

UNIVERSITY OF WINNIPEG'S WEEKLY URBAN JOURNAL

# THE **UNITER**

2011/10/27 **ISSUE**  
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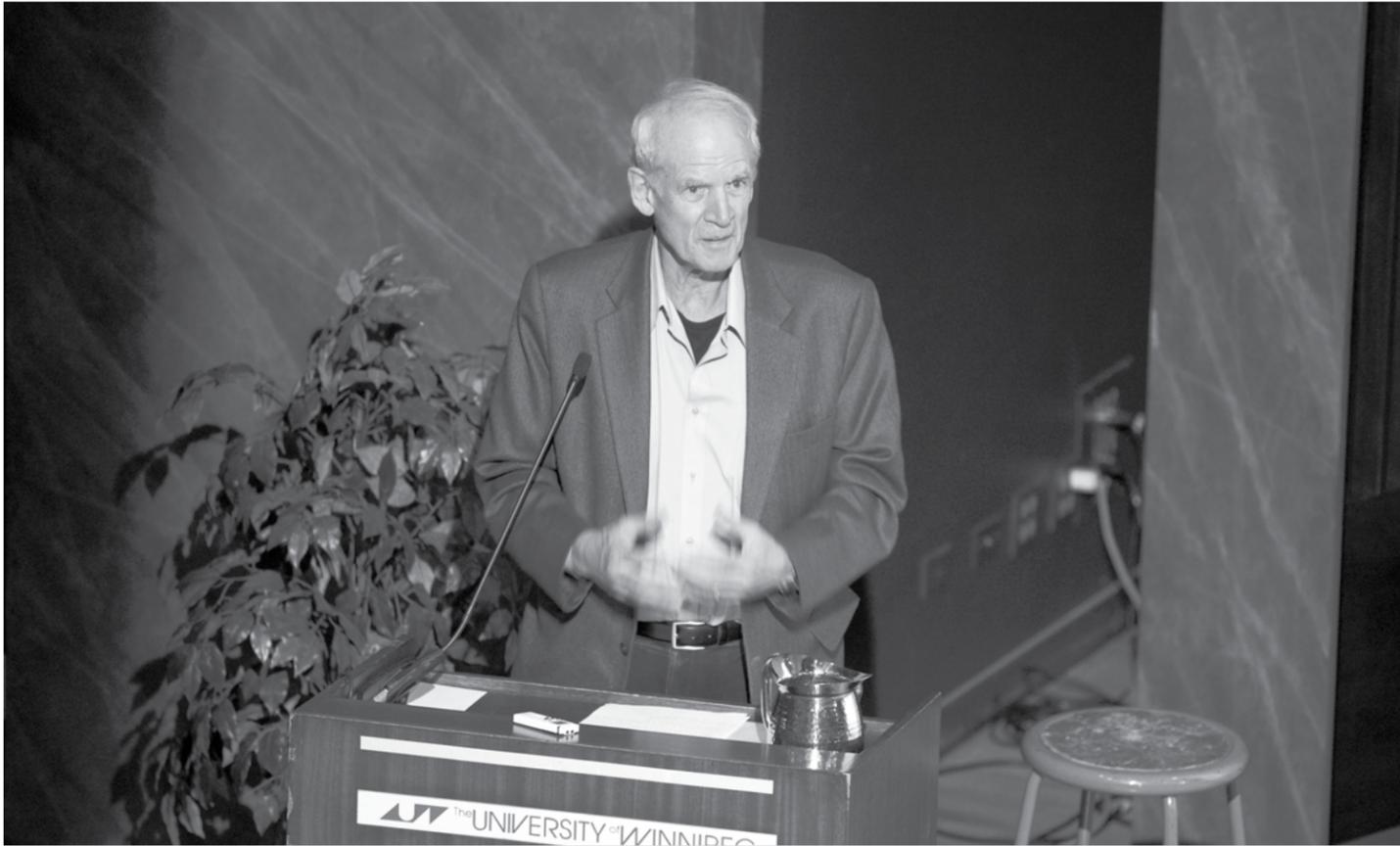
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"Road Rage"

PHOTO BY DYLAN HEWLETT



PHOTOS BY DYLAN HEWLETT

### Renowned philosopher Charles Taylor speaks at the University of Winnipeg

More than 300 people filled Eckhardt-Grammate Hall at the University of Winnipeg on Wednesday, Oct. 19 to hear a lecture by renowned Canadian philosopher Charles Taylor.

Titled "Solidarity and Diversity in a Secular Age: Managing Belief and Unbelief in the Public Square," the lecture was based on Taylor's 2007 magnum opus, *A Secular Age*. The 79-year-old currently teaches at McGill University and is working on a new book.

The lecture was presented by the Knowles-Woodsworth Centre for Theology and Public Policy, the U of W Politics Department and The Uniter's Mouse-land Press Speaker Series.

The next Mouse-land Press Speaker Series event happens Thursday, Nov. 24 and features University of Toronto philosophy professor Joseph Heath, co-author of the book *The Rebel Sell: Why the Culture Can't Be Jammed*. Visit [www.uniter.ca/speaker-series](http://www.uniter.ca/speaker-series).

**UNITER STAFF****MANAGING EDITOR**

**Aaron Epp** » [editor@uniter.ca](mailto:editor@uniter.ca)

**BUSINESS MANAGER**

**Geoffrey Brown** » [geoff@uniter.ca](mailto:geoff@uniter.ca)

**PRODUCTION MANAGER**

**Ayame Ulrich** » [designer@uniter.ca](mailto:designer@uniter.ca)

**COPY AND STYLE EDITOR**

**Britt Embry** » [style@uniter.ca](mailto:style@uniter.ca)

**PHOTO EDITOR**

**Dylan Hewlett** » [photo@uniter.ca](mailto:photo@uniter.ca)

**NEWS ASSIGNMENT EDITOR**

**Ethan Cabel** » [news@uniter.ca](mailto:news@uniter.ca)

**NEWS PRODUCTION EDITOR**

**Matt Preprost** » [newsprod@uniter.ca](mailto:newsprod@uniter.ca)

**ARTS AND CULTURE EDITOR**

**Nicholas Friesen** » [arts@uniter.ca](mailto:arts@uniter.ca)

**COMMENTS EDITOR**

**Trevor Graumann** » [comments@uniter.ca](mailto:comments@uniter.ca)

**LISTINGS CO-ORDINATOR**

**Kent Davies** » [listings@uniter.ca](mailto:listings@uniter.ca)

**CAMPUS BEAT REPORTER**

**Amy Groening** » [amy@uniter.ca](mailto:amy@uniter.ca)

**BEAT REPORTER**

**Chris Hunter** » [chris@uniter.ca](mailto:chris@uniter.ca)

**BEAT REPORTER**

**Anne Thomas** » [anne@uniter.ca](mailto:anne@uniter.ca)

**ARTS REPORTER**

**Kaeleigh Ayre** » [kaeleigh@uniter.ca](mailto:kaeleigh@uniter.ca)

**CULTURE REPORTER**

**Aaron Snider** » [aaron@uniter.ca](mailto:aaron@uniter.ca)

**CONTRIBUTORS:**

Aranda Adams, Marko Barac, Jessica Botelho-Urbanski, Danelle Cloutier, Kaitlyn Emslie Farrell, Katelyn Friesen, Robert Galston, Natasha Havrilenko, Dallas Kitchen, Dunja Kovacevic, Laura Kunzelman, Stephen Kurz, Kuzema Valerija, Miguel McKenna, Brit McLeod, John Paul Peters, Adam Petrash, Matthew Powers, Lucas Redekop, Travis Ross, Pamela Roz, Harrison Samphir, Jon Sorokowski, Eva Wasney, J. Williams

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**CONTACT US** »

**General Inquiries: 204.786.9790**

**Advertising: 204.786.9790**

**Editors: 204.786.9497**

**Fax: 204.783.7080**

**E-mail: [uniter@uniter.ca](mailto:uniter@uniter.ca)**

**Web: [www.uniter.ca](http://www.uniter.ca)**

**LOCATION** »

**Room ORM14**

**University of Winnipeg**

**515 Portage Avenue**

**Winnipeg, Manitoba R3B 2E9**

**MOUSELAND PRESS**

**MOUSELAND PRESS BOARD OF DIRECTORS:**  
Michael Rac (chair), Alex Freedman, Ben Wickstrom, Kelly Ross, Karmen Wells, Peter Ives, Robert Galston and Sara McGregor.

For inquiries e-mail: [board@uniter.ca](mailto:board@uniter.ca)

**STREETER**

BY ETHAN CABEL

**Q: DO YOU THINK THE CITY DOES ENOUGH TO ACCOMMODATE CYCLISTS? WHY OR WHY NOT?**



**Tali Sitschkar, employee, Direct Action in Support of Community Homes (DASCH)**

"I think they are doing as much as they can, but drivers and the public need to be more aware of cyclists, as well."



**Leo Palay, third-year student, business**

"When there is a bike path, you should bike in the path or get out of the way."



**Patricia Castro, fourth-year student, politics and history**

"There really isn't enough bike lanes and they are really narrow. It slows down traffic in a lot of areas."



**Katherine Waddingham, community member**

"No, I don't think so. From what I've seen and heard, I don't think where you are supposed to ride your bike is safe enough and drivers need to be more aware."



**Michelle Cleland, third-year, psychiatric nursing**

"I think that the city is sort of trying and that is nice to see. However, many motorists don't know how to drive around cyclists and that creates tension."



**Naomi Sirota, employee, University of Winnipeg**

"No, I live on Roslyn and I get yelled at if I'm on the sidewalks or if I'm on the street. I've almost been hit, I've been attacked and yelled at. I can see the city trying but they should be more accommodating."

## News

# City's active transportation infrastructure grows

## Cyclists offer mixed reviews

ANNE THOMAS  
BEAT REPORTER

Many cyclists celebrated the \$20 million the City of Winnipeg put into active transportation infrastructure last year, but it may be some time before University of Winnipeg commuters notice a major effect.

The tab was split three ways between the city, province, and federal government, as a result of the federal economic stimulus program. Thirty projects were completed in 2010, and six were to be completed in 2011.

Kevin Nixon, the city's active transit coordinator, said Sherbrook Street will be left for next year, and they're still working on St. Matthews Avenue, the nearest project to the U of W. The St. Matthews project, like most in the downtown, will involve a bike lane painted on the street.

In the future, Nixon said, the St. Matthews route will connect to Maryland Street.

"Obviously down the road we want to connect that route to the U of W in some way. We're not sure how that's going to happen," he said.

**"To the really avid confident cyclists, it doesn't make a difference whether or not there's bike lanes, we'll still bike on the road."**

- ROBIN BRYAN, ICE RIDERS

Curt Hull of Bike to the Future said the 2010 developments enhanced the ride-ability of the city tremendously. For those who follow the law against passing on the right, bike lanes make it much more attractive to cycle in rush hour, he said.

"If there's a lineup of cars waiting to get over the Osborne Bridge, you're going to be at the back, sucking in tailpipe fumes, waiting until the traffic moves across the bridge," he said. "But with a bike lane ... you just zoom by all of those cars that are waiting in line."

Hull hopes riders' positive experiences on improved routes will increase the demand to expand the improvements.

However, Robin Bryan of the U of W Ice Riders doesn't see painted bike lanes having much effect for downtown cyclists.

He said other cities, like Montreal, have bike lanes separated from traffic by physical barriers. He sees that as the only way to make less confident cyclists feel safe on downtown streets.

"To the really avid confident cyclists, it doesn't make a difference whether or not there are bike lanes, we'll still bike on them," he said.

But for others, he said, a line on the road - in between traffic and parked cars, and close enough to parked cars that doors will still be

a threat - is not all that reassuring.

"I don't see it making people who don't normally feel safe on the road feel that much safer," he said.

Nixon said the lanes on Assiniboine Avenue are exactly the sort of physically divided lanes that exist in Montreal. Ideally, pedestrians, cyclists and motorists should be separated, but it's difficult to do downtown, he said.

"That is very difficult without having to either remove vehicle capacity or parking or something like that," he said.

Bryan says the city cares more about parking than bikes.

"You can see where their vision and their allegiances really lie," he said.

As to whether the new infrastructure has increased the number of cyclists, Nixon said it depends on the location.

"Assiniboine Avenue's a great example. There's a ton of people using it. Maryland I think we're seeing quite a bit - I think we'll see more once we get Sherbrook done."

### NUMBERS GROWING

Janice Lukes of the Winnipeg Trails Association sees cyclists' numbers growing.

"You talk to any bike shop owner, and you ask them if there's been more bike purchases and more supplies, and it's absolutely," she said.

According to Winnipeg police, crashes between cars and bikes were down 40 per cent in 2011. They attributed the drop to good weather and the new bike lanes. Both Lukes and Hull said there is safety in numbers for cyclists on the road.

"As we get more cyclists on the roads, motorists - it's not worth their time to yell at the cyclist, because there's another one down the street anyway," Hull said, "So they learn to tolerate them."

Hull said what is sorely lacking is practical education for cyclists, like driver's ed, to give them the skills to feel safe on the road.

"Having infrastructure is one thing, but having skills in your pocket gives you that comfort. So if you put those two together, then we'll have a lot more people choosing to ride."

Bryan also sees a real need for education, but for motorists. He would like to see public awareness campaigns, like those against drunk driving, educating drivers on where their rights begin and end as drivers, and what rights cyclists have.

"I don't think it's clear to a lot of people what is within their responsibility as a driver, and what is frankly illegal," he said.

What Lukes believes Manitoba needs most is a provincial active transportation policy, and an active transportation director. Lukes chairs Manitoba's Active Transportation Advisory Group.

"The province is critical in all of this," Lukes said. "In the city, too."



BRIT MCLEOD

For many Winnipeg cyclists, painting bike lanes on the road doesn't measure up to other cities like Montreal, which separate cyclists from traffic by physical barriers.

## ALL ABOUT BIKING *The Uniter's Cycling Issue*

Whether it's your main mode of transportation, something you do recreationally or something you consider a nuisance as you navigate your car around Winnipeg's streets, bicycles affect everyone.

In this issue of *The Uniter*, we look at these human-powered machines and the people who ride them.

### NEWS

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## Local News Briefs

Compiled by Jon Sorokowski

### ORPHEUM BUILDING DEMOLISHED FOR NEW LOT

The City of Winnipeg has approved the demolition of the 89-year-old Orpheum building downtown for a new surface parking lot, despite Mayor Sam Katz's year-old pledge to freeze new parking lot development. The lot will serve clients of Yoga Public, the Fort Garry Hotel's new yoga centre. Katz stuck to his re-election campaign promise, however, and said he remains dedicated to reducing vacant lots and hopes to introduce incentives for developers who build on them. The mayor told the *Winnipeg Free Press* the new lot is actually an expansion of an existing lot. Yoga Public will open Dec. 5, and its parking lot will be fenced and lit at night.

### CITY COUNCIL APPROVES FEE HIKES

City council has approved the garbage and recycling master plan that adds \$50 annually to residents' water bills. The plan will see homeowners using automated carts by next October. Council also approved the city's guarantee to loan Gem Equities \$10 million for townhouse and apartment development at Fort Rouge Yards. Also, frontage levies increased by \$1.20 a frontage foot, working out to \$60 more for most homeowners. Swim and skate recreation program fees increased by 10 per cent while other programs rose by 20 per cent. Finally, replacing a dog licence tag will now cost you \$3. Licences for sterilized dogs rose to \$27 and \$62 for unsterilized animals.

### MANITOBAN GROUP AGAINST PROPOSED CRIME BILL

Local groups are angry the proposed federal Safe Streets and Communities Act could unfairly target women and aboriginal people. The bill includes removing house arrest as an option for conviction in serious and violent crimes and adding more time before offenders can apply for pardons. The Elizabeth Fry Society of Manitoba told the *Winnipeg Free Press* the bill could see more women being held in jail. Aboriginal restorative justice provider Onashowewin said the bill would affect aboriginal people the most since they are "so highly over-represented in the prisons and jails." Another critic of the bill said it "will dump more people into an already overtaxed system."

### DARYL REID NEW MANITOBA LEGISLATURE SPEAKER

NDP Transcona MLA Daryl Reid was elected speaker of the Manitoba legislature by MLAs last Thursday. NDP MLA George Hickes was first elected to the position in 1999 but did not seek re-election in the Oct. 4 provincial vote and is retiring. By tradition, the newly elected Reid was led to his seat by Conservative leader Hugh McFadyen and Premier Greg Selinger. Electing the new speaker was the first order of business in this legislature's session.

### GERRARD: TO RESIGN OR NOT TO RESIGN?

Though senior Liberal members want leader Jon Gerrard to resign, the Canadian Press has learned he is considering keeping the job. At a meeting, three party members will allegedly call on him to share his departure plans. One Liberal insider said, "It will be sad if he tries to hang on." The 64-year-old leader has mentioned he will announce in time his future with the party, but one source said he might run again. Gerrard holds the only Liberal seat in the legislature. The Oct. 4 provincial election was the fourth under his leadership, and he faces an automatic leadership review over the next two years.

