

THE UNITER

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16
VOLUME 63



Like Buddy Holly, Roy Orbison, and Waylon Jennings?
Lyle E Style likes 'em so much he re-recorded
some of their previously unreleased tunes

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Decreasing demand for products destroys
Canada's manufacturing sector

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**Never mind
the recession**

Canadians still want
to travel the world

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News

U of W partners with human rights museum

Union reawakens skepticism over museum's integrity

SANDY KLOWAK
BEAT REPORTER

The Canadian Museum for Human Rights launched its first online exhibit at the University of Winnipeg last month, marking the beginning of a partnership between the museum and the university's Global College.

But some Canadians are reluctant to support an initiative they see as hypocritical, said Damon Johnston of the Fort William First Nation in Thunder Bay.

"It's hard to be upbeat about it" given the daily human rights struggles of indigenous people involved in prostitution, filling up Canadian jails and fighting to stay alive on the streets, he said.

"It flies in the face of anything real, of any



Chief operating officer Patrick O'Reilly displays a model of the upcoming Canadian Museum for Human Rights.

validity," Johnston said.

According to Marilou McPhedran, principal of the Global College, critics such as Johnston have an important role in making sure the museum influences Winnipeg positively.

McPhedran said Global College will work with the museum to facilitate liaisons with community groups and put the theory of human rights into practice.

"Human rights are nothing more than words on paper until you translate the essence of those words into improvements in the daily lives that disadvantaged people live," she said.

Originally the private project of Israel 'Izzy' Asper, the museum is now a crown corporation funded by all three levels of government and many private donors, including the Asper Foundation.

According to its chief operating officer Patrick O'Reilly, the museum will cover both historical and contemporary topics regarding human rights in a non-judgmental manner, including issues of gender, ethnicity, sexual orientation and religion.

It will highlight human rights struggles on a local and global scale, critically examining Canada's role in such situations, whether

positive or negative.

"This museum will debate the issues that need to be debated, regardless of controversy," he said in response to concerns the museum will only focus on issues that correspond with the Aspers' political stance.

The museum will conduct discussions with diverse groups across Canada this spring, to collect stories and knowledge for exhibits, O'Reilly said.

"The museum's goal is to educate and inform and make sure that Canadians and others understand the importance of human rights," he said.

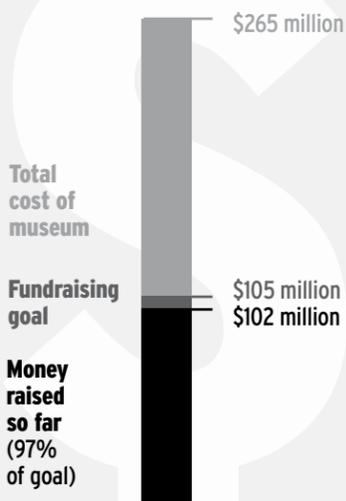
For McPhedran, the Global College's work with the museum holds the possibility to shift Winnipeg's identity to a 'Human Rights City,' influencing attitudes and decision-making on a local and global scale.

"There is a strong commitment here to do whatever we can to act as a catalyst to make the museum successful, not only for the world but for disadvantaged people in this city," she said.

Still, for Johnston, until he sees tangible change for his people, the museum is nothing more than a substitute for real action.

"I don't even know if I'll ever set foot in the place, honestly," he said.

CONSTRUCTION ON THE MUSEUM WILL NOT BEGIN UNTIL ALL FUNDING FOR THE PROJECT IS SECURE



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STREETER

BY SANDY KLOWAK
Q: HOW DO YOU FEEL ABOUT THE CANADIAN MUSEUM FOR HUMAN RIGHTS BEING BUILT IN WINNIPEG, AND WHAT SHOULD IT SHOWCASE?



Jessica Bednarz, first year, undeclared
"I think that's excellent. I think it'll bring people in to Winnipeg. It's something to be proud of. [The museum should showcase] everything, from ancient history to the future, what still needs to be improved."



Shutong Hu, U of W Collegiate
"I don't think it should be here. Maybe in Vancouver or Toronto because that's a big city."



Robert 'Whitey' Craig, retired
"We have a lot of things we need more than a museum, such as let's get our economy on track, look after the seniors, take care of the people in the core area here, let's fix our infrastructure."



Tom King, healthcare worker
"It's very good. I think any larger city would probably like to have it in their city. It's in the centre of Canada. Other cities get their fair share of assistance, especially in Ottawa. I'd just go there and just learn."



Diane Peloquin, retired
"I think it'll be pretty good. Might bring more people to Winnipeg. I'm interested in anything."



Suzett Pangillan, Science student at the University of Manitoba
"I think it's a good idea just because if people visit the museum they're able to know what different cultures have gone through for a better life. The museum will help people understand other people's perspectives."

MOUSELAND PRESS

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*** COVER IMAGE**
"The Mouse Eater"
by Bill Beso

Housing program warms up homeowners

Training, advice offered to inner city owners

DAN HUYGHEBAERT
BEAT REPORTER

Despite his busy holiday schedule, Larry Kinnear took some time this December to explain the inner workings of furnaces to a recently landed Vietnamese family.

"Unfortunately, most people haven't acquired the skills for the problems they come across."

-Larry Kinnear, Housing Training Initiative

"They turned it off Christmas Eve because it was making noises," Kinnear said. "So I spent a day with them showing them the ins and outs of their home, including telling them

that their furnace should be making those noises."

This newly arrived family is not the only one in need of some homeownership assistance. The Housing Training Initiative (HTI) is a program offering free advice, house calls and workshops on home maintenance to residents of the Spence, North End, Daniel McIntyre and St. Matthews communities.

The program mainly targets the low income homeowners of the city's oldest homes, but is also available to anyone who shows interest.

"Unfortunately, most people haven't acquired the skills for the problems they come across," said Kinnear, the program's co-ordinator, who does free house calls with all interested clients.

The program helps many new Canadians who have taken advantage of Manitoba's Affordable Housing Initiative, said Don Miedema, housing co-ordinator for the Spence Neighbourhood Association.

This month, the workshop focuses on winter home



With the Housing Training Initiative, Larry Kinnear helps new homeowners take care of their house.

maintenance.

"Ice damming is the main problem" for inexperienced home owners, Kinnear said. Ice damming is the accumulation of ice near the eaves, which dams melting snow and causes water to seep between the shingles.

The program was started in 2004 with a partial grant of \$32,500 from the provincial Neighbourhoods Alive!

It is now funded by the participating communities' associations, along with the Winnipeg Housing Rehabilitation Corporation (WHRC) and Neighbourhoods Alive!

Richard Dilay, manager for Neighbourhoods Alive!, said workshops cover everything from changing a furnace filter to installing a new furnace.

"The program applies to tenants of homes and apartments

as well as homeowners," Dilay said.

The HTI service fills a much needed gap. Rob Neufeld, executive director of the North End Community Renewal Corporation, reports an increase in home ownership in his community.

"As a former builder, I think this program is worth it," Neufeld said.

The program has also enabled communities to learn from one another, said Stephanie Haight, project manager with WHRC, which administers the program.

"It creates a support network within and between communities," she said.

The program will be offering workshops on mortgages in February.

"I recommend every homeowner and potential homeowner take these courses," Miedema said.

Those interested in HTI services, contact Larry Kinnear at 949-2890 or email him at hti@whrc.ca.

Struggling to stay afloat in Canada

Manufacturing sector jobs flounder as demand for product drops

JOE KORNELSEN
BEAT REPORTER

Years of declining profits and the economic slowdown has led Winnipeg's manufacturing sector to shut the doors on many jobs.

In the last three months Carsten Diercks, vice-president of Palliser Furniture, has noticed a decline in the demand for his company's products.

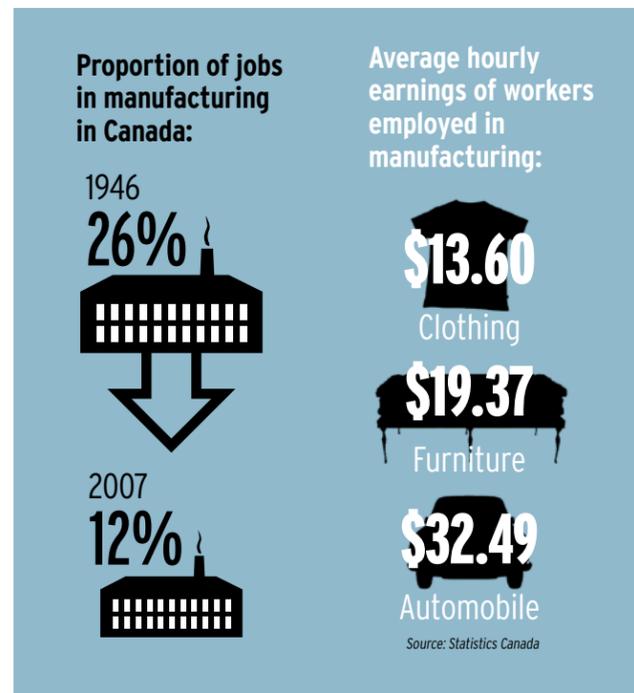
"From day to day you need to buy bread. When you need a sofa, you can decide to buy it next month or next year," he said.

Despite the recent trouble, Diercks said Palliser had benefited from the high oil prices in the summer. Importing from China became too expensive, increasing demand for locally produced furniture.

The pressure grew so much that it was hard for the company to attract enough workers.

"We've seen quite a decline in the last couple of years."

-Jane Lin, Statistics Canada



But Palliser is unique in this. Jane Lin, an analyst with Statistics Canada, said the

once-booming manufacturing sector has been suffering in recent years.

"We've seen quite a decline in the last couple of years."

Between 2004 and 2007, 247,000 jobs were lost across the country. November 2008 alone saw the loss of 38,000 manufacturing jobs.

Not only are jobs disappearing, but there are also less people in Canada interested in doing this kind of work, Diercks said.

"In general, if you ignore the economic crisis we had a lack of labour," he said.

"It's not the easiest job."

Christine Balcaen is a former University of Winnipeg student who works in a downtown plant specializing in screen printing clothing.

Balcaen herself was drawn to the job's physical nature, but admits it may lack the appeal of less physically strenuous desk jobs.

"It would appeal to a certain kind of person. You have to be hard working and the job is a bit messy," she said.

Paying the wages that would pull people into the market is difficult in Canada, Diercks said. As a result, Palliser has set up four plants in Mexico, where labour is cheaper.

Statistics Canada's Lin said the disappearance of manufacturing jobs has meant gains for other industries, such as health care and education.

Yet the wages offered in other sectors may not match those offered in manufacturing.

"There is concern over what types of jobs are replacing these relatively high paying jobs," Lin said.

DeFebr Furniture closed its Transcona plant on Dec. 31, cutting jobs and consolidating services with another location. It had also closed a plant in Morden last year. Penthouse furniture was a local retailer operated by North End Furniture Co. It closed in mid-December.

STUDENTS WANTED

THE UNIVERSITY OF WINNIPEG

Career & Summer Job Fair
January 28th, 10am to 3pm
Duckworth Center

International News Briefs

Compiled by Brooke Dmytriw

LIFE-SAVING PHONES

TORONTO: The federal government instructed Canadian cell phone providers to change their systems so 911 operators can locate 911 calls.

The formal decision is expected in February, and the Canadian Radio-television and Telecommunications Commission (CRTC) will likely give cellular companies until 2010 to implement the technology.

Numerous people have died after placing 911 calls because emergency dispatchers could not place the origins of the call.

CBC reported cellular companies charge 911 fees to their subscribers even where the 911 service is not provided.

The call-location technology has existed for several years, but the CRTC refused to force mobile phone companies to implement it until now.

SAVING TAZ

SYDNEY, Australia: Australian scientists are hoping a new fence will help save the Tasmanian devil from extinction on the island.

The world's largest marsupial carnivore is facing extinction from a contagious form of cancer. Two-thirds of the Tasmanian devil population has already been affected.

Should the infection spread, the marsupial could be extinct within 20 years.

The construction of a fence would enable scientists to separate the healthy animals from the sick ones.

According to the BBC, the current practice for containment has been to remove the healthy animals and keep them quarantined.

The cancer appears to be contagious, causing facial tumours on the devils. Recent research has determined the disease is not hereditary.

WHEN SIZE DOES MATTER

SAO PAULO, Brazil: Jesus just found himself a match-himself.

The famous Christ the Redeemer statue on Rio de Janeiro's Corcovado Mountain is facing a rival from Sertaozinho, a small town northwest of Sao Paulo.

The farming town is erecting a Christ statue that will be larger than the iconic 125 foot Jesus overlooking the city. Sertaozinho's statue will measure 187 feet, including a 28-foot pedestal.

Reuters reported many Brazilians think the small agricultural town is trying to draw tourists away from Rio by offering similar features.

Besides the statue, Sertaozinho constructed a man-made lake with an artificial beach, another rival to Rio's Ipanema.

FATNESS, PIMPLES AND ACNE FORM GROUNDS FOR DISMISSAL

DELHI, India: Air India has fired nine female flight attendants, citing they are too overweight to perform their jobs.

The women were relieved of flying duties two to three years ago and placed on ground duty. The women have since been told their ground jobs are also redundant.

A spokesperson for Air India said the women were initially declared medically unfit to fly, stating that safety is imperative on flights and being grossly overweight compromised their functions on planes.

The women have since taken the airline to court for their terminations.

Last year the Delhi high court ruled in favour of Air India and determined that overweight crew presented health and safety issues while flying.

According to the BBC, the court stated female flight attendants physical condition and appearance was an important factor in her personality.

Air India has been tightening its recruitment criteria, citing it would not consider applicants with acne and/or bad teeth.

Around the world in the red

Passion for travel survives financial crunch

DAN HUYGHEBAERT
BEAT REPORTER

Kiera Vespims has a passion for traveling. The Hostelling International (HI) Winnipeg Downtowner waitress has traveled to Europe, Brazil, Mexico, Malaysia and Singapore, and she is only 21.

For Vespims, traveling is about personal growth, independence and experiencing new cultures.

"Traveling is the allure and the mystery of what you're going to discover," Vespims said. "I love meeting people."

While many are returning from winter holidays and students are planning their Reading Week getaway, traveling on the cheap is on everyone's mind. Canadians love traveling so much, they spent \$7.1 billion on travel abroad in 2008, over \$2.9 billion more than foreigners did here, according to Statistics Canada.

This firmly places HI Downtowner guests Joaquin Rodino and Valentina Rivero in the minority. The 23-year-old Uruguay couple is in the midst of a cross-Canada tour, having recently returned from a trip to Churchill.

"It was incredible," said Rivero, sporting a newly purchased Churchill hoodie. "Traveling opens your mind when you see how other people live."

Rivero and Rodino plan on con-

tinuing out west to Jasper, Banff and eventually Vancouver.

Manitoba HI executive Marcy Gibbs said traveling provides a different educational experience than school.

"It's about the experience," Gibbs said. "It is more than just reading about it."

Rodino, who works as a carpenter in Uruguay, loves checking out architecture in new places.

"He loves to see how things are built," Rivero said. "He is also learning to speak English better."

Gibbs said young people are at the point in their life where they are able to travel, due to lack of family commitments and mortgages.

"They have some disposable income and it is easy to travel for the first time," Gibbs said.

Despite concerns, Gibbs feels tourism to Canada hasn't been affected by the global economic crisis. The HI Downtowner has seen an increase in business since relocating to a bigger facility in 2007.

Manish Pandey, economics professor at the University of Winnipeg, said the travel deficit, resulting from Canadians spending more abroad than tourists bring in, is dwarfed by Canada's overall trade surplus of \$5.6 billion in November.

Laura Lindal, a travel consultant with Travel Cuts, said their business has not dropped at all.

They are also anticipating a busy rush in February and March.

"It's our Europe season," Lindal said, referring to the time when students think ahead of the end of term and begin to plan on traveling for the summer.

"People will travel regardless of



CHANTAL DEGAONE

HI Downtowner's Marcy Gibbs believes young people travel more due to fewer commitments and more disposable income.

the economy."

"Why spend summer in Winnipeg when you can spend it somewhere else?" she said. "It's good to get out of your comfort zone."

Lindal said traveling signals a rejection of Western culture and the need to take a break.

"People have been traveling to India to take yoga classes and to Thailand to learn cooking," she said.

Rivero and Rodino are not done traveling when they return home to Uruguay. They plan on traveling around South America for another 10 months.

"I hope I can travel all my life," Rivero said.

Canada's travel deficit has shrunk this year, fuelled by Canadians limiting their spending and tourists spending more here, suggests Statistics Canada.

"People will travel regardless of the economy. Why spend summer in Winnipeg when you can spend it somewhere else?"

-Laura Lindal, Travel Cuts

Exposing the truth about date rape

New campaign aims to dispel myths of date rape

KSENIA PRINTS
NEWS PRODUCTION EDITOR

On your next visit to a bar, make sure someone is keeping tabs on your drink, states a new campaign. Even safer is buying sealed bottles, as it could be the bartender who is slipping you something extra.

On his first day of a visit to Turkey, Jason (pseudonym, real name undisclosed) went with some friends to a bar in a busy tourist area.

But just a few sips into his beer, Jason's head began pounding.

Jason locked himself in the bar's bathroom, where he lay unconscious on the floor for over an hour. He threw up the entire way back to his hotel.

The next morning, a local doctor declared Jason was drugged.

"That's what it was, a form of date rape like they use in North America. They use it to steal," he said. "I didn't know what the drug was, but she said it was a very popular one and they use it all the time."

"Whether these drugs are used to sexually assault someone or to rob from them, these assaults do happen to men, mostly by heterosexual men," said Nadia La Rosa with the



CINDY TITUS

A new campaign starting at the U of W and throughout Winnipeg is shifting focus from watching drinks to educating potential predators.

Sexual Assault Crisis Program at Klinik Community Health Centre.

La Rosa is in charge of a new city-wide date rape campaign. On Jan. 5, the campaign launched at the University of Winnipeg with a table at Riddell Hall.

Kate Smith, Klinik Student Health Services co-ordinator, hopes to raise awareness of date rape through contact with university Counselling Services, Peer Support and the University of Winnipeg Students' Association.

"The whole issue of sexual assault went underground. It seemed invisible—as though it doesn't happen here," she said.

The campaign seeks to inform

DATE RAPE - COMMON MYTHS

Myth: Only women are victims of date rape.

Fact: Ninety per cent of victims of all sexual assaults are female; 10 per cent are male.

Myth: If the assaulted person says nothing, it's consent; if they say yes first and then withdraw, it still counts as yes; if they act promiscuous, consent isn't required.

Fact: According to Canada's Criminal Code, consent has to be explicit, voluntary and continuous—a withdrawal of consent at any point means 'stop.'

Myth: If the assailant is drunk, they cannot be held accountable.

Fact: If the assailant is self-intoxicated, they are still responsible.

Myth: All date rape involves drugs.

Fact: "The most common date rape drug is alcohol," said Nadia La Rosa of Klinik's Sexual Assault Crisis Program. "Even if you're not slipping something into a drink, sex without legal consent is sexual assault."

Myth: Date rape is rare.

Fact: Date rape accounts for 60 per cent of reported rapes in the United States.

Source: Nadia La Rosa; Criminal Code of Canada; Klinik Sexual Assault Crisis Program; SACHA Sexual Assault Centre.

about date rape and dispel common myths.

"We need to start looking at this as a societal responsibility," said La Rosa. "We put so much focus

"The whole issue of sexual assault went underground. It seemed invisible—as though it doesn't happen here."

-Kate Smith, Klinik

on watching your drink, but stats haven't changed—it puts responsibility on the victim."

