

UNIVERSITY OF WINNIPEG'S WEEKLY URBAN JOURNAL

THE **UNITER**

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Fight for your right

The Skateboarding Coalition of Manitoba advocates on behalf of skateboarders in the province – and there's a lot of work to do

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"I love Disney World and have done it every year for the past 15 years."

Meet local entrepreneur Daren Jorgenson

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Harper gets by with a little help from hypocrisy

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Photograph of wind coil sound flow, an installation by Ken Gregory at Gallery 1C03, University of Winnipeg.

Photo by Cindy Titus

News

Senseless violence continues

Can new strategy make a difference?

CAITLIN LAIRD
BEAT REPORTER

Following a string of violent incidents linked to gang activity – such as the summer's grisly wedding reception shooting and the more recent occurrence in Wolseley where a man was set on fire – pressure has been mounting on officials to respond in some way to the issue of Winnipeg's gang problem and youth-related crime.

In response, justice minister Dave Chomiak has announced a one-year pilot project called "Gang Awareness for Parents." This approach has left some questioning whether this initiative and others like it are merely a Band-Aid approach to a deeper problem, like economic disadvantage.

"Increased policing is useless unless you address the underlying economic issues at the local level. Our state spends money on more police and new prisons which employ the middle classes. The sole biggest predictor for crime reduction (including gang involvement amongst youth) is economic prosperity. More police and more prisons does not create economic prosperity," Kristen Kramer, University of Winnipeg sociology professor, said via email.

University of Winnipeg science student Emil, who did not wish to reveal his last name, was attacked by an armed 19-year-old male mere blocks from campus. Emil and his friend Derek were walking to meet friends at around 9:30 three Fridays ago, when Emil was hit in the head with an aluminum bat.

Shocked and disoriented, Emil



The government's "Gang Awareness for Parents" program may only be a Band-Aid solution to a larger problem, critics say.

"The guy who jumped us ... didn't try to take anything from us. He attacked us for fun."

- EMIL

turned around to find the youth repeatedly hitting his unconscious friend with the bat. The youth was also armed with a machete. Emil said he believed their attacker had the intention of killing his friend.

Emil and Derek escaped to a friend's apartment after Emil rushed their attacker and exchanged heated words. Emil returned to the

street with another individual to watch for the attacker and again they were jumped by the same individual and another youth, armed with knives.

"People on campus need to be aware of how dangerous it is around here. You never think it will happen to you until it does," he said.

Emil believes one of the factors in youth crime is the media's glamorization of a so-called "gangster lifestyle" and gratuitous violence.

"The guy who jumped us seemed to be trying to live up to that lifestyle, in the way he was dressed and the things that he said. He also didn't try to take anything from us. He attacked us for fun."

Emil and Derek's attacker was

arrested three weeks after the incident, but the other one remains free.

Kim, who wishes to keep her last name private, has lived in Wolseley for eight years and was frightened when the fire incident made the news. She thinks that a parental awareness-based gang strategy "sounds like a lot of talk."

"If you have parents who don't care it won't make much of a difference ... I definitely don't walk around here late at night," she said.

Emil believes that tougher consequences for repeat offenders would help deter youth crime.

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STREETER

BY MARIA LAUREANO

Q: DO YOU FEEL SAFE WALKING AROUND THE UNIVERSITY?



Marika Prokash
Fifth year, English
"For the most part, but it would be nice to see the area more populated."



Mekala Wickramasinghe
Fourth year, business administration
"Daytime, yes. Nighttime, only areas with cameras or if I am with a group or SafeWalk."



Sheilana de la Cruz
Fourth year, sociology and psychology
"Yes, why not ... with a bunch of people ... I'm here everyday."



Randy Adams
merchant, Jojo's Emporium (Vancouver Island)
"From the newspaper it's not safe to walk around Winnipeg, but we've been here before and have not been troubled."



Sam Engelking
owner, Casa Burrito
"I've never heard any issues so I feel safe ... I think the UW campus is safe."



Roger Gaudry
reception/security, CBC Manitoba
"Yes, I think security is pretty good around the university and CBC."

One great city after all

Winnipeggers may have an inferiority complex, but there are benefits to this city

CAITLIN LARID
BEAT REPORTER

From tongue-in-cheek *Simpsons* references to 'The Weakerthans' iconic proclamation, "I hate Winnipeg," at times it feels as though the joke is perpetually on the residents of this city. Add this to the fact that Winnipeggers aren't exactly quick to rush to the defence of the supposed "one great city." Residents seem to have developed something of an inferiority complex for a place that is more akin to a prairie town than a bustling metropolis.

But this collective sense of shame may be misplaced, especially when the city is compared to rapid-growth cities like Calgary and Toronto.

"Winnipeg, as a slow-growth city, compared to places like Calgary, has weathered the recession well because we don't have a boom economy, based on one profitable resource," University of Winnipeg politics professor Christopher Leo said.

Leo suggested that Winnipeggers suffer from a collective inferiority complex on his blog in a post



that examined our feverish desire to score an IKEA outlet.

"Winnipeg may in fact be one of the least hard-hit areas in the world when it comes to the recession," he wrote. "So slow growth isn't a negative thing, it's all in how it is managed by policy makers."

Former director of provincial planning Jacqueline East agrees with Leo that understanding the benefits of slow growth will help the city embrace its identity and stop trying to emulate other cities.

"We are sort of desperate to pull forms from other places and impose them on Winnipeg," said East. "With rapid-growth cities,

the problem now is the economy. When infrastructure is scrambling to accommodate new communities it can be hard to manage."

She also cautioned against the boom envy Winnipeggers feel while looking at places like Alberta.

"When growth is slow, changes are incremental, whereas a big boom can also mean a big crash," she said.

While slow growth presents its own set of challenges, East said it allows time for planning.

"We need to understand growth and development in a Winnipeg context and not always look to what is happening in places like

Toronto and attempt to duplicate it. Winnipeg is very unique. There's definitely a positivity and beauty that comes out of it. Many cities in Europe face similar slow-growth issues and there is a sense there of embracing it."

U of W arts student Ashley Gentes has lived in Winnipeg her whole life. She said that while she definitely thinks there is an underlying sense of resistance among Winnipeggers when it comes to celebrating their home town, she wouldn't trade it for big-city life.

"People always say how much it sucks here, but it's also home."

New deal for young New Democrats

MYND members can now vote directly for their preferred candidate

ETHAN CABEL
BEAT REPORTER

The youth faction of the Manitoba New Democratic Party is making headlines over a decision that has changed the group's delegate selection process for the Oct. 16 convention.

Initial party rules outlined that the selection of the Manitoba Young New Democrats (MYND) delegates would be similar to that seen at the riding level – a meeting where riding members vote for delegates to represent them at the convention. The party recently circumvented those rules. MYND members will now vote for the candidate of their choosing (Greg Selinger or Steve Ashton), with delegates being divided proportionally based on that vote.

A meeting was held for Winnipeg members to vote for candidates this past Tuesday, Oct. 6, in the University of Winnipeg Bulman Centre, while rural members cast mail-in ballots.

"I think many people would like to change the selection process overall," said Sarah Zaharia, MYND co-ordinator for Greg Selinger's campaign. "Because the MYND is an affiliate of the party



MYND co-chair Emily Clark thinks the new voting system will make it less confusing for young New Democrats.

[unlike a riding association] ... we were able to change the process for the better."

MYND comprises any member of the party between 14 and 25. As such, the membership is spread across the province and makes a province-wide selection meeting unlikely.

"The system works fine in smaller constituencies," said Emily Clark, co-chair of MYND. "I believe the decision was made to make it less confusing ... they did not want to disenfranchise any young voters."

At the start of the campaign, there could have been up to 400 delegate hopefuls on a mail-in bal-

lot. With the changes, each member voted for either Selinger or Ashton, decreasing the likelihood of confusion and spoiled ballots, said Clark.

MYND receives one delegate per 10 members. With over 1,000 members, MYND will be represented by

"Obviously we are only one segment of a large party, but if the race is close we have the opportunity to play a very crucial role."

- DEVIN JOHNSTON, MYND MEMBER

107 delegates at the convention.

Additionally, MYND members can run as delegates at the riding level, increasing youth representation in a convention with 2,000 delegates. With an upsurge of over 800 new MYND members, the group is confident they can make a difference.

"In general I think the youth wing brings a lot of life to the party, particularly during election," said Devin Johnston, a member of MYND. "Obviously we are only one segment of a large party, but if the race is close we have the opportunity to play a very crucial role."

The MYND has been advocating for increased access to post-secondary education, greener policy initiatives and the creation of a minister to liaise with the youth of the party.

Local News Briefs

Compiled by Kip Guenther

RCMP STEPPING UP SEAT BELT ENFORCEMENT

During the month of October, Manitoba Royal Canadian Mounted Police will be setting up check stops throughout the province in an effort to crack down on motorists not wearing seatbelts and not using child restraints. RCMP will be especially present during the weekend of Oct. 9 to 12.

Check stops will include traffic units from detachments across the province.

"Our aim is to remind the driving public not only that wearing a seat belt and using child restraints reduce serious injury and death, but also that it's the law," said assistant commissioner Bill Robinson, commanding officer, RCMP "D" Division.

CHURCHES BAN HANDSHAKES

To stop the spread of the H1N1 virus and help curb fears, Catholic churches have been advised by the Catholic archdiocese to take preventative measures during church services. Instead of shaking hands during the Rite of Peace, church goers are encouraged to give a simple "bow of the head."

A spokesperson from the archdiocese office of Winnipeg said the changes would only be in place during the beginning of the cold and flu season. Dr. Joel Kettner from Manitoba Health said the changes were voluntary and were not recommended by Manitoba Health.

DOER TO ATTEND GLOBAL CLIMATE SUMMIT

Premiere Gary Doer is attending a global climate change summit in Los Angeles, co-hosted by Gov. Arnold Schwarzenegger and New York Gov. David Paterson, among others. Doer will be involved in panel discussions on national and regional co-operation featuring Nancy Sutley, chair of the White House Council on Environmental Quality.

Doer, along with regional leaders from all over the world, will be there to promote regional government action on climate change.

"We must continue to work together to shape global policy as we prepare for the international agreement that we hope will be completed in Copenhagen later this year," Doer said.

MANITOBA POPULATION GROWTH BEST IN NEARLY 40 YEARS

Manitoba has experienced its best growth rate in 38 years, growing by nearly 16,000 people during the past 12 months. The driving force behind the population boom is people coming from other provinces and countries. Statistics Canada reported Manitoba's population grew at a rate of 1.32 per cent, which is much higher than the national average of 1.24 per cent.

The Provincial Nominee Program was responsible for much of the recent growth. Three-quarters of the 13,000 individuals who came Manitoba during the last 12 months were nominees of the program.

WELCOME PLACE GETS A NEW HOME

The City of Winnipeg, the government of Manitoba and the federal governments are putting up \$4.4 million for the construction of a new 25,000-square-foot apartment complex for Welcome Place. The agency provides newly arrived refugees with temporary housing until they are settled. The complex is currently under construction. Residents will be able to move in spring 2010.

"The Government of Canada is working to provide Canadians a hand up so they can one day join in the Canadian dream and own their own home," said Steven Fletcher, Minister of State (Democratic Reform).

Is anybody here a doctor (or nurse)?

Province spends millions to retain and attract Manitoba doctors and nurses

ETHAN CABEL
BEAT REPORTER

The Manitoba government recently announced an investment of over \$2.1 million to fund a large, multi-tiered strategy to recruit and retain Manitoba doctors. The investment has caused many to speculate whether there is a shortage of medical practitioners in Manitoba and whether the province is doing enough.

The scarcity of physicians is widespread but far more noticeable in rural and remote areas of the province. Manitobans frequently experience difficulties finding a family doctor, said a registered nurse who requested anonymity.

The \$2.1 million fund, announced in late August, is divided into several areas. Those areas include a \$90,000 repatriation fund that would seek out and encourage Manitoba medical students, studying in other provinces or abroad, to return to Manitoba.

The new strategy would also invest \$500,000 for a physician resettlement fund to create more incentives, covering moving and other expenses, for doctors to practice in rural Manitoba.

There are also questions as to whether nurses are joining physicians in seeking employment elsewhere.

Human resources systems for



registered nurses are not integrated with the records kept by employers, so it is difficult to track whether or not Manitoba nursing graduates are leaving the province, or leaving the profession entirely. What is known is that the province is unable to compel nurses to stay in the province, and further unable to control where they seek employment. As a

result, there are continued shortages in rural areas, said the nurse.

The announcement of a physician recruitment strategy comes while the Manitoba government invests \$134,000 in a Medical Careers Exploration program (as part of the government's Bright Futures program) that would see youth at the largely aboriginal

"We have adopted many different programs because it is important for aboriginal students to go into medical practice in order to assist their people at that [medical] level."

- DIANE MCGIFFORD, MINISTER OF
ADVANCED EDUCATION AND LITERACY

Children of the Earth High School learn more about the possibilities of a medical career.

"We have adopted many different programs because it is important for aboriginal students to go into medical practice in order to

assist their people at that [medical] level," said advanced education minister Diane McGifford.

Students who were once ambivalent about a post-secondary education are now interested in university, particularly in the medical field, she added.

"If you can get high school students interested in medical practices early on then they are more likely to commit to a medical career in Manitoba," said Brenda Stutski, director of nursing innovation and research at the Health Sciences Centre. "And the programs in place for aboriginal students should be made more available for other students as well."

A recent national survey conducted by Student Awards Inc., a free service to help students find scholarships and bursaries, found that this year 91 per cent of nursing students are starting out with less than \$5,000 devoted to their education.

"We do a lot of internship placement for aboriginal students, but I think nursing students would benefit from good paying summer jobs as well," said Stutski.

"What prevails in one province doesn't necessarily prevail in another," said McGifford. Manitoba post-secondary education is among the most subsidized in the country and any kind of national survey can skew numbers, she said.

ILLUSTRATION BY JONATHAN DYCK

World heritage site in question after Doer announces 10-year delay

Other government officials deny there will be a delay

SAMUEL SWANSON
BEAT REPORTER

The timeline for the establishment of a 4 million-hectare world heritage site (WHS) on the east side of Lake Winnipeg has been called into question and unresolved since mid-August, when Premier Gary Doer said it will take another 10 years for the WHS designation to be complete.

"It will take longer but it will be more sustainable for the people living in that area and more sustainable for our planet," Doer told a New Democratic Party convention in Halifax on Aug. 14.

Conservation minister Stan Struthers said this quotation is taken out of context and that the delay is not real.

"Things are moving along just as they should," he said. "The provincial government, under the current premier, has been absolutely supportive of this site and that element of priority will remain there even after the leadership contests later this month."

The site will be recognized internationally as part of the United Nations Educational, Scientific and Cultural Organization (UNESCO)



The government insists the process for creating a world heritage site on the east side of Lake Winnipeg is moving along as planned.

"The premier, on YouTube, in a large public gathering, told the world it'd take another 10 years."

- GAILE WHELAN ENNS, DIRECTOR OF
MANITOBA WILDLANDS

once First Nations groups in the area approve.

"The documentation will be ready to be submitted to UNESCO in 2012," said Struthers. "We've been at this for 10 years, but it's not 10 years on a go-forward basis."

However, not everyone is

convinced.

"The premier, on YouTube, in a large public gathering, told the world it'd take another 10 years," said Gaile Whelan Enns, director of Manitoba Wildlands. "There's some nasty questions here, like: Is the premier making policy and making announcements when he already knows he's going to be the ambassador to the United States?"

"I don't think any of the communities, government staff, or other partners in the WHS are aware of this decision, this delay," she added.

Struthers maintains that the heritage site is not looking at a 10-year delay and that the work with UNESCO will be finished by 2012.

Our big, fat public sector

Study shows Manitoba's public sector bigger than most, but still overworked and understaffed

SAMUEL SWANSON
BEAT REPORTER

A recent study from the Frontier Centre for Public Policy shows that Manitoba's public sector is larger than other provinces and that we're paying more for it than other provinces.

"There are substantial differences from province to province in terms of level of employments and in terms of how much public employees are paid," said Ben Eisen, policy analyst with the Frontier Centre for Public Policy.

Manitoba's public service is very large at the per-capita level compared to other provinces, according to Eisen.

