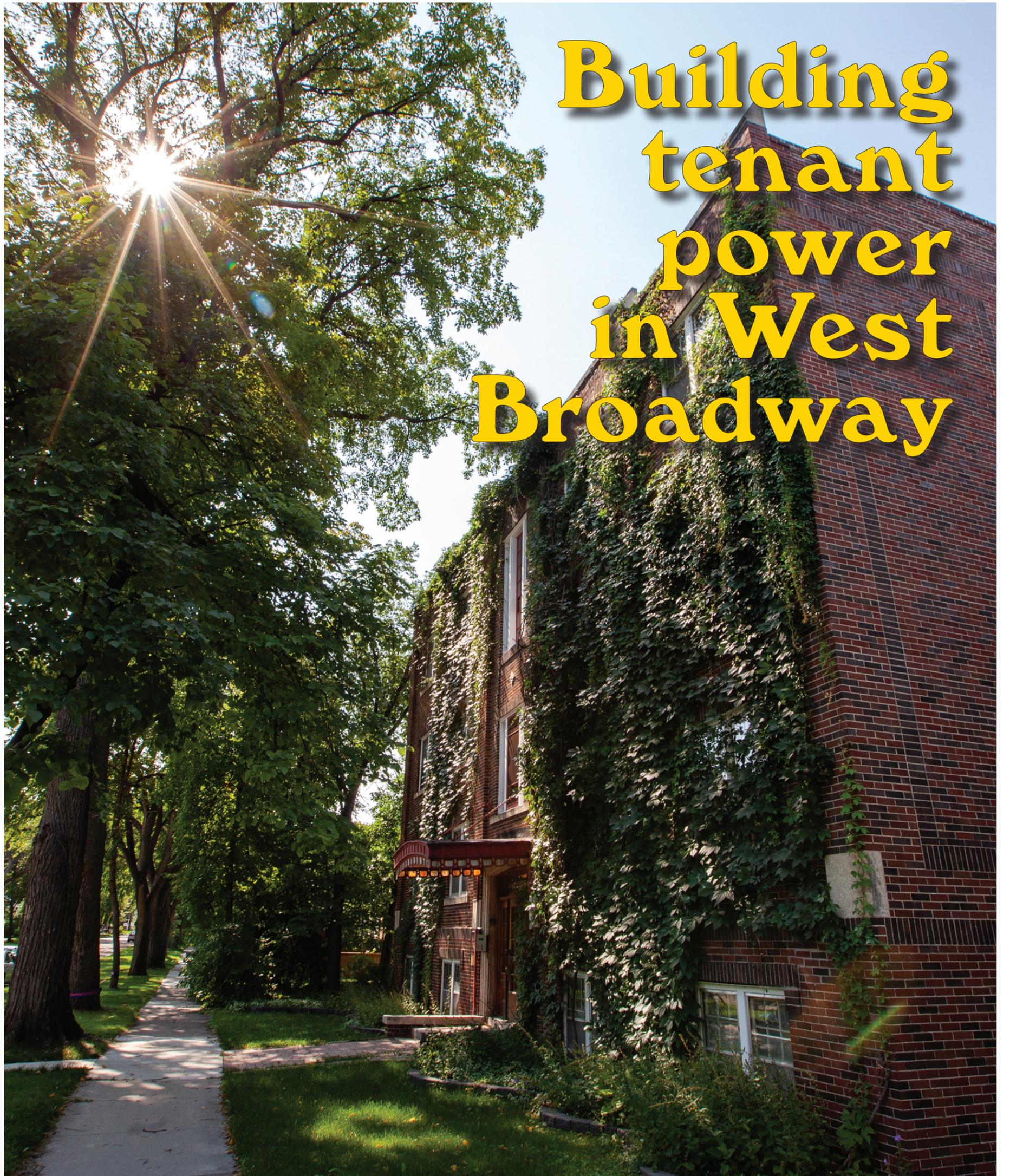


THE **U**NITER

CELEBRATING LOCAL INDIE COMICS—P4 | ON-CAMPUS ART TACKLES ECO-ANXIETY—P12 | SEX ABUSE IN SPORTS—P14



Building tenant power in West Broadway

ORGANIZING IS AT THE HEART OF THE NEIGHBOURHOOD



The Uniter is seeking columnists

The Uniter is seeking proposals for regular column contributors for the 2022-2023 publishing year.

For more information, email Thomas at editor@uniter.ca.



SUPPLIED PHOTO

Chelsea Peters is the editor of CV2, Canada's oldest poetry magazine. Read more on page 5.

FAMILIAR SIGHTS AND SOUNDS

THOMAS PASHKO
MANAGING EDITOR

  THOMASPASHKO

Papers rustling. Footsteps echoing through twisting hallways. Sleepy students sipping coffee on the escalator. It must be September at the University of Winnipeg again.

But, could that rustling paper be ... newsprint?

That's right, my friends. We're back on campus for another school year, which means *The Uniter* is back in print!

If you're new here (or if you're not new, but the last two-and-a-half years were spent in remote lectures and hiding in your hobbit hole trying to avoid a raging pandemic), *The Uniter* is an independent campus and community newspaper based at the University of Winnipeg. We've been kicking around since 1947. We publish weekly during the academic year, and we're always free.

After two-and-a-half years of mostly publishing exclusively online at uniter.ca, we're thrilled to be back in print on the U of W campus. We're a learning paper, so in addition to keeping you informed of all the goings-on in downtown Winnipeg and on campus, we also want to give you an opportunity to share your own work and get published. Are you interested in getting into journalistic writing? Arts criticism? Photography or illustration? Come work with us! We're always on the lookout for new volunteer contributors, and we also have some open staff positions, as well.

We look forward to serving and informing our readership for another exciting year.

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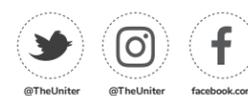
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SUBMISSIONS

Submissions of articles, letters, graphics and photos are encouraged, however, all new contributors (with the exception of letters to the editor) must attend a 45-minute volunteer orientation workshop to ensure that the volunteer understands all of the publication's basic guidelines.

In-person volunteer orientations are currently suspended due to COVID-19, but over-the-phone and remote orientations can be arranged. Please email editor@uniter.ca for more details.

Deadline for advertisements is noon Friday, six days prior to publication. The Uniter reserves the right to refuse to print material submitted by volunteers. The Uniter will not print submissions that are homophobic, misogynistic, transphobic, ableist, racist or libellous. We also reserve the right to edit for length/style.



LE BURGER WEEK RETURNS WITH NEW THEME

Nationwide event highlights plant-based patties

MALAIKA COSTA-GITHONGO | ARTS AND CULTURE REPORTER | MALAIKACOSTAA | MALAIKA.COSTA

Running from Sept. 1 to 14, the 11th annual Le Burger Week is back with a plant-based twist. For the first time in its history, Le Burger Week is encouraging restaurateurs to try their hand with plant-based patties.

Many of the 400 Canadian restaurants competing in the two-week event started preparing their entries months in advance. Jessica Wylychenko, the co-owner and operator of Hudson Bagels, says preparation for Le Burger Week begins by soliciting her team for ideas.

“(We asked) everyone what they would like to see for Burger Week. How do we do something different and unique this year? Then we test out a couple of ideas. Once we get our actual burger, we start to tweak the recipe. We source all of our products while working out the finer details,” Wylychenko says.

Wylychenko and co-owner Chris Silva opened the doors to their restaurant in November 2020. They first participated in Le Burger Week last year with a desire to transform an ordinary breakfast item into something more.

“We thought, ‘We love burgers. What would make it better than being on a freshly baked bagel?’” Wylychenko says.

But it’s not just restaurants who’ve been preparing for months. Le Burger Week’s Manitoba ambassador, Daniel Gurevich,

says the team starts planning for the event from late April to early May. The team also plans the annual La Poutine Week and La Pizza Week.

“Realistically, the process never stops all that much, given the multiple events throughout the year. We’ve got website development, making sure that we’re dealing with our partners and sponsors, making sure that we’re getting our restaurants signed up, marketing, and much more,” Gurevich says. “It’s an all-year-round (preparation) for us.”

Despite this year’s plant-based theme, Gurevich says not all entries are meat-free.