In turn, part of this campaign targets the people on the other side of the glass.

"We want to get the info out to people who might be considering drugging someone," La Rosa said. "We don't want to focus on just educating women."

"It would be great if we can have good, even conflictual dialogue and move it to the next portion of resistance," she said.

After his experience, Jason switched to only buying sealed bottles.

"I had this mindset that it won't happen to me," Jason said. "In the west it happens often to women... When it's men, it's not as reported and talked about."

The campaign is in its early stages. La Rosa is currently contacting local bars, walk-in clinics and hotels to feature the campaign's poster, but has so far received no definite confirmation.

She is primarily addressing 18 to 30-year-olds.

To contact the 24-hour Sexual Crisis Line, call 786-8631. For more information on the campaign, contact La Rosa at 204-784-4049.

In search of the black gold

Manitoba extends oil drilling programs, angers environmentalists

JOE KORNELSEN
BEAT REPORTER

Oil exploration doesn't have to end in Saskatchewan; Manitoba has oil too, and the government is looking to encourage industry development.

But environmentalists question whether Manitoba has the proper oversight to prevent serious environmental damage.

The Government of Manitoba recently announced the extension of the Manitoba Drilling Incentive Program (MDIP), which provides tax exemptions to any new well built before 2014.

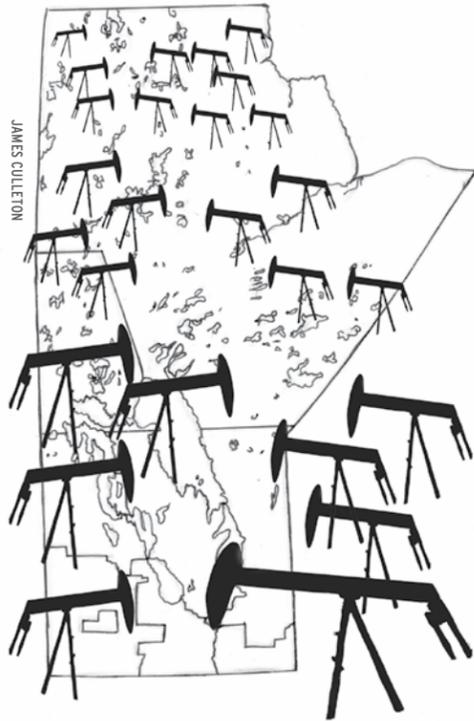
The program, started in 2004, was initially supposed to end at the beginning of 2009.

"It's a program that rewards people that explore in Manitoba," said Keith Lowdon, director of the Petroleum Branch with Manitoba Science, Technology, Energy and Mines.

"We believe the incentive encourages drilling."

Lowdon said that despite the fact Manitoba will not see anywhere near the kind of oil exploration seen in Alberta or Saskatchewan, the government would still like to develop the industry.

Increasing the funding to oil exploration doesn't sit well with Gaile



⇒ As of December 2007, Manitoba had 2,576 wells operating.

⇒ A new well can cost anything between \$325,000 and \$1.2 million.

⇒ Private oil and gas rights owners in Manitoba earned an estimated \$62 million in 2006.

⇒ Both southwest Manitoba and the Hudson Bay Lowlands have the potential for oil and gas production.

Source: Manitoba Science, Technology, Energy and Mines Petroleum Branch

"If you have stronger environmental standards and public notifications then you have a better social contract."

-Gaile Whelan-Enns, Manitoba Wildlands

Whelan-Enns, director of Manitoba Wildlands, an environmental organization working to establish protected areas in the province.

Whelan-Enns believes the environmental regulations in the province are too lax. She believes tightening them will encourage companies to drill in the province by projecting a more responsible image.

"If you have stronger environmental standards and public notifications then you have a better social contract," she said.

Lowdon said the industry, located in the southwest corner of

the province, is already under tight environmental regulation, with inspectors going out to sites in areas that have a higher potential for environmental damage.

He added companies, as a matter of cost, work to avoid spills.

"All companies, due to liability, want to make sure to avoid spills."

Whelan-Enns considers the oil exploration incentive acceptable only if the province would also provide funding for other energy development.

"They should have commitments and plans for alternative energy and a variety of environmental

programs that also go to 2014. And it should be equal to what we're spending on this," she said.

To counter the effects of the drilling, Whelan-Enns said the government should also create more protected areas in the southwest region of the province, where most of the drilling takes place.

With the dramatic fall in oil prices Lowdon believes there will likely be less drilling in 2009 than there was in 2008.

For more information on the newly extended program, check out <http://tinyurl.com/74x4r6>.

Surviving the draw of urban retail

Downtown shopping in Winnipeg has its pros and cons

SANDY KLOWAK
BEAT REPORTER

Retail superpower Ikea's decision to set up on Kenaston Boulevard in Winnipeg is giving urban store owners one more reason to worry about suburbanites avoiding downtown as a shopping destination.

The city centre was once Winnipeg's retail hub; many shoppers now gravitate toward suburban big-box power centres.

"People can live in the suburbs and not even come downtown anymore, so downtown has sort of lost that hierarchical pull," said Brian Lorch, retail geographer and professor at Lakehead University.

While boasting a 92 per cent occupancy rate, Portage Place has suffered significant losses in the recent past, including McNally Robinson Booksellers' move to Polo Park.

Sales have been falling at Portage Place, but not because of its central location, said Nancy Chappell-Pollack, the mall's marketing co-ordinator.

"It's a tough year for all retail," she said.

Though traffic hasn't significantly decreased, harsh economic times have shop owners lowering sale prices and visitors avoiding shopping altogether, she said.

But some shoppers remain loyal



Dropping sales in downtown malls like Portage Place have experts predicting a return to small-store shopping.

to Portage Place.

"It's so convenient, it's close to us," said shopper Jose Gagit.

According to Gagit, lots of shoppers prefer downtown due to the surrounding amenities and accessible transit routes. The only thing the downtown doesn't offer is a Wal-Mart, he said. Peter Curpen, owner of City Jewellers, enjoys his spot in Portage Place mall, explaining that his store is constantly busy because of the repair service they provide in addition to sales.

"It was a very good experience moving into the mall," he said of his store's move from Main Street years ago. "It was like day and night."

While Chappell-Pollack cites female professionals from 35 to 54 as Portage Place's target shopper, pro-

fessor Lorch sees evidence of a different trend.

"You don't see the whole spectrum here," he said of downtown retail. "The upper end has disappeared."

Lorch said that to cater to a local population with less disposable income while also increasing city-wide appeal, Winnipeg's core needs more unique retailers to draw in reluctant shoppers from the suburbs.

But according to Stefano Grande, executive director of the Downtown Winnipeg BIZ, the city centre already has many unique

shops to cater to a niche market, like eco-friendly retailer Mountain Equipment Co-op.

Downtown also offers a more diverse atmosphere than big-box lots, he said.

"Turn your shopping trip more into a day trip with your kids," Grande suggested. "Downtown's more about an experience than it is just about pure shopping."

For more on downtown versus Ikea, read Devin Morrow's comment on page 8 of this issue.

"You don't see the whole spectrum here, the upper end has disappeared."

-Brian Lorch, Lakehead University

Local News Briefs

Compiled by John Gaudes

CHURCHILL FOOD SHORTAGES CONTINUE

It certainly hasn't been a happy holiday for the food situation in Churchill.

According to the *Winnipeg Free Press*, with \$60 million in train repairs taking part in a disappearing act, the residents of the town of a thousand are up in arms as a chronic lack of perishable food items continues.

In place of train imports, the major grocers have recently been flying in milk, eggs, and bread that has kept shelves momentarily stocked.

WINNIPEG READIES NEW 311 HOTLINE

To take pressure off the 911 emergency hotline, Winnipeg will be the next city to implement a 311 non-emergency number.

This new call centre will also field questions on city hall business.

CBC reported the new line will take pressure off the 911 emergency line, which is often flooded with calls of a non-urgent nature.

The 311 call centre is expected to cost \$31 million over five years.

TUSKS ADVANCE CLIMATE CHANGE RESEARCH

Al Gore be damned - to learn more about global warming effects on the Arctic, scientists with Fisheries and Oceans Canada in Winnipeg are turning to study walrus tusks.

The *Winnipeg Free Press* reported experts hope to find traces of contaminants like mercury and evidence of a poor diet in the teeth, both signs of depleting food supplies and an increase in harmful greenhouse gases in the atmosphere.

Climate change historically affected the Arctic first; scientists hope these studies will help assess future risks.

FIGHTING FOR THE MÉTIS RIGHT TO HUNT

After five years of fighting the province in court, Métis resident Will Goodon will go home victorious after being exonerated of charges made against him for shooting a duck near Turtle Mountain in 2004.

This case is expected to set a precedent for future hunting charges involving Métis. While the province argued that Métis do not have the same given right to hunt as other First Nations peoples, the judge favoured Goodon, who contended all that he needed was a harvester license.

In the end, Manitoba Conservation Minister Stan Struthers stated charges against other similar Métis hunters could be dropped as a result of Goodon's case.

WINNIPEG TRAIL BEATS OWN RECORD

Winnipeg is primed to beat its own Guinness World Record with this year's Winter Trail, which will stretch from The Forks all the way to the Assiniboine Park.

The 8.5 km skateway, according to CBC, was made possible by sub-zero temperatures coming early and often this winter.

The river trail is expected to cost approximately \$215,000 to construct and maintain during the 2009 winter season.

Campus News

U of W mourns death of president emeritus

Henry Duckworth's devotion to university sports inspires staff

ANDREW MCMONAGLE
BEAT REPORTER

Not just a name on a building, Henry Edmison Duckworth was involved with the University of Winnipeg for 76 years. He died on Thursday, Dec. 18 at the age of 93.

Duckworth was the one who started the first Great Rock Climb in 1972. This began an annual tradition where students race to scale The Rock of Remembrance, the large boulder just off Portage Avenue in front of Wesley Hall.

This was just one small way Duckworth impacted student life at the U of W.

His namesake, the Duckworth Centre, can now be viewed as a tribute to the man who was so devoted to university sports that

he was a constant sight at sports events, said men's basketball coach Dave Crook.

"Even as president, he was at almost every game, supporting the kids," said Crook.

Crook fondly remembers the man who "always had time to talk."

"The last time I spoke to him was at a game, where he appeared suddenly behind me as he wanted to shake my hand before we played the (University of Manitoba) Bisons in the Duckworth Challenge."

Women's volleyball coach Diane Scott also admired Duckworth.

"His whole life encompassed education and development, which epitomizes what a university is," she said.

"He is part of the fabric of this university. He was family, for lack of a better word."

While his name is most often associated with the Wesmen, Duckworth devoted much of his life to the study of physics.

Duckworth started at the univer-

sity as a student of Wesley College, going on to teach physics at the United College.

Duckworth achieved international recognition for his studies involving atomic masses and nuclear stability.

"I used his textbook in my first year electricity class," said Stephen Klassen, physics professor at the U of W. "He was a pioneer. The principles of mass spectroscopy (finding the weight of atoms) are still used in chemistry."

Unlike the stereotypical image of scientists, Duckworth had an easy-going attitude.

"His jokes were always colourful and tied into issues that others wouldn't dare to say," Klassen said.

Duckworth, who was also an Officer of the Order of Canada, has many publications, including



Henry Duckworth, pictured here with his daughter, Jane Maksymiuk (left), and his wife Shirley (right), at the 2008 Rock Climb, died at 93.

COURTESY OF U OF W COMMUNICATIONS

physics monographs, texts and an autobiography called One Version of the Facts: My Life in the Ivory Tower in 2000.

HENRY E. DUCKWORTH—MILESTONES

- Born in Brandon, Manitoba, Nov. 1, 1915
- BA, United College, 1935
- B.Sc., University of Manitoba, 1936
- Physics instructor, United College, 1938-1940
- PhD (Physics), University of Chicago, 1942
- Assistant professor, U of M, 1945-46
- Professor, McMaster University, 1951-65
- Fellowship, Royal Society of Canada (RSC), 1954
- Dean of graduate studies, McMaster University, 1962-65
- Professor, U of M, 1965-71
- Vice-president (development), U of M, 1966-71
- Fellow, United College, 1966
- President, University of Winnipeg, 1971-81
- President, RSC, 1971-72
- Officer, Order of Canada, 1976
- President emeritus, U of W, 1981-2009
- Chancellor, U of M, 1986-92
- Director, U of W Foundation, 2003-2009

Source: University of Winnipeg

Sustainable Lifestyles Contest

Presented by The University of Winnipeg's Campus Sustainability Office and The Uniter

Live sustainably, win great prizes.



The Uniter and the University's Campus Sustainability Office want you to live your life with the planet in mind. Show us your environmental know-how and you can win. It's easy! Each week, answer the Sustainable Lifestyles question on the ballot below and **drop it off in the box at the Info Booth**. There are four weekly prizes up for grabs and one grand prize. The more weekly contests you enter, the greater your chance at winning the grand prize! Prizes include a backpack from Mountain Equipment Co-op, Gift certificates from Soma Cafe, and more... Grand prize TBA.

THIS WEEK'S QUESTION: Using the Navigo Trip Planner on the Winnipeg Transit website (<http://winnipegtransit.com/NavigoPlus/TripPlanner.jsp>), plan a trip from Osborne Village (starting at River Avenue and Osborne Street) to the University of Winnipeg. Plan to arrive in time for 8:30 a.m. class. **Which bus(es) would you take to get to the U of W in the least amount of time?**

Name: _____
 Phone: _____
 E-mail: _____
 Yes, I want to receive occasional e-mails from The Uniter about interesting community events and issues that matter to me.
 Answer: _____

Is there anything you want to tell us? _____

For information, contact The Uniter at 786-9790, editor@uniter.ca or the Campus Sustainability Office at 789-1478.

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\$ 25,000	\$ 15,000
\$ 5,000	\$ 3,000

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Porn, caught on tape

U of W security guard caught viewing pornography on school computers

ANDREW MCMONAGLE
BEAT REPORTER

With the help of duct tape and some ingenuity, University of Winnipeg students used a homemade surveillance system to catch a campus security guard surfing pornographic websites on school computers.

The story started after a routine check-up revealed porn sites in the web history of a computer belonging to the U of W Physics Student Association (UWPSA), reported member Josh Boulding.

"For six weeks we collected evidence," he said.

The intruder made no secret of his activity.

"Several times the website was left on the screen," Boulding said. "Once, a suspicious paper towel was found on the floor."

Students denied accessing these sites, which were visited after the school closed at night.

The association's computer is not on the U of W's network and access to sites, including ones that contain porn, is not limited.

Seeking answers, students hid a video surveillance camera inside a Star Wars helmet in the association's room.

The setup worked, and the camera revealed a security guard on the computer.

Once they got the image they needed, the students provided it to the department head, who took it to head of security David Mauro.

Mauro was tight-lipped about the situation, citing privacy legislation.

"I won't confirm anything in relation to employees or contract employees," he said. "It would be irresponsible."

When asked what the procedure would be in this scenario, Mauro spoke hypothetically.

"We would have to confirm it first. Depending on the specific situation, the contract employee may or may not be interviewed. We would contact the contractors... inform them and recommend the employee be re-deployed to another site."

But in an e-mail to the association, Mauro wrote "the security guard you (UWPSA members) discovered using the computer in the lounge was removed from the University work site."

"I sincerely regret that my department created an unprofessional and uncomfortable environment for you all," he further wrote in the e-mail to members.

Mike Lang, president of the UWPSA, said Mauro confirmed the employee would be moved.

Mauro wrote the security guard on tape was a contract worker at the university and not a U of W employee.

The U of W contracts Garda Security, who was unavailable for comment before press time.

Although the situation constitutes a breach in performance and is considered a maintenance issue, such maintenance issues arise for managers in every sphere, Mauro



Students at the U of W Physics Student Association stopped a security guard from surfing porn in their lounge after catching him on camera.

said in an interview.

The police were not involved as the pornography was not illicit.

"This isn't a situation where the guy did something so disturbing that he can never be a security guard again," Mauro said.

He also praised the association's investigative skills in his e-mail.

"Your (UWPSA's) investigative diligence was pretty creative and nothing short of amazing. In all my years in policing and security, I have never seen such an effective, low cost solution to covert surveillance!" he wrote.

In an interview, Mauro acknowledged that there have been problems in the past with university

security guards.

"We have, for any number of reasons, requested that guards be re-deployed," Mauro said. "It's not unusual."

Mauro cited conduct, performance and poor image as the main reasons for a guard to be re-deployed. Poor image refers mainly to the state of their uniform and hygiene.

"The nature of the industry is that we're always competing to recruit the best security guards we can," said Mauro. "That means letting some go to get better guards in."

Mauro noted that the majority of guards on campus are excellent.

"Several times the website was left on the screen."

-Josh Boulding,
University of Winnipeg Physics Student Association

Forging friendships across the world

University women's group offers support to Lebanese refugees

RENEE LILLEY
VOLUNTEER STAFF

The University of Winnipeg Womyn's Centre is reaching out to a Lebanese refugee camp in the hopes of bringing solidarity and friendship to the lives of its displaced women.

The Womyn's Centre sent a letter requesting to partner with a women's centre in north Lebanon's Nahr El Bared last month.

They are still awaiting a reply, but U of W Womyn's Centre coordinator Katie Haig-Anderson remains optimistic.

"The collective is definitely interested in finding ways to support the women's centre and the community in recovering," she wrote in an e-mail.

The Nahr El Bared camp was involved in a violent altercation between Palestinian group Fatah al-Islam and the Lebanese army in the spring of 2007. The prolonged fighting destroyed approximately 95 per cent of the camp's buildings and led to the displacement of an estimated 27,000 Palestinians.

The reconstruction of the destroyed camp has been continuously delayed since then, with



international relief agencies providing most services in the camp.

The Womyn's Centre found out about the plight of the camp's women from United Nations Relief and Works Agency for Palestinian Refugees in the Near East (UNRWA) intern and former U of W student Rachel Reimer-Vandenberg, who was stationed in it, as well as eight other Palestinian refugee camps in Lebanon, from August to November 2008.

Her idea for partnership between women's centres inspired the university collective to form an international bond.

"The friendship that is developing is completely necessary and valuable," Reimer-Vandenberg wrote in an e-mail. "The two centres represent, in my mind, an ac-

tion of solidarity and a learning opportunity for both sides."

Upon hearing of the camp, Haig-Anderson felt compelled to take action, but notes the relationship with Nahr El Bared has really just begun.

"We do not have concrete plans for what to do next, as we want to let the relationship to develop organically... We figured a letter would be a good place to start."

Haig-Anderson said that despite the struggles Nahr El Bared is facing, it is inspiring the community.

Reimer-Vandenberg stresses that although the two women's centres have separate sets of values and purposes, the bond is still integral for the creation of a safe space for dialogue.

"For peace to become a tangible

"We want to let the relationship develop organically."

-Katie Haig-Anderson,
Womyn's Centre

reality, their struggles must become our struggles," she wrote.

Reimer-Vandenberg wrote about the living situation for Palestinian refugees in Lebanon in Issue 14 of *The Uniter*, <http://www.uniter.ca/view.php?aid=41010>. To get involved with the Womyn's Centre's efforts to lend support, call 786-9788 or e-mail womynsctr@theuwsa.ca.

Campus News Briefs

Compiled by Craig Heinrich

DINING WITH THE AX

Got a beef you want to take directly to the top? Do it while eating your roast beef sandwich!

University of Winnipeg's president and vice chancellor Lloyd Axworthy will be dining in Riddell Hall today (Thursday, Jan. 15), and you're invited to join him.