# The truth behind detoxification

## How ambiguous semantics cause scientific and consumer confusion

CHRIS HUNTER  
BEAT REPORTER

The rising popularity of a wide range of detoxification products is somewhat reflective of the ambiguous definition of the word toxin, critics say.

Robert Hagan of the Voice of Young Science Network, a U.K. organization dedicated to debunking false scientific claims, regards many detoxification products with disdain.

"Detox over here is a huge industry of absolute rubbish," he said. "You get things from detox drinks to detox body brushes and detox hair combs."

In 2009, Hagan completed work on the Detox Dossier, a research project meant to debunk claims made by several detoxification products. During this research, Hagan found different companies expressed widely different definitions of the term toxin.

"Every company will tell you something different about what toxins are," he said. "They may say they are bacteria and some say they will make you fat."

This phenomenon may be due to the word's open-ended nature. Hagan notes a wide array of substances may be considered toxins.

"Any chemical at all can be toxic in large enough quantities, even water if you drink enough," he said. "A poisonous substance produced by a living cell or organism is the correct definition of a toxin."

The term detoxification does have scientific uses, he adds.

"Detoxification in scientific terms is either a program in a drug treatment clinic or when the liver removes harmful substance from the body," he said. "Most school children can tell you that once you absorb something harmful, it comes out via urination, sweating or sometimes through your lungs as well."

Shauna Oswald, a certified natural health



KAITLYN EMSLIE FARRELL

From drinks to body brushes to combs – much of the detox industry is rubbish, says Robert Hagan of the Voice of Young Science Network, a UK organization dedicated to debunking false scientific claims.

products advisor from the Canadian Health Food Association, also believes the term toxin can be vague.

**"Any chemical at all can be toxic in large enough quantities, even water if you drink enough."**

- ROBERT HAGAN, VOICE OF YOUNG SCIENCE NETWORK

"It is a very vague term but the idea behind it is that you are removing harmful substances from your body," she said.

According to Oswald, there are several different types of toxin-cleansing products and programs directed at several different

organs.

"There are seven channels you can cleanse: liver, heart, lungs, kidneys, skin, lymphatic system and colon," she said.

Each type of detoxification cleanse is unique. Liver cleansers are designed to help correct problems associated with the liver while colon cleanses are designed to promote regular bowel movements and digestive health.

Though Oswald agrees the liver is designed to remove all harmful toxins from the body, she contends that sometimes it needs a little help.

"On one hand, livers are designed for a clear purpose, but modern humans are overloaded with pesticides, prescription drugs and toxins," she said. "So what happens to people who are unhealthy or have damaged livers?"

## LISTINGS

### COMMUNITY EVENTS

Accountable Development Works presents GLOBAL EQUALITY: THE ETHICS OF LISTENING featuring filmmaker Muuxi Adam and organic farmer Dr. Alex Zieba on Friday, Oct. 28 at 7 p.m. at Aqua books. Grab a pint and join in for a lively discussion about global inequality and the ethics that guide our response.

THE FRIENDS OF THE LIBRARY ANNUAL BIG BOOK SALE will be held on Saturday, Oct. 29, from 10 a.m. to 4 p.m. and Sunday, Oct. 30 from noon until 3 p.m. at the Grant Park High School gym. Come check out 50 tables full of books, CDs, DVDs and LPs at low prices. Free coffee and parking. Proceeds go to support Winnipeg library projects.

The Winnipeg Film Group's Annual General Meeting is on Wednesday, Nov. 2 at 7 p.m. at The Black Lodge, 305-100 Arthur St. At the AGM, the Winnipeg Film Group will present its annual audited statements and annual report, and will additionally report on long-term plans. While voting is restricted to certain member categories of the Winnipeg Film Group, this meeting is open to the general public. If you would like more information on any facet of the AGM or bylaw amendment, please contact executive director Cecilia Arana at 925-3456 or cecilia@winnipegfilmgroup.com.

WALK WITH ME: A FUNDRAISING EVENT FOR YOUTH AND ADULTS LIVING WITH FASD will be held Wednesday, Nov. 2 at 7:30 p.m. at the Park Theatre. The night will feature performers Don Amero and Antiphony. There will be awesome raffle prizes and more with proceeds going to the Touchstone Fetal Alcohol Spectrum Disorder Program, which provides one-on-one support to youth and adults living with Fetal Alcohol Spectrum Disorder.

From hoop dances to hip hop, THE MANITO AHBEE FESTIVAL brings together people from all nations in sharing and celebrating aboriginal culture. The festival begins Wednesday Nov. 2 and goes until Sunday, Nov. 6. For a complete schedule go to [aboriginalpeopleschoice.com](http://aboriginalpeopleschoice.com).

It's a Winnipeg tradition. LITE'S 15th ANNUAL WILD BLUEBERRY PANCAKE BREAKFAST is on Friday, Nov. 4 from 7 a.m. to 11 a.m. at the Indian and Métis Friendship Centre, 45 Robinson St. at Dufferin. Come join us in celebrating Winnipeg's inner city at Canada's largest CED event. Tickets are \$15 and are available at the LITE office (640 Broadway), at Mondragon (91 Albert St.) and at the door. If you are interested in volunteering, or would like to purchase tickets, please email [litebreakfast@mymts.net](mailto:litebreakfast@mymts.net) or call the LITE office at 942-8578.

The West End Cultural Centre's community outreach program is getting ready for the return of TUNE IN. This program is for neighbourhood youth to try their hands at drums, guitar or electric bass. The WECC provides all of the instruments, professional instruction and a healthy snack. The program runs Tuesdays and Thursdays from 4 p.m. to 6 p.m. at the WECC. To participate contact the WECC at 783-6918 or email [info@wecc.ca](mailto:info@wecc.ca).

### ON CAMPUS

The annual WESMEN PUMPKIN SALE is going on to support

inner-city athletics. From now until Oct. 29, purchase your Manitoba pumpkin for Halloween and all proceeds will go to the Junior Inner-City Wesmen program. Pumpkins provided by the Green Thumb on Roblin Boulevard. You can order your pumpkin at [www.claruscanadian.com](http://www.claruscanadian.com) or [www.wesmen.ca](http://www.wesmen.ca) and find out more about the Junior Wesmen at <http://www.uwinnipeg.ca/index/wesmen-jrwesmen>.

THE WINNIPEG CAMPUS/COMMUNITY RADIO SOCIETY (CKUW) AGM will be held on Nov. 1. Sign-in starts at 6 p.m. in the Bulman Student Centre at the U of W. At this meeting the WCCRS will be approving the annual audit and electing new members to the board. If you are a member of CKUW, this is your opportunity to exercise your vote in the future of the organization. Following the AGM there will be an open programmers social with refreshments.

Global College along with UNPAC and FAFIA present a workshop titled BUDGETING FOR WOMEN'S HUMAN RIGHTS featuring Global College principal Dr. Mariou McPhedon and U of M's dean of the faculty of law Dr. Lorna Turnbull as speakers. Come learn how the federal government's spending and taxing decisions affect women's equality rights. The event is being held at Convocation Hall on Nov. 2 from 9 a.m. to 4:30 p.m. Lunch provided if registered. Students can register by calling UNPAC at 772-7876.

THE UWSA SPECIAL GENERAL MEETING is on Nov. 2 at noon in the Bulman Students' Centre. The UWSA will be examining and approving bylaw changes brought forward at the Annual General Meeting in March 2011. A free lunch will be provided for anyone who attends.

Educators and the public are invited to attend a conference devoted to understanding how children learn math. THE ART AND SCIENCE OF MATH EDUCATION CONFERENCE takes place on Saturday, Nov. 19, at the University of Winnipeg, Convocation Hall. For further details about the conference and to register, visit the conference website at <http://mathstats.uwinnipeg.ca/mathedconference/>. Inquiries may be sent to [mathstats@uwinnipeg.ca](mailto:mathstats@uwinnipeg.ca).

The University of Winnipeg Students' Association Womyn's Centre provides a space where womyn can build community with other womyn. Collective meetings currently take place on Mondays at 12:30 p.m. At meetings, Womyn's Centre members plan events and actions, build community, and discuss feminist and womyn's issues. All womyn and trans folks are welcome to come hang out in the Womyn's Centre, ask questions, and get involved. The Womyn's Centre is located in the University of Winnipeg's Bulman Centre. Please check the door for current office hours. For more information, phone 786-9788 or email [womynsctr@theuwsa.ca](mailto:womynsctr@theuwsa.ca).

### VOLUNTEER OPPORTUNITIES

THE UNIVERSITY OF WINNIPEG STUDENTS' ASSOCIATION WOMYN'S CENTRE provides a space where womyn can build community with other womyn. To volunteer phone 786-9788 or email [womynsctr@theuwsa.ca](mailto:womynsctr@theuwsa.ca).

To volunteer for the UNIVERSITY OF WINNIPEG'S STUDENT ASSOCIATION fill out an application on their website, [theuwsa.ca](http://theuwsa.ca), or grab an application from their office in the Bulman Centre.

To volunteer for PEER SUPPORT email [uowfwpeersupport@gmail.com](mailto:uowfwpeersupport@gmail.com), or grab an application from their office (ORM13) or from the UWSA.

To volunteer for UWSA FOODBANK email [foodbank@theuwsa.ca](mailto:foodbank@theuwsa.ca), or grab an application from the UWSA.

PLUG IN INSTITUTE OF CONTEMPORARY ART is looking for enthusiastic and reliable volunteers to help in a number of different areas of their operations. If you are interested email [info@plugin.org](mailto:info@plugin.org).

THE UNITER, the weekly rag you are holding right now, is looking for contributors. See your words in print or your photos and drawings on the page. Email Aaron at [editor@uniter.ca](mailto:editor@uniter.ca).

CKUW 95.9 FM is seeking volunteers for the music and news departments, and as hosts for programs. Email [ckuw@uwinnipeg.ca](mailto:ckuw@uwinnipeg.ca).

THE WEST BROADWAY YOUTH OUTREACH CENTRE is always looking for more volunteers to help with a variety of programs including sports, tutoring and other programs to benefit inner-city youth. Call 774-0451 or stop by 222 Furby St. to offer your skills.

THE SPENCE NEIGHBOURHOOD ASSOCIATION is looking for volunteers to help with their programming. Interested volunteers can download a volunteer application form at [spenceneighbourhood.org](http://spenceneighbourhood.org) or call 783-5000 for more information.

HABITAT FOR HUMANITY is looking to assemble an experienced team of volunteers to assist with the salvaging and safe removal of a wide variety of donated items. For more information please call Greg at 223-5160 or email [gmllett@habitat.mb.ca](mailto:gmllett@habitat.mb.ca).

THE SALVATION ARMY on Logan Avenue needs kitchen helpers to assist in the preparation and serving of meals at their children's program on Thursdays from 4 p.m. to 5 p.m. Please call Breanne at 946-9490 or email [youthworker@mymts.net](mailto:youthworker@mymts.net).

JUNIOR ACHIEVEMENT OF MANITOBA needs volunteers to deliver JA business programs to classrooms throughout Winnipeg. Through your time, you will give young Manitobans work readiness, entrepreneurship and financial literacy skills that will encourage them to stay in school and guide them through life. Call Kristin at 956-6088 to volunteer.

THE IMMIGRANT AND REFUGEE COMMUNITY ORGANIZATION OF MANITOBA (IRCOM) is looking for volunteers. IRCOM is a non-profit organization that operates a 5-storey transitional housing complex in downtown Winnipeg. IRCOM is seeking enthusiastic, patient individuals to assist youth with homework from 4 to 6 p.m., Monday to Fridays. Volunteers will work under the supervision of a newly hired IRCOM Teacher and Educational Assistant providing drop-in participants with a variety of homework assistance. Please contact Erin Anderson, volunteer and communications co-ordinator at 943-8765 ext. 23 or [erina@ircom.ca](mailto:erina@ircom.ca).

The MANITO AHBEE FESTIVAL is looking for volunteers. The Manito Ahbee Festival celebrates and showcases aboriginal music, art and culture. It takes place from Nov. 2 to Nov. 6 in Winnipeg. People interested in volunteering should visit [www.manitoahbee.com](http://www.manitoahbee.com) and fill out the volunteer application.

# The long, cold protest

## Members of Occupy Winnipeg discuss what they're doing

CHRIS HUNTER  
BEAT REPORTER

In the face of cold Winnipeg nights, food burglars and safety threats, the Occupy Winnipeg campers still have no impulse to budge.

Since Oct. 15, a handful of dedicated individuals have set up camp at Memorial Park in an effort to demonstrate solidarity with the Occupy Wall Street movement. The group comprises both students and full-time employees.

Hanife Masoomi, a fourth-year University of Winnipeg politics student, said camping has been pleasant so far.

"People have been so generous to us," he said. "People are donating blankets, coffee, doughnuts, fresh bread and cheese."

Blankets have been a tremendous help for the group, adds Masoomi.

"I sleep with two blankets underneath my sleeping bag to prevent frost bite and on top of that I wear a jacket," he said. "Sleep is not as bad as they make it out to be."

Masoomi sees Occupy Winnipeg as a method for displaying common resentment for injustice caused by the global-economic system.

"Let's be honest, I don't intend to see an overthrow of the capitalist system," he said. "I am doing this to shake the apathy of the people, to show that we are willing to put something on the line, to make note of the world's injustices."

Alex Araujo, an international University of Winnipeg student camping at Memorial Park, believes the colder the weather gets, the stronger the message will be.

"Having lots of people outside when it's -30 C is going to make people think about the issues even more," he said.

To ensure the campsite runs efficiently, Occupy Winnipeg has organized itself into several groups. These include sanitation, safety, entertainment, food and media.

Aimee Siple, an unemployed flight attendant, explained the group has had problems with storing food.

"We had people come and swipe a bunch of our food," she said. "Someone said we were feeding the homeless and a huge group came and swooped in."



TRAVIS ROSS

Members of the Occupy Winnipeg protest say they have no intention to stop camping outside the legislature despite dropping temperatures, thieves and security threats.

Jonathon Barkley, a construction worker who took time off work to help with Occupy Winnipeg, is frustrated with the way various media outlets have portrayed the event.

**"I am doing this to shake the apathy of the people, to show that we are willing to put something on the line, to make note of the world's injustices."**

- HANIFE MASOOMI, FOURTH-YEAR POLITICS STUDENT, UNIVERSITY OF WINNIPEG

Barkley intends to start recording interviews done by journalists and posting them on the Internet to show how information can easily be misconstrued.

"The media bends things and we are going

to show people how they do that," he said. "We want to show what we said and what was broadcast side by side so you can see what's really going on."

Barkley also notes the group has made a short list of four individuals posing potential security threats to the campers. These individuals have attended the event with intention of instigating riots and other violent behavior, he added.

"There is one aggressive fellow who attended and he has photos of himself with a 9-mm handgun on Facebook," he said. "We told the police about this but they said nothing could be done until he does something significant."

The group tries to deal with all negative and aggressive activity using peaceful tactics, Barkley added.

"There was once a fellow yelling racial slurs and so a family showed up, made tea and did a traditional dance," he said. "(He) just stopped and left."

# Winnipeggers commit to living on a welfare budget

LAURA KUNZELMAN  
VOLUNTEER

Four dollars - this is the amount of money people living on social assistance are estimated to have to spend on food every day.

World Food Day came and went on Oct. 16, and this year the Manitoba Alternative Food Research Alliance (MAFRA), Winnipeg Harvest, Food Matters Manitoba, Oxfam and the Canadian Foodgrains Bank put on a World Food Day and Human Library at the Millennium Library.

As the primary organizer of the event, MAFRA aimed to raise awareness of the small daily food budget for people on welfare with this event, with the intention of creating a solution to the problem in the near future in the form of higher welfare rates.

As part of the project, four Winnipeggers ate on a welfare budget like the more than 59,000 Manitobans who live on less than \$4 a day for food.

Participants included artist Karen Schlichting, local DJ Mama Cutsworth and Paul Hagerman, public policy director of the Canadian Foodgrains Bank.

Anna Weier, project co-ordinator and research associate at the University of Manitoba, believes the event helped raise awareness of the welfare lifestyle.

"They have been trying to eat on \$3.96 a day to better understand what it is like to live on the budget provided for food by employment and income assistance," says Weier.

Between 50 and 75 people attended the event at the library and three families committed to eating on a welfare budget and



STEPHEN KURZ

More than 59,000 Manitobans have less than \$4 a day to spend on food.

people blogged about their experiences.

"I thought that it was going to be difficult to start conversations between strangers, but people just dove in. Everyone spent time listening and also telling their stories. It was pretty amazing to see," Weier said.

But not everyone is convinced events such as these will amount to substantial change.

Participant Aiden Enns, editor of *Geez Magazine*, experienced something opposite to success.

"I think what I did was dumb because in the end there was no help," Enns said. "We feel good about ourselves, but people will still be poor and hungry. Next time I will be more interested in organizing with poor people themselves."

Enns added that he participated in the event because he believes that organizations like Canadian Foodgrains Bank are still doing some good, and right now, participating in events like this feels like all he can do.

Enns supports the idea of raising the daily food budget for people on welfare, but doesn't think it will be easy.

