

THE UNITER

FREE.WEEKLY.
VOLUME 70 // ISSUE 04 // OCT. 1

TELLING THEIR OWN STORIES



Young indigenous Winnipeggers take media representation into their own hands

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WOMEN? P17

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FEDERAL ELECTION PANEL SERIES

2 PANELS TO ASK YOUR QUESTIONS

SEPT 30 | 12:30 PM
STUDENT ISSUES PANEL

The Hive

Clayton Thomas-Muller

Shauna MacKinnon

Peyton Veitch

Talk with our experts about post-secondary education, good jobs, and the environment in this federal election. During this hour, we will develop questions to ask the candidates.

OCT 5 | 7 PM
CANDIDATES PANEL

Eckhardt Gramatté Hall

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Winnipeg Centre candidates debate student driven questions developed at our Student Issues Panel.



Alumni Association

U WE'RE HIRING!

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Find the full job postings at Uniter.ca/jobs or email managing editor Anastasia Chipelski at editor@uniter.ca with any questions. The posting will close Oct. 13 at noon.

* ON THE COVER

Michael Champagne, Gracie Lou, Henry, Jenna "Licious" Wirsch, Justin and Lenard Monkman in front of Thunderbird House.

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MEDIA AND THE MESSAGE

There have been a lot of conversations about media on campus this week.

CBC/Radio-Canada held their Annual Public Meeting (APM) at the University of Winnipeg on Sept. 29, and senior staff fielded some tough questions from the floor about the future of the organization. Many wondered about recent cuts, and how the CBC will remain relevant to young people.

Although brief, it was hopefully the beginning of more conversations about the media in Winnipeg. You can read more about the APM and our conversation with president Hubert Lacroix in this week's online exclusive, and we'd love to hear your thoughts.

We're here to tell stories but also to be part of the conversation. Our mission statement says, in part, that *The Uniter* should be "a vehicle for University of Winnipeg students and surrounding community to learn about and participate in the field of journalism."

Learning about journalism doesn't have to be limited to our office, or the campus. In this issue, we're presenting a handful of pieces that take a critical look at the media, its role and its messaging.

On the cover this week, we're taking another look at the larger issue of indigenous representation (and misrepresentation) in the media. Though we do recognize the limits of a non-indigenous writer reporting on indigenous self-representation, we hope that this piece can be part of a larger dialogue about interacting with and making the media.

In the cover feature, Michael Champagne discusses building relationships with reporters. As part of the media, we have to hold up our end of that relationship as well. The photo shoots and visuals included with this story were a collaborative effort with active input from AYO and everyone included, so that they can be presented in the light they chose.

In the Comments section, contributors ask: Did our Mayor follow his promises to build an inclusive city with enough action? Is misogyny in rap music part of the genre's legacy, or is it an industry-wide issue? These questions look not only at the media, but how citizens accept or question its products and messages.

In the City section, a question asked by a reporter had some unexpected outcomes. We talked to Graeme Coleman about how the act of asking a question, and the larger conversations that question started, have impacted his daily life.

Journalism isn't only just taught in school. It's also learned through practice, reflection and discussion. Whether you're participating in acts of journalism by writing for us, or by reading these pieces and sharing them, we hope that you're learning something.

-Anastasia Chipelski

ONLINE EXCLUSIVE

AN INTERVIEW WITH HUBERT LACROIX, PRESIDENT OF CBC/RADIO-CANADA, AND RECAP OF THEIR ANNUAL PUBLIC MEETING AT UNITER.CA



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FACEBOOK.COM/THEUNITER

These rooftop views offer a new perspective.

PHOTO BY SIMEON RUSNAK

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PHOTOS BY MIKE SUDOMA

THOMAS PASHKO

@THOMASPASHKO

FEATURES REPORTER

JD Edwards is a name that is familiar to many Winnipeg music fans. The Oshawa-born musician has lived in this coldest of cities for the past decade and the JD Edwards Band has been a local music staple for nearly as long.

The singer-songwriter has been backed by many musicians over the years (the group's current line-up is a six piece, complete with a Hammond organist), but his folk-tinged alt-country sound has remained consistent throughout.

Edwards, his wife Jenna and 15-month-old son Charlie make their home in the Riverview neighborhood. Their house is of particular importance to the family.

"Jenna and I have owned the house for four or five years," Edwards says. "But this is an old family house. It's my wife's grandparents' house. They lived here for many years. Just after we got married, her grandfather died. He willed the house to her aunt and we bought it. It's kind of neat. Jenna grew up visiting here."

While Edwards does much of his writing in the house, he says it's not the best place for band practice.

"The band has come here a couple times," he says. "But it's not the best jam house. We have a lot of old neighbours."

1) PIANO

"This little piano has been around Winnipeg for a long time. I got this off Jaxon Haldane from The D. Rangers, and he got it off (fiddler) Don Zueff. The triangle actually belongs to Alexa Dirks from Chic Gamine.

2) JOAN BAEZ/GRATEFUL DEAD SHOW POSTER

"That's a print of an original poster. I just got it this summer in BC from a guy who was selling all kinds of prints of old posters. I thought it was neat. It's got a funny little saying at the bottom. And, of course, Winnie the Pooh."

3) NURSERY

"It's a pretty sweet nursery. We've got some cool art in here. Some old posters from a festival I did in Australia."



4) OFFICE ARTWORK

"When I went to school in Kingston I had a big 10-piece rock band. One of the guys was an art student and he made that. All the faces on there are the band. I'm in the top right corner, second from the left. It was his final thesis and he made a didgeridoo as a correspondence piece. I had it rolled up in a tube for so long, but I thought, it's such a neat memory."

5) KITCHEN

"Our kitchen is pretty simple and kind of old-school. But I got this (colander) from the old Times Change(d)."

6) BASEMENT/"MAN CAVE"

"There's a lot of super old stuff down here. The furniture's been around forever. We have a fridge that's been down here since the house got built."



DIVAS ALL NIGHT

House of Gold Diamonds creates a safe space dance party

VICTORIA PEREIRA

VOLUNTEER

When Sarah Michaelson and Jón Olafson – a.k.a., Mama Cutsworth and DJ J. Jackson, respectively – perform together, you’re bound to see more than just a DJ set. You can expect gold.

On Oct. 3 at 10 p.m., the tour de force DJ duo, formally known as House of Gold Diamonds, will host their third appropriately titled diva dance party *Ain’t Nuthin’ but a She Thing*, honouring the tenacious female divas of popular culture.

The party will be held at Union Sound Hall and will accompany the drag numbers of Tyra Boinks, Breyanna Burlesque, Vida Lamour DeCosmo and Satina Loren.

Expect flashy dance numbers, fabulous drag queens, and classic belt-out-in-your-bedroom dance anthems.

“It’s a fun event. People drink so that we look better. It gets better and better each time. They bring in different styles too, like hip-hop and R&B. Anything you think is ‘diva-like,’ they bring,” drag diva Satina Loren says.

Having been recognized for their fun, creative and thematic events, the DJ pair is



The DJs from House of Gold Diamonds get into party mode.

doing more than hosting an empowering female tribute. They have come to be known as true proponents of self-expression by generating safe and inclusive spaces for all people.

“Inclusivity is a big part of what we do. We are atypical DJs in a lot of ways and for us it’s not even about making money,” Michaelson says. “I don’t care about making money. It’s more about creating a community space and offering something that’s a fun alternative in Winnipeg.”

“We always talk about the idea that we want people to walk away from our parties not just going, ‘Oh, that was a fun night.’

Instead, we want them to be like ‘Remember the time that that happened?’ or ‘Remember that show?’ We work very thematically, but we also want to create an experience,” Olafson explains.

After creating experiences together for the better part of three years now, the ultra powerhouse that is House of Gold Diamonds will continue to spread their politics of inclusivity throughout all of their events.

The result is expected to be unprecedented.

“We get more of every kind of person (at our events), so it’s a really fun mix. We share a principle that these parties are for everybody and for everybody to feel safe and have a

really fun time. So that’s a big part of what drives our parties,” Michaelson says.

For Michaelson and Olafson, their gold house is your house and it’s hard to say no to a night that celebrates bold empowerment of all types.

“It’s not everyday that you get to see four amazing drag queens at a straight bar with an amazing duo DJ set. It’s something that is so new and hasn’t really been done before,” Loren says. “It brings a fresh perspective. It’s nice to have a queer night at a straight bar.”

Find *Ain’t Nuthin’ but a She Thing* on Facebook for more details.

ARTS AND CULTURE BRIEFS

SoupStock

Get your bowls and spoons ready! The annual music festival, SoupStock, is back from Oct. 2 to 4. Campers will be treated to a weekend of great music and soup, including a soup making contest. There will also be a talent show, tickle trunk and “secret” features. soupstockfestival.org

Trans on stage

Theatre by the River presents *Edward II* from Oct. 1 to 4, but this version has a twist. Winnipeg writer Kendra Jones adapted the original script to include a trans-positive message through a character who is a boy transitioning into womanhood. theatrebytheriver.com

Wardrobe update

Need fall fashion on a budget? Mentoring Artists for Women’s Art is hosting a clothing grab on Oct. 4. For \$10, leave with as many clothes as you can carry. If you can’t make it, organize a clothing swap with friends to get ready for the chilly weather. mawa.ca

Rubbing elbows with playwrights

On Oct. 3, four accomplished playwrights will be at the Rachel Browne Theatre at 7:30 p.m. to listen as their plays are read aloud. This free event gives audience members a chance to chat up award-winning playwrights from across Canada. winnipegcontemporarydancers.ca

Good Karma Co.

Good Karma Co. is performing at the Grant & Wilton Coffee House on Oct. 3 at 7:30 p.m. The three singer-songwriters will take the stage at 1077 Grant Ave., then Ila Barker will give a solo performance. Barker’s voice has been compared to Adele, Ellie Goulding and Joni Mitchell.