"[Manitoba] has the largest pay premium of any other province. The pay premium is the difference between what public servants are

paid and the average wage across the province," Eisen said.

The pay premium for Manitoba public administration employees is 50 per cent, a high percentage compared to provinces such as New Brunswick at 30 per cent and Alberta at 24 per cent.

"Just by trimming the costs to match Saskatchewan, which is a very comparable province ... you save about 80 million bucks a year," said Eisen.

But are cutting costs to the province's economy the best way to keep a lean provincial budget?

"Wage freezes or cuts, layoffs, the involuntary extension of collective agreements, back to work legislation and other restrictions of union rights have all become routine in the public sector," said David Camfield, professor of labour studies at the University of Manitoba. "As a result, the quality of work life has deteriorated. Cuts to staffing levels and work reorganization have made jobs harder."

Staffing shortages and overworked staff have been recent complaints from public worker unions. Despite the high-rolling status of Manitoba's public sector, it's unclear how the provincial government could justify any job or pay cuts.

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More corn in your car

Manitoba first province to mandate use of biofuel

ALEXANDER KAVANAGH
VOLUNTEER STAFF

Manitoba will soon be the first province in Canada to have mandated the use of biodiesel. As of Nov. 1, all fuel sold in Manitoba will be required to contain two per cent biodiesel.

Energy minister Jim Rondeau said this new mandate will reduce greenhouse gas emissions by an estimated 56,000 tonnes, which is like taking 11,000 cars off the road annually.

"The gain on biodiesel is about five to seven times higher energy input versus output," said Rondeau.

Concerns have been raised by many that the use of food crops could result in higher prices in grocery stores. When asked if this would be the case Rondeau said, "Of course not."



Manitobans will soon be pumping two per cent biofuel into their tanks every time they fill up.

"The gain on biodiesel is about five to seven times higher energy input versus output."

-JIM RONDEAU, MINISTER OF SCIENCE, TECHNOLOGY, ENERGY AND MINES

"Biodiesel manufacturers are using off-grade canola which can still be used as feed for livestock once the oils have been removed," he said.

There are also byproducts that can be made from biodiesel pro-

duction. One byproduct, glycerol, can be converted into a natural gas through a process called anaerobic digestion, said Nazim Cicek, associate professor in the biosystems engineering department at the University of Manitoba. This can

in turn be harnessed to heat the very plants that are manufacturing biodiesel.

Though Cicek works with the byproducts of biodiesel production, he is not in favour of using food crops for fuel.

"I would much rather use waste products," he said.

Cicek said there is a benefit for manufacturers to use waste products in the making of biodiesel, such as deep fryer grease. Approximately 80 per cent of the value of biodiesel made from food-based crops will go towards paying the farmers. Waste products can be obtained for little to no cost, since the fryer companies are trying to get rid of it anyway, Cicek said.

When asked about the research into using waste sources for biodiesel production, Rondeau said, "I'm pretty sure we're the ones paying for that research. We're funding a whole bunch of new renewable energy sources."

The Manitoba government plans to continue seeking out alternative energy sources such as a possible bio-reactor landfill that has been proposed for the Brady landfill, which could be used to provide heat to all of Waverly West.

PEOPLE WORTH READING ABOUT

The multi-million dollar man

Local entrepreneur Daren Jorgenson is involved in just about every business imaginable

CAITLIN LAIRD
BEAT REPORTER

Daren Jorgenson is the anti-ego-maniac. His business interests read like a quilt: He owns the infamous Royal Albert Arms – which has been called the CBGB's of the north – the award-winning and visually stunning hair salon Vault and Four Rivers Medical Clinic.

Jorgenson first made it big as an Internet pharmacist. Yet any reference to his prodigious entrepreneurship makes him uncomfortable.

"You have to be careful what you say. People tend to attack you or accuse you of having a huge ego," he said. "The more visible you are the more this tends to happen. That's why I like to keep a low profile. I like to be involved with projects, but I don't put that out there for the public, because it invites that kind of scrutiny."

Jorgenson's humility is disarming, but somewhat unsurprising when you consider his background.

"My parents were 16 when I was born. I grew up in public housing and moved to Winnipeg when I was eight," he said.

Jorgenson credits his blue-collar upbringing for fostering his ambition.

"In that situation you learn how to hustle. I stole some cars when I was in the ninth grade and sold drugs from Grades 9 to 12."

Jorgenson eventually went to university and after a few proverbial bumps in the road – including dropping out for a time in his first year – graduated as a pharmacist in 1991. His career in the medical field was how he eventually achieved monolithic monetary success.

Still, any attempt to praise his ingenuity at being a so-called



Daren Jorgenson came under fire in 2007 when he bought the Royal Albert Arms. Some Winnipeggers feared he would shut down the historic music venue.

"Internet pharmacy pioneer" is met with skepticism.

"With the Internet pharmacy thing, anyone who was there at the beginning just got lucky. I see myself as an average guy," he said.

Jorgenson has since sold his pharmacy business, but at its high point, the Jorgenson Group of Companies was pulling in \$350 million a year.

Graciousness and good luck aside, there is a certain tenacity that one must possess in order to rise to such stature without the backing of privilege.

"Daren is a very aggressive person. Sometimes it's a good trait and sometimes he gets in your face," said Dennis Meeches, former chief of Long Plain First Nation. "But he has a very powerful story. He's an exciting person to work for. Speaking for First Nations, we've been head-butting with the govern-

FIVE MORE THINGS YOU MAY NOT KNOW ABOUT DAREN JORGENSEN

⇒ "I believe that marijuana and prostitution should be legalised, taxed and regulated."

⇒ "I drink too much."

⇒ "I like the Harper government."

⇒ "I love Disney World and have done it every year for the past 15 years."

⇒ "I once spent three days in the Remand Centre."

ment for a long time. Now, we have an advocate outside of the community in Daren."

Meeches now works for Jorgenson as director of aboriginal health care and business solutions with Four Rivers Medical Clinic, which has expanded into providing health care for urban reserves.

Among his many interests, Jorgenson is a staunch advocate for First Nations issues, particularly in regards to health care.

"I first met Daren before he was very successful, when he came to Sagkeeng to open a pharmacy," said Phil Fontaine, former national chief of the Assembly of First Nations. "He went on to open one of the first pharmacies on a First Nations community and he did it well."

Jorgenson has developed a three-point plan for health care in Canada, which involves universal health care with hard limits on what is affordable, private health care with taxation to be funneled into universal health care, coupled with an independent watchdog agency, and globalization and out-

sourcing of health care.

"I think our ideas about health care are right on," said Jorgenson. "Especially when it comes to outsourcing, like how we are sending people to Cuba for treatment. No matter what universal health care system is created, adopted or modified, no system will be able to keep pace with funding of future health-care advances. Thus, politicians cannot state that they can 'fix' universal health care or, as in the present U.S. political debate, create universal health care without stating that what we create in terms of equality of access today will not be sustainable in the long-term."

"Daren is like a thorn in the side of the government because he is trying to change the status quo," said Meeches. "They wonder what to make of him."

Jorgenson does little to mask his disdain for the political process.

"Daren is an action man and anybody who wants to take action over simply talking is bound to butt heads," said Winnipeg Harvest executive co-ordinator David Northcott, who worked with Jorgenson on a poverty reduction council. "But he is a very fair person," he added, in reference to Jorgenson's sense of ethics within the world of enterprise.

Jorgenson admits he has had to scale back his ambition as of late, as a tendency towards over-extension destabilized his finances over the last couple of years.

"The last two years have been the toughest yet. I have had business successes but also business failures," he said. "I don't think all of my ideas are correct. I've had stupid ideas."

International News Briefs

Compiled by Brooke Dmytriw

LEBANESE CLERICS SCUTTLE SAMBA SHOW

TIRE, Lebanon: A Brazilian samba show was canceled after local Muslim clerics denounced the performance as obscene. The troupe had been touring the country, performing at open-air venues. The clerics released a statement saying they support tourism but viewed the dancing and costumes as offensive. The predominantly Shiite city council decided to cancel the show after they consulted with politicians and security, reported Reuters. The Brazilian troupe performed in Beirut the week before without interference.

IG NOBEL PRIZES FOR IRISH POLICE, ZIMBABWE BANKER, ICELANDIC EXECUTIVES

CAMBRIDGE, Great Britain: The Ig Nobel prizes were awarded, and winners included the governor of Zimbabwe's Reserve Bank (mathematics) and Mexican scientists (chemistry), who created diamonds from tequila, the BBC reported. The awards recognize achievements that make people laugh and make them think. The humorous accomplishments are presented by former Nobel laureates.

This year's winners included the executives of the Icelandic banks for their successes in economics. The physics award went to researchers at the University of Cincinnati for calculating why pregnant women do not topple over. Literature was awarded to the Irish police for writing over 50 traffic tickets to the most prolific driving delinquent Prawo Jazdy, which in Polish means "Driving Licence." Gideon Gono from the national bank in Zimbabwe won for mathematics by providing citizens with a wide range of numbers in the form of currency.

ARMY COMMANDER CAUGHT DRINKING WITH THE ENEMY

KINSHASA, DRC: An army officer was suspended after it was discovered he had been drinking with the enemy that led a rebel attack against his men, Reuters reported. According to the United Nations peace keeping forces, Maj. Leon, the head of operations in North Kivu province, was accused of drinking with Mai Mai rebels before they led an attack that killed six people. Government forces have been battling Rwandan Hutu rebels in northern and southern Congo. Recently, 20 rebel factions halted their participation in peace settlements, accusing the Congolese government of failing to respect arrangements granting them command positions in the army. The Democratic Republic of Congo has been in a civil war since the early 1990s.

"HITLER" SKULL FRAGMENT BELONGED TO WOMAN

STORRS, Connecticut: Researchers have determined the skull fragment found in Hitler's bunker, believed to be the Nazi leader's cranium, belonged to a woman. The Associated Press reported DNA tests showed the piece of skull, found with a bullet hole and kept in Russian archives since 1945, was that of a woman in her 20s to 40s. Scientists at the University of Connecticut conducted the tests on the skull but could not ascertain whether it belonged to Eva Braun, Hitler's female companion who was found with him, dead from suicide.

The cranium is part of a collection of Hitler artifacts housed in Moscow by the Russian State Archive. When the Soviets came upon the bunker in April 1945, Braun and Hitler's bodies were removed from a shell crater. An autopsy, conducted shortly thereafter, allegedly recorded Hitler's head was missing part of his skull. Officials supposedly went back in 1946 and found the examined piece of skull.

Campus News

A tight squeeze

Juice journal found funding just in time

COURTNEY SCHWEGEL
CAMPUS BEAT REPORTER

A communal sigh of relief accompanied last Friday's launch of the ninth edition of *Juice*, the University of Winnipeg's student creative writing journal. This year, the journal, which in the past received the majority of its funding from the UWSA, scrambled to secure funds from other sources to cover publishing costs.

"We were really scared for the future of this publication," said Kelly Nickie, one of the journal's

"I just said, 'Listen, I don't care; I am going to find a way to fund it this year.'"

- NEIL BESNER, VICE-PRESIDENT
STUDENTS AND INTERNATIONAL

student editors.

Although the UWSA was not able to cover the entire publishing cost, UWSA president Jason Syvixay said that along with a \$500 contribution, they committed themselves to helping find *Juice* other sources of funding.

"We didn't recognize it as a lost cause," Syvixay said. "We did a lot

of behind-the-scenes work with [the editors] and a lot of liaising with other services on campus for funding."

Syvixay approached Neil Besner, vice-president students and international, and Brian Stevenson, provost and vice-president academic, and asked them to provide funding for *Juice*. After a series of meetings with Syvixay and the *Juice* student editors, Besner and Stevenson agreed to split the remaining funding for the journal's publication.

"I just said, 'Listen, I don't care; I am going to find a way to fund it this year,'" Besner said, adding that cuts had to be made to their respective department's budgets in order to accommodate *Juice*.

"We just kind of scraped the money together," he said.

Although Besner said he and Stevenson were happy to contribute this year, they will not be able to provide ongoing funding for *Juice*.

Nickie said the *Juice* editorial board is working to secure a long-term source of funding for future publications of the journal.

Juice is now a registered charity through the University of Winnipeg Foundation, giving students, alumni and the public a chance to donate funds directly to the publication.

Nickie hopes this will provide some of the funding for the journal, but said they are still seeking more secure sources of funding.

Syvixay is pleased with the outcome of the situation and feels an



Juice editor Kelly Nickie speaks at the *Juice* 9 launch on Sept. 25. The journal almost wasn't published this year.

important lesson was learned in the process.

"What is good about the whole process is upholding *Juice* accountable for their business plan," he said. "They started looking at ways to reduce the cost of their publication." He added that *Juice* cut their publication costs this year by about \$1,000.

Nickie said she is grateful the UWSA helped them find more funding to ensure the journal continued to be published.

"It was really great that they helped us connect with these people on campus and to discuss ways to get funding through them," she said.

WESMEN PLAYER PROFILE

No Duff

Wesmen volleyball star originally cut from high school team

SARAH REILLY
VOLUNTEER STAFF



Justin Duff is in his fourth year with the Wesmen.

Today, watching Wesmen volleyball star Justin Duff, it's hard to believe that in Grade 9 he was cut from his junior varsity team. The six-foot-seven middle hit a growth spurt during Grade 9 and tried out again in Grade 10.

This time, he made it. When the season ended, Wesmen head coach Larry McKay invited Duff to try out for the Strike Volleyball Club, where Duff's volleyball career took off.

Duff graduated from Maples Collegiate in 2006 and joined Team Canada right away. Last summer, Duff returned to the National B team, which placed sixth at the World University Games in Serbia and second in Mexico's Pan American Cup finals.

Duff loved the experience. "Just to play that much volleyball, six hours a day, every day of the week, it was great."

Now in his fourth year with the Wesmen, Duff has been to the Canadian Interuniversity Sport National Championship twice. He was a part of the national championship winning team in his first year and the silver-medalist team in his second year.

When asked to share his favourite Wesmen memory, Duff re-

called the CanWest quarterfinals last season. The Wesmen faced the CanWest number two ranked Calgary Dinos, who beat the Wesmen twice during the regular season. Duff described the three-game series as "five-set marathons." The Wesmen lost the first game to the Dinos but came back to win the second.

By the last day, Duff was so exhausted he stopped jumping in practice, thinking, "If I jump now I won't be able to jump in the game!"

This year, Duff is happy to have his younger brother Bradyn join the Wesmen men's basketball team. Wesmen fans can look forward to watching both Duffs in action in the coming weeks.

The next home game for men's basketball will be at the Pembina Chrysler Invitational on Friday, Oct. 23 (time TBA). The Wesmen men's volleyball team plays at home Friday, Nov. 13 at 8 p.m. against cross-town rivals, the University of Manitoba Bisons.

CAMPUS AND COMMUNITY LISTINGS

COMMUNITY EVENTS

On Saturdays until Nov. 7 attend a mandolin workshop with JAXON HALDANE at the Folk Exchange.

Challenge your brain with host ACE BURPEE at the first annual MANITOBA LOTTERIES TRIVIA CHALLENGE in support of the Alzheimer Society of Manitoba on Thursday, Oct. 22 at Stereo Nightclub. 7 p.m.

BEGINNING EXPERIENCE, a non-profit peer support group for the recently separated, widowed or divorced persons, is holding a retreat weekend Oct. 23 to 25. For more information call 275-3090 or visit www.winnipegbe.ca.

FREE INTERNATIONAL STUDENTS CLASS. An opportunity to meet with other students and Canadian friends while learning English and the Bible. Takes place on Sundays from noon to 1:30 p.m. at Elim Chapel, 546 Portage Ave. For more information call Val & Veda Chacko at 257-1670.

ON CAMPUS

SMART START, a study skills workshop series, helps students improve their study skills and succeed in university level courses. Mondays and Wednesdays, 12:30 to 1:20 p.m. in room 1L04. Register in advance by calling 786-9863 or emailing a.weir@uwinnipeg.ca.

Every Thursday evening until Nov. 26 you can attend the NEUROSCIENCE LECTURE SERIES where experts discuss their work in the field of neuroscience. Register with n.stokes@uwinnipeg.ca.