"Leaders in the community try to raise awareness through events and it doesn't always lead to change because the wrong people are organizing these things, and they don't understand what it is like to live off welfare," he said.

"We have to do more than just give to charity. We have to start experimenting with less ourselves."

## International News Briefs

Compiled by Eva Wasney

### GADHAFI KILLED IN HOMETOWN OF SIRTE

LIBYA: After months of searching, ousted Libyan dictator Colonel Muammar Gadhafi was found and killed in his hometown of Sirte on Oct. 20, the *New York Times* reported. Questions remain on the exact nature of Gadhafi's death. One of Gadhafi's sons, Muatassim, was also confirmed dead after the conflict. Libyans across the country celebrated in the streets with cheers and gunfire once news of the dictator's death spread. Graphic images of Gadhafi's lifeless body have been posted online and broadcast by several news stations.

### GREECE PROTESTS TURN VIOLENT

GREECE: The worsening debt crisis in Greece has made the Socialist government vote for tough new austerity measures to ensure bailout funding continues, the *New York Times* reported. The measures outline deep wage and pension cuts, layoffs for public sector workers and changes to collective bargaining rules that have left Greek citizens outraged. These new measures have turned a general labour strike into violent demonstrations pitting anarchist groups against pro-Communist groups while police stay relatively uninvolved. The austerity measures were approved as provisions of a \$150 billion bailout plan outlined last year by the European Commission, the European Central Bank and the International Monetary Fund.

### IRAN DISAGREES WITH U.S. CLAIMS OF PLANNED ASSASSINATION

IRAN: Heidar Moslehi, Iran's intelligence minister, has dismissed allegations that Iranian agents were involved in a plot to kill the Saudi Arabian ambassador to the U.S., the *Washington Post* reported. The two men accused of the plan have been charged in New York federal court. Moslehi argued the U.S. investigation into the case had "major contradictions and shortcomings" and questioned the use of "such absurd claims as evidence." The Iranian government has denied any connection to the two men. The plan was foiled when one of the men tried to hire an undercover FBI agent to carry out the assassination on the ambassador.

### HARPER TO APPOINT NEW JUDGES TO SUPREME COURT

CANADA: Stephen Harper is set to appoint two new judges to the Supreme Court of Canada, both of whom are aligned with the Conservative government's tough on crime stance, according to the *Globe and Mail*. Madame Justice Andromache Karakatsanis and Mister Justice Michael Moldaver have beaten out 12 others who had been nominated by the Department of Justice in August. The final stage of the process is a parliamentary hearing that will likely have both judges' defend their perceived vulnerabilities. The appointees will join the two other judges that Harper had previously selected for the Supreme Court.

### TURKEY RETALIATES AGAINST KURDISH REBEL ATTACKS

TURKEY: The Turkish government has deployed almost 10,000 elite soldiers in the country's largest offensive against Kurdish rebels since 2008, the *Globe and Mail* reported. The conflict, which is occurring in the southeast corner of Turkey and in northern Iraq, was sparked by Kurdish raids on eight of Turkey's military and police outposts. The raids killed 24 Turkish soldiers and injured 18 others. Iraq's government has not supported the Kurdish rebel attacks and has promised to stop the group from using Iraqi territory for other attacks. Turkey is home to a large Kurdish minority who began advocating for independence from the country in 1984.

## Campus

# Co-op management course a first in Canada

Academic research supports growth of co-op sector

ANNE THOMAS  
BEAT REPORTER

Last winter, the University of Winnipeg's Business Administration department offered the first Canadian undergraduate course in co-operative management.

Its instructor, Monica Adeler, was honoured in July for her work connecting academic research on co-ops to practical questions in the local community.

Adeler received the John Logue ACE Award, established last year by the International Association of Cooperative Educators.

Her research on public policy affecting co-operative development in Spain, Italy and Quebec helped shape Manitoba's government policy decisions. One result is the Co-operative Development Tax Credit introduced last year. Adeler worked in partnership with the Manitoba Co-operative Association (MCA) and SEED Winnipeg.

**"The U of W business school has identified its own market niche, which is attracting business students that tend to think a little bit outside of the box."**

- MONICA ADELER, INSTRUCTOR, UNIVERSITY OF WINNIPEG

For several years, Adeler was project administrator for the social economy initiative of the Winnipeg Inner City Research Alliance (WIRA) at the Institute of Urban Studies. The five-year project provided funding for research partnerships with local orga-

nizations involved in the social economy.

"The university often finds a student or assistant who's actually going to do the research. The university provides a professor to guide the student, and the community organization provides expertise," explained Adeler. "It tends to be very productive because it's not one-sided."

The social economy, according to WIRA, includes not-for-profit enterprises and organizations that use the tools and some of the methods of business to provide social, cultural, economic and health services to communities.

A co-op is one example.

Co-ops can be non-profit or for-profit, but always serve both economic and social purposes. Co-operatives are owned and democratically run by their members, and they balance the need for profitability with the needs of their members and the wider interests of the community, the MCA says.

The U of W's co-op management course introduces how a co-op's objectives and legal structure differ from a conventional business, then shows how mainstream management practices can be adapted to fit a co-operative model.

Adeler said there is a reason the course is offered here and not at the U of M.

"The U of W business school has identified its own market niche, which is attracting business students that tend to think a little bit outside of the box."

Along with traditional business courses, they offer non-profit management, social enterprise management, business ethics and the new co-op management course. Adeler said there may be more to come.

"There is some conversation between the business school and the co-operative sector to expand the curriculum on co-operatives," she said.



DYLAN HEWLETT

Monica Adeler's research into co-operative management led the Manitoba government to introduce the Co-operative Development Tax Credit last year.

UWSA  
THE UNIVERSITY OF WINNIPEG  
STUDENTS' ASSOCIATION

**SPECIAL  
GENERAL  
MEETING**

NOVEMBER 2<sup>nd</sup>

IN THE  
BULMAN STUDENT'S CENTRE MPR  
FROM 12:00-2:30pm

STUDENT SPEAKING  
RIGHTS GRANTED!

FREE LUNCH!

## HELP WANTED

### WE WANT YOUR SUGGESTIONS FOR THE 2011 EDITION OF THE UNITER 30

Our Dec. 2, 2010 issue featured The Uniter 30 - a list of 30 young Manitobans aged 30 or younger who are making a difference in their community.

We're currently planning the 2011 edition of The Uniter 30 and we want your input.

Do you know someone who is outstanding in their field or making a meaningful contribution to their community?

Activists, entrepreneurs, humanitarians, visual artists, musicians, filmmakers, politicians, bloggers, actors, athletes, scientists - no suggestion is a bad one.

**Email your suggestions to [TheUniter30@uniter.ca](mailto:TheUniter30@uniter.ca) by Wednesday, Nov. 16.**

Include the name of the person you're nominating, their age and a short paragraph describing who the person is and why you think they should be on the list.

Look for the 2011 edition of The Uniter 30 on newsstands Thursday, Dec. 1.

THE **UNITER**

# Brandon University strike leaves students in limbo

Students fear entire semester will be lost if strike does not end soon

AMY GROENING  
CAMPUS BEAT REPORTER

Students and faculty alike have joined the picket line in front of the University of Winnipeg's Rice Building as the Brandon University Faculty Association (BUFA) strike continues.

But some students of the Winnipeg-based Brandon University psychiatric nursing program fear the strike may cost them an entire semester of school.

According to BUFA's website, faculty are still in negotiations with the administration. Administration has not arranged a lockout, and several members of the faculty have broken the picket line to return to their jobs.

Michelle Cleland, a third-year psychiatric nursing student, says this places students in a difficult position.

"I think it's really unfair. I feel for the fourth-year students. One of their (professors) has gone back and it's souring the relationship with faculty and students," Cleland said. "It's just playing into this manipulative game that the administration is playing."

Although Brandon University president Deborah Poff released a communiqué stating students will not be penalized for choosing not to cross picket lines, the school's student union says administration refused to sign a memorandum put forth by BUFA that said the same.

"If students really are in (the administration's) best interest ... why not sign?" said Cleland. "It's very childish."

If the strike does not end soon, second-year psych nursing students may not be able to complete the required number of clinical practicum hours to advance to the next level of training, Cleland said. The school's website states no refunds will be given to students, as the deadline to withdraw has passed.

Cleland expects there will be lower regis-



Third year psychiatric nursing student Michelle Cleland says the Brandon University strike is souring the relationship between professors and students.

tration numbers at the school next year; however, with few psychiatric nursing programs in Canada, she may not have the option to attend a different university.

"The quality of education we're getting from our faculty is fantastic, but if the faculty isn't happy ... that's going to affect us as well," she said. "It's not fair what's happening to them, and therefore, not fair what's happening to us."

Dick Henley, BUFA's Winnipeg-based spokesperson, said the strike is more about control than wages.

"What they want to do is turn the university into a private corporation, where the professors would be slaves to that corporation," Henley said. "It's worthwhile striking about. We need to defend the public university."

This is the second time BUFA has been on

strike in the last three years.

"I was hopeful that this new president would develop some kind of relationship with the faculty union, but she has the same mindset as the former president," said Henley.

Still, he is optimistic a decision will be made soon.

"I don't know what would delay an early settlement at this point," he said.

Bruno Tomberli, a member of BUFA who is striking in Brandon, also hopes to see a quick end to the strike.

"When the will to make an agreement is there, it can take a surprisingly short time for an agreement to be reached," Tomberli said.

Brandon University administration did not return calls for comment.

# Two new levies passed in UWSA byelection

U of W gets \$30 fee for field house, UWSA gets 75 cents for positive space program

ETHAN CABEL  
NEWS ASSIGNMENT EDITOR

The results of last week's University of Winnipeg Students' Association (UWSA) byelection will be felt for years to come, with four newly elected directors and two brand new student fees set to be levied on top of existing tuition.

Although only two out of four positions were actually contested, the election saw Zach Fleisher elected as community liaison, Martha Terffa elected as international students director, former vice president internal Ava Jerao selected as business/economics director and Danielle Otto selected as the adaptive services director.

However, it was the introduction of two referendum questions proposing new student fees that raised the profile of the by-election, contributing to a 6.2 per cent voter turnout - more than double the turnout last year.

"There were more candidates and two referendum questions this year, which pretty much guaranteed that voter turn-out was going to go up," said Andri Shchudlo, chief elections commissioner for the UWSA, adding that last year's byelection turnout, which featured only one uncontested candidate, was roughly 2.7 per cent.

"It was a big deal, they were big referendum questions."

The first question involved the introduction of a \$30 per semester levy by the University of Winnipeg to help fund a new athletic field house on Spence Street, which will include a full-scale recreation complex and approximately 300 in-door parking stalls, all linked to the burgeoning faculty of Kinesiology and Wesmen athletics program.

The proposed levy passed with 335 votes and 57.5 per cent support.

Lloyd Axworthy, president and vice chancellor of the University of Winnipeg,



DYLAN HEWLETT

described the referendum as crucially important for the future of the project.

"It was really the last piece in putting it together," said Dr. Axworthy, adding that the fee already levied for the Duckworth fitness centre was the primary model for the new field house levy.

The \$30, per term fee will go toward operating costs in the long-run while bolstering \$15 million from the province as well as \$2 million from the City of Winnipeg for construction.

With the student levy, the field house will be largely free to access, just like the Duckworth Centre gym, said Axworthy, adding that he hopes to table a long-term business plan for approval by the board of regents as early as November.

"The entire package, between the government grants, the revenue base that will come in through parking and concessions ... and the student fee, will also cover the operating costs," he said, adding that construction will begin in the spring of next year and will be completed before the summer of 2013.

The second referendum question involved

a 75 cent, per student annual fee to help fund the UWSA's Positive Space Program, which is slated to work toward the "elimination of oppression" on campus.

The program, which was previously the responsibility of the UWSA LGBT Centre and Womyn's Centre, was awarded the 75 cents with 460 votes and 77.8 per cent support.

"It arose from frustrations from both the Womyn's Centre and the LGBT Centre about workloads," said Lauren Bosc, UWSA president.

"The program isn't necessarily just about sexuality, it's about saying racism exists on our campus, ageism exists on our campus... and that all of those things can be addressed through this program."

Although one of the primary goals of the program is to create gender neutral washrooms in order to address the marginalization of transgendered students, Bosc hopes to incorporate other forms of awareness into the program, adding that the majority of the levy will go toward a designated positive space coordinator.

## Campus News Briefs

Compiled by Danelle Cloutier

### HOW DOES FREE YOGA SOUND?

Interested in getting some exercise while losing some stress? Now you can do your downward dog on campus. Starting Wednesday, Nov. 16, the UWSA will be providing free yoga every Wednesday during the free period, 12:30 p.m. to 1:30 p.m. Those interested in attending sessions are asked to bring their own mats. Alternatively, mats are for sale at the Petrified Sole Used Bookstore. The sessions run until Wednesday, Dec. 14.

### U OF W, THE FORKS PARTNERS IN COMPOSTING

The University of Winnipeg and the Forks Renewal Corporation have been working together as part of the first and largest urban composting project in Western Canada. Once a week, two to three trucks will send the university's food scraps, containers and cutlery to the Forks to be turned into compost for landscaping. U of W introduced composting in 2005 and is one of very few large institutions doing post-consumer composting. Last year, the program diverted 51,000 kilograms of Green House Gas (GHG) emissions - the equivalent of taking 37 mid-sized cars driving 100 km per week off the road, according to the university.

### U OF W PROGRAM RECEIVES \$150,000 GRANT

The International Development Research Centre (IDRC) has awarded the University of Winnipeg a \$150,000 grant in support of its Master's in Development Practice (MDP) program. The grant money will allow 10 students in their first year and 10 students in their second year of MDP to use \$7,500 toward their required Canadian and international field placements. The MDP program will focus on the research and experience needed to help promote growth, development and sustainability in developing countries. Preference for the award will be given to indigenous students from Canada and other countries.

### WESMEN WRESTLES FIRST RECRUITS FOR MEN'S TEAM

Adrian Bruce, head coach of the Wesmen wrestling team, has announced Gordon McNabb and Eric Skeavington as the team's first recruits. McNabb has nine years of experience as a member of the Niverville Wranglers and T4 Wrestling Clubs, and was twice named as the Manitoba Amateur Wrestling Association's Outstanding Male Wrestler. He is also a five-time Manitoba Provincial Champion. Skeavington has 12 years of experience as a member of the Jr. Huskies Club team in Saskatoon. In 2007, Skeavington came in the top five at the FILA trials and was the Wetaskawin Open Champion.

### CONFERENCE FOCUSES ON THE ART OF MATH EDUCATION

On Saturday, Nov. 19, educators and the public are invited to attend the Art and Science of Math Education conference at the University of Winnipeg's Convocation Hall. This conference is devoted to understanding how children learn math by exposing attendants to experts who will present a range of views on math education, cognitive science and aboriginal education. This conference will be of particular interest to teachers, school administrators, consultants, policymakers, educators, parent groups and researchers. This event is free for Winnipeg residents.

## Comments

### Hope, Jets, hope

Will Jets support remain airborne?



**DALLAS KITCHEN**  
VOLUNTEER

If you were one of the tens of thousands of Winnipeggers at the Forks on Oct. 6 and Oct. 9, then you'll know Jets hype is flying high.

At the two events Jets jerseys new and old were worn proudly, chants of "Go, Jets, go!" echoed throughout the proceedings and actual jets soared overhead. The mood was jovial and proud.

I think it's great to see a new generation of Jets fans pumped about the return of our team, especially when you consider many of the younger fans may have been too young to see the Jets play the first time they were here.

It's also satisfying to drive around Winnipeg and see the car flags, hoodies and jerseys everywhere, but I'm going to pull the rain cloud above our heads for a moment and ask: how long will the hype last?

I know my city. We're fair-weather fans. We like to support something when it's new and hot, and then lose enthusiasm as time moves on.

I even saw it at the Forks during the first game: Jets "fans" were already leaving before the second period was over.

I was definitely having flashbacks to '95 while I watched them play the Habs that day, and the thought of walking out on the first game in 15 years didn't cross my mind.

I waited a long time for the NHL to return and the fact that our team lost 5-1 against



Montreal, who is a good team, doesn't bother me. There is still a lot to be happy about.

I want to be positive and say support for

the team will remain consistently strong throughout the season and well into future seasons, but I have my doubts.

If the Jets start losing a lot of games, I don't see the general support remaining very strong. I'm not a pessimist - I just know what happened last time.

I'm a positive guy, which is why I also believe that if widespread support does begin to wane, the Jets will still have a strong core fan base large enough to keep the team here for many years to come.

Today's Winnipegger has a different mentality from the Winnipegger of the mid '90s.

For one, we're a bigger city now. There are a lot of big name retailers beginning to call Winnipeg home, such as IKEA, Target and the Apple Store at Polo Park.

We have the future Canadian Museum for Human Rights, and a centralized sports venue to host our NHL team.

I could go on, but my point is that there is a lot for Winnipeggers to feel positive and excited about now. It's easier to support our sports teams during times of poor performance when we have other reasons to feel good about our home.

As I mentioned, there's a whole new generation of Jets fans now. Sure there were a lot of people who showed up for the White Out in '96, but there were many people who had completely given up on the team by that point, too.