He's making himself available to students in hopes of creating an "atmosphere of dialog," U of W's communications department said.

Axworthy will eat with the students once a month. The next lunch is scheduled for Feb. 25.

No word on whether he'll brown bag it or if he'll eat cafeteria food.

BUDGET CUTBACKS HITTING CANADIAN UNIVERSITIES

Post-secondary institutions across Canada are feeling the pinch as bleak economic times begin to take effect on the world at large.

Maclean's On Campus reported that budget cuts necessary across the nation threaten everything from scholarship handouts to staffing levels in universities.

The Wilfred Laurier University in Ontario, for example, had to cut its three-year budget by an estimated \$31 million.

The Association of Universities and Colleges of Canada requested a \$2.4 billion provision from the federal government to post-secondary institutions to avoid further cuts.

PROFESSOR BOOTED FOR OVERLY-GENEROUS GRADING

A physics professor at the University of Ottawa was recently put on suspension, threatened with a dismissal and escorted from campus by university police on Dec. 10 after he gave all the students in his class an A+.

The perfect grades were awarded after the university denied the professor's request for a pass/fail grading system, reported the *Chronicle of Higher Education*.

The professor in question is Denis Rancourt, a noted physicist who has been a professor at the U of O for 22 years.

Rancourt reportedly had 18 grievances filed against him during his tenure.

BUSTED

A university student faces a disciplinary hearing that could result in expulsion after allegedly faking her way into York University's Osgoode Hall Law School.

The student, Quami Frederick, is accused of submitting a phony online degree to the university, reported the *Toronto Star*.

Frederick was accepted into the school's law program on the basis of this degree, prompting the university to tighten its admissions process.

The student later used inflated transcripts to successfully apply to a law firm.

GAZA PROTEST COMMANDEERS UNIVERSITY ENTRANCE

Students returning to McMaster University found it hard to move past a Free Gaza demonstration outside the university doors.

The demonstration was organized by Defend Gaza, a committee formed just before the start of the new year who support the Palestinian cause in the Gaza Strip and condemn the Israeli missile strikes taking place for the past few weeks.

The *Silhouette* reported Jamila Ghaddar, a McMaster alumni and Defend Gaza supporter, said the group has two demands: an end to Israeli aggression in Gaza and an expression of Canadian support of Palestinians.

Comments

Between good and evil in the holy land

Canada still lacks valid statement on Gaza situation



ANDREW TOD
VOLUNTEER STAFF

After stalling for over a week to produce any considerable public comment concerning the latest outbreak of hostilities in Gaza, the Canadian government finally broke its ill-advised silence on the matter last week. Junior foreign affairs minister Peter Kent was sent out to inform Canadians of their government's position on the situation.

The actual foreign minister, Lawrence Cannon (assumably having decided that Kent's first salvo had gone favourably) emerged from whatever declamatory black hole he had been trapped in for the first 11 days of Israel's offensive and issued the same old Canadian statement concerning Israel and its

enemies: that Israel has the right to exist and defend itself and that Israel's actions are therefore warranted in dealing with terrorist networks such as Hamas.

The Harper government has continued to have a woeful lack of imagination in the area of foreign affairs. Its statements of this nature serve to reinforce the belief that the conflict has arisen due to the possibility that the Israeli state faces imminent destruction from an ill-armed terrorist network which at best possesses poorly functioning rockets that miss its indiscriminate targets more often than it hits.

The problem, however, with assertions which re-affirm the Canadian government's staunch support of Israel's existence is that it is highly unlikely that Canadians ever assumed their government did not support Israel's right to exist to begin with. The binary division between those who apparently support Israel and those who criticize some of the actions of the Israeli government and therefore are deemed as 'anti' Israel (or often even anti-Se-

mitic) fails to reflect the grey area which surrounds the Palestine/Israel conflict. Resorting to name-calling while hundreds of Palestinians are being killed through the actions of Israel's government, and Israeli citizens face repeated rocket attacks is a vile insult to what really matters in this conflict – the safety of the citizenry of Israel and Palestine.

The actions of Hamas and the actions of Israel's government continue to put both groups of citizens in danger, and from analyzing the current death count in Gaza, which is rapidly approaching 900, Palestinians are facing the brunt of this danger.

Despite this fact, both Kent and Cannon instead chose only to reprimand Hamas, and effectively place all the blame of Israeli actions squarely on the shoulders of the Gaza leadership.

The redundancy of supporting Israel's existence – as if that were ever in question for the Canadian government – serves to dull the nature of the government's position with regards to the conflict,

The dividing line between good and evil does not apply well to the situation in Gaza, with despicable acts and the killing of civilians being committed on both sides

as well as insult the intelligence of Canadians. The dividing line between good and evil does not apply well to the situation in Gaza, with despicable acts and the killing of civilians being committed on both sides.

One needs only to think of Israel's bombing of a school in Gaza while targeting Hamas leaders, a military action which killed over 30 Palestinians, as evidence that Israel's actions should not be unilaterally supported by the Canadian government.

If Israel were to seriously desire the destruction of Hamas, it would choose to do so not with bombs, but instead by stamping out its

own policies which Hamas capitalizes on: the perceived oppression of Palestinians by the Israeli government.

Reasonably, people are more than able to comprehend that the safety of Palestinians and Israelis is mutually constitutive. The safety of one group does not have to come at the expense of the other. It is a shame however that the Canadian government prefers to sacrifice reasonable thinking for unimaginative grandstanding and misguided adherence to the actions of the Israeli government.

Andrew Tod is a University of Winnipeg student.

A big, carbon copied guilty pleasure

Swedish furniture: The answer to all our problems



DEVIN MORROW
COMMENTS EDITOR

There are two words any self-respecting Winnipegger hates to hear: urban sprawl. The level of disgust we feel for this term is exemplified in the many downtown and inner city projects aimed at renewal, re-growth, and revitalization of our city core. Over the course of the past few years, Winnipeg has gone to extraordinary lengths to keep its citizens' interest and activities within the area – from building arenas and improving the waterfront to the residential overhauls of West Broadway and the Spence Neighbourhood.

But when faced with the option of continuing this steady and admirable growth where it counts, or watching a long circulating urban myth come to fruition, Winnipeggers have invariably chosen the latter.

Because aside from the financial meltdown that has been plaguing the Western world all winter, the biggest Winnipeg news of December may have been that yes,



we are finally getting an Ikea. In fact, we were so excited about this that the *Winnipeg Free Press* devoted four full pages to the story.

But for every benefit Ikea will provide our city there is a downside, all of which appeared in the four page spread. While it provides

jobs, it will take away from local furniture businesses. While it will invariably attract more visitors to Winnipeg, it will bring with it traffic congestion and with that, air pollution. The list of opposites is endless.

The placement of a massive mul-

The placement of a massive multinational conglomerate furniture/home decor/appliance giant off of Kenaston does nothing to further the theme of revitalization that has overtaken the city for the past few years

tinational conglomerate furniture/home decor/appliance giant off of Kenaston does nothing to further the theme of revitalization that has overtaken the city for the past few years. Furthermore, it only leads to the disillusionment that yes, by using streamlined Swedish designs with a kick we are just as cool as Europe or New York. (We're not.)

The problem is, I love Ikea.

I like the cheap furniture. I like Scandinavian organization techniques. I like that sleek European look that gives my messy, throw-together apartment class (now available in vintage, minimalist, classic, or modern styles).

Winnipeggers are blessed (or cursed, take your pick) with an unbelievable level of civic guilt. We feel responsible for the situation in the inner city, as we should, thus wholly supporting the revitalization efforts and embarking on letter writing rampages when faced with any impediment to this.

The further Winnipeg expands to the city limits already bloated with box stores and new housing developments like Waverly West, the greater our disgust with ourselves rises as we abandon the historic core of the city. Thus, we paradoxically pull between massive investments in the downtown while continuing to shop at retail outlets on the city's edge.

The ability of an institution like Ikea to appear as a halfway point for us is admirable. For whatever reason, we seem to be able to justify its future existence amidst us. Because as much as we can attempt to pride ourselves in our urban awareness, sophistication and forward thinking, all we really want in the end is a little guilty pleasure. After all, we deserve it, right?

For more on this issue, see "Surviving the draw of urban retail" on page 5.

Have an opinion? Write an article

E-mail comments@uniter.ca

Upwards and onwards

Slow growth is not an asset



ROBERT GALSTON
VOLUNTEER

In a time of economic loss and uncertainty around the world, a great deal of comfort has been taken here in Manitoba's ostensibly stable economy. Owing to the province's diverse set of natural resources and the nationalization of the largest of those – hydro-electricity – Manitoba has never really had one leading sector. Because of this, Manitoba has gone for years without experiencing sharp economic declines.

This is often seen as an advantage, particularly now, when once booming economies are in free-fall. But can Manitoba's slow and steady formula win the race?

In 2008, close to 40 per cent of Manitoba's revenues came from transfers from the federal government, and from other provinces. This transferred money has been put to use largely on large capital works projects such as the Floodway expansion and the construction of a new airport terminal in Winnipeg. It seems to work: the government can just turn on the taps on capital works spending whenever the economy demands it. Instant stability!

Often forgotten is that money has a source. Behind every dollar distributed in Manitoba is a free market economy that created that money. When that real economy suffers, it means less money pouring into Manitoba's "stable" economy.

Just as an economy can not be propped up eternally by federal transfers, neither can a troubled city be revitalized simply on creativity, imagination and wishful thinking. An essay titled "Planning for possibility: the city becoming" by Molly Johnson and Richard Milgrom, both employed at the University of Manitoba's City Planning department, offers a case for Winnipeg's slow economic growth.

"The advantage of slow growth is that we should be able to take care of what we already have..." they write. "Slow change allows times to imagine what the city could become."

The things best loved by urbanists and planners in Winnipeg's physical environment – its buildings, streets, neighborhoods, parks and trees – all come from a period of intense boom and bust cycles between 1881 and 1914. In a period of only ten years (1900 to 1910), the city's population more than tripled from 52,000 to 170,000.

Latter decades of slow growth, meanwhile, have rendered Winnipeg a largely ghettoized and misanthropic place. In spite of the best intentions of planners, and a great, heart-warming pool of imagination, art, holistic initiatives and community economic development, the population of the old City of Winnipeg has declined by almost a third since 1972. The luckiest traditional commercial thoroughfares have been pock-marked by strip malls, while the worst off have disappeared almost entirely. Portage and Main, the historical, geographic and economic heart of the city, has been barricaded to pedestrians for 30 years. Banal new suburbs mushroom at the city's fringe, while the bounds of the im-

poverished inner city also sprawl outward.

A good idea is nothing but an idea without money. The desire and ability of individuals to make money in Winnipeg is the only thing that built soaring warehouses and commercial blocks in the Exchange District, or the beautiful houses that sit on tree-lined streets in the West End. It is also the only thing that will be able to restore and reuse these into their second centuries.

For a city to be walkable and transit-oriented, it must be dense. In slow growth, density declines and small businesses go under. Automobile use in Winnipeg is not simply a lifestyle choice on the part of villainous suburbanites, but a matter of necessity. In most of Winnipeg's formerly walkable, transit-oriented neighborhoods, living without a car is extremely laborious and demeaning. Amazingly, this is often more true the closer to downtown you live.

How can walkable neighborhoods exist where there is nothing to walk to? And how can there be anything practical to walk to without a market for it? Who will build these mixed-use apartments on parking lots downtown that planners like to imagine? Who will restore rotting heritage buildings, or revitalize troubled neighborhoods? In our current economic environment, the supply of re-usable urban space far exceeds the demand that slow growth creates. Proponents of slow growth should not protest the loss of heritage buildings, streetscapes, or whole neighborhoods, but instead recognize this as urban downsizing.

Under slow growth, the city is ruled by a dwindling cabal of



MEGAN TURBULL

Brahmins who frequently operate not by exchange and law, but by favour and graft. New wealth is seldom created, as it has become more commendable to receive than to produce. Nothing could be more exclusionary toward new arrivals to the city, desperate to rise up from poverty, than an economy that offers few new opportunities.

While capitalism is indeed cyclical and cannot make a guarantee of lasting growth (the way socialism can guarantee lasting stagnation), the boom and bust cycles are not always severe. And while two steps forward, one step back is never easy, wouldn't it be preferable to not stepping forward at all?

Robert Galston blogs at riseand-sprawl.blogspot.com.

The things best loved by urbanists and planners in Winnipeg's physical environment – its buildings, streets, neighborhoods, parks and trees – all come from a period of intense boom

Anarchism is never the answer

We need society to spread our ideas



WILL DUMONT
VOLUNTEER STAFF

When a machine or system gets more complicated it often develops more problems, more flaws and more inconvenient hiccups.

As these problems develop, they often affect anybody attached to the machine in a variety of ways, and that is when the custodians of that machine need more training and education in order to address those problems. Currently, the most complicated system in existence is society.

Modern day capitalist society has led to unjust business practices, dooming the majority of the human race to squalor in third world nations, exploited for their resources. This probably doesn't come as a surprise to most of you, but an overview was necessary to arrive at my point: the irrationality and nonsense of anarchism.

I got to thinking about anarchism just around the end of the last federal election, when a letter that appeared in *The Uniter* referred to the content of a certain article as pro-statist something or other for having the gall to suggest that we perhaps vote on election day if it's



RYAN JANZ

not too much trouble. It went on to discuss how instead of voting, rioting in the streets and dismantling the government would perhaps be a preferable solution to the political and social ills of our nation.

Back to the machine analogy for a second. When your computer system is faulty due to its complicated nature, perhaps generating some complicated flaws in the intended programming, what would you consider a more rational re-

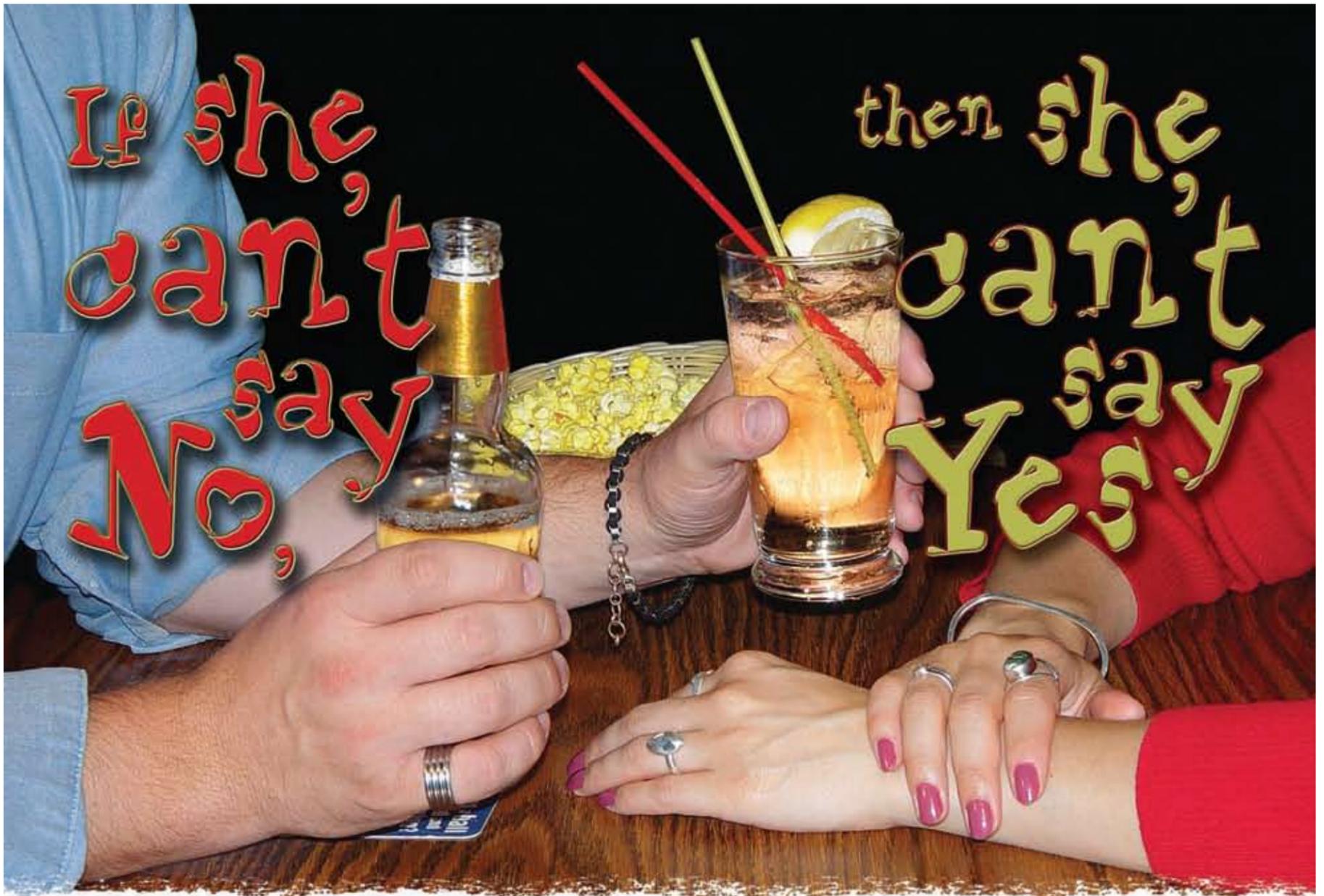
sponse? Would you attempt to repair the system, perhaps shopping around for the best person to accomplish this task? Or perhaps you would "elect" (pardon the pun) to change the system, and purchase a new system to replace the ineffective old one. Or would you, as anarchism suggests, fix the computer by smashing it with a sledgehammer and not bothering to install anything to replace that deceased system?

The myth that humanity could accomplish anything without our combined efforts supporting one another is a farce

The myth that humanity could accomplish anything without our combined efforts supporting one another is a farce. True anarchism lies in the belief that human beings can work with one another without any kind of leadership structure in place to organize said work. I wonder how exactly anarchists believe civilizations and modern structures of society evolved in the first place? Humanity pooling its efforts and working towards a common goal is the ultimate foundation of all civilizations, and to believe that we could effectively accomplish anything without that organized structure is in complete ignorance of the entire history of civilization and human society.

I honestly don't know why I'm so fired up about this lately, maybe it has to do with some newfound awareness of the vast complexity of human life, or something. But I hope that any anarchists that may be reading this see the irony that modern media outlets developed through years of organized research and labour are probably the only way they get their message out.

Will Dumont is a University of Winnipeg student and blogs at dumontnation.blogspot.com.



DO YOU KNOW WHAT'S IN YOUR DRINK?

- Alcohol is the number 1 date rape drug but other drugs can be slipped into a drink
- Often these drugs are tasteless, colorless and odorless
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Editorial

The end of journalism as we know it

Apparently, young journalists are insane



STACY CARDIGAN SMITH
MANAGING EDITOR

In a time when the future of journalism is anything but certain, it strikes me as odd how many people actually want to get involved in journalism. We generally have two or more new contributors join *The Uniter* each week. Although many join just for the novelty of seeing their name in print, many still walk into our poorly ventilated basement office in hopes of changing the world.

Eleven *Uniter* staff and contributors recently returned from the annual Canadian University Press conference, which brings student journalists together from across the country. This year, it was held in Saskatoon, Saskatchewan.

The title of this year's CUP conference was Upgrade. It focused on the future of journalism and the integration of new media.

With news readily available as it happens, newspapers – especially dailies – struggle to remain relevant and to provide new information in paper editions.

Journalists are expected to file news online as it happens, but also to save some segment of a story for the print edition so that people will continue to purchase their daily subscriptions.