The UWSA SAFEWALK PROGRAM is looking for volunteers to walk students, faculty and staff to their cars, bus stops or residences within a reasonable distance. Each four-hour shift will receive an \$18 honorarium.

Every Wednesday from 12:30 to 1 p.m. there is an interfaith university chapel service in the Carl Ridd Sanctuary in Bryce Hall. All are welcome.

VOLUNTEER OPPORTUNITIES

Help inner city school children through CHOICES YOUTH PROGRAM. Just call Kasia Buchman at 470-5651.

The Canadian Red Cross is looking for volunteers in their Humanitarian Issues Program to organize events and facilitate workshops. For more information contact Jennifer at 982-6737 or jennifer.montebruno@redcross.ca.

The MANITO AHBEE FESTIVAL is looking for volunteers for the celebration of aboriginal music, art and culture. The festival runs from Nov. 4 to 8. Visit www.manitohabee.com or call 956-1849 for more information.

WANT TO SEE YOUR EVENT IN THE UNITER? SEND AN EMAIL TO LISTINGS@UNITER.CA.

The deadline for all listings to appear in the print edition is Wednesday. The Uniter is published every Thursday, so send your listings 8 days prior to the issue you want your listing to appear in. It's free. It's easy.

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When it's more than just stress...

Beginning university can bring out mental illnesses in students

WESLEY JOHNSTON
VOLUNTEER STAFF

Mental Health Awareness Week is Oct. 4-10 and students across Canada should pay attention.

"From age 15 to age 20, it took me five years to finish what would take most people two years, in terms of high school," said Lauren Janson, a first-year University of Winnipeg student. "[Afterwards] I spent my last two years [from 20-22] trying to get my symptoms under control and trying to find the right medications. Finally I registered for university, and just before I started my first week of class I had to be hospitalized, and again had to have my meds changed. So I literally first started attending classes as an inpatient on pass from the psych ward ... Not cool."

Janson suffers from post-traumatic stress disorder (PTSD). Janson's illness can cause episodes of anxiety and depression.

"I think that every period of life will have stress. And if you're predisposed to a mental illness, for example anxiety, then any major change



Lana Stark, a peer support volunteer, understands the difficulties some students go through because she has gone through them herself.

or event in your life could bring it out," said Hilary Fast, a peer support co-ordinator at U of W.

Lana Stark, another peer-support co-ordinator, recalled an episode when her own mental health took a turn for the worse.

"I would go to my room and spend the entire weekend studying. I didn't go out to see friends ... I'd obsess over details, things the profs would never test us on. I started to think the professors wanted to fool me."

When Stark began talking to friends about the specific thoughts that were producing these anxieties, she realized they were irrational. She cut her study time in half

"I think that every period of life will have stress. And if you're predisposed to a mental illness, for example anxiety, then any major change or event in your life could bring it out."

- HILARY FAST,
PEER-SUPPORT CO-ORDINATOR

and returned to her friends; her mental health improved and so did her grades.

Unfortunately for those suffering

from full-blown disorders, talking with friends often isn't sufficient.

Claire Penner, a nursing student from the University of Manitoba, was diagnosed with bipolar disorder in 2001, at the age of 22.

She went on medication, but the side-effects forced her to stop taking them. In 2005, her symptoms returned and she was forced to withdraw from classes, after the voluntary withdrawal date.

"The school was very fair to me ... they allowed me retroactive VWs ... They treated it just like it was a real illness, or maternity leave, or surgery," she said.

"Universities, in general, are institutions that try to be very understanding," said Hinton Bradbury, a psychology professor at U of W. However, he also noted "if you're a student, and you miss eight weeks out of 12, obviously that can't be accommodated because you aren't a part of the class."

Janson raised another problem: even if the school is accommodating to a student's needs, it can be hard to seek help.

"They'll give you the opportunity to write a test in a different room and stuff like that ... But there still is the issue of having to ask. And there still is a lot of stigma."

Any student needing help can contact Counselling and Career Services at 786-9231 or visit peer support in room ORM13.

Security in numbers

UWSA SafeWalk service starts next week

COURTNEY SCHWEGEL
CAMPUS BEAT REPORTER

The UWSA SafeWalk program is gearing up for another year by recruiting volunteers to escort students, faculty and staff to their car, bus stop or residence at night. Six volunteers have been hired, with the hope of hiring one or two more.

The program, which provides service Monday through Thursday from 7 to 11 p.m. and Friday from 5 to 9 p.m., provides a sense of security for students who do not feel comfortable walking alone in the downtown at night. It will start by

Tuesday, Oct. 13.

Andrea Sokal, a third-year history student, is one of many students who feels vulnerable walking to her vehicle alone.

"I am a young female who carries her car keys ... and cell phone around," she said. "I am a prime target to be mugged."

Sokal, who used the SafeWalk program last year after a weekly night class, said although her parking spot in the bus depot parkade was not a far walk from the university, she felt a great sense of comfort with the SafeWalk volunteers.

"Downtown is scary at night and there is safety in numbers," she said. "Having some more people around is always nice."

Chris Rarick, supervisor for security services, agreed with Sokal that the program is successful at increasing people's comfort level in the area surrounding the university. While Rarick doesn't advise students to walk alone at night, he said the downtown is not as dangerous as many people perceive it to be.

"Reports from students regarding issues in the neighbourhood are very seldom," he said.

Volunteers free up time for security workers, who provide a 24/7 SafeWalk service in the area surrounding the campus. For students needing to be escorted to areas further away from

➔ SafeWalk co-ordinator Vanja Tubin said the program is a great way for volunteers to make some extra cash.

the university, a SafeRide service is available.

SafeWalk coordinator and former volunteer Vanja Tubin said that volunteering for SafeWalk is not only a good opportunity to become familiar with the area surrounding the university. It is also a great way to connect with students and staff.

Volunteers receive an \$18 honorarium for every four-hour shift they work.

"It's a good opportunity for students to make a little money," said Tubin. "If someone doesn't have a job ... they can spend one or two



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"Downtown is scary at night and there is safety in numbers."

- ANDREA SOKAL

Campus News Briefs

Compiled by Karlene Ooto-Stubbs and Courtney Schwegel

ATTENTION WINTER WAIT LISTERS!

If you are on a wait list for a Winter Term course, you are being advised to check your iam.uwinnipeg.ca email account for notifications on seat openings. Until Thursday, Dec. 17, the wait list processing program will be run every Monday and Thursday morning to identify open seats. These days are the best times to see if you have an available spot. Once notified you have 72 hours to claim your reserved seat. If you do not respond you will be dropped off the wait list. So don't hesitate to check your account.

QUALITATIVE RESEARCH GROUP AVAILABLE

The Qualitative Research Group at the University of Manitoba focuses on interdisciplinary collaborations between U of M faculty and local and international research communities. If you are a student who conducts focus groups, manages open-ended interviews, uses historical documents or actively contacts a data-collecting site, then you are welcome to join. The goal of the group is to assist students engaged in qualitative and mixed-method research around the world. Close to 100 participants from varied disciplines help to build the resources, with monthly emails announcing conferences, findings and discussions. To receive the monthly email newsletter, email Kerstin at rogerk@cc.umanitoba.ca.

GALLERY 1C03 HOSTS WIND COIL SOUND FLOW

Ken Gregory's exhibition *wind coil sound flow* will be on display in Gallery 1C03 for the month of October. Described as an "acoustic electromechanical system," the exhibition aims to find out what the wind would say if it could speak to us. Translating wind vibrations into harmonic frequencies, the display is based on the principles of the Aeolian harp.

Gregory's interest in human interaction with technology led him to a five-year study of kites with a view to creating wind instruments.

For more on Gregory's work visit www.cheapmeat.net.

U OF M JAZZ STUDENT WINS NATIONAL AWARD

Luke Sellick, 19, won the Oscar Peterson Grant for Jazz Performance worth \$10,000. The award is given to one Canadian jazz student every year by the Hnatyshyn Foundation. The bassist said he was up against stiff competition and was surprised he won.

"The judges are listening blindfolded basically. They're just listening for quality and for a bass player to win, jeez ... He's competing against pianists, drummers, saxophonists, all these melodic instruments that get your attention first. So for a bass player to win, that says something huge," said Steve Kirby, Sellick's instructor and the director of the Jazz Studies Program.

A student from the two-year-old program won this award last year, too.

REAPPOINTMENT OF CFS LOCAL 8 REPRESENTATIVE

University of Winnipeg Students' Association former president Vinay Iyer was removed from his position as liaison director for the Canadian Federation of Students Local 8. The motion was passed at the UWSA board meeting held on Monday, Sept. 28. Iyer was not in attendance.

Iyer failed to fulfill his duties as liaison director as outlined in the UWSA bylaws. According to the UWSA board meeting minutes, Iyer's attendance at UWSA board meetings was infrequent and he did not attend any CFS provincial meetings.

Comments

Stephen Harper, denier of colonialism

Fresh off criticism of Iranian leader, PM contradicts himself again



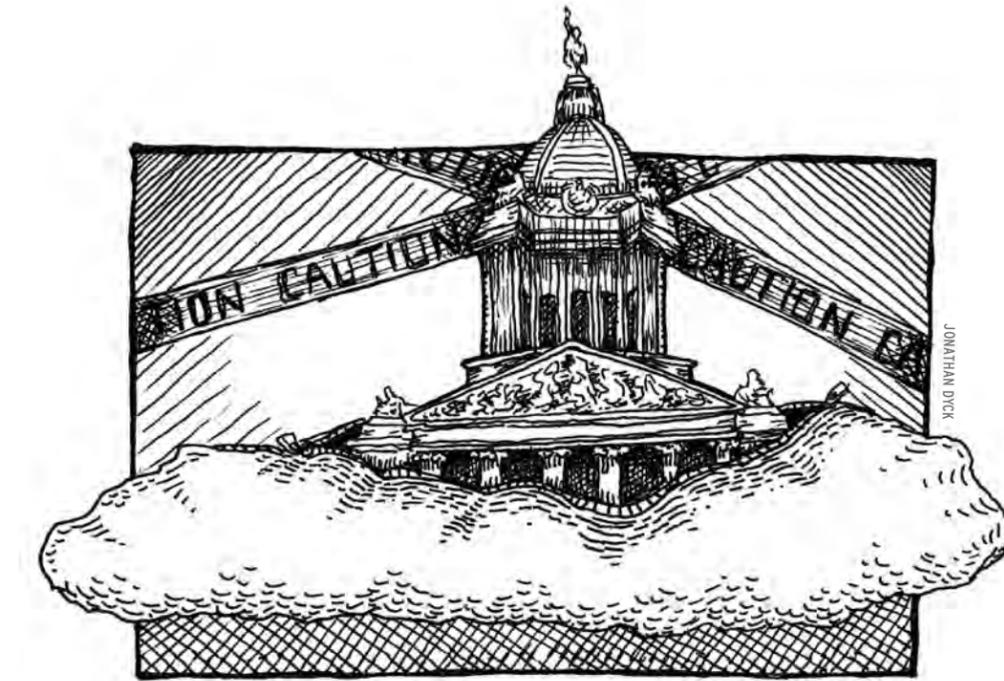
ANDREW TOD
COMMENTS EDITOR

Stephen Harper has a nasty habit of hypocrisy. If his political career thus far can be typified by anything, it is his eagerness to surrender his values to the throne of power.

Examples abound. For instance, though he fervently advocated for the creation of an elected Senate – both as the leader of the National Citizens Coalition and as a leader of the official opposition – as Prime Minister, he has instead engaged in a deluge of recent Senate appointments.

For the majority of his public life, Harper has celebrated the virtues of the uninhibited free market without waver. Yet, when the coalition axe threatened to come down on his government last winter, a brazen PM emerged from the rubble content to lecture the rest of the world's capitalist economies on the necessity of sensibly regulated banking systems – almost as though they had been his idea to begin with.

And then there was Harper at the G20 Conference last month in Pittsburgh. Fresh off reprimanding Iranian President Mahmoud Ahmadinejad at the United Nations for, amongst many other things, Ahmadinejad's reputation as an eminent Holocaust denier, Harper then uttered perhaps the most hypocritical decree of his career. In



front of the leaders of the 20 richest countries in the world, Harper attempted to doctor Canada's history by claiming that "we [Canada] have no history of colonialism."

Come again?

This claim would be laughable if it did not display a disturbing cleansing of Canadian history, by its elected leader no less.

Now, Harper has proven himself to be ferociously inept at reading Canadian history before. Once again, during the "coalition crisis"

of 2008, he endlessly reiterated that the attempted seizure of power was undeniably unconstitutional. As constitutional experts and everyday Canadians with some knowledge of how a parliamentary government operates began to refute his absurd claim, the PM switched tactics towards the more familiar drumming up of a "socialist and separatist" scare.

So when Harper chose to deny centuries of the sequestering, thieving, attempted assimilation and ex-

termination of Canada's aboriginal peoples, a blue believer might have chalked such a dim-witted comment up to Harper's apparent preference of opportunism over truth. After all, he was in the company of the most economically powerful nations in the world, so why not trumpet Canada?

The trouble is that his denial of the systematic expulsion, denigration and dispossession of Canada's original inhabitants is in league with the filth spewed out by

Ahmadinejad when he speaks of the Holocaust as "a lie based on an unprovable and mythical claim." Denying deliberate attempts to eliminate a population is abhorrent, regardless of the situation or the country in question.

But the question which remains to be asked of our dear leader – so far unasked by a silent Canadian media – is how Harper can justify such a blatant lie as Canada having no history of colonialism given his residential school apology of 2008?

While the residential school system was only one part of Euro-Canada's attempt to solve "the Indian problem," it nonetheless was an explicit expression of the belief that aboriginals were a population to be coerced into subservience to the Canadian state. We see the modern day expression of this belief with the continuance of the administration of aboriginals through the reservation system and *The Indian Act*.

As Harper himself said in his residential school apology, the goal of the school system was to "isolate children from the influence of their homes, families, traditions and cultures, and to assimilate them into the dominant culture."

If Harper's own residential school apology alone does not admit Canada's history of colonialism, I don't know what does.

Andrew Tod is a University of Winnipeg student.



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Canada

The original Gitmo

American prison gave rise to residential school model



BRIAN RICE
VOLUNTEER

As U.S. President Barack Obama begins the process of closing down the prison at Guantanamo Bay Naval Base, in part due to allegations of the illegal torture and abuse of prisoners, it reminded me of a similar situation that involved Native American leaders during the 19th century.

In the 19th century, the wars between the U.S. and Native Americans were just beginning

to wind down. The United States was implementing its "manifest destiny" policy, begun in 1845. Basically, the policy held that it was white America's predetermined destiny to take over the lands of Native Americans, to resettle them with people who were Christian by religion and of European descent.

As western Native Americans began to submit to the superior American forces, there was the question of what to do with those who had led the battles against the U.S. military. The solution was to cart them away to prisons. In all, over 175 Native American leaders were arrested and incarcerated, including Chief Spotted Tail of the Lakota and Geronimo of the Apache. The most notable of these prisons was Fort Marion in St. Augustine, Florida.

Years before, the U.S. had converted this old Spanish fortress into a prison. Its purpose was to incar-

Upon their arrival to these schools, in which they were subjected to harsh discipline, the children would have their hair cut off and would be dressed in military.

cerate what they considered to be the worst of the Native American leaders, beginning in the 1830s with a Seminole named Osceola. By the 1870s, Native American leaders were being handcuffed and shackled, then shipped by train in cattle cars to the prison where they spent years of deprivation and torture at the hands of the guards. Only after they had been pacified were they allowed to return to the reservations that were being set up for their people.

One of those in charge of overseeing the prison was Colonel Richard Pratt. Colonel Pratt, believing the Native American could

only be redeemed from savagery if caught young enough, convinced and probably coerced some of the leaders to give up their children. Pratt created boarding schools for these children where they would learn to be civilized and educated in the white man's ways. The two most famous schools were known as Carlisle and Haskell.

Upon their arrival to these schools, in which they were subjected to harsh discipline, the children would have their hair cut off and would be dressed in military attire. Pratt referred to it as killing the Indian to save the man.

Imagine the trauma these chil-

dren faced in having to not only have their hair cut off – hair being sacred to many Native American peoples – but also forced to wear the uniform of the soldiers who in many cases had killed members of their families.