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STEADY GROWTH
GOOD JOBS

Manitoba 

HEAR THE HARPSICHORD HUM

Experimental music at send + receive festival

SAMANTHA SARTY

 @SARTYSARTY

ARTS AND CULTURE REPORTER

Imagine hearing a hidden beat in between pitches of sound creating a pulse that wasn't there before. Katelyn Clark – an artist featured at this year's send + receive festival – uses different tunings on various piano-like instruments to create this experience of sound and space for her audiences.

Clark is no stranger to keys. Whether in tunings or on instruments, they surround the sound she creates. From the age of four, she has been playing piano but soon ventured into more diverse keyboards.

"My mother took me to a harpsichord concert of Bach's Goldberg Variations when I was around nine-years-old," Clark says. "I became fascinated with the harpsichord after that."

Her fascination with harpsichords and early keyboards led her to study them in places like the Netherlands, Italy and Quebec. Originally from Victoria, B.C.,



Katelyn Clark at her harpsichord.

Clark continues to experiment with sounds and her instruments in Montreal, Que.

"Lately, I've been experimenting quite a bit with very early keyboards," Clark says. "Especially with the small medieval organ (organetto) and the medieval harpsichord (clavisimbalum). One of my favourite things is playing with different tuning systems or temperaments, and I can do this very easily on these small keyboards."

Clark says her inspiration comes from many places, but she is especially inspired by natural sounds and northern landscapes. She

will often try to imitate the sounds she hears by trying to speak through her keyboards.

As for the beat created in Clark's performances, that's thanks to the tuning. Western music uses similar standard tunings. In contrast, Clark aims to use extremely different tuning systems, which surprises audiences with expectations of hearing a usual tuning.

"Many people haven't heard medieval or very early Western instruments before, so the sound that the audience hears during my performances usually creates a very

unique experience," Clark says. "Someone can expect to feel like they're entering a new landscape when listening to my music."

Winnipeg's send + receive festival provides Clark's tunings and other off-the-beaten-path music a place to thrive.

Crys Cole, who has been director of the festival for eight years, says send + receive is where new people, things and sounds can intersect.

"It's a very carefully considered program that really brings artists together who are very special and distinct in their approaches," Cole says. "There is no need for context. It's about opening your mind and ears and experiencing something that you may not usually."

This year's send + receive theme is rhythm, which is a word that fits well with Clark's tonal beats. She is looking forward to checking out other artists' practices at the festival and sharing her own performance in Winnipeg for the first time.

"The larger intention of my practice is to connect place and sound, and to offer the listener an experience that is new and temporally undefined," Clark says. "My goal is to draw you into the experience and away from time."



Send + receive runs from Oct. 1 to Oct. 4 at venues across downtown Winnipeg. Go to sendandreceive.org for more information.

FOR THE LOVE OF PHOTOGRAPHY

FLASH Photographic Festival finds an expanding home in Winnipeg

CHRISTOPHER BRYSON

 @CHRISBRYGUY

VOLUNTEER

In its second year, the FLASH Photographic Festival has been met with growth and open arms.

"The entire idea of FLASH was to sort of make Winnipeg, and Manitoba now, one entire photographic gallery for the month of October. So through some of the events and different methods, we're trying to expose people to various aspects of photography," FLASH program director Coralee Penner says.

Beginning Oct. 1, there will be 41 photography exhibitions – including seven group shows – in Winnipeg, one in Carmen and one in Portage la Prairie.

The festival was created out of a love for photography, but it wasn't just that.

Penner says part of the inspiration for the festival came to FLASH organizer Leif Norman from two other major Canadian photography festivals – Capture in Vancouver and Contact in Toronto. It also came from the lack of a prominent local festivals.

The recognition of this need for a local photography festival materialized



David Firman's FLASH Photographic Festival exhibit "Night Atlas" on display at the Winnipeg Architecture Foundation in Winnipeg, Man.

in FLASH and the subsequent interest led to a broad range of photographers whose work spans a vast array of ideas and subjects, Penner says.

"I feel like throughout the reach of the venues and the photographers, there's such a variety of different mediums being used, different cameras being used, different techniques being used," Penner says.

In addition to the exhibitions there will be educational events, like a book making presentation and cyanotype workshop, as well as social events where people can meet and mingle with others interested in photography.

One benefit of a festival like FLASH

is that it creates an outlet for individuals and groups to exhibit their work and share ideas with the public in a prominent way.

"Having the opportunity to interact with things that we've done purely for the joy of photography and not for any business pursuits is really nice," participating photographer Rebecca Schroeder says.

She also finds it helpful to get feedback from other artists and the general public, and to have more exposure as a photographer.

The festival has created a win-win situation for photographers, businesses and the general public alike.

Penner says she's spoken to quite a few of

the venues that are excited to be on board and have expressed interest in wanting to be part of the festival for years to come.

In addition to everything else, for the entire month of October Cake-ology will be making camera cupcakes and Chocolatier Constance Popp will be making chocolate cameras, so you can satiate your sweet tooth and enthrall your visual senses as much as you'd like.

Learn more about the FLASH Photographic Festival on its website, flashfest.net

CKUW TOP 20

September 21 - 27, 2015

! = Local content

* = Canadian Content



#TW	LW	LC/CC	Artist	Album	Label
1	1	!	M&M Meats	Runner's Love	Transistor 66
2	2	!	Claire Bestland	La Moreneta	Self-Released
3	3	!	Basic Nature	Circles And Lines	Dub Ditch Picnic
4	4	!	Hearing Trees	Dear Sahara	Self Released
5	5	*	Lindi Ortega	Faded Gloryville	Last Gang
6	8	*	Slim Twig	Thank You For Stickin' With Twig	DFA
7	10		Buena Vista Social Club	Lost And Found	World Circuit
8	7	*	The Souljazz Orchestra	Resistance	Do Right!
9	9		Yo La Tengo	Stuff Like That There	Matador
10	6	!	Holy Void	Holy Void	Self-Released
11	16	!	JP Hoe	Hideaway	Maplemusic
12	22		The Very Best	Makes A King	Moshi Moshi
13	RE	!	Leaf Rapids	Lucky Stars	Black Hen
14	17	!	Heartbeat City	Thunder Amongst Us	Self-Released
15	18	*	Whitney Rose	Heartbreaker Of The Year	Cameron House
16	NE	!	Rastamills	It's a Dream	Self-Released
17	NE	!	The Unbelievable Bargains	Exuberance Abounds	Transistor 66
18	NE	*	Brady Enslin	Beautiful Things	Self-Released
19	12	*	Destroyer	Poison Season	Merge
20	27	*	Roxy And The Underground Soul Sound	Dont You Know	Self-Released



SUPPLIED PHOTO

CARFREE: STORIES FROM THE NON-DRIVING LIFE

THOMAS PASHKO



FEATURES REPORTER

★★★★☆

Plays at Cinematheque Sept. 30 and Oct. 3 and 4

North Americans don't have to look hard to see the undesirable traits of automobile ownership.

Between car accidents, climate change and traffic gridlock and recalls, the white-knuckle stress of driving hardly seems worth it. Yet the City of Winnipeg, with abysmal cycling infrastructure and an ever-worsening transit system, seems to regard other forms of transportation with total indifference.

CarFree: Stories from the Non-Driving Life explores the lives and experiences

of several Winnipeggers who abstain partially or entirely from driving. Filmmakers Janine Tschuncky and Kenneth George Godwin's refreshingly positive documentary focuses on the possibilities of pedestrian life in Winnipeg and never comes across as anti-car demagoguery. They focus on making car-free life seem possible and fulfilling, while still addressing its challenges.

That's not to say *CarFree* is fluffy or toothless. Tschuncky and Godwin explore the ways our culture punishes those who do not drive. They examine the lack of sidewalks in certain subdivisions and other urban planning failures.

Interviewees address the absurd rule that new parents can't take their baby home from the hospital without a car seat, even if the baby isn't going anywhere near a car. They're all alarming forces that make many feel forced into car ownership.

The film isn't much to look at or listen to. It's not necessarily a bad thing, but it's obviously a no-budget doc from frame one. Certain topics – like how our brutal winters affect commuting – aren't given nearly the screen time they warrant. But *CarFree* remains an informative and entertaining movie, albeit a modest one.



SUPPLIED PHOTO

SHE'S BEAUTIFUL WHEN SHE'S ANGRY

THOMAS PASHKO



FEATURES REPORTER

★★★★☆

Plays Oct. 9, 10, 15, 17, 21 and 22 at Cinematheque

When reviewing documentaries, I have a practice of taking a note any time the film teaches me something I didn't know before. I learned more while watching *She's Beautiful When She's Angry*, Mary Dore's doc about the early days of the women's liberation movement, than I have from any other movie.

Perhaps that's less of a commendation of Dore's film than it is an indictment of the broad cultural dismissal of this period in feminism. I never read the names of these women or activist groups in high school history class, but their impact is undeniable.

I never knew, for example, that New York newspapers would print the work schedules of specifically targeted women working on Wall Street so men could follow and catcall the ones they found attractive. I consider myself fairly hip to social injustice, but that shocked me, as did many other examples of sexism the film examines.

What I appreciate most about Dore and her subjects are the nuance they bring to the picture. It would be easy to make the film entirely celebratory. Instead, the movie shows a wider cultural context for the movement, examining the other activist movements with which it intersected, the sexism that pervaded those movements, and the unique struggles of lesbians and women of colour within the mostly straight, white movement.

That level of nuance is too often absent from these types of conversations. These subjects can admit to making mistakes, still acknowledge the progress they made and the struggles they face, and do it all with a sense of humour. For that, I applaud them and this film.



Faith Healer
Cosmic Troubles
Mint Records

Mint Records have had a roughly 25-year tradition of putting out extremely charming female-fronted indie. Faith Healer, the solo project of Jessica Jalbert (who has joined forces with Renny Wilson for this album) are another example of this fine tradition.

Over eleven tracks Faith Healer do their absolute best 70's singer-songwriter rock impression, sounding eerily like The Velvet Underground's "Sweet Jane" on opener "Acid" (a good thing), Paul McCartney and Wings' "Band On The Run" on "Again" (also a good thing), and like a combination of the decidedly-not-70's singer-songwriter groups Grizzly Bear and Deerhunter on "Angel Eyes" (a very good thing).

