

UNIVERSITY OF WINNIPEG'S WEEKLY URBAN JOURNAL

THE **U** NITER

JANUARY 17, 2013 | VOLUME 67 ISSUE 16

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COVER IMAGE

MARTIN VALACH (left) and FRANKLIN FERNANDO (right)

of local reggae band RASTAMILS

Photographed on Sunday, Jan. 13, 2013

PHOTO BY DYLAN HEWLETT

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Campus infrastructure under fire

AnX criticized for lack of community engagement as promised by university

JORDAN POWER
CAMPUS BEAT REPORTER

As the University of Winnipeg's newly renovated AnX building receives criticism of its design, rumours of the university's interference in the design process have emerged.

After opening the 42,000 square foot renovation in early 2012, the design has been criticized for not living up to the hype generated by the university prior to its construction.

Designed by 5468796 Architecture based in the Exchange District, the AnX building was intended to help transform the university into a meeting place for both students and the wider community.

The building, which houses the university's bookstore, Garbonzo's Pizza Pub, Powerland Computers and Starbucks, was advertised as a place that both enhances the campus experience and contributes meaningfully to the downtown area.

"I think that most people who pass by, that aren't students or staff, won't know (the AnX) is there or feel welcome."

- ROBERT GALSTON, RESEARCHER, INSTITUTE OF URBAN STUDIES

Robert Galston, a researcher at the University of Winnipeg's Institute of Urban Studies, said the building's design does little to invite community interaction with campus retailers.

"I think that most people who pass by, that aren't students or staff, won't know (the AnX) is there or feel welcome," he said.

A central objective of the university's Campus Development Plan, released in 2007, is to link the campus more closely with the downtown.

The plan outlines the expectation that a decentralization of the university through the construction of numerous, scattered buildings will help break down barriers to post-secondary



STEFAN TKACZYK

education and strengthen the surrounding community.

With the Portage Avenue wall of the building occupied largely by offices, Galston said the AnX does not contribute in a significant way to the visibility or presence of the university in the downtown community.

Instead, the lack of welcoming and visible storefronts on the busy street seems to separate the campus from the neighbourhood.

"It's so hidden away underneath the old loading zone," said Galston, adding that it would be much more visible if it was oriented toward busy Portage Avenue.

University of Winnipeg art history professor and Winnipeg architecture expert Serena Kes-

havjee said that it's hard to judge the AnX by any architectural standards.

"It's a space that already existed - they had to deal with certain conditions," she said.

Recognizing its shortcomings, Keshavjee said the building is far from finished.

She references plans to bring artists in to decorate the building's bare interior as well as make the street entrance more attractive and welcoming.

Although projects like the renovation of the Greyhound Bus Depot on Balmoral - the former use of the expansive building - often come with particular limitations, a number of changes were made to the project's original designs.

Often praised for their award-winning designs, 5468796 Architecture confirmed that changes were made to their original design during implementation.

Expressing reluctance to speak with *The Uniter* for this story, 5468796 would not elaborate on what those changes were.

In response to rumours that the Exchange District architecture firm was unhappy with university's final implementation of their design, 5468796 refused to comment without permission from their client.

The firm does not showcase the AnX renovation on its website as it does other projects.

As for concerns about the Portage Avenue entrance, the company said there were no alternatives to the way it was built. The firm would not speak further on the matter.

Mike Thul, director of the university's project management office and project manager of the AnX renovation, maintains the building accomplishes its goal of engaging the surrounding community.

"From a public access point of view, I think it's very inviting," said Thul. "We've seen a number of people who use the transit station come in to Starbucks, the restaurant or the lounge."

Thul said a number of changes had to be made to accommodate a corridor along the new Rice building, as requested by the Ownership Group, and changes to the restaurant space to fulfill the needs of Garbonzo's Pizza Pub.

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STREETER

BY CARSON HAMMOND

Q: WHAT IS YOUR FAVOURITE LIVE MUSIC VENUE IN WINNIPEG?



Gwen Collins, Twist Cafe employee
"The Pyramid (Cabaret), if I had to choose. If the Lo Pub were still open, though, then that would be it."



Marika Prokosh, Bison Books and U of W library employee
"I really like the new WECC (West End Cultural Centre). I think they did a fabulous job on the renovations, and it's a great place to see a show."



Destiny Steinhilber, U of W criminal justice graduate, bookstore employee
"The Garrick. I like how they have the 18+ section, but also a section for those that are underage so they can still see the shows."



Lucas Pingitore, second-year student, education
"Up until a couple of years ago, the Death Trap. Now, 555 Osborne, I'd say."

A reincarnated classic

Intimate music venue and bar adds to the core area's growing list of nighttime music destinations



DYLAN HEWLETT

Jamie Buckboro (above) leads The Sawat Team, the Monday night house band at 555 Osborne. The venue, located in the basement of a Thai restaurant south of Confusion Corner, is owned and operated by Everett King (below).

CARSON HAMMOND BEAT REPORTER

There's no question 555 Osborne, a cozy, sign-less live music venue and pub tucked away a few blocks south of Confusion Corner, has the Winnipeg market for Thai restaurant basement bars cornered.

By the looks of things, though, it has a lot more going for it than just that.

Since opening its doors a year ago, the small watering hole beneath south Osborne's late-night eatery Sawatdee Thai seems to have grown into the authentic community night-spot so many weary show-goers long for.

The venue's eclectic Monday night house band, The Sawat Team, consisting of Alex Campbell (JD Edwards Band), Jamie Buckboro (James and the Giants), Josh Ayers (Leanne Pearson), Alan Nagelberg and Sam Little (both Calabi Yau), is perhaps the perfect representation of the bar's unique feel.

"It's a really cool vibe here," says Ayers. "It's kind of like playing in your rich buddy's awesome basement."

The band, which describes itself in terms of a Thai food-booze combo as "Burt Reynolds Lettuce Wraps" and more conventionally as a "bottom 40" '60s and '70s rock cover band (they throw in a dash of contemporary, too), make a good case for this hidden gem.

"Some of the more well-known venues around town seem to be kind of dwindling as places to actually go and enjoy live music," says Campbell. "Having another place, in a different neighbourhood, where you can watch a good show and have a fun time hanging out afterwards is really special."

Stepping into 555 combines the roomful-of-regulars warmth of *Cheers* with the illicit thrill of an unadvertised speakeasy.

"I like the no-sign thing, actually," says Ayers. "Aside from a little bit of social media, it's all through word of mouth (that people hear about the venue), so you always get a cool crowd out."

That's just the type of humble atmosphere bar owner Everett King, who's known the band long before they embarked upon their weekly jam sessions, is happy to play host to.

"To be able to come into work every night and see these guys, listen to some tunes and catch up with friends - it doesn't seem like a job," says King.

Perhaps he's a bit too humble.

Since reopening the basement, which went virtually unused during the 16 years since Sawatdee Thai took over what was the original Johnny G's and Cornerboy's bar, King has managed to bring some serious talent to the intimate space.

Local favourites like The Sturgeons, The Empty Standards, Cash Grab, The Dirty Catfish Brass Band and Sons of York, along with a host of the city's best DJs (Co-op, Hunnicut, Mama Cutsworth, Brian St. Clair), are among the many artists who have already graced the venue's stage.

The bar also seems to have established itself as a veritable hotbed for newer acts looking to break into the city's music scene.

"It's a great venue for original, up-and-coming bands to showcase their sounds and try different things," says Little. "It really is an awesome opportunity for them."

Not unlike its freshest performers, the south Osborne neighbourhood is something of a greenhorn in terms of its status as a Winnipeg entertainment destination.

"South Osborne is just exploding. The whole strip is getting ready to go nuts (in terms of development)."

- EVERETT KING, OWNER, 555 OSBORNE

But that doesn't look to be the case for long.

"South Osborne is just exploding," says King. "The whole strip is getting ready to go nuts (in terms of development)."

"I think people are getting tired of some of the drama and current history there is tied up with a lot of the bars (in other parts of town)," he adds. "It's nice to be able to start fresh somewhere and start bringing in a new generation of people."

Bringing in the new without estranging the old(er), that is.

"These are the same guys that would've been at places like the Pemby years ago," says King, motioning to the band.

"It's nice to be able to bring together that same crowd, too, but in a new bar atmosphere - especially a place like this, that's been such an iconic location in the past."

The Sawat Team starts cranking out the (B-list) classics at 10:30 p.m. every Monday evening. To find out what else is going on at 555, follow the venue on Facebook or check The Uniter's weekly listings.



DYLAN HEWLETT

Youth-led anti-violence movement celebrates one-year anniversary

DANI FINCH
BEAT REPORTER

More than a year after it formed, a youth-led anti-violence movement in the North End continues to chip away at crime in the community.

Meet Me at the Bell Tower, a weekly event organized by young North End residents at the corner of Selkirk Avenue and Powers Street, celebrated its one year anniversary last October.

Michael Champagne, one of the movement's founding organizers, says Winnipeg police crime statistics prove that the movement is having an impact in the beleaguered William Whyte neighbourhood.

"We're the ones calling out to our fellow community members to make sure they know how important it is to us as young people (to not have to) bury any more of the people we love."

- MICHAEL CHAMPAGNE, ORGANIZER, MEET ME AT THE BELL TOWER

Since this time last year, homicides in William Whyte have decreased by 50 per cent and sexual assaults by 31 per cent, according to Winnipeg police CrimeStat data.

"If we can help reduce crime, then in what other ways can we offer help to our city?" Champagne, 25, said in an interview with *The Uniter* last week.

The movement held its first rally in October 2011, shortly after 15-year-old Clark Stevenson was stabbed to death in a gang dispute at the corner of Aikens Street and College Avenue.

There had been several previous attempts to address the violence in the neighbourhood from different community organizations, as well as Winnipeg police, but those efforts were not including young people, Champagne said.



DYLAN HEWLETT / UNITER ARCHIVES

Michael Champagne, co-organizer of Meet Me at the Bell Tower, is pleased with the impact the events are having on the community.

"We said, let's have a youth-led response where we're the ones that are taking the lead, and we're the ones calling out to ... our fellow community members to make sure they know how important it is to us as young people (to not have to) bury any more of the people we love," he said.

The initial plan was to only hold one rally, however, an average of 40 people continue to meet at the Bell Tower each Friday night at 6 p.m. Some meetings can be as big as 100 people

strong.

"It's crazy to think that it's been going on for so long," Champagne said.

Each rally begins with the hanging of the Banner of Hope. Champagne said it's much like a game, and the task is done by the children who attend the weekly meetings.

"Hanging up the banner is symbolic. People know that hope is in session," he said. "It's great that it's the children leading that."

The rallies haven't just sparked conversations

about local issues. Participants often talk about topics ranging from the Quebec student protests, Idle No More and the Occupy movement.

"We're kind of an activist meeting place," he said.

"All of those groups are welcome and invited to work cooperatively with us because we believe that our vision of a violence-free community is one many people can stand behind."

Winnipeg police did not grant *The Uniter* an interview.

Residents of Exchange group decry parking problems

Centre Venture, Winnipeg Parking Authority unresponsive, say critics

DANELLE CLOUTIER
VOLUNTEER

Exchange District residents and business owners will have to wait until summer to find out how the city plans to address controversial parking policies that have resulted in the closure of one business and the widespread annoyance of neighbourhood residents.