The Canadian connection to the story occurs in 1879 when Flood Davin was sent by the Government of Canada to report on the success of these schools. American boarding schools like Carlisle and Haskell became the template for the residential schools in Canada where thousands of young aboriginal Canadians were subjected to the worst kind of sexual and physical abuses perpetrated by their overseers. These schools lasted for 90 years.

Brian Rice is an associate professor of education at the University of Winnipeg.

For those who hate taxes and love weed

New group claims to be your avenue to living above the law



ANDREW MCMONAGLE
NEWS ASSIGNMENT EDITOR

If the answer is marijuana, the unification of North America and good spelling, then the question is: What does the Peace Maker Society like, not like and not practice?

I found out about PMS (a memorable acronym if I ever heard one) by coming across one of their cards discarded on the ground. I love finding cards and this one proved to be a real gem.

The card starts out with the ambiguously English sentence "100% Legal 4 Green," then goes on to list an affidavit number and misspell Stephen Harper's name (giving him the francophone-sounding Stephan). It's also typeset so badly that the text is abruptly cut off at the bottom.

This was just my first impression of the group and I immediately wanted to learn more. I met with PMS founder Marcel "Marc" Bessette a few days later.

Bessette told me with pride that he has an IQ in the 130s and that he has several "geniuses" work-

ing with him. He also told me he smokes a quarter-ounce of weed a day. Really.

That was one of the few things in our conversation that I understood. The rest of the time he talked so fast that a hummingbird would get dizzy, all the while his eyes bugged open eerily. They weren't even red.

Bessette told me that PMS is a sovereign, self-governing society distinct from Canada who are also trying to save the country. While their literature lists legal marijuana as their passion, Bessette says their main focus is to prevent a North American Union.

This is the idea that Canada, the U.S. and Mexico will erase their borders. Bessette says this will happen within a year without the interference of the PMS. Never mind that the U.S. is still building that fence to keep the Mexicans out and it's getting harder every year for Canadians to travel south of the border without copious identification.

He told me that within a year, he will have opened satellite offices in "every Canadian city" and will have gathered the signatures of 51 per cent of the *entire* country to protest this union.

Whoever said stoners were lazy?

Acting under a claim of right, filed on Sept. 3 of this year, Bessette believes he and anyone in his so-

ciety are exempted from Canadian law. This is a real thing, and it seems to be at least partially true in this case. Ask him how he did it, if you can understand him.

On their Facebook group page, Bessette (under the name Marc Zurawell) mentions talking with the Winnipeg Police Service recently. I contacted WPS and asked if they were conducting an investigation. Terry Kolbuck, WPS Public Information Assistant would only tell me that they weren't. So far, so good, PMS-ers!

Also on the Facebook page is a small debate sparked by a potential member questioning some of the confusing information. Bessette got tired of defending himself after two responses and said, "You are no longer welcome in our society... so good luck to you." He goes on to say, "I get tired of explaining to people that are too stupid to understand."

Who says weed makes you unsociable?

PMS seems to be onto something really interesting, but it's hard to take them seriously with their far-fetched goals and manic drug use.

I look forward to being banned from joining.

Andrew McMonagle is a University of Winnipeg student.

Planting the seeds of victory

Liberals should want to legalize marijuana, not criticize it



ALEXANDER KAVANAGH
VOLUNTEER STAFF

Canada's marijuana laws have long been controversial in Canadian politics. Due to the stigma of being labelled "pro pot," politicians are often reluctant to advocate for the legalization of marijuana. Yet, the legalization of marijuana could be the issue to tip the scales for the Liberal party, should they advocate entrusting government with handling Canada's marijuana market.

Marijuana was first criminalized in Canada in 1923, but was still allowed to be used for medicinal purposes until 1932. It has been theorized that full criminalization was imposed due to the fact that it was too effective as medicine, rendering wealthy pharmaceutical companies unable to compete.

Shouldn't this tell us something about Canada's pot laws? If pharmaceutical companies are worried that marijuana could replace many of their high-priced prescription drugs, maybe it really is *that* good – medically speaking, of course.

Ontario's courts ruled in 2000 that pot laws in this country were unconstitutional and ordered that they be reviewed to allow for the use of medicinal marijuana. Additionally, a report issued by the Canadian Senate's Special Committee on Illegal Drugs in 2002 stated that pot should be legalized for recreational use and called for amnesty for previous small possession convictions. Opinion polls done by Angus Reid in 2007 showed that 55 per cent of adult Canadians polled were in favour of legalization for recreational use.

If the story told by polling is correct, out of an estimated 33 million Canadians, over 18 million think marijuana should be legalized. To put those numbers in other terms, that's almost four out of every seven Canadians. With this in mind, how can it be that only three out of seven Supreme Court justices voted in favour of legalization in 2003?

To take this argument even

further, just imagine the revenue the government could generate if they regulated and distributed pot. Likely, they could generate enough to solve many of the major issues facing Canada today, such as healthcare funding. Not to mention the numerous jobs that could be taken away from the illegal drug trade and created within already existing government organizations.

For instance, Manitoba's Liquor Control Commission could easily be adapted to handle the increased demands of government through legalization by simply adding an extra C, to read Liquor and Cannabis Control Commission.

As it stands, astronomical amounts of money are already being spent by Canadians on the purchase of a recreational substance which is no more harmful than alcohol. Why let all that revenue fall into the black market?

Our current federal government is far too "anti-drug" and "tough on crime" to ever consider putting the will of Canadians before their own punitive political agenda. To make matters worse, the only major political party who seems to have any real interest in seeing proper action taken in this matter – the NDP – will probably never be elected to power.

This leaves the Liberals, who are looking for a way to distance themselves from the Conservatives. Liberal leader Michael Ignatieff should promise to legalize pot, as it would probably be the issue that tips the scale in his favour, and land him the long-sought majority government.

Many NDP voters would likely vote Liberal if they made this issue part of their campaign, while many pot-smoking Conservative supporters would likely do the same.

So I'm calling on you, Michael Ignatieff, and your Liberal Party, to put legalization on the bill in the next federal election.

It might just be what puts you in power.

Alexander Kavanagh is a University of Winnipeg student.



ARNOVA ADAMS

Arts & Culture

Block rockin' beats

Moses Mayes masterminds mix it up with LeBeato

SAM HAGENLOCHER
VOLUNTEER STAFF

Public notice to all dance floor occupants: There's a new beat in town.

For nearly a decade, Moses Mayes has not only been this city's dance floor bread and butter, but also a vital component in Canada's funk fusion revolution.

But after two Western Canadian Music Awards, hundreds of live shows across North America and thousands of records sold, founders DJ Grant Paley, guitarist Mark Penner and keyboardist Nathan Reimer have a new groovy vision: LeBeato.

The project has been building since MM wrapped its third record, *Second Ring*, in 2007.

After playing with Mayes' ever-rotating band roster, guitarist Penner disclosed that LeBeato will be a much more concise effort.

"We [Paley, Penner and Reimer] became tired of always having to find new players [for the band], and really wanted to start something fresh, just the three of us," Penner said over the phone last week.

The band's sound, which Penner described as a melding of the rap,

pop and dance of the '80s with the more modern French house movement, is indeed something fresh in Winnipeg.

The live show is a visual extravaganza thanks to their frequent collaborator Skot Deeming, a Winnipeg visual artist, whose projections make the live experience a stunning feast for the eyes as well as the ears.

LeBeato's first audio offering, titled *Cherry Mix Vol. 1* and released this summer, is more of a mix tape than an album. The 16 tracks included are a handful of the threesome's many influences and provide listeners with a sample of things to come.

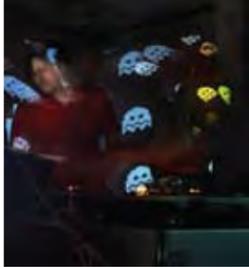
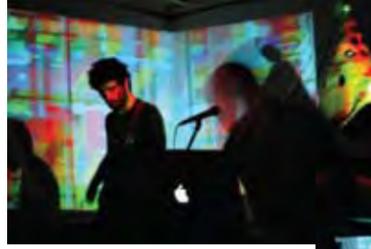
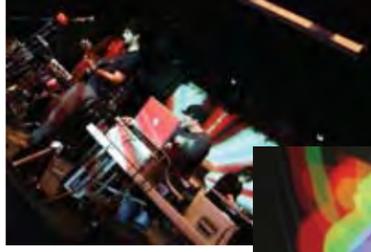
For months the trio has been earnestly grinding through songs, preparing for their upcoming full-length album. Penner expects it to be ready for release early next year.

"We're dealing with a considerable number of songs," he said. "It's a matter of reinterpreting them so that they work with the album."

Fans hungry for a new Moses Mayes album, though, may be in for a long wait. Now that LeBeato is the trio's primary focus, with the project becoming increasingly draining creatively, the future of Moses Mayes is uncertain.

"LeBeato is definitely taking over," Penner confirmed. "We're not really sure what will happen."

So you dance floor junkies out there, don't panic. LeBeato has your fix.



LeBeato loves MacBooks: *The Uniter* swears that we do not get paid by Apple every time one of their products appears in our publication.

PHOTOS COURTESY OF GRANT PALEY

- ⇒ See LeBeato on Tuesday, Oct. 13 at the Pyramid Cabaret (176 Fort St.)
- ⇒ The band will open for Shout Out Out Out Out. Not Animals will also perform
- ⇒ Tickets are \$13 in advance at Kustom Kulture, Into the Music and the Pyramid, or \$15 at the door
- ⇒ LeBeato also plays the Lo Pub (330 Kennedy St.) on Saturday, Oct. 31
- ⇒ Visit www.myspace.com/lebeato

PICK A POP

Inaugural festival celebrates all manner of pop music

If Send + Receive: A Festival of Sound isn't really your thing, don't fear: Pop! Et Cetera is here.

The brand new music festival, which began on Wednesday, Oct. 7, runs until Sunday, Oct. 18 at a variety of venues across the city.

In addition to performances by local acts like LeBeato, The Lytics and Royal Canoe, the festival includes performances by Montreal's Young Galaxy, Edmonton's Shout Out Out Out Out, Vancouver's Minto and Regina's Library Voices.

"The initial concept for Pop! Et Cetera 2009 was to launch humbly with a weekend of events and build on it the following year," co-ordinator Mike B explains on the festival's website, PopEtc.ca.

"Well, one weekend turned into two, which tumbled into approximately 12 nightly shows."

With popular pop music festivals already established in places like Montreal, it's about time Winnipeg got in on the action.

"2010 will see more bands, more venues, all-ages shows and various other components," Mike B promises.

"This is only the beginning [so] please stay tuned."

For more info, a complete schedule and a free sampler of some of the bands taking part, visit www.popetc.ca.

The Inaugural H. Sanford Riley Fellowship Lecture

Who Broadened Canadian History?

R a m s a y C o o k



Ramsay Cook

Monday, October 19, 2009

7:00 pm

Convocation Hall

Free – Open to the Public



In the 1970s and 80s, as universities admitted increasing numbers of students from regional, class, ethnic and genders formerly underrepresented, students began to wonder why their ancestors were so often absent from the history that they were taught. An expanded past was discovered and made part of what is now accepted... a more accurate and more diverse Canadian past.



THE UNIVERSITY OF
WINNIPEG

New dogs, old tricks

Saskatoon rockers play music inspired by the era of rock 'n' roll they like the most

MIKE DUERKSEN
VOLUNTEER STAFF

It's often said you shouldn't live in the past – but that old adage doesn't hold true for Saskatchewan rock outfit The Sheepdogs.

That's because the four members look like The Allman Brothers with their shaggy hair and grubby beards, sound like CCR with pop overtones and choose to indulge in records their parents grew up with in the earlier days of rock 'n' roll.

"We all like the music produced between 1964 and 1974 – the rock, pop and soul of that era. That's the music we listen to, so that's the kind of music we like to make," bass player Ryan Gullen said by phone last week, moments after pulling the band's tour van into Toronto following a long trip from New York.

"As far as looks, that goes with the music. I guess we all just want to look the part."

Having finished recording their third full-length album one day before leaving on tour, The Sheepdogs are playing 17 shows in 19 days. They'll stop in Winnipeg this Saturday, Oct. 10 for a show at the Times Change(d).

But life wasn't always as hectic for The Sheepdogs.

Rounded out by singer-guitarist



The Sheepdogs might stick out from the other guests if you invite them to a garden party, but boy do they sure rock!

"As far as looks, that goes with the music. I guess we all just want to look the part."

- RYAN GULLEN, MUSICIAN

Ewan Currie, guitarist Leot Hanson and drummer Sam Corbett, the band first formed four years ago in Saskatoon out of a common love for old music and a desire to create their own.

"We wanted a sound different from music out there today. New music is just so over-produced, over-compressed and over-analyzed to the point where they're taking every piece of music and making it so that every instrument is perfect," the 25-year-old Gullen said. "Every snare hit sounds the same over and over again, and the guitars are processed through the computer. We thought music recorded

in the '60s and '70s had a lot more character, so that's the style we were going for."

To achieve that sound, the band uses old recording techniques such as using only two mics to record the drums.

And for their latest outing, they employed mix engineer Bill Moriarty, who is known for his use of vintage analogue gear and producing warm '60s-noir sounds.

The Sheepdogs have also proven to not only possess a knack for heartfelt, old-time southern rock songwriting, but also a steady work ethic.

"An album should be an experi-

ence. Not just a couple of singles and a few shitty b-sides," Gullen said about the stock the band puts into a record.

The band has released two full-lengths and earned a nomination for best independent album of the year at the Western Canadian Music Awards for last year's *The Sheepdogs' Big Stand*.

The didn't win, but the weekend wasn't without any excitement. Gullen witnessed two teenagers break into Winnipeg singer-songwriter Romi Mayes' van.

When police arrived on the scene, Gullen gave the officers a couple of Sheepdogs CDs.

"These kids are in the back of the cruiser and the cops blast our CD as they pulled away," Gullen laughed.

"They not only got arrested, but they also had to listen to our songs all the way down to the police station."

⇒ See The Sheepdogs on Saturday, Oct. 10 at the Times Change(d) (234 Main St.)

⇒ The band's third CD comes out later this fall

⇒ Visit www.thesheepdogs.com

Stepping off the sidelines into the spotlight

Better known as a side-person for other people's musical projects, Julie Fader strikes out on her own with *Outside In*

AARON EPP
MANAGING EDITOR

You may not be familiar with the name Julie Fader, but chances are you're familiar with the bands she plays with.

The 30-something, Toronto-based musician is a touring member of Sarah Harmer's band, a member of Great Lake Swimmers and appears on Chad VanGalen's latest release, *Soft Airplane*.

That means she performed on not one, but two of this year's Polaris Prize-nominated recordings – the aforementioned *Soft Airplane* and GLS' *Lost Channels*.

"I was a little nervous [at the award ceremony] about the fact that I was performing in two bands that were nominated – I felt a little strange about that," Fader said recently by phone from a diner in Revelstoke, B.C., where she had just ordered a breakfast of potato pancakes.

"But once I was there and



Julie Fader is a multi-instrumentalist who plays the guitar, Wurlitzer, flute and melodica.

[Great Lake Swimmers' and Chad VanGalen's] tables were side by side, it was pretty sweet. It was a very friendly night."

Fader is currently on tour as part of VanGalen's backing band, which includes a stop this Friday, Oct. 9 at the Park Theatre.

The cross-country trek includes

a smattering of her own solo shows in support of her debut solo CD, *Outside In*.

A multi-instrumentalist who plays the guitar, Wurlitzer, flute and melodica, Fader recorded the CD at home over the past few years with her boyfriend, Graham Walsh of electronica quartet Holy Fuck.

"It was really important that Graham and I recorded this album together," Fader said. "Because we started it together, because we live together, because the songs were so personal and because it was sort of my first time putting myself out there."

Harmer, VanGalen, GLS' Tony Dekker and Erik Arnesen, Holy Fuck's Brian Borchardt, Justin Rutledge, A Northern Chorus' Pete Hall, Hey Rosetta's Erin Aurich and Apostle of Hustle's Dean Stone all showed up to help out.

The result is a gorgeous, warm, bewitching, multi-layered record that's earned Fader the moniker "spectral singer-songwriter" from one music critic.

