

THE GAME ON ISSUE

Reebak

THE WALUE OF PLAY

Hockey for all ages by Brian Lorraine

Reebol

ORAL HISTORY
THE WESMEN
ICE RIDERS & RECPLEX

@ THE UNIVERSITY OF WINNIPEG

AMBER EPP

DANGERCAT

DAVID JON FULLER

THE OFFICIAL STUDENT NEWSPAPER OF THE UNIVERSITY OF WINNIPE



AT THE PARK THEATRE

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FAMILY AFFAIR HOLIDAY STAND UP COMEDY EVENT HOSTED BY. DECEMBER 12 ADVANCE \$15 / \$20 DOOR



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DUSTIN BENTALL & THE SMOKES w/ THE MATINEE **DECEMBER 3** ADVANCE \$15 / \$20 DOOR

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GAME ON!

This is our last regular issue of the year - next week, it's all about the readers poll. So to get you going until the holidays, we've got an ethical holiday gift guide, a review of your new favourite Christmas record, a preview of that holiday staple The Nutcracker and a look at how to ride your bike in the snow. Because we can't all be reindeer.

You might also want to check things out in the campus section, because if you're a University of Winnipeg student, this is how you will stay informed. Read about the upcoming Oral History Centre conference, the hot new star of The Wesmen and get an update on that big ol' construction project we're calling Rexy Plexington III (but what the school is officially calling the Rec Plex).

On another note, we hear the Royal Albert might be opening again (again). This year we attended three shows at the Albert. The first was the opening night party, (featuring fire dancers, Sum 41 sitting on a leather couch, a fashion show, DJs, a band that sound checked but never played, the Winnipeg Police, delicious pizza and a lot of confused punkers), the second was a sparsely attended Thursday night local show and the third was a karaoke competition. If we were in Minnesota and this happened to First Ave, Prince would ride in on his motorcycle and dropkick everyone, all while wearing 12 inch stilettos. But this isn't Minnesota and the laws of Prince do not apply here, so instead we get Facebook complainers and the odd hotel murder/suicide. Happy 100 years, Royal Albert Arms Hotel.

ONLINE EXCLUSIVES

AMBER EPP'S "ONE STEP BLUES" IS OUR FREE WEEKLY DOWNLOAD. GRAB IT NOW AT UNITER.CA AND CHECK OUT HER DEBUT SOLO DISC INSIDE OUTSIDE ANYWHERE COOL RECORDS ARE SOLD.







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ARTS



CHRISTMAS WITH A CONSCIENCE

Have yourself a merry (and ethical) little Christmas

MELANIE DAHLING



BEAT REPORTER

Christmas traditions come from an inherently good place. In movies and pop music, the holiday season is all about taking a special moment to appreciate the people you love, bake cookies and learn life lessons from kind strangers with bird poop all over them.

The trouble is that it's easy to lose sight of the good amidst all of the obligation and expense. There seems to be an increasing level of less-than-festive anger being expressed on social media. This raises the question: How do we escape corporate greed and get back to a place when this was "the most wonderful time of the year?"

"Don't go to the mall. Shop local," says Ruth Smith, captain of the Winnipeg Etsy Street Team (WEST) a collection of 140 Manitoban artists who work together to promote their handmade and vintage goods.

"It is money staying in the community, and it supports your friends and neighbours."

In addition to winnipegetsy.blogspot. ca, WEST will host its annual pop up shop at Frame Arts Warehouse (318 Ross Ave.) on Dec. 21 from 11 am to 5 pm. The items available will range from vintage clothing to handmade jewelry, pottery and more.

"Aunt Sally won't get that pair of oven mitts that everyone got from Target. She'll get something up-cycled and aesthetically pleasing," Smith says.

You can also find many creations by the members of WEST at Tara Davis Boutique (246 McDermot Ave.)

"The goal is to be a one stop shop" says Davis, the bright and cheery shop owner.

The boutique hosts a number of Canadian-made products in every corner,

including more traditionally masculine items like quirky cufflinks and drinking glasses made out of recycled beer bottles.

In the spring Davis added a "mini global shop" featuring fair trade scarves, wallets and other goods purchased from around the world directly from artisans.

"I started the section in honor of my grandmother" Davis says. "She worked for many years with global women's causes."

Besides the beautiful items available for purchase, there's always the option to put your money toward something less material.

"This effort started 10 to 15 years ago, a movement started where people decided they didn't need more things" says Bradley P. Reimer, communications and donor relations director for the Mennonite Central Committee.

The MCC is a 97 year-old organization dedicated to relief development locally and internationally. For the holidays they release a catalogue with donation options ranging from \$15 to \$4000. Many people choose to buy something for someone in need under a loved one's name, such as building materials, livestock, or even homecare. You can check out the catalogue at mcc.org or in their office at 134 Plaza Drive.

Gift giving and spending time with family is supposed to be something fun, not an inconvenience. Maybe we can harness that childlike Christmas excitement when we feel good about the money we

Visit buynothingchristmas.org to read about those who have chosen to celebrate without spending a dime.





DANIEL CRUMP

THE COLUMN



Allons-y, wibbley-wobbley timey-wimey, bow ties and jammy dodgers.

If the above terms triggers a childlike sense of glee inside you, chances are, you're a "Whovian."

For the uninitiated, a Whovian is a person who actively enjoys (to the point of near obsession) the prolific BBC series, Doctor Who. Now when I say prolific, I mean it by its very definition. Having first aired in 1963, the show celebrated its 50th anniversary last week, making Doctor Who the longest-running science fiction television series of all time. Most programs are lucky to get picked up for a second season, never mind existing for half a century. It stands to reason that behind a show with such longevity, there must exist a true sense of magnetism for it to be so successful.

In the universe of the series, the enigmatic titular character, "the Doctor", travels through time and space in a 1960s police call box-looking spaceship called the TARDIS. At its core, the show is about adventure. Having all of time and space as a canvas doesn't hurt, however it's the Doctor's ceaseless curiosity and aptitude for problem solving that drives the series forward. Although the Doctor appears human, he's actually the last of a nigh-immortal race of aliens called Time Lords. He has two hearts, and in most situations, cannot die - he merely "regenerates." During this process, the Doctor's body emits a radiant light that, once subsides, leaves him with an entirely different body.

Unlike other monolithic characters, the Doctor's physical instability is part of the fiction, compounding the mysterious and nebulous nature of the character. Initially this plot device was conceived of to facilitate the show's continuation and the first Doctor, William Hartnell's deteriorating health. Fifty years later, literally a dozen actors have filled his shoes, or scarf, or bow tie, each one bringing their own unique set of quirks and mannerisms to the character while still retaining the ineffable uniting factor that makes them all the Doctor.

Most intriguing is how the show brings out and reflects ideas about the human condition. How being an outsider and being able to help are not mutually exclusive; how being an expert doesn't mean having all the answers; and how being in control often means giving control to others.

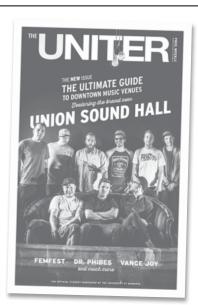
Conversely, the show inadvertently reflects some of the negative parts of our world, namely how the universe's best and most frequent champion is a white dude who rescues attractive women from their mundane lives to show them the cosmos (I'd be lying if I said I wasn't a little bummed when I read that the next Doctor was another middle aged white male).

On a deeper, more philosophical level, the show has also evolved to reflect the fleeting nature of existence and the impermanence of life. Oftentimes with each regeneration, there comes a new cast of characters. While the Doctor certainly thrives on the the excitement of his cohorts, it's very apparent that the constant loss of companions is wearing on him. Careful not to dwell on such dark motifs, the series straddles a wonderful balance between charming and brooding.

With plenty of room for progression, Doctor Who is still one of the most captivating and wondrous shows in existence and it wouldn't surprise me if it lasted another 50 years.

Drew Nordman loves geek culture. Follow him on Twitter @Anomalous1.





ARE YOU A UNIVERSITY OF WINNIPEG STUDENT WHO WANTS TO BECOME MORE INVOLVED ON CAMPUS?

MOUSELAND PRESS INC., publisher of *The Uniter*, is looking for new student directors to sit on its board.

Directors are required to attend regular member meetings, sit on a minimum of two committees, and contribute to the overall success of *The Uniter* and the Uniter Speakers Series.

Preference will be given to students who have experience dealing with budgets and accounting, and/or environmentally sustainable business practices.