Parking in the Exchange District has been difficult for residents and business owners in the area since the Winnipeg Parking Authority (WPA) doubled the price of meter parking on high-use streets in the Exchange District on Nov. 13 and stiffened the criteria for the residential parking program, which ensures Exchange District streets are no longer eligible for residential parking permits.

Though many residents offered parking suggestions at the Exchange District Community Transportation Meeting on Nov. 21 - including many members of the Residents of the Exchange (R:ED) community association - city officials have been unresponsive.

Alissa Clark, a City of Winnipeg spokesperson, said the WPA might not offer residents alternatives to the onerous parking policies until summer.

"Rather than rush out a 'band aid' solution, our goal is to develop a long-term solution that will benefit the various users of the area," Clark said.

John Giavedoni, executive director of R:ED, an association dedicated to advocacy and community in the Exchange, said the city hasn't told him when to expect parking alternatives.

Giavedoni and other residents expected to

hear such changes to current parking policies at the Nov. 21 transportation meeting, which was organized by Centre Venture.

However, Centre Venture, WPA, Impark, and Peg City Car Co-op representatives were instead only looking for resident suggestions.

At the meeting, residents suggested the city make casual evening parking available in privately owned Impark lots.

The residents also advocated for the purchasing of land title on parking spots and allowing residents to share allocated spots by booking them online.

No direct policy has resulted from those suggestions.

MaryLou Driedger, an Exchange District condo owner and member of R:ED, recommends the city reinstate the residential parking program for the neighbourhood.

"When we purchased our condo we had no idea the residential parking program would be discontinued," she said. "Had we known we might have had second thoughts about buying. I have elderly parents and my mother is in a wheelchair. When they come to visit, particularly in winter, we park on the street and let them have our indoor spot. Without the residential parking passes this will no longer be possible."

While residents wait for the WPA to come up with parking alternatives, Joe Kerr, owner of Pixels 2.1 on McDermot Avenue, is shuttering what constitutes the largest dedicated photo gallery in Western Canada due to parking issues.

Kerr estimates his customer traffic has declined by 70 to 80 per cent since the WPA changed the residential parking pass and



DYLAN HEWLETT

Exchange District residents and business owners are unhappy with parking in the area.

doubled the fee for 143 parking pay stations from a loonie to a toonie per hour in parts of downtown and in the Exchange.

"It's going to take six months for people to get used to the new parking rates, I can't afford it," Kerr said.

Jennifer Gauthier, manager of Urban Forest Coffee Shop and Lounge on Albert Street, has noticed fewer customers since the parking fee doubled on the street.

"They're always talking about revitalizing down here and then they go do things like that so it brings less people down here," Gauthier said. "It makes it harder to live down here, to shop down here, to visit down here."

"There's not enough parking spots plain and simple."

Pam Kirkpatrick, the creative director of bakery Cake-ology on Arthur Street, argues the issues faced by residents and businesses are more the consequence of Winnipeg's culture rather than a lack of parking.

"There are parking spots all over the place, all hours of the day," she said.

"People will park and walk seven city blocks worth of parking lot space across a giant strip mall development in the suburbs to get to the box stores, but in the Exchange we all have to park out front of the exact place we are going to?"

Three current game-changers in downtown development



CARSON HAMMOND
BEAT REPORTER

AS PORTAGE PLACE IMAX PREPARES TO CLOSE CURTAINS, PLANNING FOR REDEVELOPMENT BEGINS

What was for years Winnipeg's biggest of big-screens, the IMAX theatre in Portage Place, is set to close this March after the property's owner, the Forks North Portage Partnership (FNPP), announced it had become financially unviable.

FNPP CEO Jim August, who explained the venue was unable to compete with other cinemas due to its difficulty acquiring rights to screen major new releases, said the space is a good opportunity for redevelopment.

"We want something that's really going to be a people place," said August.

Though no potential tenants have been officially approached, August suggested the space might be used for "educational purposes" - due to its aptitude as a lecture hall - or by Manitoba Hydro, for example.

"Right now we're in a very preliminary stage in terms of our planning," said August.

"Over the next few months we'll really be looking into it."

According to August, the theatre will honour its existing bookings until it ceases operation in March.



OLD MET THEATRE FINDS ITS PLACE IN CONTEMPORARY DOWNTOWN

After sitting dormant for a quarter century, the iconic Metropolitan Theatre on Donald Street has been resurrected into a new era.

The 93-year-old building, which Canad Inns purchased in 2006 and has since restored to the tune of \$20 million, now functions primarily as a high-end restaurant and lounge since opening this past December.

According to Canad Inns CEO Paul Robson, the new Met has been given a warm reception from Winnipeggers so far.

"Everyone that's been there has marveled at the attention to detail that went into restoring the theatre," said Robson. "Not to mention the great reviews of the food."

While the nostalgia factor is virtually guaranteed to draw in anyone old enough to have experienced the neo-classical marvel prior to its closing, there's

going to be plenty to attract younger crowds, too, according to Robson.

Live broadcasts of major sporting events - the return of the Jets on Jan. 19 included - are slated to take advantage of the theatre's 30-foot screen, and a number of other "unique events" are also currently in the works, he said.

Whether or not you're eager to check out the result of this massive renovation project, at least you can take it as a positive omen.

"There's some confidence in downtown these days," said Robson, who expressed excitement toward competitors' recent developments in the area.

"The more amenities, choices, and unique things there are in any downtown area adds to the overall excitement, and that makes it a place people want to be."



REVOLVING RESTAURANT TO REOPEN WITH NEW TENANT THIS FALL

Relax - it's not going to be a Salisbury House.

After over four years of sitting empty, the revolving restaurant atop downtown's iconic Fort Garry Hotel is set to start spinning once more with a fresh new tenant.

Noel Bernier, who owns Corrientes Pizzeria, co-owns Hermanos Restaurant, and is about to open a third Exchange District eatery, Brazillian BBQ Carnaval, is currently negotiating the terms of a lease deal with the space's owners.

Bernier has already announced that the forthcoming restaurant, Prairie 360, will focus on serving up locally-sourced, Manitoba-inspired dishes when it (hopefully) opens for business later this year.

A Winnipeg landmark in its own right, the space was built in 1988 at the tail end of an international revolving restaurant fad that reached its height in the '70s and '80s, and is one of well over 100 revolving restaurants operating worldwide today.

Its original tenant, the Royal Crown Revolving Restaurant, occupied the skyline site until the end of 2008.

The Royal Crown's operators cited a lack of downtown parking as the main reason for the eatery's eventual financial decline.

Bernier could not be reached for comment before press time.

Working Hard for Students



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International News Briefs

Compiled by Clara Buelow

PRESS CENSORSHIP PROTESTS CARRY ON

CHINA: Press censorship protests continue in Guangzhou, China at the headquarters of the *Southern Weekly* newspaper despite a deal on Jan. 9 forestalling an impending strike, *The Los Angeles Times* reports. This particular protest was sparked by the paper's New Year's editorial that was re-written by propaganda officials. Prior to the recent installment of a new party secretary by government officials, the *Southern Weekly* had been able to report on sensitive subjects and challenge authority. Journalists have stated that in 2012, 1,034 stories were censored. As protesters stand divided by the *Southern Weekly's* gated driveway and ideological persuasions, the question of constitutional rights, corruption and the role of the press within a communist society takes centre stage.

HEALTH OF AMERICANS RANKS 'BELOW AVERAGE'

UNITED STATES: The health of the United States has been ranked unfavourably - not only when it comes to its economy, but also its people. According to a report released by the National Research Council and the Institute of Medicine, Americans placed "below average" in infant mortality and low birth weight, injuries and homicides, adolescent pregnancy and STIs, HIV and AIDS, drug-related deaths, obesity, diabetes and more. Panel chair Dr. Steven H. Woolf blames American car culture, gun use and inadequate health-care systems. Canada ranked in the middle of the list between Spain and Sweden.

NORTH KOREAN SATELLITE PROVOKES NUCLEAR DEBATE

NORTH KOREA: In December, North Korea launched a small satellite into orbit - a first that has triggered a strong and divided response from experts and U.S. intelligence officials alike. *The Los Angeles Times* reports that intelligence officials believe that North Korea is on its way to developing a missile capable of colliding with the United States. On the other hand, certain expert groups such as the nonpartisan Union of Concerned Scientists don't see North Korean nuclear missiles as being a threat in the near future and believe their nuclear progress requires many more years of additional testing. Other experts argue that North Korea's missile program is an attention grabbing mechanism allowing the country to gain concessions from the international community.

UNEMPLOYMENT RATE HITS NEWEST HIGH

GREECE: As the Greek economy remains plagued by recession, the government imposes austerity measures and Athens cuts spending, the country has hit an unemployment rate of 26.8 per cent - the highest unemployment figure ever recorded by the European Union (EU). The austerity measures the country has taken since the 2010 bailout have been blamed for Greece's unemployment record. The number of unemployed people doubled within the two years since austerity measures were imposed, according to the BBC. The BBC also predicts that the unemployment rate will hit 30 per cent by the end of the year. Before October, Spain had the highest unemployment rate in the EU.

SPIRITUAL GURU BLAMES VICTIM IN FATAL RAPE

INDIA: As a country mourns the brutal attack and death of a young female student, public figure and popular spiritual guru Asharam or "Bapu" made remarks that the victim is as guilty as her attackers. In a video, Asharam states, "This tragedy would not have happened if she had chanted God's name and fallen at the feet of the attackers. The error was not committed by just one side." The Hindu nationalist Bharatiya Janata Party (BJP) and the *Hindu* newspaper have condemned his remarks as "unfortunate" and "deeply regrettable." The attack took place on Dec. 16 when the young woman and her friend were assaulted on a New Delhi bus by six men, five of whom are being charged with murder, rape and kidnapping. The sixth is being tried as a juvenile offender.

Campus

LISTINGS

COMMUNITY EVENTS

FEMREV COLLECTIVE is looking for artwork including drawings, paintings, photographs, stories and almost anything else that falls under the artwork category for a new zine they will be releasing. This art project is a call to respond against sexism, violence and hate that women experience across Canada and elsewhere. While women are often pieced apart and objectified, this project will work to celebrate women as whole, bringing the pieces together. Email honouringwomenszine@gmail.com for more information and to hand in submissions. Submission deadline is Jan. 25.

THE FORT GARRY WOMEN'S RESOURCE CENTRE presents OPEN CLOTHING ROOM. On Jan. 31 from 11 a.m. to 12 p.m. they invite you to #104-3100 Pembina Hwy to pick up some much needed clothing items. Their clothing room will be open for women to come down and pick out five items for free. Registration is not required. This is a women only event. Childcare is available upon request.

Join thousands of Winnipeggers at the first big party of 2013 and beat the winter blues. It's your chance to experience the tastes, sights and sounds of Louisiana without leaving town, and support a worthy cause at the same time. WINNIPEG MARDI GRAS takes place from Feb. 15 to Feb. 16 from 6 p.m. to 2 a.m. nightly at the Winnipeg Convention Centre. This year they have teamed up with the Juvenile Diabetes Research Foundation and a portion of the ticket sales go directly to them.

