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## News

## The art of city planning



## Panel discusses the benefits of having a creativity-driven city, cite Winnipeg as model

ANDREW MCMONAGLE

BEAT REPORTER

ust in time for World Town Planning Day on Nov. 8, a panel discussion argued that equitable, or fully creative cities, are those cities planned around an ar-

The approach to equitable cities is based on Richard Florida's model of creative cities, but it aims much further.

"Under creative city theory, the only art that's involved is commodified, art that has to be used for profit," said panelist Izida Zorde, editor of Fuse Magazine.

The logic behind equitable cities is that simple creativity has shifted to a marketable commodity, which is bad news. The time has come for a change.

All panelists agreed that Winnipeg is already a creative city, with areas like the Exchange District acting as the vibrant, cre-

"I think that because Winnipeg is such a progressive place, it could be a leader in defining an equitable city from a creative city," Zorde said.

Attendee Nora Velazquez agrees.

"It's a city that welcomes lots of ideas and is tolerant," she said. "It's not about the size, but the mentality."

Making a city equitable means putting creative people in charge of city planning.

"It's more about artists having a role in the planning of cities, integrating art to everyday life," said panelist Tricia Wasney, manager of public art with the Winnipeg Arts Council.

Milena Placentile, curator of the University of Winnipeg's Gallery 1Co3 and the event's organizer, places a large emphasis on the importance of artists.

"Artists look at a city in a different way," she said. "They look at it in an experimental aspect."

Panelist Roewan Crowe, an artist and faculty member at the Institute for Women's and Gender Studies, said as people are afraid to question the status quo, it becomes the artist's job.

Crowe cited movements like critical mass as "opportunities for dialogue," the first step in making a creative city.

Critical mass is an international movement where bicyclists reclaim city streets by swarming them in protest on the over-usage

Rowe focused on a Winnipeg critical mass rally in 2006 where police officers arrested several bicyclers.

Rowe considers this the "criminalization of dissent."

Taking the focus off of cities designed around automobiles is only one part of becoming an equitable city.

We spend so much time in our cars we don't have time to be creative," panelist Hazel Borys, managing principal of Placemakers, a town planning firm, said during panel.

The equitable cities panel, Creative Cities from the Grassroots Up, took place at Gallery 1C03 on Nov. 13.

"Artists look at a city in a different way, they look at it in an experimental aspect."

-Milena Placentile, Gallery 1CO3

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## MOUSELAND PRESS~

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Photo by Mark Reimer



Q: DO YOU THINK ARTISTS/CREATIVE PEOPLE SHOULD BE INVOLVED IN CITY PLANNING? WHY?



Kent Heinrich self-employed 'Yes, maybe that way the downtown would be more aesthetically pleasing.



'Yes, because I think they tend to think outside of the normal parameters of regular city planners. That isn't to say that all artistic people would be good at it."



"I'm not really interested. I think they put too much money towards things they don't need. They should dedicate more money to the



third year "I definitely think Winnipeg needs to move in that direction. If the city is beautiful and supporting the arts, that's great.

Caitlin Fryers,



Rutha Gebremussie. second year "Yeah, it'll make the city more beautiful. Some of the art around the city is kind of strange.



Tomomi Harada. 'l've been here just three weeks, and I like it the way it is. The city is very nice.

## Downtown parking in a jam

Manitoba Hydro proposes variety of **solutions to parking problems** at new downtown office

SANDY KLOWAK BEAT REPORTER

To offset higher transportation costs and an expected influx of downtown commuters, Manitoba Hydro will offer employees at their new downtown headquarters a \$55 monthly parking subsidy and other transportation perks.

The money is part of union negotiations to lessen the blow for staff moving from Hydro's Taylor Avenue office, where parking is less than \$10 a month, to their new Portage Avenue location, where monthly parking exceeds \$100.

"We realized that was a big sting," Hydro's public affairs manager Glenn Schneider said.

Hydro will also be offering halfpriced transit passes to its employees, Park & Ride transit service, a carpool listing for employees and bike racks and showers at its new location

Roughly half of the 1,800 to 2,000 downtown employees have committed to public transit use, Schneider said.

Curt Hull of Winnipeg's Climate Change Connection (C3) is concerned with a public transit overload downtown, if the system soon has to take on the estimated 1,000 Hydro employees committed to taking the bus.

Without accommodations, this may be more than the system can handle.

"Transit has been working with Hydro over the past two years on alternative transit options for Hydro employees," Ken Allen, City of Winnipeg spokesperson, said.

To accommodate the influx of new transit riders heading downtown, Winnipeg Transit opened a Park & Ride from the corner of Taylor Avenue and Wilton Street to downtown on Nov. 17. The new route, 39 express service, will operate during peak hours on weekdays.

Furthermore, Hydro's move is expected to increase parking demand downtown, causing prices to go up.

"The question is always, 'is there enough?' Well yeah... there's enough, but the prices go up and down," said David Hill, chief operating officer at the Winnipeg Parking Authority.

"There's always a shortage of

convenient parking," he added, explaining people always try to find the closest spot and end up complaining.

Hill nonetheless claims Winnipeg offers sufficient parking space per capita and lower priced parking than other Canadian cities.

Some feel Hydro's newly subsidized parking, a financial encouragement to drive to work, contradicts its mandate to protect the environment.

Schneider disagrees.

"I don't think there's a conflict there. We tried to take a balanced approach to this... You can't force everybody to take public transit."

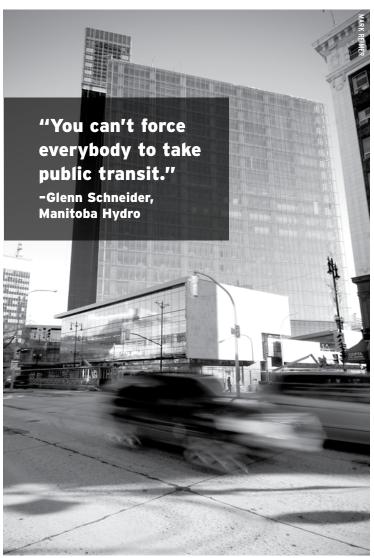
Hull feels that the Hydro building's transportation plans are generally green enough.

"I wonder if this is a means to wean people off of their cars and soften the adjustment," he said of the parking subsidy.

Hull feels the city needs a new strategy for downtown that does not include more surface parking lots.

The priority should be "making the downtown more people friendly—more green space, more bike space," he said.

Manitoba Hydro is currently moving its services into the new location. The full project will be completed by the end of this year.



The soon-to-open Manitoba Hydro building on Portage Avenue is expected to bring an influx of almost 2,000 workers downtown, potentially putting a strain on the transit and parking systems.

## Flowers amid a concrete jungle

# Use of community garden for low-income housing project debated

KSENIA PRINTS

NEWS PRODUCTION EDITOR

The fate of a 17-year-old garden is causing a rift in one of Winnipeg's tightest communities.

For Jen Altemeyer, the community garden at 198 Sherbrook Street provides a link to stability. Altemeyer spent most of her adult life without a fixed address, searching for a place to put down some roots and start gardening.

She finally found a permanent gardening site in the Sherbrook St. Community Garden in the fall of 2001, and has been there since.