“The plant-based theme is just that ... a theme. We needed to find new ways to engage our restaurants and engage our customers ... (and) to grow with what’s happening in our world. The plant-based edition just felt right for the times,” he says.

Although plant-based patties are being shown some appreciation this year, Gurevich says not everyone is going to be happy about it, which is completely fine.

“I’ve seen everything from mild comments to absolute hatred towards (this year’s plant-based edition) online, but that’s to be expected ... We’re not looking to alienate anybody. We just hope that people can keep an open mind,” he says.

According to Gurevich, there are a total of 243 restaurants participating in this



SUPPLIED PHOTO

Hudson Bagels’ special entry for Le Burger Week, the Taco ‘Bout a Burger, is just one of the hundreds of signature burgers available in Winnipeg.

year’s Le Burger Week in Manitoba. That’s a whopping 47 per cent of the total restaurants participating nationwide.

Le Burger Week is completed by selecting a number of winners throughout the country. However, Gurevich says, it’s all just a friendly competition.

In order to determine a winner, Le Burger Week uses a public voting system, as well as designated judges throughout each province.

“Truly, the people that win this event are

the ones who get to have a fun time and get the opportunity to challenge their restaurant and their staff. We just want to create another way to try and engage people and have them participate in the festival. We try not to put too much emphasis on the ‘winner’ side of things,” Gurevich says.

For more information and to cast your vote, visit leburgerweek.com.

INDIE COMICS STEP INTO THE SPOTLIGHT

Scott A. Ford talks shop and widening the market to a larger audience

MATTHEW TEKLEMARIAM | ARTS AND CULTURE REPORTER | MATTEKLE

Small-press comic books will take centre stage at the fifth annual Prairie Comics Festival, which runs from Sept. 10 to 11 at the West End Cultural Centre.

Established in 2016, and returning from a two-year COVID-induced hiatus, the festival aims to showcase what the independent comics community has to offer through educational panels hosted by professionals, interactive workshops and a bevy of small-press vendors.

The completely free event is open to both novices and enthusiasts of all ages, with the aim of spreading publicity for the niche realm of indie comics.

Among the exhibitors are Winnipeg’s own At Bay Press, as well as HighWater Press, an imprint of Portage & Main Press.

“It’s similar to a comic-con or a local craft show, but we’re showcasing local artists, specifically local comic creators and original work,” co-organizer and indie comics creator Scott A. Ford says.

Ford hopes to fill a niche often overlooked by bigger, more commercially focused conventions such as Winnipeg Comiccon or anime convention Ai-Kon.

“Indie comics have always seemed to

slip between the cracks of a traditional comic-con that has grown so huge but has become more and more about movies, television and video games,” Ford says. “The goal is to make a space that is just for original, small creators making original art and original comics.”

This year’s exposition has a special focus on local talent, featuring artists from Winnipeg’s eclectic and active sequential art scene. Local creators Scott Henderson and Silvana Moran are two of the festival’s main guests.

Ford cites the creative freedom and experimentation afforded by lack of oversight that make indie comics indispensable in the context of the industry. Larger mainstream comics publishers, on the other hand, tend to focus less on individual experiences and personal stories.

“As an individual creator, you can tell this story to 10 people, 50 people, 100 people, and that’s fine. It makes for more unique and experimental storytelling and art,” he says.

“It feels like such an outdated perspective to think like ‘comic books are superheroes, comic books are the things that



SUPPLIED PHOTO

Ark Land and its author Scott A. Ford are among the local creators being showcased at Prairie Comics Festival, running Sept. 10 to 11 at the West End Cultural Centre.

Marvel then uses to make movies’ ... but it’s still a perspective a lot of people have on comics.”

Originally, the festival was conceived as an answer to the Toronto Comics Art Festival, Ontario’s independent comics exhibition that draws over 25,000 in attendance annually.

An accomplished artist himself with years of professional experience, Ford imparts some advice for fledgling creators making a comic of their own for the first

time.

“I think you often hear the advice ‘start small,’ and I think that is good advice. But I also think ‘start passionately’ is my two sides of the same coin. I think starting small only counts if you’re starting passionately. The passion needs to be there for something that takes so much time and effort.”

For more info, visit prairiecomics.com.



SUPPLIED PHOTO

OFFICIAL COMPETITION

Plays Sept. 8 to 18 at Cinematheque

★★★★☆

ARMANDE MARTINE | FEATURES REPORTER | 7MANDE7

Although the Argentinian film *Official Competition* is billed as a comedy, there are some dramatic twists, and the story has a different ending than one usually associated with the comedic genre.

The film is co-directed by Gastón Duprat, who wrote the screenplay, and Mariano Cohn. Duprat and Cohn are business partners from Argentina who met in 1993 and started their career in TV in 1999. The creative duo have garnered several awards including one for best cinematography at Sundance in 2010.

This film is engaging from the beginning.

It's fun to witness the characters' outlandish behaviour. The plot is fast-paced and unpredictable. Equally fast are the English subtitles, as they try to keep up with the rapidly spoken Spanish. I had to replay scenes a few times to not lose parts of the story.

The opening scene shows expensive gifts galore on display, post-birthday party. The honoured guest is a dissatisfied pharmaceutical billionaire. He stands alone in a room gazing at all the presents showered on him for his 80th birthday.

He ponders his career, feeling unfulfilled. It seems he has the fortune but not fame or

prestige, so he decides to make a movie that will leave his mark on the world.

Enter Lola Cuevas (Penélope Cruz), the eccentric star director who the billionaire hires to direct his movie. Felix Rivero (Antonio Banderas) is brought on board as the big-name actor (with an even bigger ego), along with seasoned thespian Ivan Torres (Oscar Martínez).

Felix and Ivan's personalities clash, and the disparate approach to their art makes them natural rivals. A competition ensues between the two actors during rehearsals as egos battle for top billing.

Banderas does a credible job, and it's easy to develop an ever-increasing aversion toward Felix. Ivan is more progressive and socially conscious. Martínez adeptly brings out Ivan's petty, competitive side, despite the fact that his character is known for his open-mindedness.

In an early scene, Lola meets Felix and Ivan for the first time and shows them the thick scrapbook she's compiled as part of her directing process. It's a bizarre ensemble of photos of big breasts, scrawly sketches and cutouts. The puzzled look on Ivan's face is a truly sublime comedic moment.

Cruz, with her frizzy, wavy hair and general oddness as Lola was nominated as best

actress in an international production at the 2022 Spanish Actors Union Awards.

Often exasperated at the immaturity of the actors under her helm, the erratic Lola confidently uses over-the-top techniques to draw out top-notch performances from the actors.

In one scene, the camera hovering from above zooms in on Lola lying down on the floor alone. She has one end of a long piece of tubing to her ear and the other to her mouth as she talks and listens to her neurotic self.

In one of the final scenes, we see the billionaire as he is rewarded for his movie's huge success. He has achieved the crowning glory to his career. We see him at a ribbon-cutting ceremony where a bridge has been named after him.

The unfettered desire for fame plays out throughout and remains ever-present. *Official Competition* is an art film which presents humanity's shallow side when people use power to gain recognition. Frequently, it's at the expense of powerless victims who are without defense.

It's refreshing to see a film depicting how allowing one's ego to drive one's life can be destructive. Yes, in this case, the bad guys win, but, in the audience's mind, they are the true losers.

LOOK ON THEIR WORKS, YE MANITOBANS, AND REJOICE!

CV2 maintains the tradition of verse with vim and vigor

MATTHEW TEKLEMARIAM | ARTS AND CULTURE REPORTER | MATTEKLE

For decades, *Contemporary Verse 2* has positioned itself as a bastion of the poetry scene. The published poetry quarterly, headquartered in the ArtSpace building on Arthur Street, is the oldest of its kind in Canada.

Along with the widely distributed magazine, the non-profit charitable organization offers a variety of programming, including workshops, poetry readings and launches for poets from all over the country.

"We do quite a bit, but the magazine is what we're most known for, and that's our main focus," editor Chelsea Peters says. Peters began as a volunteer in 2017 and worked up to her current post.

The publication has undergone many transmigrations in its history. Founded by Winnipeg-based poet Dorothy Livesay in 1975, *CVII* was a response to a perceived dearth of Canadian-focused poetic discourse. The magazine was a successor of sorts to *Contemporary Verse*, another poetry journal from the '40s and early '50s.