THE FORT GARRY WOMEN'S RESOURCE CENTRE will be hosting their fourth annual FAB FEM FUNDRAISER on Feb. 20 at the West End Cultural Centre. Local entertainment, great food and great company are on special for the evening supporting our local women's resources and giving thanks to FGWRC for 30 years of support.

MOOD DISORDERS ASSOCIATION OF MANITOBA is increasing public awareness of mental illness, depression and mood disorders for families and in particular youth through its SKATE AND STRIDE EVENT. MDAM will be educating the public on mood disorders and how to get help. Skate and Stride takes place Feb. 23 at the Forks from 1 p.m. to 4 p.m.

Manitoba's premiere food security event, the GROWING LOCAL CONFERENCE, brings together consumers, farmers, traditional harvesters and everyone in between, for two inspired days of learning and sharing on March 1 and March 2 at the Marlborough Hotel. Growing Local includes a great lineup of workshops, discussions and displays on food skills, health, sustainable agriculture, indigenous and northern issues and food justice. A limited number of conference subsidies are available. For more information or to register, call 204-943-0822 or visit www.foodmattersmanitoba.ca.

WINDOW is pleased to present its fourth installation, MESMERIZING, a nomadic movie-poster project by artist DAVID LARIVIERE. Check it out on the ground level of the Artspace Building.

ON CAMPUS

Donate blood on the lower level of the Bulman Centre on Jan. 16. CANADIAN BLOOD SERVICES will be there from 9 a.m. to 3 p.m.

THE MANITOBA LEGISLATIVE ASSEMBLY invites you to apply for their internship program. The application deadline is Feb. 14. Open to six Manitoba students in a degree program in any discipline at a Manitoba university and to permanent Manitoba residents studying outside the province. Gain first-hand experience in the legislative process and work with Members of the Legislative Assembly and their caucuses in policy research. Students must have graduated by September 2013.

THE EMPLOYEE AND FAMILY ASSISTANCE PROGRAM is available to all regular University of Winnipeg employees. As part of this program, Shepell-fgi offers a wide range of seminars on a variety of physical, emotional and general well-being topics. All seminars are lunch 'n' learn format, 60 minutes in length, with a facilitator on site. Human Resources at the U of W would like your feedback on which seminars you would be most interested in attending. Visit www.uwinnipeg.ca/index/hr-benefits-education for more details.

VOLUNTEER OPPORTUNITIES

Currently, 20,000 Canadians are diagnosed with dementia and the ALZHEIMER SOCIETY OF MANITOBA is looking for volunteers to help with canvassing, data entry and answering the phones for their helpline. If you are interested in helping out this month please contact Trudy at 204-943-6622 or email tmattley@alzheimer.mb.ca.

The N.E.E.D.S. CENTRE (Newcomers Employment & Education Development Services) is currently looking for volunteer mentors. Mentors connect newcomer youth to the community and engage them in educational and recreational activities. Hours are flexible and a commitment of six hours per month for one year is necessary. For more information contact mentorship facilitator Steph Minor at steph@needsinc.ca or 204-940-1268.

THE SILOAM MISSION offers hot meals, clothing, emergency shelter, holistic health care, employment and life-skill training to the homeless. Volunteer opportunities include food services, clothing, entertainment, events, health care and administrative. Visit www.siloam.ca for more details about the types of volunteering opportunities they have to offer.

The UWSA and U OF W'S CAMPUS SUSTAINABILITY OFFICE

are planning the details of this year's sustainability festival. Will you contribute? THE GRASS ROUTES SUSTAINABILITY FESTIVAL is an opportunity for us to collaborate with partners beyond our departments on issues of sustainability, to think creatively about how to celebrate the talent and creativity at U of W, and to experience a shared sense of campus community. Email sustainability@uwinnipeg.ca or call 204-789-1478 for more details on how you can help.

Do you want to meet a new friend and learn about a new culture? Do you have an hour to spare each week? If so, consider becoming a language partner as a part of the University of Winnipeg's LANGUAGE PARTNER PROGRAM. Contact Julie McKirdy at 204-982-1151 or visit www.uwinnipeg.ca/index/elp-partner for more information.

THE WRENCH, a non-profit organization that strives to make bikes and knowledge of bicycle repair and maintenance accessible to the public, is looking for bike mechanics and all-around bike enthusiasts. No experience required. Contact THE WRENCH at programs@thewrench.ca or 204-296-3389.

WAYFINDERS is an in-school and after-school mentorship program that provides high school students, who come from diverse backgrounds and reside in the Maples, with the supports and encouragement needed to graduate high school, and make a successful transition to post-secondary training or education. Wayfinders is looking for individuals who would like to use their educational and/or professional training to tutor high

flexible.

If you are interested in volunteering, contact Wade Parke at wadep@ircm.ca or give him a call at 204-943-8765, extension 23.

To volunteer for the UNIVERSITY OF WINNIPEG STUDENTS' ASSOCIATION fill out an application on their website, theuwsa.ca, or grab an application from their office in the Bulman Centre.

To volunteer for the UWSA FOOD BANK email foodbank@theuwsa.ca, or grab an application from the UWSA office in the Bulman Centre.

THE UNITER, the weekly rag you are holding right now, is looking for contributors. See your words in print or your photos and drawings on the page. Email Aaron at editor@uniter.ca.

THE WEST BROADWAY YOUTH OUTREACH CENTRE is always looking for more volunteers to help with a variety of programs including sports, tutoring and other programs to benefit inner-city youth. Call 204-774-0451 or stop by 222 Furby St. to offer your skills.

THE SPENCE NEIGHBOURHOOD ASSOCIATION is looking for volunteers to help with their programming. Interested volunteers can download a volunteer application form at spenceneighbourhood.org or call 204-783-5000 for more information.

RUPERT'S LAND CAREGIVER SERVICES RING-A-RIDE PROGRAM needs drivers to take clients residing in South West



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U-Pass negotiations find tension before they begin

JORDAN POWER
CAMPUS BEAT REPORTER

As student groups and Winnipeg Transit are set to begin negotiations on the creation of a universal bus pass this week, the two groups are at odds over how soon it will be implemented.

Zach Fleisher, vice-president advocate of the University of Winnipeg Students' Association, told *The Uniter* last week he hopes to have the U-Pass in student hands by September 2013 - one year earlier than Transit says is possible.

"We definitely have student support to move forward," said Fleisher, adding the UWSA, along with the University of Manitoba Students' Union, is prepared to mobilize students to lobby city hall if it's necessary to get the pass finalized by the next academic year.

In addition to student backing, Fleisher cites letters from University of Winnipeg and University of Manitoba administration as indicators of their support.

Bilan Arte, UMSU president, said the recent \$4.65 hike in the cost of monthly student transit passes is an incentive to get the U-Pass implemented by fall.

"The principle goal is for students to have affordable transit year-round when they're already paying so much for post-secondary education," Arte said.

As Transit prepares for negotiations, the city says implementing a pass for September 2013 is highly unlikely.

"The earliest the U-Pass could be implemented is September 2014," city spokesperson Alissa Clark wrote in a statement to *The Uniter*, adding that Transit is still working on cost estimates of the program.

According to Clark, current ridership rates are approximately 70 per cent at the U of W and 50 per cent at the U of M.

Although both the student unions and Transit expect the U-Pass to increase ridership at both universities, how large of an increase remains to be seen.

"The estimate of increased usage depends a lot on the outcome of the meetings we will be holding soon with the UWSA and UMSU," Clark said.

Transit will be monitoring all routes and adjusting services and routes to meet the demands of any increase in ridership, she added.



DYLAN HEWLETT

RAPID TRANSIT COULD BE LEVERAGE:
COUNCILLOR

City Coun. Jenny Gerbasi is not certain the pass will be available this year either, but is confident the city's plans to prioritize a \$350-million extension of the Southwest Transitway will help move negotiations along.

After a three-year funding debate between the city and other levels of government, Mayor Sam Katz recently committed \$137.5 million to completing the second leg of the corridor.

"If anything, there's an impetus," Gerbasi said. "There's a sense of momentum now that the city has made that commitment."

The province has pledged \$116.7 million to the project; however, the federal government has not confirmed a \$75 million contribution requested by the city.

Jino Distasio, director of the Institute of Urban Studies at the University of Winnipeg, also sees the city's commitment to extending the new corridor as an aid to the student unions' negotiations with Transit.

"The initial hope was to get more university students taking the bus," Distasio said. "It (the rapid transit corridor) should be used as a leverage point."

According to Distasio, support of U of M students, who will likely use the new corridor, should carry some weight in the coming negotiations.

"We're at a point where people realize that you have to have these things for students," he said.

"If there is a challenge, it will be in considering the revenue for the city and transit."

The students unions are confident a rev-

U-PASS

The universal bus pass gives all undergraduate students at the University of Winnipeg and the University of Manitoba the ability to access all Winnipeg Transit services anytime, anywhere those services are provided, at a reduced rate. The pass would only be valid during the academic year, September to April. U-Passes have been implemented in 25 Canadian cities with more than 50 participating institutions.

THE REFERENDUM

A referendum passed at both universities that showed student support in the UWSA and UMSU initiating negotiations with Winnipeg Transit and the city. The UMSU referendum passed with a 74 per cent margin. The UWSA's passed with 81 per cent of voters in favour.

FUNDING

The cost for Winnipeg Transit to provide a U-Pass to both universities is \$283 per student. The student unions have asked the city and provincial governments to commit \$133 per student (approximately \$5 million per year), allowing students to cover the remaining \$150 dollars as an increase in tuition fees.

The UMSU has received a mandate of negotiating a pass for \$85 per semester or less for each of the 34,000 undergraduate students at the universities. The unions hope to give those students that live in rural areas or with physical disabilities the opportunity to opt out of the pass.

enue-neutral deal can be struck with Transit through student costs and subsidies of \$133 per student per year paid by municipal and provincial government.

In November, 81 per cent of U of W students voted in favour of the pass in a referendum. At the U of M, 74 per cent of students voted in favour.

Red River College Students' Association did not hold a referendum, which had been supported by former president Garret Meisner, and is not pursuing the pass.

Other universities across Canada have already implemented successful U-Passes.

Edmonton saw bus ridership among undergraduate students double as a result of a U-Pass agreement with several schools. However, a referendum was not passed until a U-Pass concept and price that appealed to students was negotiated.

'The value was in the whole experience'

Women's basketball team trains in Germany, blogs about experience

JORDAN POWER
CAMPUS BEAT REPORTER

Just as soon as the Wesmen women's basketball team began a month-long break from regular season games, they were packing their bags and heading overseas.

For the first week of December, the team travelled to Europe to train in Bonn, Germany.

The trip was funded by the players themselves and intended to expose them to semi-pro basketball in Europe.

"We were part of a semi-pro combine camp. We got to scrimmage against these players in Germany," said head coach Tanya McKay, proudly adding the women actually defeated one team.

Most of the players at the camp came from the United States to be scouted, hoping to play basketball professionally somewhere in Europe. Practicing with players at that level was an invaluable experience for McKay's team.

"Individually they see where they're at, and what they can do if they go on to play semi-pro," she said.



SUPPLIED

The Wesmen women's basketball team travelled to Europe this past December to train in Bonn, Germany.

However, the true benefit of the trip was in the cultural experience shared by the team.

The trips are meant to motivate the players and give them a memorable life experience, McKay said.