If you've paid attention to most of the other acts that have been on Mint Records, you'll have a fairly good idea of what this record sounds like. Faith Healer have a good handle on what makes a catchy melody, have a singer with a fantastic voice, and the production on *Cosmic Troubles* is brighter and punchier than any of the albums they draw inspiration from.

- Topher Duguay



Skylar Spence
Prom King
Carpark Records

At the beginning of the year, Brooklyn producer Saint Pepsi announced that he was dropping his anti-corporate non-branding title and adopting the moniker 'Skylar Spence,' ostensibly due to the myriad legal troubles that come along with having a name like Saint Pepsi. Quite likely, this name change also came about as part of the progression of Spence's sound, which has moved away from something classifiable as part of the meme-genre Vaporwave and towards something more unique.

His debut album *Prom King*, finds Skylar—real name Ryan DeRobertis—ditching the lo-fi, sample-reliant trappings of Vaporwave while maintaining the dance-floor-ready appeal present in the disco and funk re-appropriations the genre is best

known for.

"Bounce is Back" stands as the best example of the fusion of these two styles, it's like a Vaporwave track with high production value, complete with vocal chops and drums that sound like they were recorded in the '80s. Prom King's production is strong across the board, the album's 11 tracks are poppy, light and fun—it sounds like someone making a disco-pop album through a 'modern' lens.

Songs like "Affairs" and especially "Can't You See" have production that calls to mind similarly-influenced acts like Chromeo or Scissor Sisters. These big, glossy tracks are undoubtedly influenced by Spence's new live show which has moved from a one-man show to a full ensemble. This is great, as the energy present in these tracks is something that would be best recreated with a live band (and best experienced in a small-ish, packed venue).

The album's only drawback is Spence's vocals. He is by no means a bad singer, but he does not have the sort of voice that makes you instantly want to sing along - especially in this setting he has placed himself in. Spence's middle-of-the-road vocal tone does not detract, but doesn't always have much to add.

However, this is a producer who has only been using his own vocals in tracks for about a year - they will continue to progress. The multi-part harmonies in choruses and elsewhere are definitely a step in the right direction; it is usually in the verses where his voice can be a bit bland. Once his vocal chops catch up to his production capabilities, Skylar Spence could easily become a pop music force to be reckoned with.

- Mike Skwark

MOVING THE GRUB

Osborne Village Café heads to St. B

SAMANTHA SARTY

 @SARTYSARTY

ARTS AND CULTURE REPORTER

Hearing the beloved Osborne Village Motor Inn was closing was a bit of a shock for some.

The business, with its hotel, bar and restaurant, has been in the neighbourhood since the 1960s.

Thankfully, for fans of its food, the Osborne Village Café has opened a second location at 632 rue LaFleche in St. Boniface.

Let us introduce the sister restaurant: Nicolett Café.

Leighton Fontaine was the head chef at the Osborne Village Café for three years and is now the head chef at Nicolett. He says the menus are similar, so no need to panic – the beet latkes will be bountiful.

“We’re going to bring the latkes and some of the healthier stuff over from Osborne,” Fontaine says. “I started out with a pretty blue collar, meat-heavy menu, but that’s because of the clientele I felt I was dealing with. I’ve noticed there have been a lot more health conscious people out there than I thought.”



Clockwise from top left: the old Osborne Village Café’s distinctive sign, Osborne’s serving station, chef Fontaine outside the new location, a homeade touch for the Nicolett Café’s new sign.

The café resides in the Nicolett Inn and seats 20 people with overflow seating available at the hotel’s bar. According to Fontaine, the building is full of character.

“The building is very, very old,” Fontaine says. “I think part of it was a monastery and it’s definitely from the 1800s. So, going into something like that, just bringing it up to date was an experience.”

The Nicolett Café aims to keep the good eats going and to bring revitalization to new areas of the city.

“I love St. Boniface and I find that this half of St. Boniface has kind of always been

forgotten. It’s a really nice area,” Fontaine says. “I don’t expect the same kind of foot traffic, obviously. It will be people who travel from around the city to eat our food.”

And to keep up with demand, Fontaine is even thinking of opening a third location later on.

“I plan on opening a new location in the spring, if all goes well,” Fontaine says. “We’ll have a newer, bigger location hopefully within a walk from the U of W or the Portage, kind of downtown area.”

As far as the story goes, after Nov. 1, the Osborne Village Motor Inn will be no more,

says Fontaine.

“Part of what we’ve seen with the Village in the last few years is out with the old, in with the new,” Fontaine says. “Now there’s an argument to be made as to whether or not it’s the right move, but I think what they want to do is attract a completely different clientele than what we attract.”

“Hopefully they try to retain what I’ve done, but I think it will just be entirely different.”

FINDING FOOD

Tips for fall foraging

MEG CRANE

 @MEGCRANE

ARTS AND CULTURE EDITOR

This fall, cut your food budget by foraging part of your grocery list.

Joel Penner learned how to identify plants as an artist creating botanical films. That led to him realizing that edible plants are growing in Winnipeg.

“We’re animals,” Penner says. Animals forage. And so, Penner incorporates plants he finds by the riverbank, on lawns and elsewhere in Winnipeg into his meals.

“You become more connected with the environment around you,” Penner says. When you go to the supermarket, there’s a disconnect between the purchaser and the means of production.

“The system of capitalism manifests itself in the city,” Penner says. “In general, cities are designed so you have to buy your food.”

And most people do indeed buy the food they eat, so, as Penner warns, the habit of foraging can lead to social alienation.

“When I’m walking around with other people, I like to pick plants and give them to them,” Penner says. This often results in strange looks from his friends.

That doesn’t stop him from doing it because it’s something that excites him.

Penner smiles as he says that stinging nettle is edible.

“I think that’s a really cool fact,” Penner says. Some of his other favourite edibles are purslane, cattails, salicornia and lambsquarters.

Penner warns that greens can become bitter in the fall, so it’s best to judge them

on their taste in the spring and summer.

Laura Reeves, founder of Prairie Sky Botanicals, has been foraging her whole life.

She says fall is a good time for harvesting roots, such as of burdock and sweet cicely.

“After early July, it’s harder,” Reeves says. You can’t tell exactly when edibles like mushrooms or berries will be ready for eating.

“Right now, the acorns are going nuts,” Reeves says, adding that they can also be used to make flour.

“For me, it’s a way of life,” Reeves says. She goes out everyday and says it connects her to nature. Foraging makes people more aware of everything outdoors.

It’s also a way to connect with the community. Reeves says asking neighbours for the weeds they are pulling can bring people together. Researching the history of plants and learning if they are native or brought from overseas can teach people more about their home.

It’s also a good idea to understand the use of a public space before picking plants to eat. Knowing where dogs poop in a park and where they don’t is often a good idea, so Reeves recommends people observe public spaces before foraging.

Reeves says a good place to start learning about plants is in our own backyards.

“Almost every garden weed is edible,” Reeves says. She sees people pulling out lambsquarters to plant spinach, when the nutritional value of lambsquarters is higher than spinach.

Even public spaces, like all the green spaces at the University of Winnipeg, are full of edible plants, like dandelions and lambsquarters.

But Reeves warns that people shouldn’t try to learn everything at once. People should choose plants that are common near their home so that they can make the most use of them.





TELLING THEIR OWN STORIES

Young indigenous Winnipeggers take media representation into their own hands

PHOTOS BY DANIEL CRUMP

 @DANNYBOYCRUMP

WORDS BY TIM RUNTZ

 @TIMRUNTZ

Henry of AYO

COVER FEATURE // NEXT PAGE



(Left to right) Michael Champagne, Gracie Lou, Henry, Jenna "Licious" Wirch, Justin, Lenard Monkman.



Michael Champagne discusses indigenous representation in the media with a class at the University of Winnipeg.



Bear Clan's first patrol on July 13.

Faron Hall will be remembered by many Winnipeggers as the "Homeless Hero" who saved two people from drowning in the Red River before succumbing to its current himself years later.

Hall became a minor celebrity in the Winnipeg newscycle for his heroics, but also for his ongoing struggle with addiction and occasional run-ins with police.

"Every time he slipped up for things like being picked up for being drunk or caught panhandling, it would make national headlines," said his friend Marion Willis in a *Maclean's* Magazine obituary. "It was like a public shaming for him."

Without a doubt, coverage of Hall's story brought attention to the plight of homelessness in Winnipeg, and it humanized a figure many locals might otherwise write off as another indigenous panhandler. But despite this, Hall's story also presented Winnipeggers with an old stereotype of indigenous people as homeless, addicted panhandlers.

Some might ask why media representation even matters. As the authors of *Seeing Red: A History of Natives in Canadian Newspapers* write, "Press coverage is important because it serves as a mirror, albeit imperfect, of public sentiment." It also has a hand in creating that public opinion.

In *The Imaginary Indian*, Daniel Francis states that since first contact, settlers have constructed images of indigenous people that don't align with reality. Paintings exhibited to settlers in Toronto throughout the 1800s presented the country's earlier inhabitants as a backwards, inferior and inevitably doomed race.

A few hundred years later, Canadian

SUPPLIED PHOTO



Sonya Ballantyne's film *Crash Site* premiered at Gimli Film Festival.



Michael Champagne rallies the crowd with a megaphone during the Communities March For Peace.

media continues to skew indigenous identities to fit within stereotypes.

According to the Truth and Reconciliation Commission, "The media has a role to play in ensuring that public information both for and about Aboriginal peoples reflects their cultural diversity and provides fair and nondiscriminatory reporting on Aboriginal issues."

Yet as educator and CBC reporter Duncan McCue points out, editorial opinions are "often rooted in century-old stereotypes rather than reality." These stereotypes led McCue to create "Reporting In Indigenous Communities" (Riic.ca), a resource website for journalists looking to improve their cultural awareness and reporting.

An elder once quipped to McCue that indigenous people would only ever make the news if they were drumming, dancing, drunk or dead.