The Uniter and some other weeklies are in a good position inasmuch as we can provide insight into issues. Although we can sometimes break stories, we don't generally provide coverage of the news as it happens. However, we have the time and manpower

– thanks in part to students who are hungry and willing to search out the “truth” for whatever the reason – to investigate the issues we deem important. Thanks to funding provided to *The Uniter* by University of Winnipeg students in the form of levies, we don't have to worry about appeasing advertisers – another freedom many private publishers don't have.

I often struggle with how to efficiently integrate new media into *The Uniter*. It seems that everyone and their dog has a blog. Having said that, many blogs are mind-numbingly boring.

Winnipeg has an interesting local blog-

If journalists are to continue to play the vital role in society that they have until now – as both upholders of democracy and as record keepers – they can't also be expected to file stories throughout the day

g community. These bloggers provide alternative ideas and to some degree hold the mainstream media accountable. Many of these bloggers do their work in their spare time – they are passionate and committed, just like *The Uniter's* writers.

At the CUP conference, many people spoke about the time commitment that blogging requires. The great thing about blogs is that they can create communities, but for that to happen, they must be constantly monitored.

Locally, discussions often pop up just a few hours after a new blog post is made, and the blogger is frequently involved, clarifying or defending their views.

It's fantastic that these people have the time to devote to their blogs, and all papers must move in this direction with the goal of developing and maintaining a similar online community.

But people must also realize that journalists are both trained and skilled at what they do. Unlike some bloggers, journalists understand who is a reliable source and journalists form relationships with sources in order to glean information that might otherwise not come to light.

If journalists are to continue to play the vital role in society that they have until now – as both upholders of democracy and as record keepers – they can't also be expected to file stories throughout the day. When this is the case, accidents are more likely to happen.

Ideally, stories should break online immediately, then daily, weekly and monthly publications can analyze that information for readers, and finally a blog discussion can ensue where further information is brought to light and readers can express their opinions. But who is to say that this will work?

The Uniter will continue to examine issues that affect our community, and our new website and blogs (launched at the end of January) will help to facilitate the discussion. Thanks to committed students willing to work for little or nothing, we have the ability to do this.

But what happens when we actually need to support ourselves and make a living as journalists? Good question – no one really knows right now.



Forgetting BJ at Christmas a big mistake

Well, the holidays are over and it's back to the grind for all us hard-working folk. I spent Christmas in Jamaica this year, which was a little surreal. Palm trees and curried goat took the place usually filled by snow and turkey, while the drinking I normally do at Christmas was replaced by drinking in a pool. All in all I had a great time.

One thing I realized during hours of introspection on my underwater stool at the pool bar was that Christmas is not about snow or turkey or any of that crap. It's not even about presents or drinking – it's about the Baby Jesus. In recent years BJ (Baby Jesus, not blow job or Bon Jovi) has been taken almost completely out of our common conception of what Christmas is all about, and I believe that this is a travesty.

When you think about it, BJ should be the most important part of any Christmas celebration or stop motion animated television special. How have we as a society become so confused about this blessed holiday that we have completely forgotten its meaning? How could we forget the important role that Baby Jesus plays in Christmas? If it wasn't for Baby Jesus, Christmas wouldn't even exist. It's only because of His tireless efforts, flying around the world on Murray his magical mule, and climbing down chimneys and bringing expensive toys to all the rich kids, and less expensive (or even used) ones to the less important poor kids, that we can actually celebrate Christmas at all.

I know what you're thinking: “But J.Williams, Santa is the one who does that stuff.” Well, I'd like to respond by saying WAKE THE FUCK UP! There's no such thing as Santa. There I said it. I bet I'm gonna get a ton of hate mail now saying stupid crap like “Dear J.Williams, I let my little younglings read your article and now their childhoods are ruined because of the stuff you said about Santa.” Well in pre-emptive response to this, I'd like to point out that I also used the word “FUCK” in all upper case letters.

In recent years BJ has been taken almost completely out of our common conception of what Christmas is all about, and I believe that this is a travesty.

Maybe you shouldn't have let your kids read this kind of trash in the first place. In fact, it seems to me that letting a child read the kind of filth that I write for this wonderful publication every week would probably be considered a form of child abuse. So there. Why are you complaining at me when you're clearly an abusive parent?

Also, I think we should give our kids some credit. Kids aren't that dumb. They eventually figure out that it's impossible for a fat man to fit down even one chimney, never mind to have the cardio vascular endurance to fit down the chimney of every Christian or capitalist in the entire world. Since it couldn't have been Santa bringing us all those presents over the years, there seems to be only one rational explanation. It was the Baby Jesus on a magic mule named Murray. Game, set, match: Williams.

J. Williams is a local musician. He plays at Shannon's Irish Pub every Monday, but don't bring your kids.

Letters

Re: “Marijuana use debated,” Dec. 4 edition

“All drugs are harmful.” Really? Science and history indicate that, even when smoked, the benefits of marijuana use far outweigh the so-called “dangers.”

Marijuana has never killed anyone, and is a proven treatment for conditions such as HIV/AIDS, morning sickness, ADD/ADHD, migraines, nausea, anorexia, arthritis, cachexia, Crohn's, epilepsy, glaucoma, multiple sclerosis, gout, chronic pain, high blood pressure, diabetes, spasticity, and Parkinson's.

New science shows how cannabis blocks a protein that causes Alzheimer's and recent science out of Germany shows how cannabinoids stimulate the body's production of TIMP-1, which helps healthy cells resist cancer invasion.

For those keen on teaching kids about drugs without all the hyperbole, slogans, bullying, and bald-faced lies of the “standard” education programs, I recommend the Canadian Students for Sensible Drug Policy website (www.cssdp-ecprd.ca) or the Educators For Sensible Drug Policy websites (<http://efsdp.org>).

Russell Barth
Federally Licensed Medical Marijuana User Patients Against Ignorance and Discrimination on Cannabis

Re: “Marijuana use debated,” Dec. 4 edition

I strongly disagree with Harinder Aujila's

assertions that students are better off “reaching for the bottle” and “smoking marijuana is not as good as drinking.” There is absolutely no comparison, cannabis is by far safer than alcohol in every way. And “cannabis is no lighter drug than anything else” makes me question Aujila's credentials.

In fact (arguably) there is no debate, cannabis isn't even a drug but rather a relatively safe God-given plant which has not been known to cause an overdose in over 5,000 years of documented use. That's safety on a Biblical scale that no other so called drug may claim.

Stan White
Dillon, Colorado

Re: “The Tory tune out,” Nov. 27 edition

In the article “Conservative convention draws critics from various groups, political movements,” the author mentioned “the mythical Security, Peace & Prosperity (SPP) partnership.” It is apparent that the writer has not done any research on the actual Security & Prosperity Partnership. It was signed by Paul Martin, Vicente Fox and George W. Bush in March 2005 to accelerate the vampirization of this planet and its most vulnerable inhabitants.

About “Prime Minister Harper's supposed lack of protection of Canadian sovereignty...” – in keeping with his walking in near lockstep with the Bush administration, he hasn't called for the rescission of this treacherous deep integration deal, nor a referendum on it. It is a



corporatist, clandestine and very evil partnership designed to only benefit the elites – and that only for a brief time, as their empire of predation for almost incalculable monetary profit will eventually implode, having the seeds of its own destruction within it.

Meanwhile, those who love openness, justice, peace and liberty will do whatever they can to oppose those who would be our slavemasters.

I missed the “juvenile” (to borrow a term Alex said Darren Penner used to describe the demonstrators) behavior of the Conservative MPs, but Cheryl-Ann Carr said we had not returned their obscene gesture(s) and verbal jibes.

My queries to the Conservative MPs about their Masonic lodge memberships and ranks were ignored.

Angela Bedolfe



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Arts & Culture

Slurpees, beer and installation art

Local artist transforms everyday objects into unique prairie sculptures

NONI BRYNJOLSON
VOLUNTEER STAFF

Walking into Jennifer Stillwell's exhibition at Plug In ICA is like entering a construction zone gone haywire, where tofu spews out of vents and crunched up crackers cover logs of black asphalt-like material.

Curated by Steven Matijcio, the exhibition includes sculptural installations created over the past several years and shown in Toronto and New York, as well as two new pieces created specifically for the show at Plug In.

The artwork consists of everyday objects that have been separated from their associated identities and functions and transformed into new, thought-provoking forms.

"Stillwell's use of materials, sense of process and sensibility to the passage of time are key ingredients to her work," Anthony Kiendl, Plug

In's director, said in an e-mail.

"Ingredients" can be taken literally here, as many of Stillwell's pieces use, or reference, food.

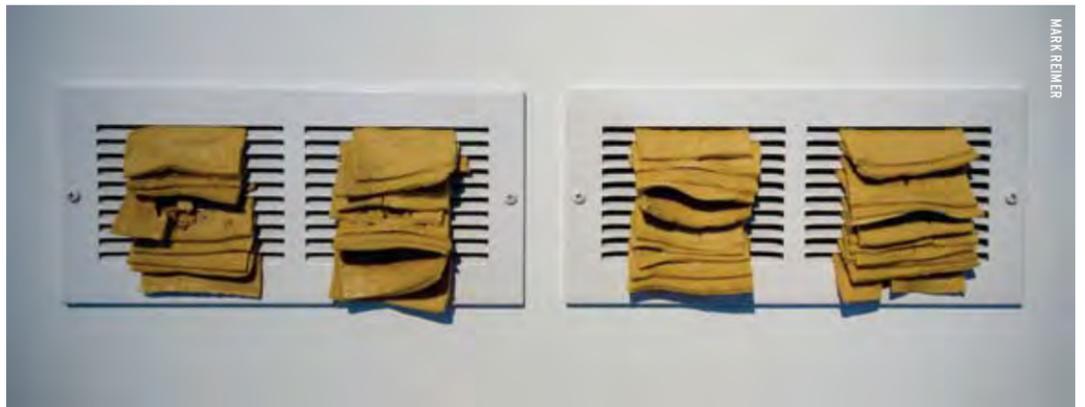
Her newest work involves Slurpee cups and beer bottles: two beloved prairie staples that account for a fair amount of street litter in Winnipeg. These appropriated products, once drained of their sugary liquids, have been altered to create something recognizable, yet entirely new.

"Brainfreeze" involves peeled-off Slurpee cup decals that have been applied to the wall to form three large, molecule-like arrangements.

"I was sharing a studio with a friend of mine who always drinks Slurpees. I started playing with her leftover cups, and came up with a couple of ideas before refining the piece to its current state. After that, it was just a matter of connecting the dots literally and figuratively," Stillwell said by e-mail when asked about the origins of "Brainfreeze".

Across the gallery, a piece called "Range" features 97 bottles of beer on the wall. The labels have again been peeled, so that only picturesque snow-capped mountains remain. Placed upon a shelf of differently leveled vertical 2 X 4s, the rugged landscape depicts several Canadian icons at once: mountains, lumber, snow and beer.

"If you peel the label off a beer



"Grate" by Jennifer Stillwell, 2006. Medium: tofu, vent, drywall.

bottle, you can identify with the physical process of the piece. In this case the process is repeated over and over to form a kind of mountain range," Stillwell said.

A video titled "Wall Plow" features another reference to the prairies. In it, the artist slowly pushes a white wall-divider over a trail of rubble, plowing until it reaches the front of the screen where it becomes indistinguishable from the gallery wall on which it is projected.

As well as creating new prairie landscapes out of appropriated products, Stillwell draws inspiration from Minimalist art and the readymades of Marcel Duchamp.

Expressing the act of production

and retaining a sense of incompleteness, her artwork reveals its own labour-intensive and meticulous creation.

"I work within the context and structure of the gallery to create a wider dialogue about space and time," Stillwell explained.

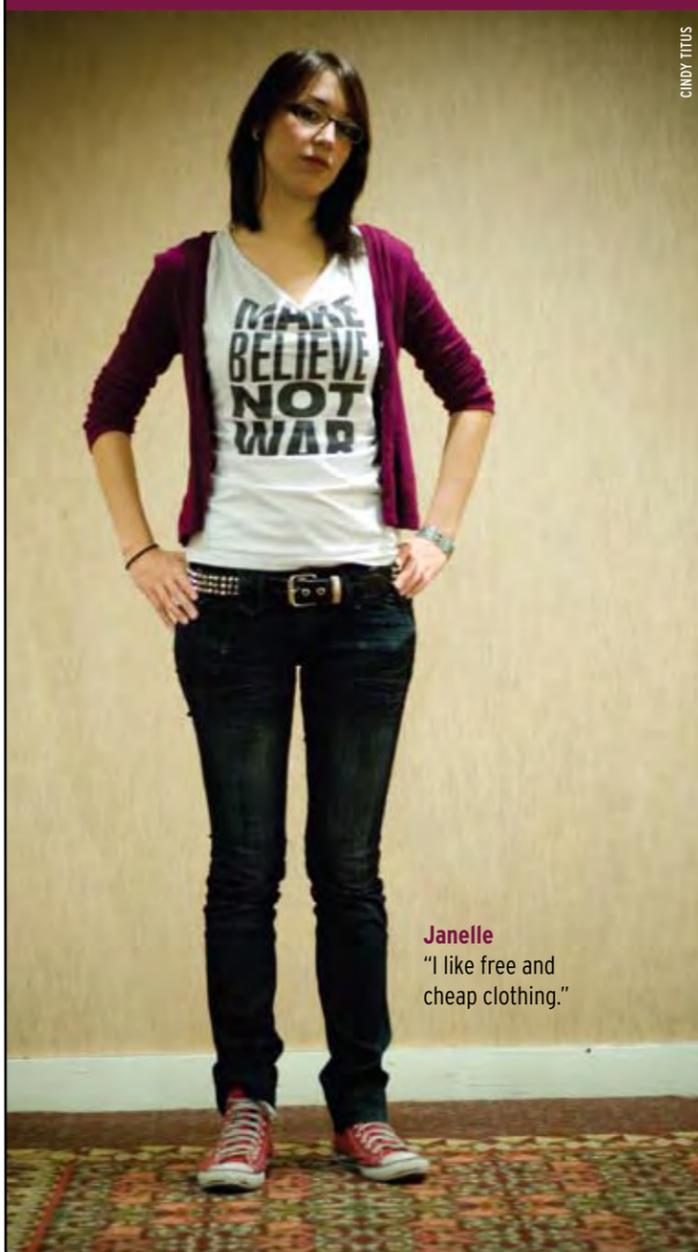
The imaginative installations in this exhibition raise questions surrounding the act of making art. Laborious processes are displayed, and yet an element of play remains in Stillwell's transformation of once familiar materials into new and unusual forms.

Jennifer Stillwell's show is on display until Jan. 31.

Walking into Jennifer Stillwell's exhibition at Plug In ICA is like entering a construction zone gone haywire

FASHION STREETER

The Uniter Fashion Streeter is an ongoing documentation of creative fashion in Winnipeg inspired by the Helsinki fashion blog www.hel-looks.com. Each week will feature a new look from our city's streets and bars in an attempt to encourage individual expression and celebrate that you are really, really good looking.



Janelle
"I like free and cheap clothing."

Studio for mentally ill gets funds

Funding helps staff to focus on 'real work,' studio founder says

IAN MCAMMOND
VOLUNTEER STAFF

A \$50,000 grant awarded to a non-profit arts centre is helping to ensure mentally ill people can keep healing through holistic means.

Artbeat Studio, located in the city's Exchange District, was given the provincial funding last month. The money was welcomed by founder Nigel Bart.

"We do have a waiting list, and in order to concentrate on helping people recover through art, we can't solely be focused on applying for money and relying on donations because it detracts from the real work of helping people," Bart said.

The money will be used for an endowment fund, which is intended to keep Artbeat afloat for years to come. The studio needs permanent financial security in order to provide maximum assistance to those in need. The long waiting list reflects the positive influence the studio is having and demonstrates that there is a need for it in the community.

The studio, which takes on nine artists every six months, provides workspace, supplies and mentoring. It offers a unique program that is tailored to the needs of its participants. A wide variety of media are covered, including painting, pottery and jewelry making. The studio is open Tuesday through Saturday and the artists can come and go as they please.

It's the focus on self-worth



Artbeat Studio founder Nigel Bart is happy about the provincial government's decision to give the studio an additional \$50,000 in funding.

through artistic exploration that makes Artbeat stand out from other healing methods, Bart said. An artistic community is fostered in which each individual becomes an integral component.

"This has absolutely been the biggest changing factor in my life," said Megan Brown, an alumna of the program. "I was actually pretty sick before I started the program. I had my one and only hospital stay shortly before this."

"The purpose I got from going into the program really changed the way I saw myself, and life, in general."

Now an accomplished jewelry artist, Brown had experimented with paints before going to Artbeat, but she said it was her acceptance into the program that really marked the beginning of her artistic career. The sense of belonging and purpose she acquired while at the studio has allowed her to overcome many of the obstacles she faced as a young woman suffering from bi-

polar disorder.

"For a while it hasn't been that much of a factor. I've become fairly well adjusted but it can be harder on some people than on others," the 23-year-old said.

Bart himself was diagnosed with schizophrenia at age 19. Soon after he discovered a love of pottery while working in his mother's studio. He quickly found that creating pottery helped him deal with the illness. Realizing that others could benefit from the healing power of art, Bart envisioned creating an art rehabilitation centre. In 2005, this became a reality.

Kerri Irvin-Ross, the provincial minister who announced the additional funding, said she believes that both physical and mental activity are important.

"I try and stress the holistic approach to health. It's about physical activity, but it's also about mental well-being. We need a culture that stresses the arts, whether it's at the recreational or professional level."

The ska(-mmunist) manifesto



Everyone can own new EP by local ska band, 'cause it's free

Winnipeg ska band The Afterbeat released five new songs for free download last month.

IAN MCAMMOND
VOLUNTEER STAFF

"You don't have to follow that person in front of you. You can think for yourself. You can say what you think and say what you want to."

-Mike Reis, The Afterbeat

At a time when CDs are quickly becoming a thing of the past, local ska-rockers The Afterbeat decided to give the cyber world a try with the release of a free five-song EP.

"We released these songs digitally to get a little bit of a buzz in people's ear," Mike Reis, the band's 29-year-old singer, said during a recent phone interview. "It seems that's what the trend right now is... Records

aren't necessarily the best medium if the massive amount of fans aren't there - we sell more hoodies and t-shirts than CDs on tours."

Since the release of their last album, 2005's *Personals*, the band has been playing around town and trying to get out of debt. Touring has had to take a backseat due to the soaring price of gas.

"It came down to the fact that

we were broke. We were a band in the middle of Canada. With gas prices going up and the dollar instability, it's hard to travel. You don't see bands touring by themselves anymore. There are a lot of sponsored tours with a lot of bands that will bring a big audience. It's getting expensive to travel and keep yourself afloat."

Reis waits tables at a local Moxie's Classic Grill. Working there allows him a lot of flexibility when it comes to playing shows, touring and recording. If he couldn't get up and go, he would be unable to sing upbeat songs of social protest, like "Change System," which appears on the new EP. He takes work seriously, but he also keeps everything in perspective.

"I use that job to get what I want - it's a stepping stone. I gotta go through work to get to go touring, to play with my band."

The songs on the new EP were written at a time when Reis was supposed to be doing the mature thing by voting in the federal election. As a new homeowner, property taxes and other issues were at stake and he had to fulfill his democratic duty - according to his mom. Reis stresses that people should

think for themselves.

"You don't have to follow that person in front of you. You can think for yourself. You can say what you think and say what you want to. I used to go to church every Sunday. Why? Because that's what you did. Stop and realize that your capable of thought and decisions on your own."