The teams stayed with a number of home-stay families while in Germany, foregoing the comfort of hotel rooms to experience the distinct culture of their destination.

"The value was in the whole experience, the culture shock, the fast pace," she said. "It's different, the food is different, there's a

language barrier and your cellphone doesn't work."

The team has previously been to England for similar training sessions, and is considering travelling to Israel in the near future.

These trips are not meant only to improve the players' skills on the court, but also to improve their sense of the world and appreciation for what it has to offer.

Throughout their travels, fourth-year post Lauren Anderson kept a blog entitled Wesmen Women Abroad.

"She likes to do that kind of thing," McKay said, adding it was easier than sending text messages to communicate with fans, family and friends back home.

The blog, initiated by Anderson, received an overwhelmingly positive response from readers.

Documenting the trip, the blog includes training sessions and trips to the Bonn Christmas Market.

To read more about the trip, visit <http://wwbabroad.blogspot.ca>.

Comments

Idle No More not slowing down

Revolution for First Nations people just beginning



MICHAEL WELCH
VOLUNTEER STAFF

"We have had enough. Our young people have had enough. Our women have had enough ... the Idle No More movement has the people, it has the people and the numbers that can bring the Canadian economy to its knees. It can stop Prime Minister Stephen Harper's resource development plan."

- Assembly of Manitoba Chiefs Grand Chief Derek Nepinak

So, how about that Idle No More?

As a veteran organizer and activist, I feel that just being able to mobilize people by the tens of thousands, especially at Christmas time, is an achievement in itself.

Political observers and no doubt government politicians themselves are scratching their heads trying to figure out how this happened.

It all began with four women in Saskatchewan: Nina Wilson, Sheelah McLean, Sylvia McAdam and Jessica Gordon, who say they shared a common vision for protecting Mother Earth and humanity from destructive government initiatives.

Their concerns soon focused around the recently passed Omnibus Budget Bill C-45, the so-called Jobs and Growth Act.

Critics argue this bill would impact First Nations' control of their land and undermine the protection of bodies of water previously provided by the Navigable Waters Act.

This would, they argued, make it easier for extractive industries like mining and forestry

to proceed with their operations on or near First Nations land.

Soon, these four women started organizing public events to educate the public about the legislation.

In short order they were networking with mostly youth organizers in cities across the country.

In a few short weeks, the core networks were established and the movement put on its first major cross-Canada event.

The Dec. 10 National Day of Solidarity and Resurgence was geared toward asserting the inherent rights of sovereign First Nations across the country, including a rally outside the Manitoba Legislature in Winnipeg.

This was the day that sparked the flames of a new and unprecedented resistance in Canada.

Adding fuel to those flames was, of course, the hunger strike of Attawapiskat Chief Theresa Spence.

Started immediately after the Day of Solidarity and Resurgence, on Dec. 11, Spence began her action outside Parliament Hill.

She took on this desperate and dangerous gambit in order to pressure the prime minister and the Governor General to meet with First Nations leaders and resolve the crises afflicting First Nations across the country.

Raymond Robertson of Cross Lake First Nation and other sympathisers have also joined the fast.

The bad news for the movement is that C-45, the bill that instigated the unrest, has been passed by Parliament.

Likewise, the hunger striking chief and a significant following of First Nations leaders



MARKO BARAC

boycotted the planned Jan. 11 meeting with the prime minister.

This meeting turned out not to be the requested "nation to nation" dialogue that should have included not only the prime minister but a representative of the Crown, with whom the original treaties were signed.

Thus, not much has changed in terms of dealings with the Canadian government.

The good news, from the standpoint of Idle No More, is that the prime minister's obstinacy, together with the passionate expression of Idle No More's concerns and the social networking tools that facilitated Occupy Wall Street, has brought us close to a revolutionary opportunity for meaningful and positive change.

It is not just a political revolution, but a spiritual one as well.

Everyone I've met and spoken to who has taken part in these Idle No More flash mobs and round dances speak of the empowerment and unity they feel listening to the sacred

drumming, and holding the hands of strangers as they dance in occupation of a public space.

Not only is the movement not showing any signs of slowing down, it is spreading beyond Canada's borders. During the holiday period, Idle No More solidarity actions took place in Los Angeles, San Francisco, London and Cairo, among others.

If there is a Canadian story making international headlines, it is this one.

And while the press might try to distort the issues in play, they cannot ignore this movement.

As a long-time activist in the Winnipeg community, I see this sea change as a welcome development, and am eager to see how it plays out.

Ancestors, guide us!

Michael Welch is news director at CKUW 95.9FM and host of the Global Research News Hour.

Django entertains, but a social commentary it is not

Tarantino's latest film isn't engineered for 'deeper meaning'



HARRISON SAMPHIR
ONLINE EDITOR

Still, after more than two weeks, acclaimed director Spike Lee's tweet seems to perfectly encapsulate viewer anxieties surrounding one of 2012's most successful films, *Django Unchained*.

"American Slavery Was Not A Sergio Leone Spaghetti Western. It Was A Holocaust. My Ancestors Are Slaves. Stolen From Africa. I Will Honor Them" (sic).

In Quentin Tarantino's latest picture - a pop violence exposé set in the southern United States at the apex of slavery - Jamie Foxx portrays Django, a slave who is freed by a German dentist-turned-bounty-hunter played by Christoph Waltz before embarking on an epic and bloody quest to be reunited with his wife, Broomhilda (Kerry Washington).

Lee's comments are an important place from which to begin any discussion of *Django*.

The filmmaker partly responsible for the revitalization of afrocentricity in the United States, manifest in works like *Do the Right Thing* (1989) and *Crooklyn* (1994), famously confronted Tarantino in 1997 after the release of his fifth film *Jackie Brown* - a critically acclaimed crime drama that, similar to *Django*, featured gratuitous use of racist language and imagery congruent with 1970s blaxploitation flicks like *Shaft* and *Superfly*.

Lee took issue with Tarantino's haphazard use of black actors in the service of white audiences and considered his screenplay and subject matter problematic on many levels.



AYAME ULRICH

In a now well-known interview with *Variety* magazine, Lee asked of Tarantino, "What does he want to be made? An honorary black man?"

Expectedly, no response was elicited. But Lee would remain a staunch critic of Tarantino's for years, never shying away from a war of words that invariably centered around race, and remaining one of the few dissenting voices in an industry overwhelmingly supportive of the latter's work.

Now the confrontation has begun anew, focused this time on a film that - regardless of its historical context, adult language and gory violence - is a classic redemption story with an ensemble cast including Leonardo DiCaprio and Samuel L. Jackson.

So is *Django* a racist film? Is it even a social commentary at all? Does it exploit its black actors - as Lee

claims it does - for the benefit of giddy white audiences who, lacking any spiritual, cultural or ethnic connection to slavery, perpetuate intolerance and apathy?

Did Spike Lee just miss the point? The answer to all of the above is conclusively *no*.

Django Unchained may contain over 100 instances of the n-word, explicit portrayals of slavery and unsightly bodily harm, but it is also situated within a fantasy world largely disconnected from reality.

The result is a surrealistic homage to film history - and a tip of the hat to cinephiles everywhere - rather than a focused depiction of 19th century American society.

Just as Tarantino's 2009 effort *Inglourious Basterds* was not a film designed to comment on the Second World War and the Jewish experience, *Django* is not at all a film about

slavery vis-à-vis the African American condition as it exists today.

In this capacity, *Django* is not a social commentary. It is a raunchy escapade of violence and over-the-top racism that reaches the point of farcical interpretation; Foxx's character riding on horseback through the cotton fields of one Texas plantation dressed in vibrant royal blue costume, gunning down his old slave masters, is a striking example.

Some critics have even toyed with the addled and surely lofty assessment that *Django* represents post-racial attitudes in modern America - a sign that, surely, if such a film can be made, "we have come a long way."

It seems that these overtly academic critiques miss the point of Tarantino's film even more blatantly than Spike Lee, a man who has never seen it.

Whatever the case, *Django* is an entertaining film.

It features stellar acting, elaborate costume design, hilarious dialogue and an ending befitting of any Tarantino production.

It may not solve, or even comment on, racial and class stratification in the United States, or the entrenched consequences of historic slavery, but it doesn't really have to, either.

For the rest of us whose names are not Spike Lee, perhaps it is time to turn the lens away from innocuous filmmaking, and onto social action for the problems of history, race and society to be dealt with in a real way.

Harrison Samphir is The Uniter's online editor. He has a history degree from the University of Manitoba.

Arts

'We were already having a sound and vibe that were making people stop'

Local reggae band RasTamilis gears up for a show as its lead singer prepares to return to his home in Sri Lanka



DYLAN HEWLETT

Franklin Fernando (left) is originally from Sri Lanka. He fronts the local reggae band RasTamilis, which includes lead guitarist Ryan McElhoes (right).

MATT PREPOST
NEWS PRODUCTION EDITOR

While most Canadian twenty-somethings agonize over the minutia of poor job prospects and their grade point averages, Franklin Fernando is debating whether to return to his native Sri Lanka to fight for the rights of his people, the oft-demonized Tamils.

And while most Canadians rant in verbose perpetuity about their "first world problems," the 21-year-old chooses to express himself differently, through the simple *rid-dims* of reggae.

For anyone who's caught RasTamilis live since they formed in 2010 - from wedding dancehalls to street festivals to the sidewalks of Wolseley - it's no secret the 21-year-old vocalist and songwriter is outspoken about the struggles Tamils face in Sri Lanka.

"I look at reggae and it's coming from people who are suffering and singing about the pain of everyday life and how to carry on."

- FRANKLIN FERNANDO, RASTAMILIS

Ahead of the band's show Friday, Jan. 18 at the Times Change(d) High & Lonesome Club, Fernando is confirming some quick facts on the country's decades-long conflict between the Sinhalese, who comprise 75 per cent of the population, and the minority Tamils.

Stemming back to the 1950s, shortly after Sri Lanka gained back its independence from Britain, rising tensions between the two groups led to a 25-year civil war that claimed around 100,000 lives before ending in 2009.

Over Facebook at the 11th hour before deadline, Fernando wants to switch to a more secure connection with less of a text trail in order to confirm the details.

"Do you have Skype?" he asks. "It would be better to talk there."

Born in Winnipeg, Fernando spent most of his childhood growing up in south Sri Lanka under the safeguard of his father, a Sinhalese government member who sheltered his Tamil wife and her family during the civil war.

Fernando returned to Winnipeg in winter 2007, and by the end of this year, plans to return home; this time, to north Sri Lanka, to connect with his Tamil roots and help his people rebuild what the war took away.

"Most Tamils don't have a quality of life," he says. "There's no clean water. You have to travel for miles. Food is scarce."

At the foot of his bed, he's taped a scribbled reminder of how he's to get back home:

Use your time wisely. Stop partying around if you wanna fucking achieve your dream! Time is gold.

RasTamilis traces itself back to Canada Day 2010, when Fernando met Martin Valach at a late night drum jam at the bottom of an Osborne Village stairwell.

"From there we were already having a sound and vibe that were making people stop," Valach recalls.

Valach, 39, is a familiar face in Winnipeg's reggae circle for his involvement in Jah Vibes and Rebel Force. He's also much like Fernando: a blend of two cultures, half-Jamaican, half-Czechoslovakian, known for banging on ice cream buckets since he was six as much as he is for the length of his dreadlocks, which he's been growing since he turned to rastafari when he was 19.