If interested please send a cover letter and resume to Ben Wickstrom, Interim Chair of the Board, at board@uniter.ca.

Applications will be accepted until December 3rd 2013.

MOUSELAND PRESS~

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Email Managing Editor Nicholas Friesen - Editor@Uniter.ca

WE'RE HERE TO TELL STORIES AND MAKE CHANGES. **GET INVOLVED!**

TRUE SELF

Trio Bembe/Papa Mambo singer Amber Epp delivers Latin/Jazz hybrid on solo debut

RAEGAN HEDLEY



@RAEGJULES

VOLUNTEER STAFF

When listening to such singers as Ella Fitzgerald and Billie Holiday, with their powerful yet velvety singing voices, it might make you momentarily wish you had the ability to sing like that.

Even though it wasn't until later in her life, Amber Epp knew when she was first exposed to jazz music, she had an immediate affinity towards it.

"I kind of grew up under a rock. A lot of people ask me 'What's a Mennonite girl from Steinbach doing playing jazz and Latin music?' I love to shock people with that," Epp says during an interview this writer originally conducted for CKUW 95.9 FM.

"Ever since I discovered jazz I knew one day I wanted to make an album, and it just seemed like now was the time to do it."

Epp combined her experience singing to Latin beats in the Western Canadian Music Award winning Trio Bembe and salsa orchestra Papa Mambo, with her education

from the University of Manitoba in vocal jazz, to create her debut LP, Inside Outside.

"I've spent quite a few years getting into Latin music and this new album is a jazz album, so it's like going back to my first love," Epp said. "Jazz music is part of who I am, but with that being said, I love Latin music and I can't just put that away, so there are a few songs on the album that have a Latin feel to them."

Though she's recorded with these well known groups, Epp felt it important to take the lead here.

"It's different because I'm calling the shots in the end, but I'm still getting input from all the musicians that play with me. I trust their judgment," she says. "It's still the group that has to play the music, but I'm the one coming in with the original idea.

"Each artist has a unique sound or voice, and you might sound a little bit like someone else, but every person has their own story to tell. For me, I grew up in a pretty conservative environment and it's about discovering what else there is in the world"

The album's title, Inside Outside, comes from one of its tracks, and its meaning will leave you feeling all warm and fuzzy on the inside.

"We all want someone to love us for the person we are inside and not just as the perfect person we try to show on the outside, that's really what it's about," Epp says.

"Outside, I'm always playing Latin music, but inside of me there was something else that wanted to come out too, and here it is!"





Amber Epp releases Inside Outside on Dec. 2 at the Park Theatre.

Showtime is 8 pm.

Tickets are \$15 at the Park Theatre or \$20 at the door. They are \$10 for students.

Inside Outside will be available at McNally Robinson, and on iTunes, Amazon and CD Baby.

Visit amberepp.com.

TURN UP THE GOOD!

Dangercat's gonna keep on given'r and that's all there is to it

KAITLYN EMSLIE FARRELL



@KEMSLIEFARRELL

ARTS REPORTER

Boys just want to have fun.

Dangercat likes to keep things simple. The Winnipeg punk band is working on a new album, which it promises will be a fun

"It's going to be a cool Dangercat album," vocalist/guitarist Keith Dueck says. "There's going to be some heavier songs definitely, and there's going to be some poppier songs. It's kind of all over the place.

"Most of [the songs] are just about partying too hard and, you know, just life. Some songs are about girls, there's got to be a couple. Other than that, it's just about life."

Formed three years ago, Dangercat also features guitarist TJ Stevenson, bassist Ryan Roemer and drummer Casey Fiorente. The band currently has one full-length album, 2012's Where I'll Be and an EP, 2011's Head in the Clouds to its credit.

Dangercat plans to record its new album at Empire Recordings, located above Whiskey Dix, in January. Andrew Neufeld from Comeback Kid is producing the record, with Shawn Dealey (KEN mode, Imaginary Cities, Greg MacPherson) engineering.

On Friday, Dec. 13 at the Windsor Hotel, Dangercat will play a fundraising show for the new album, although they're not calling it a fundraising show.

"We're not really promoting it as a fundraiser show because we don't like doing that kind of stuff really," Dueck says. "We're just putting on a show with our friends and the money's going towards our album."

The band hopes to have the album completed quickly, but understands that things don't always follow the intended schedule.

"We'll see what happens. We're hoping for spring so we can get touring," Dueck



says. "We're going to start out by going west and hopefully go east after that. We're stuck in the middle (Winnipeg), it kind of sucks. You have to pick one way to go first."

Opening the "fundraising but not a fundraising" show are Kids and Heroes, Union Stock Yards and Triggers. Dueck says the openers are "cool guys" and "they're all our friends." His enticement for you to come to the show is short and sweet.

"Let's party," he says.



Dangercat plays the Windsor Hotel on Friday, Dec. 13.

Openers are Kids and Heroes, Union Stock Yards and Triggers.

Visit dangercat.bandcamp.com and dangercatband.tumblr.com.

CHARTING

CHARTS AS OF TUESDAY, NOVEMBER 26, 2013

1. Alec Holowka

2. Alec Holowka 3. KEN mode 4. Alec Holowka 5. Vikinas 6. Royal Canoe 7. Winnipeg Boyz 8. Kindest Cuts 9. A.M. Overcast

10. Boy's Club

Aquaria Night in the Woods Offspring Fling Vikinas Extended Play Ab Initio Kindest Cuts Pellow Dolores

Independent Independent New Damage Records Independent Independent Nettwerk Independent **Dub Ditch Picnic** Independent

Independent

1. Greg Macpherson Band 2. Little Miss Higgins

3. Neko Case 4. Various 5. Royal Canoe 6. Sweet Alibi 7. Perpetrators 8. Tim Hecker

10. The Garifuna Collective

Fireball Bison Ranch The Worse Things.. Beach Station Blues II Today We're Believers We've Got To Stick 'em Up Virgins On Oni Pond

Disintegration Independent Anti-Real Love Winnipeg Nevado Independent Independent Paper Bag Records

Cumbancha

UMFM

1. Various 2. The Sadies 3. Perpetrators 4. Shad 5. Neko Case 6. Federal Lights 7. Les Jupes 8. Greg Macpherson Band 9. Cheering for the Bad Guy

10. Gruf the Druid

Transmissions 2013 Internal Sounds Stick 'em Up Flying Colours The Worse Things.. We Were Found ... **Negatives Space** Fireball Next Year Country

2 Sense Squared

UMFM Outside Music Independent Black Box Anti-Aporia Head in the Sand Disintegration Independent Marathon of Dope



Blackie and the Rodeo Kings

South
File Under: Music

Where these gentlemen (Stephen Fearing, Colin Linden and Tom Wilson) find the time to make all the music they do, I will never know. All have great solo careers and Linden (who also produced) has been chillin' with Dylan lately. This, the eighth record from the CanFolk heroes, delivers solid, stripped down rebel rousers that you can dance, drink, fuck and fight along to, or just enjoy on a truck ride down a gravel road. Trading vocals always keeps things diverse, as does the instrumentation here. Opening with Wilson and Linden's "North" and "South", both toe-tappin' kickers, it's the deadly "Everything I Am" and "Blow Me A Kiss" that the Folk Fest crowd will cream over. Nobody sings like Wilson, and his deep delivery is the driving force in this trio, especially on the aforementioned "Kiss". This one should keep you going until the snow thaws.

- Nicholas Friesen



This six-track EP from Halifax duo Magnolia is all kinds of cute (think July Talk without the high energy sex appeal) and not just because singer Leanne Hoffman is a dead ringer for Partridge Family-era Susan Dey. "Time Will Tell" and "Wandering" are jazzy, upbeat Angelo Badalamenti-ian meanderers, while "Honey Please" is a great duet. Things do get downright steamy and heartbreaking on "The Thought of Love" and Hoffman gives her best Jenny Lewis on closer "Cold Dry Hands". The thing is, you can make comparisons all day long, but the music these two make is completely and utterly Magnolia.