"The garden gives an opportunity for people who would otherwise lack it," she said.

But the fate of Sherbrook Garden is now up in the air. On Mar. 28 and 29, the West Broadway Development Corporation (WBDC) held community consultations where various groups designed their own views of 198 Sherbrook Street.

"There're a lot of needs in this community, and we wanted to give them the opportunity to be heard," said Molly McCracken, executive director of WBDC.

Most groups went for a mixed-use plot, where a garden would occupy at least half of the current territory of 1,004 square foot.

The second half will be split between a housing unit and various community services.



Karen Jones has many winter plans for the Sherbrook St. Community Garden, including a frozen flower exhibition and winter gardening.

To the lot's gardeners, this is a waste.

"It is a place in the community, a place where the community can meet... it's not just another lot with infill houses," said Karen Jones, an avid gardener and a 198 Sherbrook Street activist.

"We think that they see that garden is money in their bank... They keep calling it vacant; it's not vacant."

According to Jones, the Sherbrook Garden's value is not just in years of labour, but also in its quality soil and great amount of sunlight.

"The community really chose the Sherbrook Garden," she said.

While community members continue fighting for the garden, the WBDC has already decided its future.

"The decision has already been made to

accept the recommendations," she said. "Our vision is the community vision as put forth by the design charrette (community consultations)."

It has always been intended for community use. The wbdc purchased the garden plot in 2001, with the help of a \$30,500 grant from the provincial government.

"The intent was to use that plot sometime for another project, like housing," said Richard Dilay, manager for Neighbourhoods Alive!, the provincial community funding program.

"It was never put out to us that it was going to be a community garden indefinitely."

For Altemeyer, this is no consolation.

"I recognize the importance of developing more programming that meets the need of other participants, not everyone gets excited

### THE PLANNING SIDE OF THINGS

Located on a commercial use zone, 198 Sherbrook Street can freely be used as a garden. However, maintaining the site costs \$1,998 in commercial tax a year; in comparison, publicly rented garden plots from the city cost \$25 a year.

Community gardens also lack designated funding.

The city's newly formed community gardens program is in charge of public gardens and has no budget to provide to private owners, only consultations.

"Being as it is privately owned, we can only make recommendations," said Karl Thordarson, technical assistant with Public Works at the City of Winnipeg.

The province also has no funding specifically for community gardens.

"We haven't funded large community gardens," said Richard Dilay, manager for Neighbourhoods Alive!, the provincial community funding program.

about gardening," she said.

"But there's a lot more life in the community than just people; when we consciously recognize those other life forms, we give people the opportunity to recognize they're a part of larger things."

## International News Briefs

Compiled by Kiara May

#### **CONGOLESE REFUGEES RELOCATED**

GOMA, Congo - Tens of thousands of refugees in a camp in eastern Congo will soon be moved from increasingly dangerous rebel attacks on their current location.

The refugees in Kirbati are living in fear of attacks between rebels and the army, and plans are to move them to Mugunga.

Despite the United Nations having the strongest peacekeeping forces in the world in the Congo, they remain unable to protect the people in the camp, reported the Globe and Mail.

Even if UN troop reinforcements are provided, it may still take two months to move all the refugees.

## VOTES FOR CHAVEZ THREATENED BY CRIME RATES

CARACAS, Venezuela - Hugo Chavez, President of Venezuela for nearly a decade, is worried of losing votes in the upcoming Venezuelan election.

Though expected to hold onto most seats, Chavez fears that the crime rates will lose his candidates votes in key states and cities in the country in the Nov. 23 election.

According to *Reuters*, Venezuela has one of the world's highest murder and crime rates, with around 45 murders per 100,000 people in 2006

In slums such as Petare, one of Chavez's worrisome districts, these numbers are even higher.

## ARGENTINA OPENS WORLD'S FIRST BARBIE STORE

BUENOS AIRES, Argentina - Forty-nine years after the first debut of Barbie dolls, Buenos Aires has launched the world's very first Barbie store.

The store's 650-square meters include everything Barbie, from dolls to real-life accessories and clothing, as well as a Barbiethemed beauty salon and cafe.

Buenos Aires is the first of many cities to launch Barbie-themed stores next year on Barbie's 50th anniversary, reported the U.K.

Barbie is well known to have huge popularity in Argentina; it is also home to 'Barbie Live,' a hit Broadway-style musical.

#### ISRAELI CANDIDATE CHANNELS OBAMA ONLINE

JERUSALEM - It seems Barack Obama is inspiring all over the world these days, for even conservative Likud candidate Benjamin

Netanyahu is learning from his techniques.

The New York Times reported that Benjamin Netanyahu, running to be Israel's prime minister, has fully copied Barack Obama's web design in his own Hebrew website

A Russian-language version features images of President Obama with the candidate.

Netanyahu's use of Obama's design and images is also well fitting with his similar message of change throughout the country.

A closer look at the campaign reveals that the technique of change is really all Obama and Netanyahu have in common, as their platforms are largely different.

### NO END IN SIGHT FOR PUTIN

MOSCOW - Apparently four-year terms aren't long enough these days in Russia, as Putin got another two years in office with a presidential term extension.

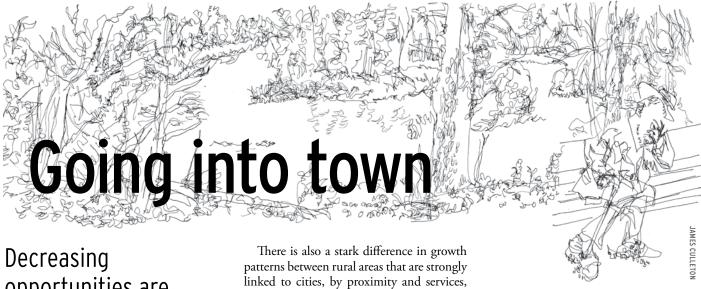
President Dmitri A. Medvedev proposed to extend the prime ministerial term from four to six years on Nov. 14, reported the New York Times

This would be the first amendment to Russia's constitution since its adoption in 1993.

Prime Minister Vladimir Putin himself, unsurprisingly, supported the bill.

This feat did not go through without a fight, with strong opposition by the Communist

The bill eventually passed with a vote of 388 to 58; 57 of the opposed were Communist Party members.



# opportunities are pushing rural folk into cities

JOE KORNELSEN

BEAT REPORTER

recent report confirmed what we've suspected all along: Canada's urban population is growing at the expense of rural communities.

Between 2001 and 2006 the population of Canadian cities grew by over six per cent, while our rural areas increased by less than one per cent, according to a recently released Statistics Canada report.

Canada's rural population now makes up only 19 per cent of the country.

Brittany Shuwera is a student at the University of Winnipeg. She grew up in southeastern Manitoba in a rural community called Caliento, and is not surprised that people are more attracted to the city.

While being nostalgic for the country, Shuwera said the advantage of having all the amenities nearby made Winnipeg an attractive place to live.

"It's just easier to live in the city than in the country," she said.

While Brock Fisher agrees the city has more opportunities, he decided to move back out to his hometown of Wawanesa, located 50 kilometers southeast of Brandon, after finishing school.

"It's kind of that closeness of the community in Wawanesa: everyone knows each other, it's really friendly and you have that spot in town," he said.