"It's a really, really exciting feeling to have the record out there. The support I'm getting from people is overwhelming."

She hasn't scheduled a solo show in Winnipeg, but Fader is hoping it won't be long before she can come to the city to share *Outside In* live.

"You know who I've been pes-

tering is John K. Samson. I know he's working on a solo project right now – that's the word on the street – and I would love to play some shows with him. I'm such a fan, and he's the best guy and the best lyricist, and I'm hoping sometime I could maybe come to Winnipeg and play a solo show with him."

"But right now, that's just wishful thinking."

An accomplished visual artist, Fader is hoping to spend the winter painting and recording her next album.

She's also looking forward to more shows with Great Lake Swimmers, Harmer and VanGalen.

"I'm looking forward to my future as a side-person," Fader said. "I don't want to stop playing with the people I love, whose songs I love."

⇒ See Julie Fader play in Chad VanGalen's band this Friday, Oct. 9 at the Park Theatre (698 Osborne St.)

⇒ Castlemusic will also perform

⇒ Visit www.juliefader.com and www.chadvangalen.com

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MUSIC LISTINGS

I've got FRIENDO in lo-fi places

Calgary's FRIENDO is not afraid to attempt new things. Having played drums in WOMEN, guitarist Mike Wallace recruited his buddy Henry Hsieh, who plays bass in BEIJA FLOR and MONKEY, to handle the stick duties. With Nicole Burnell of PUBERTY also playing guitar, they are set to release their debut album on cassette only (!). If you haven't got a tape deck, don't fret - they will hook you up with a download instead. Thank you, modern world. Check them out as part of the POPI ET CETERA festival when they play with MINTO and JICAH at the Pyramid on Saturday, Oct. 10. You can see them do an earlier performance that same day at Music Trader.

DUDE, WHERE'S MY GEAR?

DJ CO-OP has been energetically doling out good times throughout Winnipeg for years, but with the recent theft of his turntables audiences may become grooveless. Fortunately, we all have the opportunity to attend a fundraiser/dance party to get him some new equipment. A bunch of his DJ buddies are already showing their support by rockin' the party alongside Co-op on Friday, Oct. 9 at Raggickers. DJ's include FUTWERK, HUNNICUTT, D-LO JAMALL KNIGHT, MAMA CUTSWORTH, L. LON HUBBARD, DOW JONES, MIKE B and RPG.

THURSDAY, OCT. 8

Saskatoon's DEEP DARK WOODS takes the stage at the Park Theatre with MAYOR MATT ALLEN AND THE LITTLE BUDDIES opening.

POPI ET CETERA presents the LYTICS and TWENTYTWO as well as your regular GOODFORM DJ's at the Lo Pub.

CHEERING FOR THE BAD GUY at Degrees.

BRAVE NEW WAVES at the Pyramid.

READYMIX with DJs DAN L and DIAL UP at Ozzy's.

Oh no! It's KENNY G at Club Regent.

BILLY SHEARS at the Academy.

ROUTE 59 at the Cavern.

KENT MCALISTER plays the Times Change(d) High and Lonesome Club.

DALE BROWN at Shannon's Irish Pub.

FRIDAY, OCT. 9

Indie hero CHAD VANGAALLEN plays at the Park Theatre with opener CASTLE MUSIC.

LIBRARY VOICES, IN-FLIGHT SAFETY and OLDFOLKS HOME play the Lo Pub as part of POPI ET CETERA.

DUDE, WHERE'S MY GEAR? a fundraiser for DJ CO-OP with a plethora of local DJs at Raggickers.

F/ACION launch party with musical guests OAK TREE, THAT DAMN CASH BAND and DJ INCOGNITO at the Rudolf Rocker. Doors 8 p.m.

DJ EUPHORIA at Academy.

DOC WALKER countrify the Pantages Playhouse.

There is a BIG AL BENEFIT at the Pyramid.

THE MAGNIFICENT SEVENS play some tunes at the Times Change(d) High and Lonesome Club with STEW CLAYTON.

WHITEMOUTH and DJ ZAHORE at the Royal Albert Arms.

DITCHPIG play a reunion show at the Cavern.

NARWHALS at the Studio Gallery.

DAVINPORT at Shannon's Irish Pub.

DJ EUPHORIA at the Academy.

HELEN WHITE DUO at McNally Robinson Grant Park, 8 p.m.

SATURDAY, OCT. 10

STYLUS' 20th BIRTHDAY bash at the Lo Pub, with NOVILLERO, VAV JUNGLE, MAMA CUTSWORTH, HAUNTER and DJ ROB VILAR.

MEISHA AND THE SPANKS release their album MAMA FOR ME with guests HOT LIVE GUYS, DOMENICA and HOT BLOOD BOMBERS at the Albert.

MINTO, FRIENDO and JICAH play the Pyramid.

SHEEPDOGS take the stage at Times Change(d).

JOHN PEEL DAY at Into The Music with DJ's all day.

THE THRASHERS at the Standard.

FEEDING THE HUNGER is a Winnipeg Harvest fundraiser featuring QUINZY, SONS OF YORK and THE PAPS at the Park Theatre.

VERSUS THE NOTHING at the Zoo.

THE OMEGA MEN at the Cavern.

SHEER JOY play at McNally Robinson Grant Park, 8 p.m.

DJ GABE REALITY at the Academy.

SUNDAY, OCT. 11

THIS CITY DEFECTS and SO HOLY HEADCASE play at Raggickers.

ALL THE KING'S MEN at King's Head Pub.

BAD COUNTRY at The Standard.

MONDAY, OCT. 12

METALLICA at the MTS Centre.

VINYL DRIP WITH JAMES BROWN at the Cavern.

TORNGAT plays a free in-store concert at Music Trader, 8 p.m.

TUESDAY, OCT. 13

POPI ETC. presents SHOUT OUT OUT OUT, LEBEATO and NOT ANIMALS at the Pyramid.

RODNEY DECR00 at the Times Change(d), 7 p.m.

DEFLATED EGOS at Shannon's Irish Pub.

Soul night with THE SOLUTIONS at the Cavern.

TONY BENNETT at the Centennial Concert Hall.

WEDNESDAY, OCT. 14

MARK BERUBE AND THE PATRIOTIC FEW at West End Cultural Centre.

USO PROJECT + SELFISH, MARK TEMPLETON and EZEKIEL HONIG play in Eckhardt-Gramatté Hall, 7 p.m.

LITTLE BOY BOOM at the King's Head.

ANDREW NEVILLE AND THE POOR CHOICES at the Standard.

J.WILLIAMEZ at Shannon's Irish Pub.

Chill night with FERRO MONTANINO at the Academy.

THURSDAY, OCT. 15

SECONDS FROM DISASTER, THE INSIDES and MILDESTONE at the Pyramid.

CAMPFIRE NIGHT at the Times Change(d) High and Lonesome Club.

GOODFORM at the Lo Pub.

FRANCISCO LOPEZ performs as part of the Send + Receive Festival at the Urban Shaman Gallery, 8:30 p.m.

READYMIX with DJs DAN L and DIAL UP at Ozzy's.

ROUTE 59 at the Cavern.

THE WIGGLES at the MTS Centre.

The CHRIS CARMICHAEL BAND at the Standard.

ENJOY YOUR PUMAS, IN REVERSE and THE EARDRUMS at the Academy.


UPCOMING SHOWS

THE BLUE MAN GROUP Friday, Oct. 16 at the MTS Centre.

YOUNG GALAXY and BEND SINISTER Sunday, Oct. 18 at the Pyramid.

AMY MILLAN Sunday, Oct. 18 at the WECC.

MUM Friday, Oct. 30 at the Pyramid.

NOMEANSNO Friday, Oct. 30 and Saturday, Oct. 31 at the Royal Albert.

THE MISFITS Friday, Nov. 6 at the Pyramid.

DINOSAUR JR. with THE PINK MOUNTAINTOPS Tuesday, Nov. 17 at the Pyramid.

GWAR Saturday, Dec. 5 at the Garrick.

CD REVIEWS

THE PAPS

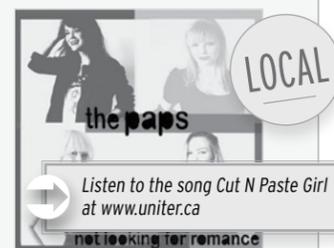
Not Looking for Romance

Elska Music

★★★★☆

The Paps are playing the Park Theatre this Saturday, Oct. 10. The four girls in the band, who formed under the ballsy moniker The Papsmeats when they were in Grade 8, are now adults. Perhaps this is why going in, there was a slight expectation that the girls may have matured since their formative high school years. This is not the case. Admittedly, their sound is as tight as ever and the album's producer, Brandon Friesen, deserves due credit. Don't get me wrong: The Paps can play their instruments well. It's just that the music sounds like it should be featured in a teen comedy, not a rock club. This band has potential to be rock stars, but the songs, lyrically as well as rhythmically, need guts. Guts is what made other brash riff-rockers, from the Clash, to Blondie, to Sleater-Kinney, great. So Paps, show us you've got guts, we know you've got them in you.

- Sam Hagenlocher



Listen to the song Cut N Paste Girl at www.uniter.ca

THE DUST POETS

World at Large

Productive Apathy

★★★★☆

The Dust Poets' fourth album is a masterful collection of folk and country songs commenting on such subject matter as homelessness (*World at Large*) and love and technology (*Skeletons in Your Inbox*). While the musicianship and songwriting is solid right from the beginning, the album really hits its stride with the cover of Woody Guthrie's *Way Over Yonder in the Minor Key*. The Dust Poets' range of musical instruments from guitar and mandolin to saxophone and clarinet, and their ability to play their instruments well, make for eclectic, bluegrass-inspired country-folk pop songs. *Codeine Dreams* sounds like a Gram Parsons inspired alt-country ode to addiction and the desire "to be normal again," while *I Won't Set Down* is a bluegrass number about restlessness and longing. The striking lyrics and honed playing make it easy to see that these folks have been playing together for quite some time.

- Brandon Bertram

**CHAD VANGAALLEN**

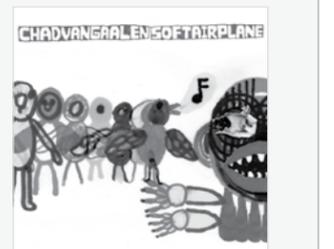
Soft Airplane B-Sides

Sub Pop

★★★★☆

It's odd to attach a rating to a free, downloadable collection of b-sides. Releases like this usually get ignored for good reason, but Calgary musician Chad VanGaalén's extraneous material - songs left over from 2008's Polaris Prize-nominated *Soft Airplane* - deserves to be heard. VanGaalén has offered fans nine straightforward gems that play to his strengths: grungy folk-pop with an air of mischief and an eerie fascination with death. VanGaalén kicks things off with an ode to winter biking (*Stuffed Animal*), and before long, he's spouting off some of his most ridiculous lines: "I wish I was a poltergeist, moving through solids and spying on lesbians" (*I Wish I Was a Dog*). This collection features VanGaalén at his most carefree and immature, and that gives it the staying power of his best work. Download it now at www.softairplane.com and see him live this Friday, Oct. 9 at the Park Theatre.

- Jonathan Dyck

**WE ARE THE CITY**

In a Quiet World

Independent

★★★★☆

"In a quiet world ... I used to have my health but now I am ill," Cayne McKenzie sings on *Intro* from this Kelowna trio's debut long player. Then they spend the next 37 minutes healing themselves with a hook-strewn pop buffet as piano and guitar play off a backbeat that is almost impossible to resist. You will undoubtedly marvel at guitarist David Menzel's singing into his pickups on *Time, Wasted* and the cheery gang vocals on *...Big Lights in the Sky*. Tom Dobrzanski (Said the Whale), a man that understands piano, recorded this disc. It's orchestral pop, in the vein of The Carpenters or Jools Holland-era Squeeze. Fans of Coldplay or Ben Folds Five will easily find a home here. Catch their gorgeous tones twice on Thursday, Oct. 15 at Music Trader (1 p.m.) and Sam's Place (159 Henderson Hwy. at 8 p.m.).

- Lee Repko

**PINHEAD GUNPOWDER**

Kick Over the Traces

Recess Records

★★★★☆

Chances are you have never even heard of Pinhead Gunpowder. Who can blame you? This retrospective is 23 tracks in 43 minutes. Raw pop-punk rock: snotty delivery, double-time jaunt and real melody. With great lyrics (from Crimpshrine's Aaron Cometbus) delivered by Green Day's Billie Joe, *Kick Over the Traces* is a great reminder of just how awesome he was before Warner Bros. turned him into a poster boy for a Hot Topic fashion punk generation. Songs of love and life and struggle delivered with grit and sincerity that span 18 years and 10 releases. This is classic mid-'90s pop punk that is refreshing to rediscover. Three new tracks from their 2008 7" *West Side Highway* also make the cut. I guarantee that you will be shredding to this well into next summer.

- Lee Repko



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Shatter it and pick up the pieces

Edmonton musician brings his beautiful, electro-acoustic experimentations to the University of Winnipeg



COURTESY OF MARK TEMPLETON

Edmonton musician Mark Templeton will incorporate music he's never played live before into his set in Winnipeg at Send + Receive.

AARON EPP
MANAGING EDITOR

When Edmonton-based musician Mark Templeton moved to Montreal for a year-and-a-half, he thought he would make a lot of music while living in the French city. He was wrong.

"My time in Montreal was great, but at the same time, I found it a little more difficult, personally, to become motivated to cre-

ate," Templeton said by phone last week.

"I was a little surprised by that because I kind of expected that I would have more creative output, being in such a vibrant city.

"But that's the thing, I think: It's easy to take in a lot and coast, and not [create] a lot yourself in a city like Montreal."

A renowned, experimental, electro-acoustic musician, Templeton's latest release is a 12" record he put out this past summer called *Sea*

Point. The album features three songs from his latest CD, *Inland*, as well as three new songs.

Templeton will use those new songs for the first time ever as the basis of an improvisational live performance when he appears at the University of Winnipeg's Eckhardt-Gramatte Hall on Wednesday, Oct. 14 as part of the 11th annual Send + Receive festival of sound art.

The University of Winnipeg's CKUW 95.9 FM is co-presenting the performance in celebration of

"I kind of expected that I would have more creative output, being in such a vibrant city. But that's the thing, I think: It's easy to take in a lot and coast, and not [create] a lot yourself in a city like Montreal."

-MARK TEMPLETON, MUSICIAN

the campus radio station's 10th anniversary.

He first garnered attention with his debut release, 2007's *Standing on a Hummingbird*.

Using acoustic instruments like guitar, banjo and violin as the basis of his songs, Templeton records various parts before chopping them up and splicing them together on his computer. The result is beautiful, atmospheric music that has been described as "pastoral" but also "painterly."

"On *Hummingbird* I chose to hide the sources a little more," Templeton said of the difference between that release and *Inland*. "After it came out, I was a little more comfortable with allowing the instruments and the sound sources to breathe and come to the surface."

Another difference is the use of voice on *Inland*. Templeton would

record a very unpolished vocal track "then shatter it and pick up the remnants and pieces and put them in a new order" to create new sounds.

Templeton's works have been commissioned by organizations of contemporary dance, film and audiovisual disciplines. At times, Edmonton-based experimental filmmaker Aaron Munson's visuals have accompanied his live performances.

Earlier this year, the duo's ongoing collaboration resulted in the release of *M. Templeton & aA. Munson: Acre Loss* on CD and DVD. The project features visuals by both men, set to music created by both men.

"*Acre Loss and Inland* are both kind of foreshadowing the direction I'm moving into," Templeton said.

"I'm interested in seeing what happens in the next couple years – what recorded works will sound like and how they relate to *Acre Loss and Inland* – because I feel it will be a balance of the two."

⇒ See Mark Templeton Wednesday, Oct. 14 at the Eckhardt-Gramatte Hall at the U of W

⇒ USO Project + Selfish (Italy) and Ezekiel Honig (U.S.) will also perform

⇒ Tickets are \$12

⇒ Doors open at 7 p.m., show begins at 8 p.m.