These "four D's" of indigenous inclusion may be a simple summary of a complex problem, but Michael Champagne insists that news coverage in Winnipeg continues to fall back on these same tropes.

"It's crazy, because we'd like to think that we live in a society that's more sophisticated than only perceiving indigenous people in four very specific ways," he recently told a University of Winnipeg class while showing them a photo of indigenous drummers in a current *Metro Winnipeg*.

Champagne founded Aboriginal Youth Opportunities (AYO) in 2010 to support young people in Winnipeg's North End. What began as an informal gathering soon spawned "Meet Me At The Bell Tower," an ongoing weekly event on Selkirk Avenue, as well as dozens of other events and initiatives.

Lenard Monkman, an AYO leader, stopped reading one Winnipeg newspaper several years ago because he felt it reinforced negative stereotypes about indigenous people. "They pushed the idea that we are all angry, drunk, violent criminals and thieves," he writes.

Last spring Monkman organized a campaign to provide hundreds of new basketballs for kids in the North End. At least one headline focussed on irrelevant details from his past rather than the good-news story at hand.

Yet despite the recurring stereotypes, AYO leaders and others have noted a positive shift in news coverage over the last few years. Champagne says that since the Idle No More movement in 2012, there have been more stories about indigenous issues in general, and fewer racist assumptions making it into print.

This is at least in part because the leaders at AYO, among others, are taking matters into their own hands.

As the organizers realized that the broader public already had assumptions about who the youth of the North End were, they made it part of their mandate to subvert those stereotypes. This meant presenting an image of indigenous young people as invested in their communities and politically engaged. A megaphone has since become an important symbol of their work.

It also meant refusing to be passive subjects in news stories. Despite his activism, Champagne was still being presented in the news as a "poor, suicidal CFS case" that survived. He thought it was more important to showcase "the good in the hood," so he began to guide reporters in that direction.

"By building relationships with the

media, helping them know who we are and understand the scope of our work, and by providing very tangible and concrete guidelines, that allows us to control our own narrative," Champagne says.

These guidelines, like "don't make it look like I'm a victim," for example, have sometimes meant taking a hardline approach in interviews.

When one reporter wanted to highlight the ongoing racism in Winnipeg, Champagne refused to engage. "If you want to make bad TV, ask me the questions I told you not to ask me," he says.

In essence, AYO is working the media in the same way that politicians and marketers have for years.

Today, the organization functions in part as a sort of grassroots public relations firm for other small initiatives in the city. Got Bannock, Drag the Red, Bear Clan Patrol, and other indigenous-led movements have all worked with AYO to get their messages out.

AYO's efforts haven't gone unnoticed. As an assignment editor for the *Winnipeg Free Press*, Carl DeGurse sorts through 100 to 150 news releases a day to help determine which stories will make the paper.

"I've noticed an increase in the professionalism of news releases from indigenous organizations," DeGurse says. "(It's) almost like there's a new crop of indigenous communications people who know the mainstream media, who know how to pull the levers and what buttons to push."

Sonya Ballantyne approaches indigenous representation in the media from a different angle. As an emerging filmmaker, she says she is committed to telling stories that make people question their assumptions about

people living on reserves or in Winnipeg's core areas.

Last summer the 29-year-old won the \$10,000 RBC Emerging Filmmakers Competition to make *Crash Site*, a superhero story about a young girl who leaves her reserve to live in the city. The film recently premiered at the Gimli Film Festival and has been screened around Manitoba as well as south of the border.

"One of my big goals with *Crash Site* was to present native women as the superheroes I see them as," Ballantyne says. "There's these funny girls, these strong girls, these intelligent women who are only ever seen as victims right now."

With indigenous-specific training opportunities available through the Aboriginal People's Television Network, the National Screen Institute, and elsewhere, as well as more and more shows like Rosanna Deerchild's *Unreserved* on CBC, the future looks bright for young creators like Ballantyne.

The leaders at AYO are creating their own content as well. Alongside already established blogs and a radio show, they will be launching *Red Rising* magazine later this month. The print and online publication will feature articles, resources, art and poetry from an indigenous perspective. It's something new for Winnipeg, but influenced in part by *kimiwan*, a similar project based in Saskatoon.

"It's important for us to be able to talk about these things our way, unfiltered, so that people know and understand that we're educated, we're system literate, we're solution oriented," Champagne says.

"We're growing up in this renaissance of media representation," Ballantyne says. "The world is watching now."

DRY WIT

WITH ANASTASIA CHIPELSKI  @ANACHIPS

THE SEARCH FOR TOP SHELF ENTERTAINMENT WHILE SOBER

Fall can be a tough season for sobriety. Summer events and festivals are full of options for fun activities, variations of lemonade and even the simple joys of being outside.

But as the weather turns crisp, socialization moves inside. It becomes glaringly obvious that the idea of “going out” is really shorthand for “standing around while holding alcohol.” That’s when I, standing around with my tea or soda or (cringe) plain glass of water, start to wonder: what part of this is supposed to be fun?

When I first quit drinking, I barreled headfirst through the awkwardness. My mantra was “anything you can do, I can do sober.” I went out dancing, to shows and bike jams, just with a different beverage of choice. I had some good times, and I spent some nights holed up in the venue’s bathroom because that was preferable to one-sided slurry-worded conversations.

I quickly saw how synonymous “fun” was with “let’s get drunk”. So many cultural realms – art, music, dining out – are deeply wedded with drinking culture.



ILLUSTRATION BY JUSTIN LADIA

I took booze out of the equation, and expected the fun to remain.

But not all events or venues plan for a good time without drinking. The fact that people will be getting tipsy (or plastered) is almost a given, and the leap from “let’s go to this place and stand around holding glassware and king cans” to “BEST NIGHT EVER [emoji emoji]!” is often alcohol-induced.

At smaller independent events, there’s often at least a box of wine and donation jar or cooler full of Lucky Lager, and maybe as an alternative, some plain water. If not, then it’s a long line for the one bathroom to sneak a refill from the rusty tap. That’s not exactly party material for the sober guests.

I realized that I was either going to have to settle for a life of no fun, or redefine

what fun meant. So I started seeking out venues that seemed more welcoming to sober patrons, and relegating the rest to the B-list.

Any place that has a non-alcoholic beverage menu that would be equally at home at The Pancake House is not sober-friendly. Just ‘cause I’m not ordering a pint doesn’t mean I have no tastebuds, and I’d like to drink something that wouldn’t normally go in a child’s sippy cup when I’m out for the night.

“Adult beverage” has become shorthand for a booze-infused drink, but really, can’t we all enjoy something a little more stimulating than Sprite on the rocks? Any bartender worth their salt should be able to mix up a tasty concoction with or without liquor, and I’m happy to shell out \$5 for their expertise.

I’ve started to expect more from a night out than a dank dark room with loud sounds and lots of people falling over on me. Unless a musician or performance is going to blow my mind, there’s gotta be something else going on.

Maybe it’s really great people, or a witty MC. Maybe there are games (yes, adult fun can include an activity section too), or cool vendors, or tasty snacks.

After dropping the bottle, I raised the bar. I started hunting for venues and events that offer more interaction, variety and creativity. It took a bit of work, but I found fun again.

Anastasia Chipelski is the Managing Editor at The Uniter. She’ll meet your pint with a cup of tea or fancy soda: Cheers.

NEWS BRIEFS

Empowering the indigenous vote

The Canadian Federation of Students’ Manitoba chapter and groups from the University of Manitoba (U of M) and the University of Winnipeg have organized a day of workshops on Oct. 2 dedicated to indigenous election issues. The events happen at Migizii Agamik Indigenous Student Centre on the U of M campus, where the reigning Mrs. Universe, Ashley Callingbull-Burnham, will deliver a keynote speech. For a full list of events and to register, visit cfsmb.ca.

Right to know week

Mayor Brian Bowman announced on Sept. 28 that the city will start publicly posting the results of all its Freedom of Information and Protection of Privacy Act (FIPPA) requests online. The move is meant to increase transparency and accessibility at the municipal level. The city says 82 per cent of FIPPA requests in 2015 have been granted in part or in full.

Student issues debate

On Oct. 5, four of the six federal candidates for Winnipeg Centre will debate student issues at the U of W. New Democratic Party incumbent Pat Martin, Liberal party candidate Robert-Falcon Ouellette, Green party candidate Don Woodstock and Communist party candidate Darrell Rankin will field questions asked directly by students from 7-8:30 p.m. at Eckhardt-Grammaté Hall.

U of W prof nets national history award

Jennifer Janzen, a geography and history teacher at the U of W and the University of Winnipeg Collegiate, won the 2015 Governor General’s History Award for Excellence in Teaching for a Grade 11 history project she created called “Shadows of Manitoba’s Past.” She will accept the award at Rideau Hall in Ottawa on Oct. 16.

Gold star for green building

The U of W’s Richardson College for the Environment and Science Complex was awarded gold LEED status on Sept. 28. LEED (Leadership in Energy and Environmental Design) is an international third-party certifier recognizing high performance green buildings. There are only 12 gold LEED certified buildings in Manitoba. At the U of W, McFeetors Hall and the UWSA Day Care also have silver LEED status.



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STOPPING SEXUAL VIOLENCE

Take Back the Night returns to Winnipeg streets Oct. 7

ROBYN OTTO



VOLUNTEER

Having a downtown campus means University of Winnipeg students can't shy away from the harsh realities of living in and around the city's core. One such reality is sexual violence.

On Oct. 7, Winnipeggers will march for a 36th time as part of a movement seeking to end sexual violence in all forms.

"It's a very important message that they're sending out to Winnipeg," Bella Jakubec, a first-year U of W student, says.

As an activist and a fan of the downtown area, Jakubec says she doesn't always feel safe downtown, but she feels events like Take Back the Night can help create a safer city.

The Take Back the Night movement aims to empathize with survivors of sexual violence whose voices are often



SUPPLIED PHOTO

Participants show off the signs they made for the Take Back the Night march.

met with accusations and dismissal. The walk also addresses other realities far too many people face, like street harassment and intimate partner violence.