Fisher said that despite his affinity towards his town he recognizes many choose to get out. He said about 90 per cent of his friends from high school have left to Brandon or Winnipeg.

## P R O U D T O B E I P S O S I N T E G R I T Y F O R

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## and those that are not. Strongly linked communities in Canada actually grew by nearly five per cent, while

other areas saw a decline of 1.4 percent.

Nola Warnika said she has certainly noticed the advantage of being close to a city.

Warnika is the economic development officer for the town of Souris and she believes that a lot of people are attracted to Souris because it is so close to Brandon.

"They still work there but they want that slower pace," she said

Despite the advantage, she admitted that without the same incentives as the city it is getting "harder and harder to attract people."

But it is not necessarily all doom and gloom for Canada's towns. Warnika had lived in the city, but after deciding she wanted that neighbourhood feeling she moved back to the country.

Shuwera, too, is not completely sold on the idea of living in the city forever. She figures that she may move back to the country yet.

"There is fresh air, no cars, no lights and the open space," she said.

## WHERE HAVE ALL THE RURALS GONE?

- ⇒ Six million people live in rural areas
- in Canada
- ⇒ For 27 years Canada's rural population has been roughly unchanged ⇒ Rural areas since 2001 have grown
- by one per cent

  ⇒ Urban centres since 2001 have
- grown by 6.4 per cent

  ⇒ In 1921 Canada's rural population became a minority
- ⇒ In 2008 the world's rural population became a minority

Source: Statistics Canada

## "It's just easier to live in the city than in the country."

-Brittany Shuwera, University of Winnipeg

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## New space for supervised child visitations

has uncertain financial future, doesn't cover need

ANDREW MCMONAGLE

BEAT REPORTER

espite receiving large grants, Winnipeg children are still missing safe spaces to spend time with both parents during custody battles.

The Winnipeg Children's Access Agency (WCAA) at 385 River Avenue is an organization intent on bringing together children and parents involved in custody battles in a safe, neutral environment.

WCAA recently moved into a new building with the help of provincial funding.

Though they now have more room, they still can't meet the need in the city.

"We had a six-to-eight month wait list going into the new building which precipitated our move," said Mary Dawson, executive director of WCAA. "We also had a wait list for volunteers but no space for them. We'll see in a few months how long our wait list is."

The province gave WCAA a \$90,000 grant in early November. Dawson also reports receiving \$50,000 from the Winnipeg Foundation.

These contributions helped WCAA move into the new build-

ing, which has more than triple the space of their last one.

But the grants are only guaranteed for one year. After that, WCAA may have to look for more funding.

The federal government is absent from funding these family visitations. Ron Bewski from Family Mediation Manitoba Inc. looks to Australia as an example of how the federal government funds contact centres, the safe places for families to meet.

"Australia has been at the forefront for a while," he said. "Canada can look to them for inspiration."

Dawson agrees there should be federal funding, citing the extent of the problem.

"About 50 per cent of marriages end in divorce. Those relationships [with the children] aren't maintained," she said.

The grants received allowed the WCAA to expand the scope of their services.

"Initially (the WCAA) were set up for situations of domestic violence, but are now ready for lower conflict situations," said Bewski. "A lot of cases have conflict but not physical violence."

Bewski said in low-conflict situations, often a family member would supervise the visits.

"[But] we don't have ongoing secure funding for parents with mental health or substance abuse problems... we need more constant operating funds."

Regardless of the uncertain funding future, WCAA is currently open and helping families reunite.

But many remain unaware of their services. Kristian and Melissa are a common-law couple who have each experienced custody battles with previous partners. They requested that their last names not



On a combined grant of \$140,000, Winnipeg Children's Access Agency's Mary Dawson will now be able to provide a lot more children and their divorced or separated parents with a safe meeting place.

be used.

"Most people have a network of friends and family," Kristian said. "[WCAA] is a good program to help people who don't have that network. If I had known of the service I might have used it."

Melissa agrees.

"I can't be face-to-face with my ex," she said. "We use the school as our pick up/drop off location. I never had to use [WCAA], but we know a few friends who would really benefit from them."

For more information on WCAA and their services, check out wcaa.ca.

## WHAT'S ALL THERE?

The Winnipeg Children's Access Agency offers four types of supervised visitation.

ONE-TO-ONE - A visitation monitor person is assigned to a family. They are required to remain with the family at all times. INTERMITTENT - Site staff will check in on the family at 15-minute intervals and provide support and assistance as required.

SUPPORTIVE SUPERVISION - Staff takes a more active role in the visit based on individual family needs as determined during the Parent Orientation.

TELEPHONE ACCESS - Staff monitor telephone conversation between the child and parent/ family member.

Source: The Winnipeg Children's Access Agency

## The strength of the red ribbon

# Community organization starts annual campaign against drunk driving

RENEE LILLEY Volunteer Staff

others Against Drunk Driving launched their annual campaign early this month, just in time to address all those holiday season party drivers.

Representatives and supporters of Mothers Against Drunk Driving (MADD) Winnipeg gathered at Kildonan Place mall on Nov. 1 for the annual Red Ribbon Campaign launch.

The group hopes to raise public awareness about drinking and driving by providing the campaign's signature red ribbon stickers to the public.

Beverly Murfitt, administrative assistant for MADD Winnipeg, said an average of four deaths a day in Canada occur due to impaired driving.



Tannis Lynne Bird, 22, was killed when riding with a drunk driver in 2007; her grandmother, Bernadette St. Cyr, said her story is a testimony for the importance of MADD's work.

"Displaying a red ribbon, on your car or on a purse, reminds everyone to drive safe and sober. It is a tribute to those killed in the past," Murfitt said about the significance of the ribbon.

For some, this statistic and MADD's work at raising awareness mean more than words can express.

On March 30, 2007, Bernadette St. Cyr's heart broke at the news of a horrific car crash involving her granddaughter.

Tannis Lynne Bird, 22, had been

"It's important to understand the pain and the heartache, and remember that you have to be accountable for your actions."

-Bernadette St. Cyr, grandmother

killed in a car accident in the early morning hours of a fateful Friday.

That morning, Bird was a passenger in a speeding Dodge Neon driven by an intoxicated, drug-induced driver. Their car collided with an overcrowded taxi cab, causing a crash on the corner of McPhillips Street and Pacific Avenue.

Almost two years later, the pain of losing Bird still stings. Even though nothing will bring her granddaughter back, St. Cyr believes MADD is extremely significant.

"Let us campaign, pass tougher laws for impaired drivers, anything that will get the message across that there has to be a consequence."

Based on her experience, St. Cyr

asks anyone to empathize and to think before drinking.

"It's important to understand the pain and the heartache, and remember that you have to be accountable for your actions," she said.

Manitoba Public Insurance (MPI) has been partnering with the community-based MADD on a national scale.

"MPI is still a supporter helping MADD battle the issue of drinking and driving," said Brian Smiley, MPI media relations co-ordinator, adding the partnership will continue this year.

Manitoba Justice Minister Dave Chomiak was also present at MADD's local launch. He noted that 22 alcohol-related deaths have already occurred this year in the province.