With the band heading out west in the spring, the EP is sure to be passed around by hipsters and ska fans across the nation, causing a buzz in advance of their arrival.

"We're trying to get people to remember that there are people playing music here. Just because venues are closing doesn't mean people have to go listen to their radio."

⇒ See The Afterbeat Friday, Jan. 16 at Dylan's on Pembina
⇒ Other bands playing that night are Seconds from Disaster and Today's Special
⇒ You can check out the free EP at www.aralie.com/the_afterbeat
⇒ The band also plans to record a new full-length later this year
⇒ Visit www.myspace.com/theafterbeat

Rockers just wanna have fun

Local band aims to take something old and make it new

KENTON SMITH
VOLUNTEER STAFF

For Haunter, fun is the most important thing.

"I don't think we've ever taken ourselves too seriously," Jory Hasselmann, guitarist for the quartet, said over beer at Carlos and Murphy's.

Consider vocalist-guitarist Matt Williams, who previously had a "solo thing" that brought a ludicrous new name to every show - Jacob Grace and the God-Shaped Hole, or Johnny Phantom and the Deviant Souls.

Or check out the humour on the band's website, www.hauntermusic.com.

"Sarcasm is our big thing," Williams explained.

But after a moment's thought, he noted: "We won't want to give the impression we're sarcastic all the time."

Mostly just at their shows, offered bassist Marie-France Hollier, otherwise known as Mef. Sarcasm really makes it into the band's live performances, she said, which are characterized by "odd humour."

Odd humour certainly found its way into the conversation at Carlos and Murphy's, which drifted easily to subjects like whether it was a cow skull or bull skull hanging above the table.

Williams said the band tries to balance creative expression and simply having a good time.

"We're all friends," said Mef, It was at a jam session with their former drummer that most of the band first played together, and everything immediately clicked. New drummer Ryan Coates joined the festivities in October.

Friendship has been integral to the evolution of the band's sound. According to Mef, there's been a lot more experimentation lately. Coates added that familiarity and connection with other band members naturally leads in that direction, through the process of learning how to play together.

The circumstances of recording their upcoming 7" also helped - it was cut in a friend's basement studio.

"It's got more energy - you can get more dynamic between people in that kind of confined space," Coates said. "I've noticed an evolution in sound - it's progressed." That is, there's now more layers, more intricacies. For that matter, the existing EP - recorded with the band's former line-up - is no longer representative of its evolved sound.

"We like those songs, we still play them, they're just...more up-tempo now," Hasselmann explained.

That's why the group is excited about both their upcoming 7" release and Jan. 16 gig at The Royal Albert, where they'll be unveiling their "tighter" sound and a completely remodeled set list, complete with "b-sides."

Live shows are the band's laboratory for new songs.

While Haunter describes their sound to be "in the spirit" of '90s indie rock, there is a certain reluctance to clearly state a definitive list of influences from A to Z. The likes of Pavement and the Pixies came



Local rockers Haunter, caught live in beautiful black and white.

up, though, and the band said that audiences "seem to get" what they're driving at.

That being said, according to Hasselmann, "I don't think we've ever pushed anything." The evolution of the band has happened naturally, and the band has tried to let it happen so.

"We've shifted from rock to...medium rock," Hasselmann said.

"No, no - ANTHEM rock," Mef corrected, grinning.

"Yeah," laughed Hasselmann. "We just want to write the hit song of summer '09."

But seriously, Williams added, "We want to take some-

thing and make it new."

And have a good time doing it.

⇒ See Haunter Friday, Jan. 16 at The Royal Albert Arms
⇒ Other bands playing that night are Chords of Canada and The Electric Candles
⇒ Cost: \$5 at the door
⇒ Visit www.hauntermusic.com

"We just want to write the hit song of summer '09."

-Jory Hasselmann, guitarist, Haunter

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LW	TW	Artist	Recording	Label
1	1	*Mother Mother	Oh My	Last Gang
2	2	Ornette Coleman	Complete Science Fiction Sessions	Sony
6	3	*Wolf Parade	At Mount Zoomer	Sub Pop
3	4	*Tagaq	Blood Auk	Jerico Beach
7	5	!Waking Eyes	Holding on to Whatever...	WEA
10	6	!Magnificent Sevens	Dirty Roads	Independent
4	7	!Loreena McKennit	A Midwinter Night's Dream	Quinlan Road
12	8	TV On The Radio	Dear Science	Touch & Go
8	9	*Organ	Thieves	Mint
5	10	!Kram Ran	When I Move	Wooly Records

Combating the sameness

Singer-songwriter does things his own way on new CD

CURRAN FARIS
LISTINGS CO-ORDINATOR

Lyle E Style occupies that increasingly rare point on the country music continuum that's far away from generic Top 40 pop country - and that's exactly how he likes it.

After living in Vancouver and Nashville, trying to catch his big break, the 37-year-old returned to his native Winnipeg and signed to Absurd Machine Records. That label has released his new album, *Cutting Room Floor*.

Style's musical career began nearly 20 years ago, performing in high school rock bands. Speaking by phone from his vacation spot in Palm Springs, Style said that at that time, country music was the cringe-inducing music his parents listened to. Like so many country song clichés, Style got into the genre after an encounter with an early girlfriend.

"I think [I got into country music] when I broke up with my first girlfriend. I never understood country music whatsoever... Once I got dumped, I started to understand all those country songs and I started re-

alizing that a lot of those songs were stories and I really got hooked on them," Style said.

Since that initial heart-break, Style has been perfecting his brand of stripped down Americana and digging deep into country music's history. His research culminated in his first book, 2005's *Ain't Got No Cigarettes: Memoirs of Music Legend Roger Miller* and his record *Cutting Room Floor*.

Style said artists like Miller, Willie Nelson and Waylon Jennings were huge influences and sources of inspiration on his own music—and he's always preferred the rare, hard-to-find tracks from his favourite artists.

"I just found that some of the stuff that wasn't commercial was just so creative and so cool and I just try to take pieces of that and throw it into my music."

Cutting Room Floor harnesses Style's love for obscure songs, as it features renditions of previously unreleased songs by Buddy Holly, Roy Orbison and the aforementioned Miller and Jennings. Relying on his industry connections, most notably producing and songwriting legend Bill Dees, Style poured over dusty demo tapes and even gained permission from Buddy Holly's widow to compile these rare tracks. The result is an album that's at once refreshing and historic.

"One of the reasons behind putting out this release is its uniqueness," said Colin Musulak of Absurd Machine

Records. "The fact that there's a story behind it makes it special."

Style said he always tries to do things that haven't been done before.

"The one thing I've heard time and time again from spending so much time in Nashville and Branson, and I was lucky enough to spend time with my heroes, and they've all said there's a 'sameness' in country music," Style said.

Ain't Got No Cigarettes and *Cutting Room Floor* are his way of combating that sameness.

"Nobody has ever written a book on Roger Miller and nobody has ever released a record like I've just released... No one has ever found unreleased songs by Roy Orbison, Waylon Jennings, Roger Miller and Buddy Holly, so I'm pretty proud of the fact that I've hunted these songs down."

Cutting Room Floor is available now. Visit www.doitwithstyle.com.

"Nobody has ever released a record like I've just released."

—Lyle E Style, musician



MICHAEL SANDERS

Local singer-songwriter Lyle E Style's new CD, *Cutting Room Floor*, features originals alongside his versions of previously unreleased songs by Buddy Holly, Roy Orbison, Roger Miller, Waylon Jennings and more.

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BOOK REVIEW



FULL OF IT: The Birth, Death, and Life of an Underground Newspaper

Tim Hall

Undie Press, 2008
280 pages
\$14.95

ALI FULMYK
VOLUNTEER

There are some things that can really make me feel bohemian and rebellious. Listening to "Rent" when I am broke, hearing the song "I Want It All" by Queen, and eating hummus are a few. Reading *Full Of It*, author Tim Hall's newest book, definitely falls in that group as well.

It is by no means a literary masterpiece. The pacing is hard to keep up with at times, as Hall tends to jump through large chunks of time in only a few short paragraphs. It's a bit jarring to skip over weeks in only a few sentences, or in one instance two months in one paragraph.

The writing is also inconsistent, and it seems like Hall cannot decide on whether to write in short, precise sentences, or in long flowing ones. This choice, however, works once the reader becomes accustomed to it, and complements the edgy story. It also gives Hall's writing a certain lyricism about it.

It's not a good gift for Grandma's birthday though; the language is anything but tame. However, it does this without being vulgar or forced, and without the excessive cussing *Full Of It* would not be true to its subject matter.

Based on a true story, the novel is narrated from the perspective of Tim, as he struggles to stay alive and sane in New York's East Village. After various unfortunate relationships and jobs, as well as years spent in a drunken fog he gets his act together, gets sober, and begins writing short stories for the underground newspaper *The East Village Troglodyte*.

He meets all sorts of colourful characters along the way including Jack Hirsch, *The Troglodyte's* gentle giant layout designer and columnist; Buzzy, a self-described biker chick who hails from London, but has a summer house in the British Virgin Isles; and Wilson, an employee at a business Tim begins temping at, who is the most beautiful woman he has ever seen, but who has a sad past.

When Buzzy is made editor things start going wrong, and when a serious disaster strikes the staff of the paper, the once-flourishing bar rag begins to disintegrate along with Tim's briefly happy personal life.

You can tell that this book is a labour of love for Hall, and in a world where all you need is an account on LiveJournal to get your opinion known, it's refreshing to read about a time when it required a lot more drive to get your stuff published.

It's great to have a novel like *Full Of It* to remind us about the power of a few photocopied pages, folded by hand.

A project unlike anything else

Local literary mag *Prairie Fire* celebrate its 30th anniversary by launching The Boreality Project

JOHN HERBERT CUNNINGHAM
VOLUNTEER STAFF

"We want to celebrate our achievement of publishing our 30th volume by doing something that, to the best of our knowledge, no other Canadian lit-mag has ever done."

That's what Andris Taskans, the editor of *Prairie Fire*, had to say when asked about The Boreality Project and *Prairie Fire's* first-ever writer-in-residence.

Boreality is part of a two-year project by *Prairie Fire* Press, in collaboration with the Manitoba Chamber Orchestra, whose purpose is to celebrate the boreal forest of Manitoba through a multi-disciplinary approach involving writing, music, sound and photography, Taskans said.

An illustrious team of Manitobans, led by Janine Tschuncky, the magazine's managing editor, has been assembled to assist in this project.

"I really wanted to become

involved, to be the person coordinating the project, because the boreal forest provides a lot of meaning to the work that I'm doing. I lived in the forest on three occasions--when I was eight, 16 to 18, and right after my mom died at age 21," Tschuncky said.

"Since I came to Canada from Switzerland, the boreal landscape has always given me so much strength emotionally, physically and spiritually. This project seemed like a doorway - a slightly different doorway - back into the forest where my work might contribute something, give something back to the forest."

Tschuncky added that she works with "the knowledge that we are creating something beautiful that may create more awareness about the significance, beauty and importance of Canada's boreal forests."

Sid Robinovitch's name will ring familiar to Winnipeggers through the many compositions he has scored for the Manitoba Chamber Orchestra (MCO), Winnipeg Symphony Orchestra, the New Music Festival and more.

"My involvement was as a result of a commission from the MCO. The opportunity presented itself and I accepted. This is what I do. I'm a composer. I add the musical component," Robinovitch said.

The MCO was one of the initiators of the project.

"The chance to bring together a multi-media team in a collaborative project regarding the internationally known



Prairie Fire, Manitoba's magazine of Canadian writing, has named Winnipeg poet Katherine Bitney the first writer-in-residence in the magazine's 30-year history. Bitney is also one of several collaborators working on the magazine's Boreality Project.

boreal forest excited us," said Vicki Young, MCO's general manager. "We believe that this project will expand our audience and reinforce our reputation for innovation and excellence."

Local soundscape artist Ken Gregory will be sampling the environment on field trips into the boreal. While also informing Robinovitch's score, Gregory's recordings will become a solo sound installation.

As if there would be time

given the hectic pace of this project, local writer and poet Katherine Bitney will act as *Prairie Fire's* writer-in-residence, launching this phase of the project on Thursday, Jan. 29 at 7 p.m. at Aqua Books, 274 Garry St.. She will then set up shop at Aqua twice a week until the end of October.

Bitney's general focus will be to assist those writing about or writing from the boreal. If you fall under these guidelines, then call 943-9066 or e-mail borealkate@gmail.com.

"This project seemed like a doorway - a slightly different doorway - back into the forest where my work might contribute something."

-Janine Tschuncky, managing editor, *Prairie Fire*

A new you in the new year

Local entrepreneur wants to change the way you live with The Lifestyle Pass

MATT PREPOST
VOLUNTEER STAFF

If you made the same old resolutions this New Year - eat healthy, exercise and lose weight - a local entrepreneur wants to help you actually achieve those goals this year.

Sam Manchulenko is the creator of The Lifestyle Pass, a handy companion and motivator for keeping in shape 365 days of the year. Designed like a passport, The Lifestyle Pass is filled with over 45 different offers worth over \$1,500 to local companies that focus on healthy living - all for only \$40.

"It's hard for people in the winter to get off the couch and be healthy," Manchulenko



Local Pilates and yoga instructor Stephanie "Sam" Manchulenko created The Lifestyle Pass to promote healthy living and wellness.

said. "The pass is intended to be a tool for people to find companies that promote healthy living and wellness."

For the 32-year-old Manchulenko, a wellness enthusiast who teaches Pilates and yoga, the idea for The Lifestyle Pass came from her dream of a place where everything healthy can easily be found under one roof, eliminating the pains of research.

"People say they want to lose pounds, but maybe they don't know where to start. With the pass, they are given options of what's available in the city."

Those interested in trying yoga, for example, can find multiple offers for free classes for two at Moksha Yoga Winnipeg on Donald Street.

"Our goal is to make yoga accessible and our offers are beginner-friendly," Ryann Doucette, owner of Moksha, said. "People's biggest misconception of yoga is that they have to be very flexible to do it. While you will become flexible, that's not the primary focus. Yoga also focuses on building muscular endurance and strength and calming the mind."

Those looking to de-stress after a grueling day of work or school can take advantage of a complimentary offer to use the therapeutic mineral and hydrotherapy bath, and aroma infused steam room at the Urban Oasis Mineral Spa located in the Clarion Hotel at Polo Park.

For people wanting to improve their diet, there are

plenty of food options as well. Offers include free smoothies from Fresh Cafe, and a discount on purchases at the several Vita Health Fresh Markets scattered throughout the city, which specialize in organic food.

"There are no pesticides or herbicides in organic food," Kendra Delichte, marketing manager and nutritionist for Vita Health, explained. "[Organic food] is good fuel for the body. Students burn so much fuel, and organic food is the best source of proper nutrition."

However, the price of organic food is slightly higher than regular food products. Delichte acknowledges the higher cost for organic products but said that the health benefits are worth it in the long run.

"In the end you'll be healthier for it."

Those interested in purchasing a Lifestyle Pass can find them at any McNally Robinson location and select cafes. For more information on the pass, visit www.thelifestylepass.com.

"People say they want to lose pounds, but maybe they don't know where to start. With [The Lifestyle Pass], they are given options of what's available in the city."

-Sam Manchulenko, creator, The Lifestyle Pass

MOVIE REVIEW

Don't call it a comeback

Mickey Rourke's performance in *The Wrestler* may be career-redeeming, but the character he portrays doesn't find similar redemption

THE WRESTLER

Directed by
Darren Aronofsky

115 minutes
In theatres Friday, Jan. 16. Check local listings.

★★★★★

TIMOTHY PENNER
VOLUNTEER STAFF



Mickey Rourke stars in *The Wrestler*, a film that has already generated a significant amount of Oscar buzz.

Even though everything in Randy 'The Ram' Robinson's life is fake, the effects of his choices are killing him in a very real way.

Professional wrestling and art cinema are unlikely bedfellows, but in *The Wrestler*, the new film from director Darren Aronofsky, the two disparate worlds have found some common ground.

'The Ram,' as played by Mickey Rourke (*9 1/2 Weeks*, *Sin City*) in a career-redeeming role, is a professional wrestler 20 years past his prime. Long gone are the packed hockey arenas and large paycheques of his glory days – he now appears in community clubs where he makes just a little less than he needs to survive.

To say that Randy is in rough shape as the film opens is a gross understatement, and his condition only degrades from there. After a serious heart attack, he feels the need

to find something real amongst the shattered façade that has constituted his life so far. So he quits wrestling, seeks out his estranged daughter (Evan Rachel Wood) and attempts to start a romance with his favourite stripper (Marisa Tomei).

Though the story sounds like a run-of-the-mill washed-up fighter movie, *The Wrestler* is elevated beyond its counterparts by the pitch-perfect acting of Rourke, who is so convincing as the long suffering, humiliated former-star that one can't help but feel he's living the role a little too closely.

Screenwriter Robert Siegel does some great work as he gleans a lot from the much-maligned world of professional wrestling. He uses the pseudo-sport as a perfect metaphor for the deterioration of all the characters in the film. Sure it's rigged and choreographed, but that

doesn't change the fact that the pain suffered by the participants leaves actual scars, just as the fake sex Tomei's character sells leaves emotional scars on her which do not heal easily.

Aronofsky's films are often filled with characters on the far edge of desperation, and this picture is no exception. This is not a comeback film, as any redemption its hero gains is lost due to the fact that every one of his decisions is based on a fantasized version of himself that he's created; a version that his aging body can no longer support.

Though you'll probably feel about as devastated emotionally as Rourke is physically when the credits roll, the film is well worth seeing. Perhaps it'll be a nice outing for you and that wrestling fan friend of yours you can never get along with.

This is not a comeback film, as any redemption its hero gains is lost due to the fact that every one of his decisions is based on a fantasized version of himself that he's created; a version that his aging body can no longer support

MOVIE REVIEW

A tour de force

Documentary about
Canadian institutional survivors sure to impact viewers

THE FREEDOM TOUR

Plays at Cinematheque Jan. 21
at 7 p.m. and 9 p.m.

★★★★☆

TIMOTHY PENNER
VOLUNTEER STAFF



The movie poster for *The Freedom Tour*, a 2007 documentary that aims to enlighten viewers on the subject of mental institutions in Canada

In 1967, a documentary concerning the patients of a state hospital for the criminally insane in Massachusetts and the inhuman treatment they received, entitled *Titicut Follies*, was banned in the United States. The film had a major impact on Milos Forman's Oscar winning film *One Flew Over the Cuckoo's Nest*. Both these films have stood as shameful reminders of how society has dealt with those with mental and intellectual disabilities in the past.

However, *The Freedom Tour*, a 2007 documentary showing this

week at the Cinematheque, aims to enlighten people about the fact that these institutions – and the atrocities perpetrated within them – are not necessarily a thing of the past.

The film concerns an awareness group as they travel across the prairie provinces in an RV to gather stories from institution survivors and to protest against the continued use of these facilities.

The group involved, People First of Canada (who also act as film-

makers), is an organization run by persons who have been labeled intellectually disabled. Their primary goal: to abolish the use of institutions in Canada and to see those who were institutionalized become functioning members of a community.

The opening scene finds David, a middle-aged man who spent most of his life in the Manitoba Development Centre, describing the inhumane treatment he

suffered. His speech impediment makes him difficult to understand, and the use of subtitles makes one think that perhaps he's speaking another language. He's not. It's English, and his difficulty in communicating perfectly accents his plight and the plight of all those who have suffered the same fate: their entire lives have been a series of muffled cries.