The duo is bolstered by the eclectic ensemble of Wendell Parke (keyboards), Dan Moroz (saxophone), Christian Dedoin (bass), Ryan McElhoes (lead guitar), Daniel Thau-Eleff (harmonica), Matthew Walden (trumpet), Jon Amadatsu (trombone), and producer J. Riley Hill.

The band recorded its debut EP, *It's A*

Dream, in a basement and released it independently last April. From the beats that bounce beneath Fernando's unmistakable wailing, the seven tracks boast a youthful exuberance that calls for political peace and spiritual enlightenment.

"I look at reggae and it's coming from people who are suffering and singing about the pain of everyday life and how to carry on," Fernando says.

"Let's not try to kill ourselves and kill each

other," Valach adds.

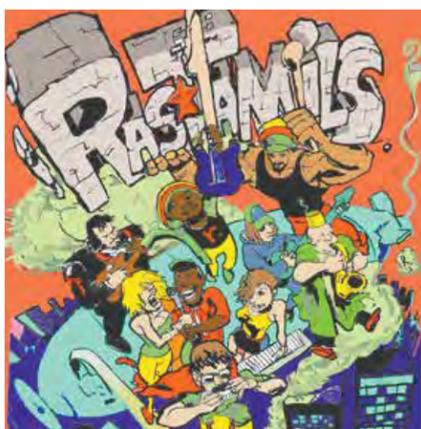
"Let's help each other continue on. Let's live internally, if we can, eh. We're energy, so we're supposed to live forever."

- ⇒ See RasTamilis perform at the Times Change(d) on Friday, Jan. 18
- ⇒ The Noble Thiefs will also perform
- ⇒ Admission is \$10 at the door
- ⇒ Show starts at 9 p.m.
- ⇒ Visit www.tinyurl.com/RasTamilis

CD REVIEW

LOCAL GROUP PROVES THAT POWERFUL REGGAE CAN EMERGE FROM ANY SETTING

HARRISON SAMPHIR
ONLINE EDITOR



RasTamilis
It's A Dream EP
Independent

★★★★☆

Formed in July 2010, RasTamilis is a rising Winnipeg soul reggae band that projects themes of social

justice, life, and revolution in its music that is at once sonically groovy and ambitiously international.

Like a coalescence of Slightly Stoopid, Sublime and The Wailers, RasTamilis' debut EP, released April 2011, exudes the revolutionary consciousness of early reggae while blending soul, ska, and jazz elements into its seven tracks.

Familiar to those who witnessed the group's performance at last year's Sherbrook Street Festival, *Life Full of Grief*, is an uplifting protest song punctuated by smooth guitar arpeggios and overlaying trumpet solos, reinforced with backup vocals and an ever-present lively harmonica.

But the eclecticism of RasTamilis' instrumentation is not the group's only significant attribute. Atop its colourful musical stylings rests an emancipatory vision of the world fueled by the positivist songwriting of Fernando and his inclusive lyrics that acknowledge not a singular culture or movement, but *human society* as a whole.

On the EP's closing track *It's a Dream*, Fernando reminds listeners that on the quest for freedom, we must all work hard and fight passionately to achieve it - regardless of nationality, culture or skin colour.

While it is certainly early days for RasTamilis, the band has proven on its first disc, and through its live performances, that, despite lo-fi budget production, powerful reggae can emerge from any setting.

DANCE

Hips don't lie

Forget the gym: GaiaPente Belly Dance offers classes that will help you stick to those pesky New Year's resolutions

JESSICA BOTELHO-URBANSKI
ARTS REPORTER

It's mid-January - that precarious time of year when the novelty of New Year's resolutions to get fit are starting to wear off... or have already dissipated.

Hitting the crowded gym is only bearable for so long before finding an alternative is in order.

Cue GaiaPente Tribal Fusion Bellydance.

Tara Cole-McCaffrey and Erinne Roth have spent the last 10 years practicing and teaching American Tribal Style or Fat Chance Belly Dance.

Both names refer to a newer branch of belly dance, which popped up in San Francisco in the '70s.

An alternative to classic Egyptian or beledi dance styles, American Tribal Style fuses Middle Eastern, North African and Indian influences (among others), and has gained worldwide recognition for its more grounded, improvisational approach.

GaiaPente recently noticed a surge of interest from Winnipeggers embracing this culture.

"It's growing really fast right now," Roth says. "It's taken off in the last two years."

"It's still a subculture, there's maybe 100 women doing it (in Winnipeg), but it started with maybe 30 back in the day," Cole-McCaffrey echoes, literally, from their gigantic shared studio space in Artlington Gallery.

Roth and Cole-McCaffrey teach two classes every Thursday night from Jan. 10 to March 7 that focus on two different veins of



SUPPLIED

American Tribal Style: Arabic (from 7 p.m. to 8 p.m.) and Ghawazee (from 8:15 p.m. to 9:15 p.m.).

Both classes are open to drop-ins and welcome dancers of all ages and skill levels.

GaiaPente's inviting atmosphere is a perfect introduction to this foreign genre, and their passion for teaching and engaging students is obvious.

"It's a lot of fun, and (working together) allows us to do a lot of things that we wouldn't be able to do separately," Cole-McCaffrey says.

"Like giving each student individual attention in the class and having different levels," Roth adds.

When the duo isn't teaching dance, they're showcasing their talents on various platforms

throughout the city.

They have performed in clubs with DJs, at private venues, and at many festivals, such as the Manitoba Electronic Music Festival and the Osborne Street Festival.

However, you've most likely seen them at the Winnipeg Folk Festival - and no, you weren't hallucinating.

"We usually do a full show at the base of Pope's Hill with the fire dancers," Roth says.

Roth has come a long way from her small town upbringing in Saskatchewan to belly dancing at Pope's Hill.

"I was raised as a Mennonite and had never danced," she says. "There wasn't a lot of access to dance in my community, but there was access to all other kinds of weird things, like gymnastics and figure skating."

Cole-McCaffrey acknowledges that belly dance can be just as strenuous as most sports for someone unaccustomed to the exercise.

"People tend to think it looks so flowy and serpentine, so they think there's not much involved. But the core strength required to do it is extremely taxing. So it's good, you'll work up a sweat."

GaiaPente Tribal Fusion Belly Dance offers classes Thursday nights at the Artlington Gallery (618 Arlington St.) from Jan. 10 to March 7. First class runs from 7 p.m. to 8 p.m. and the second runs from 8:15 p.m. to 9:15 p.m. Both are open to dancers of all skill levels. Drop-in fee is \$15 or \$96 for the full eight weeks. Visit www.gaiapente.com for more information.

VISUAL ART

Jeff Funnell's five favorite underrated artists

JESSICA BOTELHO-URBANSKI
ARTS REPORTER

A new bi-weekly feature in The Uniter's arts section will ask people in the arts community about five of their favorite things, be it songs, movies, Pokémon cards, you name it. If you have a suggestion for someone you'd like to see featured in this section or a topic you would like us to talk about, e-mail jessica@uniter.ca.

Jeff Funnell is a Winnipeg artist through and through. Admittedly isolated and underrated, the only reason he stays in this city is because his cat is here and won't let him leave.

"My cat's name is I Love You, so that way I tell him I love him all the time," the artist says during a visit to his studio and home in the Exchange District. "Every time I try to move away from Winnipeg, he gets sick. So I have to stay and take care of him, and he gets better."

Cats are one of the recurring motifs in Funnell's artwork, with hundreds of multi-colored felines popping up on gigantic canvases throughout his space on Arthur Street. Though Funnell's works are colorful and lively, the public hasn't always rightfully appreciated his paintings and drawings.

"Winnipeg is a tough crowd," Funnell says. "Apparently Winnipeg, according to the old Vaudeville actors, was the toughest place to play. And I believe it! Because you know, we're really not all that interested."

"I think Winnipeg has a strange relationship with their artists," he continues. "They underrate art in general in Winnipeg."

A former University of Manitoba student and professor in the Fine Arts faculty, Funnell's career has had its ups and downs, though he's focused primarily on the downs.

"I've worked here for 40 years and the

Winnipeg Art Gallery doesn't own one of my pieces. So when I was having my show at the Plug In, I wanted them to put that I was the 'least successful' artist showing ... but they didn't put that," he says with a laugh.

Here are five of Funnell's favorite, underrated artists of all time:

DON REICHERT

"He was one of my teachers (at the University of Manitoba), so he's quite well known. But for some reason in Winnipeg, he's never become as famous as, say, Leo Mol. Leo Mol is someone that Winnipeg recognizes the most - I mean they built him a garden. I think Don Reichert is a far superior artist, but because he does abstract work I think that Winnipeg doesn't really respond to anything."

ANN FALLIS ELLIOT

"She's a ceramicist who lived most of her adult life in New York. I knew her in school. Now she's moved back to Carberry and works there. She's getting recognition but it's just that I think (all) these people should be really supported and encouraged. And people should be happy that they live in their community."

JAKE KOSCIUK

"He's a young painter, kind of an abstract painter. He does many different kinds of work, sometimes its abstract, sometimes its figurative. And he's really under-appreciated."

ELAINE STOCKI

"She's a photographer who has gotten into painting recently and is very talented."

JEFF FUNNELL

"And of course, me."



JESSICA BOTELHO-URBANSKI

The self-deprecating Winnipeg artist Jeff Funnell loves his cat and occasionally loves Winnipeg, too.

Funnell's latest exhibit, Notes from the Inquest: Essay and Drawings, is showing now at the Plug In Institute of Contemporary Art (460 Portage Ave.) until Sunday, Jan. 20.

The works in this exhibit were inspired by the murder inquest of Northern Manitoba Cree Chief, J.J. Harper that took place in 1988.

Don't panic, it's nothing major

Maryland punk quartet All Time Low returns to an indie label and Winnipeg

DEBORAH REMUS
VOLUNTEER STAFF

After a brief stint on Interscope Records, Maryland's favourite punks, All Time Low, returned back home to indie label Hopeless and the band couldn't be happier.

"I can't speak for how every major label operates, but I think what we benefit from is having a team that totally understands this band and understands what we're trying to achieve," singer/guitarist Alex Gaskarth says.

"In the end I think the problem was basically being a small fish in a big pond."

The band, also comprised of Jack Barakat on guitar, Zack Merrick on bass and Rian Dawson on drums, formed in 2003 when the guys were still in high school, snatching its name from a line in a New Found Glory song and playing lots of Blink 182 covers.

The quartet released its debut in 2005 before signing to Hopeless for its next two records and touring with the likes of Fall Out Boy.

Near the end of 2009, All Time Low made the transition to Interscope and released *Dirty Work* in 2011.

That record received a lukewarm response from some fans, but Gaskarth is mostly pleased in retrospect.

"I love what we did on that album, I just don't think it was handled the right way with our label situation," he says.

Last year, the band announced its reunion with Hopeless and that it would be releasing its fifth full-length record in October 2012.

"A big part of us returning was the familiarity," Gaskarth says. "There wasn't a courting period, there wasn't a time period where they had to learn us and we had to learn them. It was just business as usual."



MEGAN THOMPSON

The title of All Time Low's new album was inspired by *The Hitchhiker's Guide to the Galaxy*.