"The annual Red Ribbon Campaign is more than a way to honour those who have lost their lives or have been injured at the hands of an impaired driver, it reinforces our commitment to drive sober through the holidays and throughout the year," he wrote in an e-mail.

Those interested in volunteering with MADD Winnipeg can call 204-896-6233, or go to madd.ca.

## **Local**News Briefs

Compiled by Craig Heinrich

## COUNCILLOR DISAPPROVES OF NEW TRANSIT FUNDING FORMULA

The passing of a recent public transit funding proposal has left at least one city councillor in a state of confusion and opposition.

According to the Winnipeg Free Press, Bill Clement, a long-serving member of city council, said the city has just made an unconventional deal with the province and federal government which could end up damaging the city's long-term credit rating.

This proposal would involve the city borrowing money to pay for the transit system, then having the province help pay for at least half of the project.

## WASTE TREATMENT FACILITY BRIDGES CITY, MUNICIPALITIES

Communities north of Winnipeg, including St. Andrews and West St. Paul, are happy to send their sewage to a North End Winnipeg plant in order to save themselves from having to build new waste management centers.

The prospective deal would save the municipalities money, and would provide additional income to the city, reported the *Winnipeg Free Press*.

Some councillors have raised concerns about the agreement increasing urban sprawl; to address this fear, Winnipeg would charge the municipalities extra to process their waste.

Winnipeg Mayor Sam Katz told the *Free Press* that while the deal is premature, it could become a source of "much needed revenue" for the city.

#### CANWEST REGISTERS \$1.02 BILLION LOSS

A Canadian media giant with local roots has recently admitted to losing \$1.02 billion on broadcast licenses for its television operations.

Canwest Global Communications Corp., which along with television broadcasts also prints papers such as the *National Post*, also blamed Canada's regulatory frameworks for the loss.

Last year, Canwest reported a \$279 million profit.

CBC reported Canwest president Leonard Asper said people should look past the "noise" created by the company's total \$3.7 billion debt.

He claims the loss was spread across four different companies, and the "cash flows match the debt in each of the different subsidiaries."

The loss will result in 560 job losses across the country through either voluntary buy-outs, attrition, or layoffs.

## FOR THE LOVE OF LIQUOR

A new study shows that binge drinking in Manitoba is on the rise.

CBC reported the study, conducted by the Addictions Foundation of Manitoba, found that while the number of teens drinking has decreased, the amount individuals drink has risen from previous studies.

Some particularly heavy drinking high school students were found to go past eight drinks at a time.

The study is based on a survey of more than 5,000 students across Manitoba.

### PROVINCE

Manitoba's hemp farmers are gaining recognition.

A new provincial strategy will provide opportunities for hemp farmers, exporters, researchers and processors in Manitoba.

The new strategy will seek to expand the industry on a national level in nine different areas.

"In the last 10 years, the Canadian hemp industry has grown from an emerging niche market to a point where we are now being recognized as a global leader in hemp production," Mike Fata, chair of the Canadian Hemp Trade Alliance, said in a provincial press release

## **Campus News**

University no place for students

## Study finds one in five students drops out

**JOE KORNELSEN** BEAT REPORTER

fter putting three years into his university education, Alasdair Dunlop decided to take a break from his education. It turns out he's not alone.

A recent study done between 1999 and 2005 by Statistics Canada found 21 per cent of students who attended school between the ages of 18 and 25 dropped out before completing their studies.

Dunlop entered the School of Music at the University of Manitoba right after graduating from high school in 2004.

The first three years were a good experience for him while he improved his musicianship, but by the end of the third year he felt he wasn't getting what he wanted out of his education.

"I considered my goals when I went into the program and realized that much of the focus wasn't where I expected it to be," Dunlop said.

The University of Winnipeg has recently started a new campaign to attract students to the university. The director of student recruitment and institutional relations, Livia Castellanos, is in charge of student recruitment.

While her job is attracting students to the university, she knows retention can pose a

"Everyone in this university is in charge of recruitment and retention from the first person that greets the student to the professor in the class room," she said.

Dunlop said that after comparing the cost of going to school to the educational benefit he would receive, he felt it wasn't worth it.

Students will often drop out for a number of reasons, including financial, medical, personal, or work-related concerns.

Colin Russell, registrar at the U of W, said he has seen little change in the drop-out rates since he started at the university.

He said the university contacts students who haven't completed their program when they don't register in the fall. With students who have to drop out in the middle of the semester, the university likes to meet with the student to understand their reasons for

"For students thinking of withdrawing I would encourage them to speak to an academic advisor to reduce their load and maybe continue on, and not lose the time and money," said Russell.

Dunlop said that while he sees an importance to post-secondary education, he wants to consider his options before returning.

"I would like to, but it's a matter of me coming to a decision about my goals in life; I'm going to go with a purpose," he said.



"It's a matter of me coming to a decision about my goals in life; I'm going to go with a purpose."

-Alasdair Dunlop, former student

## THE NUMBERS

In Manitoba, 72 per cent of young people aged 24 to 26 have attended a post-secondary

#### **DROP -OUT RATES BY INSTITUTIONS:**

⇒ University: 16 per cent of students droppedout before completing their program ⇒ College: 25 per cent of students dropped-out before completing their program

#### THE REASONS

You are more likely to drop out of university if:

- ⇒ You are a guy
- ⇒ You are 26

⇒ You spent less than three hours a week on homework in high school

## Campus daycare severely short staffed



Diana Rozos said it will be harder to find employees once the campus daycare moves to its new, larger facility, possibly leading to a reduction in the number of daycare spots.

## **UWSA daycare** struggles to find **staff** for new location

SANDY KLOWAK

BEAT REPORTER

s the on-campus daycare gears up to open a larger facility next fall, it struggles to fill staff positions.

"Definitely there is a shortage of early childhood educators in the province," said Diana Rozos, director of the on-campus

A new, larger facility is set to open in September 2009 near the new science complex.

Currently the daycare has 20 staff including part-time workers. They hope to hire at least 10 more for the new facility, in order to increase openings from 62 spaces to up to 116, including 12 to 16 spots for children

Yet even now, they are short at least one staff member due to leaves of absence and don't have the resources to hire more.

According to Rozos, the core area location in a city that is expanding outwards may be one reason it's hard to recruit workers.

It's a vicious cycle, she said.

"If we can't hire the staff then we can't accept all the children, if we can't accept the children, we lose a lot of revenue."

"We're all feeling uneasy" over the lack of daycare staff, said Kelly Ross, UWSA vice president student services.

Because of the staff shortage, Ross and another executive member have been vol-

## MANITOBA'S DAYCARE SHORTAGE

## Regulated childcare spaces in Manitoba: 1998 - 20,490 30000 20000 25000 15000

A focused look:

In Manitoba, 2005/2006: Total regulated child care

spaces 0-12: 25,984 ⇒Children 0-12 for whom there is a regulated child care space: 14.5 per cent

⇒Children 0-5 for whom there is a regulated child care space: 20 per cent

unteering at the on-campus center at lunch- working with kids." time once a week.

Sources: Child care space statistics 2007

If staff is not recruited, the new facility may have to offer fewer spots than originally

Finding qualified early childhood educators (ECEs) is difficult due to the nature of the job, as well as low pay and lack of

Two-thirds of a daycare's staff needs ECE certification and qualified ECEs start at \$13.80 an hour, said Rozos.