Shot on digital cameras and edited together quickly, the film is an obviously low budget affair. Still, this lack of aestheticism provides an unsophisticated beauty that reminds us that this is truly a labour of love, and a cry for change from a group of people who have been deeply wronged.

This is not a million dollar project designed to propagandize; the film's greatest asset is the honest and heartbreaking accounts by the survivors who share their harrowing stories without guile or sensation.

Though it's oftentimes difficult to listen to the shattering stories, especially when the voices that share them are so fully innocent of any offence that would deserve such treatment, their words deserve to be heard; and once heard, they will not soon be forgotten.

Arts Briefs

Compiled by Jonathan Dyck

SMITH RULES THE BIG SCREEN IN 2008

Well, this isn't much of a surprise: Will Smith has been named the biggest generator of box office revenue for 2008. Apparently moviegoers couldn't get enough of watching a 20-foot projection of Smith's face evoke all kinds of emotions. The superhero blockbuster *Hancock* grossed \$228 million, while Smith's currently playing heart-warmer, *Seven Pounds*, had made just over \$39 million in ticket sales by the beginning of this month.

According to CBC.ca, Smith is only the second black actor to win the Quigley poll, which asks movie exhibitors to vote on the 10 stars who bring in the most business every year. The only other black actor to have attained this prestigious title was Sidney Poitier in 1968.

Robert Downey Jr., Christian Bale and Shia LaBeouf follow Smith on the list. Last year's winner was Johnny Depp, who didn't release anything this year. Also missing from this year's list was seven-time winner Tom Cruise, but he'd probably be right up at the top if these polls included YouTube hits.

SHE & A NEW HIM TO MAKE SWEET MUSIC TOGETHER

Apparently there's no escape from tabloid fodder, even when you're considered indie-rock darlings. The Internet was fairly quiet over the holidays, but one story that has attracted a lot of attention (and this arts brief is no exception, obviously) is the recent engagement of Death Cab For Cutie's Ben Gibbard and She & Him's Zooey Deschanel.

Deschanel is also a moderately successful actress, who has notable performances in *Almost Famous* and *Elf*. She's 28, he's 32 and they are both "so thrilled" according to *US Weekly*. The magazine further reports that "Zooey was swept off her feet and Ben is so excited."

The real question, though, is which band they'll ask to play at their wedding and what their guest list will look like. Who knows, maybe we'll get a commemorative compilation CD out of this.

PRINCE REVEALS MAJESTIC MARKETING STRATEGY

According to TheQuietus.com, Prince has told *The Los Angeles Times* that he's releasing three new albums this year.

Prince's first release will be an experimental foray into Pro Tools pop, while the second disc focuses on Prince's unique guitar work and will include some heavy rockers.

It's the third disc, however, that sounds the most promising: "This music is nasty, but it's not dirty... There's no profanity. It isn't promoting promiscuity," said Prince, a noted Jehovah's Witness.

It appears he also wants to pull a Radiohead and release each of them without the assistance of a record company. But as we've learned over the last year, when record companies step aside, they leave a gap for other corporate giants to step in. Final negotiations with "a major retailer" for their physical release are ongoing and there's a website in the works as well.

If Guns N' Roses went for Best Buy and AC/DC opted for Wal-Mart, we're really curious to see which "major retailer" will get to sell Prince's new material. Starbucks? Future Shop? Zellers?

CD REVIEWS

LYLE E STYLE*Cutting Room Floor*

Electric Recordings/Absurd Machine ★★★★★

When local country singer-songwriter Lyle E Style asked whether his musical heroes had any unrecorded songs, he got the answer he was hoping for: they did. And so *Cutting Room Floor* was born. The album contains unreleased songs written by legends Roger Miller, Waylon Jennings, Roy Orbison and Buddy Holly, along with nine originals. With those names come mighty big boots to fill, but there's a lot of cowboy under Style's hat. The whiskey-soaked vocals sound at times reminiscent of Kenny Chesney and at other times like Jeff Tweedy, all the while remaining unique. Style shows great respect for his musical forefathers while carving out his own path in the industry and on the scene. While it's no *Mermaid Avenue*, this serving of songs by renowned writers and performers is pretty OK. (See article on page 15.)



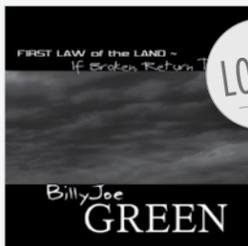
LOCAL

-Brandon Bertram

BILLY JOE GREEN*First Law of the Land... If Broken, Return to Maker*

StrongFront ★★★★★

Billy Joe Green comes from a good lineage. Charlie Christian, the first great guitar soloist, said something to the effect that it was what you *didn't* play that was important, that music had to breathe. The great blues guitarists that followed - Muddy, Lightnin', B.B. - knew this and played it. Green, an aboriginal out of Northern Ontario, is the next great guitarist who follows the edict that Christian set. His guitar rips across tracks of blues, country and '60s rock on this release, and he does so distinctively - applying a Red tinge to the blues. Just listen to the honky-tonk of "Red Road." As they used to say in the '60s, this is good shit, man. Listen.



LOCAL

-John Herbert Cunningham

THE MARQUIS*Meet Me at the Mountain*

Independent ★★★★★

Local pop-country outfit The Marquis deliver an upbeat offering of feel-good originals on this short, six-song album. *Meet Me at the Mountain* showcases the songwriting talents of Kevin Kratsch and Kyle Bridges, two men who clearly know what they want in a song. The album is smooth, polished and ready for radio. Nonetheless, standout track "Meet Me at the Mountain" demonstrates that these guys can get gritty, with special guest Murray Jowett's fiddle adding a certain amount of street cred. All in all this album is easy to get into and can fit into a variety of genres. Sure to be a hit with a wide array of music lovers, *Meet Me at the Mountain* is a solid first album from these hometown boys.



LOCAL

-Ian McAmmond

THE HUMAN STATUES*The Human Statues*

Independent ★★★★★

The Human Statues have the sort of sound that provokes the same excitement you get when watching a band live. When you're drinking with your friends at a pub, or having a backyard barbecue with your family, The Human Statues' self-titled CD is perfect to have on in the background. Saxophone, keyboard and drums come together to create a fun, relaxed sound. Jeff Bryant and Zachary Stevenson, the B.C. duo who make up the band, share a humble melodic sound, leaving listeners with lyrics that are easy to hear. More than words strewn together for sake of putting words to music, the lyrics on this album have a more poetic identity created with a humorous undertone for all pop/folk lovers. Be sure to check these boys out as they continue to "spread jubilation across the nation."



-Charmaine J. Jennings

THE OLYMPIC SYMPHONIUM*More In Sorrow Than In Anger*

Forward Music Group ★★★★★

More In Sorrow Than In Anger is a collection of 10 deceptively simple songs about relationships. The lyrics are simple - often almost to a fault - but contemplative and sincere. Themes of community and being together permeate the album, even going so far as to allude to the Christian sacrament of the eucharist, or communion ("I don't intend to raise my glass alone/I don't intend to break bread alone"), on the ultra-catchy standout track, "Intentions Alone." The band is joined by several guest musicians including singer-songwriters Jenn Grant and Catherine MacLellan, who provide gorgeous harmonies on several songs. The more I listen, the more I like this CD. Standout track: the country-tinged "Blood from a Stone," which showcases the pedal steel talent of Cuff the Duke's Dale Murray - another of the bands eclectic guest musicians.



-Brandon Bertram



ULTRASOUND TRAINING PROGRAM

The Ultrasound Training Program at the Health Sciences Centre is a 12 month full-time post-diploma program to train in the exciting field of **DIAGNOSTIC MEDICAL SONOGRAPHY**. The program starts at the end of August. Current intake is 13 students. Applicant selection begins in January 2009. Program details are available in the Program Information Booklet (.pdf) which is available online at:

www.hsc.mb.ca/ultrasound/training_program.htm

Application forms are also available online or from the program office at (204) 787-7846

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CONCERTS

ART AFTER DARK Featuring DJ Hunnicut and DJ Co-op, Jan. 16 at the Winnipeg Art Gallery. Check out the WAG's latest exhibit, The Painter as Printmaker: Impressionist Prints from the National Gallery of Canada, some food and the sweet sounds of Winnipeg's finest party starters. Tickets are \$25 from the WAG or Ticketmaster and the party starts at 8 p.m.

CHRIS CARMICHAEL CD release, Jan. 16 at Times Change(d). Tickets are \$10 or \$20 with a CD and Carmichael will be playing two sets, one at 7 and the other at 10 p.m.

VIRTUOSI CONCERT SERIES Bellows and Brass featuring Guy Few, Joseph Petric and Eric Vaillancourt, Jan. 17 at 8 p.m. in Eckhardt-Grammate Hall at the University of Winnipeg. Tickets are \$29 for adults, \$27 for seniors and \$10 for students.

WSO NEW MUSIC FESTIVAL The Winnipeg Symphony Orchestra is hosting the 2009 New Music Festival from Jan. 31 to Feb. 6. Tickets are available for single shows as well as passes for the entire festival from Ticketmaster. For more information visit www.wso.mb.ca.

ROTTING CHRIST With Mantic Ritual and Epicurean, Jan. 18 at The Royal Albert. Tickets are \$17 from www.ticketworkshop.com and doors open at 7 p.m.

CARNIVAL OF THE ANIMALS Presented by the WSO, 1 p.m., Jan. 18 at the Concert Hall. Tickets range from \$11.40 to \$26 and are available from the WSO box office and Ticketmaster.

JAZZ UNDER THE ROOFTOP Featuring Papa Mambo, Jan. 17 at The WAG. Tickets are \$17 for members, \$18 for seniors and students and \$19 for adults and are available through Ticketmaster. The concert begins at 8 p.m.

END OF BUSH! Featuring The Dust Rhinos and The J.D. Edwards Band, Jan. 20 at The Park Theatre. Celebrate the end of Bush's presidency and raise funds and awareness for the Winnipeg Citizens Coalition. Tickets are \$15 from The Park Theatre and the show starts at 7:15 p.m.

SUE FOLEY Jan. 17 at the Ukrainian Labour Temple. Foley is a blues guitarist and vocalist who has played the Winnipeg Jazz Festival. Tickets are \$22 from 219-6004 and the show starts at 8:30.

BEETHOVEN 8 As part of the Masterworks A series, the WSO will perform Concerto for Tubameister and Orchestra as well as Beethoven's 8th Symphony, Jan. 16 and 17 at 8 p.m. Tickets range from \$27.50 to \$60 and are available from Ticketmaster

MUSIC

POP, ROCK & INDIE

ACADEMY FOOD DRINKS MUSIC 437 Stradbrook, Jan. 15: Rock Band with J. Williams; Jan. 16: The Shouting Ground, JD Edwards Band; Jan. 17: A Skillz; Jan. 20: Open Mic; Jan. 21: Papa Mambo.

THE CAVERN 112 Osborne St. Jan.15: Jam Night with Route 59; Jan. 16: The Bottle Rockets, The Sleuths, Chris with The Hat; Jan. 17: Cash Grab!; Jan. 18: Punk Rock Sundays; Jan. 19: Vinyl Drip with James Brown; Jan. 20: Soul Night with Dr. Hotbot-tom & The Soul Prescriptions; Jan. 21: It's not Karaoke... It's Cavernaokel!

KING'S HEAD PUB & EATERY 120 King, Sunday: All The King's Men; Monday: The Magician; Tuesday: Comedy Night; Wednesday: Little Boy Boom; Thursday: Joey Landreth Band.

NOIR WINE BAR & EATERY 470 River, Mondays: Jeff Barkman.

COUNTRY, FOLK & JAZZ

GORDIE'S COFFEE HOUSE 127 Coburg, Jan. 15: Open Mic.

MCNALLY ROBINSON GRANT PARK Jan. 16: Marguerite's Mood; Jan. 17: Elena Young.

MCNALLY ROBINSON POLO PARK Jan. 16: Elena Young; Jan. 17: Andrew & Andrew: The Dark Side of the Duo.

THE REGAL BEAGLE 331 Smith, Thursdays: Shandra and Jason.

TIMES CHANGE(d) HIGH & LONESOME CLUB Main & St. Mary, Jan. 15: Righteous Ike; Jan. 16: Chris Carmichael; Jan. 18: Jam with Big Dave McLean.

HIP HOP & DANCE

HIFI CLUB 108 Osborne, Jan. 15: Day Old Donuts with DJ Hunnicut and DJ Co-op; Jan. 16: Stir Fri Fridays with DJ Dow Jones; Jan. 17: Strange Brood Saturdays with The Hosers.

OZZY'S 160 Osborne, Wednesdays: Soho Trash DJs: Punk, Glam, New Wave, Power Pop; Thursdays: Readymix Dance Party: Indie-Dance, Electro, Brit-Pop, New Wave, Mash-Ups, '80s / '90s, and more; Saturdays: Modernized.

PUNK & METAL

THE ROYAL ALBERT 91 Albert, Jan. 15: The Peaches, The Thrashers, Dirtbagger, xSlamDunk; Jan. 16: Haunter, Chords of Canada, The Electric Candles; Jan. 18: Rotting Christ, Manic Ritual, Epicurean.

THE ZOO 160 Osborne, Jan. 15: Grandmaster.

THEATRE & DANCE

D.A.M. MADNESS Presented by .maDAM. Dance, D.A.M. Madness is choreographed and performed by Darby Gibbs, Amelia Laidlaw and Ming Hon, Jan. 16, 8 p.m. and Jan. 17, 3 and 8 p.m. at the Rachel Browne Theatre. Tickets are \$12 to \$15 are available from 995-0116 or dam.madness@gmail.com.

JITTERS By David French, Directed by Ann Hodges and Presented by the MTC, from Jan. 1 until Jan. 24. Jitters will be

performed at The John Hirsch Theatre at the MTC Mainstage and tickets are available from www.mtc.mb.ca.

GALLERIES

GALLERY IC03 University of Winnipeg. Colonizing Oort, new works by Winnipeg/Montreal-based artist Kevin Kelly. There will be an opening reception Jan. 22 from 4 to 6 p.m. and the exhibit will be open until Feb. 21.

GALLERY OF STUDENT ART 105 University Centre, University of Manitoba Opening Jan. 12 is Kae Sasaki's exploration of Little Red Riding Hood. The exhibit is on display until Jan. 23.

GRAFFITI GALLERY 109 Higgins. The Graffiti Gallery presents St.ART at Turtle Island Neighbourhood Centre, 510 King, providing free art classes: Mon: Wordplay; Tues: Open Art Studio; Wed: Fabric Art; Thur: Movement; Fri: Open Art Studio. Free Sewing every Tuesday from 4 to 6 p.m. and a Hip Hop studio from 6 to 9 p.m. at Norquay Community Centre, 65 Granville. The Gallery will also be offering free photography lessons Wednesdays between 5 and 8 p.m.

PLATFORM CENTRE FOR PHOTOGRAPHIC + DIGITAL ARTS 121-100 Arthur. Between Times video installation by Scottish artist Jason Dee. This exhibit is open until Jan. 30.

PLUG IN INSTITUTE OF CONTEMPORARY ART 286 McDermot Ave. In the Overlooked Space is an collaborative exhibition by California artist Helena Keefe and Matthew Blanchard. The exhibit is on display until Jan. 31. In the main exhibit hall is a solo, sculpture-based exhibit by Winnipeg-based artist Jennifer Sitwell on display until Jan. 31.

URBAN SHAMAN GALLERY 203-290 McDermot. Urban Shaman is currently calling for submissions to be displayed in the Main Gallery, Marvin Francis Memorial Gallery and the

DINOSAURS! The Manitoba Museum is hosting Dinosaur Dynasty: Discoveries from China, an massive exhibit featuring 20 full-size dinosaur skeletons, fossilized eggs and a dino dig pit for kids. The exhibit is open until Apr. 19.

OPEN MIC The Sounding Board open mic night invites acoustic musicians, songwriters, spoken word artists and comedians to step up to the microphone at the Lounge of Charlie-O and Friends at 8 p.m. To sign up, contact biz@sweetspotproductions.com.

LAW WORKSHOP The Fort Garry Women's Resource Centre presents Human Rights, Equality Rights and Poverty Laws, a four part legal workshop series for women who are experiencing legal issues and concerns. The workshop sessions are as follows: Jan. 19: Human Rights and Freedoms; Jan. 26: CPP, EI and Social Assistance; Feb. 2: Manitoba Housing and Residential Tenancies Issues; Feb. 9: Health Care Issues and Disability Claims. Workshops will be held from 10 a.m. to 12 p.m. at our Outreach Location #104-3100 Pembina Hwy - Buzz Code 1003. Space is limited and pre registration is required to this women only event by calling 477-1123.

COPING WITH LOSS The Fort Garry Women's Resource Centre presents a Coping With Loss support group for women who have experienced a major life loss such as death of a loved one, loss of relationships, home, job or health. Sessions will explore ways of coping with and honoring loss in women's lives, Fridays from 9:30 a.m. to 12:00 p.m. Feb. 6 to March 27 at 1150-A Waverley Street. Space is limited. Pre registration and in-person intake is required; to register please call 477-1123 by Jan 23.

LITERARY

MILLENIUM LIBRARY Jan. 19: Mark Burch, author of Stepping Lightly; Jan. 26: Sherman Kong of the Credit Counseling

THE UNITER'S TOP 5 EVENTS

BY CURRAN FARIS

● **CHRIS CARMICHAEL** CD release, Jan. 16 at Times Change(d). Carmichael is Winnipeg's resident blues/country guitarist and he has finally released his first solo record. Tickets are \$10 or \$20 with a CD and Carmichael will be playing two sets, one at 7 and the other at 10 p.m.

● **THE JD EDWARDS BAND** With The Dust Rhinos, Jan. 20 at The Park Theatre. Celebrate the end of Bush's presidency and raise funds and awareness for the Winnipeg Citizens' Coalition while taking in the sweet sounds of JD Edwards. Tickets are \$15 from The Park Theatre and the show starts at 7:15 p.m.

● **HELENA KEEFE AND MATTHEW BLANCHARD** Exhibit in the Overlooked Space at the Plug In Gallery. This collaborative project came about as a way to help a patient overcome a traumatic facial injury. The exhibit is on display until Jan. 31 and admission is free.

● **BETWEEN TIMES** Video installation by Scottish artist Jason Dee, at Platform Centre for Photographic + Digital Arts until Jan. 30. Dee's work challenges perception by utilizing film techniques such as back projection, archaic recording devices and digitally processed film; the results are haunting.

● **DAY OLD DONUTS** With DJ Hunnicut and DJ Co-op, Jan. 15 at Hifi Club. Why? Because it's still freezing outside and Hunnicut and Co-op are guaranteed to get you up and dancing. Admission is paid at the door.

Virtual Gallery. Submissions should be mailed to: Director, Urban Shaman Gallery, 203-290 McDermot Avenue, Winnipeg, Manitoba, R3B 0T2.

VIDEO POOL MEDIA ARTS CENTRE Art's Birthday: Craft Nouveau, Jan. 17 at The Albert, with DJ Co-op, DJ Rob Vilar, Owen Head, Lizzie Lala, Cassandra Crossing, and a Freeshow Seymour film screening at 8:30. Tickets are \$5 at the door and doors open at 8 p.m.

WAYNE ARTHUR GALLERY 186 Provencher. My Winnipeg Gallery, Sketches and Book Launch by Robert Sweeney, on display until Jan. 28.