The end result was *Don't Panic*, a 12-track pop-rock record with more than just the usual catchy material.

"This record is more focused to tell a story, which I think is important in this day and age when everything is so driven by singles. We wanted to tell the story of the transition from major label to indie label and everything else that was going on in our lives during that time period."

The album title was inspired by Douglas Adams's *The Hitchhiker's Guide to the Galaxy*. "Despite everything going on, the abil-

ity for us to sit back, not worry and get on with the next record was important," he says. "The best thing you can do is not panic and just roll with it."

All Time Low kicks off a series of Canadian shows this month and will be at the Burton Cummings Theatre on Monday, Jan. 21 for a co-headlining set with Hopeless labelmates Yellowcard.

This will also be the group's third Winnipeg show in less than two years.

"There will definitely be an emphasis on the new album because we're so passionate

about it," Gaskarth says. "But we have a lot of records and songs people love so we're still going to try and play as much other stuff as possible too."

- ⇒ See All Time Low at the Burton Cummings Theatre on Monday, Jan. 21
- ⇒ Yellowcard and Fireworks will also perform
- ⇒ Show starts at 8 p.m.
- ⇒ Tickets are \$41.75 and available through Ticketmaster
- ⇒ Visit www.alltimelow.com

MUSIC LISTINGS



THURSDAY, JAN. 17

WINNIPEG YOUTH ORCHESTRA CHAMBER PLAYERS perform in the Carol Shields Auditorium at the Millennium Library.

THE LUCAS SADER PROJECT's next event, *New Beginnings*, which takes place at Arkadash Bistro & Lounge (268 Portage Ave.).

It's Draft Night at the Windsor and I wouldn't miss it if I were you. THE HOOTS and THE BAD NERVES are playing.

FRIDAY, JAN. 18

WYLD STALLYNS play all the '90s hits you can handle at 555 Osborne.

ROCKIN' WITH THE RHINOS are at the Thistle Curling Club.

MERCY MERCY plays McNally Robinson.

THE BARRELHOUSE is a honky tonk dance party at the Windsor.

CROWDUST would like to smell you and your friends at Ozzy's.

THEY SAY that you should go to their show at the Zoo.

LES SEXY release their album *Polychrome* at the West End Cultural Centre.

SATURDAY, JAN. 19

SABBATORY, ZOMBIE ASSAULT and SOLANUM play the Windsor.

MOSES MAYES has the cure for winter at the Pyramid Cabaret.

SUNDAY, JAN. 20

Music on the ice at the Forks with DJ CO-OP and HUNNICUT.

MONDAY, JAN. 21

JOHNNI SPLASH is at the Palomino.

INTO ETERNITY will be at the Zoo with their friends in GRAND MASTER.

Karaoke at the Rose 'n' Bee.

Karaoke at Club 200.

TUESDAY, JAN. 22

Karaoke at the Rose 'n' Bee.

WEDNESDAY, JAN. 23

The Park Theatre is poppin' with THE BLISTERS, TWIST CONE and KIERAN WEST and his BUFFALO BAND.

CHOKE, BRILLIANT BASTARDS and SP 'N' ATOM play the West End Cultural Centre.

UPCOMING EVENTS

BIG FUN is back from Jan. 24 to Jan. 27! Visit www.bigfunfestival.com for show information.

TRIO BEMBE and RAMBLIN DAN FRECHETTE play the Park Theatre on Jan. 25 as part of the Nu Sounds Series.

DON ROSS, the man with the magic fingers, tickles the West End Cultural Center on Jan. 25.

JENNY BERKEL, KAYLA LUKY and JD EDWARDS play together at the Millennium Library on Jan. 26.

THE TRAGICALLY HIP play the MTS CENTRE on Jan. 26.

OH MY DARLING invite you to join them for the release of their latest album, *Venez Danser*, with FIRE & SMOKE at the West End Cultural Centre on Jan. 26.

SARAH SLEAN with IAN KELLY at the West End Cultural Centre Feb. 21.

The West End Cultural Center and Big Fun Productions present TRUST with ERAAS and KINDEST CUTS at the West End Cultural Centre on Feb. 28.

GET YOUR LISTINGS
INTO THE UNITER.
EMAIL INFO TO
KEN AT LISTINGS@
UNITER.CA.



Bryann

"I don't like to be bulky in the winter. Having to be warm doesn't mean having to be dumpy."

FASHION STREETER

The Uniter Fashion Streeter is an ongoing documentation of creative fashion in Winnipeg inspired by the Helsinki fashion blog www.hel-looks.com. Each issue will feature a new look from our city's streets and bars in an attempt to encourage individual expression and celebrate that you are really, really good looking.

DYLAN HEWLETT

Culture

FOOD

Naan of your business

Downtown restaurant would benefit from a more detailed menu

MELANIE DAHLING
VOLUNTEER STAFF

Arkadash Bistro & Lounge

268 Portage Ave.

Winnipeg is quickly becoming known as a great place to find delicious food from across the globe, so I was eager to check out Arkadash Bistro & Lounge to see what they contribute to the diverse local food scene.

“Arkadash” is the Turkish word for “friend” and the menu offers Turkish, Middle Eastern, Moroccan, Italian and French cuisine.

The building - formerly home to The Chocolate Shop - has undergone an impressive makeover.

The appetizers aren't described in the menu at all, not even the curiously named “toenail of a dog.”

The décor is fresh, light and stylish while remaining comfortable.

The hostess was charming and greeted my date and I promptly, making natural conversation with us as she showed us to our seat.

Be warned - for those on a budget, Arkadash would be best saved for a special occasion. The entrees all hover around the \$30 mark.

The menu was impressive in that it

included a list of food suppliers, all local.

However, the appetizers aren't described in the menu at all, not even the curiously named “toenail of a dog.”

Our waiter was friendly and knowledgeable. Based off of his suggestions we ordered a platter consisting of naan bread, patlican yoğurtlu (roasted eggplant and yogurt) and the aforementioned toenail of a dog, which turned out to be an eggplant-based dip.

The starters - though served in very small portions - were presented beautifully.

While the bread wasn't bad, it wasn't a traditional naan. After mentioning that fact, we were told that others had made the same comment.

Turns out the naan is the chef's own recipe, baked in a Turkish style. It would be helpful to include that information in the menu, perhaps prompting us to try a different dish instead.

The eggplant with yogurt was nice, but the boldly named dip was disappointingly bland.

For entrees I ordered chicken tajine while my date opted for the lamb.

A tajine is a clay pot with a dome-shaped lid meant for slow-cooking meat or vegetables with spices.

The chicken was served in my own personal tajine alongside a serving of bulgur (grain) and chickpeas. Everything on the plate was attractive and infused with satisfying flavour.

I sampled the lamb tajine but ultimately



DYLAN HEWLETT

preferred the chicken, as did my date.

Unfortunately, we didn't have time for dessert, though I'm intrigued by the concept of “pistachio cotton candy.”

Online menus are available at www.arkadashbistroandlounge.com.

The ambiance and close proximity to the MTS Centre makes it a great spot for a night

out on the town.

Still, while the overall experience was pleasant, my inner Winnipegger wanted more bang for my buck.

And given the many quality options in this city for an adventurous dinner on a budget, I'm not sure I would break open my emergency piggy bank for Arkadash.

SPORTS

Hockey's back?

Many Manitobans have managed to get their stick fix in spite of the NHL lockout

JARED STORY
CULTURE EDITOR

The NHL drops the puck this Saturday, Jan. 19, kicking off a 48-game regular season schedule, a season shortened by the 113-day lockout of the league's players by its owners.

However, hockey itself never went anywhere.

In fact, the Manitoba Junior Hockey League, a collection of 11 Junior A hockey teams, is reporting an increase in its overall attendance.

According to MJHL commissioner Kim Davis, the higher numbers are mostly due to the Virden Oil Capitals, the former Winnipeg Saints who relocated to Westman for the 2012-2013 season.

“Still, even if you factor Virden out of the equation, our attendance is up, not double or anything like that, but maybe eight to 10 per cent in most markets,” Davis says.

Davis says the attendance increase is consistent with the MJHL's numbers during the 2004-05 NHL lockout. He says the reason there's not a larger increase is probably due to the fact that the majority of MJHL teams are located outside of Winnipeg, with the exception of the Winnipeg Blues.

“In Dauphin, people don't have to decide whether to go to the Winnipeg Jets game or the Dauphin Kings game,” Davis says. “Where it has an impact though is if there's a Jets game on TV or a Leafs game or whatever, they stay in and don't go to the Junior A game. That's likely where the 10 per cent increase comes from.”

Two hundred kilometres west of Winnipeg, the Brandon Wheat Kings of the Western Hockey League have actually seen its attendance decrease slightly from last season.



KIM POOLE

Rick Dillabough, the Wheaties director of sales and sponsorship, says the team's ticket sales are down mostly due to the fact that it's not in a playoff position, currently occupying the basement of the WHL's Eastern Conference.

“Despite the fact we've had our fair share of troubles on the ice, our numbers are only down slightly from last year when we had a very good team with some high profile players like Mark Stone and Michael Ferland,” Dillabough says. “That we've maintained a 4,000 attendance average is likely because fans haven't had the NHL to watch.”

Where the lack of Crosby and Ovechkin seems to have had little impact is in minor hockey, that is, the Mite, Atom, Pee wee, Bantam and Midget age divisions.

“I don't think it's had a significant impact on our programs,” says Peter Woods, executive director of Hockey Manitoba.

“Certainly when the NHL is playing and you're participating in an NHL city like Winnipeg, it generates a profile for the sport and makes the sport a little more attractive, but kids are still going to participate in programs because there's a difference between the professional level and the amateur level. In one,

you participate for a living, the other is for enjoyment.”

Woods jokes that an NHL lockout would have to last 16 years to negatively affect the state of hockey in Manitoba. It's that ingrained into our province's culture.

Davis, while happy the NHL is back, feels the same way.

“The game doesn't belong to the NHL,” Davis says. “It doesn't belong to the NHL owners and it doesn't belong to NHL players. It belongs to me and to you and to everybody else.”

How to keep your New Year's resolutions



DYLAN HEWLETT

JARED STORY CULTURE EDITOR

Every Jan. 1, people make a pledge.

Subsequently, Lululemon sells out, gym owners laugh giddily and the supply of protein powders becomes scarce.

Jan. 2 is an iron pumping, spin class taking, sweaty Swiss ball extravaganza.

But come Jan. 3, it's just sore muscles and shame - not a treadmill to be heard.

This is the tale of the "resolutionist."

"One of the biggest mistakes is actually making a New Year's resolution," says Mike Warkentin, owner of CrossFit 204 and the managing editor of *CrossFit Journal*.

"If you need a date on a calendar to make a change in your life, it's probably not going to stick because it's just an arbitrary thing you've decided. You need to decide that now is the time to do it. Putting it off and waiting won't help. 'I'll stop smoking later.' When's later?"

As ineffective as New Year's resolutions might be, there's nothing stopping one from making a healthy change this time of year.

The (fat) burning question though: How? Motivation.

Like the American economy, without a stimulus, you're doomed.

To lose weight, get strong or eat better, one needs motivation. Real motivation.

"After my divorce in 2005, I just looked at myself in the mirror and said, 'What the hell did I do? I can't live like this,'" Jon Paintin says.