- Nicholas Friesen

Magnolia

Magnolia Independent



Rusty and Savanna

Stocking Stuffers

Christmas records are hit and miss - classics from Vince Guaraldi and Phi Spector beat out contemporary attempts from The Flaming Lips and Meaghan Smith (who, by removing the "ba-rumpa-bum-bums" from "The Little Drummer Boy" is now dead to me) but if you can somehow embrace the campiness of Christmas classics while making the songs your own and doing it all with complete sincerity and a pop sensibility that can't be denied, then you must be Rusty Matyas of Imaginary Cities. Joined by his wife Savanna, the pair delivers 14 holiday treats, from covers of contemporary hits (Tom Petty's "Christmas All Over Again", Mariah Carey's "All I Want For Christmas Is You") to the fireside favourites ("Let It Snow", "Feliz Navidad") and their own original (the sugary sweet "Under the Mistletoe"). The disc is cohesive and clean, with Rusty's musicianship and production fleshing things out, hitting all the right notes for the most fun you've had since schools were allowed to call a Christmas concert a Christmas concert.

- Nicholas Friesen





Winnipeg Art Gallery 300 Memorial Blvd • Winnipeg, MB • wag.ca



NUTCRACKER, EH

RWB's version of the holiday classic features scenes of Canadiana

DEBORAH REMUS



ARTS REPORTER

For the Royal Winnipeg Ballet, nothing is more synonymous with the holidays than a local production of *Nutcracker*.

The two-act ballet is based on the 1816 book *The Nutcracker and The Mouse King* by E.T.A. Hoffmann, which tells the story of a young girl named Clara and her Nutcracker Prince who have adventures battling an army of mice and meeting the Sugar Plum Fairy in the Land of Sweets.

The original was performed in St. Petersburg, Russia in 1892 with a musical score composed by Pyotr Ilyich Tchaikovsky, and over a century later the RWB is bringing this classic to life in Winnipeg with a few adjustments.

This newer version, which premiered back in 1999, is partly set in the 'Peg on Wellington Crescent. It re-enacts a pond hockey game and is choreographed by Galina Yordanova and Nina Menon.

"It's a bit of a departure from what we were doing before, which was yet another version that was set in Germany and did not celebrate Christmas," says RWB artistic director André Lewis. "Now that we've been doing this version for over a decade, it's the same by and large, but there are always small adjustments we make to the choreography, the set and the costumes. We have added a lot more children to it over the years to make it more festive and to celebrate the fact that it's Christmas in Canada."

Each year about half of the large cast sticks around while others move onto other performances. For the lead role of Clara there are five different dancers who will take turns performing on different days.

"It's a big undertaking, it takes several weeks to put together and it's one of our biggest shows of the season," Lewis says. "It's also a great opportunity for the younger generation to gain experience in lead roles. Every new generation of dancers that undertakes a role wants to do it even better than the last."

To help keep it fresh the RWB has also started inviting local celebrity guests onstage, and while Lewis can't say who will be there in 2013, Olli Jokinen from the Winnipeg Jets, former premier Gary Doer and television personality Sylvia Kuzyk have made appearances in previous years.

The wardrobe department also plays a huge role in bringing this ballet to life. The elaborate costumes are all machine-sewn, and all the beautiful little details are completed by hand.

"We stick to the same design every year so the biggest task is just fitting the costumes, especially since we have a change in cast and most dancers have more than one role unless they're a lead character," says Barry Malenko, a member of RWB's wardrobe department who has been working on costumes since this version premiered in '99.

"There's a lot of detail that goes into the Mouse King in particular. It's very colourful, interesting and fun to put that one together each year."



Nutcracker runs from December 19 to 29 at Centennial Concert Hall.

Head to www.rwb.org for the full list of ticket prices and more info.







There are a few things in life that transcend the divides of language, affluence, status and belief - a few rituals that connect groups of people on a level that words just don't do justice. These collaborations creating unspoken bonds most often take the form of music, art, dance and sport. When our most ingrained patterns of social behavior become stripped away, what's left?

It's simple: nothing but play.







With the arrival of the cold, wind and snow, our only choice is to endure, and we rely on each other to do just that. We're all in this together! So it follows that our social interactions serve to mitigate any panic about the fact that survival mode is always kept just at arms-length.

We've developed many tried, tested and true activities to while away the winter blues: we wear tacky sweaters, sing and dance, bitch (rightfully) about underfunded snow removal services, cheer on the Jets, share warmth with sweethearts, eat and drink with family and friends and watch films we never dreamed we'd have time for.

Most of all, though, we *play*.

Our most sacred form of play, developed from Canada's longstanding winter tradition of skating, is the game of hockey. There is no stronger group expression than team play, and no team sport exemplifies this type of inclusiveness greater than hockey. Why? Because it is extremely difficult to create momentum individually, and so a unique brother-hood/sisterhood occurs when you share the ice with others. Our built up social structures that commonly divide us seem to melt away, if only for that brief moment when we do whatever it takes to achieve a common goal.

It's infectious. It reaches a part of our identity that exists deep beneath the surface.

Those who know the game well understand this phenomenon, even if it's difficult to articulate. And for people privileged enough to regularly be part of a team, it's hard to contain the excitement that the experience of such camaraderie is there for anybody interested in taking part. More importantly, many recognize a need to enable those who

have barriers preventing them from taking part.

Scott Furman, Director of Business Operations at Hockey Manitoba, understands that not everyone has equal access to the unique benefits of team play. In light of this, Hockey Manitoba launched an initiative called Just Play in 2012. It includes various community programs and available funding opportunities to level the playing field for kids that cannot afford to play hockey.

"We're always considering how to grow the game and how to provide opportunities for every child in the province, no matter what their socio-economic status is, where they're from, where they live," Furman explains. "[I]t can be a very expensive sport, and it can be difficult to get access into the sport. So, our Board of Directors met, and in conjunction with the staff, started to put forward the idea of creating a program, or an initiative that consists of a number of programs, designed to get kids into the game."

One of the main programs within the Just Play initiative is called Hockey Discovery Days. Furman describes it as being geared towards introducing the game to new Canadians, as well as kids from neighborhoods or communities that face socio-economic obstacles preventing them from getting into team sports like hockey.

"We've worked with schools before, with community clubs, and we have a program upcoming with IRCOM [Immigrant and Refugee Community Organization of Manitoba]... we have about 25 kids for each program, and they're provided new equipment that they can keep moving forward.

"We give them three on-ice sessions, we do off-ice games and fun stuff, we feed them a healthy snack, and just teach them a little bit about the game. We'll also provide grants for those kids and those families if they should be interested in registering into minor hockey."

For many of these kids, the chance to have a physical outlet in a safe, fun and positive environment is an opportunity they may not have very often. This experience could very well prevent a life of crime or substance abuse for youth considered 'at risk' by the very context of their upbringing. In this sense, programs like Just Play are giving back to neighborhoods in Winnipeg and across the province in a huge way.

"That's what the idea was when we put it together, we didn't want it to be just a one-off event," Furman points out. "We want it to be a package where we really give the kids and the families and the community that the program's being run in, the best possible chance to be sustainable, to make a difference long-term not just to have one fun day, [but] to make a difference moving forward... and really affect their lives."

After last year's program, one school decided to continue running the program on their own. This is the type of initiative that Hockey Manitoba likes to see, because then they are able to fund more programs for other communities and organizations.

In another instance, a 14 year-old boy who had never skated or played hockey, took part in the Hockey Discover





Scott Furman, Director of **Business Operations for** Hockey Manitoba, joins the kids participating in the Just Play program during an on-ice session. End Hockey Program.

SPECIAL FEATURE

school program.

DANIEL CRUMP

Days program last year (they accepted him even though the usual age range is 5-12). This year, according to Furman, the boy's family applied for a Hockey Manitoba grant, and is now registered to play hockey because of the funding process that made it possible.

The Winnipeg Jets True North Foundation (WJTNF) provides some funding to Hockey Manitoba and Just Play, as well as running its own community program known as the Winnipeg Jets Hockey Academy. Certain aspects of the program are similar to Just Play, particularly their effort to reach underprivileged and underserved youth.

After taking over from the Lil' Moose Hockey Program upon the Jets' return, the WJTNF significantly increased the size and scope of the program.

"The unique aspect of our program is that we start with them in Grade 2, and we stay with them until they graduate," confirms Dwayne Green, Executive Director of the WJTNF. "That's one of the things that we've really changed up since the return of the Jets."

The hope is that the program will help kids benefit from increased confidence on and off the ice.

"It's not about making them the next Andrew Ladd," Green says, "It's more about keeping them committed to their school and their community, and ultimately to improve graduation rates."

Kids that participate in the program are generally from schools that are deemed to be 'at risk' by the province, and like Just Play, the kids receive equipment, as well as on-ice instruction once a week and a healthy snack. Green reports that for about 350 of the students, there is also an after-school program that includes some ice-time, but also academic help along with a hot meal provided by the University of Winnipeg's Diversity Foods.