To this new generation of fans, the home NHL team experience is new, and they may just be a little more forgiving than others were in the '90s.

To read more from Dallas, check out his blog at [www.dallaskitchen.ca](http://www.dallaskitchen.ca).

## Why?

Repeated van break-ins cause contributor to question humanity's worth, especially in Osborne Village



**MATTHEW POWERS**  
VOLUNTEER

This is an open letter to the person or persons who keep breaking into my van - well, "breaking in" may not be the most accurate way of describing it, since I leave my doors open. But I'll come back to that.

You. Yeah, you: scumbag. Stop it already.

What kind of a person breaks into a vehicle and takes things that aren't theirs? What's your deal, man: greed? Desperation? Lack of moral fibre? Or just straight disrespect for other people?

Whatever it is, there's an abundance of it in Osborne Village, where me and my poor van reside.

Let me make this abundantly clear: there is *nothing* of any value inside my van.

You'd have better luck finding something valuable in one of the dumpsters that line my back alley (but then again that's really more of an early morning profession, and you seem more accustomed to lurking under the cover of night).

What about my van screams "valuables inside"?

It's a 1992 Ford Econoline. It's covered in rust from many winters of use that have also seized the side doors shut. The two back doors don't open because the handle has been broken off and the front windshield has a spider-like crack creeping across it.

It was the theft of my stereo a couple years back that set this whole thing into motion.

I was different back then. I smiled more. I even locked my doors; I trusted that I could leave the things I wanted to in my vehicle and they would be there the next day, waiting for me.

But that all changed.

In my mind I can still see the empty hole where my stereo once was, wires hanging out across the dashboard like entrails from my wounded van.

They got in through the passenger door, breaking the lock in the process. They even

left the screwdriver they used behind, on the floor.

But maybe I was asking for it. After all, I did leave the faceplate on.

Change, CDs, cigarette packs (empty or not): these are all invitations for these sick bastards to come right in and take something for themselves.

Someone stole a \$10 pair of gas station sunglasses from the van once, breaking the driver's side lock to get the beauties.

Did I mention that my interior light has burnt out from crooks leaving doors open?

That's why I didn't see that the prick who broke into the van last week left the passenger door slightly ajar. I realized it wasn't latched when I made a left turn into traffic and the door swung wide open.

There have been more break-ins, but I don't need to describe them all. Really, the one thing that hasn't happened yet - and I'm getting more worried about this as winter approaches - is my finding someone asleep in there when I open the door in the morning.

I'm sure some of you reading this are laughing at my misfortune, and that's fine. I can see the humour in my futile situation.

Some of you, possibly even the perpetrators I'm writing about, will yell, "You can keep people out of your van by locking the doors, jackass!"

Well, smart guy, you haven't been paying attention have you?

If I lock the doors, or even if one of these mindless criminals happens to hit the electronic lock on the way out, I will be stuck out of my own van. This is the cruel irony of my story.

If I could get one thing out of writing this, I would want these people in question to stop breaking into my van and respect other people's possessions.

But if I could be greedy and get two things out of writing this, the second would be to find the asshole who stole my bike.

*Matthew Powers is a local musician and general scoundrel. Kicking him in the shins will bring you good luck.*



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# Learning to share the roadway

Cyclists and motorists can't treat busy urban streets as highways



**ROBERT GALSTON**  
VOLUNTEER STAFF

In May, I spent a couple of days cycling around Manhattan and Northwest Brooklyn. My initial plan, as I nervously set out from my friend's place in the East Village that first morning, was simply to get up to Central Park with as little time spent on the busy streets as possible.

Central Park, where most of the winding roadways are essentially car-free, was fun to ride in, and I crossed the length of the park in what seemed like a few minutes.

But what was just as fun as riding in the busy streets of Manhattan, which I soon discovered were safe and easy to navigate. Traffic moves slow, and so darting in and out of different lanes on Sixth Avenue was not the same act of suicide it is on Portage Avenue.

I felt safer rounding Columbus Circle, or riding through Madison Square for the first time, than I ever felt making a left turn from Portage onto Main. And the absence of yokels racing by in their pickup trucks, urging me to "get off the road, faggot" was a pleasant reminder that I was no longer in Winnipeg.

This difference between cycling in New York and in Winnipeg is caused by the density and diversity that exists on the roadways of New York.

In Winnipeg, 50 years of traffic engineering has enabled a deeply entrenched car culture, as formerly vital streets were cheaply fashioned into conduits to suburbia.

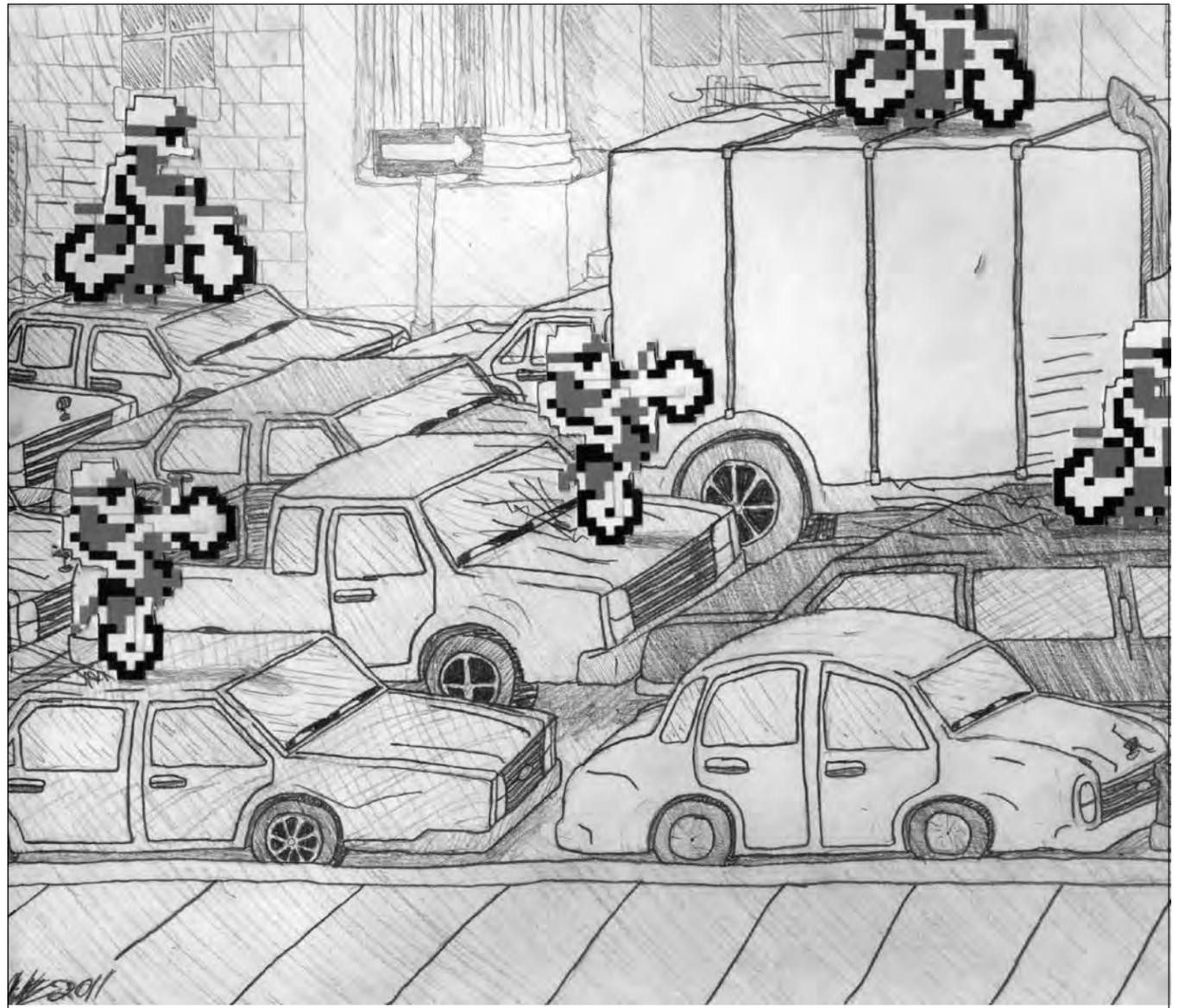
In Manhattan, no one drives a motor vehicle without expecting to share the roadway with cyclists - from couriers on road bikes to the Kamikaze-like food delivery guys on mountain bikes.

And it's not just cyclists: there is also an endless supply of delivery trucks, buses and taxicabs. And then there are pedestrians, who assertively jaywalk or cross against the light when the opportunity permits.

In other words, drivers in Manhattan have to use their brains and be cognizant behind the wheel. In Winnipeg, they usually don't have to, which is why so many motorists here claim the cyclist they sideswiped "just came out of nowhere."

It works both ways, and cyclists have to focus on the road as well. On a bike in New York, there was little time to stare up and marvel at the ornate cornice of an ancient skyscraper, or to double check if that was Michelle Williams back there.

Like most North American cities recently, New York has undertaken a massive effort to build new cycling infrastructure, such as dedicated bike lanes. Great news, but some New York cyclists are finding the bike lanes



MIGUEL MCKENNA

slower and more dangerous than the street was before.

**Drivers in Manhattan have to use their brains and be cognizant behind the wheel. In Winnipeg, they usually don't have to, which is why so many motorists here claim the cyclist they sideswiped "just came out of nowhere."**

Built at the sidewalk edge, between a row of parked cars, Manhattan's bike lanes fill up with pedestrians and delivery people cart-

ing wares from trucks to storefront businesses. And so these bike lanes have become only useful and safe for slow cyclists. For anyone in a hurry - commuters, couriers or kids from Winnipeg who would like to cross town before the day's end - riding in general traffic is a better option.

Cyclists should remember that city traffic is best when it is slowed down and congested with different users. Fast moving streets are dangerous ones, and even a properly designed bike lane (something Winnipeg does not come close to having presently) can only do so much.

Bike lane planning should not function on the same objective as conventional traffic engineering: to make rapid movement as efficient and easy as possible, where the less sensory power utilized by the vehicle operator,

the better.

Great streets are able to do many things, but they cannot do any one of them perfectly. Just as there are many kinds of cyclists that will use a good bike lane, there are even more kinds of users that will use good streets generally.

This complexity of the street is necessary if we are to have healthy neighborhoods, and without healthy neighborhoods, we don't have places that are compatible with cycling as a practical transportation option - we just have two conflicting sets of quasi-freeways.

*Robert Galston has written on urban issues since 2005 in his blog [The Rise and Sprawl](#), and for the [Winnipeg Free Press](#) and [The Uniter](#). He is currently studying at the University of Winnipeg and is employed at the Institute of Urban Studies.*

## Cohabitation or animosity?

Buses and bicycles have to learn to work together



**LUCAS REDEKOP**  
VOLUNTEER STAFF

Although cyclists and bus riders often share similar concerns such as environmental awareness and financial savings, the relationship between the two can be at times strained.

To cyclists, buses are dangerous to ride alongside and sometimes encroach on their territory. For example, the cycling lane on Maryland is exceptional for cycling, but is difficult to use when buses cross into cycle territory to pick up and drop off passengers.

For bus riders there is the frustration of being stuck behind a slow cyclist on the Osborne Bridge, or being sideswiped by a sidewalk-riding cyclist while waiting for the bus.

I do not think this tension results from a primal distrust of one another, but rather from being forced to fight over car-focused infrastructure leftovers. Scarcity in this instance breeds conflict.

Despite the occasional wariness of each other, given the common goals of the two parties, many cyclists continue to be public transportation advocates and vice versa.

**I do not think the tension between bus and cycling advocates results from a primal distrust of one another, but rather from being forced to fight over car-focused infrastructure leftovers**

The soon-to-open Southwest Rapid Transit Corridor (SWRTC) from downtown to Jubilee brought together cycling and bus advocates to hopefully make the route positive for both parties. The route does have some mutually beneficial characteristics, but still has some obstacles.

The improved biking path along Donald

Street from Harkness to Osborne is a benefit for cyclists. However, the Osborne Street underpass, which the new Osborne Station will sit atop, still poses a problem for cyclists.

Presently, cyclists are faced with either braving car traffic in the darkened underpass or disrupting pedestrians on the tight sidewalk.

Bus, pedestrian and bike advocates requested a cycling tunnel be built during the transit corridor construction, to accommodate the estimated 181 cyclists who use the underpass daily. In response, the city commented that bike infrastructure will be incorporated in the underpass refurbishment which is scheduled to happen in 2015.

Another issue is the tunnel built under the Fort Rouge rail tracks will only serve buses.

Pedestrians and cyclists will still not be able to move between North and South Osborne without going through either the Jubilee or Osborne underpasses.

The greatest potential for buses and cyclists to mutually benefit is the second stage of the SWRTC. In the plan, cycle paths are to be built alongside the bus corridor, which paral-

lels the CN line west of Pembina.

Having a cycling option to Pembina would be welcome respite for those who are currently forced to brave the busy street.

The extension of the corridor would be positive, since it is often easier to implement better cyclist/pedestrian routes on new infrastructure than trying to incorporate them on existing roads, especially roads designed for cars with active transportation as an afterthought.

Despite the recent attempt to accommodate cycling, the city of Winnipeg continues to primarily focus on car transportation. While the second stage of the SWRTC route is shelved, outer road extensions - i.e. Chief Peguis, Tuxedo Yards - continue to be built.

Not to bemoan road construction, but a continual fight over leftovers is straining the nerves of both bus riders and cyclists.

*A member of the Winnipeg Rapid Transit Coalition, Lucas Redekop is a mature student with an interest in civic discourse who lives in West Broadway.*

# Five reasons why I love to cycle



**JOHN PAUL PETERS**  
VOLUNTEER

## Reason #1

Riding a bike is awesome!

I figured that out as a five-year-old. As a bike commuter I get to do something that I like every day, both before and after work, as opposed to being cooped up in a car stuck in traffic.

## Reason #2

Good friends.

I've made many good friends through bike clubs, cycling events and races. Bike riding is really something you can do with others any time you want. Whether it's with one other person or a group of 20-plus, a good ride always affords lots of time to socialize.

I ride regularly on Tuesday nights with a great group of folks, usually concluded at a local joint for post-ride drinks. Let's just call it beer o'clock-calories justified.

I've also had fantastic times on group trips to various riding destinations such as the Maah Daah Hey trail in North Dakota, Falcon Trails in the Whiteshell and Canmore, Alta.

## Reason #3

I love bike racing!

The adrenaline, the pain, the glory, the failure, the strategy and the camaraderie all keep me coming back for more.

I've been racing mountain bikes for six years and cyclocross for two seasons. My only regret is not getting into it sooner.

There are lots of levels of competition and the sport is very welcoming to riders interested in exploring bike racing. Find more information at [www.mbcycling.ca](http://www.mbcycling.ca).

## Reasons #4 & #5

It has been said that while cars run on money and make you fat, bicycles run on fat and save you money.

As a year-round bicycle commuter, I save anywhere upwards of \$6,000 per year of the cost of a second vehicle. While I do own a car, it is used primarily for family transportation and longer-distance ventures.

My commuter bike cost me an initial output of around \$700 and averages about \$50 per year in maintenance, plus \$45 dollars in insurance for a total of only roughly \$200 per year in bicycle-specific expenses.

Obviously winter commuting requires a certain amount of specialized clothing. However, most of it is useful for other winter activities.

Staying fit was initially my main reason for commuting to work. I work in the music industry and while I love my work, I don't move around a lot on the job. Since I started



I want to ride my bicycle: Cycling equals fist-pumpin' good times for local recording engineer and producer John Paul Peters, who rides daily.

STEFAN ISFELD

riding regularly, I've been able to eat lots of good food and maintain a healthy weight at the same time. I get to work invigorated and ready to go, not to mention I'm not shivering in a cold car.

That's right - winter bike commuting doesn't have to be cold. It's all about what you wear. I ride my normal commuting bike with slick road tires year-round.

## Reason #6 (Bonus - but equally as important!)

Cycling is good for the environment.

Less waste, drastically lower production resources, virtually no carbon emissions, high efficiency, less traffic congestion, better use of space.

The list goes on. What is there not to love about this?

*John Paul Peters is a classically trained violinist who first made a name for himself in Manitoba's music scene as the guitarist for the bands *The Undecided* and *Officer Down*. Over the past nine years, he's established himself as a recording engineer and producer, working on albums with *Comeback Kid*, *The Waking Eyes*, *SubCity*, *Evil Survives*, *Matt Epp*, *Electro Quarterstaff* and many more. Visit [www.privateear.ca](http://www.privateear.ca).*

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UNIVERSITY OF TORONTO PHILOSOPHY PROFESSOR  
AND AUTHOR OF THE BOOKS *THE REBEL SELL* AND *FILTHY LUCRE*

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## Arts & Culture

# The world according to BROOD



They don't look like brooders: The guys in Elliott BROOD are actually happy fellas.

SUPPLIED

### JESSICA BOTELHO-URBANSKI VOLUNTEER

Toronto trio Elliott BROOD has evolved from a niche "death country" act, to alt-country aficionados in the past seven years.

Originally founded as a solo project in 2004 by Mark Sasso, lead vocalist, banjo, guitar and harmonica player, he was eventually joined by guitarist and bass pedaler Casey Laforet, and drummer and classically-trained pianist Stephen Pitkin.

All three push themselves to play multiple instruments and sing, which means they sound like a much bigger band than they actually are.

"It's only three people but most people are kind of wowed (when they hear us), like you know, 'What's going on here?'" remarks Sasso, over the phone from Hamilton.

They started out, as most musicians do, passionate but broke. So to release an EP

they placed burnt CDs and handmade photo books in brown paper bags - and Tin Type Records was born.

"We were like, we'll make 100 ... and we just kept making them. Next thing we know, we made 5,000 by hand."

Ironically, they've since signed with Paper Bag Records.

However, Sasso still appreciates the DIY aspect of record making that took precedence in the early 2000s.

"At that time music was changing, you were able to create stuff by yourself by hand," he says. "That freedom was pretty great. We still design everything ourselves and we enjoy that."

Their drive has definitely paid off. After receiving loads of critical praise for its third release, 2008's *Mountain Meadows*, the band was shortlisted for the prestigious Polaris Music Prize.

The band kept its cool and didn't pressure themselves into making a new record right away.

"Over the last three years, I think we've grown as musicians and performers and writers. So I think (we'll) probably write a better record. We feel as though we have," he says.

Though the words "heavy" and "banjo" together may rightfully scare most, hoards of country-phobes need not worry. Nothing is classically country about BROOD. Rarely do they dabble in twang, opting instead for a folksier route a la Bob Dylan or Neil Young.

Inspiration for the long-awaited followup, the recently released *Days Into Years*, came from an impromptu trip taken during a touring break in Europe.

Hoping to avoid the expensive toll routes between the Netherlands and Barcelona, the group took back roads, where they stumbled upon the Étapes (Military) Cemetery.

"We were just going to kind of meander through France and see what we saw, then after (Étapes) it was just like 'OK, we have to go to Juno Beach, let's go to all these historical sites.' It kind of gave us a different view of life."

Newly enlightened, they vowed to make an album inspired by military history.

Though it's distinctively sombre, *Days Into Years* broaches topics of war and death respectfully, as a sort of tribute album to the lives lost in battle during the First World War.

"You have to approach it almost like an actor. For this record, it was just like, 'What would you be feeling? What would you be doing?' It's our most personal record I feel, of all of them."

⇒ See Elliott BROOD live at the West End Cultural Centre on Saturday, Oct. 29

⇒ Fellow Toronto act One Hundred Dollars will open the show

⇒ Doors at 7:15 p.m., show starts at 8 p.m.

⇒ Tickets \$20 in advance, \$25 at the door, available through Ticketmaster, Music Trader and the Winnipeg Folk Festival Music Store

⇒ Visit [www.elliottbrood.ca](http://www.elliottbrood.ca)



Alyssa

"Most of it is second hand"

## FASHION STREETER

The Uniter Fashion Streeter is an ongoing documentation of creative fashion in Winnipeg inspired by the Helsinki fashion blog [www.hel-looks.com](http://www.hel-looks.com). Each issue will feature a new look from our city's streets and bars in an attempt to encourage individual expression and celebrate that you are really, really good looking.

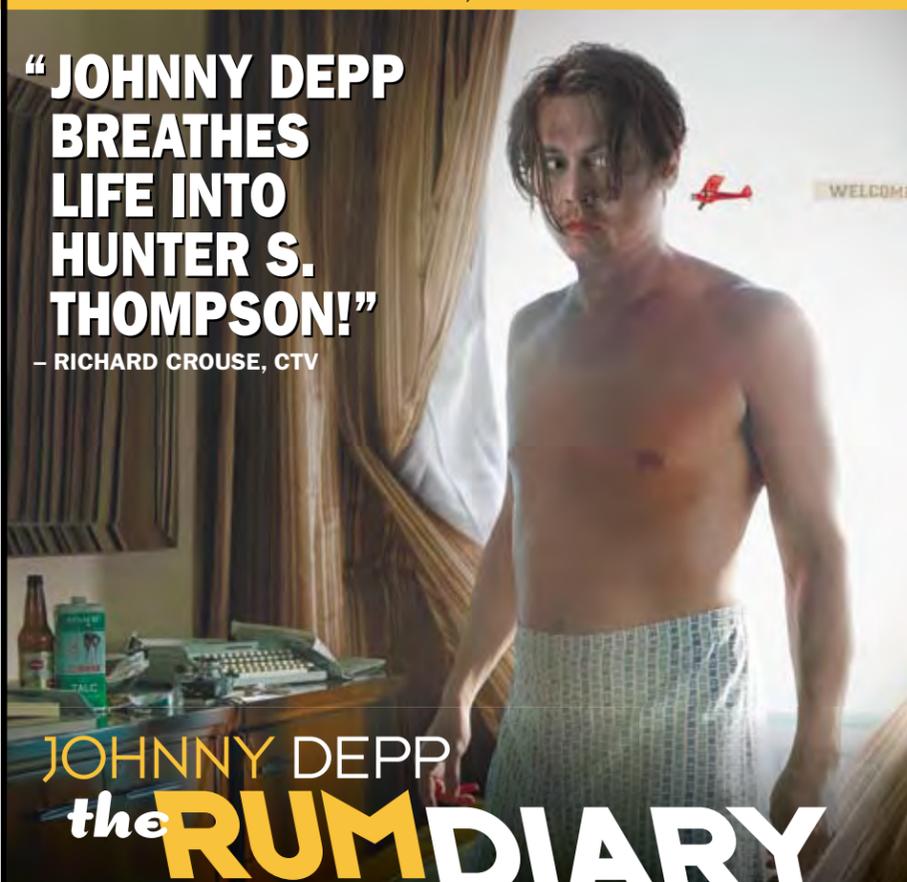
KUZEMA VALERIJA

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— ERIC KOHN, INDIEWIRE

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— RICHARD CROUSE, CTV



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IN THEATRES FRIDAY, OCTOBER 28<sup>TH</sup>

## MUSIC LISTINGS

## THURSDAY, OCT. 27

It will be a foot-stompin' good time when Winnipeg rock act THE RIPPERZ release their new CD *You Are the Moon* at the West End Cultural Centre with supporting acts THE VIBRATING BEDS and THE DOWN HOME BOYS from Regina.

Legendary Canadian punk rock band D.O.A plays the Pyramid Cabaret.

Theatrical weirdo-rockers FRIENDLY RICH & THE LOLLIPOP PEOPLE are launching Winnipeg's newest venue, The Atomic Center, 167 Logan Ave. with local acts SLATTERN and TERRORIST.

Brooding roots-rock act WOODSHED HAVOC plays the Times Change(d) High and Lonesome Club with BYRNE FIDLER.

QUINZY is playing a fundraising event for El Salvador at the Park Theatre Café.

BERT JOHNSON and PETE BUNDY play Saffron's on Corydon.

ROUTE 59 play the Cavern.

MARIJOSEE and FIRE & SMOKE play the Centre culturel franco-manitobain.

Latin-act PAPA MAMBO spices up the Current.

## FRIDAY, OCT. 28

SKALLOWEEN XI is at the WECC featuring CHRIS MURRAY (King Apparatus from L.A.), THE AFTERBEAT, THE SCARLET UNION, RWPO and DJ CRABSKULL.

THE HALLOWEEN ROCK 'N' ROLL SHOW features a great lineup of Peg City's finest garage-punk acts including: THIS HISSES, LES SEXY, THE VIBRATING BEDS and THE THRASHERS at the Park Theatre.

Spooky SMOKY TIGER plays his annual Halloween gig at Finn's Pub with RASTAMILS and SAUNLUST.

Roots act THE CROOKED BROTHERS play the Folk Exchange.

ANDREW NEVILLE and THE POOR CHOICES is at the Times Change(d) High and Lonesome Club with THE GREG COCKERILL BAND.

THE WIND-UPS & PICTURES OF LILY play the Cavern.

THE MANITOBA FOLKWAYS, an audio portrait of the province's music, will launch at the Lo Pub featuring live performances.

Blues artist LINDSEY WHITE returns to Aqua Books.

Blues act THE DETONATORS play Highway 75 Blues & Sports Bar.

THE CHEER BAR AND GRILL, formerly The Academy, welcomes THE ZOMBIE REVOLUTION with GOLDEN BOY and XANADOODS.

## SATURDAY, OCT. 29

MARK SULTAN is rockin' Pop Soda's Coffeehouse and Gallery, 625 Portage Ave., on Saturday with local acts THIS HISSES and GREG ARCADE & THE ELECTRICS.

The much-anticipated return of roots-rock act ELLIOT BROOD is at the West End Cultural Centre with supporting act ONE HUNDRED DOLLARS.

The Times Change(d) HALLOWEEN HELLRAISER features ANDREW NEVILLE and THE POOR CHOICES and THE JD EDWARDS BAND.

The Cavern's BEWITCHING HALLOWEEN BURLESQUE SHOW features guests THE BOTTLE ROCKETS.

The new EXTRA STRENGTH HALLOWEEN party featuring DJs HUNNICUTT, CO-OP and RIC HARD is at the Pyramid. Get there early - this one's selling out.

It's an anything but standard Halloween party at the Standard with EX-MODERN TEEN, VAMPIRES, THE BLISTERS and JOHNNY SIZZLE.

NIGHT OF THE LIVING DREAD 6 hits the Zoo with DREADNAUT, SUPER FX, THE LEGION OF LIQUOR and TYRANTS DEMISE.

Open the gates to HELL NIGHT 2011 at Ozzy's with DJ COUNT ZERO, DJ MACABRIA, DJ RAZED, GROIT and SYNTHROID.

THE STURGEONS and COUG & COUGARS play Le Garage Café.

THE MANITOBA MUSIC SHOWCASE features great artists like JAMES STRUTHERS, KAYLA LUKY, MISE EN SCENE and THE CROOKED BROTHERS at the Lo Pub.

## SUNDAY, OCT. 30

ALL THE KING'S MEN play their weekly gig at the King's Head Pub, this time featuring LEONARD SHAW.

BIG DAVE MCLEAN'S blues jam is at the Times Change(d)

High and Lonesome Club.

SAVAGE SPECIES play Ozzy's.

Jubilee Place at the U of M hosts CARMINA BURANA/SYMPHONY OF PSALMS with U OF M SINGERS and RENAISSANCE VOICES.

## MONDAY, OCT. 31

It's Halloween at the Lo Pub with ROYAL CANOE, MISE EN SCENE and DJ ROB VILAR.

Spend Halloween with roots-rock legend LEON RUSSEL at the McPhillips Station Casino.

It's a HARDCORE HALLOWEEN with WOLBACHIA, WODWOS, SKELETON, TU SUFRES and EGYPTIAN ART STIRKE at Negative Space, 253 Princess St.

Urban Bakery hosts CLOWNS N' F'N ROSES with DJ CO-OP at the Green Room, 108 Osborne St.

LAIDBACK LUKE, SOUND REPUBLIC & the READYMIX crew host HALLOWEEN at Republic Night Club.

## TUESDAY, NOV. 1

TIM HOOVER a.k.a. DJ CO-OP is off to Europe and he's raising funds with a party at the Lo Pub.

DAN MANGAN returns to Winnipeg. Following his last sold-out performance at the Park, Mangan will be upgraded to the Garrick Centre.

## WEDNESDAY, NOV. 2

Hamilton rock act MONSTER TRUCK plays the Lo Pub.

Acclaimed rap act WINNIPEG'S MOST hits the WECC stage with THE LOCAL ONLYZ.

ROGER DALTRY performs The Who's Tommy at the MTS Centre.

## UPCOMING EVENTS

Edmonton rock act THE FALKLANDS return to Winnipeg play-

ing the Times Change(d) High and Lonesome Club with SUB-CITY and Vancouver's PREVIOUS TENANTS on Nov. 3.

The HUMMERS get back together for a reunion show at the Lo Pub on Nov. 3.

VALERIE JUNE, a favourite at this year's Folk Festival, is returning to Winnipeg on Nov. 4 and Nov. 5 at the Times Change(d) High and Lonesome Club at 7 p.m.

THE PERPETRATORS are releasing their new album *K-Mac's and Howik's Punk Blues Funhouse* with BRADLEYBOY on Nov. 4 and Nov. 5 after Valerie June at the Times Change(d) High and Lonesome Club.

Bluegrass with a punk-rock attitude LARRY AND HIS FLASK is at the Pyramid Nov. 5. It's gonna be a barn burner.

Bluegrass with a traditional attitude - local sensations OH MY DARLING release their new album *Sweet Nostalgia* on Nov. 5 at the WECC.

Brooding Vancouver rocker MATTHEW GOOD plays the Burton Cummings Theatre Nov. 7.

TOM WILSON returns to Winnipeg in the form of LEE HARVEY OSMOND at the West End Cultural Centre on Nov. 9.

BIG SUGAR is back playing a concert at the Burton Cummings Theatre on Nov. 10.

THE WEBER BROTHERS are performing at the Park Theatre Nov. 11

The much hyped, TUNE-YARDS play the West End Cultural Centre on Nov. 14.

The St. John's six-piece HEY ROSETTA are playing the Garrick Centre on Nov. 17.

CHAD VANGAALAN is playing the West End Cultural Centre on Nov. 18.

This year's Rainbow Trout Festival was unexpectedly cancelled, but on Nov. 18 at the Lo Pub local bands will unite to keep the festival alive.

Stoner-rockers KYUSS are playing the Garrick Centre on Nov. 29.

THE AMAZING KRESKIN attempts to read our thoughts and blow our minds on Dec. 13 at the WECC.

The MAGNIFICENT SEVENS' long, long, long awaited album release is finally happening on Dec. 15 at the WECC.

Ex-Can front man DAMO SUZUKI is coming back to Winnipeg! But you'll have to wait until March 22. He'll be performing until your mind is goo at the WECC.

## CLASSIFIED AD

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## Circle of friends: I'm Trying Records is Winnipeg's newest great label



Insert burning CD gag here: Will Jakobson, Corey Hykawy, Kevin Mozdzen and Ben Figler of I'm Trying Records relax in front of a fireplace.

SUPPLIED

PAMELA ROZ  
VOLUNTEER STAFF

"They do everything. They do show booking, they'll make posters, they'll find bands to play and they'll do stuff like drive me around. Basically anything I need help with."

Local artist Micah Erenberg (Zoppa, Little House) explains what it's like to be part of the I'm Trying Records family, though it still goes much deeper than any laundry list the label's artists could give.

Officially born in March 2011, I'm Trying Records is the product of Kevin Mozdzen and Ben Figler, two local music-loving friends turned business associates thanks to working one too many mind-numbing hours together at a local construction job.

After realizing just how much great music their friends were making without any offi-

cial label support, they made a move.

Now, the label includes acts such as Zoppa, The Hoots, A Waste Odyssey, Three Imaginary Boys and Little House.

**"The bands know we aren't trying to make a quick buck off of their art; everyone has each other's best interest in mind."**

- KEVIN MOZDZEN

While adding the word "business" to any sort of partnership could mean the end of a friendship, the opposite is true in the case of these two and team members Corey Hykawy and Bjorn William Jakobson.

"It has been easy keeping things very 'friendly' because we are all friends and have

been for a long time, before the label was even thought of. Also, all the members of all the bands were originally friends before they were signed" explains Mozdzen.

"As for how we maintain that, I think it comes down to just being comfortable and trusting one another. The bands know we aren't trying to make a quick buck off of their art; everyone has each other's best interest in mind."

Call it a bromance and the boys will likely agree, though something else they have to be on the same page about is the music.

"We are drawn to a variety of artists, as you can see from our roster. But the thing that they all have in common is an honest love for music, both in terms of creation and appreciation," Mozdzen says. "We have never approached an artist because they are hyped or anything like that. We have to honestly enjoy their music and recognize that they enjoy creating it."

Within all the peace, love, happiness and music is a whole lot of work. Along with the previously mentioned tasks, Mozdzen tacks on booking tours, setting up interviews, making videos, designing artist merchandise, hanging posters and more.

With those activities being a constant, the label's main focus for the next six to eight months will be releasing albums from every act on their label.

With that, who else do I'm Trying Records dream adding to their roster?

"The Blisters. They are a great local band, they are amazing musicians and they are some of our best friends," says Mozdzen. "Unfortunately, they got snatched up by Woven Records. (But) if I could work with anyone, it would definitely be The Blisters... or The Beatles. Either or."

Visit [www.facebook.com/imtryingrecordswinnipeg](http://www.facebook.com/imtryingrecordswinnipeg) and <http://imtryingrecords.blogspot.com>.

## CD REVIEWS

## THE EARDRUMS

*We're Not From Toronto*  
Independent

★★★★☆



LOCAL

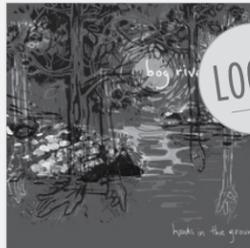
Oh, The Eardrums. From your cheeky sense of humour in the visuals (the album cover features shots of Winnipeg skylines with the CN Tower crudely taped onto it) and the lyrics, your *We're Not From Toronto* EP is just what the Canadian music scene needs - a band that doesn't take itself too seriously. A straight-up rock record with a twist, opener *Toronto* is a kick in the teeth, announcing the local three-piece as a force to be reckoned with. The disc is incredibly slick for an entirely self-produced/mixed/mastered release. One track, the boisterous *Mystery Mansion*, claims to have been recorded "live at Budokan" and truly sounds like it. Why these guys aren't being touted as the next great local rock band is beyond me, so let's start here.