In October 2005, Paintin, a 38-year-old Winnipeg father of one, weighed a whopping 400 pounds.

With his breakup as the driving force, he started going to the gym and changing his eating habits.

By the spring of 2008, Paintin had reached his goal weight - 200 pounds.

Now, he's an accredited resistance training leader, helping others get fit through his training business LifeChange Fitness.

Paintin also holds a bachelor's degree in kinesiology from the University of Winnipeg and is working on an education degree, with the intent of becoming a physical education teacher.

Paintin is an amazing success story, but he didn't do it alone.

To help whip himself into shape, Paintin

enlisted the services of a personal trainer.

Does that mean you have to shell out big bucks for private lessons? Not necessarily.

"If you just make your goals public, it works a lot better. You have a community of people encouraging you, which makes a world of difference," Paintin says.

"For myself, I joined a running group and they've become great friends, lifelong friends. They're there to encourage you."

Aisha Alfa, a Winnipeg motivational speaker and entertainer, agrees.

"Social accountability, putting it out there, telling people about your goals and putting them down on paper, is great. It's peer pressure in a good way," Alfa says. "If you bring your goal up with other people, then you've thought about it, you've written it down and you've started to consider the steps of how to accomplish it."

This brings us to the real nitty gritty: the specifics.

You've got a goal, you've thought about it, now how do you achieve it?

"It's best to make a goal as specific as possible, something that's realistic and meaningful for you," says Coralee Hill, a registered dietician and head of Dial-a-Dietitian, a free phone service that offers nutrition advice to Manitobans.

"Goals that are vague or not quantifiable, like 'eating better' or 'exercising more,' don't work. The secret to success is breaking down those goals into mini, easier, more manageable goals. Your goals should be specific and measurable like, 'I'll bring my lunch from home three days a week instead of eating out at restaurants,' or 'I'll use two per cent milk in my coffee instead of cream.' Those are small, specific and meaningful goals."

Hill recommends keeping a journal and logging your progress.

Also, she says it's a good idea to compare your entries to the Canada Food Guide and Canadian fitness guidelines. She recommends eaTracker, a free online tool created by the Dietitians of Canada that helps you track your food and exercise choices, your successes and your shortfalls.

Yes, even the most diligent dieter or fitness freak is going to make mistakes. The trick is, when you do mess up (and you're going to), don't beat yourself up about it.

"Mistakes' is a detrimental word to put on ourselves because health is an evolving jour-

ney," Sara Korsunsky says, a naturopathic doctor at the Centre for Natural Medicine. "Your diet will look different this year from how it will look in five years, but hopefully it will be steadily healthier. Make mistakes and learn from them."

Also, Korsunsky believes there's more to good health than eating well and exercising. She recommends adding health-promoting behaviours, like meditation, acupuncture and quiet time.

"Most people are so caught up in such a busy fight or flight lifestyle that they don't take the time for quiet and good energy-balancing things," Korsunsky says. "We're so busy doing, we don't really do any being."

With the right motivation, a proper plan, a little help and some stick-to-itiveness, you're ready to reap the rewards of healthy lifestyle changes.

And guess what? Reward your rewards.

"Always make sure you celebrate each

of your milestones, each of your successes, regardless of how big they are," Paintin says. "If you drop half a pound, celebrate it the same way you would if you dropped 10 pounds."

Take it from Paintin, who went from morbidly obese to completing the 2012 Fargo Full Marathon.

"Every time I go out and run it amazes me that I can actually do it," Paintin says. "In 2004, before everything happened, I was smoking a pack a day, eating crappy, going out and partying and then going to fast food joints for burgers and pop. Now it's completely different."

"Becoming physically healthy has led to me having a better outlook on life. I was able to go back to school, my relationship with my daughter is better and my relationship with my significant other is better. It turned everything positive."

THE UNITER IS HIRING

The following position is based on an eight-week term running Monday, Feb. 4 to Friday, March 29, 2013. Staff members are expected to attend weekly staff meetings and actively engage in the development of their position throughout the course of their employment.

COMMENTS EDITOR

The comments editor coordinates a weekly two- to three-page section full of well-written and compelling arguments and opinions on a variety of current events and issues. The comments editor must be familiar with a wide variety of campus, local, national and international issues of relevance to *Uniter* readers. They ensure all commentary is fair and balanced, and edit all content. They work with the managing editor to develop a healthy dialogue between *The Uniter* and its readers.

For further information, call 204-786-9790

or email editor@uniter.ca. References and at least three writing samples must be attached to resumes.

Mail, or deliver resumes in person, to *The Uniter*, ORM14 Bulman Centre, 515 Portage Avenue, Winnipeg, MB R3B 2E9, or email your application package to: editor@uniter.ca

Only those applicants selected for interviews will be contacted. Applications are encouraged from all interested parties.

Application deadline for this position is Friday, Jan. 25 at 12 noon.

THE UNITER

FILM

Canada's entry to the 2013 Academy Awards, **REBELLE**, is an extraordinary portrait of a child soldier in the Democratic Republic of Congo. The film screens at Cinematheque Jan. 17 at 9 p.m.

THE BATTLE OF GENESIS AND LADY JAY plays at Cinematheque Jan. 17 at 7 p.m. and Jan. 18 and Jan. 19 at 9 p.m.

An audience award winner at Sundance, **THE INVISIBLE WAR** reveals one of America's most shameful secrets - the epidemic of rape in the U.S. military. The film screens at Cinematheque Jan. 18 to Jan. 20 at 7 p.m.

On Jan. 20 Captain Nemo and his submarine will be at Cinematheque in **20,000 LEAGUES UNDER THE SEA** at 2 p.m.

It has been seven years since the last installment of the *Up* series and it is time to catch up on their lives. From cab driver Tony to schoolmates Jackie, Lynn and Susan and the heart-breaking Neil, as they turn 56 more life-changing decisions and surprising developments are revealed. **Catch 56 UP** at Cinematheque on Jan. 23 at 7 p.m., Jan. 24 at 9:15 p.m. and Jan. 25 and 26 at 9 p.m.

On Jan. 26 at the Winnipeg Art Gallery, Inuit filmmaker **ALETHEA ARNAQUQ-BARIL** records her journey to learn about traditional Inuit women's face tattoos before getting tattooed herself. The screening takes place at 7 p.m. and will be followed by a Q&A with Arnaquq-Baril. Admission is free for delegates attending the Inuit art symposium. For all others it is included with gallery admission.

Atreyu and Valcor are at it again, but this time on the big screen at Cinematheque on Feb. 3 at 2 p.m. **THE NEVER-ENDING STORY** is a childhood favourite that you and your kids will want to see again.

Cinematheque's **EIGHTH ANNUAL SERIES OF FREE FILMS FOR CHILDREN** happens every Sunday afternoon until Mar. 3. Don't miss *Freeze Frame* and *EDGE* Gallery's hands-on animation workshops for kids of all ages on the same Sundays between 12:30 and 2 p.m.

LITERATURE

On Jan. 19 from 10 a.m. to 2:30 p.m. the Manitoba Editors' Association presents a **PROOFREADING WORKSHOP** with Bev Phillips at Herzog College. Pre-registration required. Full details available at www.manitobaeditors.ca.

The Millennium Library presents **WRITE YOUR LIFE STORY** at the Osborne Library on Jan. 28. Get tips and exercises on how to begin writing and how to stay motivated. No experience needed, just a pen and paper and a desire to share your stories. Registration required as space is limited.

GALLERIES & MUSEUMS

TAKASHI IWASAKI invites you to his solo show at Fleet Galleries. The show runs until Jan. 17.

Gallery 1C03 at the University of Winnipeg is pleased to present its first program of 2013, a self-titled solo exhibition by Anishinaabe artist **FRANK SHEBAGEGET**. An artist's talk and opening reception will take place on Jan. 17.

LIVING WELL TOGETHER is an art show expressing the thoughts and feelings of 13 diverse women who spent time together in a sharing circle discussing decoloniza-

tion. Opening takes place on Jan. 18 at 7 p.m. at Flatlanders Studio, 3rd floor, 782 Main St. Gallery also open on Jan. 26 and Feb. 2 from 1 p.m. to 4 p.m. Admission is free.

MARTHA STREET STUDIO presents an exhibition of new work by Winnipeg based artists **WILLIAM EAKIN** and **CRAIG LOVE**. Each artist will present work created over the last year, along with a newly editioned portfolio of 12 pigment prints embellished with silkscreen. The portfolio is the first collaboration between the two artists. Show runs until Jan. 22.

Gurevich Fine Arts presents **SMALL WORKS SHOW** featuring 20 artists including **CYRUS SMITH**, **JEN ADAMS**, **KEITH WOOD** and **KAE SASAKI**. The show runs until Jan. 25.

THE STAFFORD COLLECTION OF INUIT SCULPTURE consists of 121 sculptures mainly from the 1980s to the 2000s. The exhibition is being held at the WAG until Jan. 25.

DRAWN AND PLASTERED is excited to announce a show of mythic proportions - Morgaine (or as you may know her - Morgan Le Fay), Mordred and his scheming aunt Morgause, the Lady of the Lake and, of course, Arthur, Guinevere and Lancelot will show you their famous stories through poses at the Edge Gallery on Jan. 26 from 8 p.m. to 11 p.m.

THEATRE, DANCE & COMEDY

THE MISERICORDIA HEALTH CENTRE FOUNDATION and **THE CHARLES M. BURNS FAMILY EDUCATION FUND** present the play **MINDING DAD** from Jan. 20 to Jan. 23. In *Minding Dad*, Jon Paterson plays a son trying to make his father's life as rich as he can, while watching him gradually fade into the mist of Alzheimer's Disease. Proceeds will be directed to life enhancing needs within the long-term care units at Misericordia. Tickets are \$15 and are available at the Misericordia Health Centre Foundation office or by calling 204-788-8458.

The **MASTER PLAYWRIGHT FESTIVAL**, running until Feb. 3, will celebrate the artistic impact of lyricist and composer Stephen Sondheim. Passes are now on sale at the MTC Box Office. For just \$80 festival-goers will have a chance to see 11 Sondheimfest productions by the Actors Fund of Canada. Visit www.masterplaywrightfest.com for full details.

An Elvis impersonator finding his long lost daughter, sibling rivalry, an absent father and a domineering mother - family conflict will be on display at the second annual **SO YOU THINK YOU CAN ACT**. On Feb. 20 at the Gas Station Arts Centre, the Sarasvati Productions fundraiser will entertain audiences with a selection of scenes by celebrated playwrights. The evening features local celebrities testing out their acting chops in front of a panel of judges and an audience. Funds raised go to support the transformation theatre produced by Sarasvati Productions, specifically the world premiere of *Jail Baby* in May 2013.

Join the Royal Manitoba Theatre Centre, Corrientes Argentine Pizzeria, Hermanos Restaurant & Wine Bar and the soon-to-be-open Carnaval Brazilian BBQ for **DINNER AND A SHOW**, an evening of theatre and a three-course meal in the South American flavoured dining rooms. Visit www.dinnerandashow.ca for full details and prices.

Head down to the Times Change(d) High and Lonesome Club for **COMEDY ON THE CORNER** every Saturday.

Check out the King's Head Pub for your weekly dose of comedy every Tuesday at 9 p.m.