It's a well-rounded approach to providing kids with the kind of support they need, and this in turn is a step in the right direction to developing increasingly healthy communities.

As Green puts it, "I don't think you can really put a value on being a part of a team."

With over 500 kids involved in the Winnipeg Jets Hockey Academy, and over 200 kids participating in Just Play over the last two years, the lives of so many young people have been touched. They've been introduced to a great outlet for physical activity and team play, and now have their own new equipment in order to continue on in whatever capacity they

This is merely the direct programming run by WJTNF and Hockey Manitoba - they also both fund other community initiatives that provide similar support, such as the North

Every organization, as well as individual, doing their part to better the community through active group play, can really make real change. So when the outdoor ice gets put in at community clubs around the city, go ahead and do your part to participate. I'll see you out there.

Keep your stick on the ice.

I DON'T THINK YOU CAN REALLY PUT A VALUE ON BEING A PART OF A TEAM.

- DWAYNE GREEN, EXECUTIVE DIRECTOR OF THE WINNIPEG JETS TRUE NORTH FOUNDATION





THE GOOD NEWS

A Winnipeg humanitarian focuses on the positive aspects of Africa

DEBORAH REMUS



ARTS REPORTER

Local humanitarian Amanda Furst is dabbling in documentary filmmaking to show Winnipeggers just what life in the East African nation of Tanzania is really like.

"One of the big motivations was to just try and dispel some of the common myths people believe about African countries," says Furst, 30. "When people hear the word Africa, [they] tend to think of famine, poverty, child soldiers, and I wanted to bring attention to what people are doing in Tanzania to make their communities a better place, something which isn't always making it into the mainstream media."

Furst started getting passionate about Tanzania when she travelled there through a charitable organization called Right to Play. Later, she officially started Growing Opportunities International (GO!) along-side Amanda LaBoucane in 2010.

The Winnipeg-based non-profit organization began by building a nursery school in nearby rural Rwanda to serve a group of approximately 80 children who were previously being instructed on a back porch.

Eventually Furst knew she wanted to document what was going on, but admits this is the first time she's stepped into the world of filmmaking.

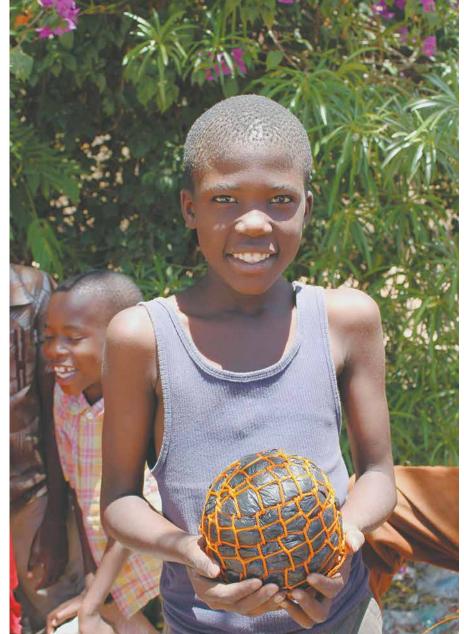
"I don't have much of a film background, but I was able to work with a fantastic editor named James Hiebert who was able to take my amateur footage and make it into something beautiful and hopefully something that people will enjoy," she says. "Not having the experience and not knowing exactly how things should be was a bit of a challenge, but I do have some good tips for next time."

Her first 10-minute documentary is called *That Was Garbage!*. It highlights how Tanzanians are turning old tires into sandals or discarded plastic bags into soccer balls. The second documentary is yet to be titled and is closer to 20 minutes. It highlights the lives of some people Furst met through her years in Kisesa, a region in the northeastern portion of Tanzania.

"The most enjoyable part was just having the chance to connect with people and take the time to ask them direct questions to learn more about their lives, stuff that might not come up in a normal conversation," Furst says. "I've known most of them for quite a few years, but there's still some new stuff I was able to learn about them through doing these interviews."

Furst hopes these documentaries might inspire people to board a plane and see what Africa is all about for themselves.

"I definitely think there's a lot to be learned from travelling and experiencing different cultures," she says. "I've also spent some time in Rwanda and my parents were terrified because all they really knew about was the genocide, and that happened almost 20 years ago. Today it's one of the safest countries in East Africa. It's probably safer than downtown Winnipeg and there's no reason for that fear to be there."



SUPPLIE



Both of Furst's Tanzania documentaries are screening at the Listen Local! Grow Global! benefit concert on Saturday, Nov. 30 at the West End Cultural Centre.

Show starts at 8 pm. $\,$

Tickets are \$20 in advance or \$23 at the door.

Visit www.growingopportunitiesinternational.org for more information.

NO FRILLS, NO THRILLS

Winnipeg Free Press copy editor David Jon Fuller adds a little flash to his fiction writing

ADAM PETRASH



VOLUNTEER STAFF

Winnipeg is teeming with writers. We tend to focus, however, on the authors who've published books when there are in fact many writers out there actively publishing great pieces online, in newspapers, literary journals and anthologies, too.

Although the medium is different, these writers are just as important as the ones with published books.

One such writer is David Jon Fuller, a copy editor for the Winnipeg Free Press by day and a publishing speculative fiction writer by, well, always.

"I write during my lunch break at work, and in the winter when I take the bus," Fuller says. "It doesn't sound like a lot of time but it adds up. This year I've written a full draft of a novel and roughly eight or nine short stories that way."

It's a genre that Fuller says he's always trying to improve in.

"For a long time I was blind to the 'sameness' of the characters in my own writing," Fuller says. "I'm working on making my characters more diverse and the stories I tell feel less First World problem-ish. Speculative fiction should chal-

lenge the status quo, not tinker with the veneer of it."

Fuller admits that the writing skills required for his day job can be a blessing and a curse when it comes to how he writes his fiction.

"Being a copy editor, especially at a newspaper, teaches you how to cut. You really learn how to say things in fewer words and not to take it personally when your work is edited," Fuller says. "That said, I think working in newspapers eventually had the effect of sanding off the ornamentality of my fiction voice.

"For one story that was accepted (for publication) this year, the editors said my writing was a bit 'plain' – nothing wrong with it, but lacking a certain something. So with their suggestions I went through the whole piece and realized, yeah, I wrote it fairly 'straight' without having fun with language the way I used to. So it was a challenge to flex those writing muscles again, but well worth it."

Re-evaluating and reflecting on his work proved to be a rewarding learning experience.

"The biggest stumbling block for me in the past was not taking a hard look at the nuts and bolts of how fiction works, to really make my stories strong, and aside from that I was not relentless in submitting my work," Fuller says. "I gave up on stories after only a few rejections, so naturally my acceptances were few. Now I just keep submitting until each story finds a home."

That relentlessness and hard work is now paying off for Fuller. He's had four



MIKE DEAL

short stories accepted this year and with any luck we'll be seeing a book from him soon enough.

"I've got a YA werewolf novel set in Winnipeg, which is on one publisher's desk and my next published work will be "A Deeper Echo" in Long Hidden [Spring 2014] and "The Last Dire Wolf" in Luna's Children [early 2014]" he concludes.



For more info on David Jon Fuller, visit www.davidjonfuller.com.

Follow Fuller on Twitter @DavidJonFuller.

FASHION FORWARD

Local designer works hard to make Winnipeg a fashion friendly city

LUKAS BENJAMIN THIESSEN

BEAT REPORTER



"Designers who come out of Winnipeg are very daring."

Lili Lavack, local designer and graduate of the textile sciences program at the University of Manitoba with a minor in business, lauds the city's fashion culture. She also warns against isolation from other practitioners.

"Fashion is very competitive... everyone's trying to sell their designs," she says.

When she was elected co-president of the Winnipeg Fashion Incubator in 2011, she worked to connect designers in Winnipeg. She emphasizes that most designers won't succeed without support.

"Most designers make 20,000 [dollars] a year, and they're hustling – but they just can't make it."

Winnipeg was once a place where fashion was a huge part of local business. Lavack mentions how the Exchange District was once a bustling area of textile pro-

duction. She envisions a future where this city is once again a great place for fashion.

"We need a proper organization that is going to ramp up and bring in major players who will infuse us with money," she says. "In order to grow we need to sell our styles to high profile people."