"It's obviously a very physically and emotionally demanding job so it doesn't attract a lot of people."

While the cost of providing childcare has gone up, federal funding hasn't kept up and staff isn't getting paid what they deserve,

Jessica Schettler, another city daycare worker, plans to leave her current field because her wage is not enough to depend on

"I love [my job], I just feel that I don't get paid enough for what I do, and it is stressful,

Schettler is an ECE II, meaning she has completed a two-year diploma program. Now she is back in school working on a psychology degree.

"I think there's always room for improvement," said Cees deVries, manager of communications and new initiatives at the Manitoba Child Care Program.

"It's a sector that people are passionate about and want to do something meaning-

In April, the provincial government released its current five-year plan for child care, which includes funding for 6,500 more child-care spaces, enhancing program quality, centralized on-line wait lists and worker benefits such as a fixed minimum wage and

The on-campus daycare is funded equally by the University of Winnipeg Students' Association (UWSA) and the University of Winnipeg and relies on government

## The First Nations' graduation gap

## Report calls for changes to aboriginal education

MICHAEL HANCHARYK

**VOLUNTEER STAFF** 

xperts call on aboriginal education reform as the gap between non-aborigi-✓ nals' and aboriginals' graduation rates continue to grow.

In a study issued by the C.D. Howe Institute, author John Richards, professor in the graduate public policy program at Simon Fraser University in Vancouver, found that aboriginals' rate of graduation is much lower than the non-aboriginal population.

While almost 90 per cent of non-aboriginal Canadians, aged 20 to 24, hold a high school certificate, only 60 per cent of aboriginals have a similar standing.

The gap is even larger for those who hold a college or university degree.

Lorena Fontaine, professor in the aboriginal governance department at the University of Winnipeg, believes the system, not the students, is to blame for this difference.

"A change is needed in the Canadian curriculum. There isn't enough culture represented in class. [We] can't learn language in schools; can't learn our identity," she said.

Yet she remains optimistic: after noticing the problem, Fontaine believes we can begin making a difference.



Aboriginal governance professor Jacqueline Romanow believes aboriginal youth's difficulties in university stem from a lack of a central governing board for on-reserve schools.

The Kelowna Accord of 2005 tried to ensure that the high school graduation rate of aboriginal Canadians matched the rest of the population. It also aimed at halving the gap in rates of post-secondary graduation.

Yet it proposed no administrative changes, and brought no results, Richards said.

"It stated aspirational goals and promised some increase in federal government spending. The major missing piece is credible programming by either band councils or INAC (Indian and Northern Affairs Canada)."

"Throwing money at it is not the solution," said Jacqueline Romanow, professor of aboriginal governance at the U of W.

"With no governing school board for onreserve schools, it doesn't allow resourcesharing for a general quality of education."

Richards agrees this is the right direction for Aboriginal education.

"I see success in some school districts [here in B.C.]. This suggests it is possible to bring about change."

The University of Winnipeg has an Aboriginal Student Services Centre, providing counseling and tutoring services, located in room 2L01.

## North America 'barely exists:' political economist

## University of Toronto prof says Obama not likely to re-negotiate NAFTA

**WENDY GILLIS** 

CUP CENTRAL BUREAU CHIEF

¬ ASKATOON (CUP) – Stephen Clarkson has a brilliant mind. The University of Toronto professor is a Rhodes scholar and an accomplished author, and he even ran for mayor of Toronto once.

But he also has an unconventional theory: he is convinced that North America "barely

At least, from an economic and political standpoint.

The political economy expert made a recent stop at the University of Saskatchewan to promote his new book, Does North

"It sounds like a stupid question, doesn't it? Because you look at a map, and there it is. But the question is: does it exist in the way that Europe exists thanks to the European Union? In what way does it exist?"

Specifically, Clarkson's work examines the effect of the North America Free Trade Agreement, as well as 9-11, on North America's functioning as a continent, in terms of trade, and intergovernmental and

After six years of research, and several trips to Europe and Mexico, he has found that the continent is experiencing an existen-

"North America isn't a viable economic political entity when you think about what's driving it," said Clarkson. "There aren't that many sectors that really see North America as their basic operating area, because [it] is too big to deal with small problems, or it's too small to deal with big problems."

Clarkson says one of the greatest factors affecting how the continent works is NAFTA, the trilateral trade block created by



Stephen Clarkson speaks to a crowd at the University of Saskatchewan about North America's

Canadian, Mexican, and American governments in 1993.

For Canadians, this agreement fundamentally changed the definition of North America, which had always been considered solely as the relationship between Canada and the United States.

"Come 1993, all of a sudden, a huge change took place, which was Mexico," said

Although many thought NAFTA would strengthen the continent's cohesion, the lack of regulatory capacity - meaning legislative, executive, or judicial power - has meant the trade agreement has done little to encourage a union, suggests Clarkson.

This is due to several fundamental factors, including Chapter 19 of NAFTA, which outlines its dispute-settlement mechanism.

Canadians were initially pleased with their ability to solve trade disputes with the United States. But as demonstrated with the softwood lumber dispute, it was proven that NAFTA's lack of legislative power in any country meant the mechanism was not

In other respects, however, NAFTA is conducive to creating continental co-operation, namely with certain industries, such as beef, corn, wheat, oil, natural gas, and electricity.

Clarkson explains that cows can be born in one country, raised in another, and killed in yet another, making countries work

"This is where geographical proximity matters . . . where you can see some crossborder governance which you can call North American," he said.

Ultimately though, Clarkson says that unlike Europe after the establishment of the European Union, North America is unable to resolve differences in an effective way.

For example, the European Union allows a small country like Denmark the same influence as larger countries like Germany. With the current structure of NAFTA, the U.S. possesses of the majority of the power.

Since 9-11, North America has had even more challenges to overcome, says

America's resulting "security paranoia" means that the countries have been driven further apart.

"[Washington] has pushed Ottawa and it has pushed Mexico City to raise the barriers that it had been busy getting us to lower with the free trade and investment agreement," he said.

The most recent consequence of this is how the economic crisis has been handled.

"It's quite clear in the attempted resolution of the huge global international crisis . . . there's no effort to develop a North American position . . . before negotiating globally," he said.

Given this relative impotence of both North America and NAFTA, Clarkson does not think a re-negotiation of the trade agreement will occur any time in the near future.

While U.S. president-elect Barack Obama promised in the democratic primaries to revisit NAFTA, Clarkson doubts it will be at the top of his priority list.

"Is it ahead of Guantanamo? Is it ahead of Iraq? Is it ahead of Iran, or Afghanistan? . . . Obviously, I doubt it," he said. "Those of us who are concerned about the re-negotiation of NAFTA, I think can unbuckle our safety

## Campus

Compiled by Toban Dyck

#### **WE'RE GETTING THERE**

With the help of a \$1.2 million investment from the Manitoba government, a new busonly road has been opened between Spence and Young streets.

The new bus loop will also boast a new bus shelter. In a bid to further enhance security for students and local residents, another portion of Spence Street will be designated solely for pedestrians.

The new terminal will comply with the University of Winnipeg's goal of creating an active transportation hub, which will enable students to make sustainable commuting choices such as bus or bike.