After dropping its Roman numeral for a "2" and moving beyond its roots as an avenue for criticism in the mid-1980s, the journal continued to evolve. After a brief flash-fiction phase, they realized poetry should be their focal point. With the help

of then-editor Clarise Foster, they became a quarterly poetry mag in 2021.

"Experiences like that showed us that it's best to focus on one thing and try to do it well, but at the same time, evolution is always crucial and necessary," Peters says.

Today, *CV2* remains committed to the proselytization of poetry as a medium and uplifting emerging voices – particularly those local and of equity-seeking communities.

Located in the heart of the Exchange District, the publication is afforded a unique position in the arts community.

"We're surrounded by artists. We're so lucky to feel that energy all the time. Even if you wanted to get away from it, you couldn't," Peters says.

Peters emphasizes a desire to encourage "diversity of experiences, voices and styles." The Foster Poetry Prize for emerging writers recently widened its criteria for submissions. Citing engaging conversations happening on Twitter, the *CV2* team opted to drop age restrictions in their contests.

"Now that contest is open to emerging writers of any age, and the only stipulation is that they haven't yet published a full-length book of poetry," Peters says.

The magazine also makes a point of pub-



SUPPLIED PHOTO

Chelsea Peters is the editor of CV2, Canada's oldest poetry magazine.

lishing local writers and involving them in launches, as well as reaching out to University of Manitoba art-school graduates for their cover art.

The team at *CV2* endeavours to keep the storied tradition of Canadian poetry alive, but that doesn't mean they're afraid to push boundaries and court controversy.

"We did an issue this past winter called the Daddy Issue, which ended up being very popular but started out a little bit controversial," Peters says. "We got a fair amount of pushback from some readers saying that

they were going to unsubscribe, and that the theme was sexist and all of these kinds of things, but we really believed in it."

In the end, a little controversy went a long way. The Daddy Issue was their most-sold volume by far.

"What we learned from that is that *CV2* has to try to go to the places that scare us and pursue those relentlessly and feel confident even as we are exploring something unknown," Peters says.

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

6AM	MORNING BREATH	!EARSHOT 20	Cafecito Latinoamericano	FLY TRAVEL RADIO ★ CANQUEER	FANTASTIC FRIDAY World - Island music	THE MAN IN THE GREY FLANNEL SUIT SHOW	CKU-SPEAKS	
7AM								
8AM	CKUW MORNING NEWS / FRONT BURNER (CBC)						WOODEN SPOONS	SHADES OF CLASSICS Classical and New Age
9AM	DEMOCRACY NOW!			DEMOCRACY NOW!			MUD PUDDLE RADIO For Kids (Adults too)	
10AM	DEPARTMENT 13 POP/ROCK	This Way Out WINGS	VOYAGE Jazz	PLANETARY RADIO Cheese Please	SUNNY ROAD Roots Music		INDIGENOUS IN Music	
11AM	The Sean Show	BOOTS & SADDLE COUNTRY		ACCESSIBILITY MATTERS !EARSHOT DAILY	NO FIXED ADDRESS LIVED EXPERIENCES OF HOMELESSNESS	THE ELECTRIC CHAIR	TEMPLE OF JAZZ	
NOON	TALKING RADICAL RADIO Truth Before Reconciliation	THE GREEN MAJORITY	ALTERNATIVE RADIO	RADIO ECOSHOCK	GLOBAL RESEARCH NEWS HOUR		NEON BEIGE SOUND EXCHANGE	
1PM	GROUNDSWELL New Classical	Your Show Here	Classical Kaleidoscope	BARKING DOG Past 'n Present Folk 'n Roots	What's Up Winnipeg?	THE IVORY TOWER Eclectic Mix	YOU CAN'T HIDE FROM GOD Gospel	
2PM	PSYCLE RADIO	Winnipeg Arena is on Fire	SPACE CADET MUSIC, OUT OF THIS WORLD	WHAT ON EARTH IS GOING ON?	Chart Noises CKUW's Top 30	THE TRIP PSYCHADELIC ROCK	Classical Delights ★	
3PM	INNER CITY VOICES	THE GREEN BLUES SHOW	SYSTEM KIDZ Youth in Care	AMATEUR HOUR So Bad, It's Good	PAGES EAT YOUR ARTS & VEGETABLES	THE HOW DO YOU DO REVUE	The Shortwave Report Bikini Drive-In	
4PM	THE WORLD World	Lost Chunes	TWANG TRUST Country/Roots/Big, Dumb Rock 'n' Roll	TAWNY, THE BRAVE Pop/Rock		WE BUILD HITS Hip-Hop	Jokes On You Local Comedy	
5PM	THE TONIC Garage, Punk, Surf, and R&R	BLUESDAY PLAYING THE BLUES	S.A.N.E. * RADIO Local Experimental Music	Adult Kindergarten	CHECK CA Funky	RED BOX Hip-Hop	THE C.A.R.P. The Completely Asinine Radio Program	
6PM	DESTINATION MOON Sock-Hop-A-Go-Go		Your Show Here	Dub City Steppers	QUADRAFUNK Electric Dance Party		Rank and File Radio: Prairie Edition	
7PM	!EARSHOT DAILY	!EARSHOT DAILY	!EARSHOT DAILY	PHASE ONE Electronic	Brain Drainer Radio	DANCE HALL FEVER Dancehall and Reggae	THE GASHLYCRUMB TINIES	
8PM	BREAK NORTH RADIO ★	MONKEY SPARROW	LISTENING PLEASURES	Two Princes		ISLAND VIBES Caribbean		
9PM	METAL MONDAY	NIGHT DANGER RADIO	HURLEMENTS SUR LA TOUNDRA	THE WONDERFUL & FRIGHTENING WORLD OF PATRICK MICHALISHYN	MANITOBA MOON	CRYSTAL PALACE	Rainbow Country	
10PM	MODERN JAZZ TODAY	The Motherland Influence	THE SENTINEL'S MARVELOUS KALEIDOSCOPE				Your Show Here	
11PM	AMPLIFIED RADIO	Old Parlour Radio	DEEP THREES					
MIDNIGHT			CELT IN A TWIST					



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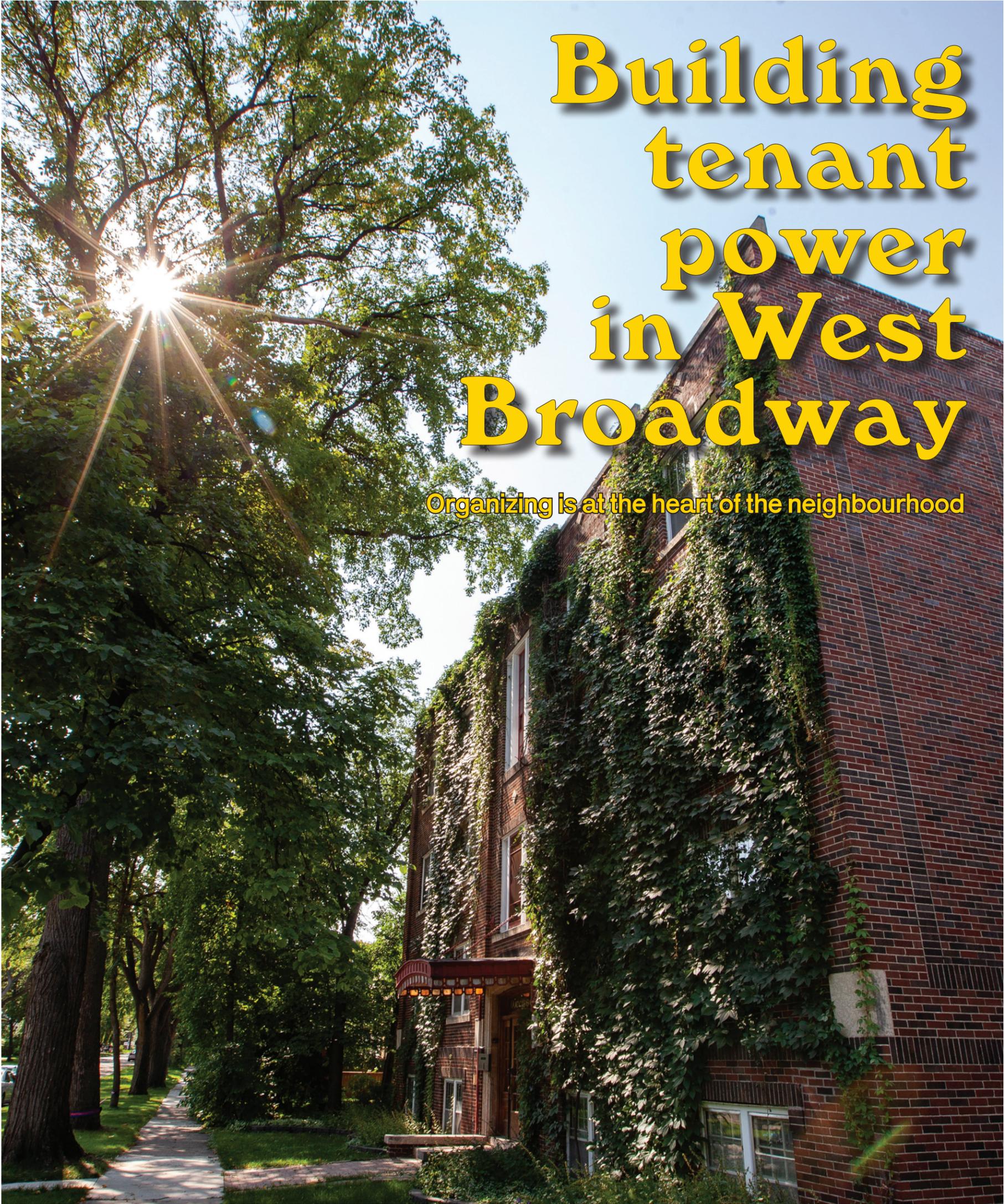
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12 Some programs are on hiatus and/or airing different content due to university closure for COVID-19.