Take Back the Night started in the 1970s and had its first Winnipeg event in 1979.

Jakubec is hoping to attend Take Back the Night for the first time this year and connect with new people who are interested in similar activism work. She encourages everyone to attend to "be aware and help Winnipeg become a wonderful place."

"We are stronger and more informed if we all come together," Marieke Gruwel says. Gruwel is the coordinator of the University of Winnipeg Students' Association Women-Trans Spectrum Centre and one of the organizers of Take Back the Night Winnipeg.

Gruwel says she feels there is lots of great activist work taking place on the U of W campus and Take Back the Night is an excellent way to connect with the larger community of activists in the city.

The annual walk is a manifestation of the work being done in the city by community organizations and individuals to create awareness and end oppression based on sex, gender, sexuality, race, ethnicity, ability and class.

The theme for the Winnipeg walk this year is "Communities Unite." It's an especially apt theme for U of W students and other downtown commuters who might not live in the core areas but can still take the message of awareness and solidarity back to their homes in and outside Winnipeg.

The local march begins and ends at the

Magnus Eliason Recreation Centre in the West End.

It starts with a rally including speakers, drumming and smudging, and then ends with refreshments and entertainment. The event is family friendly and people from all walks of life, genders and experiences are encouraged to attend.



Take Back the Night Winnipeg happens at 6:30 p.m. on Wed., Oct. 7 at the Magnus Eliason Recreation Centre (430 Langside St.).

VIEW FROM ABOVE

The ups and downs of hanging out on rooftops

MEG CRANE



ARTS AND CULTURE EDITOR

From rooftops, urban explorers have quite a view.

Caleb Ackerman-Stratton's rooftop adventures started in primary school when he climbed Wolseley School. As a teenager, he had a rope on his mom's house to get him and his friends up. Now, he has a ladder leaning against his house to climb to the porch roof.

"In a city, you've always got people around," Ackerman-Stratton says.

From the roof, you can get away and take another view of the city.

It also offers a taste of danger, although he is careful to never go anywhere that will be difficult to climb down from.

But is it legal?

"Should someone see an individual(s) on a rooftop and contacted 911 because they felt it was dangerous, emergency personnel would attend. Each incident has different circumstances and would be treated based on those specific circumstances," a Winnipeg Police spokeswoman said in an email.

Ackerman-Stratton's teachers were unimpressed with his childhood expeditions to the roof, but he says he has otherwise never been in trouble for seeking higher ground.

Jay, who wished not to be identified by his real name, has been caught on rooftops a few times. There were no legal repercussions. He was just asked to leave.



PHOTOS BY SIMEON RUSNAK

"I just think it's fun," Jay says. He routinely checks if rooftops of buildings he goes into are accessible.

One of his finds was the accessible roof of a 50-storey building, which was not in Winnipeg. During the day, it gave him a view of the entire city.

"It's exciting to be in a place you're not supposed to be," Jay says.

While the potential of being caught can be thrilling, Jay doesn't get a rush from the physical danger because he doesn't think of the activity as being dangerous.

Jay says safety is always relative — bad things can happen anywhere, including on top of roofs and at ground level.

"It's exciting to be in a place you're not supposed to be."

That's not to say he hasn't found himself in unsafe situations. While wandering the roof of one building, he realized it was unsupported. He had to find the support beams and carefully walk to a place where he could get down.

"The rooftop is not made to be walked on," Douglas Wiebe, pastor of the Exchange Community Church, says about 75 Albert St.



Empty beer cans and pipes are evidence trespassers have made their way up to the roof of the church.

"I cannot fathom the stupidity of people who go up there to drink and smoke," Wiebe says. People should be in sound mind when in such a dangerous position, he adds.

Workers going up to the church's roof aren't allowed closer than eight feet to the edge without safety harnesses, but trespassers are likely not following that rule.

In fact, Wiebe has caught people walking along the edge of the roof.

There have been no accidents on top of the church. To keep it that way, padlocks now prevent urban explorers from making their way to the rooftop on Albert St.

But nothing stops Ackerman-Stratton and Jay from finding a way up for a new perspective on the city.



These rooftop views offer a new perspective.



REAL TALK

How Graeme Coleman's question about sexuality sparked a social media storm

THOMAS PASHKO

@THOMASPASHKO

FEATURES REPORTER

When Daily Xtra journalist Graeme Coleman asked actor Tom Hardy about celebrity and sexuality during a TIFF press conference for the film *Legend*, he didn't expect it to create a media firestorm.

"Your character [in *Legend*] is very open about his sexuality," Coleman asked, "but given interviews you've done in the past, your own sexuality seems a bit more ambiguous. Do you find it hard for celebrities to talk to media about their sexuality?"

After an awkward back-and-forth, Hardy eventually shot the question down with an unceremonious, "Thank you."

But Hardy's hostile non-response to the query ignited a polarized media response and sparked a conversation about how we can and can't talk about sexuality publicly.

Coleman, a graduate of the joint



Tom Hardy didn't seem impressed with Graeme Coleman's line of questioning.

creative communications program at Red River College and the University of Winnipeg (and a former *Uniter* contributor), says the media response has been frustrating and disappointing.

"So many headlines praised Hardy for dismissing my question," Coleman says. "They actually distorted my question and my intentions behind it. My actual question was simply about sexuality. I left it open on purpose so he wouldn't

have to discuss his own if he didn't feel comfortable."

Coleman has been a full-time employee of Daily Xtra, a Toronto-based LGBT news outlet, for the past year. Hardy's sexuality has been a topic of public speculation since a 2008 interview he gave to *Attitude Magazine*. In the film *Legend*, Hardy plays openly bisexual gangster Ronnie Kray.

"I wasn't trying to get a rise out of

him," Coleman says. "I have no idea what Tom Hardy's personal truth is. But being ambiguous is part of his image whether he likes it or not. I don't think people need to be completely transparent, but it's nice when a public figure can be open, honest and authentic with their fans."

Coleman describes the public shaming he endured when video of the incident went viral as "a huge struggle."

"I believe I'm a good, compassionate person," Coleman says. "The way the Internet initially reacted made me really feel like a bad person. It crushed me to see an overload of hateful comments and tweets. It felt like it was a struggle to get up and face the world."

However, Coleman's friends, family and favorable reactions from *TIME Magazine* and *The Huffington Post* gave him perspective.

"I realized that I didn't do anything wrong," Coleman says. "I asked a tough question and clearly it hit a nerve. Even if it cost me my happiness for a few days, I'm stronger than before. I have a thicker skin. I'm a better journalist now."

Coleman hopes the conversations the incident sparked lead to positive change.

"We work so hard for sexuality to not be taboo," Coleman says. "But if sexuality was irrelevant today, why are LGBT youth still committing suicide more than their straight peers? Forty per cent of homeless youth are LGBT. We still have an uphill battle to climb, and we won't get there by being silent."



The PROFILE - BEVERLEY FEHR

Department of Psychology

LUKE REMPEL

VOLUNTEER

The first couple years of university can bring tough decisions about what field to pursue. For Dr. Beverley Fehr, a social psychology class in her third year clarified the decision.

Fehr started university as a music major with the University of Winnipeg (U of W) and Mennonite Brethren Bible College (MBBC). She would bus to MBBC to take music classes while taking psychology at U of W.

It soon became obvious psychology was more of a passion than music when those classes – namely social psychology – piqued her interest more and she got better grades.

After teaching for 29 years, Fehr won the U of W's Clifford J. Robson Memorial Award for Teaching Excellence for 2015. In a news release, the awards committee says they picked Fehr based on her passion for social psychology, her engaging teaching style and the deep respect she earns from her students.

"Being around university students is my favourite part of my job. There's something

about university students, they're high energy and lots of fun," Fehr says.

One project Fehr is currently working on is looking at men's and women's same-sex friendships.

"I'm looking at the kinds of activities that people do with their friends and how beneficial it is to their friendships. For example, research shows that men tend to play and talk about sports and computers with their male friends and they tend to not open up very much about personal things," she says.

The lab has men play virtual sports on the Nintendo Wii and participate in a self-disclosure exercise where they share more about thoughts and feelings. These situations are compared to see which is most beneficial for friendships.

"We are also looking at women doing some of the things that men do with friends, like an activity, because women tend to sit and talk with their friends. We want to see if this will benefit their friendship," she says.

This year, Fehr says she is looking forward to doing her research, cleaning her labs and, most of all, teaching the class that originally captivated her interest – social psychology.

AGE: I'll say I am of a timeless quality.

AREA OF RESEARCH: Close relationships.

PUBLICATION STATS: 33 journal articles, 29 book chapters and eight books.

LOWEST GRADE IN UNIVERSITY: B.

MEANING OF LIFE IN SHORT: Connection to other people.

STUDENT PET PEEVE: Texting in class.

SUPERPOWER: Pippi Longstocking's super strength.



DAYCARE DREAMS

UWSA wants facility expansion to curb lengthy waitlist

SHKELZEN MISKIQI

@SHKELMIS

VOLUNTEER

With more than 500 kids on the waitlist for the University of Winnipeg Students' Association (UWSA) Day Care, more funding from the provincial government to add extra space can't come soon enough, the student union says.

The UWSA Day Care welcomes 96 children on a regular basis and is hoping to increase that figure to 128.

On Sept. 15, the UWSA and the University of Winnipeg (U of W) submitted an application for the province's Family Choices Building Fund for a \$400,000 grant.

The students' association will chip in \$450,000. This is subject to the approval of the U of W's contribution of \$150,000, which would need to be green lit by the board of regents on Oct. 5. Altogether, the daycare expansion would cost an



Loulja Berdnikova, executive director of UWSA Day Care.

estimated \$1 million.

The kids on the waitlist belong to students, staff, faculty and community members. Some of them have yet to be born, notes the UWSA's daycare director Loulja Berdnikova.

An expansion of 32 seats would allow the UWSA's childcare centre to accept 20 more infants – from newborns up to two-years-old – and 12 children.

The daycare tries to save 50 per cent of its spaces for children of students, another 25 per cent for children of university staff and faculty and 25 per cent for children of community members.