To find out which buses will use the new terminal, visit www.uwinnipeg.ca/index/ release-081117.

#### **CANADA'S FIRST PRIVATE UNIVERSITY MOVES AHEAD**

Still in its infancy, Canada's first private secular university boasts a faculty devoted exclusively to teaching.

Students at Quest do not engage in lecturestyle classes, but hold seminar discussions in small groups; they also study subjects in three-and-a-half week blocks.

According to Maclean's On Campus, Quest in Squamish, British Columbia, is Canada's first non-profit, private university. Its approach to undergraduate education is revolutionary and one of a kind-and with tuition at \$24,500 per year, it better be.

Former University of British Columbia president David Strangway conceived Quest after retiring from his presidential post. His vision was to start a private university devoted to teaching, without the noise of graduate studies and research.

Quest's success has yet to be witnessed, as numbers are below what was forecasted.

### **SKETCHING BETWEEN THE LINES**

York university students discovered a unique way to study art: every Sunday at 3:30 p.m. they hop on the Toronto subway to attend sketch art classes.

According to York University's student newspaper Excalibur, the group, led by lifedrawing professor Bobby Chiu, has been meeting every week since 2005.

Upon gathering at the station, the class of sketch artists hop on the bus and sketch other passengers in their seats.

After a few stops, they all transfer to another line and continue sketching.

While on the lines, students sketch victim after victim and host their own craft-based conversations.

### POWER WALKING REDEFINED

Simon Fraser's Max Donelan has been honored by Time magazine as the man behind one of the best inventions of 2008.

According to Simon Fraser's newspaper The Peak, Donelan's invention is called the biochemical energy harvester, and its claim to fame is its ability to transform walking into pure energy.

The device straps to the knee, similar to a knee brace, and generates power with each step taken: enough to charge a cell phone or

## **CONVENTIONAL STATIC**

Despite numerous protests, Tories have nothing new to offer students.

The Canadian University Press reported the Conservative convention in Winnipeg last weekend resulted in no change for university

Two resolutions that would have benefited university students were defeated.

P-208, if passed, would have removed the need for parental income assessment when applying for a federal student loan.

The other, P-209, would have waived the requirement for students to pay into employment insurance while working summer jobs.

Read more on the protest in the next issue of The Uniter.

## **Comments**

## More broken Conservative promises

## No one surprised by deficit, except for maybe Harper



ANDREW TOD **VOLUNTEER STAFF** 

ow fast things change in politics. It was around one month ago that our dear leader Stephen Harper threw caution (and presumably, common sense) to the wind and promised that no Conservative government under his watch would ever run a budget deficit.

Conservative spending plans were too modest, he argued, and the thought that the Tories - the party of less government spending and balanced budgets - could post the first federal government deficit since the mid-'90s was absurd.

Now that the torrid days of politicking are over however, Harper and Co. have been slapped hard upside their heads with the reality that though they may wish it, they probably won't be able to balance the books next year. Even this budget year will be a tenuous affair. Criticism has rained in from all fronts.

Specifically, Paul Martin, noted "deficit slayer" and – briefly – past prime minister, has had a field day with the Conservatives' fiscal situation while simultaneously promoting his addition to the malevolent oeuvre that is the former prime minister memoir series.

Harper and Co. have been slapped hard upside their heads with the reality that though they may wish it so, they probably won't be able to balance the books next year

Apparently, when all those economic specialists and opposition politicians warned against the significant cuts to the government sales tax, saying that they would leave the cupboard too bare in times of economic uncertainty, they were mostly right.

Harper and his financial wingman - Jim Flaherty - have, to their credit, renounced their campaign promise. They now admit they may be forced to run a deficit sometime in the near future. More politicians have been caught in the act of an outright lie.

This may seem unfair. Often, we are told, politicians cannot envision the changes which will occur during their rule, and the truthfulness of campaign promises must be weighed against realistic obstacles. Perhaps, you may say to yourself, Harper and the Conservatives should be cut some slack.

Spare me. When Harper promised to never run a deficit, Canada was clearly mired in the same economic gyre as the rest of the world. If he thought he could glide through the trenchant fiscal time ahead without possibly taking a hit of red ink now and then, he either suffers from delusions or is a liar.

My guess is the latter. Any deficit that this self-professed party of fiscal responsibility posts in the future is a reflection of their own myopic financial tinkering. This is one failing of the Conservative party

that they cannot blame on the previous Liberal government.

The span of time from promise -Oct. 7 - to broken promise - Nov. 6 - has only been 30 days. Harper, after all, does preach efficiency in government

This is not to say the Conservatives saw the worldwide economic catastrophe hitting global markets as powerfully as it has. Yet they seemed hell bent on draining any financial cushion that may have protected their fiscal credibility and are now left staring blankly in the mirror, perhaps setting a new record in the process. The span of time from promise -Oct. 7 – to broken promise – Nov. 6 – has only been 30 days. Harper, after all, does preach efficiency in government.

Harper has countered his illspoken commitment with an un-characteristically lucid political decision to plunge into deficit instead of stripping government spending. Deficits should be employed during times of economic turmoil, where the choice is between balancing the books and providing the government services which citizens depend upon. The latter should always override the former, governments of course being able to operate at a loss no matter how loudly some may argue they should be run like a profitable business. A government's primary responsibility is to its citizens, and if that requires spending more money than they are taking in, then so be it.

However, it is irresponsible to commit to a promise which could never possibly be assured, especially when politicians make these promises knowing full well they are lying through their teeth in doing so. If Harper and his government were as accountable as he claims, the promise of never running a government deficit would never have been made.

Andrew Tod is a University of Winnipeg student.

## Sit down and shut up

In lectures, we want to hear the prof speak, not you



**ALEX GARCIA VOLUNTEER STAFF** 

f you are the average University of Winnipeg student and have taken almost any arts course you have experienced what I like to call the dumbass effect.

It's a brand new theory that was concocted in a certain Monday night class that states as its basic premise: "Semi-intelligent people, with undeveloped ideas mixed with the academic setting of university gives the aforementioned people the thought that they have something relevant, interesting, funny or even topical to say when they actu-

If you happen to not agree with a university professor who just happens to specialize in the class that they're teaching and you're a first year student who really doesn't have anything intelligent to say then, seriously, don't say anything

ally don't; ergo the dumbass effect.'

I for one have never understood it: the need to be the professor's new best friend, challenging them on every point, laughing uproariously at every inane comment that they intend to be funny, or thinking that you're really a lot smarter than you actually

You would think that after hearing enough collective sighs as you put your hand in the air to speak that you would take the hint. Really, nobody wants to hear your postulations on whether or not Descartes had it right, or the fact that you haven't yet formed an opinion on the subject, but when you do you'll let us know.

## Intelligent discussion is something that most people enjoy, and it is an extremely beneficial and necessary component to the learning process

Intelligent discussion is something that most people enjoy, and it is an extremely beneficial and necessary component to the learning process. However, when you go off on an uninformed rant that ends up with you trying to convince somebody with a PhD of a ridiculous claim, then you know you have crossed into the realm of ignorance.