⇒ Visit www.fieldsawake.com

⇒ Send + Receive: A Festival of Sound is on Oct. 13-17

⇒ Visit www.sendandreceive.org

FASHION STREETER

The Uniter Fashion Streeter is an ongoing documentation of creative fashion in Winnipeg inspired by the Helsinki fashion blog www.hel-looks.com. Each issue will feature a new look from our city's streets and bars in an attempt to encourage individual expression and celebrate that you are really, really good looking.



Daniel
"My outlook on fashion lately is wearing what fits while promoting my individuality."

CINDY TITUS



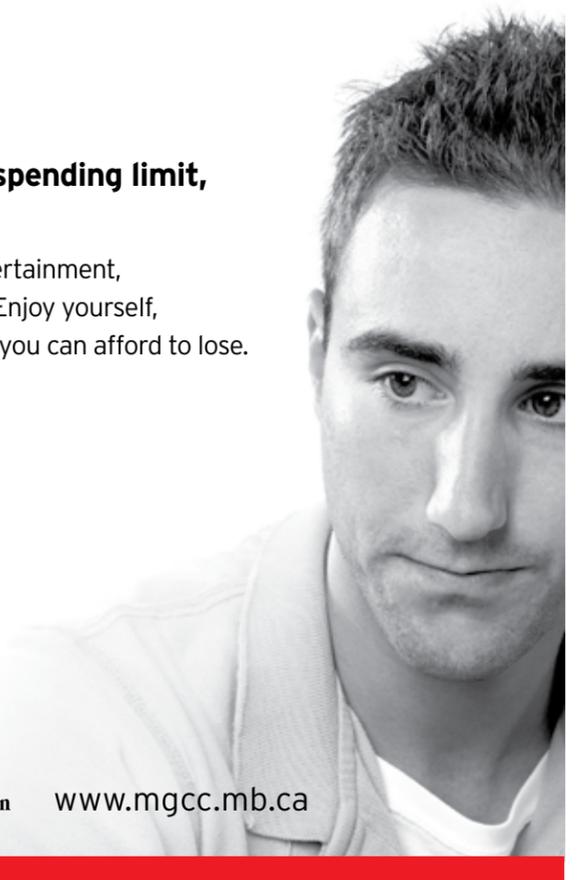
If you've hit your spending limit, it's time to fold.

Like other forms of entertainment, gambling costs money. Enjoy yourself, but only play with what you can afford to lose.



Manitoba Gaming
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www.mgcc.mb.ca



Skateboarding is not a crime

With the construction of the skate park at the Forks and the formation of the Skateboard Coalition of Manitoba, skateboarding has come a long way in this province – but there's still work to be done

AMIE SEIER
VOLUNTEER

Hundreds of people flooded the Forks in plus-30 degree weather late last month to participate in Skate 4 Cancer, an all-day skateboarding event aimed at raising awareness about the disease.

The scene will most likely be similar this Saturday, Oct. 10 when The Plaza, the skatepark at the Forks, hosts a skating competition called Sk8204.

With many people skateboarding throughout Winnipeg, the skateboarding community has changed dramatically over the past 40 years. It's grown in popularity to such a degree that there's even a coalition in place to give skateboarders a voice.

Formed in 2006, around the same time The Plaza was being constructed, the mandate of the Skateboard Coalition of Manitoba is to speak on behalf of skaters in the city.

"[Politicians] pretty much forced us to do this," says Cliff Heide. "Some skateparks were made poorly and skateboarders were sad to see that money wasted."

In addition to being the director at The Edge, an indoor skatepark in the Exchange District, Heide is one of three founding coalition members.

Today, the coalition is made up of 10 members and five standing committees aimed at improving conditions for skateboarders in the city.

"[Winnipeg was] 15 years behind places like Vancouver and people began to notice and wanted something done," Heide says of the coalition's formation.

In the three years since it was constructed, The Plaza has become a world-renowned skatepark where the likes of champion skater Tony Hawk have tested themselves.

"Six years ago skateparks like [those in] East St. Paul and St. Vital were made on a modular style and stuff was built that couldn't be used," Heide explains.

Modular-style skateparks are built like a puzzle – the various components are poured and made elsewhere, then brought to the site and put into place. Skateparks built in this manner are less than ideal.

"The design of a lot of skateparks, like how St. Vital uses asphalt, that's terrible for skateboarding," says 18-year-old skateboarder Wayne Truong.

Harsh Winnipeg winters cause the skateparks to shift and crack, making them look something like city roads in the springtime.

The Plaza, on the other hand, was poured on site and built with granite – something that will make it more durable and longer lasting.

"It was a big step forward and a huge turning point when [The Plaza] was built," Heide says. "[Skateboarding] was accepted – people saw that the money was donated and [it] became an accept-



Bill Acheson is the spokesperson for the Skateboard Coalition of Manitoba, a group that advocates on behalf of skateboarders in the province.



Bob Somers (left) and Jason Kun are on the board of directors for the Skateboard Coalition of Manitoba.

able activity for kids to do."

The city's changed a lot when it comes to skateboarding.

"A few years ago there were more lawn bowling sites than skateparks," Heide recalls.

It's a positive change because the demand is out there.

"Skateparks are always being used, unlike baseball and football fields that are often empty."

BACK IN THE DAY

Skateboarding in Winnipeg has its roots in the same decade as the first moon landing and Woodstock.

"In the '60s, skateboarding was more like a fad – something like a yo-yo or hula hoop," says 31-year-old Darren Haugen, a coalition member and creator of WinnipegSkateparks.com, a site dedicated in part to documenting the history of skateboarding in Manitoba.

"It came from kids cutting up roller skates and putting them together. They were archaic and not user-friendly at all, with metal or clay wheels."

By Christmas 1965, skateboarding had all but died off.

"It died out mainly because of by-laws and injuries. City council put bans on them so overnight it basically died out," Haugen says.

It wasn't until the invention of the polyurethane wheel by Frank Nasworthy in the early '70s that skateboarding made its comeback.

"It didn't come back to Winnipeg until around 1976-77 and got really big around 1978," Haugen says.

There were two private indoor skateparks at the time, Skywave and Paradise, both with teams.

"Those teams would come out and do demonstrations and were even sponsored by companies like Pepsi and Coke."

Some of those demonstrations would include slalom, ramps, 360s and high jumping.

With skateboarding an accepted activity in the '70s, skateboarders would go out to national contests to compete, with Winnipeg sending their own representatives.

Around 1980, "skateboarding fell off the face of the earth again" in Winnipeg, says Haugen – but five years later, it was back.

"Parents and teachers didn't want you to skateboard. It had this rebellious, fuck-you attitude," Haugen says of that period.

It wasn't just parents and teachers who didn't understand, though. Even skateboarders' peers were at times against them.

"Jocks used to come down and beat up skateboarders," says 34-year-old Johnny Erhart. "Now

NEW MAGAZINE SHOWCASES TALENT FROM WINNIPEG'S SKATEBOARDING COMMUNITY



Winnipeg's skateboarding scene is booming and a University of Winnipeg student has created a magazine to document it.

Justin Schafer, a 20-year-old communications and theatre student, launched *Winnipeg Skateboarding* this past April. Printed on full-colour, glossy paper, the magazine showcases local skating, writing and photography talent.

"I started the magazine pretty much because the content was already there," Schafer says. "There are already a lot of people taking photos and whatnot, so I really wanted to give the kids the recognition they deserve."

Schafer published the second issue in August. Including interviews with Johnny Skater and local skateboarding pro Mike McDermott, all 1,000 copies Schafer distributed to places like Bar Italia and local skate shops are now gone.

"The magazine's probably gonna grow pretty soon," says Schafer, a native of East Kildonan who's been skateboarding for nine years.

"We've got a lot of interest from advertisers recently and all the money we make goes into the magazine. The more money we get, the bigger the magazine's gonna be and the more issues we're gonna make."

The next issue of the quarterly publication is set to hit newsstands in December. What began as Schafer's vision now includes a group of seven people that help create each issue. Schafer says he's always looking for more people to get involved.

"The more people the better, I always say. The more people that help out, the easier it is to run this thing and get an issue out."

Visit www.winnipegskateboardingmagazine.blogspot.com or e-mail winnipegskateboarding@gmail.com.

you see the jocks wearing the skate clothes."

Better known in Winnipeg's skateboarding community as Johnny Skater, Erhart first stepped on a board in 1987 at the age of 12. He skated both street-style as well

as on ramps, though the former soon became more popular than the latter.

"The big names in vert and ramp of the '80s couldn't sell boards come the early '90s," Haugen says of the increase in popularity at that time of riding the streets instead of big ramps.

In the early '90s skateboarding still hadn't reached the level of popularity it's at in Winnipeg today.

"When I started skateboarding [in 1994], it wasn't big," says Bill Acheson, the 29-year-old spokesperson for the skateboarding coalition.

"Growing up, you would hear about Johnny Skater and the spots he skated, and it would be almost mysterious. Back then everything was a little more legendary – a big difference from now, where everything is in the spotlight," Acheson says.

Haugen agrees that there's been a change in attitude in recent years.

"Now that [The Plaza] is built, people who hadn't skated since the '70s or '80s are coming out and skating the bowls and transitions they used to see in the magazines [when] they used to skate," he says.

Erhart thinks skateboarders should realize how lucky they are to have so many options in the city when it comes to skateparks.

"It's funny to see the kids complain about what they've got. If only they knew," Erhart says.

He also marvels at how far technique has come in terms of the tricks people are doing today.

"That would have been mind-blowing back in the day."

A COMMUNITY AND A CULTURE

Bob Somers, acting chair of the Skateboarding Coalition of Manitoba, started skateboarding at the age of 10 in 1984.

"There were a couple of older guys down the street [who were skateboarders] and we looked up to them," he says.

In 2006, Somers was invited along with Cliff Heide and Sk8 Skates owner Genico Aiello to sit down with Roller Sports Manitoba, an organization associated with Sport Manitoba, a not-for-profit entity dedicated to the development of amateur sport in the province.

Skateboarding in Manitoba falls under RSM's umbrella and they were hoping one of the three men would become its spokesperson for skateboarding.

"We realized there was a lot of media going on around skateboarding and we were concerned about not having a voice," says Somers, a landscape architect who helped design The Plaza. Ultimately, however, Somers and his colleagues felt it wasn't a good fit.

They didn't want skateboarding

"Jocks used to come down and beat up skateboarders. Now you see the jocks wearing the skate clothes."

-JOHNNY SKATER,
WINNIPEG SKATEBOARDER

to become something monopolized by tracking records and statistics, setting up coaches and practices and holding events where the emphasis was on one person being the best.

"Skateboarding is more of a culture than a sport," Somers says. "I think competition in skateboarding is more about independent growth than it is about becoming the best at it.

"I say that knowing full well that there's competitions in the world that are very different from that and are very much about being the number one skateboarder in the world. But, that is a whole other level than what we envisioned for skateboarding in Manitoba."

That's not to say skateboarding in the province couldn't go in that direction, but for now, skateboarding competitions are more about bonding.

"It really is about a lot of people hanging out and having a good time. There happens to be money and prizes, but it's [mainly] something that brings the community together," Somers says.

He and his colleagues eventually decided to form the coalition instead of affiliating with RSM. Even still, Sport Manitoba has been very gracious.

"Sport Manitoba was really supportive of us – and still is to this day – and gave us a lot of information to start," Somers says.

In addition to speaking on behalf of skateboards, the coalition puts on a variety of skate contests and tries to get more kids involved in the culture.

Somers hopes that skateboarders can even develop skills in the scene that they can take with them as they move on in life.

"[We want to] make it so that skaters in Winnipeg can feel that there is some sort of future for them here, whether it be [learning skills] as a photographer or videographer," Somers says.

"There is a ton of potential for what skateboarding can be in Winnipeg."



Pipe dream come true: Bill Acheson rides a wave of concrete. The 29-year-old started skateboarding in 1994.

THE FUTURE

The coalition's next big project is changing the bylaw in Winnipeg that prohibits skateboarding on the street.

"Right now, it's technically illegal to skateboard to the Forks. I think that's a problem. It doesn't make sense," Somers says. "I would

really like Manitoba to become a real skateboard-friendly province."

The challenge isn't only in getting non-skateboarders to side with the coalition, but even some skateboarders.

"It's been the hardest thing as a coalition to ride that crest between being organized and being legiti-

mate to the skaters," Somers says.

"Skateboarders over time have always stayed the same. It's just the community around them that changes."

For more information, visit www.skateboardingcoalition.mb.ca and www.winnipegskateparks.com. ■



Skateboarder Craig Dueck attacks a big ramp. Although it's grown in popularity, it's still illegal to skateboard on Winnipeg streets.

Arts Briefs

Compiled by C. Jordan Crosthwaite

GETTING OFF WHEN THE STOCK MARKET CRASHES

Puma has a new iPhone application available as part of a new advertising campaign for the brand's underwear line, *Slate* reported this week.

While it seems like everyone has their own iPhone app now, this app is noteworthy for its practicality: it reports the stock market progress while advertising Puma underpants. When the Dow Jones drops a few points, a model drops her sweatpants, revealing Puma underwear. When the stock market's on the up, the pretty young lady (or man - users can choose the model) starts piling on apparel.

The racy ads are shown in tandem with a stock market ticker, so Wall Streeters can get their rocks off while losing millions. The overtly sexual ads take advantage of steamy content that couldn't be advertised in more public places.

MANSON CONTRACTS H1N1, CONTINUES TO BORE AUDIENCES

Marilyn Manson is a recent victim of swine flu, according to MTV. Manson also pre-empted any witty remarks commentators might attempt by posting on his Facebook page, "I know everyone will suggest that fucking a pig is how this disease was obtained."

The shock-rocker was recently on tour, spreading H1N1 germs through Canada and the U.S.

Manson's promoters, the Gillett Entertainment Group and Live Nation, have issued a press release denying his claim. His tour will continue, unfortunately.

FASCISM VS. SOCIALISM: THE CHESS GAME

A 1909 etching, apparently depicting Hitler and Lenin battling each other at a game of chess, will be at auction at Mullock's Specialist Auctioneers & Valuers in England. The etching, made by Emma Lowenstramm, is expected to get bids close to \$100,000 US, despite claims that it misrepresents its content, Artinfo.net reported.

The depiction - Lenin with a full head of hair and Hitler appearing gentlemanly and intellectual - has drawn cries of fraud. In 1909, Hitler would have been 20 and living his pre-Führer hobo life, and Lenin would have had his familiar doorknob-bald head.

It's quite a nice picture, otherwise: A battle of brains over a chessboard in a dimly lit room that romanticizes early 20th century intellectual life.

SHLOCKY NOVEL PRIZED BY READERS IN CHINA

A Chinese translation of *Da Vinci Code* author Dan Brown's latest muddle of a novel is being released chapter by chapter by an online pirating source. In China, where the official translation of Brown's *The Lost Symbol* won't be released until 2010, Internet pirates are collaborating on translation of the work.

A website called Yeeyan facilitates web-users in working together to produce a translation of the book. According to PSFK.com, popular Western books are often translated this way, including the Harry Potter series.

The feat of large-scale translation like this demonstrates new ways that the Internet is being used for collaborative information sharing in ways that continually evolve.

FINE ART CONTRACEPTIVES

The Thyssen-Bornemisza Museum in Madrid is producing a line of prophylactics packaged in wrappers featuring famous images from the museum's collection, the *Guardian UK* reports. The condoms will go on sale in the museum gift-shop, where visitors can collect a Rodin to keep in their wallet. One wrapper will feature British football superstar David Beckham, who is the subject of a recent video-art installation at the museum.

Notes from the underground



"Stylus' goal is to write about stuff that doesn't get written about much in the mainstream."

-JENNY HENKELMAN

Jenny Henkelman is the current editor of Stylus.

two-page CKUW program guide insert in *The Uniter*.

In 1991, current University of Winnipeg Students' Association outreach and sponsorship co-ordinator, and then CKUW manager, Ted Turner, saw potential in *Stylus*.

He approached the *Winnipeg Free Press's* Bartley Kives, then a sociology student at the university, to become *Stylus's* new editor and *Stylus* returned to a magazine format.

Turner attributes much of the magazine's early success to Kives.

"Bart was so instrumental and passionate about it. We had no budget and had to beg and find a magical way to get things going," he said.

That year, *Stylus* put out four issues with a circulation of 3,000. Today, *Stylus* is published bi-monthly and continues to print 3,000 copies per issue. At one point the magazine did go monthly but found the bi-monthly schedule a better fit.