The Uniter is seeking a volunteer coordinator

For more information, please contact Thomas at editor@uniter.ca or visit uniter.ca/jobs



Building tenant power in West Broadway

Organizing is at the heart of the neighbourhood

Winnipeg's West Broadway neighbourhood has a long history of fighting against rent increases and housing insecurity through tenant organizing.

Like many who call West Broadway home, Samantha Smith loves the convenience of grocery stores within walking distance, bus routes in all directions and community services right outside her door.

Bordered by Portage Avenue on the north side, Maryland Street on the west, Balmoral and Colony to the east and Cornish Avenue on the south, more than 90 per cent of residents in West Broadway are renters, and many are low-income.

In the seven years that Smith has lived in the area, she's wit-

nessed a handful of changes. Former rooming houses were converted into luxury condos. Several businesses that had called the neighbourhood home were shuttered by the economic forces of the COVID-19 pandemic.

But the change she feels most is the weight of increasingly unaffordable rents in the area.

"The inner part of the city is starting to become more unaffordable," Smith says. Builders "are encouraged to make these condos or high-priced apartments to build up the inner city."

In 2017, Smith became one of the first members of the West Broadway Tenants Committee. For five years, the committee has been working to build tenant power in the neighbourhood, educating renters on their rights and campaigning against unjust rent increases.

Amid a growing affordability crisis in Winnipeg, the committee wants to ensure West Broadway's residents are not displaced by surging rents, and they're doing so collectively.

As a disability rights advocate, Smith believes that housing affordability and disability justice are deeply intertwined.

"The reason I got involved with (tenant organizing) to begin with was because of disability housing issues," Smith says. "Most of us in this province either can't work, or we can't get paid enough in the work to be fully self-sufficient, which means we have to rely on (Employment and Income Assistance) disability."

In Manitoba, an individual with no children living on disability benefits receives a monthly income of \$1,093. Yet, according to a report published in August by the rental platform Zumper, the average price of a one-bedroom apartment in Winnipeg is \$1,330, making it virtually inaccessible for people who live on disability benefits alone.

Before she moved to the neighbourhood, Smith found herself in neglected, unsatisfactory living situations. She says this is often the case for people living on disability supports.

"It took me 17 years to get a safe building to live in. I didn't get a safe building to live in until I moved to West Broadway," Smith says. "I lost people to unsafe conditions."

Now, Smith fears she'll be displaced from the neighbourhood she's proud to call home.

Fighting against rent hikes

A skip away from where Smith lives, residents of a Langside Street apartment complex became the newest members of the committee in February.

When Brendan Devlin heard that Onyx Property Management planned to raise the rent of his suite on Langside by 22 per cent in February, he started reaching out to other residents in his building.

Not long after becoming privy to the increase, Devlin and his neighbours connected with the West Broadway Tenants Committee for help.

"We soon realized that Onyx, our landlord, had given us an outdated form for the rent increase," Devlin alleges. "It didn't have the correct instructions for submitting objections."

Onyx Property Management did not respond to a request for comment at the time of publication.

For the 2022-2023 calendar year, the Residential Tenancies Branch (RTB) – the government body that mediates and regulates tenant-landlord affairs – set the rent guideline increase at zero per cent, effective Jan. 1 of each year.

But that didn't mean that rents didn't go up.

For years, landlords have applied for above-guideline rent increases, which allow them to surpass the rent-increase guideline. Oftentimes, the proposed increases surge into double digits.

The rent hikes are often justified by small renovations. In Devlin's case, a notice was slipped into his mailbox after the hallways were updated with laminate floorings and fresh grey paint.

After receiving notice from the RTB that they could come view the landlord's application, Devlin and his neighbours learned that the increase had inexplicably dropped to 14.3 per cent.

They then filed formal objections, which lowered the rent by 1 per cent.

And today, they wait.

"At this point, we're just waiting to hear back," Devlin said. "It's been since June."

Historical roots of tenant organizing

Tenant activism has indelibly transformed West Broadway, Jino Distasio, a professor of geography at the University of Winnipeg and co-author of *Divided Prairie Neighbourhood*, says.

"Tenant or resident organizing within the neighbourhood goes back to the '60s," Distasio says. "Over that 40 to 50 year period, we've seen waves of different ways in which local residents have influenced the direction of the neighbourhood and some of the policies."

There's the old adage that the opening of a coffee shop is the universal symbol of gentrification in a neighbourhood. Over the years, West Broadway welcomed an influx of third-wave coffee brewers, vegan food joints and craft-beer gardens some might view as telltale signs of it.

However, Distasio believes the issue of displacement is much more complex than narrowing it down to gentrification. Former rooming houses in the area have increasingly been converted into condos and duplexes, driving up rents and even displacing residents.

"The upward-trending housing market has pushed people to explore converting to condos," Distasio



Samantha Smith is an organizer with the West Broadway Tenants Committee.



"Tenant or resident organizing within (West Broadway) goes back to the '60s." -Jino Distasio, professor of geography, University of Winnipeg



Jino Distasio says that condo development has “really cut off the lowest end of the affordability scale” in West Broadway.

says. “We’ve seen this very slow, but painful for a lot of individuals, transformation of the housing market that’s really cut off the lowest end of the affordability scale.”

On the other hand, non-profit and co-op housing in the area has allowed the cost of some units to remain relatively stable. In response to fears of growing unaffordability in the area, the Westminster Housing Society established its first housing co-op in 1995 to provide safe, affordable housing to low-income residents.

Today, it boasts over 100 affordable housing units.

Manitoba’s public-housing policy plays a role in the availability of affordable units, as well. A report published by the Canadian Centre for Policy Alternatives (CCPA) in October 2020 concluded that KPMG – a private consulting firm hired by the Manitoba government to inform its housing policy – pushed the privatization of public housing as a cost-effective solution in the Fiscal Performance Review from 2017.

Tenant issues with the RTB have also been frequently documented. The RTB did not respond to a request for the 2022-2023 above guideline rent increase statistics by the time of publication. However, in the 2019 to 2020 fiscal year, the RTB received 310 requests for 20,000 different units to raise rents higher than the 2.4 per cent increase threshold.

The RTB approved every single one of them.

“It’s hard not to go through this process and not come out feeling like it’s kind of meant to protect landlords,” Devlin says about his experience dealing with the RTB.