Some of the best support for design in Winnipeg comes from people willing to buy and wear local fashion, and show it to other cultural ambassadors. Lavack mentions such people as Mariette Mulaire (president and CEO, World Trade Centre Winnipeg), Ginette Lavack (executive director at Festival du Voyageur Inc.), Kevin Walters (G2 Management and Promotion), Paul Jordan (chief operating officer, The Forks Renewal Corporation), and Rob Kristjansson (special events liaison at Film and Special Events Office, City of Winnipeg).

Lavack stresses that diversity makes Winnipeg a great place for fashion — the concentration of many cultures in one urban area — and is a requirement to develop as a designer.

"Winnipeg is a great hub to grow and learn to learn," she says. "We do nurture quite well here... but you need to want to be global... You need to experience multiple things. Design is an art form, you can stagnate."

Lavack is now co-owner, with former Incubator co-president Abigail Myers, of Libby Productions. It connects people in the areas of fashion, art, and event planning. She also heads two design companies, Bi. Polar Couture with her twin sister, and Dugas Lavack Couture Group.

She refers to a current trend towards androgyny and blurring of gender boundaries in fashion, highlighting the role of

rs in dealing with cultural phenom-

designers in dealing with cultural phenomena, including environmental concerns.

"The fashion industry is built on trends and the excitement of new purchases," Lavack says. "It can be difficult for consumers and designers to move towards the more sustainable and healthy ideas of recycling, repurposing, and reusing."

If there appears to be a lot for designers to deal with, she says belief in your work can translate into a lifelong vocation.

"Use your dream to create the brand. You take something from your haute couture work and translate it into something wearable," Lavack says.

She encourages people in the fashion industry to work with others.

"There are definitely resources. Don't be afraid to ask," she says.



CULTURE



A SLICE OF SPICE

Corrientes brings South American comfort and carnival to the Exchange

SAMANTHA SARTY



@SARTYSARTY

VOLUNTEER

Corrientes Avenue runs 69 blocks across Buenos Aires, Argentina and is constantly buzzing with activity from tango bars to operatic theatre to gastric delight.

Corrientes Argentine Pizzeria, located on 137 Bannatyne Ave., aims to bring that same cultural energy into Winnipeg, albeit on a smaller level, one slice at a time.

A delicate sign announces Corrientes from the street, inviting my date and I in from the cold. The ambiance was terrific; exposed brick in every direction along with high ceilings and red painted pipes. The space could seat about 50 with its intimate candle lit tables. Dark wood encases the back of a prominent bar providing shelves for a substantial wine stock. Glowing origami lamps hang from wires and at the back there is a mini-library and sitting reminiscent of the lifestyle in Argentina.

There was an expansive wine list with bottle prices ranging from \$29 to \$59 or by the glass at \$7 to \$11.50. We ordered a bottle of the Chianti (\$36) which was fruity, short-legged and a great complement to our meals.

The wine paired best though with our shared appetizer: the Picada. For a slightly hefty fee of \$15 you get a platter of assorted tasters at the chef's daily discretion. Ours incorporated three types of cheeses, two meats, and some olives. We played a bit of trivial pursuit guessing what we were eating as our server unfortunately forgot to explain the plate.

Other than that misstep, the service was great, especially for the tables that needed a quick meal before the theatre. Taking our time, our pizza choice was patri-

otic: the Canadian Flag. Nineteen bucks got us

a 12-inch thin crust pie with mozzarella, chili

flakes, cherry tomatoes and bacon. The crust

maintained a perfect dichotomy of crunch and

of flavor of somewhere much warmer.

T COULD SEE MYSELF COMING BACK TO CORRIENTES ON SO MANY OCCASIONS. IT'S AN **IDEAL AMBIANCE FOR A FIRST DATE, A FAMILY OUTING OR A GIRL'S NIGHT OUT BEFORE A SHOW.** YOU'LL FIND YOURSELF IN A PLACE THAT'S REMINISCENT OF THE SAVORY FESTIVALS OF FLAVOR OF SOMEWHERE MUCH WARMER.

Corrientes has both thin and thick crust menu sections for their pies ranging from \$19 to \$22 for a 12" and \$20 to \$25 for a 15".

The variety of pizzas is impressive as they extend their reach beyond classic ingredients and into the realm of gourmet. A standout item is the Salmon Ahumado (\$22 for 12") topped with arugula pesto, red onion, smoked salmon, goat cheese and sunflower seeds.

With our wine dwindled and our pizza demolished, we sanctioned the best way to finish our experience at Corrientes was to have dessert (and the rest of the wine) seated in the mini-library at the back of the restaurant. We ordered the Gianduia (\$9), a smooth, rich chocolate torte with hazelnuts crushed on the top. We enjoyed every bite while reading and slouching on their couches.

I could see myself coming back to Corrientes on so many occasions. It's an ideal ambiance for a first date, a family outing or a girl's night out before a show. You'll find yourself in a place that's reminiscent of the savory festivals



Corrientes Argentine Pizzeria is located at 137 Bannatyne Ave.

Hours of operation are Monday to Thursday, 11:30 am to 2 pm and 4:30 to 9 pm. Fridays 11:30 am to 2 pm and 4:30 to 10:30 pm, and Saturdays 4:30 to 10:30 pm.

For reservations call 204-219-5398. Visit www.corrientes.ca.

MUSIC LISTINGS



Tune in to 'Peg City Groove, Fridays at 5pm on CKUW 95.9 FM to get the scoop on the weekend's events when Kent and Darryl read the Rundown, brought to you by The Uniter.

THURSDAY NOV. 28

ROUTE 59 plays The Cavern

REPARTEE and SAPPHIRE EMPIRE play The Garrick Hotel.

KEITH PRICE, LOIS GILLESPIE, VANESSA KUZINA, AARON SHORR, LIZ GOOSEN, THE MCCLURES and TIM CUMMINS play The Park

DANGEROUS GOODS, DIVERSE, JASMINE ORCHID, THEO TZU and TRIPWIRE play The

MIKE SWICKIS plays The Loft.

ANDREW NEVILLE & THE POOR CHOICES play

TIM HOOVER, FOOTWERK and LONNIE C play

THE JD EDWARDS BAND and AMANDA RHEAUME play The WECC.

The workin' man can jam in a clam with his buddy Sam at The Windsor.

FRIDAY NOV. 29

THE CATFISH and WANG THE MERCILESS play

THE B-SIDE APOSTLES play The Garrick Hotel.

NOONERS play The Kings Head. KEITH AND RENEE and RHIANNA RAE SAJ play

EAGLE LAKE OWLS play The Folk Exchange. BURNT OUT SUNS, NORTHERN ELMS, DEADFIT

and THE AUTOPILOTS play The Zoo. THE JD EDWARDS BAND plays The Times.

FEW WHO DO, FROM GIANTS and RALEIGH play

HAUNTER dies at The Windsor.

SATURDAY NOV. 30

MOON TAN and THE STIFF BISHOPS play The

FRED PENNER, J.P. HOE and others play The Centennial Concert Hall for all you Christmas

DEAD FIT and AMONG THE FLAMES play The Garrick Hotel

JANICE HARDING and ROD HUSSEY REVUE play The Pyramid.

THE PROUD SONS play Shannon's.

MAD YOUNG DARLINGS, THE CIVIL DISOBEDI-ENTS, WHISKEY TALKS, and SENOR DINOSAUR play The Zoo.

THE JAKEBRAKES play The Times.

THE CATAMOUNTS, AIDEN RICHIE and COLOUR BY NUMBERS play The Windsor.

SUNDAY DEC. 1

ANNE MARIE WILLOT and CHEZ WILLI play

JORDAN ST. CYR, NATHAN MUSIC CO., ALICIA FEAKS and KEITH MACPHERSON play WECC.

MONDAY DEC. 2

AMBER EPP will be releasing an album at Park

HIGH ON FIRE, KVELERTAK, and WINDHAND

JOHNNY REID plays The Centennial Concert Hall.

TUESDAY DEC. 3

DUSTIN BENTALL and THE MATINEE play The

WEDNESDAY DEC. 4

DAILY, LEONARD SUMNER and RO WALKER MILLS play The Zoo.

PAUL LANGOIS (of the Hip) plays The Park.





@THEUNITER @THEUNITER

COMMENTS

STRANGE TIMES

How can we come to terms with such a chaotic world?