Kives recounts a gap in the media for showcasing underground and alternative music scenes.

"We were all listening to Sonic Youth and Nirvana, but [mainstream] radio was playing Poison and hair metal."

Stylus filled that gap.

Local artist Eve Rice, also known as Vav Jungle, believes that through the magazine's innovative cover art and music coverage *Stylus* has always been a positive outlet for many independent talents, including herself.

"They were a great support, especially when the chips were down, and I mean *down*, on electronic music in Canada. They had the sense to examine not only my style

of music, but so many others."

Turner confirms *Stylus* hasn't changed much in 20 years.

"That's the beautiful thing about it, it's just grown. It still covers local and national, independent and underground music. That's what the magazine does, just larger, better and in a more beautiful way," he said. "Although, I love the way it looked backed then. There is just so much soul the way we literally had to scotch tape it together. We built it with our hands."

Stylus has also been the start of many journalistic careers. Like the aforementioned Kives, former editor Jill Wilson works for the *Winnipeg Free Press*, while *Stylus's* original editor, Karla Hilton, reports for CBC Radio in Ottawa.

Kives credits all of these people

for establishing *Stylus*, along with Chuck Molgat now in Toronto.

Meanwhile, Henkelman credits *Stylus's* continuing success to its publisher, the UWSA.

"If we didn't have them backing us up, a tiny mag like *Stylus* could never have survived," she said.

"UW students should be really proud that a unique publication like *Stylus* is put out by their students' association."

Celebrate Stylus' 20th anniversary at the Lo Pub (330 Kennedy St.) on Saturday, Oct. 10. Doors open at 8 p.m. and the show starts at 9 p.m. Admission is \$5. The magazine's October/November is on newsstands now. Preview it online at www.stylusmagazine.ca.

Local music magazine celebrates 20th anniversary with party at the Lo Pub

CINDY DOYLE
VOLUNTEER

A local music magazine that was once a two-page insert in *The Uniter* is celebrating its 20th anniversary this weekend.

Stylus, the program guide of CKUW 95.9 FM, the University

of Winnipeg's campus radio station, will celebrate at the Lo Pub on Saturday, Oct. 10 with cake and musical performances by Mama Cutsworth, Vav Jungle, Haunter and Rob Vilar.

"*Stylus's* goal is to write about stuff that doesn't get written about much in the mainstream. And if we are writing about mainstream stuff, it's to write about it in a different way," current editor Jenny Henkelman said, adding that the party at the Lo Pub will be a fun-filled affair.

Stylus printed its first two issues as a magazine in 1989, but funding was scarce. In 1990 its third issue became a folded, black and white,

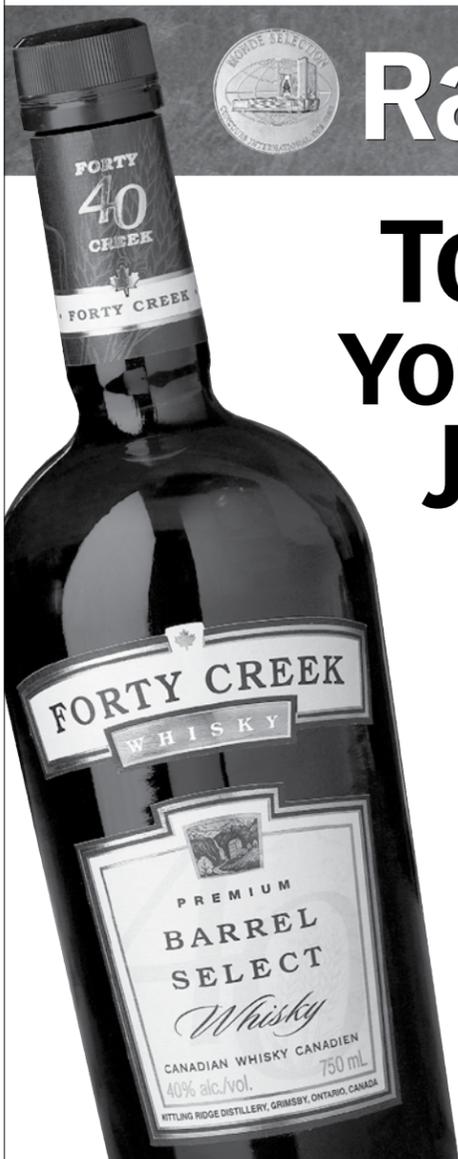
95.9 FM CKUW Campus/Community Radio Top 10 CD - Albums
September 30 - October 6, 2009



! = Local content * = Canadian Content

TW	Artist	Recording	Label
1	*Black Mold	Snow Blindness is Crystal Antz	Flemish Eye
2	*Gruesomes	Hey	Ricochet Sound
3	Dinosaur Jr.	Farm	Jagjaguar
4	Sonic Youth	the Eternal	Matador
5	Neko Case	Middle Cyclone	Anti
6	Vieux Farka Toure	Fondo	Six Degrees
7	!SubCity	Where's the Noise	Transistor 66
8	Wilco	Wilco the Album	Nonsuch
9	*Metric	Fantasies	Last Gang
10	!Other Brothers	Points of View	Independent

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THEATRE PREVIEW

A mass of facts and myths

Acclaimed one-person play explores the life of Winnipeg guitar legend Lenny Breau

ADAM KLASSEN
VOLUNTEER



Pierre Brault in *5 O'Clock Bells*.

Writer/actor Pierre Brault and director Brian Quirt are about to bring a legend back home with their highly acclaimed one-person play *5 O'Clock Bells*.

The play opens the Manitoba Theatre Centre 2009/2010 season tonight (Thursday, Oct. 8). It's about the life of one of the all-time great jazz guitarists, Winnipeg's own Lenny Breau.

Breau was an innovator and pioneer in the world of jazz guitar. He had unmatched technical and improvisational skill. Today, his praises are sung by the likes of Randy Bachman and Leonard Cohen.

Beau's personal life is as interesting as his music. He was a seeming innocent who became involved in drugs. Then his life was tragically cut short when he was murdered and thrown in a Los Angeles swimming pool. The case is still unsolved.

The idea to write a play came to Brault after picking up a Lenny Breau album in a second-hand record store. He put it on and had what he calls his "Lenny Moment."

"It was the most natural, inspiring, honest music I'd ever heard."

Brault became interested in Breau's story. What he found was a mass of facts and myths.

Brault wanted to focus on the whole of Breau's life, not just the huge dramatic moments. Brault says that the drugs and mysterious death are just a part of who the artist was. He was a man as complex as his music, and Brault wanted to show that.

Director Quirt worked with Brault throughout the writing process. They found that Breau could speak the most through his music. He became an unseen presence, with the audience only catching glimpses of him.

5 O'Clock Bells circles Breau, focusing on seven people who were most important in his life.

These people each represent a string on Breau's instrument of choice, the seven-string guitar. When played together, they create a harmony that is Lenny Breau.

"We are not dealing with facts as much as events," Quirt said.

5 O'Clock Bells provides the true events of Breau's life through the different perspectives of key figures. Through this, the play also forces the audience to create opinions on these events, bringing them into the story.

Brault and Quirt are excited to bring their play to a Winnipeg audience.

"There is a love for the arts in Winnipeg that is lively and inviting," Brault said.

Quirt said that they always hoped to bring *5 O'Clock Bells* to Winnipeg.

He added that "one of the great treats" is when someone who knew Breau comes up to them after the play and tells them their story.

"There is so much of Breau's history [in Winnipeg] – a lot of people who knew him are still around," Quirt said.

See *5 O'Clock Bells* from Thursday, Oct. 8 until Saturday, Oct. 24 at the Tom Hendry Theatre. Visit www.mtc.mb.ca.

GALLERIES & MUSEUMS

RABBLE ROUSERS by PAUL ROBES has an opening reception on Thursday, Oct. 8 at Gallery 803. The exhibition runs until Saturday, Nov. 21.

F/ACTION, a Winnipeg-based art collective, is hosting a one-night exhibition at the Rudolf Rocker Cultural Centre on Friday, Oct. 9 at 8 p.m.

The University of Manitoba's Gallery of Student Art hosts BLOODLINES, a sculptural essay of genetic impurity, by JOSHUA PEARLMAN, until Friday, Oct. 9.

A LANDSCAPE RECLAIMED by KAREN WARDLE opens Friday, Oct. 9 at Outworks Gallery. The artwork will be on display until Saturday, Oct. 17.

DAVID GARNEAU will be in attendance at the opening of his show MÉTIS/SAGE on Friday, Oct. 9 at 8 p.m. The exhibition runs until Saturday, Nov. 14.

HORROR FABLES brings an eerie atmosphere to Ace Art. HOWIE TSUI draws upon traditional Asian ghost stories for his paintings and an installation that resembles traditional kabuki theatre. There will be an artist talk on Tuesday, Oct. 13. The exhibition runs until Friday, Nov. 13.

The 11th edition of SEND + RECEIVE kicks off its celebration of sound art at Ace Art on Tuesday, Oct. 13 at 5 p.m. There is an artist talk with HERIBERT FRIEDL of the University of Manitoba's Faculty of Architecture on Wednesday, Oct. 14 at 12 p.m. FRIEDL has also impregnated the walls of Ace Art with a scent that gets released when you touch the surface. KEN GREGORY's WIND COIL SOUND FLOW at Gallery 1003 also continues in conjunction with the Send & Receive Festival runs until Oct. 31.

The CreBery hosts ENCOUNTERED SOULS, a painting and sculptural exhibition by ANDREW MAREK, until Saturday, Oct. 10.

Paintings in the exhibition CITY, TOWN AND COUNTRY will be on display at the Woodlands Gallery until Saturday, Oct. 24. Featuring artists RICK BOND, JOHANNE DUCHAINE, GERALD LAPOINTE and ALEX SUPROWICH.

ROBOTS + US has taken over the Manitoba Museum throughout October.

The Plug In Gallery is hosting MICHEL DE BROIN's exhibition DISRUPTION FROM WITHIN until Saturday, Nov. 21.

The Winnipeg Art Gallery displays photo-

graphic portraits by YOUSUF KARSH. Some of the famous faces include Muhammad Ali, Winston Churchill, Audrey Hepburn, Grey Owl and Pierre Trudeau. Exhibition runs until Sunday, Jan. 3.

15 MINUTES is a showcase of local art happening the first Thursday of every month at the Winnipeg Art Gallery. Local artists can submit their work for the series to art-educator@wag.ca.

ART OF MUSIC at the Folk Exchange is drawings, paintings, photographs and sculptures inspired by music. The show runs until Friday, Oct. 30.

PLATFORM Centre for Photographic and Digital Arts is pleased to present the group exhibition AS THE SIDEWALK BLEEDS, on display until Saturday, Oct. 24.

THEATRE, DANCE & COMEDY

Winnipeg Jewish Theatre is proud to present David Gow's drama CHERRY DOCS. The show runs until Sunday, Oct. 18 at the Berney Theatre in Asper Jewish Community Campus. There will be no performances on Oct. 12 and 13. For more information, visit www.wjt.ca or call 477-7478.

FIVE O'CLOCK BELLS, a play about Winnipeg guitar legend Lenny Breau, will be performed in the Tom Hendry Theatre in the MTC Warehouse from Thursday, Oct. 8 to Saturday, Oct. 24.

Funny-man RUSSELL PETERS tells jokes at the Centennial Concert Hall on Sunday, Oct. 11 and Monday, Oct. 12 at 8 p.m.

Groundswell's season opener THE REHEARSAL'S THE THING is a chamber opera at the West End Cultural Centre on Tuesday, Oct. 13 at 8 p.m.

GOTTA LOVE THAT FRENCH brings HELENE NICOLE RICHARD to schools throughout Manitoba from Oct. 13-16 to inspire children to use Canada's two official languages.

FREYA BJÖRG OLAFSON opens the Winnipeg Contemporary dancers 2009/2010 season with performances of AVATAR at the Rachel Browne Theatre. Performances occur at 8 p.m. nightly on Oct. 15, 16 and 17, with a 3 p.m. matinee on Oct. 18.

The Prairie Theatre Exchange presents the world premiere of SOUVENIRS by MICHELE RIML. Engagement runs from Thursday, Oct. 15 to Sunday, Nov. 1.

Protect yourself and your family from the flu

H1N1 and seasonal flu are expected to be present in the province this fall and winter. The following information will help protect you and your family from the effects of the flu.

Whether you have flu symptoms or not, you should always:

- **Cover your cough** by coughing into your elbow or sleeve, or use a tissue to cover your nose and mouth when coughing or sneezing. Place the tissue in the garbage.
- **Wash your hands** often with soap and water, especially after coughing or sneezing. Hand sanitizers may also be effective.
- **Reduce the spread of germs.** Germs spread the flu and can live on hard surfaces so wash your hands frequently and limit touching your eyes, nose or mouth.
- **Maintain your health** by making healthy food choices, being physically active and getting enough sleep.

If you have flu symptoms, you should:

- **Stay home from school or work until you feel better** and limit unnecessary contact with others.
- **Contact your nearest health care provider** or visit your nearest health care centre if you have risks for severe illness or you are concerned that you may need care – especially if your symptoms are severe or worsening. Early treatment (within 24 to 48 hours) may be very important.
- **Go for emergency medical help or call 911** if you or a family member have shortness of breath or difficulty breathing, severe weakness, are dehydrated or drowsy and confused, or if you have an infant under three months old with a fever.

For more information

For personal health advice, call your health care provider or call Health Links-Info Santé at 788-8200 or 1-888-315-9257.

For more information concerning flu symptoms and risks for severe illness, please refer to the "Could it be the flu?" guide that was mailed to your home recently.

For up-to-date information about H1N1 and the Manitoba government's pandemic plan, please visit the flu website at

manitoba.ca.

Manitoba 

MOVIE REVIEW

Ode to a short-lived love affair



SUPERLEAD PHOTO

New film about poet John Keats runs the risk of falling into clichés but is ultimately crafted like a well-written poem

TIMOTHY PENNER
VOLUNTEER STAFF

Bright Star

Directed by Jane Campion, 2009

119 minutes

Now playing at the Globe

★★★★☆

Films centred on historical figures often tend to keep audiences at a distance, owing to the fact that the average filmgoer may not be familiar enough with the characters to care. This is not the case with the latest film from Jane Campion, the Academy Award-winning director of *The Piano*.

Bright Star, playing this week exclusively at the Globe, immortalizes the short-lived (and extremely chaste) love affair between the great romantic poet John Keats (Ben Whishaw of *I'm Not There*) and Fanny Brawne (Abbie Cornish).

The two meet and fall in love as Keats is struggling to make a name for himself in the world of 19th century literature. The pressures of society, most notably the seemingly inexhaustible objections from both Keats' best friend Charles Brown (Paul Schneider) and Fanny's mother (Kerry Fox), plus John's lack of substantial income, conspire throughout

the film to keep the lovers apart.

However, this frustration seems to drive Keats forward and ultimately becomes the catalyst for some of the greatest poetry of the Romantic Era.

The film runs the risk of falling into the far too familiar clichés of the common romance and at times nearly trips on that precarious and extremely thin line. Yet Campion crafts her film like a well-written poem, gently guiding us through the tumultuous emotional landscape of love.

The beauty of the film is unmistakable and at times breathtaking. Campion manages to capture photographically both the immense splendour of a pastoral painting and the exquisite nature of Keats' best poetry.

Interestingly, for all the evocative and expansive cinematography, the film is essentially one of entrapment. Campion constantly photographs her characters surrounded by doorways, framed by trees or pushed to the corner of the frame in order to express the oppressive nature of a society that insists on the impossibility of these two desperately in love characters ever consummating their ill-fated relationship.

In a bold move, Campion gives Keats the final statement of the film by having Whishaw recite the words of "Ode to a Nightingale" over the credits.

The final refrain of the poem, "Was it a vision, or a waking dream? / Fled is that music: – do I wake or sleep?" is the perfect benediction for a film so wrought with ethereal beauty, so troubled by the temporality of life and so hopeful about the redemptive and eternal power of great art.

FILM

WNDX, Winnipeg's Festival of Film and Video Art, begins on Thursday, Oct. 8 with an opening reception at Platform Gallery. The festival ends Sunday, Oct. 11. Check out www.wndx.org for information on tickets and show times.