Stronger together

If there’s anything Devlin takes away from his time in committee meetings with his neighbours, it’s that building community power is imperative in weathering the affordability crisis.

“I think every one of us came to those meetings feeling like we’re going up against the person that owns our home. Where’s the power there?” he says. “What felt like individualized problems that just happened in our apartment are shared by a lot of people in our building.”

At the Langside Street complex, the fight against above-guideline rent increases continues. A 22 per cent increase that became a 14.3 per cent increase now sits at 13.3 per cent raise. It’s been a few months of radio silence from the RTB, but Devlin is hopeful that collective action will result in a successful outcome.

“I don’t think it’s possible to do (this) individually,” Devlin says. “I think it’s very easy for landlords and the RTB to just write off an individual complaint. But, you know, if you have a whole building or several buildings, it kind of changes the equation.”

With skyrocketing inflation rates jolting the cost of living, the future of the working-class neighbourhood is in a state of limbo.

“It’s going to take us a little while to absorb the real impacts of the pandemic on affordability and quality of life in a lot of our communities,” Distasio says.

Smith believes the time to crack down on unjust rent increases is now.

“Something needs to be done, because there are a lot of people out there who are having trouble affording a place to live,” Smith says. “People are going to wind up homeless if something doesn’t get done.”

If there’s one feature that prevails throughout the neighbourhood’s evolution, it’s the undying desire to see positive change. History tells us that collective action gets the goods in West Broadway.

“If we know anything about West Broadway, it’s that there is perhaps no other place in Canada that displays the (same) level of community resiliency,” Distasio says.



“Something needs to be done, because there are a lot of people out there (who) are having trouble affording a place to live.” - Samantha Smith, tenant organizer

SWIMMING IN OPTIONS

Different curricula set to replace the Red Cross swim program

JESSE DANIEL BROGAN | CITY REPORTER | @JESSEBROGAN

The Canadian Red Cross swimming program famous for its collectible badges will soon come to an end, leaving many people feeling nostalgic and disheartened. In January, the Canadian Red Cross announced plans to end its program by December 2022. In its place, the Lifesaving Society of Canada is implementing their own Swim for Life program across the country.

In a press release, Canadian Red Cross CEO and president Conrad Sauvé said “We continue to believe in the importance of water safety training but no longer saw that we offered unique expertise in that area.”

“The Lifesaving Society is a respected, accomplished organization that has long shared our passion to reduce drownings and aquatic-related injuries,” he said.

The Swim for Life program “stresses lots of in-water practice to develop solid swimming strokes and skills,” according to the Lifesaving Society of Canada’s website.

However, they’re not the only organization offering swim curricula. Rishona Hyman, owner of Aqua Essence Swim Academy, has developed her own Ready, Set, Swim! program.

“It’s very different. It just makes sense,” she says, mentioning that Aqua Essence

didn’t design their program based on elements of the Red Cross one. “We built (Ready, Set, Swim!) from the ground up.”

Like other swim curricula, Ready, Set, Swim! focuses on water safety and drowning prevention, and the program especially emphasizes first-aid training. “We ... talk about life jackets in some form at every single level,” Hyman says.

Both the Red Cross and Ready, Set, Swim! programs consist of 12 levels that start with teaching floating and kicking then progress to intense swimming, rescue drills and leadership outside the water.

Although Ready, Set, Swim! is geared toward individuals and smaller groups, it also works with larger groups of students. Each level involves an instructor in the water to help ensure proper technique and provide on-the-spot examples.

Mitchell McCausland, a team lead at Aqua Essence, teaches multiple levels of the program. “For younger students at lower levels, I’ll be in the water, guiding their hands and helping them stay afloat,” he says. For lessons with “higher levels, I’ll be in the water, swimming with the students to show them how this technique should look.”



SUPPLIED PHOTO

The Canadian Red Cross’ long-running swimming instruction program is ending. Local organizations like Aqua Essence Swim Academy are looking to fill the gap.

This fall, the Ready, Set, Swim! curriculum can be implemented across the country, allowing local communities the opportunity to learn basic and advanced swimming techniques. With the help of The Quigley Dream Company, Aqua Essence has developed instructional videos to aid and streamline the learning process

through video content, allowing other centres to use the program and have trainers available to provide assistance.

For information on registration and the variety of course options, visit aquaessence.ca or lifesaving.mb.ca.

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Gallery 1003	



Opening reception September 9th, 2022, 8 - 10pm

Friday September 9 5pm-8pm	Saturday September 10 11am-5pm	Sunday September 11 11am-5pm
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Image credit
Michael Dumontier and Neil Farber Prairie Art Book Fair Logo, Acrylic on panel, 2018









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'A GAME-CHANGER FOR ME'

Learn to Run program is back for a 17th season

JESSE DANIEL BROGAN | CITY REPORTER | @JESSEBROGAN

A popular program for new runners returns to Winnipeg on Sept. 11. Lindsay Somers, who has more than a decade of training and coaching experience, will lead the launch of Learn to Run, along with her husband, Bob. This will be the 17th edition of the eight-week program since Learn to Run first began in the spring of 2017.

Somers says she wants the program to help people find joy in running, be outside in nature, enjoy the city and socialize with other runners.

"It's not about competing, beating your time or getting faster. It's not a race ... the motivation is to get outside, enjoy nature and to talk with others. Who cares how far you go or how fast you go? Just get out and move," Somers says.

Somers wanted to steer away from running apps that track and analyze progress. The Learn to Run program is designed to minimize competitive stress and prioritize movement itself while experiencing the city.

One approach Somers uses on her signature 3-km route is the dance walk, where runners pass over several bridges and are encouraged to dance or shuffle along.

"You're just picking up the pace a little bit," she says. "This is for people to notice that there's a different pattern here, a

different rhythm here. Everybody's bodies are different, and everybody's mechanics are different, so we just want to ease into this movement."

Every week during the program, there are new routes with 3-km and 5-km options.

"Over the eight-week period, people are learning to run by adjusting their expectations of themselves and their running limits – not by checking stopwatches or comparing themselves to professional runners."

All 20 Learn to Run program sessions are capped at 60 participants and now sold out. Many returning runners appreciate the culture of accountability and Somers' routes.

Camila Jerger, a Learn to Run participant since 2018, says the program has helped her make new friends, get fitter, try trails near downtown and embrace Winnipeg winters.

"I moved to Winnipeg from Brazil in 2015, and joining the club has been a game-changer for me in terms of embracing our seasons and learning that winter can be a fun time," Jerger says, adding that winter is now her favourite season.

The club "also has impacted others beyond the running-club participants,



Lindsay Somers, who leads the Learn to Run program at The Forks, out for a jog

since I share my experiences on embracing winter with other newcomers and Canadians around me. They realize it's possible to be active all year round and get inspired to try different activities, too."

Although this Fall's Learn to Run club is sold out, Somers, like previous years,

plans to continue the club every season. In the future, tickets for the Learn to Run club can be found by following @lindsayhsomers on Instagram or through Eventbrite.

A BARE MINIMUM

Experts and community members weigh in on Manitoba's minimum wage

HALEY CHARNEY | VOLUNTEER

This fall, Manitoba was on track to have the lowest provincial minimum wage in Canada – that is, until the provincial government made an announcement.

On Aug. 18, the Province stated that the current minimum wage of \$11.90/hr will increase to \$13.50 an hour in October. This amount is greater than the previously scheduled increase to \$12.35/hr.

The Province gained the ability to raise the minimum wage above the standard indexed amount (that reflects a predictable inflation rate) through Bill 44, the Employment Standards Code Amendment Act. Bill 44 was passed in an effort to support Manitobans as they experience "soaring cost-of-living increases," Labour Minister Reg Helwer said in a spring press release.

2022 has seen record high inflation rates in Canada, the likes of which have not been seen for four decades. Essentially, Canadians are paying more everywhere they go.

The announced increase means that Manitoba will soon hold the title of second-lowest minimum wage in the country. Meanwhile, local businesses are taking matters into their own hands and finding ways to support their employees through expensive times.

Anthony Kowalczyk, founding member

and co-owner of The Good Will, says the last few years haven't been easy. "After the pandemic, the hospitality industry definitely took a big hit," Kowalczyk shares. Despite these difficulties and rising inflation rates, The Good Will decided to raise wages for its employees.