STACY BILLINGLSEY

VOLUNTEER

These are strange times indeed, my friends. With so much absurdity in the world, it can be difficult to focus on anything at all. But each element must be scrutinized in order to understand its full impact and the treachery at play, even though such reflection creates an overwhelming feeling of dread.

Is this present our future? What is the reality that awaits us? If news is available, but consuming it only works to construct feelings of inability, isolation and hopelessness, it cannot surprise us to see how such information is rejected or ignored by everyday people. But turned-off minds are very common in our world today. Is any other explanation logical when one explores the realities of President Obama's drone wars, or the U.S.-led invasion of Iraq, or even complicit government and corporate manipulation of global finance. Something is wrong, something has to give.

Where is the *heart*, the compassion in all of this? Well, perhaps it's in the people that are victimized by it all. In some places, that heart is more visible. In places where destruc-



SUPPLIED

tion is part of life, where a young girl can be playing in a park one moment, and in the next evading bombs falling from the sky. The tears of people genuinely hurt by the world we live in, that's where our collective heart shows itself.

What is this pain to the person a world away, catching the bus on a chilly November morning? How does it manifest in those punching plastic keys and drinking from the workplace coffee pool?

We still have heart, but it's lost in a incredible maze of advertising, television and social networking, mortgage payments and the ongoing search for happiness. The heart is there, but it's buried under an avalanche of consumption suffocating its brilliant light. It must be buried very deep when the testimony of an unbelievably brave nine year-old girl, Nabila Rehman, fails to stir the power of the people. The Pakistani youth attempted to relate to the American Senate the experience of running from a bomb that killed her grandmother while they were gardening.

Her victimization by aerial drones transcends distance and borders. This is the territory of the heart, our collective heart; the human capacity for true feeling. This is something that happened, for real, to another person just like you or me. We all know how wrong it is, and we also know it happens all the time in the name of democracy. Despite all the political gabbing and rhetoric used to explain atrocities away, we all know the truth. The heart of the matter is that a child witnessed her grandmother's demise and narrowly escaped death herself, all at the hands and words and decisions of leaders elected by the people and for the people. The people don't want this, the people have hearts – I know they do. I hope they do.

Follow your heart and visit this link to meet the young girl and her family: rt.com/usa/rehman-drone-grayson-hearing-924/

Stacy Billingsley is a freelance teacher and writer searching for some way to make a difference in this simultaneously beautiful and ugly world that

FILI

DREAM WEAVERS will be airing at The WAG on Nov. 28 at 7pm.

OIL SANDS KARAOKE plays at Cinematheque Nov. 28, 29, 30 and Dec. 1.

HARRY DEAN STANTON: PARTLY FICTION plays at Cinematheque Nov. 28, 29, 30 and Dec. 1.

JOHN HIRSCH: HAUNTED BY DREAMS plays at Cinematheque Dec. 4.

LITERATURE

IAN RANKIN will be signing his new book at McNally Robinson on Nov. 29.

GALLERIES & MUSEUMS

The Cre8ery presents new work by KAREN ROBB and CHRIS SIGURDSON entitled *The Same Path*. Show opens Nov. 29 with reception at 7pm and ends on Dec. 10.

In collaboration with AXENÉO7, PLATFORM is very excited to present a solo exhibition of new work by Montreal based artist, PHILLIPE HAMELIN. Show opens Nov. 22 and the artist talk and reception takes place on Nov. 23.

O12_Clay by artists LANE GIBSON and CHLOE CARPENTER will open at MAKE Coffee Shop on Nov. 21 and run until December.

NATASHA GUSTAS *New Works* will be opening at The Edge Gallery on Nov. 15 and run until Nov. 28.

Check out the most recent incarnation of Window on the corner of Arthur and Bannatyne. 100 Masters is presented by THE NEGATIVE SPACE ARTISTS COLLECTIVE. Who doesn't like SWANS?

Guervich Fine Arts presents *Outlook* by ROBERT SIMS from Nov. 12 until Dec. 16 at McNally Robinson.

Gallery 1C03 presents IAN AUGUSTS exhibition *Re: Build Them.* Opening reception on Nov. 7 from 4-6pm. Show runs until Dec. 7.

Adhere And Deny is presenting Dario Fo's TRUMPETS AND RASPBERRIES (Clacson, trombette e pernacchi) translated by R. C. McAvoy and A. M. Guigni from Nov. 20 to Nov. 30 at 8p.m. nightly in its pocket theatre at 315-70 Albert Street. Admission is Pay As You Can. For reservations telephone 204-804-9686.

THEATRE, DANCE & COMEDY

HIRSCH opens at The MTC Warehouse on

Black Holes Theatre Company presents *Lion In The Streets* from Nov. 19 - 30 at The Black

Comedy will be happening at Ozzy's on

The Cavern invites you to begin laughing

Comedy at the Rose 'n' Bee is on Thursdays.

Check out the King's Head Pub for your weekly dose of comedy every Tuesday at



SUPPLIED

RIDING YOUR BIKE IN THE WINTER?

Not just for the pompous and the weird

FABIAN SUAREZ-AMAYA



@THISFABIAN

VOLUNTEER STAFF

I strode into the office barely a minute early, panting with exertion. Frost matted every follicle in my beard, forming a tangled, icy layer over my face.

"What is *wrong* with you?!" my co-worker Michelle asked me. "It would take you four seconds to wash the snow out of your beard in the bathroom before you came in. Now you're dripping from your face. You look ridiculous.

"I'm pretty sure you just ride your bike in the winter for the attention," she continued. "'Oooh, look at me! Look at what a hardcore cyclist I am!' And why are you gasping for breath? I just drove by you. You weren't even riding that fast."

"She's... she's *right*," I thought to myself, conceding her excellent points. "I *wasn't* even riding that fast!"

For years, winter biking has been designated the domain of the intrepid, of the reckless, of the *avid*. Those with a real propensity for cycling and the gear to match. The University of Winnipeg Students Association (UWSA) Ice Riders have been working to dispel that notion in the four years that we've been around. Getting anywhere in the dead of winter is a slippery, arduous trudge, no

matter what your means of transportation. Winter riding is for everyone who owns a bike and lives in Winnipeg.

Riding your bike in the winter is relatively warm, fast, and it's easy. When you're moving constantly, your body heats itself. A pair of wool socks or two, some good gloves, and covering your face properly will keep you snug in rides up to 40 minutes long. You don't need Turbo-Arctic-Insulated gloves or a fleece made from narwhal fur. Just take what you have in your closet and layer appropriately. Personally, I just wear thousands of cardigans.

It's speedy – it cuts out the painful, immobile waiting that's part of transit-use in the remote, under-serviced corners of the city, and it's quicker than walking. Cars are a warmer and faster option if you live far (anywhere downtown: bikes win), but they're brutal during rush hour. Nor can I recall the last time my bike "wouldn't start" in inclement weather.

Most importantly, riding your bike in the winter is *easy*. My co-coordinator said it best, describing her introduction to winter riding. "I was riding all summer... and then it snowed, and I kind of just kept riding." It's just bikes.

The biggest barrier I hear from folks who

are interested in trying it is safety. This is a perfectly legitimate concern. I've been lucky in my own personal experiences, but I've had some close calls. Altogether, I find motorists are more respectful and cautious around me in the winter than they are during summer months. I also ride much more defensively in the winter, taking a paved part of the road and holding it. Still, safety would be much improved if the City worked actively to connect bike lanes outside of the core, and made an effort to clear them come wintertime.

The best way to improve conditions for winter riding is to normalize it – it's growing, not going away. Less cycle-bros nodding smugly to their coworkers as they shake free their luscious hair from underneath their toques, and more people commuting casually because it just makes sense. The Ice Riders love cycle-bros, but we also love grandparents, students, youth and first-time winter riders. Happy riding, everybody.

Fabian is a co-coordinator for the UWSA Ice Riders. He may have taken some liberties in remembering his conversation with Michelle. The Ice Riders are hosting a Party Ride on November 29 and a workshop on December 4. Contact iceriders@theuwsa. ca for more information.



Sometimes people like to win contests, see how photo shoots happen, hear interesting behind-the-scenes stories or just be kept in the loop about every gosh darn thing that happens in Uniter-land. There's an easy and efficient way to do this -

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CONTENT.

CAMPUS

DEMOCRATIZING HISTORY

Annual conference presents history through unique voices

SAMANTHA DUERKSEN



CITY REPORTER

The University of Winnipeg's Oral History Centre is hosting its second annual Oral History Conference on Saturday, November 30 from 10:00 am, to 6:00 pm in Room 2B23, Bryce Hall.