WINNIPEG ART GALLERY 300 Memorial. Sheila Spence: Pictures of Me, exhibition of Winnipeg artist Sheila Spence's exploration of portraiture, open until Feb. 15. Spence will be present for an artist talk Feb. 7 at 7 p.m. Also continuing is Saga: The Journey of Arno Rafael Minkinen, Photographs 1970-2005 is open until Feb.13. The artist will be at the WAG Jan. 15 for an artist talk and book signing. Also open is The Painter as Printmaker, which features a series Impressionist prints from artists such as Van Gogh and Renoir.

COMMUNITY EVENTS

FREE INTERNATIONAL STUDENTS CLASS A free class for international students will be held Sundays from noon to 1:30 p.m. at Elim Chapel. The class is an opportunity to meet fellow students and to learn English and the Bible. For more information contact Val and Veda Chacko at 257-1670 or vtchacko@shaw.ca.

FELTING WORKSHOP The Manitoba Crafts Museum and Library is hosting a workshop in which participants will make felted clutch bags, Jan. 31 from 10 a.m. to 4 p.m. at 1B-183 Kennedy. Admission is \$40 or \$35 for MCLM members.

FREE SELF DEFENSE CLASSES The Fort Garry Women's Resource Centre is offering free self defense classes for women on Tuesdays, starting Jan. 13 until Feb. 17, from 7 to 9 p.m. at Young United Church, 222 Furby Street and Feb. 7 and 8 from 10 a.m. to 5 p.m at 62 Albert Street. Please call 943-0723 to register.

Society, Mondays from 12:10 to 12:50 p.m. in the Carol Shield Auditorium. Tech Tuesdays: Lecture-style presentations which cover the basics in using new technology at home and in the workplace. Session are held in the Buchwald Room from noon to 1 p.m. Pre-registration is preferred at 986-6450.

AQUA BOOKS Jan. 15: Speaking Crow with Poets Lise Gaboury-Diallo, Chandra Mayor and Rosanna Deerchild, 7 p.m. Jan. 16: Talk About Your Art with Writer in Residence Amy Karlinsky from 1:30 to 4:30 p.m., admission is \$6.

SIGNE KNUTSON-FEHR Launch of Mama Always Comes Home, Jan 15, 7 p.m. at McNally Robinson Polo Park.



Matthew (detail), Helena Keefe & Matthew Blanchard, 2008, at Plug In ICA.

JONATHAN ELLERBY Talk and Discussion about Return to the Sacred: Ancient Pathways to Spiritual Awakening, Jan. 15, 7 p.m. at McNally Robinson Grant Park.

NICOLE PETROSKI Launch of The Very Lonely Sandwich, Jan. 18, 2 p.m. at McNally Robinson Polo Park.

MEET THE COMPOSER Featuring Glen Fitzell, Jan 20, 7:30 p.m. at McNally Robinson Polo Park.

DAVID SUDERMAN Launch of Why Little Abraham Came to Canada...Tracing the Long Journey of our Mennonite People, Jan. 20, 8 p.m. at McNally Robinson Grant Park.

BRITISH ROCK N' ROLL INVASION Preview with John Einarson, Jan. 21, 7 p.m. at McNally Robinson Grant Park.

FILM

CINEMATHEQUE 100 Arthur, Jan. 15: Flow: For Love of Water 7 p.m., Best of Ottawa Animation Film Festival 9:30 p.m.; Jan. 16: Margaret Mead Film Festival 5:30 - 10:30 p.m.; Jan. 17: Margaret Mead Film Festival 11:30 a.m. - 9 p.m.; Jan. 18: Cabin Fever Melody 2 p.m., Tell No One, 4 p.m., Triage 7 p.m.; Jan. 21: The Freedom Tour 7 and 9 p.m.; Jan. 22: Winnipeg First Nation: Heart of a Home, with Panel Discussion 7 p.m., Happy Go Lucky 9 p.m.

ON CAMPUS

DINE WITH THE AX University of Winnipeg's president and vice chancellor Lloyd Axworthy will be brown-bagging it today (Thursday, Dec. 15) and dining with the student in Riddell Hall. Grab a seat with him and chat about whatever suits your fancy. He'll be there from 12 to 1 p.m. Can't make it? The next lunch is scheduled for Feb. 25.

JACK SUBMISSIONS University of Winnipeg's new Journal of the Arts through Combined Knowledge (JACK) is now accepting submissions. JACK is an online undergraduate research journal for students in the Faculty of Arts at The University of Winnipeg. JACK is looking for submissions of scholarly research essays and critical reviews. Revise and expand upon your course work and previously graded material. Attention and dedication to professors' suggestions and one's own interest can lead to the clarity of expression that JACK requires. JACK's submission deadline is Jan. 16, 2009. E-mail JACK your submissions at jack@uwinnipeg.ca. Visit JACK's website for submission guidelines: <http://jack.uwinnipeg.ca>.

VOLUNTEER OPPORTUNITIES

BIKE DUMP The Bike Dump is always looking for volunteers. Orientation session take place on the second Wednesday of every month at 7 p.m.

FORT GARRY WOMEN'S RESOURCE CENTRE The Fort Garry Women's Resource Centre (FGWRC) is looking for volunteers to sit on the Board of Directors and to work as Community Volunteers. For more information, contact info@fgwrc.ca.

UWSA FOODBANK The UWSA's Foodbank program is looking for volunteers to help hand out hampers to downtown community members and students who are in need every Friday from 1 to 5 p.m. For more information contact Ben or Jamie at uwfoodbank@yahoo.ca.

TEEN TOUCH Teen Touch is looking for volunteers to staff the Virtual Help service, a live chat program which allows teens and families to talk to trained volunteers online. Volunteers must be 18 years of age or older and successfully complete 35 hours of training. Volunteers are asked to commit to a minimum of four shifts per month for a period of one year. The next training sessions will be Mar. 29 and 30, and Apr. 5 and 6. To apply contact www.teentouch.org, or Christine Porpiglia at 945-0088.

TEEN TOUCH HELPLINE Teen Touch is looking for volunteers to staff their 24-hour Helpline. Volunteers will staff from the Helpline from their own home. Volunteers must be 18 years of age or older and successfully complete 35 hours of training. The next training sessions will be Mar. 29 and 30, and Apr. 5 and 6. To apply contact www.teentouch.org, or Christine Porpiglia at 945-0088.



Chris Carmichael is at Times Change(d) Friday, Jan. 16.

AWARDS & FINANCIAL AID

The Awards and Financial Aid staff of the University of Winnipeg provides our student body with current information on award opportunities. This information is updated weekly.

UNIVERSITY OF WINNIPEG AWARDS:

UNIVERSITY OF WINNIPEG GENERAL BURSARY

General Bursary applications are available for download from the Awards & Financial Aid website, or can be picked up at the Awards Office located in Student Services or at Student Central in Centennial Hall.

To be eligible for this bursary, you must be able to prove financial need and be making satisfactory academic progress (i.e. maintaining a "C" average).

Deadline: January 30, 2009

GRADUATE AND PROFESSIONAL STUDIES APPLICATION EXPENSES BURSARY

The purpose of this bursary fund is to provide some assistance to students with respect to the high costs associated with applying to Graduate and Professional Schools.

To be eligible applicants must satisfy the following criteria: Have a minimum award point average of 3.55 in the previous academic year; be registered in the final year of an honours or four-year degree program in Arts or Science, or in the final year of the Integrated B.Ed. Program; have documented financial need.

Expenses for a maximum of three programs will be considered per year.

Both full-time and part-time students may apply at any time during the Fall/Winter academic year, provided that funding is available for this bursary. Applications will be evaluated on a first-come, first-serve basis.

Applications can be downloaded from the Awards & Financial Aid website or are available at the Awards Office in Graham Hall.

AWARDS OFFERED BY EXTERNAL AGENCIES AND ORGANIZATIONS

AUCC AWARDS

The Association of Universities and Colleges of Canada provides 150 scholarship programs on behalf of the federal government, domestic and foreign agencies, and private sector companies. Check out website <http://www.aucc.ca/> Look under the heading Scholarships and Internships for Canadian Students.

THE SOROPTIMIST FOUNDATION OF CANADA: CANADIAN GRADUATE WOMEN STUDENTS

The Soroptimist Foundation of Canada annually offers several \$7,500 grants to female graduate students in Canada to assist them with completing university studies that will in turn qualify them for careers that will improve the quality of women's lives. Examples of the Soroptimists' work include: providing services, legal counselling and assistance; counselling mature women entering or re-entering the labour market; counselling women in crisis; counselling and training women for non-traditional employment, and for positions in women's centres.

Applications are available online at <http://www.soroptimistfoundation.ca/application.html>

Deadline: Jan. 31, 2009

EXPORT DEVELOPMENT CANADA

Export Development Canada (EDC) is a Crown corporation with a mandate to develop Canada's capacity to engage in international trade. We've been helping Canadian exporters and investors succeed in global markets for more than 60 years by providing trade finance and risk management services, as well as sharing our foreign market expertise.

Through our Education and Youth Employment Strategy, EDC helps build the capacity of the next generation of business leaders by awarding scholarships to students with a demonstrated interest in international business.

EDC is offering a \$3,000 scholarship awarded in the spring 2009 and, pending eligibility, a potential opportunity to apply for a four-month work term with mentoring from leading industry experts at EDC, worth approximately \$10,000. Work terms will be available for summer 2009.

To be eligible, you must be: A Canadian Citizen or Permanent Resident of Canada; currently enrolled in full-time studies at a Canadian university, in second, third or fourth year of an undergraduate program; enrolled in studies in international business, economics, or combined business with sustainable management or environmental studies; returning to full-time undergraduate studies in the 2009-2010 academic year and have an excellent academic record.

Applications are at http://www.edc.ca/english/student_scholarships.htm?cid=red1524 and must be submitted online and **received by Jan. 26, 2009 (23:59:59 EST)**.

Provide supplementary documents by mail. All documents must be received by Jan. 26, 2009 (23:59:59 EST). Faxes and e-mails are not accepted.

All documents must be sent to: Maurice Lelièvre, Canadian Bureau for International Education, 220 Laurier West, Suite 1550, Ottawa, Ontario, K1P 5Z9.

DATATEL SCHOLARS FOUNDATION SCHOLARSHIP

For outstanding students currently attending an eligible Datatel client institution. The Datatel Scholars Foundation Scholarship is open to full-time and part-time students (taking at least six credit hours), as well as undergraduate and graduate students in any major.

Scholarship award amounts range from \$1,000 to \$2,400. For more information and application please visit the Datatel website at <https://www.datatelscholars.org>.

Applications must be submitted online and are available from Sept. 1, 2008 to Jan. 30, 2009, 5 p.m. EST.

TOYOTA EARTH DAY SCHOLARSHIP PROGRAM

Toyota Canada Inc. and Earth Day Canada established the Toyota Earth Day Scholarship Program to help cultivate and nurture environmental leadership in young Canadians. The Toyota Earth Day Scholarship Program encourages and rewards graduating Canadian high school students who have distinguished themselves through environmental community service, extracurricular and volunteer activities, and academic excellence.

The Toyota Earth Day Scholarship Program grants three awards of \$5000 each annually to students from Western Canada, Northwest Territories, and Nunavut, to be applied directly towards tuition, books, room and board (where applicable) or other educational expenses for the first year of post-secondary full-time studies in Canada.

To be eligible you must: Be currently in your graduating year or graduated in the last two years from a Canadian high school or

Québec Cégep; be entering, for the 2008-2009 academic year, your first year of full-time studies at an accredited Canadian college or university; be a Canadian citizen or Permanent Resident (landed immigrant); have demonstrated outstanding environmental commitment, community service and leadership during the course of their studies; attain a high level of academic achievement; not be an employee or immediate family member of an employee of Toyota Canada Inc. and its Dealers, Earth Day Canada or Panasonic Canada Inc; fulfill the requirements of the application package.

Visit this website for more information and application: <http://www.earthday.ca/scholarship/about.php>

Deadline : January 31, 2009

THE SOROPTIMIST FOUNDATION OF CANADA: CANADIAN GRADUATE WOMEN STUDENTS

The Soroptimist Foundation of Canada annually offers several \$7,500 grants to female graduate students in Canada to assist them with university studies which will improve the quality of women's lives. Examples include but are not limited to: providing services, providing legal counselling and assistance, counselling mature women entering or re-entering the labour market, counselling women in crisis, counselling and training women for non-traditional employment, and positions in women's centres.

Applications are available online at <http://www.soroptimistfoundation.ca/application.html>

Deadline: January 31, 2009

THE CANADIAN HARD OF HEARING ASSOCIATION SCHOLARSHIP PROGRAM 2009

The mandate of CHHA is to encourage awareness of hearing loss and to advocate self-help for hard of hearing or deafened people. Its aim is to achieve full hearing accessibility in Canadian society. The Canadian Hard of Hearing Association Foundation (CHHAF) was established to create a perpetual financial legacy to support the activities of CHHA, and create specific initiatives for hard of hearing or deafened persons in Canada.

The purpose of the Scholarship Program is to offer financial

assistance and recognition to hard of hearing and deafened students registered in a full time program at a recognized Canadian college or university, in any area of study, with the ultimate goal of obtaining a diploma or degree. This year three awards of \$1,000 each will be granted and presented at the Canadian Hard of Hearing Association Annual Awards ceremony to be held at the CHHA Conference in May 2009.

Please see the website for more information and to download an application: <http://www.chha.ca/chha/scholarships-index.php>

Please mail your completed application to: Canadian Hard of Hearing Association Scholarship Program, 2415 Holly Lane, Suite 205, Ottawa, ON K1V 7P2

Voice: (613) 526-1584 Toll Free: 800-263-8068 Fax: (613) 526-4718 TTY: (613) 526-2692 e-mail: scholarship@chha.ca

KIWANIS CLUB OF WINNIPEG FOUNDATION INC: MANITOBA CITIZENS' BURSARY FUND FOR NATIVE PEOPLES AWARDS 2009

Open to students currently enrolled at the Universities of Winnipeg, Manitoba, Brandon. In 2008, bursaries totaling \$7,000 were awarded for the three Universities. The bursaries range from \$175 to \$450 each.

Criteria: Preference will be given to Native students (Indian, Metis and Inuit) who demonstrate financial need; students must maintain satisfactory grades to retain their eligibility; points will be given to students participating in extra-curricular activities; the Bursary Fund is not designed to help applicants meet the financial cost of entering University. On the contrary, it is designed, subject to the above criteria, to help meet financial problems that arise subsequently.

Applications are available at the Awards & Financial Aid Office located in Graham Hall. **Deadline:** Please return your application to the Awards & Financial Aid Office by February 16, 2009.

MANITOBA STUDENT AID PROGRAM

The following information is provided with regard to the second disbursement of your Manitoba Student Aid Program (MSAP) assistance (Manitoba Student Loan) for the 2008-09 academic year:

Missing information. If any documentation requested by the MSAP, such as summer income verification, has not yet been submitted, electronic confirmation of your loan document will not occur and your loan funds will not be in place at the beginning of the winter term.

Revision to your needs assessment. You should be aware that new information, such as verification of your summer income, may increase or decrease your MSAP needs assessment and the resulting loan amounts you are eligible to receive. Similarly, if your current course load is different from that on your Notice of Assistance letter, the amount of loan you are eligible to receive may change.

DID YOU KNOW You can check the status of your student aid application, find out what documentation is still outstanding, update your address information and much more on line? Go to www.manitobastudentaid.ca Link to MySAO to log into your existing account.

DID YOU KNOW If you are a student who has had past Government Student Loans and are currently a full-time student but do not have a student loan this year, please fill out a Schedule 2 document to remain in non-payment status. Please come to Student Services in Graham Hall, where front counter staff can help you with this form.

DID YOU KNOW That Manitoba Student Aid staff can be on campus on Fridays from 1 to 4 p.m. To meet with them, you need to set up an appointment time. Come to student services and book an appointment, or phone 786-9458 or 786-9984.

Other Award Websites:

Canada Student Loan program and other important information on finances and budgeting www.canlearn.ca

Manitoba Student Aid Program www.manitobastudentaid.ca

Surfing for dollars? Try these two websites:

www.studentawards.com

www.scholarshipscanada.com

Please contact the awards office for information regarding external awards.

Crossword Puzzle #16

Solutions to puzzles will appear in the next issue.

1	2	3	4	5	6	7	8	9	10	11	12	13		
14					15				16					
17					18				19					
20				21	22			23						
24	25	26												
27	28	29	30					31						
32					33	34	35			36	37	38		
39					40					41				
42					43					44				
45								46	47					
48	49				50			51						
52								53	54		55	56	57	58
59								60		61	62			
63								64			65			
66								67			68			

- Across**
- 1- Tilted
 - 6- Hawk
 - 10- Director Vittorio De ...
 - 14- Gannet
 - 15- Air France destination
 - 16- Purim's month
 - 17- Military chaplain
 - 18- Rich soil
 - 19- Receptacle for holy water
 - 20- Sound investment?
 - 22- Umbilicus
 - 24- Ballet step
 - 26- Riding
 - 27- Professional hunting guide
 - 31- Japanese sash
 - 32- Shifted
 - 33- Rate
 - 36- Common article
 - 39- ___ Bator, Mongolia
 - 40- Yielded
 - 41- Close
 - 42- 1980's movie starring Bo Derek and Dudley Moore
 - 43- White-and-black bearlike mammal
 - 44- Kick off
 - 45- Pinch
 - 46- Unite again
 - 48- Tiny
 - 51- Teenage lout, to a Brit
 - 52- Resembling a palace
 - 54- Prolific inventor
 - 59- Some
 - 60- 1963 role for Liz
 - 62- Get together
 - 63- Wading place
 - 64- Western Indians
 - 65- Beaming
 - 66- Bohemian
 - 67- Mackerel shark
 - 68- HOMES, e.g.
- Down**
- 1- Serpents
 - 2- Paint layer
 - 3- Shoppe sign word
 - 4- Singer Vikki
 - 5- Rollerblader's protector
 - 6- Impresario Hurok
 - 7- Switch suffix
 - 8- South American ruminant
 - 9- Resembling certain nodes
 - 10- Adventurous expedition
 - 11- Icons
 - 12- Boat often made of birchbark, canvas, or fiberglass
 - 13- Plastic or liberal, e.g.
 - 21- Boat propeller
 - 23- Tramp
 - 25- Seductively beautiful woman
 - 27- Brown-bag stuff
 - 28- Gap
 - 29- Lendl of tennis
 - 30- Understanding
 - 34- Append
 - 35- Weeping
 - 36- Baht spender
 - 37- Injure
 - 38- Kitchen addition
 - 40- Common garden pepper
 - 41- RR stop
 - 43- Pub order
 - 44- An act of subduing
 - 45- Tidily
 - 47- Fair-hiring abbr.
 - 48- Small drum
 - 49- Warner's creator
 - 50- Seaport in the Crimea
 - 52- Father
 - 53- Vichyssoise ingredient
 - 55- Swenson of "Benson"
 - 56- Worm fiber
 - 57- Siouan speaker
 - 58- Information
 - 61- Barcelona bear

Sudoku Puzzle #13 Puzzle level: intermediate

5					6			9
		1						
7			4		1			
	6	3		5	2			
9								2
			6	4		7	8	
			3	5				1
						3		
4		5						7

Last week's puzzle solution (#12)

1	9	2	8	5	7	3	6	4
8	3	5	1	4	6	2	9	7
7	6	4	2	9	3	5	1	8
2	8	9	6	1	4	7	3	5
6	4	3	7	8	5	1	2	9
5	7	1	3	2	9	4	8	6
9	2	7	4	6	1	8	5	3
4	5	8	9	3	2	6	7	1
3	1	6	5	7	8	9	4	2

SUDOKU PROVIDED BY KRAZYDAD.COM

Last week's puzzle solution (#15)

A	R	A	B	R	E	C	A	P	J	A	D	E		
C	I	B	E	E	R	O	D	E	A	T	E	M		
E	C	C	L	E	S	I	A	S	T	I	C	I	S	M
R	E	S	T	R	I	C	T	U	T	O	P	I	A	
A	L	A	B	L	E	B								
A	P	P	O	S	E	C	R	A	M	T	E	T		
L	I	E	G	E	R	I	N	E	R	N	E			
E	X	P	E	R	I	M	E	N	T	A	L	I	S	M
P	I	P	E	R	O	P	E	U	S	E	U	P		
H	E	Y	R	O	T	E	P	R	E	S	E	T		
B	E	N	E	S	L	O								
M	A	N	I	A	C	A	M	A	R	E	T	T	O	
E	X	E	M	P	L	I	F	I	C	A	T	I	O	N
S	L	A	B	A	M	A	T	I	A	N	T	E		
H	E	R	O	D	A	R	E	D	A	N	T	E		

CROSSWORD PROVIDED BY BESTCROSSWORDS.COM

Sports & Fitness

The Wesmen strike back



Fifth year opposite Paul Kjos smashing one home against Brandon Saturday night.