At The Good Will, all positions now start at \$16 an hour, the minimum amount the Manitoba Federation of Labour says full-time workers need "in order to climb out of poverty."

For The Good Will, it's about supporting their community and their staff.

"We want to encourage people to work here, and we want the people who work here to be happy and healthy ... we want our staff to be treated well," Kowalczyk says.

James Townsend, associate professor of economics at the University of Winnipeg, acknowledges the balancing act that provincial governments must achieve when deciding on a minimum-wage increase.

"As the wage goes up, it becomes more expensive for firms to hire workers, so the (supply-and-demand economic) model predicts that they'll hire fewer workers," Townsend says.

The risks that workers face include employers cutting hours and other labour-sav-



Even after an upcoming increase, Manitoba's minimum wage is still among the lowest in the country and fails to provide a living wage.

ing measures, such as automation.

"Labour is relatively more expensive," Townsend says, so employers may consider self-checkout kiosks instead of hiring checkout staff.

However, with inflation likely to remain high throughout the rest of the year, workers need higher wages to buy the same

goods and services.

Another minimum wage increase is scheduled for April 1, 2023 with the lowest earning employees making \$14.15/hr. By October 2023, minimum wage will increase to "around" \$15/hr.



WORKING THROUGH ECO-ANXIETY

Gallery 1C03 exhibition showcases dread, despair and resistance

MEGAN RONALD | CAMPUS REPORTER

Many people are taught to plan only for the future. Where do you see yourself in five years? In 15? What's not often discussed or prepared for, though, are the feelings of despair created by simply existing in the current world. For many young people, the future exists only in a cloud of uncertainty.

Climate change, more recently known as the climate crisis, is a familiar phrase. Less known, however, is eco-anxiety, the term used to describe the emotional impact of said crisis.

Erica Mendritzki, curator of the latest Gallery 1C03 exhibition, *Worried Earth: Eco-Anxiety and Entangled Grief*, describes eco-anxiety as a pervasive feeling. "It's just this feeling of dread about all of the problems in our environment."

For many, this state of anxiety becomes permanent and begins to filter into everyday life. For Mendritzki, these feelings were present whenever she bought something.

"I (would think) what's the future life of this object, this piece of plastic that I've just brought into my life," she says.

Similar feelings prompted local artist Connie Chappel's latest work, currently on display at Gallery 1C03. *Stone Lung* is a reflection on the things people share with nature.

Chappel's creation is composed of both natural and synthetic materials. She

was given the root and embedded stone and later added pieces of plastic netting sourced from vintage curlers. The latter provide a commentary on the human need to beautify and preserve, even in death.

Plastic is a physical reminder of the consequences of human greed and the need to consume without considering what it may cost others.

The COVID-19 pandemic forced many people to slow down, to look at the world and everything many humans take for granted. It also provided chances to spend more time outdoors and reconnect with nature. For Chappel, more time spent outside only increased her awareness of the similarities between humans and nature.

Mendritzki encourages those struggling with feelings of eco-anxiety, to continue "looking for ways to find life meaningful, by connecting with the world in positive ways". Art then, not only unites communities but may also serve as a bridge between where humanity is and where it wants to be.

Chappel encourages anyone who has ever had the desire "to make art, to see the beauty in art, to just pick something up and try."

In a world where nothing is certain, all you can do is take it a day at a time. "With eco-anxiety, it's not so much about getting over it or feeling better," Mendritzki says.



Worried Earth, an art exhibition dealing with anxiety around the climate crisis, is being featured at Gallery 1C03.

"It's living with it and finding ways that you can have joy as well as those feelings."

"I've come to realize that maybe answers aren't quite what we need to be looking for. It's continuing to live, finding ways to take one day and then another day, and that the process of figuring it out is maybe as important or more important than the answers."

Both artists recommend connecting with the world in positive ways, such as being in nature or speaking with others who share similar feelings of eco-anxiety.

"I think we need to pay attention to what artists are doing, what scientists are doing, and the collaboration between them," Chappel adds.

Currently, Winnipeg is hosting two eco-focused art shows, offering anyone who would like to attend the chance to view Chappel's piece as well as many others. The Manitoba Craft Council is also hosting an exhibition, titled *Eco-Craft*, which begins Sept. 9.

Gallery 1C03 is planning to show a selection of films that deal with eco-anxiety and grief related to the climate crisis.

Gallery 1C03 is the official art gallery of the University of Winnipeg. It can be found across from the Info Booth. *Worried Earth* runs from Sept. 12 to Nov. 10.

PROFile

'ART IS WHAT CENTRES ME'

Cathy Mattes, associate professor, history of art

ARMANDE MARTINE | FEATURES REPORTER | 7MANDE7

Cathy Mattes, associate professor in Canadian art history, talks about her Métis origins as she sits in her parents' St. James home. She commutes to her teaching post at the University of Winnipeg from her Spruce Woods home and takes the opportunity to visit family while in the city.

Mattes considers herself a Michif learner and explains that Southern Michif is one of four variants of the language which is composed of Cree, Anishinaabe and French.

Mattes' Métis background influences her approach to curatorial projects. The method she employs has been referred to as a dialogic and Indigenous knowledge-centred approach. "Those conversations we have during (the curation of an exhibition), (as well as) the knowledge-gathering events, is how we create a space that is nourishing and can cultivate learning, understanding and appreciation for art. To me, that is the dialogic Indige-

nous curation," she says.

Her career came about in part due to an aptitude-test result. "I was 18, and I wasn't certain what I wanted to do. I had taken an aptitude test in high school that said I should be an art curator," she says.

She freelances as a curator. There were few curator positions when she first started out in the field, so it made sense to do gig work while also working in her chosen occupation. "I like working with different organizations, and freelancing affords those opportunities," Mattes says.

Mattes refers to her approach to curatorial projects as pedagogy in practice, saying that artists and curators often use this method. "My particular pedagogy in practice as a curator is to consider the process of organizing an exhibition and getting it to the public just as important as the final product," she says.



SUPPLIED PHOTO

What do you like about your work?

"I like everything about my work. Anything to do with art is what centres me. It's what nourishes me and what challenges me."

What do you do in your spare time?

"I'm a beadworker. I learned it when I was about 20. I have a husband and two kids. I love spending time with them. I like visiting family."



EULOGY FOR HOWARD

Remembering beloved U of W professor Howard Curle

THOMAS PASHKO | MANAGING EDITOR | THOMASPASHKO

On Aug. 18, Winnipeg's university students and film fans alike were greeted by sad news. The Winnipeg Film Group announced that Howard Curle, the retired University of Winnipeg (U of W) film professor and mainstay of the city's cinema culture, had died at age 74.

Curle had long teaching stints at both the University of Manitoba and the U of W. Many hundreds of students took and enjoyed his classes, which was illustrated in 2017, when *Uniter* readers voted his Intro to Film class as their favourite U of W course.

I had the pleasure of getting to know Howard well during my time at the U of W, both as a student and while working at *The Uniter*. After taking multiple classes with him, I had the honour of being asked to work as his TA for his History of Film course. In a few ways, that gig changed the direction of my life. The lessons I learned from Howard gave me the knowledge and confidence to become a volunteer film critic for *The Uniter*, a gig that eventually led to my current career.

It was a formative experience to spend time working with Howard. It was so rare to find someone in daily life who had the same obsession with movies. Lots of

time was spent chatting before lectures or in Howard's office about topics that would be of absolutely no interest to 90 per cent of people. I remember fondly one conversation, when Howard expressed his dismay that his students didn't seem to connect with Hitchcock's *Vertigo*.

"I don't understand why it doesn't seem to be resonating with young people," he said of the film, regarded as one of the best of all time. As a young person who was lukewarm on the movie, he genuinely wanted to know my perspective on it. We spent an hour comparing *Vertigo* to pop albums, eventually deciding that showing *Vertigo* as an introduction to Hitchcock was like using *Pet Sounds* as an introduction to The Beach Boys. You need to experience the fluffier stuff first before you can appreciate why it's great. The next time around, students watched *The 39 Steps* before *Vertigo*.

I also remember Howard's unparalleled kindness. As a student, I worked on a group project in one of his classes. One of the students in my group was privately struggling. Me and the other students in the group weren't sure what with, exactly. But Howard set a true example in his dedication to helping this person stay afloat.