CALL TO ARMS: THE STORY OF THE ROYAL ALBERT ARMS HOTEL will be screening at said legendary venue Thursday, Oct. 8 at 8 p.m.

THE ONE TAKE SUPER 8 EVENT SCREENING features over three dozen Winnipeg Super 8 films at the Gas Station Theatre on Sunday, Oct. 11 at 7 p.m.

GREAT EXPERIMENTS! JUST FOR KIDS is part of WNDX festival, airing Manitoba shorts for children. Plays at Cinematheque at 2 p.m. FREE!

THE REEL PRIDE FILM FESTIVAL runs from Tuesday, Oct. 13 to Saturday, Oct. 17 at Imax and Cinematheque. Featuring short and full-length movies, it's Manitoba's only LGBT film festival.

ENLIGHTEN UP, a skeptic's journey into the world of yoga, plays at Cinematheque, alongside POE: LAST DAYS OF THE RAVEN.

LITERATURE

JOHN BARTON reads from his new book of poetry HYMN. The evening also features local authors Clarise Foster and Ariel Gordon. McNally Robinson Grant Park on Thursday, Oct. 8 at 7 p.m.

Winnipeg's ROBERT STERMSCHEG launches his translation of MARABOUT'S SECRET: HUSSAR'S LOVE PART 2 on Thursday, Oct. 8 at McNally Robinson Polo Park, 7:30 p.m.

The launch of WAYNE TEFS new collection of short stories, METEOR STORM, is on Tuesday, Oct. 13 at McNally Robinson Grant Park at 8 p.m.

G.E.M. MUNRO is giving a reading and signing of SOUTH ASIAN ADVENTURES WITH THE ACTIVE POOR at McNally Robinson Grant Park on Wednesday, Oct. 15 at 7 p.m.

Also at McNally Robinson Grant Park on Wednesday, Oct. 14, SHANDI MITCHELL is reading and signing her acclaimed novel UNDER THIS UNBROKEN SKY at 8 p.m.

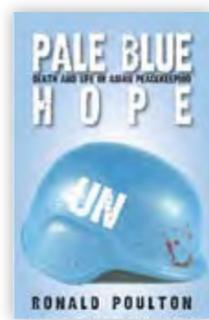
CHRIS HEDGES launches his latest book EMPIRE OF ILLUSION at the Rudolf Rocker Cultural Centre on Wednesday, Oct. 14 at 7:30 p.m.

PAULETTE MILLIS presents her book, EAT AWAY ILLNESS, about healthy diets on Thursday, Oct. 15 at McNally Robinson Polo Park, 7 p.m.

ALL OUR CHANGES: IMAGES FROM THE SIXTIES GENERATION is a collection of photographs taken by GERRY KOPELOW in Winnipeg, Ottawa and Toronto from 1968-1970. The collection will be launched on Thursday, Oct. 15 at McNally Robinson Grant Park at 7:30 p.m.

On Thursday, Oct. 29, McNally Robinson Polo Park is holding a GRAVEYARD BOOK PARTY in hopes of winning NEIL GAIMAN's North American Graveyard Book Party Challenge, which could bring the author to Winnipeg. The party runs from 7-10 p.m.

BOOK REVIEW

**Pale Blue Hope: Death and Life in Asian Peacekeeping**

Ronald Poulton

224 pages, Turnstone Press, 2008

LYNNETTE MCLARTY

VOLUNTEER

Opening with the words "A prostitute with her legs spread wide" is an effective attention grab if nothing else.

It could also be a metaphor about being stuck in something deep, likely a familiar position for a United Nations human rights lawyer in the Middle East.

In *Pale Blue Hope*, Toronto-based Ronald Poulton candidly and shamelessly describes his experiences in both Tajikistan and Cambodia, investigating political murders and peace negotiations amidst UN bureaucracy.

This scrap-the-shit commentary is structured by the events surrounding the murder of Team Garm, a UN observer force consisting of four UN officials.

Though the foreign content is daunting, Poulton's vivid and personal details make even totalitarian regimes and extremist Islamic opposition surprisingly understandable.

At the very least, the mere premise of the book is fascinating. Beneath vague and confusing peace negotiations is a Canadian UN lawyer bluffing about UN jurisdiction and its ability to infiltrate Cambodian prisons.

Poulton also witnesses a civilian grenade attack, describing what it feels like to still be transporting wounded bodies two hours later, with the honesty to admit enjoying the strange sensation of hands sticky with congealed blood.

Not entirely death, gore and principles, Poulton writes from a somewhat detached perspective. With an ideal of having no one to answer to, enough money to live on and the ability to move, change jobs and remake himself countless times, Poulton's remarks are a sharp contrast to those you might hear from "poorly paid, highly motivated zealots."

Considering most UN human rights morale comes from rejection of status quo, statements can easily become ironic, such as those from moralist Richard Rorty, that "unlike us, those people are used to being raped and castrated." Though Rorty's sarcasm is poignant, such comments from Poulton are rarely found in the book.

Occasional simplistic generalizations like "Americans will do anything, anything at all, if they hate your guts" and "to punish the Vietnamese, the U.S. policy on Cambodia allowed the Khmer Rouge to flourish" are bold stances that hint of bias.

However, more warranted critiques of the UN – like "criticized for inactivity and complacency in human rights enforcement, when we finally took a step, we stepped in shit" – are supported by failure to sanction arrests, among other scandals.

Although at times heavy and sullen, Poulton's ingenuity and spontaneity lighten an otherwise grim reality.

Considering I barely even knew Tajikistan existed before reading this book, or that peace negotiations were being attempted in such a volatile political climate, *Pale Blue Hope* makes for an incredibly interesting read.

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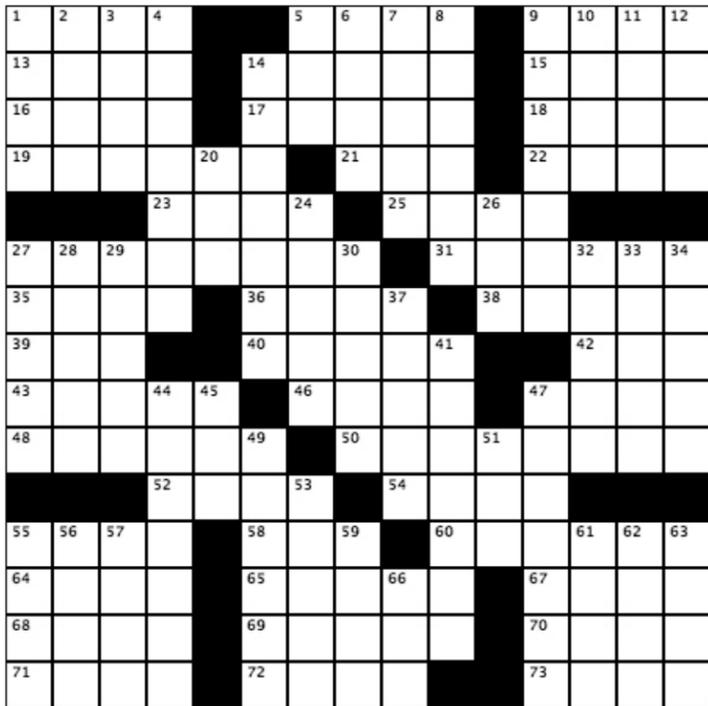
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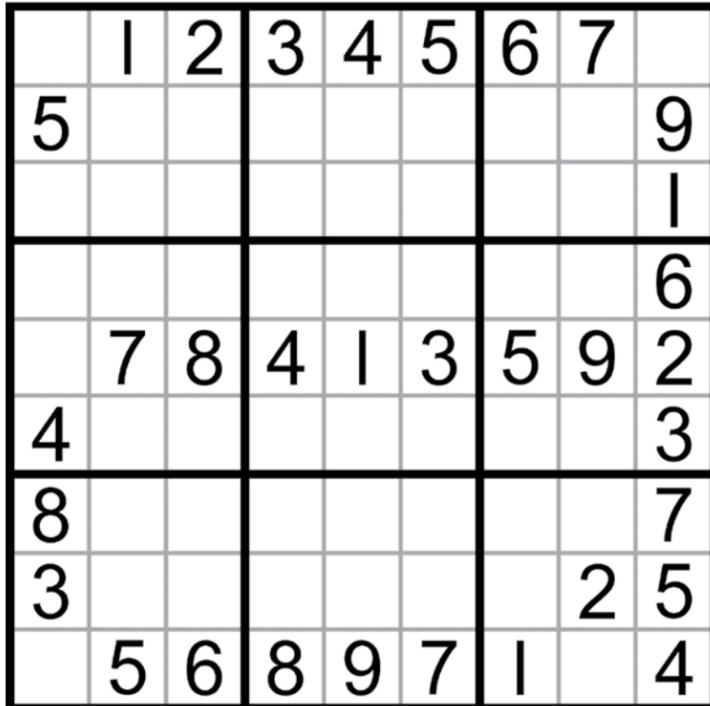
Crossword Puzzle 06

Solutions to crossword and sudoku will be printed in the next issue.



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Thinning the herd: The real solution to population control

Sometimes I get the feeling that we place too much importance on our own survival. I'm not speaking about the survival of our species here, just about the survival of individual members of our species.

Modern medicine, combined with unparalleled advances in technology, is saving and preserving human lives at an unprecedented rate. To put it another way, it is becoming harder and harder for people to die.

On the surface this might seem like a good thing, but with a little careful examination, I have recently come to see how misguided our efforts to save and preserve ourselves actually are.

It seems as though we have come to see life as a virtue in and of itself, regardless of whose life it is, or what they do with it.

Conversely, the argument could be made that some lives would be better off if they were ended. Some examples would include Adolf Hitler, Joseph Stalin or Bil Keane. "Sure," you're probably thinking, "but these lives should only have been ended to save other lives." In this case, you'd be right.

Had someone killed Hitler or Stalin, tens of millions of other lives could have been saved. Similarly, the sooner Bil Keane joins Grandma and Grandpa in the clouds, the sooner we can all pretend that *The Family Circus* never existed.

But I want to take this argument a step further than the obvious statement that murder and *The Family Circus* are pure evil.

In addition, we should learn to devalue others as well. If warning labels on everyday products are any indication, some people are simply too stupid to survive, no matter how hard the rest of us try to protect them from their own mental ineptitude.

For example, my girlfriend's hairdryer sports the following: "Warning, do not immerse in water." I realize that warnings of this kind are mainly for legal purposes, but could we ever really fault a company for not warning people to avoid bathing with hair dryers? If anything we should encourage companies to avoid such warnings to thin out (and smarten up) the population.

The late great comedian Bill Hicks was an outspoken proponent of hallucinogenic drugs. One of his best lines about the dangers of LSD applies equally well to, say, the dangers of operating a toaster:

"Always that same LSD story, you've all seen it. 'Young man on acid thought he could fly and jumped out of a building. What a tragedy! ... What a dick! Fuck him, he's an idiot. If he thought he could fly, why didn't he take off on the ground first?'"

If we spend our entire lives holding stupid people's hands to make sure they don't kill themselves by shaking a Coke machine, we will wake up one day only to realize that we've wasted our own lives.

I say: Let them drink their free Coke ... Or at least try.

J. Williams is a local musician who hopes you survive long enough to check him out Wednesdays at Shannon's Irish Pub.

Across

- 1- Organization to promote theater
- 5- Slammin' Sammy
- 9- "Night" author Wiesel
- 13- Haircut
- 14- Loose fiber used for caulking
- 15- Quick sharp bark
- 16- One of two equal parts
- 17- Temporary paper currency
- 18- Canadian gas brand
- 19- Belief in one God
- 21- Broke bread
- 22- Mariners can sail on seven of these
- 23- Underground part of a plant
- 25- Switch ending
- 27- Gesture of approval
- 31- Cerumen
- 35- Seemingly forever
- 36- Ailments of body or society
- 38- Fluff, as bangs
- 39- Draft org.
- 40- Collapse
- 42- Actor Chaney
- 43- Weeping
- 46- Chieftain, usually in Africa
- 47- "All The Way To ___", song by REM
- 48- Lord Peter Wimsey's creator
- 50- Brothers
- 52- The doctor ___
- 54- Corn syrup brand
- 55- Respiratory organ
- 58- Ballet step
- 60- Photographic device
- 64- Bartlett's abbr.
- 65- Toss
- 67- Enticement
- 68- Doing nothing
- 69- Each partner
- 70- Bear in the sky
- 71- Crucifix
- 72- Canvas shelter used on camping trips

Down

- 1- Zwei cubed
- 2- Ark builder
- 3- One with a glazed look, perhaps
- 4- States as a fact
- 5- Pouch
- 6- Gumbo veggie
- 7- Connected series of rooms
- 8- Current unit
- 9- Billboards, some say
- 10- ___ majeste
- 11- Ingrid's "Casablanca" role
- 12- Epic narrative poem
- 14- Subtle absorption
- 20- Blubber
- 24- Silk fabric
- 26- Bran source
- 27- Quizzes, trials
- 28- Old Testament book
- 29- Retract
- 30- Exactly
- 32- Strong Australian horse
- 33- All together
- 34- Chemically inactive gas
- 37- Smug smile
- 41- Tediously didactic
- 44- Ruled
- 45- Decade divs.
- 47- Equilateral parallelogram
- 49- Little drink
- 51- Song syllable
- 53- Green
- 55- Den
- 56- Go back, in a way
- 57- ___ contendere
- 59- Type of gun
- 61- British nobleman
- 62- Ascend
- 63- Not much
- 66- PC monitor



LIVING WELL

No sugar tonight: There's no "turn-off" switch in our brains when it comes to sweet snacks



SAGAN MORROW
STAFF WRITER

Conflicting advice regarding what we should and should not eat bombards us every day. Nicole Choptain, a certified holistic nutritionist (CHN) in Winnipeg, gives us the inside scoop.

"Sugar is the main thing [to avoid]," Choptain said.

The problem with sweeteners such as high fructose corn syrup is that there's no "turn-off" switch in the brain. We keep eating more because our brains don't get the signal to put down the sugar-infused snack.

Caffeine is also very hard on the body because of the tendency of habituation. If we drink a few cups of caffeinated beverages every day for an extended period of time, our bodies get used to it. Once we have adapted to it, we don't get that same burst of energy from the caffeine that we once did. We require more caffeine to achieve that same energy burst. Our bodies become dependent on caffeine, resulting in an unhealthy caffeine overload.

Too much caffeine causes difficulties with being able to sleep, as well. This in turn can make us more susceptible to infectious disease.

"Sleep is number one for the immune system," Choptain said.

In addition to adopting a healthier diet, deep breathing can be beneficial to achieving a good night's sleep.

"When you breathe deeply, you get more oxygen and it can reduce headaches."

Calcium is another way to set up the body for a restful evening. Calcium/magnesium powder can be bought at Shoppers Drug Mart for a reasonable price.

One scoop equals 300 mg of calcium, or the amount in a glass of milk. You can add a scoop or two of calcium powder to a glass of water before you go to bed at night. The chemical reaction of extra amounts of calcium in the bloodstream act as a natural "sleeping pill."

Two more powerful nutrients for total body wellness are DHA and B vitamins. DHA is an omega-3 fatty acid that improves concentration, memory, learning and brain development. B vitamins are great for stress and for when we feel overscheduled.

Choptain encourages everyone to find time in the day, even just 10 minutes, to breathe deeply and relax. Shutting our minds off and not planning or worrying helps the body to calm down. We are better able to tackle the day if we take a few minutes for ourselves.

Ex-smokers in particular often have high levels of stress. The reason for this is that they once they quit smoking, they no longer take breaks throughout the day to have a smoke.

Those short breaks were enough to rejuvenate the body during a midday slump. The solution, Choptain said, is to keep taking the break.

"But do something different [than smoking]," she added wryly.

Nicole Choptain works at Inner Wisdom Nutrition in Osborne Village. Contact Nicole for a personal nutrition assessment (\$55-\$150) at innerwisdomnutrition@shaw.ca or 999-4946.

University of Winnipeg student Sagan Morrow writes a health and wellness blog. Check it out at <http://livinghealthyintherealworld.wordpress.com>.

Solutions to October 1 puzzles:

