

THE

# UNITER

FREE.WEEKLY.  
VOLUME 72 // ISSUE 25 // MAY 31



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## \* ON THE COVER

Matea Radic illustrates the joy and variety of summer festival life.



Attendees from last year's I Am Festival stretch among the trees.

## FOR EVERYONE?

There are a handful of words or turns of phrase that are unofficially banned from our lexicon at *The Uniter*. One of those - which tends most often to pop up in descriptions of festivals that aim to cater to various demographics - is the classic "something for everyone."

It's a catch-all phrase that lacks detail. What is a something? It's an overly bold claim. Really, for everyone - EVERYONE? This is the kind of phrase that's just waiting to be disrupted or disproved.

Yet while thinking about how to introduce this issue, guess which long-banned phrase kept ringing through my head? But I'm not going to go there - I'll try to follow another writer's adage, and show, rather than tell.

Our summer festival guide is both the most specific issue we publish in a year, while it's also incredibly broad and comprehensive (which it has to be - this is the last paper we're sending out into the city until September!).

We're sharing stories about summer in Winnipeg - about ice cream, barriers to summer employment, the danger of ticks - and about festivals, which is a pretty specific subsection of arts writing.

But when it comes to festivals, well, we've got a cornucopia of genres here. Of course there are music festivals on small and large scales, but there's so much more. Check out the comprehensive listing section on page 11 for over 100 festivals across Manitoba.

We've got a short wrap-up of 11 classic and beloved summer festivals, and slightly longer previews of a few incredibly specific, smaller or lesser-known events.

Every year, as we're putting this issue together, I get so excited, so inspired, I start filling my calendar with intentions to discover all these new gems. I'm astounded by how our city and province comes alive in the warmer months, and by the dedication and passion of so many event organizers whose hard work makes these gatherings possible.

And I wonder if this might be the one exception to the rule, if these summer festival offerings might just have something ... but no, I'll leave that rule unbroken. However, I do hope that at some point in this issue (and in this summer) you might discover at least one new story, one new person, one new place, that inspires you to break into a huge summertime grin.

-Anastasia Chipelski

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Submissions of articles, letters, graphics and photos are encouraged, however all new contributors (with the exception of letters to the editor) must attend a 45-minute volunteer orientation workshop to ensure that the volunteer understands all of the publication's basic guidelines. Volunteer workshops take place Wednesdays from 12:30 to 1:20 in room ORM14. Please email [volunteer@uniter.ca](mailto:volunteer@uniter.ca) for more details. Deadline for advertisements is noon Friday, six days prior to publication. The Uniter reserves the right to refuse to print material submitted by volunteers. The Uniter will not print submissions that are homophobic, misogynistic, racist or libellous. We also reserve the right to edit for length/style.



## WINNIPEG FOLK FEST 2018 LINEUP



**SHERYL CROW • BAHAMAS • COURTNEY BARNETT**  
**THE STRUMBELLAS • ELLE KING • PASSENGER**  
**JOHN BUTLER TRIO • NATALIE MACMASTER • A TRIBE CALLED RED**  
**ST. PAUL & THE BROKEN BONES • WHITNEY • RHYE • JULIEN BAKER**  
**REAL ESTATE • HISS GOLDEN MESSENGER • TOO MANY ZOOZ • WAXAHATCHEE**  
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**10 STRING SYMPHONY • GORDON GRDINA'S HARAM • JOHN SHOWMAN & TOM POWER • THE LYNNES**  
**THE LONESOME ACE STRINGBAND • MICAH ERENBERG • BONIFACE • MARTIN SIMPSON**  
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# SUMMER FESTIVAL STAPLES

Manitoba is home to a plethora of festivals, and choosing which ones to preview from a list of over 100 is a daunting task. This year, we decided to write short previews for festivals we hadn't previewed before or for those that reinvented themselves this year, which is a nice sentiment, but what about the classics?

Many local festivals have become iconic, occupying a special place in festival-goers' hearts and summer schedules. Whether they're a big name or an underdog favoured by our readers (and writers), here's a brief summary of festivals that have become (or are in the process of becoming) summer staples.

**ANASTASIA CHIPELSKI**

**MANAGING EDITOR**

 @ANACHIPS

## 2018 TD WINNIPEG INTERNATIONAL JAZZ FESTIVAL

**- JUNE 14 TO 24  
JAZZWINNIPEG.COM**

This fest pairs big-name, multi-genre artists with talented locals and crosses a variety of venues throughout the city.

The colloquially known Jazz Fest includes ticketed shows, as well as free concerts at Old Market Square, which is often lined with food trucks and bike racks during the 10 days (and two weekends) that the festival runs.

Fifty local artists (including the likes of Atlaas, Dirty Catfish Brass Band, Faouzia, Iskwé, The Lytics and Rayannah) are part of the lineup this year. The bigger names include Tune-Yards, Lido Pimienta, Hannah Epperson, The Flaming Lips and more.

## RED RIVER EX

**- JUNE 15 TO 24  
REDRIVEREX.COM**

The Ex might be best known for its midway, with rides like the Wacky Worm Coaster and classic merry-go-rounds for the "little ones," and the Zipper, the Mega Drop and the Ring of Fire for "big kids."

It's a family-friendly event, but also feel free to interpret "big kids" loosely.

If you're into more adult-paced activities, the Ex has main stage concerts every night (check out The Dead South and Terra Lightfoot on June 19!), a beer garden and community events. In true exhibition fashion, there will be agricultural events, an art show, a quilt show and more.

## APT N'S INDIGENOUS DAY LIVE

**- JUNE 23  
INDIGENOUSDAYLIVE.CA**

APTn's huge annual celebrations are held simultaneously in Winnipeg, Toronto and Ottawa, and are also broadcast for those watching from home. The concert and powwow - held in partnership with Manito Ahbee Festival - take place at the Forks National Historic Site.

There are lots of activities for families during the day, including games and competitions for skateboarding and "Best Bannock." Artisans and food vendors are also on site.

The free evening concert runs from 7:30 to 10:30 p.m., featuring Walk Off The Earth, Midnight Shine, William Prince, Skyler, Sister Says and Oh My Darling.

## WINNIPEG FOLK FESTIVAL

**- JULY 5 TO 8  
WINNIPEGFOLKFESTIVAL.CA**

This summer staple turns Birds Hill Provincial Park into a miniature folk city for four days. Musical programming through the daytime workshops and evening stages mostly echo the folk ethos while incorporating genres like indie rock, electronic, roots and country.

City commuters can drive or bus on site, while committed folkies have the option to pitch their tents and RVs in the quieter campground (or fully serviced park campground) a short drive or bike from the festival site, or just across the road in the legendary festival campground.

This year's headliners include John Butler Trio, Courtney Barnett, Sheryl Crow, A Tribe Called Red, Rhye and Bahamas.

## WINNIPEG FRINGE FESTIVAL

**- JULY 18 TO 29  
WINNIPEGFRINGE.COM**

Theatre isn't the only attraction of the Fringe, but for those who love it, these 11 days are jam-packed with 180 companies across 30 venues in Winnipeg.

One perk of this festival is the relatively flat pricing structure: whether they're held in an intimate venue or the concert hall, tickets to all shows will run between \$10 and \$12, and some performances are further reduced. A Frequent Fringer pass offers further discounts for keeners.

Musical performances and other entertainment fill the Cube at Old Market Square day and night, while beer gardens and food vendors surround the perimeter.

## GIMLI FILM FESTIVAL

**- JULY 25 TO 29  
GIMLIFILM.COM**

This festival is a summertime destination for film buffs and also casual movie-lovers who'd like to mix the cinema with the beach. With indoor and outdoor screenings combined, over 150 films were showcased at Gimli Film Fest (GFF) last year.

Nicola Baldwin and Miles Crossman, who won last year's RBC \$10,000 Emerging Filmmaker competition will be premiering their work this year, and the competition is on again as well.

This year's festival is committing to gender, and they've pledged that between 40 and 60 per cent of films screened will be written or directed by women. They'll also be highlighting feature films from emerging female local and international female directors.

## REAL LOVE SUMMER FEST

**- JULY 27 TO 29  
REALLOVESUMMERFEST.COM**

Now in its fifth year, Real Love Summer Fest was built from the ground up and has changed locations a few times. For the second year in a row, it'll be held in Teulon, Man.

Their musical programming blends up-and-coming local favourites with touring bands, some of whom can be heard outside of the festival weekend through year-round concerts promoted by Real Love.

Concert organizers warn attendees not to expect power - the festival (and camping) are in the woods - and do not allow drums and djembes. This year they're bringing in TOPS, Nnamdi Ogbonnaya, Hooded Fang and more.

## ISENDINGADAGURINN

**- AUGUST 3 TO 8  
ICELANDICFESTIVAL.COM**

The 129th iteration of the Icelandic Festival of Manitoba is held in the heart of the Icelandic diaspora - the town of Gimli, on the shores of Lake Winnipeg.

The festival blends traditional events like a Viking battle and Fris-Nok tournament with relatively modern additions to entertainment, including a midway, beach volleyball, fireworks and soccer.

Isendingadagurinn also brings musicians to the pier and onstage at their alternative folk festival - watch their website for lineup details.

A Viking Golf Tournament in support of the festival will be held on June 15.

## MEME

**- AUGUST 16 TO 19  
MEMEFEST.CA**

While true to their local roots, the Manitoba Electronic Music Exhibition (MEME) also brings in world-class artists for this four-day celebration of music and technology.

The festival incorporates a learning aspect through their educational workshops and hosts a mix of free shows at the Cube in Old Market Square and ticketed events at other venues.

This year's headliners include Mr C, Jay Tripwire, Pezzner, The Librarian, Phil Western and more. Music is accompanied by visual effects courtesy of artists like Carrie Gates, Pixel Pusher and Jabez Wray. Follow them on Facebook for full programming announcements.

## RAINBOW TROUT MUSIC FESTIVAL

**- AUGUST 17 TO 19  
RAINBOWTROUTMUSICFESTIVAL.COM**

This relatively small (as festivals go) gathering on the shores of the Roseau River celebrates its 10th anniversary this year.

The Rainbow Trout Music Festival (RTMF) releases their musical lineup on June 1, but tunes aside, there are other good times to be had at a festival that began as a friend's fishing derby. Traditions include a cribbage tournament, the open mic at Carpet Beach and artistic installations that change yearly.

Floating devices of all shapes and sizes adorn the river's shores, and festival-goers carry these down a river path to enjoy a leisurely float back down to the main stage and camping site.

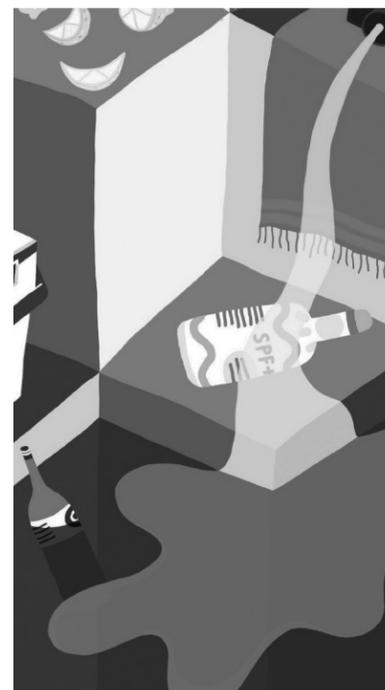
## FREE EVENTS IN ASSINIBOINE PARK

**- ALL SUMMER LONG!  
ASSINIBOINEPARK.CA**

The Lyric Theatre hosts a slew of top-notch free entertainment for all ages to enjoy in picturesque Assiniboine Park. The Winnipeg Symphony Orchestra performs on June 28, and Folklorama in the Park brings in multiple artists on July 15 and August 2 and 12.

It's a great spot to enjoy world-class ballet from July 25 to 27, when the Royal Winnipeg Ballet holds their annual Ballet in the Park series. And on Fridays through August, earlier showings of family-friendly movies are followed by a later screening of selections for slightly more grown-up kids.

It's a short trek from the stage to the washrooms, but there are amenities on site, and an iconic ice cream shop just across the river.



## WINNIPEG UNDERGROUND FILM FESTIVAL

Showcasing ethics and film

HALEY CHARNEY

VOLUNTEER  @HALEYCHARNEY

The Winnipeg Underground Film Festival is back for its sixth year and promises exciting experiences for lovers of visual and performance art.

Though difficult to characterize in a few words, WUFF's films are described by festival director Scott Fitzpatrick as "usually short, fiercely individualistic, tough to categorize, sometimes challenging, and always exciting."

WUFF takes care to arrange its films in an order that amplifies their attributes, creating enhanced viewing experiences.

This year's festival includes not only the regularly scheduled showings of 48 films, but four extra installations at two additional events – an opening for the film installations at Poolside on Thursday and a kick-off party at Forth on Friday.

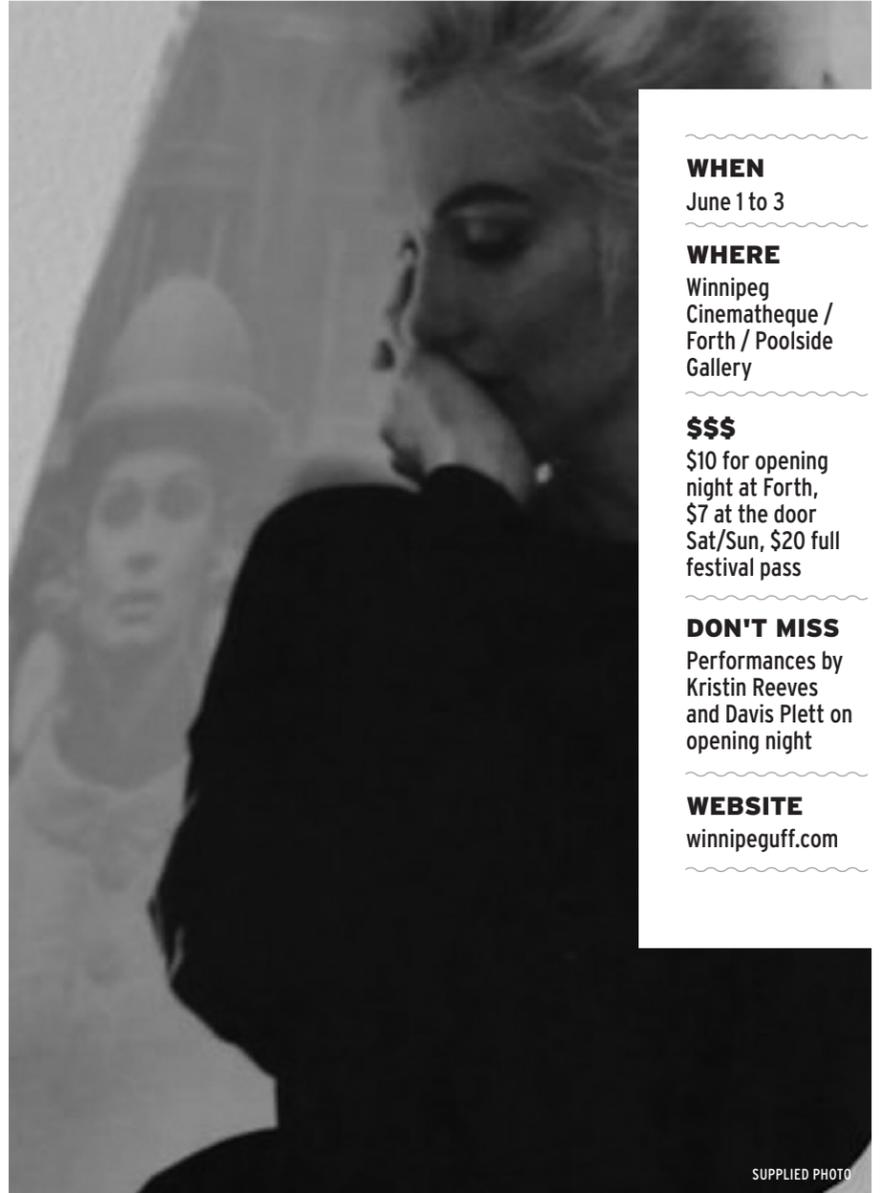
"For most festivals, particularly in the US, a filmmaker is usually expected to pay some sort of submission fee to have their

work looked at in the first place, and usually there isn't even mention of payment for that work once it's been accepted. We want to use WUFF to challenge this standard model," Fitzpatrick says.

To counter this exploitive standard, artist-run WUFF is committed to remaining submission fee-free, free and pays screening fees to filmmakers that are selected.

"Our number one goal at WUFF is, and has always been, to put on an ethical film festival," Fitzpatrick says.

WUFF is always interested in connecting with the community. Email [opencitycinema@gmail.com](mailto:opencitycinema@gmail.com) or reach out on social media for volunteer opportunities.



**WHEN**  
June 1 to 3

**WHERE**  
Winnipeg  
Cinematheque /  
Forth / Poolside  
Gallery

**\$\$\$**  
\$10 for opening  
night at Forth,  
\$7 at the door  
Sat/Sun, \$20 full  
festival pass

**DON'T MISS**  
Performances by  
Kristin Reeves  
and Davis Plett on  
opening night

**WEBSITE**  
[winnipeguff.com](http://winnipeguff.com)

SUPPLIED PHOTO

A still from Janelle VanderKelen's *Ambrosia*

## MANITOBA NIGHT MARKET AND FESTIVAL

Shop alongside food trucks and pony rides

KATRINA RIVERA

VOLUNTEER

The Assiniboia Downs kickstarts the summer with a fun and exciting festival that offers a variety of food choices, kids' activities and a place to hang out with friends and family.

According to Cory O'Grodnik, special events co-ordinator for Assiniboia Downs, the 2018 Manitoba Night Market Festival will be similar to last year's festival, since everyone enjoyed it.

"But this year we've added some more kids' activities, we've got a lot more bands, we've got a lot more food, and it's also bigger and better. So we're expecting thousands of people just like every other (night market) as well," O'Grodnik says.

Kids' activities can be enjoyed from 3:30 until 7:30 p.m. "It's face painting, arcade games, pony rides, (and) we're also having Roblox and Transformers coming up this year," O'Grodnik says.

The festival features more than 20 food trucks that cater to all kinds of eaters, with

vegan and healthy eats options as well as standard fare like burgers and pizzas. Some of the restaurants will also run promotions and games.

There will be plenty of rides, local vendors and microbreweries to be checked out during the event.

"It is great for families, you know, price-wise. Every time a family needs to go out and do anything, it costs money, and we feel that this is really worth it for the families, and it's a good time for everyone," O'Grodnik says.

The festival is scheduled twice this year, so don't miss out the chance to experience and savour what Manitoba's local businesses have to offer.



**WHEN**  
June 10 and  
Aug. 12

**WHERE**  
Assiniboia Downs,  
Winnipeg

**\$\$\$**  
admission (free for  
5 and under)

**DON'T MISS**  
Pony rides and a  
plethora of vendors

**WEBSITE**  
[asdowns.com/  
manitoba-night-  
market-festival/](http://asdowns.com/manitoba-night-market-festival/)

SUPPLIED PHOTO

An edition of the Night Market at the Forks

# sākihiwē

## Aboriginal music festival relaunched

CHARMAGNE DE VEER

BUSINESS MANAGER @CHARDEVEER

Making Indigenous music accessible to Indigenous families is the goal for the first sākihiwē music festival.

The festival, formerly Aboriginal Music Week, will run at four venues in the downtown, North End, West End and Exchange District areas.

“Our main objective is to take music to families in divested neighbourhoods so they can walk to our stages,” Alan Greyeyes, chairperson of Aboriginal Music Manitoba which hosts the festival, says.

“It’s important for us to remove the common barriers to accessing live music like transportation, safety, cultural isolation, ticket price and childcare that many Indigenous families face.”

The festival has moved from August to June to accommodate families, many of whom go out of town for powwows and ceremonies in the summer.

“We’re excited for the kids to see themselves reflected in the acts on each stage,” Greyeyes says.

Another objective of the festival is to put Indigenous performers in the spotlight.

“I think that pop culture often reduces Indigenous people to caricatures and stereotypes,” Greyeyes says.

“These messages are damaging to our young people. The presentation of Indigenous artists, who stand in opposition to these messages just by creating exceptional work, is one of the things that we can control.

“We’re going to do it well, and we’re going to work hard to do it more.”

The new name sākihiwē means “to love” in Cree and was chosen by a Sundance Chief in a sweat lodge ceremony.

“It reflects where we’re coming from and what we want to facilitate with our physical and digital footprints,” Greyeyes says.

The festival will take place at the Magnus Eliason Recreation Centre, the Turtle Island Neighbourhood Centre, Old Market Square and the Good Will Social Club. All shows are free except the Good Will event, which will be free only to the first 100 that reserve a ticket and \$10 advance or at the door after that.

The lineup features acts in genres ranging from opera to roots to country to throat singing to hip hop and more.



**WHEN**  
June 15 to 17

**WHERE**  
Various downtown venues in Winnipeg

**\$\$\$**  
Free (aside from Good Will event, which is free/\$10)

**DON'T MISS**  
Hip-hop group Mob Bounce

**WEBSITE**  
sakihiwe.ca

PHOTO BY PHIL STARR

Families taking in the festivities at the former Aboriginal Music Week (now sākihiwē)

# MANITOBA HIGHLAND GATHERING

## Outlander for a day (or two)

SARAH BRERETON

VOLUNTEER

With its 52nd year approaching, the Manitoba Highland Gathering will be dressing up for this year’s visitors.

While the Highland Dance competition, piping and drumming and Heavy Games will still be included, festival president Joyce Neyedly promises that there is much more in store for this year’s gathering.

“Our history has evolved,” Neyedly says. “We’re trending to a new way of presenting ourselves.”

Costumes are usually worn by festival volunteers and workers, but this year, visitors are invited to bring their own historical Scottish cosplay ideas or already-made costumes. Festival volunteers can help make the costume more historically correct.

“We’ve been going to (comics, gaming, and pop culture conventions) ICON and Comic Con and meeting the people there,” Neyedly says.

Visitors might recognize the dress and costumes from the television show *Outlander* as they explore the Jacobite-themed

area on the festival grounds. The festival is organized into different areas that match different Scottish time periods, where volunteers are dressed up and playing roles.

“We do have the Sons of Luge, the Jacobite people and the Manitoba Living History Society offering workshops where people can source their material, patterns and, if they’re interested, source a particular (historical) figure,” Neyedly says. “Then they can go to the workshops and start making their own costumes.”

These historical groups, such as the Manitoba Living History Society (MLHS), aid in providing experiential learning of Manitoba’s history through having its members dress in historical costumes and act out daily activities of people from a historical era.

Although the MLHS has worked within many time periods related to Manitoba’s history - such as the Selkirk Settlement Period or events like the Winnipeg General Strike of 1919 - for the Manitoba Highland Gathering, they will don the appropriate attire related to Scottish history.

“We’re trying to add more and more as we go,” Neyedly says.

Rain or shine, the Manitoba Highland Gathering offers an eclectic mix of tradition - from the clan and tartan booths in the Scottish market to the sheep dog herding demonstrations - and chances to witness tributes to their regional history, such as canoe and kayak races and cosplay workshops. Your inner Braveheart awaits!



**WHEN**  
June 23 and 24

**WHERE**  
Selkirk, Man.

**\$\$\$**  
Adults: \$15/day, \$20/weekend. Seniors/children: \$10/day, \$15/weekend. Family and early-bird prices (to June 16) also available

**DON'T MISS**  
Heavies Games, featuring caber toss and Scottish hammer throw

**WEBSITE**  
manitobahighlandgathering.org



SUPPLIED PHOTO

Volunteers at the Manitoba Highland Gathering can help fine-tune era-appropriate Scottish wear, but piping skills might take more practice.



SUPPLIED PHOTO

Grounds maintenance and community beautification are common summer jobs that are also inaccessible to many people with disabilities.

## SUMMERTIME SADNESS

Isolation and financial exclusion in the job market

MEGAN LINTON

VOLUNTEER STAFF

While summer is, for many students, a time to save up for an eighth of a year's tuition (or five months rent) through the Federal Student Workers Program or Manitoba's Green Team program, for students with disabilities, those living with mental illness and neurodivergent students, it is also a time of financial exclusion.

Many summer job programs are hyper-dependent on physical labour and require workers to be physically able-bodied, limiting many students with mobility and physical disabilities from that stream of work.

Accessing accommodations forces workers to become vulnerable to people in positions of power, which can be challenging, endangering and impossible for some people.

Systems of power continue to marginalize people, which encourages exploitation of people with disabilities. Current statistics suggest that 83 per cent of women with disabilities are sexually assaulted, people with disabilities are 50 per cent more likely to be victims of violent crime, and the list goes on. Power dynamics further enhance already-disempowered individuals.

Employment is already precarious for persons with disabilities, and the combination of other factors that contribute to employment instability, like age, limited

timelines and gender, makes it additionally challenging for students to access summer jobs.

While nonprofits can hire summer employees through various grant programs, community organizations often prioritize grounds maintenance and community beautification, which can be inaccessible for a variety of students. Once all of the jobs have been eliminated for people who are living with various disabilities, specifically mobility disabilities, then the small pool of remaining opportunities are contested between both able-bodied and disabled students.

Disclosures are incredibly challenging. Disclosing disability and entrusting medical information forces vulnerability, which is a difficult first interaction to have with an employer. While trust often takes time, summer jobs and employment require immediate disclosure, thus immediate vulnerability.

Students with disabilities are often not part of the workforce during the school year, as living with a disability and going to school at the same time requires more than a full-time commitment. Unfortunately, attending doctor's appointments, doing emotional labour for professors and ensuring accommodations are met does not look as shiny on a resume.

Understanding all of the limits of summer employment for students with disabilities, it is easy to assume there would be more grant programs for attending classes in the summer. However, many people living with a disability use federal student loans as opposed to provincial student loans, due to different grant programs available, and federal funding does not cover summer classes.

The lack of grants and funding available over the summer for students with disabilities proves challenging, discouraging and often prevents students with disabilities from accessing summer classes.

Summer is supposed to be a time for students to gain experience. However, for students with disabilities, the experience is that of failure of services, workplace discrimination and underemployment.

Both the federal and provincial government need to do better to support students with disabilities by providing employment opportunities for persons with disabilities, and by encouraging access to summer classes for students.

Students with disabilities deserve access to summer programming, and while the

country patiently waits for the Canadian Accessibility Act to come out, Canadians are constantly denied employment on the basis of ableism. While this ableism may be overt or covert, it is still an act of oppression that prevents meaningful employment and experience for people with disabilities.

Thus far, nothing has prevented systems of oppression from discriminating in the workforce, and lack of access to funding prevents students from having a place to exist within in our capitalist, oppressive society.

These systems of oppression often interact, and there is more workplace discrimination amongst racialized, 2SLGBTQIA, women and trans people and other marginalized identity groups.

*Megan Linton is the current Board of Regents representative for the UWSA. She is a mad activist, sometimes seen clutching a cane, other times, clutching a sprinkled doughnut. You probably owe her a doughnut for unpacking your deep-seated ableism.*

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# COOL OFF WITH SWEET TREATS THIS SUMMER

Exploring Winnipeg's iconic ice cream shops

SARAH BRERETON

VOLUNTEER

With the arrival of Winnipeg's famous muggy, warm weather, many ice cream enthusiasts are twitching to begin their summertime treks to their favourite ice cream shops. But this can present a challenge for anyone who does not have a favourite spot.

Googling "Winnipeg ice cream spots" will produce more than 20 options.

To help any overwhelmed ice cream fan decide where to go, here are three of the most iconic ice cream spots in Winnipeg.

## SUB ZERO ICE CREAM

While many ice cream connoisseurs will suggest spots in the south side of the city, Sub Zero Ice Cream stands its ground as an iconic spot in the neighborhood of Elmwood. Established in 1987, Sub Zero has been serving Winnipeg their city-famous soft-serve parfaits for over 30 years.

"The most popular treats which (make) us unique from other locations are the parfaits," owner and parfait creator Lihn

Le says. With over 50 signature combination flavour options (and more brainstormed every day), even the most finicky of ice cream-fans will find a combination they'll love.

"The upcoming parfait will be the Tim Tam Crumbs Parfait with vanilla ice cream, layered with Nutella and Australian Tim Tam biscuits," Le says.

Other dietary accommodations can be made, such as their vegan banana coconut stick, made with fresh bananas, coconut milk and assorted nuts.

Even pooches can enjoy their own special treat. The K9 Cone for dogs is "a little soft vanilla topped with a mini dog cookie," Le says.

Their Elmwood location gives the establishment a connection to their community. As one reviewer stated on the establish-



The Bridge Drive-In (BDI) is known for specialties like the Goog, as well as for their titular bridge, which is a pedestrian-only walkway.

ment's Facebook page, "Sub Zero is a great local ice cream shop. It's dangerous that it is so close."

For classics like sundaes, milkshakes or banana splits, or one of their specialty parfaits, Sub Zero has got it covered.

## BRIDGE DRIVE-IN

One of the city's most acclaimed ice cream establishments, the Bridge Drive-In (BDI) has been serving Winnipeggers their large assortment of tasty treats for almost 50 years. With such specials as the Goog (an upside-down blueberry shake with a hot fudge sundae and bananas topped with whipped cream) and their assortment of milkshakes, it is a must-visit for anyone looking for some classic Winnipeg creations.

"It started about 48 years ago, when my grandparents ended up buying it with two other people," owner Jessica Jacob says. "It's been a part of my whole life, basically."

Passed down to her five years ago, Jacob and her husband Justin Jacob have been experimenting and expanding the well-known Winnipeg establishment, while still incorporating the community connections and friendliness that Jessica's grandmother started 48 years ago.

This expansion can be seen in the vegan options they now provide. One of these options is a pineapple vegan milkshake that they're working on perfecting, but they don't plan on stopping there.

"We're also working on vegan hard ice cream ... We've been working with the

University of Manitoba with that, with a low-sugar ice cream, too," Jessica Jacob says.

Another expansion has been the BDI Goog To-Go Truck, which many would recognize from the recent Winnipeg Jets' street parties.

"It's a way that people can try BDI that can't actually make it down to the shop," Justin Jacob says.

The food truck can be found throughout the city and beyond.

"The truck enables us to get out," Justin Jacob says. "A lot of people from the North End have never tried BDI before, and they've heard of it ... they were pretty thrilled when we came out there."

The community connection of BDI now spreads from their original location at Elm Park to locations outside Winnipeg, such as Altona and St-Pierre-Jolys.

"One of the specialty cones that's been really popular right now is the Cloud Nine Cone," Jessica Jacob says. With BDI's signature in-house-made waffle cones and vanilla soft-serve ice cream, it is served surrounded with cotton candy with cotton candy sprinkles.

## SARGENT SUNDAE

Across from Winnipeg's Assiniboine Park, Sargent Sundae provides another signature ice cream spot, especially for anyone craving a soft-serve fix.

"My favourite treat is definitely the soft-serve ice cream. It's a classic, and the quality of Sargent Sundae means it's by

far my favourite," long-time customer Trevor Dyck says.

Although their chocolate vanilla swirl soft serve is exceptionally noteworthy, more adventurous ice cream-goers can enjoy their weekly soft-serve specials, with flavours ranging from fruity to ones more on the decadent side.

"The soft serve is definitely the best, and I recommend it to everyone who goes there," Dyck says, adding that it is "a timeless classic done to perfection."

"Its location is amazing and keeps me coming back," Dyck explains.

Situated across from Assiniboine Park, visitors can enjoy their treats while taking a stroll.

While the line may wrap around the block on certain days, there is always the promise of the shade and paths of the park to look forward to - a perfect accompaniment to ice cream.

Dyck grew up in St. James and says that Sargent Sundae was a quintessential part of living in the area.

"When I was a kid, my friends and I would go there with whatever pocket-money we had, and as I got older, that didn't really stop," Dyck says.

Sargent Sundae's reputation goes beyond St. James.

"Being such a big part of the area and the community is why it's so popular to people in St. James and throughout the whole city," Dyck says.



**Cindy Gilroy**

City Councillor

Daniel McIntyre Ward



cgilroy@winnipeg.ca  
www.cindygilroy.com

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LET'S WORK TOGETHER

# FESTIVAL GUIDE

WE DUG DEEP AND DID SOME SERIOUS RESEARCH TO FIND A FEW DOZEN MORE FESTIVALS TO SHARE WITH YOU THIS YEAR FOR A GRAND TOTAL OF 102!

THERE ARE MUSIC FESTIVALS OF MANY SCALES AND GENRES - FROM THOSE WITH DOZENS OF ATTENDEES TO THOSE WITH THOUSANDS. FROM COUNTRY TO FOLK TO BLUES TO ELECTRONIC TO INDIE TO REGGAE, MANITOBA'S MUSIC FESTIVALS COVER A LOT OF MUSICAL GROUND.

BUT MUSIC ISN'T THE ONLY REASON TO GET TOGETHER AND FEST. MANITOBANS ARE QUITE INNOVATIVE IN FINDING COMMON GROUND AND HOBBIES THAT THEY'D LIKE TO SHARE WITH OTHERS, BE IT CHEESE, BEER, BLACKSMITHING, BOLERS, CANOES, YARN, GO-KARTS, FISH, PLANES, YOGA, TRUCKS OR JOUSTING.

WE DROPPED THIS LISTING SECTION IN THE MIDDLE OF THE PAPER SO YOU CAN EASILY PULL IT OUT AND TAKE IT WITH YOU AS A HANDY REFERENCE GUIDE TO HELP PLAN YOUR SUMMER. THE FULL LIST OF FESTIVALS IS ALSO POSTED ON OUR WEBSITE.

HAPPY FESTING!



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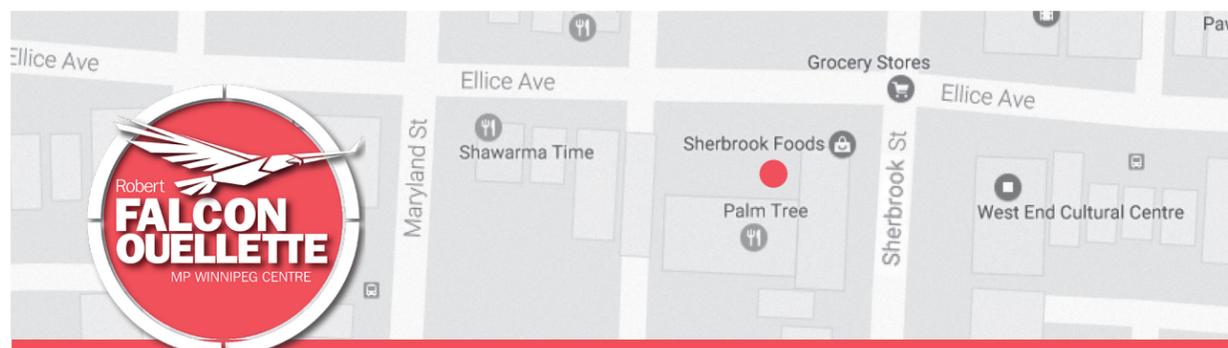
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MAY 25-JUNE 3	PRIDE WINNIPEG FESTIVAL	WINNIPEG	PRIDEWINNIPEG.COM
JUNE 1-2	THE DREAM FACTORY RIVER CITY DRAGON BOAT FESTIVAL	WINNIPEG	MPA.MB.CA
JUNE 1-3	WINNIPEG UNDERGROUND FILM FESTIVAL	WINNIPEG	WINNIPEGUFF.COM
JUNE 1-3	PRAIRIE WIND MUSIC FEST	CYPRESS RIVER	PRAIRIEWINDMUSICFEST.WORDPRESS.COM
JUNE 2	10TH ANNIVERSARY NEW BOTHWELL CHEESE AND WINE	NEW BOTHWELL	BOTHWELLCHEESE.COM
JUNE 2	CANADIAN TRUCKING SHOW & CONVOY 2018	WINNIPEG	CANADIANTRUCKING.BIZ
JUNE 2	FORGE AND FORUM	ST. ANDREWS	CLOVERDALEFORGE.COM
JUNE 2	WINNIPEG SONGWRITERS FESTIVAL	WINNIPEG	FIND THEM ON FACEBOOK FOR MORE DETAILS
JUNE 2-3	THE 2018 FORKS COMMUNITY BAND FESTIVAL	WINNIPEG	MBBAND.ORG/COMMUNITY-BANDS-1
JUNE 3	BACK 40 FESTIVAL	MORDEN	BACK40FOLKFEST.COM
JUNE 3-6	MANITOBA SUMMER FAIR	BRANDON	MANITOBASUMMERFAIR.COM
JUNE 7-10	KIDS FEST	WINNIPEG	KIDSFEST.CA
JUNE 8-9	NIVERVILLE OLD TYME COUNTRY FAIR	NIVERVILLE	NIVERVILLEFAIR.COM
JUNE 8-10	BARROWS 5TH ANNUAL GOSPEL JAMBOREE	BARROWS	TRAVELMB.CA
JUNE 9	ELLICE STREET FESTIVAL	WINNIPEG	WECC.CA/EVENTS
JUNE 9	BLUE HILLS FIBRE FESTIVAL	CARBERRY	BLUEHILLSFIBREFESTIVAL.WORDPRESS.COM
JUNE 9-10	MANITOBA FILIPINO STREET FESTIVAL	WINNIPEG	MANITOBAFILIPINO.COM
JUNE 9-10	MONTCALM HERITAGE FESTIVAL	ST. JOSEPH	CENTRALPLAINSPEMBINAVALLEYTRAVEL.COM
JUNE 9-15	AGASSIZ CHAMBER MUSIC FESTIVAL	WINNIPEG	AGASSIZFESTIVAL.COM
JUNE 10	MANITOBA NIGHT MARKET AND FESTIVAL	WINNIPEG	ASDOWNS.COM
JUNE 10	MEC PADDLEFEST	WINNIPEG	EVENTS.MEC.CA/NODE/199411
JUNE 10	CANOE-A-THON	DAUPHIN	TRAVELMANITOBA.COM/EVENT
JUNE 14-24	THE 2018 TD WINNIPEG INTERNATIONAL JAZZ FESTIVAL	WINNIPEG	JAZZWINNIPEG.COM
JUNE 15-17	sākihiwē FESTIVAL	WINNIPEG	SAKIHIWE.CA
JUNE 15-17	SUMMER IN THE CITY	STEINBACH	STEINBACHSUMMERINTHECITY.CA
JUNE 15-24	RED RIVER EX	WINNIPEG	REDRIVEREX.COM
JUNE 16-17	LITTLE VALLEY JAMBOREE	ERICKSON	LITTLEJAMBOREE.COM
JUNE 21	BRANDON FOLK, MUSIC & ART FESTIVAL	BRANDON	BRANDONFOLKFESTIVAL.CA
JUNE 21-24	NICKEL DAYS	THOMPSON	NICKELDAYS.CA
JUNE 22-23	FLATLANDER'S BEER FESTIVAL	WINNIPEG	FLATLANDERSBEERFEST.COM
JUNE 22-24	THOUSAND OAKS GOSPEL CAMP MUSIC FESTIVAL	WINKLER	THOUSANDOAKSINC.ORG
JUNE 23	INDIGENOUS DAY LIVE	WINNIPEG	INDIGENOUSDAYLIVE.CA
JUNE 23	LA RIVIERE TURKEYFEST & DUCK RACES	LA RIVIERE	CENTRALMBTOURISM.CA
JUNE 23-24	MANITOBA HIGHLAND GATHERING	EAST SELKIRK	MANITOBAHIGHLANDGATHERING.ORG
JUNE 28-JULY 1	DAUPHIN'S COUNTRYFEST	DAUPHIN	COUNTRYFEST.CA
JUNE 29-JULY 1	FLIN FLON TROUT FESTIVAL	FLIN FLON	FLINFLONTROUTFESTIVAL.COM
JUNE 29-JULY 1	DAUPHIN AGRICULTURAL FAIR	DAUPHIN	TRAVELMANITOBA.COM
JULY 1	OSBORNE VILLAGE CANADA DAY STREET FESTIVAL	WINNIPEG	FIND THEM ON FACEBOOK FOR MORE DETAILS
JULY 5-8	WINNIPEG FOLK FESTIVAL	BIRDS HILL PARK	WINNIPEGFOLKFESTIVAL.CA



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JULY 6-7	ST LABRE 200	ST. LABRE	STLABRE200.CA/WP
JULY 6-8	134TH ANNUAL CARBERRY FAIR & RACES	CARBERRY	CARBERRYAGSOCIETY.CA
JULY 6-8	PORTAGEX	PORTAGE LA PRAIRIE	PORTAGEEX.COM
JULY 7-8	WINNIPEG FISH FESTIVAL	WINNIPEG	TRAVELMANITOBA.COM/EVENT
JULY 7-8	MANITOBA AIRSHOW	SOUTHPORT	MBAIRSHOW.CA
JULY 12-14	CARMAN COUNTY FAIR	CARMAN	CARMANCOUNTRYFAIR.CA
JULY 12-15	FOLIES GRENOUILLES ST-PIERRE JOLY FROG FOLLIES	ST-PIERRE-JOLYS	FROGFOLLIES.COM
JULY 12-15	BUFFALO DAYS FESTIVAL	BUFFALO POINT	BUFFALOPOINT.CA/EVENTS.PHP
JULY 13-14	ROCKIN ON THE RED	LOCKPORT	HALFMOONDRIVEIN.COM/2018-EVENT-INFO
JULY 13-15	SOCA REGGAE FESTIVAL	WINNIPEG	SOCAREGGAEFESTIVAL.CA
JULY 14	GARDENTON UKRAINIAN FESTIVAL	GARDENTON	GARDENTONPARK.COM
JULY 17-22	RIDING MOUNTAIN NATIONAL PARK FILM FESTIVAL	WASAGAMING	FIND THEM ON FACEBOOK FOR MORE DETAILS
JULY 18-29	WINNIPEG FRINGE THEATRE FESTIVAL	WINNIPEG	WINNIPEGFRINGE.COM
JULY 19-22	MANITOBA STAMPEDE	MORRIS	MANITOBASTAMPEDE.CA
JULY 20-21	SUMMER WINDS FAMILY MUSIC FESTIVAL	VICTORIA BEACH	SUMMERWINDSMUSIC.COM
JULY 20-21	SUPER-SPIKE 2018	WINNIPEG	SUPERSPIKE.CA
JULY 21	BLUES IN THE PARK	ALTONA	NIGHTOUTWITHTHEBLUES.COM
JULY 21	135TH SPRINGFIELD COUNTRY FAIR	DUGALD	SPRINGFIELDAGSOCIETY.COM
JULY 21	STEINBACH PRIDE	STEINBACH	STEINBACHPRIDE.COM
JULY 21-22	ARBORG FAIR & RODEO	ARBORG	AGSOCIETY.NET
JULY 21-22	CYPRESS RIVER AGRICULTURAL FAIR	CYPRESS RIVER	TRAVELMANITOBA.COM/EVENT
JULY 22	CRIPPLE CREEK MUSIC FESTIVAL	MORDEN	FIND THEM ON FACEBOOK FOR MORE DETAILS
JULY 25-27	BALLET IN THE PARK	WINNIPEG	RWB.ORG/WHATS-ON/SHOW
JULY 25-29	GIMLI FILM FESTIVAL	GIMLI	GIMLIFILM.COM
JULY 25-29	NORTHWEST ROUND UP & EXHIBITION	SWAN RIVER	NORTHWESTROUNDUP.CA
JULY 27-29	BOARDWALK DAYS	WINNIPEG BEACH	WINNIPEGBEACH.CA
JULY 27-29	MANITOBA SUNFLOWER FESTIVAL	ALTONA	ALTONA.CA/TOURISM
JULY 27-29	REAL LOVE SUMMER FEST	TEULON	REALLOVESUMMERFEST.COM
JULY 27-AUG 5	TREATY & YORK BOAT DAYS	NORWAY HOUSE	YORKBOATDAYS.CA
JULY 28	FOLLOW THE SUN OFF THE GRID YOGA FESTIVAL	ETERNAL SPRINGS	FIND THEM ON FACEBOOK FOR MORE DETAILS
JULY 28-20	MEDIEVAL FESTIVAL	COOKS CREEK	IMMACULATE.CA/EVENTS/MEDIEVAL%20FESTIVAL/MED-FEST.HTM
AUGUST 3-5	CANADA'S NATIONAL UKRANIAN FESTIVAL	DAUPHIN	CNUF.CA
AUGUST 3-5	FIRE + WATER MUSIC FESTIVAL	LAC DU BONNET	FIRENATER.CA
AUGUST 3-5	ROCKIN' THE FIELDS OF MINNEDOSA	MINNEDOSA	ROCKINTHEFIELDS.CA
AUGUST 3-6	PIONEER DAYS	STEINBACH	MENNONITEHERITAGEVILLAGE.COM/EVENT/PIONEER-DAYS
AUGUST 3-6	PONDEROSA DAYS	CARTWRIGHT	CARTWRIGHTROBLIN.CA/NODE/2127
AUGUST 3-6	ISLENDINGADAGURINN	GIMLI	ICELANDICFESTIVAL.COM



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AUGUST 5-18  
 AUGUST 10  
 AUGUST 10-12  
 AUGUST 10-12  
 AUGUST 10-12  
 AUGUST 10-12  
 AUGUST 11  
 AUGUST 11-12  
 AUGUST 15-19  
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 AUGUST 23-26  
 AUGUST 24-26  
 AUGUST 24-26  
 AUGUST 24-26  
 AUGUST 25  
 AUGUST 31-SEPTEMBER 2

FOLKLORAMA  
 KLEEFELD HONEY FESTIVAL  
 I AM FESTIVAL  
 MELITA BANANA DAYS  
 FLIN FLON'S BLUEBERRY JAM MUSIC GATHERING  
 WINKLER HARVEST FESTIVAL & EXHIBITION  
 ROCKIN' HORSE MUSIC FESTIVAL  
 LAKESIDE QUILTERS SHOW AND SALE  
 BOLER 50TH ANNIVERSARY  
 MEME  
 VIRDEN INDOOR RODEO & WILD WEST DAZE  
 WINNIPEG BBQ & BLUES FESTIVAL  
 PLUM COULEE PLUM FEST  
 GIMLI MODEL FEST  
 HARVEST SUN MUSIC FEST  
 RAINBOW TROUT MUSIC FESTIVAL  
 STONEWALL QUARRY DAYS  
 ERIKSDALE CREAMERY DAYS FAIR & RODEO  
 PYOTTS WEST MUSIC FEST  
 SWORDS AND SABRES  
 ODDBLOCK COMEDY FESTIVAL  
 RIBFEST  
 CORN & APPLE FESTIVAL  
 FALLJAM ROCK FEST 7  
 WHOOP AND HOLLAR FOLK FESTIVAL  
 ASHAM STOMPERFEST

WINNIPEG  
 KLEEFELD  
 TBA  
 MELITA  
 FLIN FLON  
 WINKLER  
 MORRIS  
 GIMLI  
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 VIRDEN  
 WINNIPEG  
 PLUM COULEE  
 GIMLI  
 KELWOOD  
 ST. MALO  
 STONEWALL  
 ERIKSDALE  
 ROBLIN  
 WINNIPEG  
 WINNIPEG  
 MORDEN  
 ST. ANDREWS  
 PORTAGE LA PRAIRIE  
 REEDY CREEK  
 FOLKLORAMA.CA  
 KLEEFELDPARK.CA/PARKREC/HONEY-FESTIVAL  
 IAMFESTIVAL.NET  
 MELITABANANADAYS.COM  
 CITYOFFLINFLON.CA/BLUEBERRY-JAM-MUSIC-GATHERING  
 WINKLERHARVESTFESTIVAL.COM  
 VALLEYAG.CA  
 TRAVELMANITOBA.COM/EVENT  
 MYBOLER.COM  
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 PLUMFEST.COM  
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 STONEWALLQUARRYDAYS.CA  
 ERIKSDALEMUSEUM.ORG/ERIKSDALE-CREAMERY-DAYS-FAIR-RODEO  
 PYOTTSWESTCAMPGROUND.COM/INDEX.PHP/EVENTS  
 NORWOODGROVE.COM/SWORDS-SABRES  
 ODDBLOCK.CA  
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 WHOOPANDHOLLAR.COM  
 STOMPERFEST.CA



SUPPLIED PHOTO

Infrastructure for the Gimli Film Festival's beach screenings taking a dip in Lake Winnipeg

# ST-LABRE 200

It you build it, they will race

ANASTASIA CHIPELSKI

MANAGING EDITOR  @ANACHIPS

The go-karts speeding around the track for the St-Labre 200 may be a mix of cutting-edge and scrapyard builds, but they'll all have one thing in common: none of the karts will be more than 24 hours old.

Joel Grenier, along with family and friends, started the event on a smaller scale with a basic premise. On the first day, the karts get built, and the next day, they race. Participants are given a building space, a powertrain and wheels, but they bring and build the rest with their own tools.

"We wanted to race on an even playing field. We always had different engines and different components, so it was never a fair race," Grenier says.

This can mean a long day (and night) for the builders, but teams might include members who build and members who race.

"All teams have different strategies. In my mind, you need a lightweight jockey to keep the speed up on the track. The

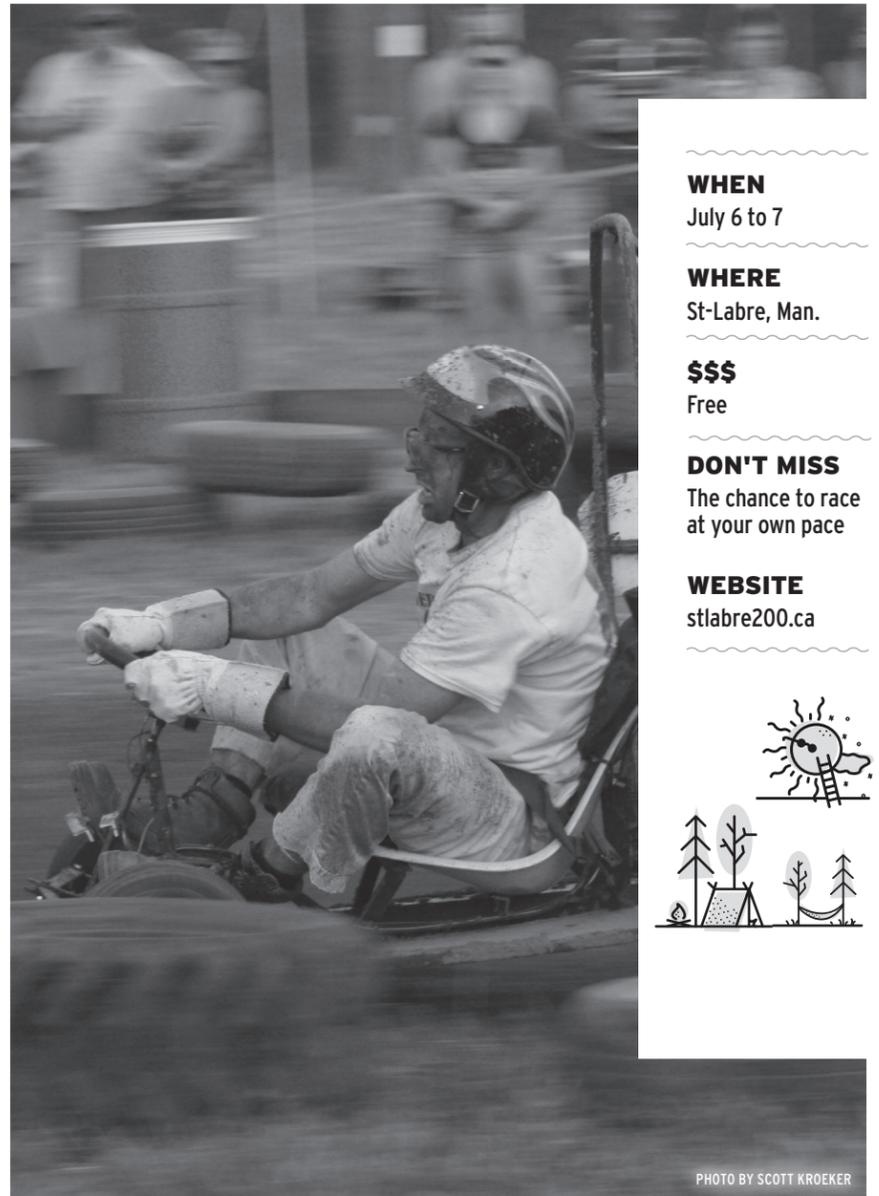
easiest way to shave 30 lbs off my kart was to find someone who is much smaller than me!" Grenier says.

Grenier says he's committed to keeping the event free, and has the support of over 150 volunteers to help it run smoothly.

There are other forms of races beyond go-karts as well - bubble ball races, a family feud race, a kids' bike race and more, as well as cookoffs, fireworks, music and other entertainment.

Any money raised goes back to surrounding communities, to the tune of \$70,000 over the last nine years, all from what started as a family hobby with Grenier's dad and brother.

"We started off with building wind powered karts, but those were only fun one way," Grenier says. "It's now become more than a hobby. It's such a strong team-building exercise, and an extremely powerful tool for promoting trades. I'm really looking forward to helping my children build their first go-kart."



A racer in a brand-new go-kart is splattered in mud while circling the track.

**WHEN**  
July 6 to 7

**WHERE**  
St-Labre, Man.

**\$\$\$**  
Free

**DON'T MISS**  
The chance to race at your own pace

**WEBSITE**  
stlabre200.ca

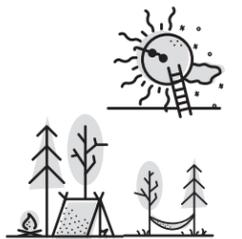


PHOTO BY SCOTT KROEKER

# MANITOBA AIRSHOW

Acrobats of the Air

CHARMAGNE DE VEER

BUSINESS MANAGER  @CHARDEVEER

It's a bird. It's a plane. It's a plane that flies like a bird. It's The Manitoba Airshow!

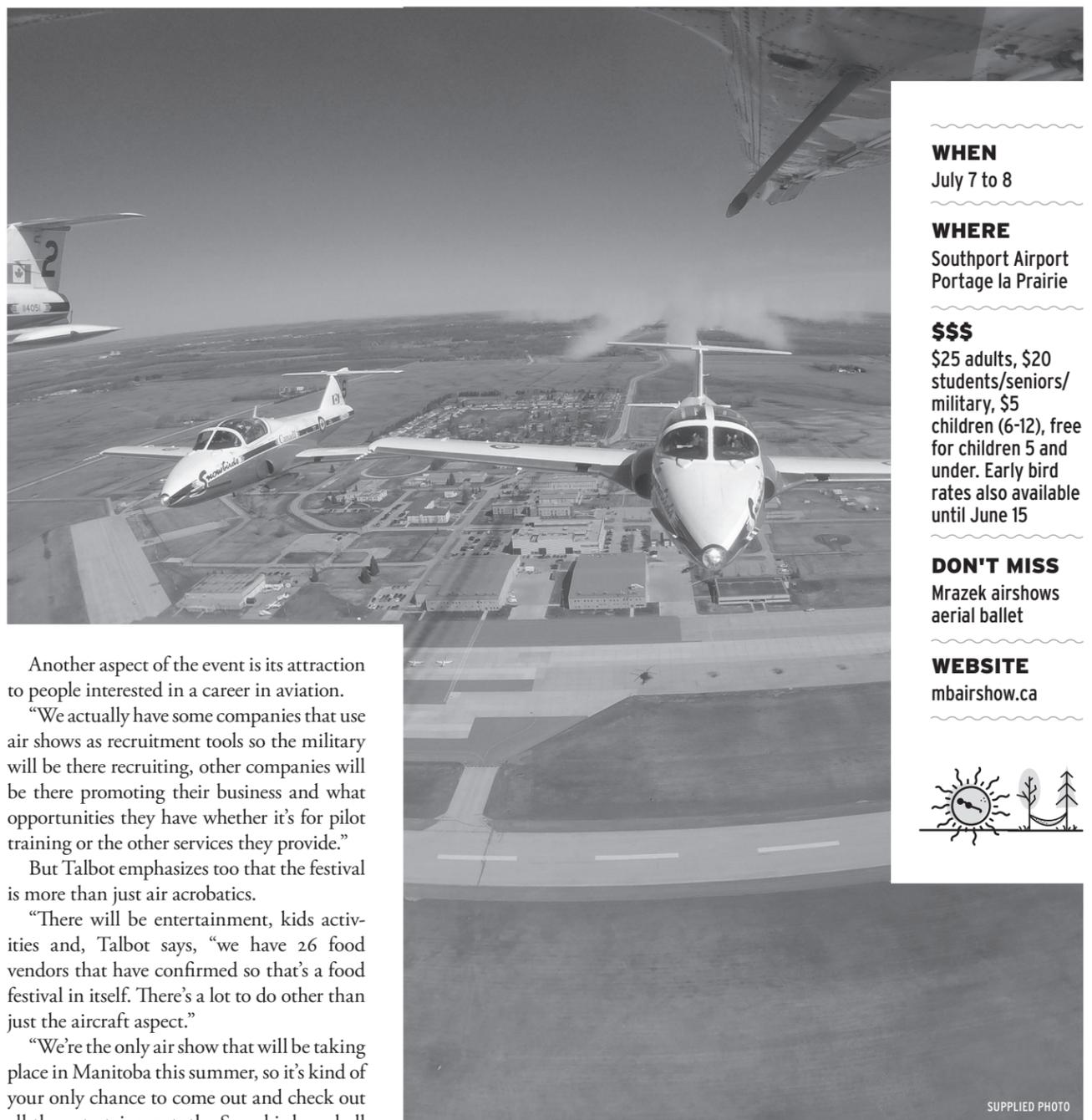
The show includes the iconic Canadian Forces (CF) Snowbirds - Canada's military aerobatics flight demonstration team - a variety of air acrobatics, parachuting, vintage craft, and everything related to airplanes.

Also featured is a display area where audiences can get up close and personal with a variety of aircraft.

"We have a huge range of different aircraft from the historic to the modern military aircraft that will be coming and you get a chance to sit in the cockpit, touch, feel," Deanna Talbot, chair of administrative services for the Manitoba Airshow, says.

"There'll be pilots by each of the aircraft explaining the different systems of the aircraft, where they fly it, a lot of the background information, so it's like a guided tour up front and personal."

The show attracts a diverse audience, Talbot says "All ages, families, young old, people that are attracted to the historic aspects of the airshow, people that are just getting into aviation. It's an event because it is so broad that even if you don't know a lot about planes it's just a fun day to spend in the summer."



The Canadian Forces Snowbirds perform aerial acrobatics.

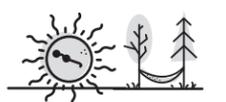
**WHEN**  
July 7 to 8

**WHERE**  
Southport Airport  
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**\$\$\$**  
\$25 adults, \$20 students/seniors/military, \$5 children (6-12), free for children 5 and under. Early bird rates also available until June 15

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Mrazek airshows aerial ballet

**WEBSITE**  
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SUPPLIED PHOTO

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# FOLLIES GRENOUILLES / FROG FOLLIES

Bringing dance to  
the outdoor stage

ANASTASIA CHIPELSKI

MANAGING EDITOR  @ANACHIPS

The inaugural Frog Follies festival was marked by a (brief) royal visit in 1970. It was launched to celebrate St-Pierre-Jolys' francophone heritage, which is how the frogs came in.

"We're poking fun at the fact that we're a French community," Barney Morin, one of the organizers of the Frog Follies, says. "The Queen was visiting St-Pierre almost 50 years ago, and they wanted her to remember her time in St-Pierre-Jolys."

The festival's titular frog is not just any leaping amphibian - festival attendees catch, release and competitively jockey hundreds of Northern Leopard Frogs, which are greenish-brown and spotted. Each frog has a distinctive spot pattern, so like a snowflake, no two are alike.

Prior to the Follies, organizers hold the Great Canadian Frog Hunt at a secret location. Participants of the Canadian National Frog Jumping Championships may bring their own frogs (provided it is caught and released respectfully) or choose one from a barrel.

Frogs must be named and assigned a jockey.

"Over 300 frog jockeys register each year with many who bring their own frogs raised at home," Morin says. I can't wait to get to the final of the Canadian Frog Jumping Championship. (It's my summer highlight."

On their website, the festival encourages firm but careful handling of the frogs and stresses that they are stored in frog-friendly conditions.

"The frogs are an important part of the local ecosystem, and we wouldn't want to cause an imbalance," Morin says.

Alongside frogs, the Follies hosts music on the main stage, a Bingo tournament, and a Slo-Pitch tournament - in two languages.

"Our whole event is bilingual from the entertainment to our atmosphere. It gives Manitobans a chance to soak up francophone culture in a non-academic setting," Morin says.



**WHEN**

July 12 to 14

**WHERE**

St-Pierre-Jolys

**\$\$\$**

Free

**DON'T MISS**

The chance to jockey a champion frog

**WEBSITE**

frogfollies.com



SUPPLIED PHOTOS

Frogs like this Northern Leopard Frog will take part in the Canadian National Frog Jumping Championships at Frog Follies.

# MEDIEVAL FESTIVAL

And now for something  
completely different

CHARMAGNE DE VEER

BUSINESS MANAGER  @CHARDEVEER

Cooks Creek is best known for its grotto, a provincial and national historic site. It looks like a fortress but has built caves on the inside. This site inspired the creation of a medieval festival fundraiser.

"We were looking to raise capital for our church, the Immaculate Conception, and the grotto (which is) quite a large complex to keep in shape," Gary Senft, lead organizer of the festival, says.

"I was walking around it and looking at it, and it was very reminiscent of a castle in the medieval period," which inspired the idea for a medieval festival, Senft says.

Formed in 2004, the biennial festival features jousting matches, heavy armour combat, a live chess tournament with people in costume as the pieces and archery (some on horseback).

For those who are less sporty, they also have a garden of ale, period music and dance, a puppet show for the kids, an evening banquet and more.

This year, the small town festival features international attractions. Jousters - who wear heavy armour, carry large oak lances and compete on horseback - will be coming

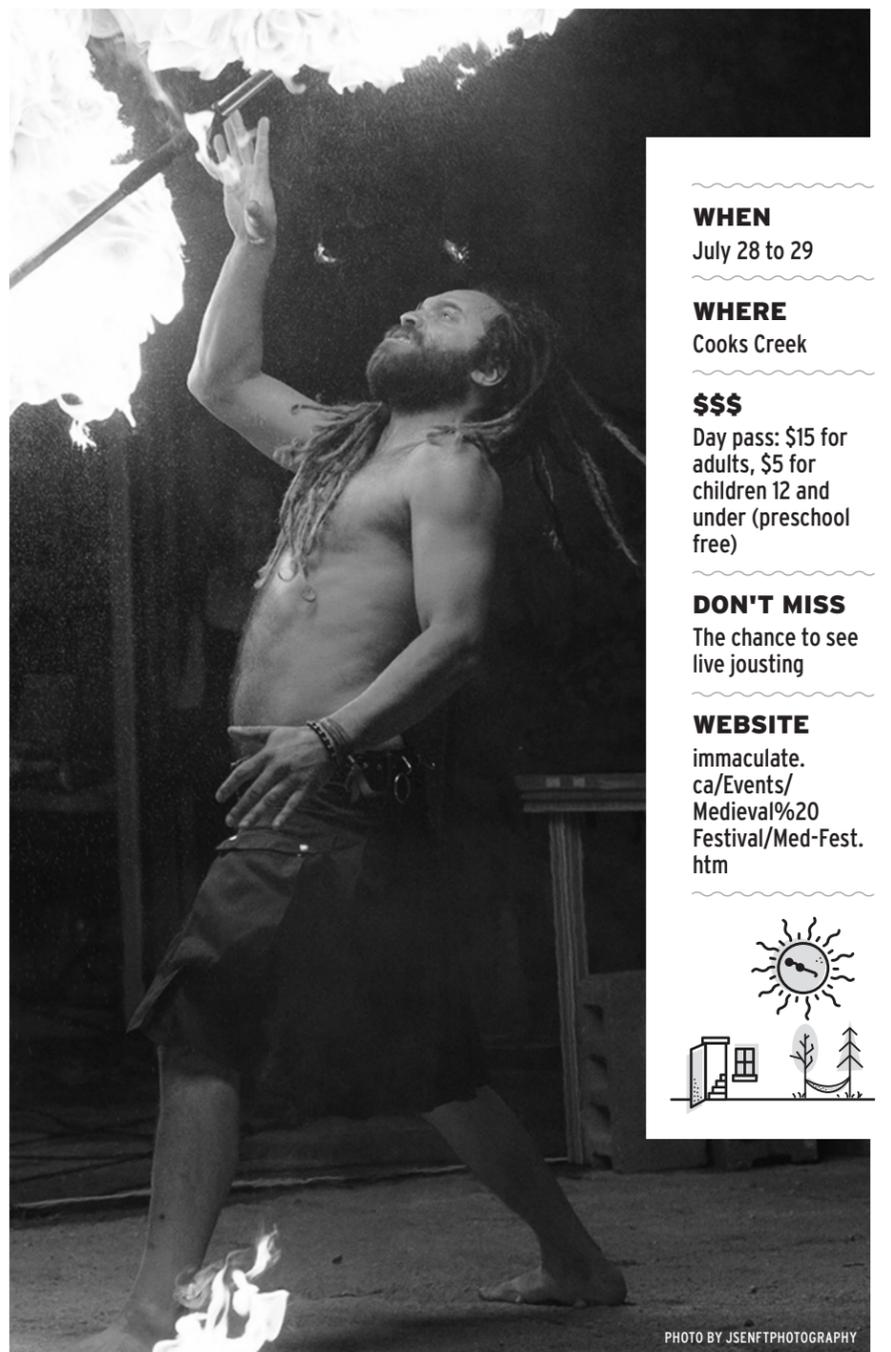
from around the world including Portugal, Poland, Australia, Scandinavia, the U.S. and Canada.

"There are only about 110 jousters in the world, and we have 12 of them," Senft says, noting that it now functions as a "kind of international jousting tournament."

The entertainment features medieval music, dance and skits (often from Monty Python), and the music is held inside the cathedral, which is not only beautiful but cooler on a hot summer day.

The festival attracts 3,000 participants for the day, and 400 who stay for the evening banquet.

"The dinner sold out in five hours this year and with no advertising," Senft says. "There's a lot of people interested in the idea and so they stay in touch with us."



**WHEN**

July 28 to 29

**WHERE**

Cooks Creek

**\$\$\$**

Day pass: \$15 for adults, \$5 for children 12 and under (preschool free)

**DON'T MISS**

The chance to see live jousting

**WEBSITE**

immaculate.ca/Events/Medieval%20Festival/Med-Fest.htm



PHOTO BY JSENFTPHOTOGRAPHY

A fire performer entertains attendees at the Medieval Festival

# GOODNIGHT, SWEET FESTIVAL

Events that have taken their place among the stars

ANASTASIA CHIPLESKI

MANAGING EDITOR  @ANACHIPS

While there's been no shortage of newer festivals joining the summer schedule, a few notable festivals have wound down in the last year.

After over a decade, the last Shine On festival was held in late August of 2017. At the time, many attendees may have been unaware that this was a grand finale.

But in the freezing depths of January, a statement appeared on their Facebook page: "Just as the sun must set each night, the warmth of summer must eventually turn to fall, the cookie jar will inevitably be left with just crumbs, and the last season of (insert popular TV show here) must eventually arrive, so too must the life of our little festival."

Tabitha Gamble was the artistic director of Shine On for the last eight years, and had been organizing it remotely from BC over the last two years.

"We didn't have a good organizer structure in that once I stepped down, we didn't have anyone 'trained' in what it was that I did."

Managing personnel changes in other areas of festival admin had also been a challenge, Gamble says, and a commitment to safer spaces - especially in the midst of Fentanyl overdose concerns - became harder to uphold as well, though organizers tried their best.

"We cut down ticket sales 50 per cent with the thought that fewer people meant less stress keeping them secure and safe," Gamble says.

Their Facebook page remains open as a place to share photos and memories, and to keep the spirit of the festival alive in some form, all year round. Gamble's fondest memories of the festival, however, didn't fall during the weekend of Shine On. For a few years, organizers hosted a bluegrass brunch at the Unitarian Church.

"Planning for that event, baking, prepping all of the food for the waffles and to-order omelettes we made for folks



Shine On festival announced it wouldn't be returning for summer 2018.

was spectacular. The food paired with the music made it a spring morning that I looked forward to every year," Gamble says.

"Shine was about the music and art and shenanigans. It wasn't just a yearly thing that came and went, it was like a child that me and the other organizers were constantly talking (about)."

The commitment to running a festival, whether on a small or large scale, can be huge. And scaling up doesn't always guarantee success.

Last August, Interstellar Rodeo brought Beck, Broken Social Scene, Father John Misty and more to the Scotiabank stage at the Forks. It was the downtown music festival's third iteration, and turned out to be its last.

The 2017 festival had followed on the heels of the Canada Summer Games, which programmed an accompanying

festival with 11 nights of free concerts at the Forks. Each night had a provincial or territorial theme, featuring emerging and well-known performers from that area.

"In 2017, we made every effort to ramp up (more than double) our talent and production budgets to achieve the growth targets we needed to make the festival viable. And while we're not a company to shy away from competing against other ticketed events, it's not realistic to expect that we would have been able to achieve these targets when contending with the unexpected challenge and impact of two weeks of free, like-minded programming in the same venue right before our own festival," festival producer Shauna de Cartier shared in an email published by the *Winnipeg Free Press* on October 29, 2017, announcing the end of the festival.

Interstellar Rodeo added their own specific flair to the musical template,

including providing wine pairings tailored to specific artists which were offered while the musicians were on stage.

"It was so great, it was really a special festival I thought, something about the energy of it all really made it seem like a different kind of experience and people loved it. I loved it," De Cartier told the *Free Press*.

Interstellar is under the wing of label Six Shooter records, and had iterations in both Winnipeg and Edmonton. The Edmonton festival will continue in 2018 from July 20 to 22.

The Winnipeg section of interstellar-rodeo.com has been transformed into an in memoriam style archive of the festival's three years, with an encouragement to join the fun in Edmonton.

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# I AM FESTIVAL

Now it's personal

CHARMAGNE DE VEER

BUSINESS MANAGER

 @CHARDEVEER

Getting in touch with yourself can be a transformative experience. The I Am Festival is dedicated to helping people achieve this goal.

"The I Am Festival is the personal development and wellness festival, so we do mind, body and soul all in one," Tracy Thibodeau, vice-chair of the I Am events board, says.

The three-day event takes place in a natural setting where participants can find personal fulfillment through workshops, talks, music, meditation, yoga, nature walks and much more.

Among a large program with many choices, some subjects include connecting with nature through mandalas, paddleboard yoga, a silent walk in the woods and a mindfulness panel.

One unique event is a sound bath. In a forest setting, participants are surrounded by different aural frequencies.

"Scientists have proven that we operate at different frequencies ... our heart operates at a different frequency, and our

mind operates at a certain frequency," Thibodeau says.

"By surrounding yourself in those frequencies ... you actually start to affect your cellular makeup."

The organizers' goal is to fulfill a need for personal development through an immersion weekend in the woods.

"The world needs more places and opportunities for people to just step out of their crazy day-to-day with their lives and ... people getting lost in the turmoil," Thibodeau says.

"So there's just such a need to create a space for people to just go and reflect and find direction and focus for themselves."

Thibodeau adds that the results can be life-changing.

"People who are coming to the space, they've just taken moments for themselves to find out what they wanted to do next," she says.

One participant "followed a dream they've had forever and now are super happy with life."



## WHEN

Aug. 10 to 12

## WHERE

Location TBA

## \$\$\$

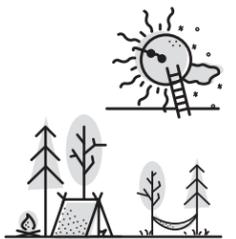
Day pass \$109 / Festival pass \$189 (advance tickets available until July 1). Camping \$25 / RV \$50

## DON'T MISS

The sound bath

## WEBSITE

iamfestival.net



SUPPLIED PHOTO

Participants stretch on a new medium with paddleboard yoga.

# BANANA DAYS

Fruit is Fun in Melita

CHARMAGNE DE VEER

BUSINESS MANAGER

 @CHARDEVEER

Melita was dubbed the Banana Capital of Manitoba by Manitoba Agro-Meteorologists because it is usually the warmest spot in the province. The town took the moniker as its very own by creating the Banana Days festival.

The bananas are, of course, symbolic. "Even (though) we are the hot spot of Manitoba usually, we do still live in Manitoba," Camiel Serruys, Banana Days president, says.

Nonetheless, the citizens decided to build a statue, Sunny the Banana. Out of that came Banana Days, now in its ninth year.

The festival is a three-day event that features music, free children's entertainment, a carnival, beer gardens, horse riding, a mud bog (ATVs competing in a field of mud), volleyball and golf tournaments and much, much more.

New this year is a mobile escape room under a tent, a second petting zoo to accommodate the growing attendance, and of course the entertainment, this year featuring country artist Jerry Sereida.

And there are even free banana splits at the opening festivities!

The festival is part of a commitment to Melita by volunteers from the Melita

and Area Tourism committee. For a town of less than 1,000 people, there are 6,000 people during the festival, according to Serruys.

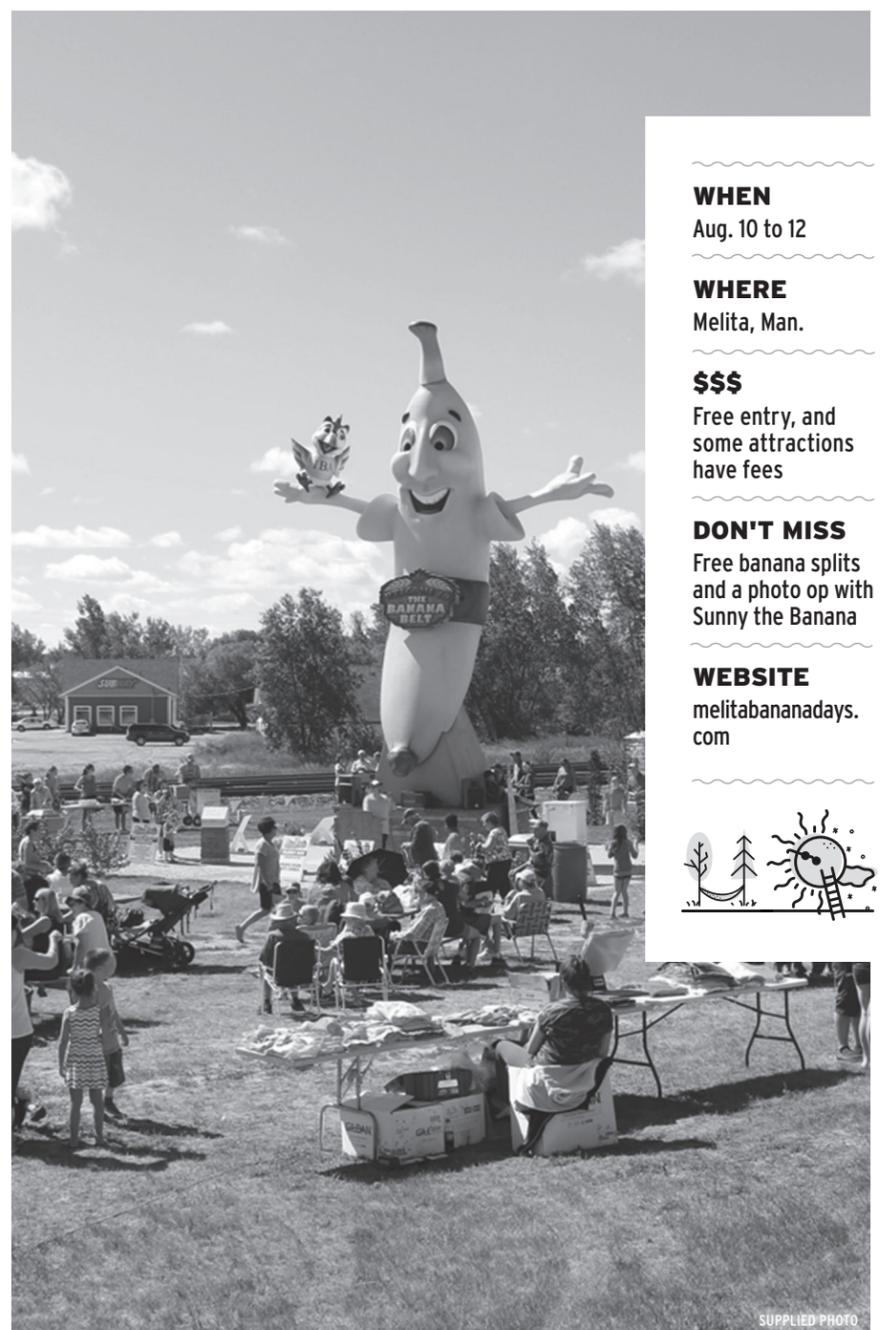
"Most of the visitors are from Manitoba, but we draw from Saskatchewan, Ontario, Alberta and even many from the U.S.," Serruys says.

The festival is also a venue for citizens and former citizens of Melita.

"We are host for so many family reunions and school reunions each year, as the entire weekend is already planned for them, (it's) truly a great weekend for everyone to come home."

The committee works hard to put on the festival because of their love for their town, which Serruys says has that "southwestern Manitoba charm."

"Each year when you see it growing, when you see those kids coming giving you the high fives, parents taking so many pictures around here and thanking us for making memories for their families, that's why we do it, that's why we're so passionate about it, creating and making memories for families for years to come."



## WHEN

Aug. 10 to 12

## WHERE

Melita, Man.

## \$\$\$

Free entry, and some attractions have fees

## DON'T MISS

Free banana splits and a photo op with Sunny the Banana

## WEBSITE

melitabanadays.com



SUPPLIED PHOTO

Sunny the banana marks Melita's home in the core of the Banana Belt, a warm-weather area in Manitoba.

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# BOLER 50TH ANNIVERSARY

Is life better in a Boler?

ANASTASIA CHIPLESKI

MANAGING EDITOR



Fifty years ago, an innovative travel trailer was launched in Winnipeg. While Boler trailers are no longer manufactured, their design style - two moulded fibreglass shells fused along a centre line - has been adopted by over 40 companies since, and the travel lifestyle they birthed has amassed a cult following.

It might be hard to find someone who knows Bolders better than Ian Giles. For the last four years, he's been planning a massive gathering of Bolders and similar moulded fibreglass trailers in Winnipeg.

Giles runs three websites devoted to Bolders, including tips and tricks for repairing and upgrading the relatively small (10-foot by six-foot by six-foot) travel units.

"My goal is twofold," Giles says, "One is to keep these pieces of Canadian history on the road. So the last one was made in 1988. I have a 1974, so it's 44 years old and still on the road."

The second part of Giles' goal hits closer to home.

"(M)y passion on this ... is the people. The owners are incredible," Giles says. "The trailers ... bring us together, but we all have common interests, we all camp the same way. They're too small to live in when you're camping, so we're all outdoors-type people."

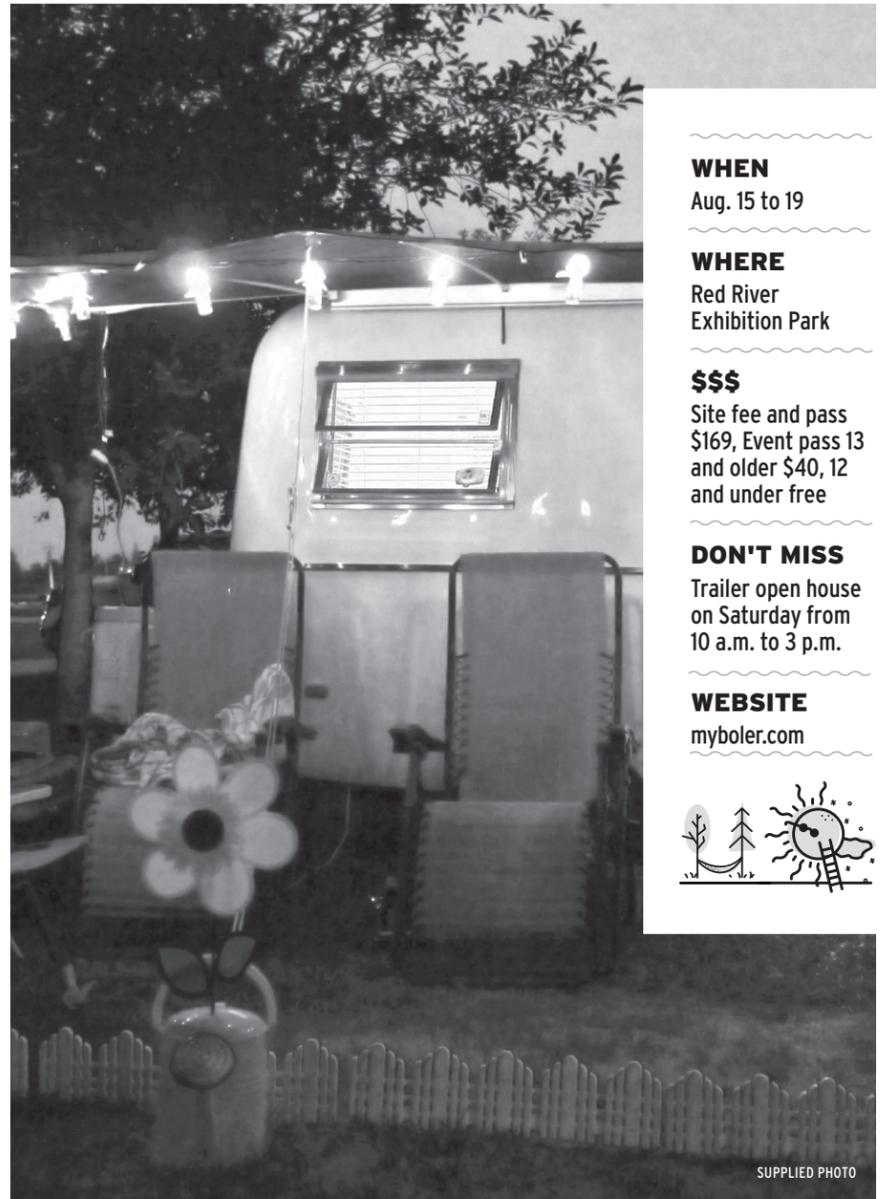
Prior to the festival in August, Giles and one of his two volunteers have organized six caravan routes that trailer owners can join for a mass migration of trailers to Winnipeg from Western Canada (two routes), Eastern Canada, and from Southern, Eastern and Western points of the United States.

Giles describes it as a "snowball caravan," where participants can join in at the closest point to them.

"We aren't organizing it where everyone's going to be back to back and a huge line of Bolders, that would piss off truckers like you wouldn't believe," he says.

The majority of the festival is for trailer owners only, but on Saturday, August the 18th, it'll open its doors to the general public. There will be Bolders from every year they were manufactured, Giles says, and visitors are welcome to pop their heads into any trailer with an open door that day.

"You're welcome to go look at it, see how we're able to cram so much in these little trailers," he says.



## WHEN

Aug. 15 to 19

## WHERE

Red River Exhibition Park

## \$\$\$

Site fee and pass \$169, Event pass 13 and older \$40, 12 and under free

## DON'T MISS

Trailer open house on Saturday from 10 a.m. to 3 p.m.

## WEBSITE

myboler.com



SUPPLIED PHOTO

Ian Giles' 1974 Boler boasts a double bed, two-burner stove, sink, five feet of counter space, wine rack and more, but he still spends most leisure time outside of it.

# DON'T GET TICKED OFF THIS SUMMER

Ticks and tick-borne illnesses on the rise in Manitoba

ANTHONY NARDELLA

VOLUNTEER

With the arrival of summer, many Manitobans are gearing up to spend as much time as possible outdoors.

Mosquitoes may spoil the summer, but now there is an increased threat of ticks and tick-borne diseases, such as Lyme disease. According to the Manitoba Department of Health website, stats show that Lyme disease - spread by bacterial infections carried by ticks - has been on the rise in the province the past five years.

The spread of Lyme disease is caused by a bite from the deer tick, also known as the black legged tick, Jan Cmela, of the Manitoba Lyme Disease Support Group, says.

"The black legged tick is the one that transfers a lot of tick-borne illnesses (such as) Lyme Babesia and Anaplasmosis, which are all reportable in Manitoba," Cmela says.

If a tick is carrying the infection, its bite can cause the disease to spread to humans.

Most Manitobans have been exposed to

a tick habitat, Ryus St. Pierre, also of the Manitoba Lyme Disease Support Group, says. Yet many people aren't too aware of what is at stake when the topic of ticks and Lyme disease comes up, he says.

There were 59 reported cases of Lyme disease in Manitoba last year and 29 confirmed cases. Those numbers are about double what they were five years ago, according to the Manitoba Department of Health website.

Kateryn Rochon, an entomology professor at the University of Manitoba, says most people living in Manitoba have encountered wood ticks, but the deer tick is relatively new.

Deer ticks are more common in 2018 than they were 25 years ago, due to habitat changes and different agricultural practices. Also, many ticks have been brought from migratory birds, Rochon says.

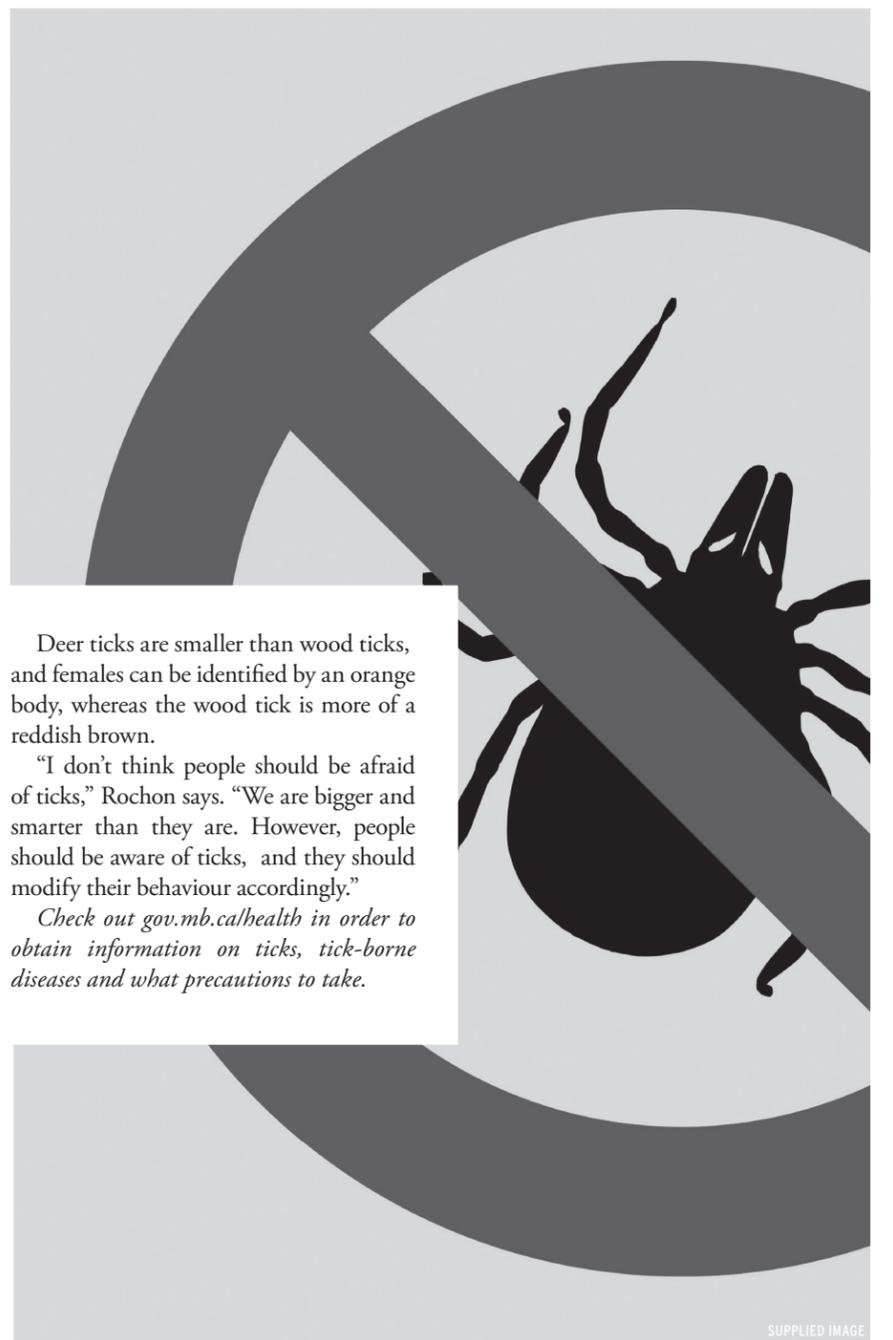
A tick or tick bite may not be a serious infection, as long as it is not the deer tick species and it is removed properly and quickly. According to a press release by the Manitoba Lyme Disease Support Group, any illness after a tick bite warrants a trip to the doctor.

Katelyn McCaffrey, a communications officer at Manitoba Health, says that tick-borne diseases can be successfully treated, especially during the early stages.

Ticks aren't just out in the woods or in campgrounds. Rochon points out that ticks can be in city parks and along riverbanks. Chances are they are common wood ticks, and not the carriers for infections such as Lyme disease, she says.

Rochon says that tick populations may seem to be more common in early to late spring, but they are actually around throughout most of the summer.

The regular dog tick or wood tick still carry diseases, but it's not as common, Cmela says.



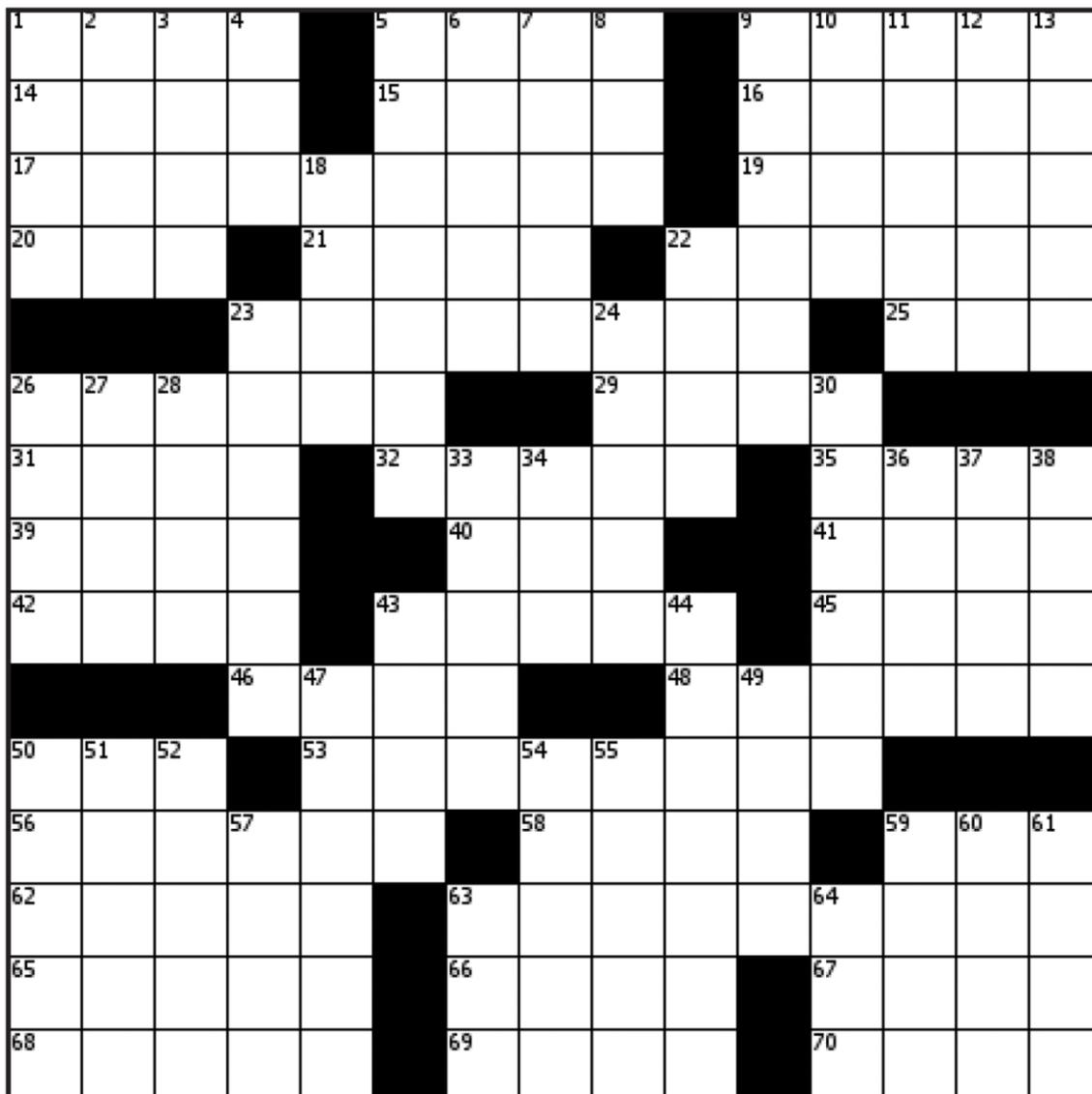
Deer ticks are smaller than wood ticks, and females can be identified by an orange body, whereas the wood tick is more of a reddish brown.

"I don't think people should be afraid of ticks," Rochon says. "We are bigger and smarter than they are. However, people should be aware of ticks, and they should modify their behaviour accordingly."

Check out [gov.mb.ca/health](http://gov.mb.ca/health) in order to obtain information on ticks, tick-borne diseases and what precautions to take.

SUPPLIED IMAGE

# DIVERSIONS



## ACROSS

1. Nautical call
5. Bar bills
9. Egg exterior
14. Neck area
15. Woeful cry
16. Creepy
17. Interchange
19. Stage offering
20. Conger
21. Camping need
22. Talks back
23. Military rank
25. Philadelphia time zone (abbr.)
26. Blazing
29. Told a fib
31. Nasty
32. Distributed cards
35. Lambs' moms
39. Muffle
40. Compete
41. River in Egypt
42. Keats poems
43. Supported
45. \_\_\_\_ of Man
46. Seized
48. Accident
50. Chef's measure (Abbr.)
53. Literary exposition
56. Geronimo, e.g.

58. Three squared
59. Young seal
62. Soup dipper
63. Accord
65. Blooper
66. Small valley
67. China's locale
68. Future flowers
69. School exam
70. Cooking vessels

## DOWN

1. Poker term
2. Rabbitlike animal
3. Milky stone
4. Yearning
5. Narrowed
6. Accompanying
7. Moisten while cooking
8. Compass pt.
9. Calm
10. Towel pronoun
11. Remove
12. Green fruits
13. Slightest
18. Rose stalk
22. Bad mood
23. Most rational
24. Director Woody \_\_\_\_
26. Military supplies
27. Prolonged quarrel
28. Past due
30. Actress \_\_\_\_ Richards
33. Bring to mind
34. \_\_\_\_ conditioner
36. Dream
37. Singer \_\_\_\_ Fitzgerald
38. Ooze
43. Tedious one
44. Noteworthy
47. Additional ones
49. Psychic's phrase (2 wds.)
50. Fables
51. Bowling term
52. San Diego athlete
54. Geometric corner
55. Becomes weary
57. Lump of dirt
59. Acapulco coin
60. Platoon
61. Sch. groups
63. FBI employee (abbr.)
64. Tourist's aid



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The Uniter is seeking an individual who is passionate about Winnipeg's arts and culture scene to fill the position of arts and culture reporter. This person should be equally comfortable exploring the realms of music, visual arts, theatre, literature, dance, food and more.

### City Reporter

The Uniter is seeking an individual who is passionate about Winnipeg's many communities and civic life to fill the position of city reporter. This person should be dedicated to exploring a wide range of issues that affect our communities and profiling those working to improve life in our city.

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The Uniter is seeking an outgoing and organized individual to intake, mentor and train volunteer contributors. Successful candidates should have a working knowledge of The Uniter and Mouseland Press and at least one year of writing experience and an understanding of CP style.

### Columnist

The Uniter is seeking an individual who can develop reflections around lived experience and expand them to better explore a topic they are passionate about. The columnist will develop the overall concept for their series in partnership with the managing editor, and will publish a column on a rotating basis (once every four issues) with other columnists.

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