit Drory and the harmonica of Sam Knacker, takes place at Aqua Books on Thursday, March 18 at 7 p.m.

The Forks Market becomes a performance space full of magicians, comedians, games, clowns and more tomfoolery in the annual FESTIVAL OF FOOLS from Saturday, March 27 until Saturday, April 3. Free admission.

Comedy night with SCOOTS MCTAVISH every Thursday at Shannon's Irish Pub.

Sunday night open-mic comedy at the Cavern, featuring JOHN B. DUFF.

Every Tuesday night head down to the King's Head Pub for a free comedy performance.

## Let the memory live again

Artist Leigh Konyk reinterprets moments from her past with her latest exhibit *Mixed Media* & Collage Assemblages

## **JAMES CULLETON**

**VOLUNTEER STAFF** 

Leigh Konyk's solo exhibition called *Mixed Media & Collage Assemblages* focuses on time and place and is currently on display at the Cre8erv.

"It's my first solo show in 10 years," said Konyk over the phone last week, after what sounded like an exhausting show set up.

Konyk graduated from the University of Manitoba in 1992 and while there, focused primarily on ceramic sculpting.

Mixed Media & Collage Assemblages highlights her move to 2D work, where her use of paint, photography and collage combine to create textural and stimulating narratives.

Konyk's images are steeped in nostalgia and highlight the artist's fascination with sentimental moments. The photographs that Konyk uses in her compositions refer to a time past, critical markers in the history of places adored and fondly remembered.

Her artist statement for the exhibition describes these pictures as "the manipulation and reinterpretation of photographs depicting my own family and those collected from friends and acquaintances." These "simple childhood moments" are what Konyk uses to draw inspiration from.



An image from artist Leigh Konyk's new exhibit, Mixed Media & Collage Assemblages.

A birthday, a trip to the Shrine Circus or a visit to the Dutch Maid are all portrayed by Konyk and read as personal moments. Yet these moments are familiar and reminiscent of what could be anyone's memories or important events.

In a piece called "The Princess of Pilot Mound," a tractor pulls a convoy of wagons with smiling children through the prairie. Like most of Konyk's more recent collages, which she best describes as multimedia assemblages, this piece is dreamlike and takes on an ethereal quality. It's as though you are looking into someone's thoughts or memories when you look at her depiction of this childhood moment of triumph.

There is a certain quality to the work that makes it feel as though these stories are unresolved, or at a critical moment and frozen in time. It is here we wait to try and figure out what will happen next.

Maybe it's the repetition of some of the fig-

ures or perhaps the painterly quality of Konyk's work that makes you think that although the moments are frozen in time, they are very animated and about to move. It's as though she brings the photographs she uses to life.

"I like to see what I can bring out of the photo," Konyk said, describing her intuitive way of working with photos of family and friends.

By adding text and phrases to the work, she explores the stories in each piece.

Konyk also adds found items to her collages to add depth to her narratives.

"I like to add things to my work that I find at the Salvation Army and at antique stores. I really like using old dress patterns and applying them to the canvas using acrylic paint."

Mixed Media & Collage Assemblages is on display at the Cre8ery Art Gallery (second floor, 125 Adelaide St.) until Tuesday, March

## **Blood** cuts deep

Vancouver playwright Kevin Loring's Where The Blood Mixes is a poignant tale of forgiveness with a satirical edge that provokes conversation

## **ALEX KYLE**

**VOLUNTEER STAFF** 

## Where the Blood Mixes

Directed by Kevin Loring Presented by Prairie Theatre Exchange Plays at the Prairie Theatre Exchange (300-393 Portage Ave.) until Saturday, March 20

\*\*\*\*\*

Vancouver playwright Kevin Loring's contemplative *Where the Blood Mixes* is a strange beast of a play, one which plays heavily on parallels and contradictions.

Though it is physically set in a town called Kumsheen, it is symbolically set at the bottom of a river, effectively allowing us to probe the very heart of the people for whom that river means a lot, and, ultimately, the individuals within it.

The title of the play comes from the proper translation of the word, *Kumsheen*: the place where the blood mixes.

The story centres around a man named Floyd (Billy Merasty), whose daughter was put into a foster home by the government years ago, shortly after his wife's death. By his side is his best friend Mooch, who acts effectively as comic relief, though not without his own moments of sombre reflection.

Now, 20 years later, Floyd's daughter has come back, seeking reconciliation with her father, who still struggles to face the facts of what he must do to make peace with his daughter.

Loring often opts for strong symbolism in *Blood*, creating a stirring piece of dramatic satire



Actors Billy Merasty (right) and Ben Cardinal in Kevin Loring's Where the Blood Mixes, now at PTE

which is poignantly Canadian. It's never heavyhanded and is done in a way that works harmoniously within the characters' stories, rather than distracting from them.

The intermitant switch between a literal, concrete, physical world and a metaphorical, metaphysically abstract world not only serves to balance the comic aspects of the story with the more serious, heavy material to come, but also serves to sum up the central concepts that are dealt with in the story fairly well.

The scene in which Floyd is on the railroad tracks about to be run over by the train is an affecting dramatization of the inevitability of his ultimate encounter with his daughter.

The play's greatest strength comes through Loring's careful handling of the issue of Canada's residential school system. Rather than attempting to tell a political story, and have a story about the human condition incidentally attached to it, Loring spins us a stirring yarn of a single man's sin and redemption in the eyes of his daughter, with the political backdrop as merely a portion of the environment which his characters inhabit.

No doubt there are parallels between Floyd's

strained relationship with his daughter and the Canadian government's with aboriginal peoples.

As *Blood* illustrates, only the decision to acknowledge the past can allow us to seek, and gain, forgiveness for our transgressions.



## Three dimensions of Vlad-itude

Portland experimental filmmaker Vladimir Solmon is bringing her utterly unique experience to Winnipeg, with a lot of Vlad-Masters in tow

LYNNETTE MCLARTY

**VOLUNTEER STAFF** 

Winnipeg, prepare to meet your Vlad-Master. The Vlad, a cleverly adapted name for your typical View-Master, was "created" by Portland-based experimental filmmaker Vladimir Solmon a few years ago.

Less of an invention than an experience, each hand-held Vlad-Master is accompanied by a 28-slide reel and soundtrack which prompts viewers to advance slides at the sound of a "ding." Photo sequences include the tales of an adventurous, non-claustrophobic cockroach and a modern version of the Greek myth Actaeon.

"It's a weird thing, so I think people are interested," Solmon explained over the phone from her home in Portland last week. "My first show was in front of 400 people. I'm shy, but I was most nervous about whether people would turn their disc at the right time."

Her most recent film, *Fear and Trembling*, references the existential text of Kierkegaard. "I just loved the title," Solmon admitted.

The film's setting is at a dinner party, viewed from the perspective of someone who feels they should not have come.

"Basically it's a panic attack in View-Master form," explained Solmon. "It's a very disorienting and confusing social situation."

Solmon said the jerky momentum is created through varying the length of images, making it very disturbing if you don't like



An audience in Portland, Oregon uses their Vlad-Masters as part of experimental filmmaker Vladimir Solmon's 3D Stereoscopic Viewing World. She will be bringing her unique experience to the Winnipeg Cinematheque

dinner parties with prawns.

The accompanying soundtrack is a score written by Morgan Hobart.

A combination of screeching train tracks, distorted voices and underwater ambient noises create a crashing effect that's "awesome, unpleasant and abrasive."

But she also explained that *Fear and Trembling* is probably the least crowd-pleasing of her films.

"All the others are pretty funny and accessible. This one is off-putting and not enjoyable to experience."

Solmon said that some of her previous films were endearingly inspired by a cockroach collection. She explained that the premise developed after discovering the Latin name for cockroach means "light fleeing" and that cockroaches only feel safe when surrounded on all sides.

"There's the initial 'eww' factor, but then people empathize with their little adventures," Solmon said. "I've always loved insects."

With several performances across the U.S. and Britain, including shows at the Flatpack

Film Festival in Birmingham, England and the Flaherty Film Seminar in New York, Solmon said she noticed that there's a childish joy in the sound of everyone clicking their View-Master at the same time.

Solmon, who received the prestigious title of World Champion of Experimental Film from the Portland Documentary and Experimental (PDX) Film Festival in 2006, will be bringing her unique experience, *The 3D Stereoscopic World of Vladmaster*, to the Winnipeg Cinematheque Saturday, March 20.

The pomposity of the title is tongue in cheek, Solmon explained with a chuckle.

"Most people see experimental film as serious and grouchy, but my experience has always been fun – with a small amount of trash talk."

Experience The 3D Stereoscopic World of Vladmaster Saturday, March 20 at the Cinematheque. Showings are at 7 p.m. and 8:30 p.m. Visit www.winnipegcinematheque.

## FILM

Big Smash! Outsider Asylum presents RENE, a documentary film about a man who spends his life in and out of prison. Thursday, March 25 at the Ellice Theatre. 8 p.m.

Director Lars von Trier's critically-acclaimed film ANTICHRIST, starring Charlotte Gainsbourg and Willem Dafoe, will be on the big screen at Cinematheque Friday, March 19 and Sunday, March 21 at 7 p.m. and Thursday, March 18 at 9:15 p.m.



◆ Henri-Georges Clouzot's film INFERNO about a jealous husband driven toward insanity is onscreen at the Cinematheque Friday, March 19, Wednesday, March 24 and Thursday, March 25 at 7 p.m. nightly. There will also be a matinee on Sunday. March 21 at 4:30 p.m.

THE 3D STEREOSCOPIC WORLD OF THE VLADMASTER is a piece where the audience is given altered images in viewfinders and presented with a live performance by Vladamir. Saturday, March 20 at 7 and 8:30 p.m. at Cinematheque.

THE COCA-COLA CASE, a documentary about the legal case against Coca-Cola in Columbia, will screen in the Manitoba Boardroom at the University of Winnipeg. Tuesday, March 23.

Thw Winnipeg International Jewish Film Festival runs from Monday, March 15 to Saturday, March 27. Visit www. radyjcc.com for information on the films and show times.

In February 2010, three Winnipeg filmmakers (Jaimz Asmundson, Jeffrey Erbach and Danishka Esterhazy) were selected to participate in an international filmmaker residency program in Cologne. They will discuss the work they completed during their stay at 2 p.m. on Sunday, March 21 at Cinematheque.

There is a call for submissions for the 8th annual University of Winnipeg Student Film Festival. Forms can be picked up at the UWSA info booth. Deadline is Monday, April 5 at 4 p.m. The films will be screened at the festival from Wednesday, April 23 to Friday, April 25.

Teenagers love horror films, so here's a chance to enrol your kids aged 14-18 in a film criticism course on some classic flicks. The program will take place from Tuesday, March 30 until Thursday, April 1 at Aqua Books. For more information, visit the Miskatonic Institute of Horror Studies at www.biq-smash.com.

## Sex, death and depravity

Lars von Trier's controversial film Antichrist is a depressing, nihilistic effort

RYAN SUCHE

VOLUNTEER STAFF

## **Antichrist**

Directed by Lars von Trier, 2009
104 minutes
Playing at the Cinematheque Thursday, March 18 at 9:15 p.m.,
Friday, March 19 at 9 p.m. and Sunday, March 21 at 7 p.m.

Auschwitz. Rwanda. Human trafficking. These things make us uncomfortable to be human. They are brutal illustrations of humanity's capacity to act inhumanly towards others, to do abominable, unspeakable things.

Similarly, international filmmaker Lars von Trier's controversial *Antichrist* is a film that will have you squirming in your seat, a veritable testament to audio-visual torture.

Seasoned actor Willem Dafoe plays unnamed male ("He") opposite unnamed female Charlotte Gainsbourg ("She"). Both fearless actors have faced their fair share of controversy in the past, from Dafoe's humanistic portrayal of Jesus in Scorsese's 1988 film *The Last Temptation of Christ* to Gainsbourg's duet with her father, the late Serge Gainsbourg, titled *Lemon Incest*. With *Antichrist*, von Trier presents us with a couple faced with a massive elephant in the room.

While the two are busy mid-coitus, the couple's toddler and only child falls to his death on a snow-covered parking lot outside their second-story window. She withdraws inside herself and falls into a near-comatose state for weeks until Dafoe's character, a therapist, takes her out of the hospital (and off the meds) and tries to treat his new "patient."

Gainsbourg's character uses sex as a coping mechanism, which obviously leads to a conflict of interest.

When summer arrives they decide to travel



Lovers He (Willem Dafoe) and She (Charlotte Gainsbourg) share an emotional embrace in Lars Von Trier's *Antichrist*.

to their cabin in the woods, aptly named "Eden," where he continues to try and reach her and help her cope with the loss she feels so deeply. Then things begin to unwind, creating a chaotic, dangerous environment out at the secluded cabin.

While von Trier uses a lot of very subtle symbolism throughout the film, how exactly the casual viewer is supposed to discern the meanings of the rather labyrinthine innuendos is beyond my comprehension.

It's entirely possible this rather flawed effort simply puts on an aura of there being more than can be simply seen, but in the end it feels like it's merely full of hot air.

Undoubtedly, this is going to be a film you're going to love or hate, but either way you'll end up with a bitter taste in your mouth. The nasty, desperate things being portrayed don't spare any details. The extremely graphic violence here spans the spectrum of torture, self-mutilation and gore.

Von Trier's dark horror-drama certainly

isn't a movie to sit down to watch with mom and pops.

Watch *Antichrist* at your own peril.

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## LITERATURE

Bestselling author Ross King will speak on his forthcoming book about Canadian artists The Group of Seven at 7 p.m. on Thursday, March 25 at the Winnipeg Art Gallery.

Resa Ostrove will be signing copies of Freddie's Problem on Sunday, March 21 at McNally Robinson. 2 p.m.

Celebrate World Storytelling day at Aqua Books on Saturday, March 20 at 7 p.m. The evening features storytellers Mary Louise Chown, Jane Enkin, Justin Jaron Lewis, Ron Robinson, Rebecca Hiebert, Wayne Drury and Kay Stone.

Roland Penner and Norm Larsen will be signing copies of Tales From The Underworld and Other Stories at 2 p.m. on Saturday, March 20 at McNally Robinson Booksellers.

CURTAINS: ADVENTURES OF AN UNDERTAKER-IN-TRAINING is being launched by author Tom Jokinen at 8 p.m. on Thursday, March 18 at McNally Robinson.

Prairie Fire celebrates World Poetry Day with readings by Marilyn Bowering and Dennis Cooley on Saturday, March 20 at McNally Robinson. 7 p.m.

Launch of Doreen Pendgracs' book *Before You Say Yes...:*A Guide to the Pleasures and Pitfalls of Volunteer Boards will take place at 7:30 p.m. on Monday, March 22 at McNally Robinson.

Prairie Fire Press and The University of Winnipeg present award-winning poet and novelist Marilyn Bowering, who will deliver the Anne Szumigalski Memorial Lecture, titled RE-DISCOVERING ANCIENT SPRINGS: A CONSIDERATION OF METAPHORICAL SPACE on Friday, March 19 at 7 p.m. in Convocation Hall at the University of Winnipeg.

Local mag CANADIAN DIMENSION invites you to an evening of politics and discussion to coincide with the release of its latest issue, INDIAN COUNTRY, on March 19 at Urban Shaman (203-290 McDermot Ave.) from 7 to 9 p.m. Participating writers/artists include Jim Silver, Peter Kulchyski, Niigonwedom James Sinclair and Scott Stephens.

Launch of *When the Other is Me*, the long-awaited book from one of the most recognized and respected scholars in native studies today, Dr. Emma LaRocque. 7:30 p.m. on Thursday, March 25 at McNally Robinson.

The 2010 Prairie Fire Press and McNally Robinson Booksellers Literary Contests will be awarding \$6,000 in cash prizes. For full contest rules or more information, visit www.prairiefire.ca or call (204) 943-9066.

## **Evolution of the Board**

NFB continues to adapt to expand its audience, despite its meager funding

## TAYLOR TIEFENBACH

THE CARILLON

REGINA (CUP) – While the National Film Board of Canada has escaped recent budget cuts, it also hasn't seen any increase in funding in the past 10 years.

To balance the meager funding with the need to develop new expertise in digital production, its offices are going through serious changes.

The main Prairies branch in Winnipeg, for instance, will lose four positions, while two new producers specializing in multiplatform digital production will be hired to open a new office in Saskatchewan. ("Multiplatform digital production," in this case, means dealing with all the avenues presented by Web 2.0 culture.)

The NFB, established in 1939, focuses on distributing and producing non-mainstream Canadian films.

With inflation and the rise in the cost of living, the amount put into production and fulfilling the company's mandate had decreased. Based on the current economic situation, it does not appear more funding will be coming any time soon.

"As the country deals with a difficult deficit situation, we need to be smarter about how we use our resources to serve all Canadians better," said Tom Perlmutter, government film commissioner and NFB chair, in a press release.

By cutting positions and moving responsibility, more money will be put towards

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production.

"We think it's a good idea to commit to the community of Saskatchewan," said Lily Roberts, head of communications at the main NFB office in Montreal, and "to have somebody there to make sure we engage and communicate and work with the Saskatchewan cinematic community.

"We think it will probably be more efficient, even if we're small, to have a base there, because we really want to work in collaboration with the community. We think it will be more efficient in that sense."

In recent years, the NFB has developed many initiatives in digital development. Last October, it debuted an iPhone app, giving folks the chance to watch NFB films from the palm of their hand. They've also launched a national online screening room where visitors have access to their entire film library once uploaded. So far, they've already totalled over 3.7 million film views.

The NFB also already have multi-platform digital producers employed in other regions.

"We have one person in (Quebec), and one person in (the Pacific region), and as time passes, digital production will become

Last October, NFB debuted an iPhone app, giving folks the chance to watch films from the palm of their hand. They've also launched a national online screening room where visitors have access to their entire film library once uploaded. So far, they've already totalled over 3.7 million film views.

more present, so we do not want the Prairie community to miss that opportunity," said Roberts

"We have to develop that expertise and we are sure that we have plenty of talented people from both (Manitoba and Saskatchewan) that can work with the NFB and produce some kind of multi-platform digital production."

This will make room for more traditional filmmaking to be the focus of the Alberta offices.

Both new positions have yet to be filled and the location of the Saskatchewan office is yet to be determined, but Roberts hopes to announce those decisions sometime this spring. However, this does not mean that one decision is affecting the other.

"With the technology, it's very easy to be present in many places without being there necessarily, so (the location of the office) is not necessarily linked to the person we hire, but it will be analyzed at the same time."

Visit www.nfb.ca for more information.

ILLUSTRATION BY MELODY MORRISSETTE

## Make your claim on your income tax return!

## Live Here. Save Here.

Receive a 60% Rebate on your eligible post-secondary tuition fees

## Start saving with the Manitoba Tuition Fee Income Tax Rebate

By providing post-secondary graduates with a 60% income tax rebate on their eligible tuition fees, the *Tuition Fee Income Tax Rebate* helps young Manitobans like you pay for your education while living and working here in Manitoba.

## Reduce your Manitoba Income Tax

If you graduated with a degree, diploma or certificate from a post-secondary institution recognized by the Canada Revenue Agency on or after January 1, 2007 and now work and pay taxes in Manitoba, you can benefit from the Tuition Fee Income Tax Rebate. It doesn't matter if your post-secondary training took place in Manitoba or elsewhere. You can make your claim on your income tax return.

## How it works

You are entitled to receive a 60% income tax rebate on your eligible tuition fees to a maximum of \$25,000. You can claim your rebate over as little as six years or as long as twenty years.



The Manitoba Enhanced

The Enhanced Driver's Licence (EDL) offers the convenience of a

driver's licence and a border-crossing document in one. The EDL

is one of two voluntary approved alternatives – along with the

Whether you choose an EDL or a regular driver's licence, your

Enhanced Identification Card (EIC) – for Manitobans who want to

newly-issued licence will be in a one-piece format. It's easier to carry



## **Betty & Johnny**

## Peer Support answers questions about your sexual health

## PEER SUPPORT

## Q: What is the best kind of birth control?

A: There are many kinds of birth control options available for women which vary in effectiveness according to the method used. The most effective method of birth control is implants or injections of progestin. These injections can last up to three years and have less than one per cent failure rate. Most brands of oral contraception pills are equally effective in stopping pregnancy from occurring. If always used as directed, pills can have less than one percent failure rate. Oral contraception pills contain high amounts of estrogen and progestin (although some pills are progestin-only) which are sex hormones that in high quantities prevent ovulation and subsequently prevent women from becoming pregnant. Using a vaginal ring or birth control patch are also other options which works the same way as oral contraception and can have the same failure rate, again only if used as directed. It is important to remember that none of the above contraceptives can protect against STIS and stds. Using a condom can help prevent these diseases and generally has a failure rate of two per cent, again only when used correctly. Consult your doctor is you are unsure which method is right for you.

For more information on birth control effectiveness please visit, www.tinyurl.com/

## Q: Is it still important to use a condom during oral sex?

A: Contraception during oral sex is still important as it is still possible to contract either a Sexually Transmitted Infection (STI) or Sexually Transmitted Disease (STD) during any form of sex where bodily fluids meet or there is skin to skin contact with an infected area. Barrier methods are most effective in the prevention of transmission of STIS and STDS. Condoms and dental dams are two of the best forms of contraception to be used for oral sex. Dental Dams can either be bought or made from regular condoms.

Here's how:

- 1. Unroll the condom. 2. Cut off the tip.
- 3. Cut down one side of the condom with
- 4. You now have a latex rectangle perfect for use during oral sex!

For more information on how to make a dental dam or other forms of contraception please visit www.tinyurl.com/controlcontraception and www.tinyurl.com/dentaldam.

## Q: How does HPV spread?

A: HPV (Human Papillomavirus) is one of the most common sexually transmitted diseases. Most infected people have no symptoms and are unaware they are infected and therefore could unintentionally transmit the virus to a sex partner. Transmission of the virus can occur during oral sex, fingering or any finger/anal or oral/anal contact. Genital warts resulting from HPV infection can be found around the anus, vulva, or cervix of women and around the anus and the shaft of the penis in men. Visible warts are usually harder to see in women than in men however, not everyone infected with HPV will develop warts. Keep in mind that while the risk of transmitting the virus is highest when there are visible warts, transmission can be spread when no outward signs of HPV are present. Another thing to keep in mind is that HPV can lay dormant for years. Even in long-term monogamous relationships, genital warts or other changes can occur without an obvious infectious event.

Betty and Johnny is a University of Winnipeg campus-wide anonymous question and answer program. Questions are posted on posters in bathrooms and are researched, answered and verified by professionals before being posted again in both places.

Betty and Johnny is a project run by Peer Support, a student-run support group for students that provides a safe and confidential environment to discuss concerns and referral information for other organizations.

## wag

The Winnipeg Art Gallery presents

## CANNES LIONS 09 RERUNS

The World's Best Commercials

## March 19-April 3

Winnipeg Art Gallery • 300 Memorial Blvd Muriel Richardson Auditorium

Mar 19 • 7pm and 9:30pm

Mar 23, 24 • 7pm

Mar 26, 27 • 7pm and 9:30pm

Mar 30, 31 • 7pm

**Apr 1 •** 7pm and 9:30pm

**Apr 3 •** 2, 7 and 9:30pm

Member \$7 • Adult \$9 • Senior \$8 • Student \$8

Advance tickets available at the WAG Info Booth and all Ticketmaster outlets Charge-by-phone: 204.780.3333 • Order online: ticketmaster.ca (additional fees for phone/internet orders) • Rating: 14A

The Free Press We're there for you



## Giving rain the boot

## Foot fashions in time for April's showers

## KATHLEEN CERRER

STAFF WRITER

Rain gear can get dull and boring. But even though we're entering the season to break out everything waterproof, there are ways you can still look stylish while doing so.

Along with ponchos, rain coats, hats and umbrellas, rain boots are an essential item during a rainy season. There are more than just plain black, green or yellow boots on the market to brighten any rainy day.

The Wellington boot, often referred to "Wellies," is a popular name when it comes to rain boots. The English brand provides durable lined boots with such designers as Lulu Guiness creating designs for

The Holster boutique collection offers a sophisticated and sleek look if sporty is not your style.

The Wellie Art line offers creative designs like animal prints, polka dots, floral and matte finishes. Ranging from approximately \$59-\$100, these boots are great to keep for years to come as they are quite

Kamik, a Canadian-based brand out of Quebec, offers durable rubber boots which will defend against most of the elements. Available in various heights, the boots start from \$59 and up.

The lightweight boot with traction allows for easy movement and is appropriate for outdoor adventures.

Chooka is another established brand with an edgy and bold look. From plaid, hearts, alligators and tattoo-inspired prints, Chooka's designs are definitely noticeable and are for the fashion risk-taker. The style of the boot itself also varies from lace up, buckles and wedge heels. The plain rain boot is now fun and fashionable.

Looking for a more affordable option? Joe Fresh has plenty of rain boot options at an incredible price. Creme-coloured rain boots with navy blue horizontal stripes are both wearable and versatile. For \$29 these boots are great for every day or to keep as an emergency pair for rare rainy days.

Rain boots for children are also available, which are too cute! Rainbows of colours with monster and animal faces make them stand out and are a fun way to wear them.

Or you can create your own personalized rain boots with boots you already own. Use waterproof paint or markers to decorate with stencils or free hand. Experiment with jewels and stickers to create your own unique look.

## EMPLOYMENT OPPORTUNITY

## The Uniter is seeking a business manager

The University of Winnipeg's student weekly is seeking a dynamic and motivated individual to take over the business operations of the newspaper. This individual should have at least two years progressive responsibility in management. They must possess a solid understanding of the publishing industry and the needs of a controlled copy urban weekly that suits the needs to both the campus and downtown

This individual will be responsible for all business aspects of the paper including advertising, circulation, finances and business development.

The following job opportunity is a 30-hour per week part-time position for a one-year contract beginning April 15, 2010. The position has a two-week holiday period as well as a Christmas break (approx. two weeks). It is based upon a \$21,000 salary per year with a chance for increased wages April 1, 2011 (with contract renewal).

Please note this is not an editorial position.

## Skill requirements:

- Ability to prioritize tasks, make decisions and work independently, act with a high degree of integrity and professionalism.
- Excellent communications skills, both oral and written.
- Knowledge and familiarity with Macintosh operating systems, computer software for Word Processing, Spreadsheet, Database management, e-mail and Internet, and accounting.
- · Ability to manage the newspaper's circulation, advertising and event contracts.
- · Ability to oversee and co-ordinate financial management of the newspaper.
- Familiarity with publishing, web publishing and new media including the ability to oversee production of a weekly newspaper.
- Familiarity with grant writing, budgeting and project co-ordination a must.

## **Duties:**

- ADMINISTRATION: Responsible for all office communications, by mail, phone, fax and email, finances, advertising, production, promotions and fundraising, etc.
- STAFF SUPERVISION: In association with the managing editor, the business manager will oversee all staff and execute the organization's human resources policy of a safe and healthy
- CIRCULATION: Manages the newspaper's circulation records by consistently updating,

monitoring and optimizing new and existing circulation drop points. Maintain a mailing list for The Uniter.

- ADVERTISING: Acts as the newspaper's advertising representative, recruiting new clients and managing current clients, preparing contracts, proposals and packages, revising rate cards, invoicing and collecting revenue.
- MENTORING: The business manager of The Uniter will be responsible for providing a mentoring environment for all staff of the paper and will from time-to-time be consulted upon for editorial advice and publishing expertise. The individual must also be able to assess, strategize and react to changing climates in the publishing industry as it relates to the newspaper's
- FINANCIAL MANAGEMENT: Oversees the financial management of newspaper, including payroll. Must prepare and submit annual budgets and actuals to the board of directors.
- PRODUCTION: Oversees printing and mailing of magazine issues, and acts as a liason with the printer and the production manager. Manages printing contract.
- DEVELOPMENT: Works in conjunction with the board of directors to execute the Strategic Plan of *The Uniter*.
- PROMOTIONS / SPONSORSHIP AND SPECIAL PROJECTS: With input from the board of directors and staff, the business manager will plan and execute activities that engage the readership of the newspaper. This includes the speaker's series of Mouseland Press Inc. The business manager will administrate all sponsorship opportunities of the organization.
- REPORTING: The business manager will attend all Board and committee meetings and prepare reports for all board meetings on the newspaper's finances, circulation, advertising, results of promotions, and other information as needed by the Board.

Interested parties should submit a resume including references, a covering letter and a oneto two-page essay detailing the importance of independent media by 6 p.m. on March 26, 2010. Interviews will take place the week of March 29. Application packages should be sent to board@uniter.ca.

Questions can be addressed to interim business manager James Patterson at business@ uniter.ca or 786-9790.

We thank all applicants, however only those short-listed for an interview will be contacted.

WWW LINITER CA

## AWARDS & FINANCIAL AID The Awards and Financial Aid staff of the University of Winnipeg provides the student body with current information on award opportunities. This information is updated weekly.

## THE UNIVERSITY OF WINNIPEG AWARDS:

http://www.uwinnipeg.ca/index/services-awards

## GRADUATE & PROFESSIONAL STUDIES APPLICATION EXPENSES BURSARY

The purpose of this bursary fund is to provide some assistance to students with respect to the high costs associated with applying to Graduate and Professional Schools. Application forms are available from the Awards & Financial Aid Office in Student Services (first floor Graham Hall) or on our website. Students may apply any time during the Fall/Winter academic year, provided that funding is available for this bursary. Applications will be evaluated on a first-come, first-serve basis.

## AWARDS OFFERED BY EXTERNAL AGENCIES AND ORGANIZATIONS:

## RABIN SCHOLARSHIP FUND FOR THE ADVANCEMENT OF PEACE & TOLERANCE 2010-2011

This award of \$13,000 US provides an opportunity to spend one academic year in Jerusalem, Israel at the Hebrew University of Jerusalem. Applicants must be Canadian citizens and enrolled in an accredited doctoral or post-doctoral program focusing on areas relating to the pursuit of peace and/or the enhancement of peaceful forms of social life. For further information or to receive an application package, please call 1-888-HEBREWU or 1-416-485-8000.

Fax: 416-485-8565 E-mail: admissions@cfhu.org Website: www.cfhu.org **Deadline:** March 25, 2010

## SIRC RESEARCH DEVELOPMENT AWARD

The 2010 SIRC Research Development Award designed to encourage development of research writing skills with an emphasis on preparing research reports that are comprehensive and yet can be disseminated and understood throughout the sporting community. SIRC invites Canadian undergraduate students to submit their literature review research papers in consideration for the 2010 SIRC Research Development Award. Winners will receive \$1,000 each, as well as media exposure throughout the Canadian academic and sporting community. This year the 2010 SIRC Research Development Award has two categories. Your submission must fall into one of these two categories: Health and Sport or Participation and Sport.

### Eligibility:

- The applicant must be a Canadian citizen currently enrolled in an undergraduate program at a Canadian university or
- Your paper must be written in English or French.
- Your paper must be a minimum of 2,500 words and up to a maximum of 3,000 words (excluding references).
- Your paper must include an executive summary.

Research papers are electronically received by researchaward@sirc.ca. In addition, a complete hardcopy of the applicant's submission, which includes a bio, an abstract, a photo of the applicant (passport photo) and the signed SIRC Content Licence agreement and eligibility outline, with original applicant signature, must be received by 4:30 p.m. EST.

Forms are available from the website: www.sirc.ca.
SIRC's mailing address: 180 Elgin Street, Suite 1400, Ottawa,
Ontario. KZP ZK3

## Deadline: March 26, 2010

## BUSINESS COUNCIL OF MANITOBA

If you are of Aboriginal ancestry, you are eligible for a Business Council of Manitoba Aboriginal Education Award, provided you meet the following criteria:

- You are a citizen of Canada and permanent resident of Manitoba, having resided in Manitoba for the last 12 months You plan to attend a Manitoba public post-secondary institution in any discipline in the 2010-11 academic year You plan to maintain full-time status (at least a 60% course load)
- You are in need of financial assistance

If you are receiving funding from other sources, including band funding, you may still apply for this award to cover additional costs. Application forms are available in the Awards Office (on the first floor of Graham Hall) and Student Central (first floor of Centennial Hall). Please submit to the Awards & Financial Aid office by March 30, 2010.

## RESEARCH FELLOWSHIP IN HONOUR OF STUART NESBITT WHITE

The PS Research Fellowship in Honour of Stuart Nesbitt White promotes Canadian expertise, education and research capacity in emergency management. Each year, up to eight students are awarded fellowships of \$19,250 each. These awards are available for graduate-level research in emergency management. This includes work in one or more of the four pillars of emergency management: mitigation, preparedness, response and recovery. Research focused on the all-hazards approach to emergency management is encouraged, as are studies in cyber security, disaster management and critical infrastructure protection and assurance. Multidisciplinary work is preferred in disciplines such as regional planning, engineering, environmental studies, computer science, geography, sociology, economics, risk modeling and system science. Application and evaluation procedures are administered by the Association of Universities and Colleges of Canada (AUCC). Interested students can view the application poster and procedures on the AUCC web site:

## Deadline: March 31, 2010

## C.A.S.C. SCHOLARSHIPS

The Canadian Co-operative Association (CCA) is calling for applications for the three Canadian Association for Studies in Co-operation (CASC) scholarships:

Alexander Fraser Laidlaw Fellowship - The Co-operative Housing Federation of Canada established the Laidlaw Fellowship to honour Dr. Alexander Fraser Laidlaw, the father of the non-profit co-operative housing movement in Canada. An outstanding Canadian adult educator and co-op leader, Dr. Laidlaw served the cause of the co-operative movement for over 40 years. The Laidlaw Award, valued at \$1,000, is available to graduate students only. The award is based on the applicant's academic record, as well as on the importance of the proposed research activities to the development of the co-op movement in Canada or abroad.

Amy and Tim Dauphinee Scholarship - The Ontario Credit Union Charitable Foundation established the Amy and Tim Dauphinee Fellowship in recognition of the outstanding contribution these two leaders made to the development of the credit union movement and the Ontario Credit Union Charitable Foundation. The award, currently valued at \$3,000, is available to graduate students only. The award will be based on applicants' academic records and on the importance of the proposed research activities to the development of the co-op movement in Canada or abroad.

Lemaire Co-operative Studies Award - Available to both undergraduate and graduate students, the Lemaire awards are intended to encourage students to undertake studies which will help them contribute to the development of co-operative in Canada or elsewhere. Eligible candidates will have been involved with co-operatives, must demonstrate reasonable knowledge and understanding of co-op principles and their application, and be able to indicate how the proposed studies will contribute to the co-op movement. Full-time or part-time students, taking full- or partial-credit courses at any university or university-equivalent college are eligible to apply. Eligible candidates must take a minimum of one course about co-operatives. The bursaries will be awarded in multiples of \$1,000 to a maximum of \$3,000. The amount of the awards will be proportional to the significance and contribution of the studies to the advancement of co-operatives.

For all three scholarships, applicants must either undertake studies at Canadian universities or university-equivalent colleges (regardless of citizenship) or be Canadian citizens or landed immigrants studying at such institutions outside Canada. To be eligible to receive the award, recipients must undertake their proposed study within one calendar year of the fellowship being awarded. Application forms are available from their website www.coopscanada.coop or from the Awards & Financial Aid office on the first floor of Graham Hall.

### Deadline: March 31, 2010

## DESMOND CONACHER SCHOLARSHIP

This scholarship is offered in memory of Desmond Conacher, formerly Professor of Classics at Trinity College, Toronto. Fellow of the Royal Society of Canada and Honorary President of the Classical Association of Canada. Its purpose is to assist and encourage a young scholar entering graduate studies in classics. The scholarship is administered by the Classical Association of Canada through its Awards Committee. One award of \$2,500 is offered each year. Applicants must be Canadian students (citizens or permanent residents) intending to enter the first year of graduate studies in a classics or similar program at a Canadian university. Specializations within the general area of classics, such as ancient history. ancient philosophy and classical archaeology, are eligible. Applicants must be less than 28 years of age on Jan. 1 of the year of application. The main criteria are academic achievement, professional promise and an appropriate undergraduate preparation. For more information or application procedures and form, please visit their website; http://cac-scec.ca. or the Awards & Financial Aid office on the first floor of Graham Hall.

## Deadline: March 31, 2010

## CANADIAN JAPANESE-MENNONITE SCHOLARSHIP

The scholarship was created as a tangible symbol of co-operation between Canadian Japanese and Canadian Mennonites, subsequent to a formal apology that was offered to Canadian Japanese by MCC Canada on behalf of Canadian Mennonites. It is intended to assist the protection of minority and human rights in Canada and to reduce the potential for abuse of cultural minorities, such as that suffered by Japanese Canadians during the Second World War. The \$2,000 scholarship is awarded to a student who is enrolled in a graduate degree program, a Canadian citizen studying at a university in Canada and is engaged in research that will assist the protection of minority or human rights in Canada. To obtain an application package or for more information visit their website: http://canada.mcc.org/scholarships, or the Awards & Financial Aid office on the first floor of Graham Hall.

## Deadline: April 1, 2010

## RETAIL AS A CAREER SCHOLARSHIP PROGRAM

Retail Council of Canada, in partnership with industry sponsors, will award more than \$75,000 in scholarships and benefits to students entering or currently enrolled in a husiness marketing or retail-related program at a Canadian post-secondary institution. Students who receive the scholarshins will not only benefit from financial assistance for their post-secondary education, but will also attend STORE 2010 in Toronto where they will have the opportunity to engage with the brightest professionals in the Canadian retail industry. A \$5.000 scholarship will be awarded by Interac Association to the top Retail as a Career Scholarship applicant, whose name will not be disclosed until STORE 2010. This year, 26 scholarships are available and one \$5,000 Interac Scholarship in addition to 25 \$1,000 Industry-Sponsored Scholarships. To be considered for one of the scholarships applicants must meet the following criteria:

- Enrolled full-time or part-time at a Canadian college or university in Fall 2010.
- Pursuing a retail, business or marketing-related program.
   Currently working part-time or full-time within the retail industry.

For application forms and instructions, please visit their website: www.retaileducation.ca, or the Awards & Financial Aid office on the first floor of Graham Hall.

Deadline: April 1, 2010

### ROBERTA BONDAR GIRL GUIDES SCHOLAR-SHIP

This scholarship is available to any currently-registered member of the Girl Guides of Canada who is continuing their education in science, applied science, mathematics or technology at a Canadian institution. It is awarded to full-time students entering their third or fourth year of post-secondary studies. Visit www.girlguides.ca for criteria and application forms. Application forms are to be submitted by regular mail or courier.

Note: Application forms will not be faxed. Faxed or e-mail applications will not be accepted.

### Deadline: April 1, 2010

## PROGRESSIVE ECONOMICS FORUM ESSAY CONTEST

There are two competitions, one for undergraduate students and one for graduate students, open to all Canadian students, studying in Canada and abroad, as well as international students presently studying in Canada. The definition of 'student" encompasses full-time as well as part-time students. Students eligible for the 2010 competition must have been or be enrolled in a post-secondary educational institution at some point during the period of May 2009 - May 2010. A cash prize of \$1,000 will be awarded to the winner of the graduate competition and \$500 will be awarded to the winner of the undergraduate competition. Entries may be on any subject related to political economy, economic theory or an economic policy issue, which best reflects a critical approach to the functioning, efficiency, social and environmental consequences of unconstrained markets. For more information or details on essay submission, please visit their website: www.progressive-economics.ca.

### Deadline: April 30, 2010

### PHYLLIS P. HARRIS SCHOLARSHIP

This scholarship is an annual award of \$2,600 endowed in the memory of Phyllis P. Harris. For over thirty years Phyllis Harris was an inspiring presence in the world of family planning, volunteering both her time and services in Edmonton and throughout Canada. To be eligible, you must be enrolled as a full-time student in third or fourth year at the undergraduate level at a Canadian University during the 2010-2011 academic year. Applicants must also be a Canadian citizen or landed immigrant. All applicants must have previous work or volunteer experience in the general field of human sexuality with the intent to pursue a degree in the field of family planning or population issues. The field is broadly defined to include biology, education, history, medicine, political science, psychology, international studies, social work or sociology. To apply, you must include your most recent academic transcript. a 500-word typed essay outlining your relevant background education, objectives and plans for the future. Candidates must also clearly state their support of the values and beliefs of the Canadian Federation for Sexual Health, Your name. address and telephone number must appear at the top of the application. In addition, the application must also include the name, address and telephone number of two (2) referees supporting your application. Referees should send their letters of support to the office of the Canadian Federation for Sexual Health. Please send your essay and most recent academic transcript to:

Phyllis P. Harris Scholarship Committee

Canadian Federation for Sexual Health 1 Nicholas Street. Suite 430

Ottawa, Ontario K1N 7B7

Telephone: (613) 241-4474 FAX: (613) 241-7550

Website: www.cfsh.ca

## Deadline: April 30, 2010

## BRAIN INJURY OF CANADA (BIAC) BURSARY

The BIAC Bursary Program is intended to assist students living with an acquired brain injury to pursue educational opportunities in English or French post-secondary institutions or apprenticeship/trades programs. Two bursaries of \$2,000 each will be awarded for each school year: one for studies in English and one in French.

To be eligible for a BIAC Bursary, you must:

- be a full-time student or be eligible to attend a Canadian post-secondary institution in a recognized program leading to a degree, certificate or diploma or a recognized apprenticeship/trades program
- have sustained an acquired brain injury
- be a Canadian citizen, permanent resident or protected person, within the meaning of the Immigration and Refugee Protection Act

Please note that receiving a bursary may affect your eligibility for other forms of provincial financial assistance. If you wish to be considered for a bursary, you must complete the entire BIAC online application or BIAC's Application Form for Full-Time Students, available from the Awards & Financial Aid office, room 1605 on the first floor of Graham Hall. Information provided on your application will be shared with the Selection Committee panel in order to determine your eligibility. Please send the Application Form and supporting documentation to:

BIAC-ACLC Bursary Program 28 Caron St. Gatineau, Quebec J8Y 1Y7 Telephone: 1-866-977-2492 Fax: (819) 595-2458 E-mail: info@biac-aclc.ca Website: www.biac-aclc.ca

## Deadline: April 30, 2010

## MARTIN MOSER SOCIETY FOR THEOLOGI-CAL STUDIES BURSARIES

Two bursaries in the amount of \$1,500 are being offered to students enrolled in a graduate or undergraduate degree in theology or ministry. The applicant must be of Christian denomination, enrolled or accepted in a recognized

Canadian theological school with plans to exercise his/her ministry in Canada. For application forms and instructions, please visit the Awards & Financial Aid office, room OGMO5 in the Mezzanine of Graham Hall. For inquiries, e-mail: martinmoserbursary@gmail.com.

## Deadline: April 30, 2010

### JOHN GYLES EDUCATION AWARDS

The John Gyles Education Awards of up to \$3,000 are available each year to post-secondary students enrolled in any area, studying in either Canada or the United States, who are full Canadian or American citizens. A minimum GPA of 3.0 is required and criteria other than strictly academic ability and financial need will be considered in the selection process. Applications and information are available online at www. johngyleseducationcenter.com.

### Deadline for mailing applications: May 1, 2010

### MANITOBA ROUND TABLE FOR SUSTAIN-ABLE DEVELOPMENT SCHOLARSHIP

The Sustainable Development Scholarship assists postsecondary students who pursue studies or undertake research that embraces the spirit and principles of sustainable development. The scholarship is open to students in any field of study offered at an approved Manitoba post-secondary institution who will be attending full-time (60% or higher course-load) in the 2010-2011 academic year and have a GPA of at least 3.5. These scholarships are not available to employees of the Province of Manitoba or their spouses, common-law partners or dependants. The scholarship consists of single, non-renewable awards of \$6,000 for a graduate student and \$1,500 for an undergraduate or college student. Application forms are available from the Awards & Financial Aid office, room OGMO5 in the Mezzanine of Graham Hall, or from the following website: http://www.gov.mb.ca/conservation/ susresmb/scholarship/apply.html.

## Deadline: May 7, 2010

### AUCC AWARDS

The Association of Universities and Colleges of Canada provides 150 scholarship programs on behalf of the Federal Government, domestic and foreign agencies, and private sector companies. Check out their website www.aucc.ca and look under the heading Scholarships and Internships for Canadian Students.

### Deadlines: Various

### IDRC/CRDI AWARDS

The International Development Research Centre (IDRC) is a Canadian crown corporation that works in close collaboration with researchers from the developing world in their search for the means to build healthier, more equitable and more prosperous societies. Various research and academic awards are available for application. Please visit their website for more information on their award programs: www.idrc.ca/awards.

## MANITOBA STUDENT AID PROGRAM (MSAP)

Manitoba Student Aid is now accepting applications for the 2010 Winter session. Students can apply online at www. manitobastudentaid.ca.

New to the Student Aid program this year are a series of grants and bursaries:

- Canada Student Grant for Students from Low-income
- Families - Canada Student Grant for Students from Middle-income
- Families - Canada Student Grant for Students with Dependents
- Rural/Northern Bursary

These grants are the first money students will receive in their financial aid packages, before any loans are awarded. Many students may, in fact, receive the majority of their financial assistance in the form of grants.

Be sure to apply early and to submit all requested documentation as soon as possible to ensure that you receive all the grant funds for which you are eligible.

## PROCEDURES:

### Confirmation of Enrolment & Release of Government Student Aid Documents

Approximately three weeks before classes begin, the Manitoba Student Aid Program (MSAP) will begin printing official assistance documents for students whose MSAP documentation and university course registration are in order. MSAP will mail the documents to students at the addresses they have provided on their MSAP applications. The document you receive already will have been electronically approved by the Awards & Financial Aid Office. It will indicate the fees you owe to the University of Winnipeg. These fees will be deducted from your student aid.

If the document is a Canada Student Financial Assistance document, you should take it to an approved Canada Post outlet for forwarding to the National Student Loan Centre.

If the document is a Manitoba Student Aid document, you should forward it to the MSAP Loan Administration Department.

The National Student Loan Centre of the MSAP Loan Administration Department will process the document, transferring the fee payment portion directly to the university and depositing any additional balance to your account. Instructions on these processes will be included in your student aid document package.

## Course Load

The minimum course load for which you must register to be eligible for any form of government student assistance is 60 per cent of the maximum course load required for your study period:

- Fall/Winter academic year - 18 credit hours - Fall Term or Winter Term only - 9 credit hours which begin and end within that term You must maintain the appropriate minimum course load for your study period in order to retain your student assistance elinibility.

## Registration at Another Post-Secondary Institution

If, in addition to University of Winnipeg courses, you are registered and taking courses elsewhere during the academic year for credit towards your University of Winnipeg degree, you must present proof of registration to the Awards & Financial Aid Office before your student assistance document can be authorized and released to you.

### Fee Payment

Your fees will be deducted from the student assistance document when it is electronically approved by the university. Government student aid is used first to meet educational costs. All overdue fees and emergency loans as well as fees for the current study period will be deducted from the student aid document. If your student assistance does not cover your required fee payment, you will have to make payment on your own by the fee payment deadline. Credits for scholarships you may be receiving will reduce the amount of fees deducted from the student aid document.

### Missing Information

If any documentation requested by the MSAP, such as summer income or study-period income verification, has not yet been submitted, electronic confirmation of your loan document will not occur and your loan funds will not be in place at the beginning of the Winter Term.

### Revision to your Needs Assessment

You should be aware that new information, such as verification of your summer or study-period income, may increase or decrease your MSAP needs assessment and the resulting loan amounts you are eligible to receive. Similarly, if your current course load is different from that on your Notice of Assistance letter, the amount of loan you are eligible to receive may change.

### Fee Deferral

The Awards & Financial Aid Office can defer your fees if you have applied for government student aid but have not received your confirmed assistance document by the fee payment deadline. Fee deferral means that your registration will not be cancelled because of your failure to pay by the deadline. However, you will be charged the late payment fee unless you have submitted your Student Aid application in sufficient time for it to be processed by the payment deadline.

The Awards office will begin taking names for the fee deferral list for students registered for only the 2010 Winter term starting **Jan. 4, 2010**. If your name is on the Awards & Financial Office fee deferral list but you withdraw from university courses, you will be responsible for the fees you owe until your actual date of withdrawal.

If you are out of funds before your next disbursement of Government Student Aid occurs, you can arrange for bridge financing from the University in the form of an emergency loan. Please call 786-9458 for an appointment.

**DID YOU KNOW...** That Manitoba Student Aid staff can be on campus on Fridays from 1 – 4 p.m. To meet with them, you need to set up an appointment time. Come to Student Services and book an appointment, or phone 786-9458 or 786-9984.

**DID YOU KNOW...** You can check the status of your student aid application, find out what documentation is still outstanding, update your address information and much more online? Go to www.manitobastudentaid.ca and then to MySAO to log into your existing account.

DID YOU KNOW... If you are a student who has had past Government Student Loans and are currently a full-time student but do not have a student loan this year, you can fill out a Schedule 2 document to remain in non-payment status. Please come to Student Services in Graham Hall, where front-counter staff can help you with this form.

## OTHER AWARD WEBSITES:

Canada Student Loan program & other important information on finances and budgeting: www.canlearn.ca

Manitoba Student Aid Program: www.manitobastudentaid.ca Surfing for dollars? Try these two websites:

www.studentawards.com

www.scholarshipscanada.com

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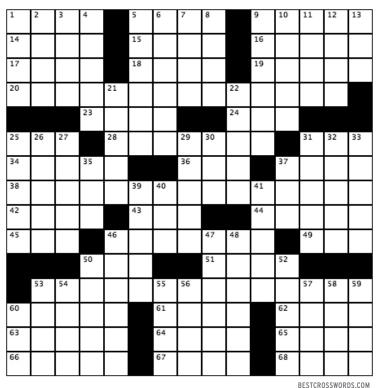
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## WWW.UNITER.CA

## MARCH 18, 2010 THE UNITER

## Crossword Puzzle 23

Solutions to crossword and sudoku will appear in next week's issue.



will.octagon.gibson@gmail.com

## Across

- 1- Falsehoods
- 5- One of two equal parts
- 9- Preceding, poetically
- 14- Formerly, formerly
- 15- Bibliography abbr.
- 16- Lute of India
- 17- River to the Moselle
- 18- Libertine 19- Confiscate
- 20- Equality of weight
- 23- Et \_
- 24- Secreted
- 25- This \_\_\_ stickup!
- 28- Rude
- 31- Bandleader Brown
- 34- Agitates
- 36- Rockers Steely \_\_\_
- 37- Cheerio! 38- Swollen nodes
- 42- K-6

- 43- Meadow
- 44- Join the cast of
- 45- Driving aid
- 46- Fanlike posterior of crayfish
- 49- Green prefix
- 50- A collection of articles
- 51- Finishes
- 53- Agent
- 60- Christian writings
- 61- Draw with acid
- 62- Purim month
- 63- Circumference
- 64- To \_\_\_ (perfectly)
- 65- Do followers
- 66- Beau
- 67- Division of a school year
- 68- Knocks lightly

## Down

- 1- majeste
- 2- Oil-rich nation
- 3- Biblical birthright seller
- 4- Ridge
- 5- Scag
- 6- Not accented
- 7- Extol
- 8- Hightail it
- 9- Beset
- 10- Demon
- 11- Auricular
- 12- Tear down
- 13- Before
- 21- Luxuriant
- 22- Thick-skinned charger
- 25- Atoll unit
- 26- Genre
- 27- Actress Anouk
- 29- Model 30- Covered vehicle
- mammal
- 46- Cylindrical

31- Starbucks order

33- Decline

35- LP speed

39- Winged

40- Agnus \_

37- Tic Dough

32- Moral precept of conduct

41- White-and-black bearlike

- 47- Swordsman 48- Hymn
- 50- Cleft
- 52- Begin
- 53- Hoar 54- Declines
- 55- Chair
- 56- Kitchen addition
- 57- Brain wave
- 58- Repair
- 59- Goddess and sister of
- Ares in Greek mythology
- 60- Purse

Solutions to puzzles from March 11.

1	12	12	4	l c	_	6	7_	8	9		10	11	12	12
¹ <b>O</b>	²C	³T	Ā	Ď		6 M	Έ	L	Ď		°C	¹1 <b>O</b>	M	13 <b>E</b>
¹ <b>C</b>	R	0	z	Υ		15 <b>E</b>	R	ı	Ε		Å	Ν	ı	L
17 <b>H</b>	υ	м	Α	Ν	18 	т	Α	R	ı	Å	Z	1	s	М
20 <b>S</b>	s	Ε		<sup>21</sup> <b>A</b>	0	R	Т	Α		22 <b>R</b>	Α	N	Т	0
			<sup>23</sup>	М	N	Ι			24	S	Α			
	25	<sup>26</sup> <b>N</b>	D	_	S	С	27 <b>R</b>	<sup>28</sup>	М	ı	z	<sup>29</sup> <b>A</b>	³0 <b>T</b>	31 <b>E</b>
32 <b>S</b>	т	0	-	С			³š	R	R	s		³Ĺ	Α	С
35 <b>P</b>	Α	Т	Ε		Ğ	37 <b>E</b>	N	R	Ε		³8 S	I	L	0
³9 <b>E</b>	L	Ι		Š	Α	L	Α			Ŵ	Н	Ε	Ε	L
°C	0	Ν	⁴Š	Т	Ε	L	L	<sup>44</sup> <b>A</b>	<sup>45</sup> <b>T</b>	ī	0	Ν	s	
			<sup>46</sup> C	ı	Α			<sup>47</sup> T	Ε	N	D			
<sup>48</sup> S	<sup>49</sup> 0	50 <b>B</b>	Ε	R		Ö	52 <b>A</b>	Т	Ε	N		53 <b>B</b>	54 <b>A</b>	Ď
5 <u>6</u>	R	Α	N	s	57 	L	L	U	М	ı	<sup>58</sup> N	Α	Т	Ε
59 <b>A</b>	С	R	Ε		Ď	Ε	Α	N		61 <b>N</b>	Υ	L	0	N
<sup>62</sup> <b>Y</b>	Α	К	s		Õ	G	R	Ε		Ğ	U	М	М	Υ

				1 1				
7	9	8	_	2	3	4	5	6
2		5	8	6	4	7	3	9
6	3	4	5	9	7	8	2	1
4	5	6	2	3	9		7	8
9	8	2	7		5	6	4	3
3	7		6	4	8	2	9	5
8	6	9	3	7	2	5		4
5	4	7	9	8		3	6	2
Ι	2	3	4	5	6	9	8	7

## Reading between the grocery store lines



## LIVING WELL



SAGAN MORROW STAFF WRITER

Choosing healthy foods at a grocery store is a daunting task if you have no idea how to read a package.