The Oral History Centre, which had its grand opening last Spring, seeks to become a national leader in preserving oral tradition through oral history teaching, research and community development.

"Oral history is a stem of social history, and social history is a history of everyday people," explains Hayley Caldwell, a history student at UW who is giving a presentation on the Bernstein's Deli Project at the event. "It is trying to democratize history by getting voices of underprivileged people heard [by] the wider masses."

During the conference, presentations will be given by both UW students and professors about historical topics they've researched, in large part through oral

interviews with relevant people of interest. These interviews are spliced together for a comprehensive final presentation.

Presentation topics include Feminism and the Labour Movement in Manitoba, Inquiries into Franco-Manitoba Metis Identities, Traditional Foods: Local Histories from Fisher River Cree Nation, and the Bernstein's Deli Project.

Caldwell, along with project partner Laura Finkel, got the idea to research Bernstein's Deli while looking into small businesses that used to be a thriving part of the North End during an era when it was primarily a Jewish and European community.

"Delicatessens are a staple in Jewish culture, but it's something that was invented in North America," Caldwell says. "We found that Bernstein's was a really unique example and they were still really trying to hold on to those cultural traditions."

Caldwell and Finkel conducted inter-

views with several people, including the owner and her son, a patron, a deli enthusiast and an older gentleman who was around when delis were a popular sight in the North End.

This research, once collected, is later filed to the archive at the Oral History Centre.

"[Oral History] is a social movement, but also a methodology," Caldwell describes. "So instead of just relying purely on documents and archives which are created by governments and usually the elite, you can then go to the people directly and ask them how their experiences were, instead of relying on the government's perspective."

Caldwell explains that the movement of oral history itself is young, emerging more prominently in the 1940s at Columbia University, and gaining momentum in the 1960s. It was the invention of the small

Hayley Caldwell, a history student at the University of Winnipeg.

hand held recorder that allowed for its real

'The reason that we do oral interviews as opposed to writing them is that it makes it more difficult to distort what they [subjects] are trying to say about their own lives and their own experiences in the past," she clarifies.

Technology is important to the faculty, and members of the Oral History Centre are given access to technical support and equipment in order to conduct and archive oral interviews.

For more info on the Oral History Centre and their event, please go to http://www.oralhisto-

REC YOURSELF

United Health and RecPlex will be a place to "Learn, Play, Belong"

MELANIE DAHLING SUGARDAHLING



BEAT REPORTER

The University of Winnipeg's UNITED Health and RecPlex has only been under construction since February, but the magnificent structure continues to evolve even now that the snow has arrived. "I get people telling me that they can see noticeable differences as they pass by. It's exciting because we don't often get to see that process with such a large building," says David Fitzpatrick, Dean of the Kinesiology Department.

Once completed, students from all areas of study will be able to enjoy increased options for physical activity at the Rec-Plex. This includes tournaments, leagues, and intramural sports, all of which will be developed, designed and delivered by students. The facility will also expand upon the hands-on training currently offered to those studying Kinesiology, making it a "living lab" for the department.

"Let me share a personal experience with you" Fitzpatrick begins, "I did much of my studying [to be a fitness instructor] at the University of Manitoba. Great place, and I have nothing bad to say about it, but I didn't see a real life kid until my third year. What if I didn't like kids?"

The RecPlex gives students the hands-on training they need as well as providing potential job options for future instructors. This practical training will involve inner city youth, introducing them to healthy, exciting and engaging pastimes. Fitzpatrick discusses the need for this kind of opportunity within the community, saying that while the winter months limit activity, there is still a lack of green space in downtown Winnipeg.

The RecPlex will house a multi-sport

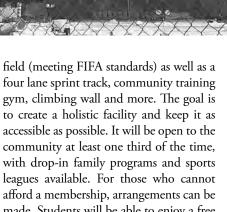
made. Students will be able to enjoy a free membership included in their tuition fees.

The main source of revenue for the Rec-Plex will be the leagues that pay to play there. Local football and ultimate leagues alone count over 200 teams as members.

"On the Spence street side there will be a wide pathway that will work as a student lounge with places to sit down and plug in a computer. Students and members may take advantage of the space similarly

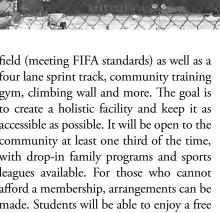
to how they currently use the second floor of the Duckworth centre," Fitzpatrick explains.

'We are currently on schedule and hope that some aspects of the facility will be open as early as June," he confirms, adding that the faculty remains confident for an official opening in September 2014.





For more information and updates on construction visit http://www. uwinnipeg.ca/index/recplex.





GIVEN ISAAC GIVING HOPE

Wesmen prospect a great example for University of Winnipeg Collegiate's Model Program

SAMANTHA DUERKSEN



CITY REPORTER

Manitoba Colleges Athletic Conference (MCAC) Wesmen basketball player Given Isaac is a player to keep an eye on in the next few years.

The point guard made the Wesmen team straight out of high school, an indicator of great talent according to Grant Richter, Director of Athletic Programs and Community Liaison for Wesmen athletics at the University of Winnipeg. But Isaac decided to play for the MCAC team in order to spend the majority of his first term on *the court*, rather than on the bench.

He scored 44 points on Sunday, November 17 at a tournament in the United States and Richter sees a bright future with the Wesmen team next year.

"I think they're losing some athletes through graduation next year and he could fit right in and be a major contributor," affirms Richter. "Right now I think he is the best player on MCAC."

"There's a lot of great guys on the team, everyone's on the same page, everyone wants to win, and everyone wants to work hard," Isaac says of the MCAC team, who are currently four games into the season with a 1-1 record as of press time.

Isaac is a player who has come through the Model School Program at the collegiate at the University of Winnipeg, which is attended by 40 students from grades 9-12. These students are chosen on the basis of being identified as showing great potential and interest to succeed in University, but face barriers that prevent them from doing so. A plan is created individually for these students to help them succeed, and they are given a full scholarship to University.

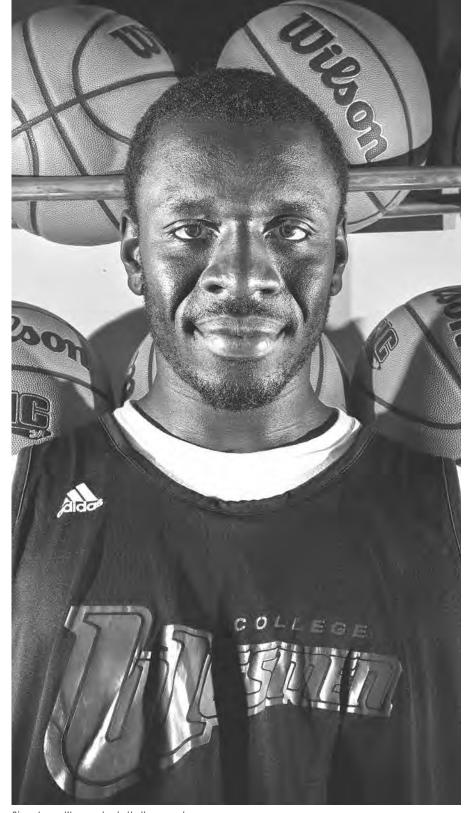
"Part of the reason I started the MCAC programs is because we had been working with youth, and we wanted to make sure we had a program to keep kids involved in sports at the next level," explains Richter. "We have Brandon Murdock who was a Model School student with us, we have Matt Thomas, who played at Daniel Mac and is an inner-city athlete, so we actively recruit and look to provide opportunities for inner-city youth."

Kevin Chief, Minister of Children and Youth Opportunities, is a great example of how those in sports with education programs can succeed. Chief, who attended Tec Voc, got a basketball scholarship through the UW. He graduated in 1998 with a Bachelor's Degree majoring in Justice and Law Enforcement and a minor in Physical Activity and Sport Study, which paved his way to becoming Minister. He later helped create the Collegiate Model Program.

Isaac moved to Winnipeg from Kenya when he was five years old, and lived in the inner-city for quite a few years. The program has helped him pursue his passion for basketball. "It is a substitute for me for many other things I could be doing. It's something I've been doing for a while, and I've become good at it so I've stuck with it," he says.

Isaac hopes to play professional basketball one day, and looks up to NBA legend Wilt Chamberlain.

You can catch him playing at the next MCAC home game on Saturday, November 30, at 2:00 pm.