Wait times can vary for each child and parent, from two months to three years, and spaces cost about \$40 per day.

The age of the child can play a role in when they are admitted to the UWSA Day Care. Parents of children under two

are often left vying for space.

After two years on the waitlist, Michael Habtemichael, a third-year biology student at the U of W, was able to reserve a space for his daughter at the daycare.

Habtemichael says since his daughter started attending daycare he's noticed a dramatic improvement in her behaviour.

"To have her at daycare, is a good part of her life ... we can see her personality when she comes here ... and see what her interests are," he says.

Kim Bhatthal-Paz, a third-year education student who has her three- and five-year-old daughters in daycare, says the service is incredibly important for her and her family.

"If I didn't have daycare for my kids, I wouldn't be able to attend school right now," she says.

Both parents say they would like to see the UWSA Day Care centre expand.

UWSA president Peyton Veitch notes it could take until spring for approval on the expansion due to the provincial election scheduled for April 2016. A black-out spending period at the provincial level starts in January.

"New projects cannot be announced and take place during the elections because it could influence the outcome of the election," Veitch says.

Insufficient daycare space is nearly a nation-wide problem due, in some cases, to lack of facilities and expensive costs. It's been raised as a federal and provincial election issue by Canadian voters.

For more information on how to register for childcare, visit gov.mb.ca/fs/parentupdate

FOOD FIGHT?

Employee turnovers leave Diversity Foods without an executive chef

JESSICA BOTELHO-URBANSKI

NEWS EDITOR

@_JESSBU

For six years, Diversity Food Services Inc. at the University of Winnipeg (U of W) led a surge in sustainable food practices at universities across Canada.

But in the last three months, the campus catering company tossed two executive chefs, leaving its future uncertain at the beginning of another busy school year.

Ben Kramer, who led kitchen operations as executive chef since 2009, left in July after his contract renegotiations with Diversity's volunteer board of directors hit a stalemate.

Kramer said he's sad to leave the project he called "his baby," but insisted there's no bad blood between him and Diversity.

"It wasn't my decision to leave, but definitely my contract got tossed up in the air with some changes that I wasn't comfortable with," Kramer said. "I enjoyed my time here and I'm sad to leave it, but you know, that's the way things go sometimes."

For the next two years, Kramer has first right of refusal on the catering contracts he acquired while at Diversity, including Table for 1,200 and the Winnipeg Folk Festival's volunteer kitchen, La Cuisine.

Kramer said he will continue to help Diversity on a freelance basis during large events, while working other private



A chef prepares food in the kitchen at Diversity Foods.

caterings and enjoying some free time in the coming months.

On Sept. 25, the man meant to replace Kramer, Estuardo Toledo, was fired after working at Diversity for about two months.

Ian Vickers, Diversity's chief operating officer, confirmed Toledo's departure in a statement emailed to *The Uniter*.

"Our strong network of community partners, reliable employees and experienced managers will continue to ensure that all food services for: students, faculty and staff, catered events, and the Buffalo Stone Café will be maintained at the same high standard," Vickers said in the email from Sept. 28.

Diversity Foods caters to three U of W locations - Pangea's Kitchen (Riddell Hall), Malecon (Centennial Buffeteria)

and Elements Restaurant (Richardson College for the Environment and Science Complex) – and to FortWhyte Alive's Buffalo Stone Café.

Between September and November, it serves an estimated 1,200 to 1,500 people per day between the four locales, Vickers said.

The Uniter did a joint interview with Toledo and Vickers about what the new executive chef would bring to the table three days before Toledo left.

"You come into Diversity and everyone who walks into that door – there is hope, there is a future we're trying to impact," Toledo said before his departure. "Bringing hope is one of the things that attracted me about working for Diversity. We don't work for the capital... (it's) a different opportunity for development

and totally a different future."

Toledo previously worked in the culinary departments at Red River College and the Southern Alberta Institute of Technology in Calgary, and as a teacher and vice-principal in School District 43 in Coquitlam, B.C. He is also an ordained minister, who fled to Canada as a refugee from Guatemala when he was 17.

Vickers touted Toledo's culinary and organizational experience in the days before his firing.

"We interviewed a lot of candidates, but ultimately realized that Estuardo really has a viewpoint which is really consistent with the Diversity image and consistent with where Diversity needs to go," Vickers said in the interview with Toledo.

Diversity's volunteer board of directors – a group with five members from two Winnipeg non-profits, the University of Winnipeg Community Renewal Corporation (UWCRC) and SEED Winnipeg – is head hunting again.

Kramer said the executive chef position was fulfilling and afforded him a lot of influence on food policy at the provincial level.

"The exposure we managed to get and the ability to showcase that it's not impossible to do healthy food, it's not impossible to do local food, cooking from scratch on this kind of scale. I think we brought a lot of national attention to that," he said.

"When we started six years ago, we were told by everybody that we would fail and that it wouldn't work. And six years later, Ryerson (University) is now doing it, University of Victoria's now doing it. I think we were kind of the catalyst for a lot of that stuff. That's probably what I'm most proud of."



ONE FOR ALL

Five clubs you may not have heard of yet

JESSICA BOTELHO-URBANSKI

NEWS EDITOR



The University of Winnipeg is home to dozens of campus clubs and community groups interested in everything from saving Mother Earth to riding on broomsticks.

Joining one of these social circles is a great way to meet new people and learn outside the classroom, while maybe even kicking your Netflix addiction (at least temporarily).

A full list of all the student groups is available at theuwsa.ca.

1) THE WINNIPEG WHOMPING WILLOWS

CLAIM TO FAME? “We’re Winnipeg’s only quidditch team and we’re looking to compete in the national competitions in the spring. We want everyone to come try this sport. It’s fantastic.” – Jasmin Winter

WHO CAN JOIN? “Anybody can join. It’s a gender-integrated sport – it’s co-ed. Any age, anybody who can come.” – Winter

WHAT SETS YOU APART FROM OTHER CLUBS? “Most people when they think quidditch, they automatically think Harry Potter. It’s so much more than that. It’s an actual sport. We have our own governing community and tournaments and everything like that.” – Renata Hryndzio

WHAT’S YOUR BEST MEMORY WITH THE CLUB? “When I first tried out the sport, it was such a different, diverse sport. Being able to run around and score a goal just felt so good.” –Hryndzio

WHEN AND WHERE DO YOU MEET? Sundays from 12:30-2:30 p.m. at Gordon Bell Greenspace (corner of Portage Ave. and Broadway).

2) UNIVERSITY OF WINNIPEG FORESTRY STUDENTS’ ASSOCIATION

CLAIM TO FAME? “The club is all about providing students who are in forestry with networking opportunities, so they have chances to make connections and get an in for a job if they really like ... We also do pub nights to do team-building exercises and we do tree banding ... a lot of the elm trees on campus are kept nice and healthy because of us.” –Heather Konopski

WHO CAN JOIN? “Anybody who is getting a degree in forestry, thinks they might like to get a degree in forestry or is just enthusiastic about trees.” –Konopski

WHAT SETS YOU APART FROM OTHER CLUBS? “It’s more for people who are into forestry whereas GESA (Geography and Environmental Students Association) is more for geography students, so it’s a wider umbrella. We’re a bit more specialized and we do a different variety of activities.” – Konopski

WHAT’S YOUR BEST MEMORY WITH THE CLUB? “Getting ready to go on one of the field courses and having every member in the club who had gone on (the trip) before be like, ‘No, don’t bring what’s on the supply list! Bring a hatchet instead. Dear God, bring a hatchet! It’s the most useful thing you’ll ever bring out there.’ And it was and I was so happy they told me that.” –Konopski



PHOTOS BY JESSICA BOTELHO-URBANSKI



WHEN AND WHERE DO YOU MEET? Thursdays at 11:30 a.m. in Room 5L25.

WHAT SETS YOU APART FROM OTHER CLUBS? “We’re smaller. It’s probably about five of us in the common room. We’ll have lunch and talk about things. It’s a good time.” – Sabrina Janke

3) UNIVERSITY OF WINNIPEG DOWNTOWN JAZZ CHOIR

CLAIM TO FAME? “Unlike a lot of the groups here, we open it up to not just the school, but anyone in the downtown – even all of Winnipeg. If anyone wants to try, (it’s) 45 minutes and they can come join us. It’s fun. It’s basically if you can talk, you can sing. If you can sing, you can join vocal jazz.” – Cody Oliver

WHO CAN JOIN? Anyone.

WHAT SETS YOU APART FROM OTHER CLUBS? “It’s very, very community-based and you don’t have to be a part of any specialized group – you don’t have to be in, for example, criminal justice or science to be a member of vocal jazz.” – Maggie Dimock

WHAT’S YOUR BEST MEMORY WITH THE CLUB? “Our conductor does one exercise which is supposed to utilize the back resonators of your head. So what she does is she speaks in a Julia Child-esque voice to get those resonators working. So we just have conversations talking like Julia Child.” – Oliver

WHEN AND WHERE DO YOU MEET? Sundays at 1 p.m. in Eckhardt-Grammatté Hall.

WHAT’S YOUR BEST MEMORY WITH THE CLUB? “We went to the Hudson’s Bay exhibit at the Manitoba Museum last year and we saw a pair of seal intestine pants. They were like splash pants.” – Janke

WHEN AND WHERE DO YOU MEET? Every second Wednesday at 12:30 p.m. in Room 3A39 (the history common room).