Howard Curle, the beloved retired University of Winnipeg film professor, died on Aug. 12.

Finally, through his passion for the history of Winnipeg film, Howard taught me so much about the city I loved. When he screened John Paskievich's film *Ted Baryluk's Grocery*, a 1982 documentary about a Ukrainian shopkeeper in the North End, my worldview shifted. It was my first time ever seeing the Ukrainian-Canadian diaspora depicted on screen. I'd never seen a movie where the people looked and sounded like my grandparents, aunts and uncles.

When I sent the film to my mom, her thoughts immediately went to her own dad, a Ukrainian farmer who sold his potatoes to corner grocery stores throughout the North End. "I would bet my last dollar," she texted me, "that your grandfather knew Ted Baryluk."

Howard taught me a lot about film, mentorship and Winnipeg. He also taught me about himself. I will carry his lessons, and his kindness, forever.



THE UNIVERSITY OF WINNIPEG

Student Services

Undergraduate Add/Drop Period – Make your changes!

Course changes (adds and drops) can be made **Sept. 6-19**.

The final day to drop a regularly-scheduled U2022F or U2022FW course for full refund is **Sept. 19**.

See more information at: www.uwinnipeg.ca/registration/course-drop-information.html

Study Skills Workshops: Advice & Tips for Academic Success

Study Skills Workshops are designed to improve your learning skills and help you achieve your academic goals.

Organized by Academic & Career Advising, these six workshops will be held in-person and via Zoom. Workshops are FREE. **Registration in advance is required.**

Workshops will run **Sept. 12 – 28**, Mondays and Wednesdays, 12:30 to 1:20 pm. Topics for the first week are:

- Skills for the Classroom: Participation, Note-taking, and Presentation (Mon., Sept. 12)
- Start at your Library: Navigating Library Resources Remotely (Wed., Sept. 14)

For details, see: www.uwinnipeg.ca/academic-advising/study-skills-workshops.html

Student ID Cards

If you haven't got your Student ID Card yet, you can still order it. (Returning students: Continue to use your same card from last year.) Please go to www.uwinnipeg.ca/student-id-card for details about photo criteria, submission deadlines, and pick-up dates.

Wanted: Volunteer Notetakers

Are you interested in doing some volunteer work while you are attending classes this fall?

There may be students in your classes who need access to quality notes for reasons related to a disability or medical condition. Accessibility Services is seeking volunteer notetakers to fill this need.

If your instructor makes a request for a volunteer notetaker in one of your classes, please consider signing up! It's a great way to sharpen your own note-taking skills and help out another student at the same time. Contact vnt@uwinnipeg.ca for more information.

On a Waitlist? Check Your Webmail Every Day

After classes have started, if you are still on a waitlist for your preferred course section, you should continue to check your webmail account daily

for permission to register off of the waitlist.

If a space becomes available for you during the Course Add/Drop Period, you will receive an email letting you know that you can register through WebAdvisor. Register immediately!

For Fall Term, the waitlist will run for the last time on **Sept. 19** which is the last day to register for a Fall or Fall/Winter Term course.

For more information, please see: www.uwinnipeg.ca/registration/wait-lists.html

UWSA's Health Plan and U-Pass

The deadline to opt out of the Green-shield health plan is **Sept. 19**.

U-Passes are available at the Info Booth in Centennial Hall. (New students: You will need to get your Student ID Card first.)

For details, please see: www.theuwsa.ca/healthplan

Pay Tuition the Easy Way

Fall (U2022F) and Fall/Winter Term (U2022FW) fees are due Sept. 22. Note that this is NOT the same date as the last day to be eligible for refund (see above).

Pay tuition the easy way - through your bank or credit union! Students can pay for Fall and Fall/Winter Term

undergraduate courses as a bill payment through their financial institution (online, telephone, or in-person at a branch) using their seven-digit student number as the account number.

International students should use Flywire.com.

More information is here: www.uwinnipeg.ca/fees/index.html

Apply Now for Fall/Winter Awards

The online application for Fall/Winter 2022-23 In-Course Awards, Bursaries, and Scholarships (for current students) is now open.

Deadline: **Oct. 1, 2022**

Apply now! Go to: www.uwinnipeg.ca/awards

Use the myVisit App

Need some help from staff in Student Central and/or Academic & Career Services? Download the myVisit app today. The myVisit app enables students to add themselves to a virtual line for drop-in Zoom sessions at Student Central. The app can also be used to book appointments for a Zoom or in-person meeting with a student central staff member or an academic or career advisor. Appointments with advisors can also be booked through the website: www.myvisit.com.



COLUMN



ILLUSTRATION BY GABRIELLE FUNK

ACCORDING TO HER

White frenemy

CIKU GITONGA | COLUMNIST

Content warning: this article discusses racism and includes the use of racial slurs.

Let's call him Tony. He called me a close friend. He was older, almost 40. Gay, so his attentions were a prize I had not obtained merely by my sex or by my wide-open youth. But he complimented me.

"You're so skinny!" he said. "If I had your body, I would wear the skimpiest things."

He was my shortcut to a social life. He took me to parties I would have never been invited to. I would stick out like a sore thumb, midriff bare, skirt riding up as I danced.

One night, as we shared a taxi, talking about a TV show, he interrupted me.

"Representation is bullshit. You can't just shoehorn Black people into a show just to be woke."

I said nothing. I'd had this debate before with people my age, and it was an interesting one. But this time, I stayed silent. Something held me back from digging further.

He was a witty, old-fashioned uncle who pointed out the men he thought I should sleep with at parties. He'd been openly gay years before corporate-sponsored Pride parades.

Once, I said to him over the phone,

"Where are you, nigga?"

He parroted the words back. I laughed. It was my first instinct, so absurd as it was to hear that word from his mouth. He was harmless, coveting what I had, the years stretching out ahead of me to do anything, to be anything. Sometimes I looked at him and thought, privately, from a dark place high above, *I will never end up like you.*

Then he said it again, in open company. A funny story about how I had woken him with my phone call. Later, a Nigerian friend would say that he was goading me, testing my limits. And I bent, I stretched my mouth into a smile. More than once, it pains me to say.

Finally, still drunk at 9 a.m., he hissed at me, "Why do you bring all these fucking refugees here?"

My Iranian boyfriend was silent in a corner as I laughed with Tony. I shrank back from his red, sneering face and stumbled out of his apartment. Then I began to avoid Tony.

"You're talking shit about me," he texted. "Spreading rumours."

Without him, I knew no one in that circle. The parties had dried up, and now he wanted to scare me, without even an apology.

Forget you, Tony.

Months later, when I told my brother, he sat back and said, "Damn. You were a sellout."

"He was older than you," my Nigerian friend said. "He knew what he was doing. He put you in that position. He was being selfish."

"Tony is racist," I said to a white acquaintance I had met through him. The words came out like a spring of acid vomit.

He did not look at me. "Well, Tony is many things."

So many things, as I look at my reflection, as I turn away.

Ciku Gitonga is a fourth-year minor in creative writing at the University of Ottawa. She is not looking forward to her entrance into the "real world."



COMMENTS

A MISPLACED MORALITY IN SPORTS

Reckoning with Pete Rose's thorny past, 55 years later

DANIELLE DOIRON | COPY AND STYLE EDITOR | DANIELLEDOIRON

"No time period in baseball is clean," Matt Snyder writes for CBS Sports. From Pud Galvin "pumping monkey testosterone" in the 1880s to the steroids era a century later, the sport is no stranger to cheaters.

Roger Clemens won seven Cy Young Awards. Barry Bonds has seven MVP titles. Both names are practically metonyms for the sport itself but will now be removed from future Hall of Fame ballots. Their only chance at Cooperstown enshrinement is through the vote of veterans' committees, because they used performance-enhancing drugs.

As Snyder points out, "the Hall of Fame already has plenty of not-so-great human beings. Whether racists, drunkards, abusers or anything else unseemly, it's hardly a collection of sainthood."

But players like Clemens, Bonds and Pete Rose committed what much of the sports world considers cardinal sins: crimes against baseball itself.