Wesmen lose in Brandon but win in Winnipeg

MARKO BILANDZIJA
VOLUNTEER STAFF

Despite the disheartening loss in Brandon recently, the Wesmen men's volleyball team came back strong on Saturday, Jan. 10.

Unlike the game on Thursday, Jan. 8 where the Wesmen lost 3-1, it was the Brandon Bobcats who faced the wrath of the Duckworth Centre audience this time around.

The Wesmen (7-3) came back on Saturday to take back a win from the Bobcats (6-4) in four sets (20-25, 25-20, 25-22, 25-23).

The opening set looked to be a repeat for Brandon. While Winnipeg kept it close, the Wesmen staggered down the stretch and the Bobcats took the first set 25-20.

After that the Wesmen turned it around. Middle Justin Duff scored his second of three aces in the sec-

ond set which led Winnipeg to the 25-20 win.

"I just wanted to do the best I could out there," said Duff, who also finished with a team high of five blocks.

The home team supremacy did not stop there as Winnipeg continued to not let up. In the third set, Winnipeg held leads as big as seven points en route to a 25-22 win.

The fourth set was more of a ping-pong match that had Brandon leading 12-10 at one point. However, Paul Kjos responded with two sensational blocks to tie the game up once again.

"We lost a big game on Thursday and we weren't going to let that happen tonight," said fifth year Kjos. He ended the game with 11 kills.

It was Andrew Town's performance that lifted the Wesmen out of the stalemate. Between his smash off a block, his kill after a Brandon timeout, and his game-winning kill, it would be hard to choose a single highlight. Nevertheless, Town helped Winnipeg close out the fourth set 25-23, as well as the entire match.

Despite the win, the Wesmen are still focusing one game at a time.

"We're not worried about the playoffs right now," said Town, who finished with 19 kills and 10 digs.

"We still have a few tough matches coming up that we need to get through first."

In women's action, the team was defeated in straight sets on both Thursday night in Brandon (25-13, 25-15, 25-14) and Saturday night in Winnipeg (25-23, 25-19, 25-16).

The men's and women's volleyball teams play against the Calgary Dinos next weekend. The women play at the Duckworth Centre on Friday, Jan. 16 at 7 p.m., while the men travel to Calgary.

"We lost a big game on Thursday and we weren't going to let that happen tonight."

-Paul Kjos,
U of W volleyball team

Witnessing a mauling

Brandon Bobcats dismantle Winnipeg Wesmen

MICHAEL COLLINS
VOLUNTEER STAFF

There was a mauling at the Duckworth Centre on Thursday, Jan. 8.

The University of Winnipeg Wesmen (3-10) faced the Brandon Bobcats (5-8), and while the women's basketball team secured a 79-68 victory, the men's team was blown away 89-61.

However, the score is only partially indicative of how the game went for the Wesmen.

The first quarter was not bad: between guard Nick Lothar's ability to drive the lane, forward James Horaska's mid-range jump shot and forward Peter Lomaro's raw offensive talent, Winnipeg was able to stay in the game.

After that close first quarter, things rapidly degenerated for the Wesmen.

The second quarter brought on the fast break and the full court press for Brandon, and fans watched in agony as time after time, the Bobcats stripped the ball from Wesmen guards and scored on uncontested layups.

The Bobcats' play on the boards proved to be too much as well. Winnipeg often could not grab a defensive rebound and the Bobcats earned too many second chance points.

To make matters worse, Dany Charlery of Brandon exploded with 12 points in the second quarter, stretching Brandon's lead to 43-27.

"I didn't like too much about the game, to be honest, because we didn't put too much effort forward," said small forward Eric

Zimmerman.

But head coach Dave Crook must have been all fire and brimstone in the locker room after the disastrous second quarter, because the Wesmen came out firing in the third.

While there weren't any significant changes, the team was more committed. The unforced turnovers stopped, the offence became effective and there was an increase in energy.

The Wesmen ended up winning the third quarter 20-16, pushing the score to 59-47, and the whispermings of a comeback started to ripple through the stands.

"We had a bit of a surge there in the second half," Zimmerman said.

However, the fourth quarter hushed all the whispers. Brandon's beyond the arc picked up as they scored six consecutive threes. Meanwhile, Winnipeg executed poor passing and turnovers, not to mention ugly shots.

"If I could improve anything, it would be our overall effort. We shook at the start of the game, their press ripped us apart, we probably could have been a bit more prepared," said Zimmerman.

The Wesmen men and women play on the road for the next three games. Their next home game is Jan. 23 against the Regina Cougars.

"I didn't like too much about the game, to be honest, because we didn't put too much effort forward."

-Eric Zimmerman,
Wesmen forward

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The battle of Winnipeg

Wesmen/Bison rivalry is unique to Canadian University Sports

ADAM JOHNSTON
VOLUNTEER STAFF

Texas Tech vs. Texas. University of Miami vs. Florida State. ULCA vs. Southern California. University of Alberta vs. University of Calgary.

These rivalries are some of the best college rivalries in sports today. Intense, close and passionate, they define what college sports can be at their best.

You can add another rivalry to that list. The University of Winnipeg Wesmen vs. the University of Manitoba Bisons. Whenever these two teams meet in both volleyball and basketball, it's always passionate, colourful and tense.

It's inner city vs. south end. Small school vs. big school. It's one of the

few rivalries in Canadian university sports where two universities in the same city often play against each other in two different sports.

Rick Flett, a University of Manitoba fan and father of a Bisons women's basketball team member, agrees it's something special.

"This is one of the rare cities, we have two universities in the same city, so that's why it's such a rivalry, I believe. Other provinces, their cities are spread out a bit more," said Flett.

Bruce Parney, a fan who has ties to both U of M and U of W, loves the passion of the rivalry and wishes there could be more like it across Canada.

"I enjoy it thoroughly. My daughter played five years for the Wesmen and I coached and still do track at the University of Manitoba, so I love it. I think it's just great. We need more rivalries like that in sport... I mean, we're close enough so that every game is in doubt," said Parney.

Parney's words echoed what happened in the two most recent encounters between the Winnipeg

rivals.

On Jan. 4 at the Duckworth Centre, the Wesmen women's basketball team defeated the Bisons 74-62. The Wesmen men weren't as fortunate, losing to the Bisons 69-55.

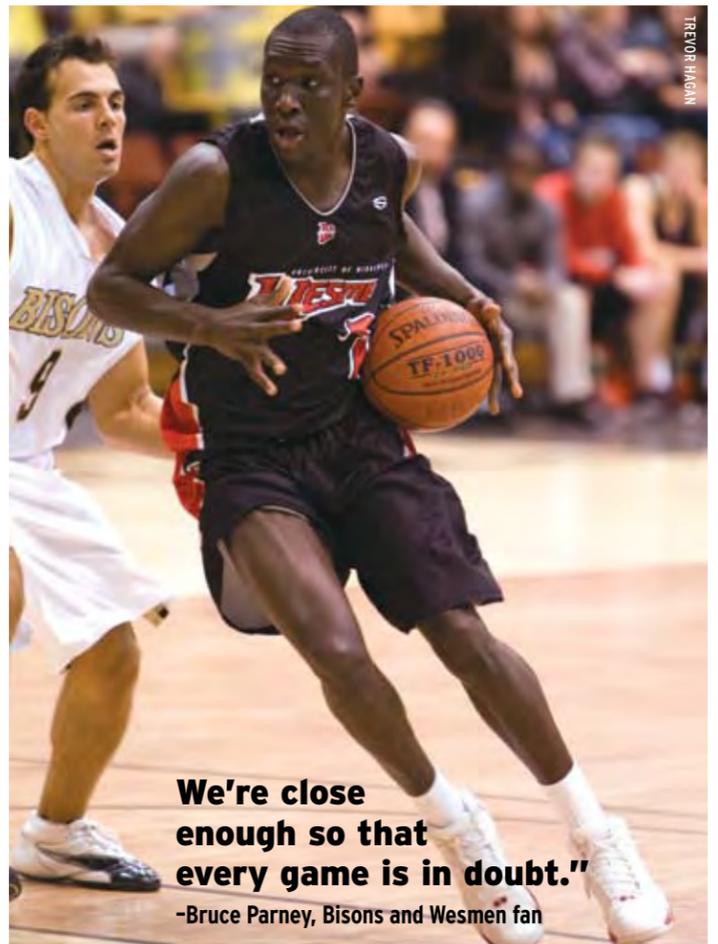
On Jan. 5 in the return clash, both the Wesmen teams were victorious. The Wesmen women defeated the Bisons 71-59, while the men won 77-68.

The Wesmen women are currently second in the Great Plains Division with an 8-4 record, behind Regina, which is 9-3. The Wesmen men are last in the Great Plains Division with a 3-9 record; however, they are only one game behind the third place Bisons, who sit in the last playoff spot at 4-8.

For more information about the Canada West Athletic Conference go to <http://www.canadawest.org>.

Wesmen forward Peter Lomuro drives the lane against a Bison defender.

(PHOTO ARCHIVES, 2008)



We're close enough so that every game is in doubt."

-Bruce Parney, Bisons and Wesmen fan

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Living well



SAGAN MORROW
VOLUNTEER STAFF

Save money by eating healthy

Between the costs of tuition, bills and a fun social life, eating nutritiously can be the last thing on our minds. Compared to a Tim Hortons doughnut or a McDonald's meal, fresh produce at first glance appears to be pricey. However, this assumption proves to be false when looking at the long-term.

Arm yourself with knowledge on how to navigate the grocery store and you won't have to go near a fast food joint ever again.

Which grocery store to shop at is a major choice that will affect how empty your wallet becomes when buying food. Big chain stores such as Safeway or Sobeys are able to sell their products at expensive prices just because of their company name. Becoming a member by acquiring a club card will save you money and even if you do not regularly shop at these stores it is worth it to have on hand just in case (especially because membership is free).

Check the newspaper or the Internet for special sales at these grocery stores. Make a point of only buying canned goods when they are on sale. These products are on sale every other week so there is no reason to buy them at the regular price.

Local grocery stores often sell their products for much cheaper than the brand name grocery stores do. Take the time to go to a couple different grocery stores in your area to compare prices. Fresh produce in particular has an enormous difference in cost depending where you shop. Try checking out Chinatown as well for some great deals.

Other ways to cut costs is to make your own tea or coffee at home rather than buying it at a coffee shop. Keep a journal of how much you spend on different food products to see where else you can cut back.

Healthy food improves your mood and attitude and fuels your brain. It pro-

Healthy food improves your mood and attitude and fuels your brain

vides energy and helps us sleep soundly, unlike sugary and salty fast food items. This alone makes it worth buying healthy food at a slightly higher cost.

Also take into account how many meals you will get out of the healthier food as compared to a fast food meal: a bag of oatmeal and a few apples makes for a great breakfast that will feed you for days, whereas fast food only gives you one meal.

Another problem with unhealthy processed foods is that they are loaded with sugar and salt and often have very little in the way of nutrients or fiber. When eating this food we are more likely to become hungrier faster.

University of Winnipeg student Sagan Morrow writes a health and wellness blog. Check it out at <http://livinghealthyintherealworld.wordpress.com>.

SPORTS BRIEFS

COMPILED BY JO VILLAVERDE



FORMER WESMEN STAR SIGNS WITH HARLEM AMBASSADORS

Former Wesmen pride and joy, Uzo Asagwara, has joined the Harlem Ambassadors show team after spending the past couple seasons with the Canadian Senior Women's National Team.

The five-time Academic All-Canadian seems to be a perfect fit for the Ambassadors.

"Uzo is everything we seek in a female performer including being a world-class player with international experience, an excellent student-athlete and a community-minded role model with a desire to impact the lives of young people," said Ambassadors president Dale Moss.

"I'm very passionate about basketball and that comes out in my energy when I play," said Asagwara. "Other people see it as confidence, other people see it as cockiness, but it doesn't really matter how they see it. It's how I feel it and how it comes out when I play."

WHY YOU SHOULD NEVER MESS WITH A GOLFER

According to Yahoo! Sports, during the Australian Open, golfer John Daly, who was shooting a 6-over 78, destroyed spectator Dan Clegg's camera while he was trying to get a picture of Daly.

"I was looking to take a drop and a camera was 6 inches away from my face. If I was 10 under, I would have felt the same," said Daly.

Daly told Clegg, "You want it back, I'll buy you a new one."

Clegg later responded to the Australian Associated Press by saying: "I don't think I'll be chasing him for the money. He's a big bloke!"

YOU'RE FIRED! JUST KIDDING!

This year has been littered with coaches getting fired from left to right and KHL coach Wayne Fleming of the Avangard Omsk thought he was one of them.

According to TSN.ca, Avangard was losing 1-0 during the second intermission when Fleming was asked by general manager Anatoli Bardin to not coach for the rest of the game and Fleming assumed that meant he was fired.

Apparently, the management was just trying to prove they had control of the team. At least they did not explain it by saying, "LOL, JK!"

ENDS OF ERAS

The two longest active winning streaks in US high school football ended almost simultaneously. South Panola's 89 game winning streak ended against Meridan in the Mississippi Class 5A state championship game while the next day the Maryville 74 game winning streak ended against Hillsboro in the Tennessee Class 4A state championship game.

According to SI.com, Californian high school De La Salle stills holds the longest all-time winning streak in US high school history at 151 in a row.

All those wins and the Detroit Lions couldn't win one in the entire NFL season.

RACE DRIVER CAUGHT SPEEDING

Race car driver Danica Patrick was caught driving 87 km/h in a 55 km/h zone.

According to the Cornwall Standard Freeholder, the first female IndyCar race winner had to pay a US\$196 fine to the Scottsdale, Arizona police.

Well, there is proof that race car drivers belong on the race track.

Welcome back! Our final installments of the NFL Picks will highlight the culmination of the NFL season as the post-season winds down. This week, we look over the AFC and NFC conference championships. The regular season doesn't matter anymore. Every game could be the last. Check your insight against ours, including last year's **NFL Picks champ: Scott!**

The cast:

Tom Asselin Tom is the veteran. Crusty, grumpy... well, maybe just grumpy... He needs to rely on his experience to fend off the newcomers.

Marko Bilandzija Marko is one of the new guys. Will the rookie come through in his predictions?

Josh Boulding With only mediocre NFL experience, does he stand a chance against the veterans?

Kevin Chaves As a hockey fan sticking his nose into America's league, only time will tell if Kevin Chaves can make the plays on this season's outcomes.

Scott Christiansen Scott is an experienced contributor to the section but new to the Picks.

Mike Collins Mike is another experienced contributor.

Adam Peleshaty Another newcomer to the section, Adam will try to take an underdog win.

Brad Pennington Brad knows basketball. Will that help picking the pigskin winners?

Jo Villaverde Jo, the contender, was in the running last year. His football experience may just land him on top this season.



NFL PICKS

Post-season scores:

Tom Asselin	1-3
Marko Bilandzija	1-3
Josh Boulding	1-3
Kevin Chaves	2-2
Scott Christiansen	3-1
Mike Collins	2-2
Adam Peleshaty	2-2
Brad Pennington	3-1
Jo Villaverde	3-1

AFC

Adam says: BAL

This AFC Championship game between the Ravens and the Steelers should be low-scoring as the two best defences go head-to-head. However, in the past two games, it appears that the Ravens defence has been better. QB Joe Flacco only has twenty completions this post-season and, last week, their rushing game was stopped cold. Yet, they still won against Miami and Tennessee. The Ravens are my pick for the conference and the Super Bowl. Why? Simply, defence wins championships.

Kevin says: BAL

I have been since the beginning and I shall continue to fly with the Ravens in these playoffs. They aren't the same offensively-struggling team of the past and will, somehow, somehow, exploit the Steelers. Yes, Baltimore did lose both regular season games but by only a total of seven points. Though both defences are scary brilliant, the Ravens are just unforgiving and a touch better. I don't have the answers. I just have a feeling. The Ravens will be Super Bowl Champions. Ravens 24 - Steelers 10

Josh says: PIT

Despite the aviary theme to the conference championships this year, I feel this gritty contest will come out with the Steelers on top in the AFC. I can say for sure that this will be the game to watch come Sunday afternoon. My peers have gone with the Ravens, but I see Pittsburgh coming up with a few more points this time. Baltimore is looking for redemption against their rivals but that doesn't give them an edge when both teams have so much at stake. As long as Pittsburgh can make a few breaks on the ground and put the ball through the uprights, they will take it. Steelers 16 - Ravens 13

Scott says: PIT

I really want to pick the Ravens in this one. But with their aging and hurting defence, rookie quarterback, and first-year head coach, it is really difficult. They should keep it close, but Joe Flacco is going to have trouble throwing against the Steelers' defence, and their running game just isn't good enough to put up points.

NFC

Marko says: ARI

Arizona WILL win the NFC Divisional Title. The cardinal is the most vicious predator of the South American jungles. It has fangs of steel, a titanium body that is bullet proof and a built in SONAR on its foreheads. The cardinals that you are used to reading about in nature magazines are actually all mythological creatures. To put it shortly, the eagles stand no chance here. The new and improved Cardinals take it 34-11.

Mike says: PHI

After the Eagles went to the Super Bowl three times and came up empty handed, I swore I wouldn't put my faith in them again. However, even though the Cardinals beat the Panthers in a blowout last Sunday, I have no faith in them as a Super Bowl team. Plus, McNabb is playing like the QB we all knew and loved, Westbrook continues to dominate the ground attack, safety Brian Dawkins is as prolific as ever, and the Eagles are coming off a big away win against the defending Super Bowl champions. Eagles by 7.

Jo says: ARI

I've been saying it all year. Kurt Warner is the man. Don't believe me yet? How can you not? He's led his team all the way through to the NFC Conference Final and this is a team very few people picked to be in the playoffs. Many thought he would fade into obscurity once Matt Leinart came to Arizona but this is the same guy who was supposed to fade into obscurity while he was working in super markets and playing in the Arena Football League. Warner is as tough as it comes and he will prove it again against the Philadelphia Eagles as he comes away with at least a 10 point win to lead the Cardinals to their first Super Bowl appearance.

Scott says: PHI

Despite playing a solid game, the Cardinals were essentially handed their win in Carolina last weekend. The Eagles, however, had to slug it out against a depleted but still respectable Giants team. If the Philadelphia defence can keep Larry Fitzgerald in check, and McNabb once again "answers the call," the Eagles should come out on top, and be a very dangerous opponent in the Super Bowl.



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