5) UNIVERSITY OF WINNIPEG HEALTH & WELLNESS PEER EDUCATORS

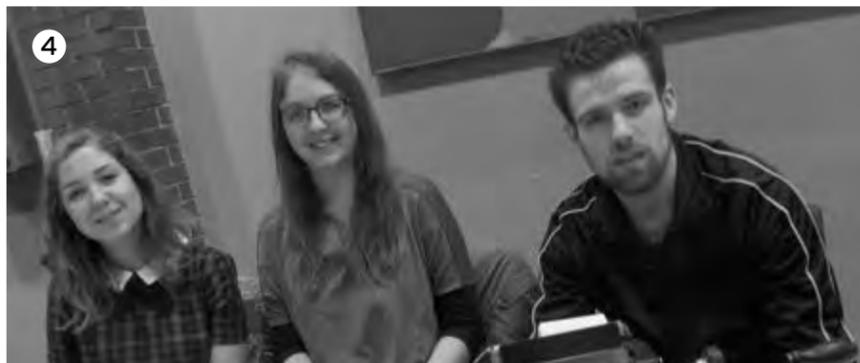
CLAIM TO FAME? “We focus on all the aspects of health – physical, emotional, mental, financial, sexual, all of them. And we have a lot of events going on throughout the year. So for example ... during exam week, we bring in puppies for students to pet them when they’re being too stressed out.” – Melanie Daligdig

WHO CAN JOIN? “Anyone who wants to just thrive in all dimensions of health or if they just want to learn a little bit more about health and wellness.” – Danielle Sicotte

WHAT SETS YOU APART FROM OTHER CLUBS? “I think this is something we can all relate to – we all need to be healthy. We don’t necessarily go through the same things, but they’re similar. I think everybody can relate to (the club).” – Daligdig

WHAT’S YOUR BEST MEMORY WITH THE CLUB? “We did Eating Disorders Awareness Week last year and we asked people what they love most about their bodies. So that was really good because a lot of people were like, ‘Oh, you don’t really think about what your body does for you.’” – Sicotte

WHEN AND WHERE DO YOU MEET? There are monthly meetings, but times and locations vary. Message the University of Winnipeg Health & Wellness Peer Educators group on Facebook or Instagram for details.



STRAIGHT OUTTA MISOGYNY

The hip-hop industry has a hidden misogynist agenda

ALEXA POTASHNIK

VOLUNTEER

N.W.A, American rap group turned international superstars, rose to fame with their controversial lyrics of bitter realities growing up in South Central, Los Angeles circa 1986-92. Known for their acclaimed and provocative songs such as, “Fuck Da Police,” “Boyz-N-Da-Hood” and “Straight Outta Compton,” N.W.A gave “a voice to the voiceless,” group member Ice Cube says.

They provided an avenue for Black people to pronounce justice and express themselves in a society that would rather silence their voices. Unfortunately, behind all the hype and talent remains an unspoken patriarchal agenda within the hip-hop industry, not genre.

The most attractive aspect of N.W.A and rap music in general is the message



Straight Outta Compton tells a story of the rise of rap group N.W.A.

behind the music. Characteristics of the genre’s rhetoric include spoken truth, empowerment and representing who you are and where you come from.

Throughout its history, rap conveyed a message to the public that would otherwise be considered taboo or controversial. But somewhere along the way, this genre with a history of positive political messages adopted a problematic tone towards women in the industry. Not to say that such outspoken queens of hip-hop aren’t still regarded as pioneers (for example, Salt N Pepa, Missy Elliot, MC Lyte and Lil Kim), but we have since staggered into an era of Nicki Minaj, whose body the industry objectifies for profit while glamorizing Black women of a lighter hue.

N.W.A, though powerful in content, remains harsh in its lyrics about women.

In the 2015 bio drama *Straight Outta Compton* the role of women is purely supportive to their heroes from the hood – male protagonists. Further, the film does not touch upon real life domestic violence the rappers put their former girlfriends through. Hollywood is framing an image of Black men while ignoring the violence towards women that’s a big part of N.W.A’s story.

The role of women in the hip-hop world today seems to be one of the following: “Boss Ass Bitch,” “Hoe,” “Crazed Sex Temptress” or Iggy Azalea – the white girl gateway rapper for the white audience.

Dr. Cornel West, in his book *Race Matters*, discusses the role of Black sexuality in America and more specifically how we fear it, hide it or deny it in the public and from ourselves.

In the rap world this fear of Black sexuality is masked by Beyoncé’s notion of “Flawless” as she sings, “I woke up like this.” I woke up to an industry that uses Black women as a tool of sexual symbolism, and allows male artists to reveal to the world that Black women are their “bitches and ho’s.”

The hip-hop industry’s search for respect goes beyond shaming male rappers, and it’s not all their doing, but the industry behind them that sells to predominantly white consumers would love to shape Black America for how they see it, not explain why it is the way it is.

Alexa Potashnik is the Racialized Student Commissioner with the Canadian Federation of Students of Manitoba and a Human Rights major at the University of Winnipeg

SUMMIT IGNORES SYSTEMIC INEQUITIES

The Mayor’s actions fall short of his words

GREG GALLINGER

@GREGGALLINGER

VOLUNTEER

Brian Bowman’s opening remarks to his National Summit on Racial Inclusion, an event organized in the response to the *Maclean’s* article exposing Winnipeg’s racism, set up the tone of the event and revealed to skeptics a lack of understanding of the structural systems of racism.

“Facing painful truths; changing old attitudes; and embracing the people... and the practices that are helping bring about change now... and developing and sharing new ideas to make Canada truly inclusive... This is the hard work we must do to ensure dignity and opportunity for every person in this country and to reclaim our highest aspirations as a nation.”

On the surface Bowman’s statement sounds admirable. Certainly we ought to heed the lessons of our shared histories, and everyone deserves dignity and an equitable share in society. We also, however, need to look critically on our past efforts.



ILLUSTRATION BY SCOTT A. FORD

Consider this in light of the infamous White Paper of 1969, officially known as the “Statement of the Government on Indian Policy” - a highly controversial report that was harshly criticized by First Nations leaders.

The document claimed to have noble goals of uniting Canada and bettering the lives of indigenous peoples while simultaneously attempting to eliminate constitutional protections and ignoring the sovereignty of indigenous nations. Eventually it was shot down and is remembered as a failed attempt to rejug the colonial control over indigenous peoples into a liberal framework that was palatable for the 20th century.

It is with this context that we need to analyze Bowman’s statements and the goals for the summit.

Who exactly is the summit attempting to benefit?

Is the goal to improve the lives of the most marginalized, or is it a PR campaign to make suburban liberals feel better

about themselves? Expensive entrance fees, spiffy branding and the lack of consultation with community organizers (as recently raised by grassroots organizer Tasha Spillett on the CKUW show Radio Free Winnipeg) leads one to believe it is the latter.

If the goal is sincere, I believe Mayor Bowman would be better served to offer some of that “bold” leadership that he promised during his election campaign.

Even the authors of the White Paper acknowledged that “Governments can set examples, but they cannot change the hearts of men.”

The primary focus of Bowman and so called “progressive” politicians ought to be dismantling the systems of economic and geographic inequity that are the source of our racism.

When the federal government neglected to commit to Shoal Lake 40’s campaign to build a road connecting them to the Trans-Canada Highway what did Brian Bowman have to say to

his contemporaries in Ottawa? Sure the City made its cash commitment, but it did little more than shrug when the feds failed to act.

Why haven’t we heard any appeals to Minister of Aboriginal Affairs and Northern Development, Bernard Valcourt? Or to Prime Minister Stephen Harper? Especially in an election year, where the future Prime Minister and cabinet ministers will dictate how negotiations with Shoal Lake proceed.

Sadly, I suspect that personal aspirations and political cautiousness prevent the Mayor from being truly bold. So, instead we get a politically safe response with very little substance.

Greg Gallinger is a freelance photographer, vegan food enthusiast, purveyor of half-witted commentary and reluctant citizen of the global technocracy.

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- (MB) SCOTT FITZPATRICK
- (QC) KATELYN CLARK
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SOLUTIONS TO LAST WEEK'S PUZZLE.

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Student Services

You of W



The Student Services staff of The University of Winnipeg provides the student body with current information and opportunities. This information is updated weekly.

AWARDS AND FINANCIAL AID CAMPUS JOBS

The Awards and Financial Aid Office is still accepting applications for the Fall/Winter 2015-16 Work-Study Program. *NEW*: The Work-Study Program is now open to international students with a valid study permit.

- Work about 5-10 hours a week
- Get valuable research experience
- Work flexible hours
- Build your résumé

For more information, deadlines and applications, visit go to uwinnipeg.ca. Click "Student", "Awards and Financial Aid", then "Work-Study Program".
APPLY NOW!

INTERNATIONAL STUDENT SERVICES

WINTER CLOTHING DONATIONS NEEDED

Every year ISS hosts a How to Survive a Manitoba Winter workshop and at the end of the workshop, give away mildly used/new winter clothes to new international students.

If you have some mildly used or new winter clothes to get rid of, please consider donating them to the ISS office. All donations will be greatly appreciated and used by an international student in need. Anything small from gloves/mittens, scarves to sweaters or jackets are acceptable.

Donations may be dropped at International Student Services, First Floor, Sparling Hall or please contact ISS (ext. 9469) for pick-up.

EXCHANGE PROGRAMS

Looking for exciting new experiences? Do you want to explore the world?

If you are interested in participating in a study abroad exchange with one of The University of Winnipeg's exchange partners, attend one of the information sessions:

- October 9, 2015
- November 18, 2015
- Room 2M74, 12:30pm-2:00pm

For more information go to uwinnipeg.ca/study-abroad.

If you have any questions, contact Jennifer Michaluk, je.michaluk@uwinnipeg.ca.

STUDENT CENTRAL

Rent a locker today!

Need a place to store your school supplies? Rent a locker!

To rent a locker:

- register for your courses for the upcoming term(s) choose a locker location & type - see below - or specify a couple of locker numbers
- choose a rental time frame - see below

- go in-person to Student Central, OR email your request to studentcentral@uwinnipeg.ca from your University webmail account (include your name, student number, preferred location, type, time frame)

Locker Locations & Types (Student Central rents various sizes and types of lockers including full or half size, single or two-person)

Riddell Hall Tunnel - full-size, single (peanut-free available)

Lower level Manitoba Hall - full-size, single

Second, third or fourth floors Centennial Hall - full-size, shared

Third floor Richardson College for the Environment and Science - half-size, single

Lockers Time Frames

Fall Term (September 9, 2015 - December 21, 2015) - \$20.00/person

Fall & Winter Terms (September 9, 2015 - April 21, 2016) - \$40.00/person

Winter Terms (January 6, 2016 - April 21, 2016) - \$20.00/person

NOTE: Lock and contents must be removed at the end of the period for which you have rented.