- Nicholas Friesen

## BOG RIVER

*Hands in the Ground*  
Independent

★★★★☆



LOCAL

Holy heck, Bog River is the closest thing to a rock band in the roots scene. The double shot of *This Side of the Sea* and *Miner's Delight* that kick off this debut full-length from the local trio are insanely catchy and energetic. *All of Heaven's Angels* opens with an old-timey tease, while *Buckle Down* is a dixieland throwback, announcing Bog River as a group that can acknowledge where it came from, while it defines its own sound. *Head Full of Sound* and *After the Flood* are beautiful little tunes, utilizing a sparse musical set-up that allows the trio's vocals to truly shine. Self-produced and recorded in a cabin, the record feels as though Bog River is performing in intimate show just for you, setting the tone while you sit at your typewriter, cranking out the great Canadian novel with a glass of red.

- Nicholas Friesen

## THE DEEP DARK WOODS

*The Place I Left Behind*  
Six Shooter Records

★★★★☆



The instrumentation on Saskatoon, Sask.'s Deep Dark Woods' sophomore album is lovely. Album opener *West Side Street* is a narration of Saskatoon's rougher edges; it's a little more chipper than the following tracks (and comes with a fun organ line). Third track *Mary's Gone* is heartbreaking, with its soaring guitars and mournful strings. *Virginia* could be the soundtrack for a lone ranger's ride off into the sunset, while he thinks of his girl back home. As singer Chris Mason sings in his smooth vocals on *Sugar Mama*: take a chance on this album. *The Place I Left Behind* does begin to feel like a bit of the "same" after a while, as the tempo stays pretty steady throughout, but it is an easy listen that lends itself to reminiscing about times gone by. I am just not quite sure I could sit through all 13 tracks in one listen.

- Kaeleigh Ayre

## ACRES OF LIONS

*Collections*  
Cordova Bay

★★★☆☆



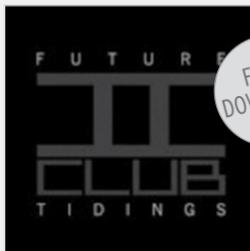
It is very evident that Jimmy Eat World is one of this Victoria, B.C. band's influences. The majority of the songs from *Collections* sound like they could have been a cut from one of the former's recent albums. Acres of Lions employs similar build-ups and break-downs, harmonies and lyrics to the Jim Adkins-fronted band. This formula has been tried before, and it feels passé. Perhaps I would have dug this album a few years ago, but now it feels so familiar, and nothing makes *Collections* stand out. Acres of Lions missed the emo bandwagon by a few years.

- Kaeleigh Ayre

## GEMINI CLUB

*Future Tidings*  
Independent

★★★★☆



FREE DOWNLOAD

Chicago electro-indie popsters Gemini Club have an incredibly familiar sound - think a more natural Shiny Toy Guns - but it's worth checking out. This EP opens with *Dealer*, a basher of a lyrically violent tune, and continues with the thumpingly retro *Mirrors*. *Show Me a Showdown* is a little cheesy, but the synthy *Mary's Day* and *Future Tiding* are cool as shit. Apparently the trio has a special rig that allows them to manipulate the mostly electronic tunes in a live setting, so as not to just re-create the album versions at each show. Either way, these songs would sound great in the club, at home or during a montage of Bret Easton Ellis characters doing blow in slow motion. Download the EP at <http://geminiclub.fm/#downloads>.

- Nicholas Friesen

## It's all action and there's 33 years worth of photos to prove it

D.O.A.'s Joey Keithley gives a visual history with new book



SUPPLIED

The faces may change due to age and line up changes, but D.O.A. is still Canada's most reliable punk band.

ADAM PETRASH  
VOLUNTEER STAFF

This year sees legendary hardcore punk veteran and D.O.A. front man Joey "Shithead" Keithley release his second book, *Talk - Action = 0: An Illustrated History of D.O.A.*, through Arsenal Pulp Press.

The book reads in chronological order from 1977 to present, documenting the Vancouver band's colourful history.

**"If you put your mind to it you can overcome almost anything. You have to be determined and have a great amount of self-belief. I happen to have both."**

- JOEY "SHITHEAD" KEITHLEY, D.O.A.

The coffee table-like book boasts a stellar collection of photos, posters and ticket stubs. It's combined with short, punchy narrative (including some very funny stories) that adds depth to the book.

"The cool thing is you don't have to read it from start to finish," Keithley says, over the phone from Vancouver. "Every page explains itself in a way."

The book is more than just a history of pretty pictures accompanied by witty dialogue.

"It's kind of like a self-starter to activism, in a sense showing what I and the band did along the way to do our little bit to change the world," he says.

Further reading will show that this book is

not just for the punks.

In the book, Keithley scoffs at the "paranoia" associated with punk music and believes that most people miss the point.

"When people tend to think of punk rock they think of the loud music, and mohawk haircuts, and the studded jackets, and obnoxious behaviour - which is no doubt part of it," he says. "The other thing is (punk) kind of really broke the mould. There was a real sense of self-expression without any rules.

"People who were looking for that were drawn together. ... You had bands that became punk rock bands, experimental bands, and new wave bands, and some reggae bands and we all hung together; it wasn't exclusive. ... (We got) a sense of freedom we didn't get from other types of music," he concludes.

Keithley details with great precision the good, the bad and the ugly in *Talk - Action = 0*. He shares the successes, the trials and tribulations, and the numerous breakups and revivals D.O.A. has endured.

Yet, the book always reads as optimistic, hinting at why D.O.A. has kept burning all these years.

And, the book's overall message is one anyone can relate to.

"If you put your mind to it you can overcome almost anything," Keithley says. "You have to be determined and have a great amount of self-belief. I happen to have both."

*The release of his new book brings Keithley and company to Winnipeg on Thursday, Oct. 27.*

*Keithley is scheduled to appear solo at McNally Robinson at 5 p.m. for songs, stories and a Q&A. The band then hits the Pyramid at 9 p.m. where they'll be turning on the amplifiers and showcasing what they do best - being one of the originators of hardcore punk.*

## WIN TICKETS MARK KOZELEK AT THE WECC

WIN TICKETS TO SEE ACCLAIMED RED HOUSE PAINTERS AND SUN KIL MOON VOCALIST/GUITARIST MARK KOZELEK LIVE AT THE WEST END CULTURAL CENTRE ON FRIDAY, NOV. 4 AT 8 P.M.

EMAIL YOUR NAME AND DAYTIME PHONE NUMBER TO CONTESTS@UNITER.CA BY NOON ON WEDNESDAY, NOV. 2 FOR YOUR CHANCE TO WIN.

## FILM

One of the most mind-bending films of the Gimme Some Truth documentary festival NOS-TALGIA FOR THE LIGHT returns to the Cinéma-thèque. The film is an engrossing exploration of the connections between pasts human, political and celestial. The new documentary by Patricio Guzmán (*The Battle of Chile, Salvador Allende*) places his ongoing quest to expose the brutal truths about the Pinochet dictatorship within a truly cosmic dimension. The film shows at both 7 p.m. and 9 p.m. on Thursday, Oct. 27 and Friday, Oct. 28.

PROJECT NIM is a riveting story based on a true incident from the 1970s about an experiment to see if a chimpanzee could learn to communicate if nurtured and raised as a human being. The film shows at the Cinéma-thèque from Wednesday Nov. 2 through Friday, Nov. 11 at 7 p.m.

Winnipeggers are being treated to a feast of free animation screenings and activities until Nov. 6, with the fifth edition of the National Film Board of Canada's GET ANIMATED! program. The screenings will be presented in English at the Winnipeg Film Group's Cinéma-thèque and in French at the Centre culturel franco-manitobain, 340 Provencher Blvd. For the complete schedule of screenings, visit [nfb.ca/getanimated](http://nfb.ca/getanimated).

## LITERATURE

D.O.A. front man JOEY "SHITHEAD" KEITHLEY will be promoting his new book TALK - ACTION = 0: An Illustrated History of D.O.A. on Oct. 27 at 5 p.m. at McNally Robinson.

The WINNIPEG MARX READING GROUP, facilitated by Radhika Desai and Henry Heller meets on Thursday, Oct. 27 at 7:30 p.m. at Aqua Books. This ain't Oprah's Book Club, comrade. Each week, the discussion is invigorating as the group tackles another facet of Marxist thought. If you need further information, please contact [desair@cc.umanitoba.ca](mailto:desair@cc.umanitoba.ca).

The Winnipeg launch of TALKING MUSIC: BLUES RADIO AND ROOTS MUSIC by Holger Petersen is on Sunday, Oct. 30 at 2 p.m. at McNally Robinson. Holger Petersen is a veteran Canadian broadcaster whose weekly Saturday Night Blues on CBC Radio has been a fixture on the network for 25 years.

Amy McKay's THE VIRGIN CURE will be launched at McNally Robinson on Tuesday, Nov. 1 at 7 p.m.

Former Governor General ADRIENNE CLARKSON will be in Winnipeg at 2 p.m. at the West End Cultural Centre on Sunday, Nov. 6 for a speaking appearance in support of her latest book, ROOM FOR ALL OF US: SURPRISING STORIES OF LOSS AND TRANSFORMATION. Tickets are available at McNally Robinson Booksellers in person, or by calling 475-0483.

Attention local writers! Prairie Fire Press and McNally Robinson Booksellers are presenting the 2011 ANNUAL WRITING CONTEST with awards for poetry, short fiction, creative non-fiction and more. For full contest rules check out [www.prairiefire.ca](http://www.prairiefire.ca). The deadline is Nov. 30.

Aqua Books is hosting the venerable poetry series SPEAKING CROW. The Crow is on every Tuesday and starts at 7 p.m. with a featured writer and is followed by two open mic sets and short breaks in between.

## GALLERIES &amp; MUSEUMS

The Children's Museum's 15th Annual HALLOWEEN HOWL is at the Manitoba Children's Museum on Saturday, Oct. 29 at 6 p.m. Explore the boo-tified galleries, participate in spook-tastic activities, make ghoulish crafts, and enjoy great family entertainment. Be warned though... people are dying to get in!

FREE SPACE LOSS by ERICA LINCOLN is showing at the Video Pool Studio until Oct. 29. Free Space Loss is a term used in communications to describe the tendency of a wireless signal to spread out over time and distance.

150 PREPARED DC-MOTORS, FILLER WIRE 1.0 MM by Zimoun is showing at the Platform Centre for Photographic + Digital Arts, 121-100 Arthur St., until Oct. 30. The exhibition shows Tuesday to Saturday, noon to 5 p.m. Planned and ordered mechanisms enable minimal materials to make the noise they happen to make. This causes us to think about what structure means for creative production. Does creative freedom benefit from planned organization? You decide.

NUMINOUS NUMERIST is showing at the Creber until Nov. 1. In the exhibition, Nigerian-born Basil (Michael Bridgford-Read) uses pencil, pens, paper and Arabic Numbers to illustrate the passing of time. The exhibition closes Nov. 1.

Wayne Arthur Gallery is presenting ECLECTICALLY RANDOM, a mixed-media exhibition with interloping themes by GINA ROTH and GLORIA DE NEVE. The exhibition is on until Wednesday, Nov. 2.

PHANTASMAGORIA is an exhibition at the Dalnavert Museum that explores history and memory through film, photography, projection and interdisciplinary media art practice and engages audiences through art installation in

# Walk right in, sit right down

Pop Soda's Coffee House and Gallery is the place to be

KATELYN FRIESEN  
VOLUNTEER

**Pop Soda's Coffee House and Gallery**  
625 Portage Ave.

University students will feel immediately at home upon walking into Pop Soda's Coffee House and Gallery at 625 Portage Ave.

The atmosphere is funky, homey and laid-back, making the patron feel as though they're going for lunch at their eccentric aunt's house.

There's a variety of seating options, including mismatched retro chairs, couches and booths (with collage-decorated tables) that give the place a casual atmosphere.

At the far end of the restaurant, there is a stage where musicians perform in the evening.

Jazz artist Chet Breau is the house entertainer playing from 7 p.m. to 9:30 p.m., Friday to Sunday.

Local artwork is displayed throughout the place on the mural-embazoned walls; truly, this is a place that supports the arts scene.

The service is good at Pop Soda's, and the staff is courteous and friendly.

Upon entering you are given a menu, and are invited to seat yourself wherever you'd like. Not unlike how Stella's in Osborne used to run, you jump the wait staff and head to the counter to place your order, where you are then given a table marker out of a selection of plush animals.

The wait time for our meals was only about 15 minutes, and though it wasn't busy for our visit, I suspect it's a place that does better business on the weekends.

The food is delicious and reasonably priced.

They have a selection of soups, paninis, sandwiches and salads, as well as dinner platters.

I ordered the roasted vegetable soup and received a gigantic bowl full of steaming, wonderful, surprisingly filling soup with a crispy



NICHOLAS FRIESEN

piece of garlic bread on the side.

This is most assuredly a place I would go to eat again.

Apart from the well-priced food, and the large, delicious portions, Pop Soda's is a place that I felt comfortable as a university student. It's a good place to bring the latest book you need to read for class, grab a coffee and get comfy in the armchairs.

It's also a great place to catch up with friends, or hold a meeting (it's only a short walk from the Richardson science building).

So next time you need to buy lunch and are in the mood for lots of good food and a funky atmosphere, I highly recommend popping into Pop Soda's.

Visit [www.popsodascoffeehouse.com](http://www.popsodascoffeehouse.com).

## Sexy or just plain scary?

Inanimate objects and childhood heroes are the most recent trends in 'sexy' costumes

KAELEIGH AYRE  
ARTS REPORTER

*I'm a mouse - duh.*  
- Karen, *Mean Girls*

The house party scene from this 2004 comedy perfectly sums up the Halloween experience that seems to become the norm for this holiday.

"Halloween is the one night a year when girls can dress like a total slut and no other girls can say anything about it," Lindsay Lohan's character Cady says.

Add an accessory (a set of ears or wings) to a tiny dress and voila! Instant "sexy" costume.

Every October, I anxiously anticipate the flier insert advertising the new costumes for women, and every year they become more and more ludicrous.

Feminist website Jezebel.com recently published a "Guide to Absurdist 'Sexy' Halloween Costumes," and while it makes for a great laugh, it is also disturbing (especially the sexy straight-jacket).

It makes one wonder why women doll themselves up to be ogled this one night a year, and why it is considered appropriate, and even expected in some cases.

"It seems so contradictory to the message women put forth the other 364 days of the year - that we're not just sexual objects and we resent those who make those assumptions based on what we wear," says Rachel Fields, a University of Manitoba psychology major and member of their Womyn's Centre.

At a local Party Stuff, a destination for Halloween shoppers, there are very few modest options for women - though there's an abundance of sexy Disney princesses, women in uniform and a variety of swashbucklers.

The costumes take an absurd turn with the sexy Big Bird, and a telegraph machine with the instructions: "Tap This."



NICHOLAS FRIESEN

The "sexy" inanimate object is the newest addition to the tradition, with everything from the sexy takeout container to the sexy shower to the beer mug in a mini skirt.

The employee at the party store admitted a "sexy banana" was the strangest costume she had ever sold. While some are absolutely silly (sexy clownfish?), others are downright offensive, such as the television remote with a "mute" button and hotness levels.

Fields, however, has decided to turn the fad on its ear with her costume selection this year.

"This year I'm going as sexy Abraham Lin-

coln (beard and all). I got the idea from a friend, as my theme this year was 'sexy things that aren't really sexy,'" she says.

"I wanted to put a spin on the whole sexy costumes thing. I make my costumes myself and I think men (and women) appreciate the effort and find the deviation from the usual sexy costume fare to be refreshing. I don't dress up for men, I don't dress up for attention, I choose costumes I think are awesome, and when other people like what I do, that's a bonus.

"If you want to do sexy, do something unconventional or ironic."

# Turn out the light

Award-winning doc misses the mark

NICHOLAS FRIESEN  
ARTS AND CULTURE EDITOR

## Nostalgia for the Light

Directed by Patricio Guzman, 2010

90 minutes

Plays at Cinematheque Oct. 27-29 at 9 p.m. and Oct. 30 at 7 p.m.

★★☆☆☆

You have to be in a certain mood to watch *Nostalgia for the Light*.

If you're in the mood for a fast-paced documentary that discusses the exciting world of astronomy, this ain't your flick. Slow moving, calculated and nearly sterile, this film is *About a Son* slow. Astronomer Gaspar Calas' narration spills over shots of the cosmos, dusty clock radios and everything else in the universe, setting the tone immediately for what will play out over the next 90 minutes.

Director Patricio Guzman (*Salvador Allende*) takes the viewer to Chile's Atacama desert, where some insanely expensive looking telescopes capture images of the stars. Beautiful light dances play out for the camera, fleshed out by a sparse orchestral score, and it's a good 15 minutes until we see the first unnamed talking head.

**If you're in the mood for a fast-paced documentary that discusses the exciting world of astronomy, this ain't your flick.**

This talking head explains how quickly light moves (something that this viewer assumes the people who are into watching this film would



SUPPLIED

Look at what the light did now: A soon-to-be-iconic image from *Nostalgia for the Light*.

already hold a great deal of knowledge about), but the second talking head, an older gentleman down in the desert, takes us on a walking tour of some rock drawings, followed by a tour of his office and some more shots of the galaxy interspersed with mummified corpses.

Another in a long line of talking heads shows us his handcrafted wooden telescope. He also walks us through some ruins, a walking tour of an old military massacre.

People that dwell on the past like this seem to have an incredibly hard time moving forward.

Mostly focusing on men, there are a few women involved in this nostalgia. They walk the desert, looking for petrified remains. Mor-

bid stuff, but truth is stranger than fiction.

Another woman tells the tale of some disappeared parents, and somehow, astronomy has helped her to suppress her pain.

Perhaps this film is simply about people who think too much about the simple things in life, but they live in the past, these "transmitters of history."

There is a level of discovery and wonder and all the science involved that is clearly fascinating but the film itself is a jumble of ideas, playing out like a bad PBS special.

It's also incredibly depressing. Maybe I'm missing the point, but maybe the filmmakers did as well.

# Auteurism is alive and well

International Animation Day from a Canadian perspective

HARRISON SAMPHIR  
VOLUNTEER

Undoubtedly, animated filmmaking plays a profound role in defining the cultural institutions of Canada, while continuing to assert itself in the 21st century as a bastion for artists and their invaluable creative talents.

"There is certainly an *auteur* aspect to Canadian animation," confirms Roddy McManus, the recently named executive producer of the National Film Board of Canada's English-language animation studio. "Animation and the NFB are important aspects of the mosaic of Canada's cultural landscape ... and they always bring people together."

**"The Film Board is still a place where traditional techniques have a place. There is something still charming and important in maintaining them."**

- RODDY MCMANUS, EXECUTIVE PRODUCER, NATIONAL FILM BOARD OF CANADA



SUPPLIED

A scene from the animated film *Big Drive*.

artistic tools in the past few decades. While this growth can be understood as an aspect of globalization, McManus rejects the notion that its spread creates more barriers and homogenization for the medium.

"It does not dilute the experiences of animation, nor the ideas that drive it ... there are just more opportunities to get your work out there."

Get Animated! will be hosted in over a dozen Canadian cities, and will showcase the use of these aforementioned "tools" through new releases from the NFB's award-winning studios, as well as family programs for all ages.

Acclaimed local animator Anita Lebeau will be headlining Winnipeg's event.

Her new film entitled *Big Drive*, was recently awarded the Youth Jury Award for Best Animated Short from Freeze Frame. It is a family affair, set in 1970s rural Manitoba, that explores the exuberance and imagination of youth from

the backseat of a sweltering car.

Lebeau's film is at once a celebration of tradition, and again a signature blend of stylings that reflects the importance of tradition in Canadian animated filmmaking.

Her combination of hand-drawn animation with photo-realistic images transcends the work of the past, yet still situates itself within a long national tradition.

"The Film Board is still a place where traditional techniques have a place," McManus says. "There is something still charming and important in maintaining them."

*Winnipeg's Get Animated! will be hosted in English by the Winnipeg Film Group's Cinematheque (100 Arthur St.), and in French at the Centre culturel franco-manitobain (340 Provencher Blvd.). Free animation screenings and activities will take place until Sunday, Nov. 6, and all are welcome to attend.*

the context of a historical, Victorian home. The exhibition will be held at the Manitoba Historical Society Dalnavert Museum until Nov. 6 and will be open Wednesday to Friday 11 a.m. to 4 p.m., Saturday 11 a.m. to 6 p.m. and Sunday 12 p.m. to 4 p.m.

DEAD AIR by Montreal artist STEVE BATES is showing at acartinc., 290 McDermot Ave. until Nov. 10. In his latest work, Bates explores Walter Benjamin's silent radio broadcast conjuring an all-encompassing void.

ANOMALIA by CAROLINE MONNET is showing at Golden City Fine Art, 211 Pacific Ave. until Nov. 18.

Douglas Smith's AD ARBITRIUM is showing until Nov. 19 at the Semai Gallery, 264 McDermot Ave.

The 2011 ART FROM THE HEART SALE planning has begun. They are looking for artists who live in the inner city or are low-income to participate. There is no entry fee and artists make 100 per cent of the sale proceeds. Registrations are available at [www.artfromtheheart.ca](http://www.artfromtheheart.ca), [artfromtheheart@hotmail.com](mailto:artfromtheheart@hotmail.com) and at 823 Ellice Ave. The sale will be held at Magnus Eliason Recreation Centre (MERC, 430 Langside St.) on Nov. 18 and 19. For more info call Joanie at 781-6556.

The Urban Shaman presents CROSSROADS by ROLANDE SOULIERE. The exhibition goes until Saturday, Nov. 26.

TRICKLE DOWN is showing at the Mennonite Heritage Centre Gallery, 600 Shaftsbury Blvd., until Nov. 30.

Gallery 1C03 at The University of Winnipeg, is presenting THE EPHEMERALS: TRENDING. The Ephemerals are an all-female collective of aboriginal artists and curators. With TRENDING the collective aims to examine the trend of indigenous-influenced clothing and accessories, encouraging a critical reading of fashion and highlighting the need for a deeper awareness of its cultural implications. The installation shows in the Anthropology Museum, fourth floor, Centennial Hall until Dec. 3. Check out [theephemerals.wordpress.com](http://theephemerals.wordpress.com) for more information.

The Manitoba Museum presents CIRCUS! SCIENCE UNDER THE BIG TOP. The exhibition demystifies the daring and death-defying feats of the greatest show on earth, and puts you in the centre of the action. The exhibition runs until April 9.

## THEATRE, DANCE & COMEDY

The PRAIRIE DANCE CIRCUIT brings together dance artists from Winnipeg, Edmonton, Calgary and Regina in a touring show that highlights talent from across the prairies. Last season the PDC featured emerging creators from each of these cities. This year the PDC will present work at the Rachel Browne Theatre on Oct. 28 and 29.

BINGO!, a comedy by Daniel MacIvor about going home again, is on at the Prairie Theatre Exchange stage until Sunday, Oct. 30. Go to [www.ptc.mb.ca](http://www.ptc.mb.ca) for more info.

Marketplace Players present Denis Thornton's NOTHING EVER HAPPENS ON OUR STREET at Aqua Books from Nov. 3 to Nov. 5 at 8 p.m. Is murder afoot on a quiet street? Find out.

GRUMPY OLD MEN: THE MUSICAL is at the Royal Manitoba Theatre Centre, 174 Market Ave. until Nov. 5.

The JUST FOR LAUGHS COMEDY TOUR hits Winnipeg on Nov. 8 at 7:30 p.m. The tour features comedians from the U.K. including Matt Kirshen, Stephen K. Amos, Sean Meo and Terry Alderton.

Adhere and Deny is presenting an adaptation of Vladimir Mayakovsky's play THE BEDBUG from Nov. 3 to Nov. 12 at 8 p.m. nightly in its pocket theatre at 315-70 Albert St. For reservations phone 774-6334.

IN THE NEXT ROOM, or the vibrator play, is the first show of the season at the Tom Hendry Theatre at the MTC Warehouse, 140 Rupert. It plays Thursday, Nov. 3 until Saturday, Nov. 19. In the twilight of the Victorian age, the respectable Dr. Givings generates a buzz when he uses a newfangled electrical device to cure his patients of hysteria.

OPEN MIC NIGHTS at Mondragon are every Tuesday night from 7 p.m. to 9 p.m. Come down and show off your musical, poetic or comedic talents.

Sunday night is open mic comedy at the Cavern featuring JOHN B. DUFF.

Shaw TV's WEEK THUS FAR tapes in front of live studio audience at Finn's Pub at the Forks every Monday at 7:30 p.m.

visit us at  
[www.uniter.ca](http://www.uniter.ca)

# How to ride a bike

Five steps to get you - and keep you - riding in style

AARON SNIDER  
CULTURE REPORTER



## 1. It's sidewalk, not sidebike

Let's be honest. The actual first step of riding a bike is getting someone to run after you holding onto your seat yelling, "Pedal! Pedal!" while you cry in terror and then bail face first onto the merciless and already-blood-stained asphalt.

Assuming most of you got this annoying process out of the way several years ago, there's another simple but crucial thing to clear up before we go on. There are going to be more tears, I think.

"The fact is that drivers are not look-

ing for fast moving vehicles, like bikes, coming off the sidewalk at intersections," says Dave Elmore, Safety and Education Director at Bike to the Future, via email. "They are looking at the traffic on the street."

Or in other words: stop riding on the sidewalk, dorks!

It's annoying, it's dangerous and you look like a tool when you do it. It's time to get comfortable on the street.

"The bottom line is that if you want to be treated as traffic you need to act like it," Elmore says.



## 2. Stop sign/red light

Good. So you're on the street, pedaling along, and you come up to a wondrous and confusing sight. There in front of you is a red octagon, affixed to a metal pole in the ground, with the cryptic white lettering: STOP.

Or maybe you see a set of magical hanging lights, with the top-most, red-coloured light blazing furiously.

You might be tempted to avert your eyes as from the sun or an angel and

try to speed past. But like the sun or an angel, these omens exist for your well-being.

"Stop!" says Elmore. "If there is one common complaint that I hear and that I read in newspaper articles all over the world, it is that cyclists don't respect the law."

When you sneak through a red light you're not just risking your own safety, you're making all cyclists look like raving delinquents and inviting motorists to shit on us even more.



## 3. Lane position

Pop quiz!

You are riding along with a row of parked cars on one side and a steady stream of morning commuter traffic on the other. Which is more dangerous?

It's a trick question - they're actually in cahoots. It's your job to steer clear of any altercation with car doors. The outcome of that fight can range anywhere on the scale from acute embarrassment to death. No joke.

"Cyclists need to always stay out of the door zone," Elmore says. "What I recommend is staying a minimum of 1.5 metres away from those parked cars."

This will place you well within enemy territory (a.k.a. the first lane of moving traffic), but don't be afraid to claim what is rightfully yours. Resist the urge to pull closer to the curb between parked cars. The constant swerving back and forth puts you in greater danger of not being seen by vehicles both moving and parked.



## 4. The left turn

Now we're really getting into some advanced stuff. You're riding along a major street and realize that you need to turn left. There are two main options open to you, neither of which involves reverting back to your old I'm-just-a-pedestrian-on-a-bike shtick.

"The first advice that I give cyclists is that they need to plan ahead and be assertive in order to get over, especially in heavier traffic," says Elmore.

Getting into the left-most lane will

require an effective combination of shoulder checking and signaling so the cars behind you aren't surprised when you carve through their lanes with human-powered grace.

The second option is what Elmore calls a pedestrian turn.

"This essentially is riding across the intersection, dismounting, walking (left) across the intersection, waiting for traffic to clear, and remounting and riding on," says Elmore.

The key word in this procedure is dismount, so don't get any ideas.



## 5. Night riding

With the fall of night comes the most dangerous time for cyclists. The thing to remember here is that you are not a secret agent and this is not a covert mission. Or maybe you are and it is - I won't pretend to know everything about you.

Regardless, you need to resist the urge to wear your invisibility cloak, Agent Potter.

"At minimum you need that front light and rear blinking LED light," says Elmore.

A good pair of lights - front and back

- will run you less than 12 of your favourite beers, hopefully.

For those of you really bent on survival, there are other minor wardrobe details that will help a motorist differentiate you from all those other inanimate objects that they love to drive so near to.

"I really recommend ankle straps because when a car sees these going up and down as they approach you from behind, it is really not something that they are used to seeing and so they pay attention," Elmore says.

Visit [www.uniter.ca/blogs](http://www.uniter.ca/blogs) to read more of Aaron Snider's interview with Dave Elmore, including more safety tips designed to keep you riding for years to come.

## TALES FROM THE CYCLING CRYPT

When looking both ways before crossing the street isn't enough

NATASHA HAVRILENKO  
VOLUNTEER

Mothers everywhere have repeatedly lectured their children to strap on a helmet, cycle single-file and wear a neon wardrobe while riding their bike.

Like many of Mom's rants, these seemingly paranoid instructions come in handy.

Protective gear is always a wise way to spend money; however, no money can protect cyclists from all elements while on the road.

I questioned six people who have fallen victim to a vehicle while cycling. These are their stories.

"I shoulder-checked for oncoming traffic and judged that nothing was oncoming," says cyclist Sarah Pogson, describing her accident. "I held my arm out to signal, then woke up in (the Health Sciences Centre's) adult emergency."

Unfortunately, the nature of Pogson's accident is common among cyclists: the cyclist obeys the rules of the road yet ends up suffering from those who don't.

Caleigh Christie, a seasoned Winnipeg cyclist, was hit by a turning taxi despite her front and back bike lights.

"My bike took the majority of the impact and went flying," recalls Christie. "I rolled up on the hood and when he came to a stop, I rolled back off the car."

Greg Weigeldt, another experienced cyclist, was sideswiped by a truck pulling a long, flatbed trailer. The driver continued on without stopping.

Motorists can have a negative impact on cyclists even if minimal or no contact occurs.

One cyclist I questioned was biking on a Sunday morning and noticed a car approaching rapidly behind him.

Upon looking back to make sure he wasn't going to get hit, his front tire sunk into a pothole, hurling his body over the handlebars.

One Saturday night on Portage Avenue, *Uniter* contributor Dunja Kovacevic found herself prey to a presumably drunk carload of teenagers.

"The group of kids swerved into me, hit me and continued alongside me in an attempt to trap me between their car and a parked car," she says.

Like the other cyclists this writer interviewed, Kovacevic notes that she was "doing everything required" of her.

"I was sober, alert, cautious," she says.

All cyclists noted heightened awareness and most felt symptoms of paranoia while cycling post-accident. However, all but one cyclist continues to use biking as their main mode of transportation.

What can be done to prevent future motorist/cyclist accidents from occurring?

"Peace among men" was one response.

However, until then, Winnipeg could benefit from bike systems that other cities have.

"Bike Lanes. Real ones," suggests one Winnipegger who spent time living and cycling the streets of Montreal. "Rachel Street in Montreal is a prime example. They don't just paint bikes on the ground ... they put concrete dividers between the road and the bike lane."

To only blame motorists would be naïve; however, Winnipeg needs to be proactive in creating a safer environment for cyclists - be it in the form of education, road dividers or entirely separate bike lanes.

The bottom line, as Christie states, is simple: "Cyclists and drivers need to learn to ride together."

## Beers, bikes and buddies: The Fort Garry Bike Club combines fun, fitness and friends



MARK REIMER

Chris Huebner (above) is passionate about racing cyclocross with members of the Fort Garry Bike Club (below left). Below right: Brad Enns plays podium girl to winner John Paul Peters at one of the FGBC's off-the-grid races.

**AARON SNIDER**  
CULTURE REPORTER

Ten years ago, Chris Huebner would have scoffed at anyone who suggested that he and his pick-up hockey friends would be the founders of a popular bike club. Back then the idea was just a sparkle in his post-hockey beer.

"After you play hockey, you usually go out for beers," says Huebner, associate professor of theology and philosophy at Canadian Mennonite University and one of the original members of the Fort Garry Bike Club. "The bike club started when we thought that maybe we should keep doing something so that we can get together for beers after hockey season is over. And so we started riding bikes."

Fast forward to the present day and that group of five to eight guys hanging out after

hockey to drink Fort Garry Dark beer, from which the club takes its name and logo, has turned into a weekly meeting of as many as 30 people who get together to ride and race before heading to the Fox and Hound Tavern to unwind and socialize.

**"When we race it's as much about hanging out together as it is about destroying each other."**

-CHRIS HUEBNER, FORT GARRY BIKE CLUB

The actual membership numbers are quite vague, but that's because no one is really counting.

"There are a lot of people that hang out with us now," Huebner says. "Which of them is a member and which of them is not is not a straightforward question to answer. The

boundaries are sort of porous."

The group's eclectic makeup includes doctors, lawyers, professors, teachers and carpenters, and ranges in age from 20 to 50 years old and beyond.

"I think it's indicative of the fact that our reason for getting together wasn't first of all cycling," says Huebner. "It's pretty diverse, but at the same time that is what most social groups look like."

The club's Tuesday Night Ride is more of a social ride than any form of more serious training. A favourite activity is a type of race called Alley Cats, where the participants have to pass a series of checkpoints - but how they get there is up to them.

"It's an accessible form of racing because everybody scatters, so it's not like the fast guys take off and the slow guys are dropped. It levels the playing field.

"These are all races in a very loose sense of the term," he says.

The club also organizes several winter races, including a 24-hour race, which sounds inhumanly grueling until you delve a little deeper. Competitors can win by riding frigid laps, watching films in the designated rest area or some combination of the two.