STUDENT SERVICES

The Student Services staff of the University of Winnipeg provides the student body with current information and opportunities. This information is updated weekly.

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STUDENT CENTRAL:

Rent a locker today! Need a place to store your winter coat and boots? Lockers are available in the basement of Manitoba Hall, at the Richardson College, and a few on the 4th floor of Centennial Hall. Lockers are \$20 per term, per person. Rent your locker by sending an email with your preferred location to studentcentral@uwinnipeg.ca from your U of W email account, or visit Student Central in person.

REMINDERS:

Jan. 18: Last day to drop Winter Classes and get full refund.

Jan. 22: Last day to drop Fall/Winter Classes without academic penalty (no refund).

March 4: Last day to drop Winter Classes without academic penalty (no refund).

AWARDS & FINANCIAL AID:

The following applications are available to download online. Once you complete it, submit it in the red drop box located on the first floor of Centennial Hall (Student Central):

GRADUATE AND PROFESSIONAL STUDIES EXPENSES BURSARY

For students in the final year of their undergraduate program who are applying for entry into a graduate or professional studies program with financial need.

GENERAL BURSARY

These bursaries are meant to provide additional support to those who have unmet financial need after they have accessed all financial resources available to them.

Both application forms are available online at <http://www.uwinnipeg.ca/index/services-awds-current-continuing>.

FINANCIAL BASICS WORKSHOPS

Do you want to get a better handle on your finances? Do you want to learn some tips on

budgeting and how to save money? Well, we have the session for you!

In collaboration with the Financial Consumer Agency of Canada (FCAC), the University of Winnipeg will be holding

a series of free Financial Basics Workshops. Topics will include budgeting, credit and debt management, saving and investing, financial planning and protecting yourself from financial scams.

Students are eligible to receive a free water bottle and \$30 in financial compensation after the completion of two surveys. All current University of Winnipeg students are welcome to attend one of the two days. Space is limited, so we are asking that you please RSVP. Light refreshments will be served.

The session is being offered Wednesday, Jan. 23 at 5 p.m. to 9 p.m.

Only a few spots remain so RSVP online here at <https://www.uwinnipeg.ca/index/awards-financial-basics-reg>.

CAREER SERVICES:

The Career and Summer Job Fair will be held on Jan. 17 from 10 a.m. to 3 p.m. in the Duckworth Centre. Come find out about careers, part-time and summer positions as well as internship and volunteer opportunities

Be prepared - bring copies of your most recent resume and research companies and prepare questions.

For more information email careers@uwinnipeg.ca or visit ccs.uwinnipeg.ca/careerfair.

STUDY SKILLS WORKSHOPS

Dates: Jan. 21 - Feb. 13

Time: All workshops will take place from 12:30 p.m. to 1:20 p.m. on Mondays and Wednesdays

Location: Room 2D12 (2nd Floor Duckworth)

Registration is not required for the Study Skills Workshop Series.

WORKSHOP TOPIC SCHEDULE

Effective Time Management: Monday, Jan. 21

Note-taking Techniques: Wednesday, Jan. 23

Reading Strategies: Monday, Jan. 28

Critical Thinking Skills: Wednesday, Jan. 30

Class Participation and Presentation Skills: Monday, Feb. 4

Academic Writing: Wednesday, Feb. 6

Memory and Test-taking Strategies: Monday, Feb. 11

Dealing with Exam Anxiety: Wednesday, Feb. 13

Solutions for last week's issue.

1	M	A	S	T	A	F	A	R	N	I	E	C	E		
2	U	L	E	E	S	O	H	O	A	D	D	E	R		
3	S	W	E	L	L	H	E	A	D	T	O	O	L	S	
4	S	A	M	L	E	T	S	E	O	U	L				
5	E	Y	E	S	O	R	E	N	C	R	W	I	N		
6	L	S	D	N	A	P	H	T	H	A	L	E	N	E	
7					M	E	Y	E	R	S	L	E	D	G	E
8	O	G	R	E	O	S	A	S	E	T					
9	S	U	I	T	O	R	S	T	A	F	F				
10	H	Y	P	O	T	H	E	S	I	Z	E	R	O	T	
11	A	S	E	A	E	R	O	R	I	V	I	E	R	A	
12					C	L	A	R	O	M	E	N	T	A	L
13	T	H	O	N	G	O	B	J	U	R	G	A	T	E	
14	R	A	B	B	I	R	O	O	T	L	I	E	S		
15	E	R	I	C	A	S	E	T	H	E	L	S	E		

7	6	3	5	2	4	9	1	8
1	5	2	9	3	8	6	7	4
9	4	8	6	1	7	2	5	3
4	3	6	7	8	2	5	9	1
5	7	9	4	6	1	8	3	2
2	8	1	3	5	9	7	4	6
8	2	7	1	4	5	3	6	9
3	9	4	2	7	6	1	8	5
6	1	5	8	9	3	4	2	7



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January 7-13, 2013

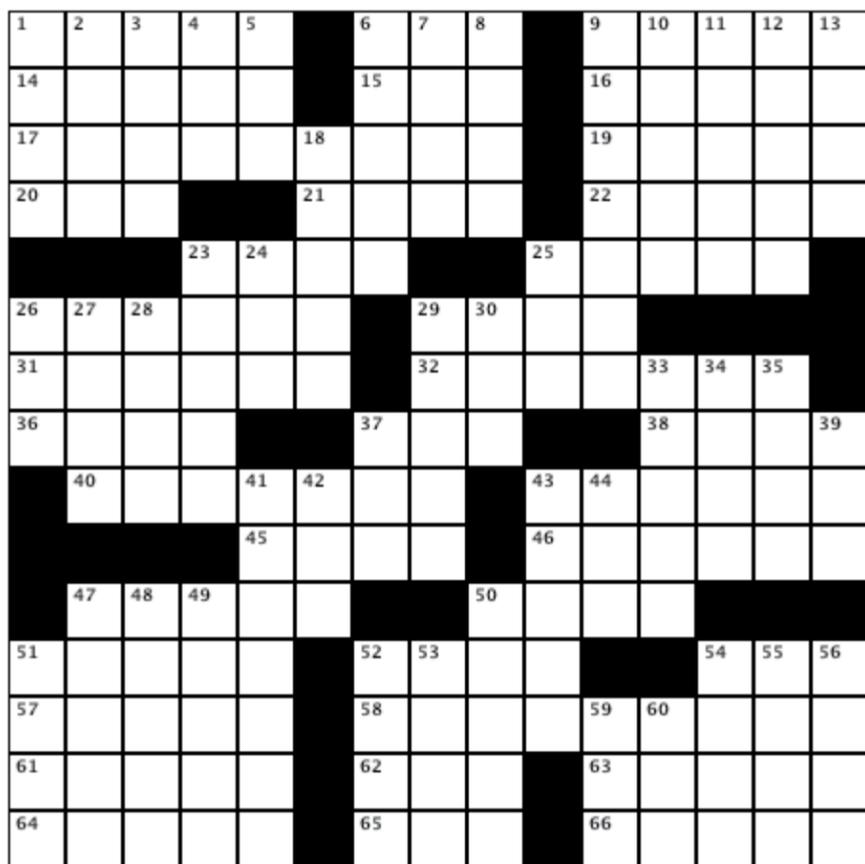
! = Local content

* = Canadian Content

TW	Artist	Recording	Label
1	!Various Artists	Songs In The Key Of Hope: The Derek Wheeler Story	No Label Collective
2	!Mise En Scene	Desire's Despair	Pipe & Hat
3	Various Artists	Nuggets: Original Artyfacts From The First Psychedelic Era, 1965-1968	Rhino/Warner
4	!Phelgm Fatale	Glam Crust Or Bust	Transistor 66
5	!Boats	Marblemouth	Self-Released
6	!The F-Holes	Red Hot	Morning Noise
7	!Drums And Wires	Waiting On The Moon	Self Released
8	*Bloodshot Bill	So Blue	Transistor 66
9	!DJbeekeeni	Crash	Cold Season
10	!Flo	Pieces Of Me	Self-Released

Crossword Puzzle & Sudoku 16

Solutions to this week's puzzles in next week's issue.



BESTCROSSWORDS.COM

Across

- 1- Merits;
- 6- Spanish ayes;
- 9- Mrs. Gorbachev;
- 14- Expect;
- 15- Seed of a legume;
- 16- Segment of the body of an arthropod;
- 17- Forming a group of seven;
- 19- Pickling solution;
- 20- Begley and Bradley;
- 21- Salt Lake City hoopsters;
- 22- "John Brown's Body" poet;
- 23- Alpo alternative;
- 25- King with a golden touch;
- 26- Soak up;
- 29- Slightly;
- 31- Declares;
- 32- Final course;
- 36- Nintendo rival;

- 37- Driver's aid;
- 38- Roman god of war;
- 40- Opening of the nose;
- 43- Unification Church member;
- 45- Portrayal by an actor;
- 46- Director's shout;
- 47- Like dice;
- 50- Adorable;
- 51- Rid of insect pests;
- 52- Purim month;
- 54- Chest muscle, for short;
- 57- As a companion;
- 58- Brief article;
- 61- "Cheers" waitress;
- 62- Do the wrong thing;
- 63- First name in cosmetics;
- 64- Nymph chaser;
- 65- Pigpen;
- 66- Early anesthetic;

Down

- 1- Alleviate;
- 2- Thunderstruck;
- 3- Emulates Eminem;
- 4- It may be picked;
- 5- ___-Foy, Quebec;
- 6- Tiffs;
- 7- Able was ____;
- 8- Puts into words;
- 9- Burrowing rodents;
- 10- Landed;
- 11- One of Chekhov's "Three Sisters";
- 12- Loudness units;
- 13- Work without ____;
- 18- Deadens;
- 23- Bits;
- 24- 100 square meters;
- 25- Fire starter?;
- 26- Beast of burden;
- 27- Bingo call;
- 28- Starch used in puddings;
- 29- "Die Fledermaus" maid;
- 30- Yellow and black insect;
- 33- Act badly;
- 34- Hindu princess;
- 35- Small combo;
- 37- Up to, briefly;
- 39- DC bigwig;
- 41- Part of a gun;
- 42- Fabled bird;
- 43- Tierney of "ER";
- 44- Fall mo.;
- 47- Salsa singer Cruz;
- 48- Lusitania sinker;
- 49- Young rabbit;
- 50- Transport;
- 51- Pops;
- 52- Gorillas, chimpanzees and orangutans;
- 53- Slender missile;
- 54- Route;
- 55- Foil alternative;
- 56- "Believe" singer;
- 59- "Fancy that!";
- 60- Queue after Q;

SUDOKU SKILL LEVEL: EASY

	9				8	6		7
	4	2					8	1
6			9	5			4	
		6		6			3	5
4	1		5	3				
	8		7		2	1		
	5	4			5	8		9
					7	2		
8			2		4	5		

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Lawrence Lee/Jenny Berkel/Dangercat/DJ Co-op/Animal Teeth/
Phlegm Fatale/The Mystics/Gourmet Scum/Jon Vaughn/
Byrne Fiddler/Carrie Gates/Nathan Zahn/Figure/Glass Random/
Loose Nuke/A Waste Odyssey/Jeans Boots/Warsaw/Salinas/
Blackout Brigade/Claire Morrison/Yes We Mystic

**Line Up Subject
To Change*

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