Besides the complicated ingredient names and the often-confusing numbers and percentages on the nutrition facts table, the food manufacturers are sneaky when they add health claims to the front of their food packages. What exactly does "light" mean, anyway? When it states, "30 per cent less sodium," what does that compare to?

Health Canada has regulations for when companies can use certain health claims,

but not all health claims are regulated.

The following lists a few of the more common health claims - and what they really mean that you find on food packages:

Organic: The Food and Drug Administration ensures that "certified organic" products must contain 95 per cent organic ingredients. If the product contains between 70 and 90 per cent organic ingredients, it must state what percentage of the ingredients are organic, and these products are not allowed to use the "organic" logo on their packaging.

Free-range: A claim frequently found on egg cartons, "free-range" does not necessarily mean that the chicken has roamed in grassy fields all her life. They can be cooped up in a very small area with only occasional access to the outdoors. It also tells the consumer nothing about hormones or antibiotics.

**Reduced-fat:** This means that the food has 25 per cent less fat in it than the original version. It does not, however, tell the consumer how much fat was in the original version; if the food product contained an astronomically high amount of fat in the original version, then it could still have a high fat content in this "reduced" version.

Natural: There are no regulations on the term "natural." It can mean anything that the food manufacturer wants it to mean, so it is best to completely ignore this term when you see it on a food product.

Light: This may mean anything from "light-coloured" to "reduced in fat." A bottle of cooking oil with this "light" claim on the front of the package refers to the colour, not the amount of fat in it.

Read beyond the front label the next time you are grocery shopping and use this information to make a healthier choice when you are comparing brands. There is some benefit to reading the health claims on the front package of a food product, but consumers should treat them with caution.

Health claims are often ambiguous and vague and, as consumers, we have a right to know what these health claims really mean. Turn the package over to read the ingredient list for detailed information on what is inside the package.

When in doubt, you can also contact the food manufacturers themselves to find out what they really mean by the health claims that they have used on their product.

University of Winnipeg student Sagan Morrow writes a health and wellness blog. Check it out at http://livingintherealworld.

## Job opportunity

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## Heeding the Hollywood warning

As we all know, thanks to John Cusack, the world is going to end on Dec. 21, 2012 and there's nothing any of us can do about it.

This week I'd like to dedicate my column to some of the important preparations we should all be making for the inevitable end of everything.

Before I get into the preparations, I should probably make sure that you all know exactly what I'm talking about.

Many people believe the ancient Mayan calendar says that the world will end on Dec. 21, 2012. It's important to note that the Mayans did not believe that the world was going to end at all, but rather that this date would signify a shift from one age to another.

Recent interpretation of the calendar, however, has led super smart people like Nostradamus and John Cusack to believe that the end of the world is at hand. And really, what would the Mayans know about their own calendar. Cusack is right!

Now that we've established that the end is definitely coming, let's talk about what we should all do to prepare ourselves for the inevitable.

First, since we have less than three years to live, we all need to quit our jobs. Who wants to spend the last precious years of his of her life working for the man? Squares, that's who!

Secondly, since the end is quickly approaching, we all need to start

## It is our duty to start pumping out the babies as quickly as we possibly can over the next three years.

humping each other indiscriminately. And since there is so little time left, there's no longer any need to use condoms.

Furthermore, we should try and make as many babies as we can before it's too late, because as everyone knows, babies go to heaven when they die, but they don't go to heaven if they never get born.

That's why it is our duty to start pumping out the babies as quickly as we possibly can over the next three years.

When we are knee-deep in babies, the world will end, sending us, babies and all, to heaven where Anne Geddes will be waiting to take pictures of them dressed up like stupid crap. Wait, that sounds a little more like hell...

Anyway, the most important thing for us to do in preparation for the end of the world is to stop trying to save the damn world!

All the reducing, reusing and recycling we've been doing is not going to save us from "Mayan Death." Al Gore isn't going to somehow stop the world from ending. Even David Suzuki won't be able to charm his way into saving the world, so I think it's high time we had some fun. Let's pour chemicals into rivers and drive our Hummers into the ground.

It may be our last chance.

J. Williamez wishes to apologize for the gloomy outlook.

## The Frenchway is the way to go

Local café and bakery offers up an authentic taste of France

COURTNEY SCHWEGEL

CAMPUS BEAT REPORTER

## Frenchway Café & Catering

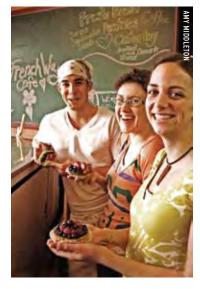
612 Academy Rd.

The Frenchway Café and Bakery, a quaint little spot on Academy Road, offers one of the most pleasurable culinary experiences in Winnipeg. Owner and chef Olivier Fortat from France has managed to bring an authentic taste of his homeland to the Winnipeg food scene.

Although one can count the number of mismatched tables on one hand, the café's quaint, eclectic feel is integral to its charm. A French-themed mural graces the far wall adding a little "je ne sais quoi" to the atmosphere.

The sweet treats, all of which are baked on-site, are to die for. Ranging in price from \$2.25 to \$4.75, the display case features a variety of stunning French pastries including éclairs, mille feuille, apple strudel, butter tarts and berry puffs.

For a truly traditional French treat, the Paris-Brest, a thick layer of silky almond butter cream sandwiched between two rings of almond-crusted choux pastry is a nice, not-too-sweet finish to a meal. Traditional Canadian desserts like fudgy, peanut butter brownies are in abundance as well.



Staff at The Frenchway Cafe & Bakery display some of their irresistible homemade pastries.

The café also boasts a seemingly endless selection of homemade breads, ranging from traditional crusty French baguettes to giant rounds of sunflower-flax bread. The server-recommended multigrain loaf is dense and moist with a thick, chewy crust. At \$5.95, this hearty bread would surely lend itself to at least a dozen sandwiches.

The must-try croissants are available in plain, multigrain, chocolate and almond. The delicate crunch of the toasted, sliced almonds atop the flakey, buttery pastry is the perfect

As if the sweet treats and breads weren't enough, the Frenchway has a savoury side that should not be ignored.

Although the menu is brief, each dish sounds so incredible that it proves difficult to decide.

Breakfast includes the classics,

but is spiced up with strawberry and chocolate crepes and eggs Benedict with asparagus and ham. The tantalizing aroma of the French toast, which comes with a heap of fresh strawberries and a sprinkling of cinnamon, will definitely cause extreme food envy for everyone in the

The lunch menu includes a variety of sandwiches, a handful of distinctive salads and two or three homemade soups that change daily.

The most unique sandwich of the bunch is both visually stunning and orgasmically tasty. Two slices of baguette come topped with roasted turkey and smothered generously with creamy, gooey brie cheese. A sprinkling of fresh cranberries adds a burst of brightness while tender asparagus spears lend just the right amount of crunch. The sandwich is accompanied by crispy roasted potatoes that give way to a tender inside.

The salads certainly aren't your ordinary mound of greens. The artichoke salad features marinated artichoke hearts, sliced chorizo sausage, hunks of salty feta, diced cucumbers and green onions atop a bed of organic greens. Dressed in a mild vinaigrette, this filling dish offers a pleasing variety of flavours and textures.

Aside from the impossibly delicious food, what puts this place over the top is the enthusiasm of the staff. Both knowledgeable and extremely courteous, they will kindly answer any questions and give recommendations, making the experience all the more memorable.

For more information, visit Frenchway Café online at www. frenchway.ca.





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