It's OK to be quiet in class, if your professor says something you agree with, you don't have to put your hand up and waste five

minutes of everybody else's time saying how much you agree with what was just said. Or conversely, if you happen to not agree with a university professor who just happens to specialize in the class that they're teaching and you're a first year student who really doesn't have anything intelligent to say then, seriously, don't say anything.

I know it's a revolutionary thought for some of you reading this (oh, on a side note: if you're reading this and don't think there are any people like this in your class, I hate to inform you that chances are you're that person. Sorry.) but it's OK. You can change;

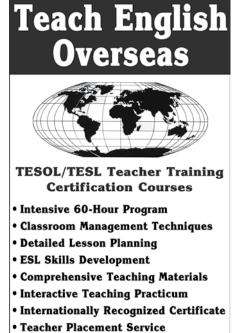


society will accept your silence.

So the next time you're sitting in class itching to tell the professor how much you appreciate the fact that they brought up the current point because you have a life story that is vaguely related to the said topic, think

Do I want to be a dumbass?

Alex Garcia is a University of Winnipeg



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## For America, the hope is enough

## Volunteering for the **Obama campaign**



JEFF KOVALIK-PLOUFFE

lections are exciting. I volunteered for ◀ MP Anita Neville during our last fed-✓eral campaign and I have always been interested in United States' Presidential elections. This year was no exception: two different candidates, each with opposite views on everything from the economy to foreign policy. As a student at the University of Winnipeg, you can probably guess that I supported Barack Obama. Which is why, on the evening of Monday, Nov. 3, I decided to go and lend a helping hand to his campaign in Fargo, North Dakota. I figured that with the experience I had gained working with MP Neville, there could be something I could do to help on Election Day.

After being held at U.S. Customs, I finally made it to Fargo. When I awoke Tuesday I felt like a six-year-old on Christmas. I went down to the campaign office where, after meeting four other Manitobans, I was given sheets of North Dakotans to phone and remind them to vote. I probably made close to 300 calls until I and two of the other Canadians were sent to North Dakota State University to remind the students to vote. Then it was back to the office to make calls to Iowa. Finally, it was time to head to the Ramada Ballroom for what we were hoping would be the victory party.

Being a Canadian was something that in-

## One man I talked to was ashamed to say he supported Bush in the past

terested these Americans. Throughout the night I received many thank-yous and was even interviewed by a radio station. The atmosphere was electric, as the election would decide the President, the North Dakota Governor and Congressmen. Talking to many different people at the party one thing was made clear: their disgust with President George W. Bush. One man I talked to was ashamed to say he supported Bush in the past. I realized the talk on television and in print was correct: Americans are upset with the handling of the Iraq war, they are sick of their friends and family members losing their jobs and homes and disappointed with how this administration has let America become less respected globally. They want the change that Barack Obama promised.

Any anger was quickly turned into joy once Pennsylvania and Ohio were called for Obama. Then it happened - the announcement that Barack Obama would be the next U.S. President. The reaction was unbelievable. People were screaming, clapping, hugging, throwing things, chanting "Yes We Did" and especially crying. I watched the reactions of people in Chicago and I can honestly say Fargo's reaction was exactly the same. That moment is something I will never forget. It made me wish that Canadians back home had cared as much during this past election.

During President-Elect Obama's speech he thanked everyone who donated \$10, \$15 and \$20 dollars. The woman standing next to me shouted playfully, "What about \$25?" She explained, in between tears, that she had donated \$25 every two weeks for months. And it hit me that this woman, like countless other cash-strapped Americans, had donated her hard earned money to the Obama campaign in hope of a better future.

Will President Obama be able to make all the changes he promised? Only time will tell, but if only for one night, Barack Obama did one thing for Americans and millions of people throughout the world. He created HOPE. Call me a fool but isn't that what politics should be about?

Jeff Kovalik-Plouffe is a theatre and politics student at the University of Winnipeg.



## What NOT to do in case of fire...

#### 1. Do not try to eat the fire.

One of the most common misconceptions about fire safety is that fires can be effectively put out by eating them. This is false. In addition to being mostly void of nutritional content, fire can actually burn your mouth, should you attempt to eat it, so don't.

#### 2. Do not put the fire in your eyes.

This is just stupid. There is no good reason to put fire in your eyes, so don't do it.

#### 3. Do not pretend to be a fish in hopes that the fire will be fooled into thinking it is under water, and therefore put itself out.

At first glance this seems like a brilliant plan, however, according to most fire experts it is not as brilliant as it first appears. Pretending to be a fish in order to make the fire think that it is under water, although very sneaky, has been proven to be highly ineffective. The fact of the matter is that fire cannot see you. Fire is not alive and/or sentient, and therefore cannot be fooled by the kind of ingenious ruse described above. Pretending you are a fish, although having been proven to be highly effective in many dangerous situations such as drowning and carjacking for example, will not help at all in the case of fire, so try to avoid relying on it.

#### 4. Do not attempt to "fight fire with fire" by lighting your hair on fire, and then headbutting the fire.

Trust me: this doesn't work. "Fight fire with fire" is just a cliché, and has been the death of many a literal minded fool. These sorts of misunderstandings (involving popular clichés) are the reasons that we have abandoned many of our most popular clichés like: "A bird in the hand is worth cutting off your legs and stabbing yourself in the eye with a salad fork;" "You've buttered your bread now jump off your house;" and of course the ever popular, "Don't count your chickens before you kill yourself with a tire-iron."

#### 5. Do not attempt to distract the fire by snuggling with it or tickling it.

Fire doesn't like to snuggle and will become angry if you force your snuggles on it. Tickling the fire, although slightly more effective, is still not recommended as fires are not generally very ticklish. Also, you will burn your fingers.

#### 6. Do not attempt to put the fire to sleep by reading to it from Wuthering Heights.

Although studies have shown that even three consecutive words from this novel can put anyone or anything to sleep, there is a good chance that you will, in fact, put yourself to sleep long before the fire succumbs to this novel (commonly referred to as "King of literary opiates"). When the fire sees that you have fallen asleep, it will generally attempt to tuck you in and will burn you to death in the

#### 7. Do not attempt to make the fire leave by asking it to marry you way too soon, in hopes that it will run away in fear of commitment.

The fire will see through this ploy right away, and in most cases, will call your bluff by accepting your proposal. You will then be badly burned trying to consummate your vows on your wedding night.

For more useful tips like these, go to Shannon's Irish Pub on Monday and ask J. Williamez

## The reputation game

## The flawed elitism of university rankings



**DEVIN MORROW COMMENTS EDITOR** 

**¬** ven before the 18th an-**≺** nual *Maclean's* University ✓ Rankings hit newsstands, the University of Winnipeg already knew how it fared.

undergraduate Among schools, we rank a commendable ninth place above such notable universities as Ryerson and Bishop's. The Maclean's system uses 13 categories through which it ranks schools based on students and classes, faculty, resources, student support, library and reputation.

It is this last category that I find interesting. "Reputation" is not exactly something that can be objectively studied. As the complete results of the rankings will not be available until Nov. 24, it would be premature to criticize the survey, however it is possible to raise some questions

regarding the merit of "reputation" surveys.

The United States' college and university system obsesses over reputation studies. Any Canadian student these days who takes the SATs usually does so only because they harbour a secret desire to make it into Ivy League schools – the only ones worthwhile being accepted to, obviously.