"It blurs the line between the competitive and the social aspects of what we're about," says Huebner. "What makes us the club that we are is that we try to keep that line intentionally blurred. When we race it's as much about hanging out together as it is about destroying each other."

The Fort Garry Bike Club also organizes official race events with the Manitoba Cycling Association (MCA).

"That's a whole different ball game," he says. "But at the same time we try to make them fun events more than anything."

For more information about the Fort Garry Bike Club, visit <http://bikeclub2003.blogspot.com>.



CHRIS HUEBNER



CHRIS HUEBNER

# Fashion: Exposed to the elements

With half the year spent in the deep freeze, you can still look cool on a bike

DUNJA KOVACEVIC  
VOLUNTEER

It seems that cycling is no longer restricted to just the hyper-athletic or low-income factions of society. It has, in recent years, been appropriated as the transportation of choice by the young, hip intelligentsia - much to the chagrin of those who "got there first."

But, look on the bright side: there are worse trends than that easy-on-the-wallet, park-it-anywhere, eco-friendly, heart-happy workout.

And with the trend rose a now ubiquitous cycle fashion, complete with bells and whistles and front baskets to boot. Though, as to be expected, not everyone has so wholeheartedly embraced it - dissonance exists between various cycling schools of philosophy on the merit of cycle couture.

So, as the battle of fashion versus function rages on, enjoy a sampling of each for the bitter months to come:

## THE GRIP

**Necessity:** As temperatures drop, heat escapes at lightening speed from vulnerable phalanges; invest in a pair of gloves.

**Fashion:** Options here are endless. When in doubt, go for leather. It looks great and keeps warm. Thrift yourself a pair of vintage leather motorcycle gloves. If that's not your speed, channel Cruella with long gloves. Looking for a DIY project? Knit yourself a pair of mittens.

**Function:** Common sense would dictate that any sturdy pair of cold weather gloves would work, though ones that are finger-separated, insulated and equipped with good grip are ideal.

## THE LEGS

**Necessity:** Jokes abound on the Internet poking fun at cycling hipsters in skinny jeans, but to anyone who has ever had their pant leg caught in a chain - the threat is very real.

**Fashion:** Pretty obvious here - stick to pants with a tighter fit or roll up a leg. Girls



JORDAN JANISSE

Cycling in the winter isn't as zany as you think, provided you wear the right clothing.

are afforded more options in the forms of leggings, skirts or dresses with close-fitting tights beneath.

**Function:** "Instead of rolling up a pant leg (when riding without cold weather tights), I use ski straps to prevent catching my pant legs," says Joshua Boulding of the University of Winnipeg Students' Association Ice Riders.

## THE HEAT

**Necessity:** Both fashion and function necessitate layers as the last dregs of summer fall from the trees.

**Fashion:** True personal style comes out in

the creative ways we keep warm. "All wool all the time," says Ice Rider Brandon Bertram. Knitwear is a popular choice come fall, as are scarves, leg warmers, thigh high socks, and doubling up on the good stuff: sweaters, pants, socks and tights.

**Function:** Practical winter cyclists avoid cotton scarves and neckwarmers, which get wet with condensation and freeze. Instead, they bulk on thermal neckwear, wind resistant coats, and sometimes ski pants and jumpers.

## TRANSPORTATION

**Necessity:** When commuting, storage is

always an issue - much to the dismay of your back and shoulders.

**Fashion:** Shoulder bags reduce the amount of visible back sweat, desirable to pretty much anyone who experiences social discomfort. Like their backpack counterparts, they are available in a variety of cuts and styles. However, any stylish decision made now will invariably resurface in shoulder/back pain over time.

**Function:** For even weight distribution, you really can't beat panniers. You just can't. They're functional, waterproof and they save on chiropractic bills some 40 years down the road.

## AWARDS & FINANCIAL AID

The Awards and Financial Aid staff of the University of Winnipeg provides the student body with current information on award opportunities. This information is updated weekly.

### THE UNIVERSITY OF WINNIPEG AWARDS:

<http://www.uwinnipeg.ca/index/services-awards>

#### WORK-STUDY PROGRAM - CAMPUS JOBS!

Looking for a campus job? Apply to the Work-Study Program!

Applications are now available on the Awards & Financial Aid website at [www.uwinnipeg.ca](http://www.uwinnipeg.ca).

Applications will be accepted until Oct. 31.

The Work-Study Program provides on-campus part-time job opportunities for eligible full-time University of Winnipeg undergraduate students. These jobs are available during the Fall/Winter. Various faculty and administrative departments participate in this program so there is a broad range of jobs from which to choose.

Students interested in a campus job need to fill out an application. Visit our website to obtain a form: <http://www.uwinnipeg.ca/index/services-awards-work-study-program>.

#### MANITOBA STUDENT AID PROGRAM (MSAP):

Applications to Manitoba Student Aid for the Fall/Winter 2011-12 sessions are still being accepted. Students can apply online at [www.manitobastudentaid.ca](http://www.manitobastudentaid.ca).

### TUITION FEE DEFERRAL

Students in receipt of government student aid on the fee deferral list only had until Oct. 7 to pay their tuition fees. If you have not received your loan document yet or only recently, please be aware that late fees may be added for payments received after Oct. 7. To ensure your registration is not cancelled, please email your name, student ID and the date you have or expect to have your loan documents to [awards@uwinnipeg.ca](mailto:awards@uwinnipeg.ca).

#### DID YOU KNOW?

• On Fridays from 1 p.m. to 4 p.m., you can meet with staff from Manitoba Student Aid regarding your loan application. To book an appointment call 786-9458 or 789-1420.

• You can check the status of your student aid application online. Find out what documentation is still outstanding, or update your address. Visit [www.manitobastudentaid.ca](http://www.manitobastudentaid.ca) and log into your MySAO.

• Want to remain interest free on your student loan? If you are a current full-time student who has received Government Student Loans in past sessions but you are not receiving loans this year, come to IC22 to obtain a Schedule 2 form to obtain interest-free status.

• If you find yourself out of funds before your next disbursement of Government Student Aid, you can arrange for bridge financing from the

university in the form of an emergency loan. Please call 786-9984 for an appointment.

### EXTERNAL AWARDS:

The University is often notified by companies and organizations about awards they have for students in post-secondary education.

#### CAL CALLAHAN MEMORIAL BURSARY

**Deadline: Oct. 31, 2011**

**Value: Up to \$20,000**

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**Visit: [www.pipeline.ca](http://www.pipeline.ca)**

## 95.9 FM CKUW CAMPUS/COMMUNITY RADIO TOP 10 CD - ALBUMS

October 17-23, 2011

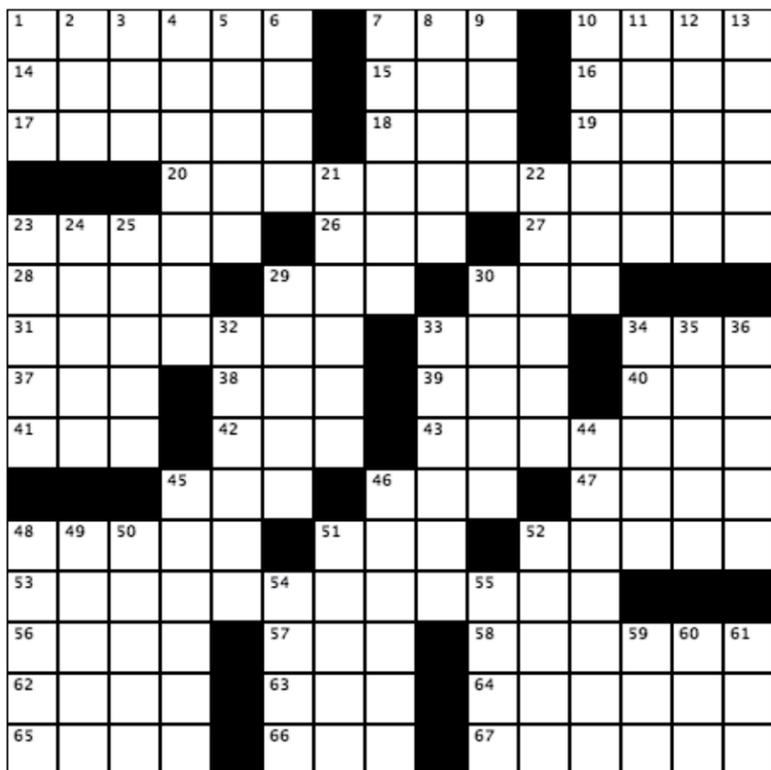
! = Local content \* = Canadian Content



TW	Artist	Recording	Label
1	*The Pack A.D	Unpersons	Mint
2	!This Hisses	Surf Noir	Transistor 66
3	!Rock Lake	Rock Lake	Eat Em Up
4	!Crooked Brothers	Lawrence, Where's Your Knife?	Transistor 66
5	!Trio Bembe	Oh My Soul	Self-Released
6	!Big Dave McLean	Outside The Box	Floodland
7	Wilco	The Whole Love	Dbpm
8	William Shatner	Seeking Major Tom	Cleopatra
9	*Feist	Metals	Art & Crafts
10	!Bog River	Hands In The Ground	Self-Released

# Crossword Puzzle & Sudoku 09

Solutions to this week's sudoku and crossword in next week's issue.



BESTCROSSWORDS.COM

**Across**

- 1- Small spots
- 7- \_\_\_-relief
- 10- Langston Hughes poem
- 14- \_\_\_ del Fuego
- 15- Queue after Q
- 16- Badgers
- 17- Turmoil
- 18- Salt Lake City athlete
- 19- Roasting rod
- 20- Capable of being
- 23- Issue forth with force
- 26- Attention
- 27- Less common
- 28- Calf-length skirt
- 29- Animation unit
- 30- Guy's partner
- 31- Lived
- 33- Long-sleeved linen vestment
- 34- Politico Landon
- 37- Fleur-de-\_\_\_
- 38- Gal of song
- 39- Hawaiian food
- 40- Cambodia's Lon \_\_\_
- 41- Asian holiday
- 42- Application
- 43- Floating ice
- 45- Anger
- 46- Where some vets served
- 47- Don of talk radio

- 48- Muscat native
- 51- Business card abbr.
- 52- Grind together
- 53- Show of indifference
- 56- Drink to excess
- 57- Cabinet dept.
- 58- Apply chrim
- 62- 1975 Wimbledon winner
- 63- Long March leader
- 64- Blunder
- 65- Be in front
- 66- Nine-digit ID
- 67- Previous monetary unit of Spain
- 22- Semitic language
- 23- Refine metal
- 24- Sprite
- 25- Writer of lyric poetry
- 29- Break off
- 30- Twilight
- 32- Trouble, slangily
- 33- Fill with horror
- 34- Inner self (Jung)
- 35- Place
- 36- Muscular tissue
- 44- Historic county in E Scotland
- 45- Truly
- 46- Nerve cell
- 48- The number system with base 8
- 49- Bullwinkle, e.g.
- 50- A, as in Athens
- 51- Roman garments
- 52- Bottled spirit
- 54- Poor actors
- 55- Moist
- 59- Bump off
- 60- Crackpot
- 61- Beverage commonly drunk in England

**Down**

- 1- Actor Erwin
- 2- Lulu
- 3- Alway
- 4- Sketch
- 5- Hot-dog topping
- 6- Franklin D.'s mother
- 7- Savage
- 8- Moving
- 9- Editor's mark
- 10- Position, in Britain
- 11- Rhino relative
- 12- Pointed arch
- 13- Blender brand
- 21- Sewing instrument



## Let's face it: The Jets suck

Hi gang! As you all know I normally tend stay away from controversial issues, but this week I have something to say that's been building up for a while and I need to get it off my chest.

Now, don't get me wrong, I'm as happy as the next guy that we here in Winnipeg have our beloved Jets back (if only for the fact that people have finally stopped talking about getting the Jets back).

But along with the return of the Jets, I've noticed a very unsettling trend.

It seems like, now that the Jets are back, there are about 500 times as many hockey jocks in Winnipeg as there were a year ago. Everywhere you look, there are people sporting brand new \$300 Jets jerseys, drinking brewskis and yelling shit about hockey at the top of their lungs.

**I think it's great that we as a city are showing so much support, especially for a team that sucks so much. Yeah that's right, I said it. The Jets suck.**

In and of itself, this doesn't bother me. I think it's great that we as a city are showing so much support, especially for a team that sucks so much.

Yeah that's right, I said it. They suck. I don't mean it sucks that they're here, or that it sucks that people like them. I'm just saying that they are a bad hockey team.

As I write this they are 2-4-1 on the season, even with the most fanatic fans in the league.

If they end up winning the Cup this year (or even making the playoffs) I will eat my words and issue a retraction, but as of right now, they suck.

Sometimes I feel like everyone is so sensitive and defensive about the Jets that telling a fan that the Jets suck is sort of like telling a mom she has an ugly baby.

It shouldn't be, though. Leafs fans have become used to it.

Anyway, the thing that bugs me about this new swarm of hockey jocks in our city is that hockey is slowly seeping into every other aspect of life in Winnipeg.

Case in point: I was at a concert over the weekend at the Garrick Theatre. We were being treated to two amazing bands, Oka and Delhi 2 Dublin. This was a kick ass show - probably one of the best I've seen in years.

At one point, the singer from Delhi to Dublin mentioned that he was happy we got the Jets back. Then, sporadically throughout the rest of the show, you could hear the ever increasingly signature "Go, Jets, go" chants between songs.

This was a little too much in my opinion, and I have to admit, it made me feel a little ashamed.

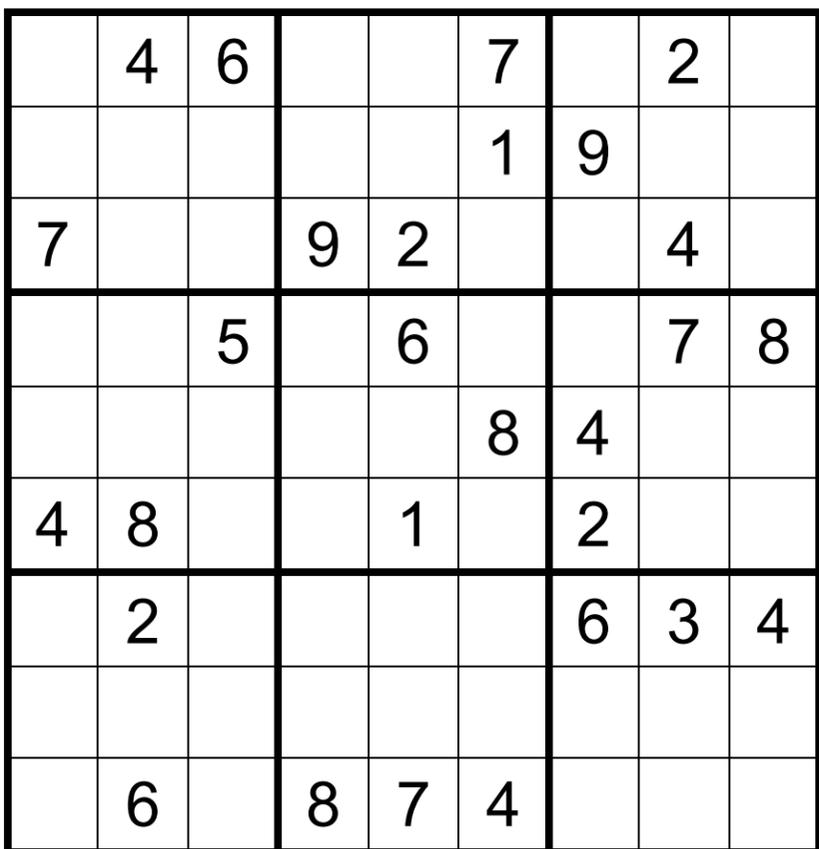
Here we were watching this unbelievable performance and the crowd couldn't stop chanting about our shitty hockey team.

If anything, it should be the other way around. People at Jets games should chant "Delhi 2 Dublin! Delhi 2 Dublin!"

I guess what I'm saying is that I can't wait for the novelty of the Jets to die down, so we can all get back to the comfortable normalcy of complaining about how much the Jets suck.

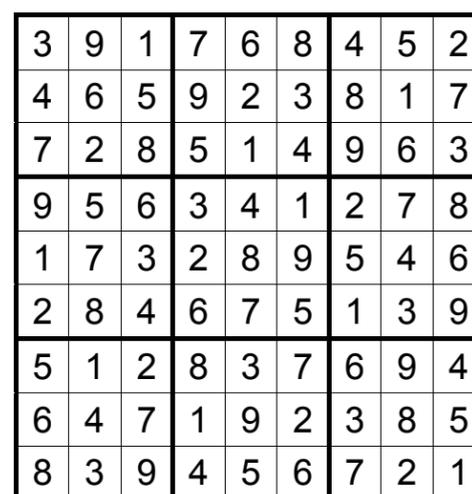
*If J. Williams were to write a song about Winnipeg, there would be a line in it that goes, "The Guess Who sucked, the Jets are lousy anyway."*

SUDOKU SKILL LEVEL: **CHALLENGING**



WWW.PDFPAD.COM/SUDOKU

Solutions to puzzles from the October 20, 2011 issue.



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