Given Isaac, Wesmen basketball prospect.

DIVERSIONS

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PDFPAD.COM/SUDOKU

ACROSS

1- Swedish pop band whose hits include

"Waterloo";

5- Assisted; 10- Beer buy;

14- ___ me tangere;

15- View;

16- Neighbor of Saudi

Arabia;

17- Mil. school;

18- Thick sweet liquid;

19- Wife of a rajah;

20- Falafel sauce;

22- Like some corners;

24- Rejections;

25- Tennis matches are

divided into these;

26- Augment;

30- Russian range;

35- ___ longa, vita brevis;

36- "Xanadu" band;

37- Greek fabulist:

43- Sir ___ Newton was an English mathematician;

38- Sentimental songs;

41- Military person;

44- Ages;

45- Feeling of being

overwhelmed;

46- Lure:

47- One who takes a test;

50- Predictive sign; 53- Round Table title;

54- Dog of mixed breed;

58- Breed of dog; 62- Peek follower;

63- Moore's TV boss;

66- Depilatory brand;

67- Grant temporary use of;

68- Vassal;

BESTCROSSWORDS.COM

69- Zeno of ___;

70- Caustic substances;

71- Marsh plant; 72- Pub missile;

DOWN

1- Med school subj.;

2- ___ Raton;

3- Boring, so to speak;

4- Assisting;

5- Aided; 6- Very cold;

7- ___ Rosenkavalier;

8- Accustom; 9- Station;

10- Maize;

11- Diary of ___ Housewife; 12- Completely without

madness;

13- Children's author

Blyton;

21- Japanese theater;

23- Customary;

25- ___-Cat;

26- Nun wear;

27- Blot out; 28- Religion of the Muslims: 29- Golfer Ernie:

31- Skin color of Washing-

ton football players!;

32- Continental identity

of a Chinese person;

33- Lerner's partner;

34- Carousal;

39- One circuit;

40- Role player;

41- Red or White follower;

42- Carousing; 44- Bard's nightfall;

48- 0 Sole ___;

49- Pressed;

51- Repasts;

52- Borden's spokescow;

54- Teen hangout;

55- Comply;

56- Zero;

57- Deities; 59- Boxer Oscar ___ Hoya;

60- Dirty look;

61- Coup d'___;

64- Actor Beatty;

65- 0vum;



Student Services



The Student Services staff of The University of Winnipeg provides the student body with current information and opportunities. This information is updated weekly.

ACADEMIC ADVISING

FINAL EXAM INFO

Fall final exams are coming up soon! Double check your scheduled dates and times to make sure you don't have any conflicts.

Go to www.uwinnipeg.ca

Click "Exam Schedule" Click "2013-2014 Fall, Fall/Winter, Winter Exam Schedule"

If you have a direct final exam conflict then follow the instructions found in "Important Information about Final Exam Conflicts". If you have 3 exams that begin and end within a 24 hour period, and you would like to reschedule one, please speak with an Academic Advisor in 1C16.

Remember, making an alternate exam arrangement is time sensitive, start making plans now!

ACCESSIBILITY SERVICES

Accessibility Services provides a number of accommodations and supports to students with documented disabilities as well as short & long-term medical conditions. If you think you may have a disability, we can also provide you with information and support.

Office Hours: Monday to Friday, 8:30AM to 4:30PM Location: Room 1A08 - 1st Floor, Ashdown Hall Website address: www.uwinnipeg.ca/accessibility General Information: accessibility@uwinnipeg.ca **Phone:** 786-9771

AWARDS & FINANCIAL AID

Expecting a refund cheque in December due to an award or government student aid overpayment? Be sure your correct and

current mailing address is on file! To update your address, fill out and drop off a Personal Update form at Student Central, or email studentcentral@uwinnipeg.ca from your WebMail account.

Work Study Program application deadline extended to December

- · Work about 5-10 hours a week
- · Get valuable research experience
- Work flexible hours Build your résumé

For more information, deadlines and applications, visit the Awards & Financial Aid website:

Go to www.uwinnipeg.ca

Click "Student"

Click "Awards and Financial Aid"

Click "Work-Study Program" APPLY NOW!

Are you in the final year of your Undergraduate program? And are you applying to begin a Graduate or Professional program next academic year?

If you answered yes to both questions, you may qualify for a Graduate and Professional Studies Expenses Bursary to help subsidize the costs associated with applying for Graduate and/or Professional programs.

Go to www.uwinnipeg.ca

Click "Student"

Click "Awards and Financial Aid" Click "In-Course Awards (current students)"

These awards are provided on a first-come, first-serve basis until the funding is exhausted. Be sure to apply as early as possible!

STUDENT CENTRAL Ever find yourself with just too many books or too much winter gear to carry from class to class?

Don't stress – rent out a locker from the Student Central! There are lockers still available on the 2nd floor of Centennial Hall. in the basement of MB Hall and on the 3rd floor of Richardson College. Locker rentals are \$40 per person for Fall & Winter.

Just send a Webmail email to studentcentral@uwinnipeg.ca with your preferred location or visit us at Student Central.

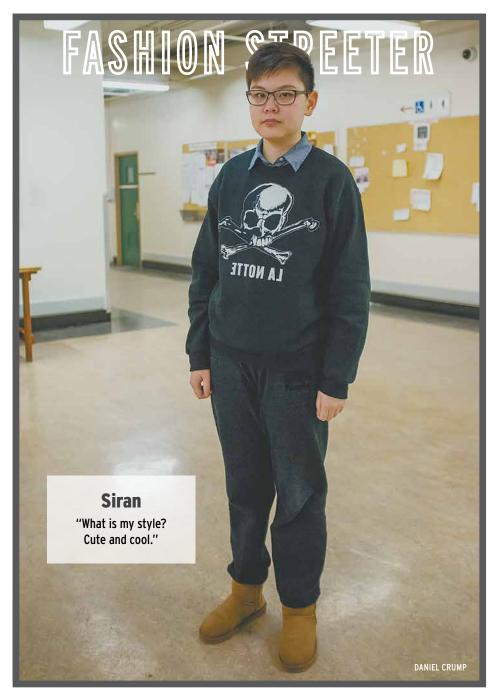
U2013FW COURSE DROPS

Tuesday, January 21st, 2014 is the last day to drop a U2013FW course. No refund is applicable.

WAIT LISTS

Don't lose out on a seat in a wait listed course! Remember to check your Webmail for permission to register every Monday and Thursday.





The Uniter Fashion Streeter is an ongoing documentation of creative fashion in Winnipeg inspired by the Helsinki fashion blog www. hel-looks.com. Each issue will feature a new look from our city's streets and bars in an attempt to encourage individual expression and celebrate that you are really, really good looking.

THE BACK PAGE LIST

1. TOASTED BUNS

Making a comeback.

2. BEASTIE BOYS VS GOLDIEBLOX

Despite how awesome the toy company's "Girls" parody commercial is, it is a commercial and the Boys don't allow their songs to be used in ads.

3. REAL ESTATE AGENTS VS SHARPIE

We're surprised this hasn't been a lawsuit yet.

4. "SECURITY AT MAC MILLER CON-CERT FAILED ME, PUNCHED WOMAN SAYS"

This CBC headline is all kinds of WTF. Also, DO YOUR JOB, SECURITY.

5. THE GREY CUP

"I don't like screaming music" - My uncle on halftime performers Hedley.

6. HUNGER GAMES 2: STILL HUNGRY

Woody Harrelson, Elizabeth Banks, Stanley Tucci AND Lenny Kravitz? I don't even care what this is about (I'm guessing food truck wars) because that cast is rad.

7. SUNDAY NIGHT TV DEATHS

RIP Brian. RIP Richard. You were both beautiful snowflakes in your own special ways.

8. MEN WITH BEARDS

What's it about?

9. UNITER 30 READERS POLL 2013

"I have no opinion. Seriously, you should not make all the fields required. Normal people do not have so many opinions."

10. THAT PERSON

Voted for five super generic things and one guy who doesn't live in Winnipeg.

SOLUTIONS TO LAST WEEK'S PUZZLES.

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ARE YOU IN A NEW BAND? GOING SOLO FOR THE FIRST TIME? **LOOKING TO GET YOUR SOUNDS OUT OF YOUR PARENTS' BASEMENT?** THE JANUARY 201

VISIT UNITER.CA STARTING DECEMBER 5 FOR MORE INFO

#UNITERFIVER



THE THEATRE