Rose opened his professional baseball career with a series of "accomplishments that would make any player jealous," including a Rookie of the Year nod, 17 all-star appearances and three World Series titles. However, the second half of his career "reads more like a rap sheet," *Philadelphia Inquirer* sports editor Matt Mullin writes.

He received "multiple suspensions as a manager for betting on baseball, followed by his permanent ban, tax evasion and worse." But

"what isn't often highlighted prominently when discussing Rose's legacy is the worst accusation against him: statutory rape."

These allegations surfaced as part of a federal-court testimony in 2017. A woman claims Rose "began a sexual relationship" with her in 1973, when she was younger than the age of consent. If mentioned at all, these allegations read "like a footnote in the long and winding history of Rose's life and career," Mullin explains, which is likely "more than enough for the former Phillies first baseman."

During a controversial appearance at a 1980 Phillies World Series celebration this summer, *Inquirer* reporter Alex Coffey asked Rose about the negative message his presence at the World Series team event could send to women. His response? "No, I'm not here to talk about that. Sorry about that. It was 55 years ago, babe."

Those three short, belittling sentences echo what many victims intrinsically know: sports aren't for us.

Physical, sexual and emotional abuse are still rampant in women's gymnastics, even though serial abuser Larry Nassar has been sentenced to more than a century in prison. According to an Angus Reid poll, most Canadians describe sexual misconduct as "a major issue" in youth hockey.

Los Angeles Dodgers pitcher Trevor Bauer is currently serving a two-year suspension for



SUPPLIED PHOTO

A Cincinnati statue of Pete Rose still stands five years after the controversial baseball player was accused of statutory rape.

violating Major League Baseball's domestic-violence and sexual-assault policy. The NFL recently suspended quarterback Deshaun Watson for 11 games after 24 women accused him of sexual misconduct.

Pro sports leagues repeatedly dole out short suspensions and miniscule fines for abuse accusations – and that's if incidents are reported and athletes penalized at all. Despite his regular-season suspension, Watson recently started a preseason game against the Jacksonville Jaguars, to little protest.

Rose's lifetime ban from professional baseball speaks to a misplaced morality in sports. He's idolized as the league's all-time hits leader but vilified for a betting scandal. He's immortalized while his "darker and much more serious" alleged crimes are swept under the rug.

As the Association for Women in Sports

Media tweeted on Aug. 7, "there is no statute of limitations on accountability." That same week, I watched a man accused of domestic violence play professionally. I panic when teams begin to announce their spring-training rosters, wondering each time if this is the year my abuser returns to the sport.

Maybe, when the rest of the sports world finally holds athletes accountable for their crimes on *and off* the field, my distress will subside. After all, "no time period in baseball is clean." It's time we recognize the full scope of what that truly means.

A former sports broadcaster, Danielle Doiron is now a writer, editor and educator. Find her in Winnipeg, Philadelphia, Fargo and, occasionally, on the airwaves.



HOROSCOPES

Mercury goes retrograde in Libra, on Friday.

Do your best to avoid jumping to conclusions or gossiping. On the 10th there will be a Full Moon in Pisces at 2:59 A.M. Use this moment to reflect on whether or not your actions, especially your habitual ones, are healthy and sustainable for your spiritual and emotional health.

SOURCE: LOVELANYADOO

♈ ARIES

Beware of self-fulfilling prophecies, Aries. Between this week's Full Moon and the Mercury retrograde, there's a fair amount of anxiety in the air. Don't let your pride compel you to defensiveness or disproportionate investment in the narratives of your worries. Do your best to get and stay grounded through whatever discomforts emerge. If you need to work out details, do it from a less activated place.

♉ TAURUS

You're moving through some pretty deep emotional terrain this week, and it would be easy to slip into anxious thinking as a result. Do your best to notice when you start to intellectualize your emotions in efforts to distance yourself from them. If you can tolerate discomfort, you can do a better job of both identifying what's making you uncomfortable and resourcing yourself to create more happiness.

♊ GEMINI

If you don't trust yourself, it's hard to trust anyone else. This week it may be tempting to chase pleasure when what you really need is to prioritize peace. There are so many distractions, and they're all likely to be more fun than the self-care you need to focus on right now. Center your inner wellness above all else for at least a little while; it will do you a world of good, Twin Star.

♋ CANCER

The way that you move through the emotions you're experiencing is of the utmost importance. Tolerating fear and insecurity or managing threats is stressful to say the least. But you are incredibly capable! This week is meant to test you, and the best that you can do is be true to yourself and considerate of others. Just because it's difficult doesn't mean it's bad, and struggle doesn't equate to being on the wrong track, Moonchild.

♌ LEO

Try not to take on anything new unless you absolutely need to this week. You are going through a lot, and while it's likely not the worst, it's also very real. What you need is a bit of space to catch up with yourself so that you can determine your next move. Avoid indulging those knee-jerk reactions! You don't need to do it all or to be perfect; just find the next best step, Leo.

♍ VIRGO

Not knowing what comes next is like an invitation to collaborate with the universe. Unfortunately, it's also a common source of anxiety, especially for you, my analytic friend. The Full Moon on the 10th in your relationship house is likely to kick up a lot of emotions. Instead of reacting defensively or squashing your feels, strive to sit with your emotions in order to better understand them. Make the most of your possibilities, Virgo.

♎ LIBRA

As things change it's tempting to intentionally dig in your heels and resist, even if you really want that change. Full moons are all about letting go, and on the 10th we will be having one that is especially ripe for just that. You don't need to take on everything all at once, but if you can prioritize being honest with yourself about what is and isn't working for you, you'll be exactly where you need to be this week, Libra.

♏ SCORPIO

It's easy to focus on what isn't working or what you don't have, but that's not always helpful. You don't need to stick your head in the clouds in order to focus on the positive. Strive to put just as much energy into your resources and strengths as you give to your struggles. By dealing directly with your challenges, you will find your greatest strengths, so don't give up now, Scorpio.

♐ SAGITTARIUS

This isn't the best time to skip over details or assume that everything will just work out as you gloss over it. The big picture is important, but it is made up of so many details! Tend to your insides this week because if you're in a state of anxiety or overwhelm, it's hard to resource your gut instincts, or even your common sense. Slow and steady wins the race, Sagittarius.

♑ CAPRICORN

Getting comfortable with not knowing is hard. This week you're likely to be confronted by anxiety, but you're also totally capable of dealing with it — whether you feel ready or not. The things that happen to us do not define us. How we respond to them does. Tap into the most empathetic and patient parts of your heart to make the most of this period, Capricorn.

♒ AQUARIUS

This isn't the time for playing it safe, Aquarius. Prioritize the things that spark joy within you because the ripple effect of doing so can produce surprising and powerful results. When your life is driven by the energies of joy and love, you are likely to feel good about yourself, whether you're experiencing a high or a low period. Doing this may require a sizable shift in perspective, but whatever it takes, it's worth it.

♓ PISCES

The Full Moon in your sign on the 10th is a powerful moment for you, Pisces. Now is the time to clarify your boundaries, let go of your attachments, and take steps to make your life more your own. You may find that others are having a hard time adjusting to the ways in which you've changed, and that's okay. Try not to take it personally, as people respond to change in different ways. Point yourself in the right direction, and have faith from there.

It's Virgo season!



Virgo is the sixth sign of the zodiac, to be exact, and that's the way Virgos like it: exacting. Those born under this horoscope sign are forever the butt of jokes for being so picky and critical (and they can be), but their 'attention to detail' is for a reason: to help others. Virgos, more than any other zodiac sign, were born to serve, and it gives them great joy. They are also tailor-made for the job, since common Virgo traits are being industrious, methodical, and efficient. The sense of duty borne by these folks is considerable, and it ensures that they will always work for the greater good.

Dates— Aug 23 – Sept 22	Ruling Planet— Mercury	Tarot Card— The Hermit
Symbol— The Virgin	House— Sixth	Colors— Tan & Warm yellow
Mode + Element— Mutable Earth	Mantra— "I Analyze."	Body Part— The digestive system

Virgo's personality traits are derived from its receptive, feminine, or yin qualities, making this sign oriented toward contemplation and engagement with inner awareness. Those born with the Virgin as their rising, sun, or moon sign have a diligent, adaptable, and observant energy in the core of their personality, an echo of the preparedness and utility of late summer/early fall activities.



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