Locker Regulations

All locker assignments are final and non-refundable. No switching is permitted so please check out the lockers and choose your preferred locker or area and/or talk to your partner before requesting a locker.

Locks are to be provided by students. Please invest in a good-quality lock.

All students using a locker (including partners) must register with Student Central and pay the \$20.00 per student per term fee. Partners must provide the locker number and location to which they would like to be assigned (we cannot search by name.)

If you do not have a locker partner, one may be assigned to you. (Applicable only to first-fourth floor lockers.) Assignment of a locker partner cannot be appealed and is not grounds for a refund of locker fees. If you are assigned a locker partner, a notice will be posted on your locker and your partner's contact information will be available at Student Central.

UNAUTHORIZED USE OF A LOCKER WILL RESULT IN THE LOCK AND CONTENTS BEING REMOVED.

STUDY SMART

Get advice and tips on essential study skills at FREE Study Skills Workshops!

September 14 to October 7, 2015
Mondays & Wednesdays, 12:30 to 1:20 P.M.

Tuesdays, 4:00-5:15

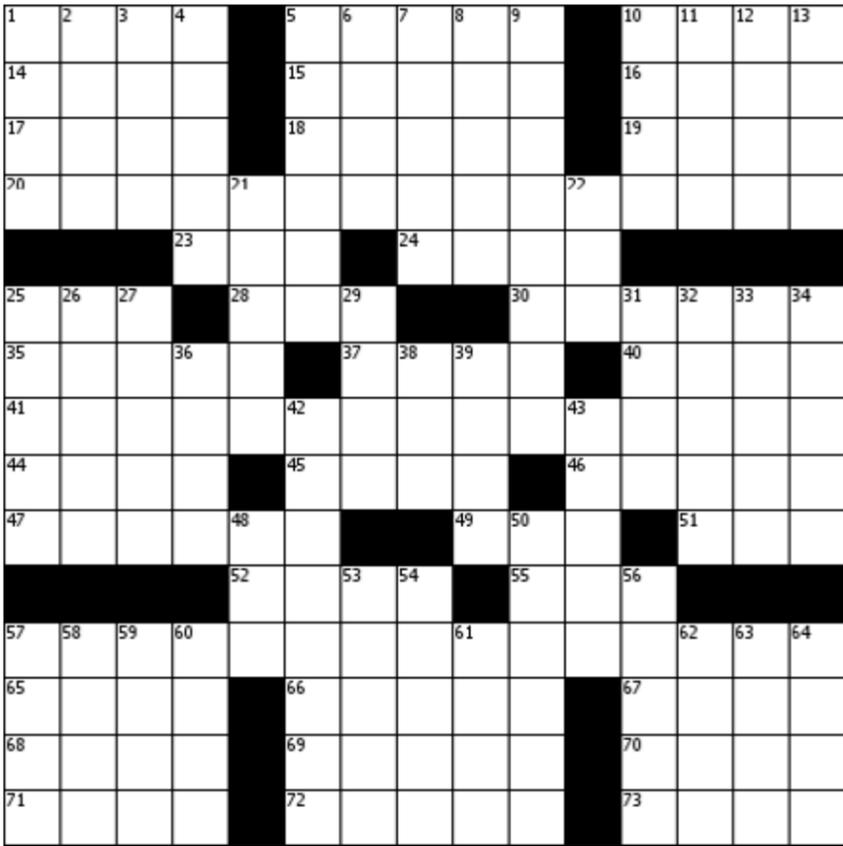
Room 1L13, 1st Floor, Lockhart Hall, UW
uwinnipeg.ca/index/services-adv-study-skills-workshops

- October
- 5 (Mon) Academic Writing
- 6 (Tues) Dealing with Exam Anxiety
- 7 (Wed) Start at Your Library

ASK! You of W

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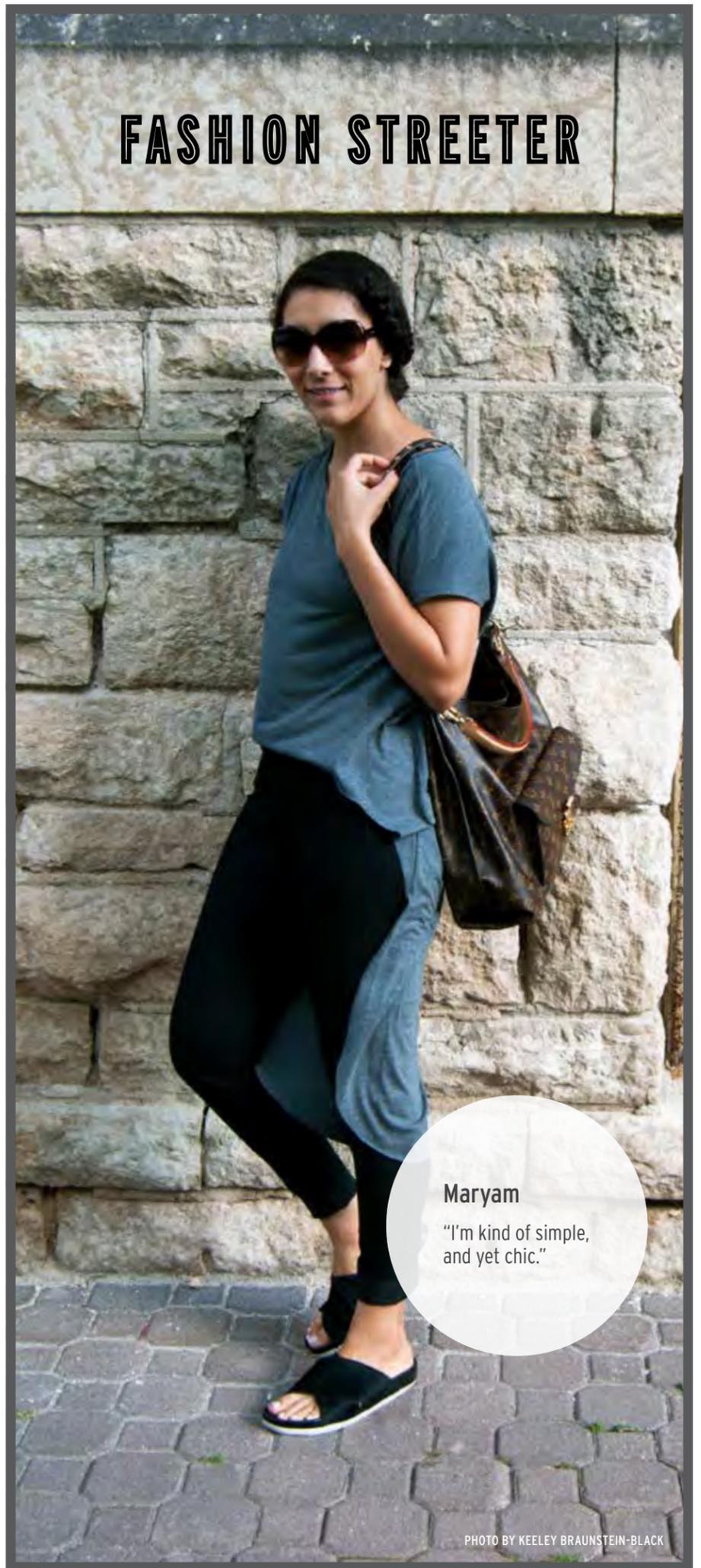
ACROSS

- 1. Word after who, what or where
- 5. Do Circe's job
- 10. Fair
- 14. Coop sound
- 15. Cognizant
- 16. Movie mutt
- 17. Word after bump or jump
- 18. Big name in copiers
- 19. Tide type
- 20. Salinger novel (with "The")
- 23. Feminine pronoun
- 24. Feverish chill
- 25. Snake's comment
- 28. Reptile of ancient Egypt
- 30. Country in central Africa
- 35. Spring offering
- 37. Verdi product
- 40. Margaret of "Coming of Age in Samoa"
- 41. It may surround a charged particle

- 44. Procrastinator's opposite
- 45. Saudi gulf
- 46. Confuse
- 47. Empowered
- 49. Priestly vestment
- 51. Leb.'s neighbor
- 52. Latvian capital
- 55. Swiss skyline feature
- 57. Globetrotter's catchphrase, perhaps
- 65. Vicinity
- 66. Battery part
- 67. Track shape
- 68. Like Telly and Yul
- 69. Asocial type
- 70. Time in office
- 71. Transport dating from the Stone Age
- 72. Lengthy narratives
- 73. Two-color cookie

DOWN

- 1. Like some proportions
- 2. Al Capp's hyena
- 3. Rectangular paver
- 4. Noteworthy period of history
- 5. Congress, at times
- 6. Pitcher
- 7. Name for the wind, in song
- 8. Pitchfork part
- 9. Description of surface quality
- 10. Mate of a real swinger
- 11. ___-friendly
- 12. Corset part
- 13. Word with deck or measure
- 21. Essence
- 22. Cut down
- 25. King Olaf, for one
- 26. Where dos get done
- 27. Arabian, e.g.
- 29. No longer due
- 31. During
- 32. Requisites
- 33. Take one's time
- 34. Calculating snake?
- 36. Light brown
- 38. Word with show or box
- 39. Carvey who was the Church Lady
- 42. Extremists
- 43. Aesop's opus
- 48. Victorian, for one
- 50. California-based team
- 53. City of the Italian Riviera
- 54. "Moving right ___"
- 56. Part of a driver's license
- 57. Catches in the act
- 58. Dentist's exam
- 59. Soccer great
- 60. "Shane" star
- 61. Concept
- 62. Completed
- 63. Stallion's mate
- 64. Patron saint of sailors



Maryam
 "I'm kind of simple, and yet chic."

PHOTO BY KEELEY BRAUNSTEIN-BLACK

OCOSOMOSO 2 by SCOTT A. FORD ScottAFord.wordpress.com @ScottAFord1

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