While Canada does not have an Ivy League, if someone were to ask me to name the top five schools in the country I would probably rattle off a few names I have always considered "good" regardless of whether or not I had actually looked into their services and programs. Herein lies the difficulty with "reputation" rankings.

It does not matter whether Maclean's uses three categories or 30 categories in its survey, unfortunately it seems that often the thing we look to first into one of is reputation. Whether this is a case of one-upping our peers to make it into the "better" school or wishing to hang a diploma on our wall that says "Queen's" or "McGill" on it, reputation always seems to unconsciously make a serious impact on the

university choice we make.

Incidentally, schools with high reputations are often the ones with higher tuition, turning the case of reputation into one of subtle elitism. Because seriously, if I apply for a job and a potential employer compares my Winnipeg BA to someone's Dalhousie BA, it has been observed that for whatever reason, whatever our GPA or past records are, the candidate with the more "reputable" school's name on their resume gets the job.

## Schools with high reputations are often the ones with higher tuition turning the case of reputation subtle elitism

It is definitely worthwhile to analyze the education of faculty, breadth of libraries and quality of university resources, but why do we feel the need to compare "reputation" when it is a personal opinion and subjective?

Personally, I am satisfied with the quality of the U of W education I have received, and when I graduate in May I honestly will have no regrets. After all, I will have acquired an Honours BA, valuable relationships with professors thanks to our small class sizes and the opportunity to study abroad. Furthermore Winnipeg is not an expensive city to live in and I was not forced to pay out-of-province student fees. Should I feel less proud of myself for not doing my undergrad at, say, York or UBC though, based on the quality of our "reputation"?

When you open Maclean's next week and curiously flip through the rankings of schools and see us all vertically numbered, one on top of each other, will you look at the reputation column first? I can't help it, I always do. But at least after five years of undergrad studies I have realized that however the media and high school students want to grade us, the University of Winnipeg is where I decided to stay and learn and leave with a diploma, ninth place or not.

## Letters

### Re: Are we a racist city

The issue devoted to racism in Winnipeg (Oct. 30 edition) happened to be my first time of reading your newspaper and I am now a fan. The subject of racism was looked at from many angles and I am impressed. I just want to add to the discussing a form of racism that no one seems to be talking about but is becoming very prevalent here and in other places. I know brilliant immigrants from Africa who were performing very well in a school in Winnipeg (I am proud to say it is not the U of M). They were on the way

to making good grades and possibly great careers. All of a sudden their classmates started complaining that these African students had a body odour. The racist part of this is that BO experts claimed it is on anybody born in Africa and is hard to get rid of. The complaint went to the school administration and these students were withdrawn from the school. I wonder what counselling services in schools are for. The same thing has happened to other students in institutions outside of Winnipeg. The aim I guess is to torture students psychologically and make them drop to the bottom [of their class]. Sure enough the one victim I have heard from was almost driven to suicide. The perpetrators of these acts might not be aware of the far reaching consequences their actions have on their victims. They might just want to get rid of competition but they could be getting rid of a life as well. I believe newspapers like yours and others in academic institutions can add this to the discussion on racism and discrimination.

Thanks, Charles Nfon

## **Arts & Culture**

## Art from Winnipeg's Heart

Organizers expect annual art sale featuring work by low-income and inner city artists to be great success

**COURTNEY SCHWEGEL VOLUNTEER STAFF** 

ife as an artist is feast or famine. This phrase rings true for a number of Winnipeg artists struggling to make ends

That's precisely why Art From the Heart, an organization that provides support for inner city and low-income artists, is holding its ninth annual arts sale from Nov.

This year's sale will include the work of approximately 130 artists who specialize in a variety of artistic mediums such as watercolor, acrylics, textiles, embroidery, ceramics, jewelry and even video

"It's very eclectic," said Karen Schlichting, the art sale's co-

Just like the art, the artists themselves are very diverse.

"There are emerging artists, and some well developed artists," Schlichting said, adding that there are a number of people with disabilities who participate.

The main objective of the sale, Schlichting explained, is to provide a means for marginalized artists to sell their work. However, she stressed that labeling the artists as low-income or marginalized can be problematic.

"Everybody will define themselves differently," she said. "Someone who totally has no money or doesn't have a lot of social skills...doesn't want to be identified as low income."

Jackie Traverse, an artist who's including three of her paintings in this year's sale, has participated in the event the past five years. Traverse credits Art From the Heart for providing her with confidence as an artist.

"It gave me my start," she said. Before her involvement with Art From the Heart, Traverse used to doodle and draw, but was never serious about showing her art.

As a single mother and fine arts student at the University of Manitoba, Traverse said finances are tight, but she feels that her passion for art is capable of making

her fiscal worries fade.

"I consider myself low income, but I always think I'm rich if I have my canvas and paints," she said. "If I have those things...what else is there?"

With prices ranging from roughly \$5 to about \$500, the art at the sale is affordable. Plus, all of the payments go directly to the artists themselves.

Schlichting is optimistic that the unique aspects of the sale will attract many Winnipeggers. She expects over 1,000 people to come to the opening event on Friday, Nov. 21. With such a big crowd, the art can sell out very quickly, so she urges prospective buyers to come early.

Traverse also strongly encourages Winnipeggers to come out to the sale and support local, low-income artists like herself.

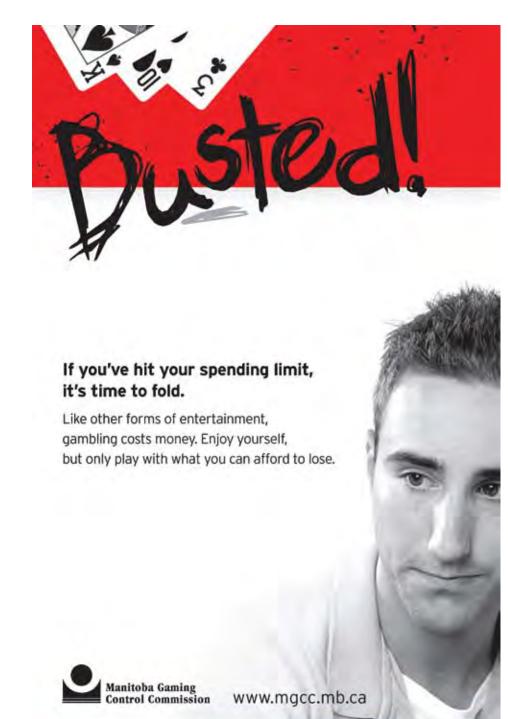
"It's a great night out," Traverse said. "You know that the money you spend is helping people. You're not just making some famous, rich artist richer."

Art From the Heart's ninth annual art sale runs Friday, Nov. 21 from 7 p.m. to 9 p.m. (with live music by James Adamson and Michelle Elrick) and Saturday, Nov. 22 from 10 a.m. to 4 p.m. at 430 Langside Street. Visit www.artfromtheheart.



"Truth" by Jackie Traverse. Check out Traverse's work on this issue's cover as well.

PHOTO BY MARK REIMER





Fax: 783-7080

## Afraid of what humankind could become

## New exhibit at Urban **Shaman** tells stories of bearing witness to genocide

KATIE DANGERFIELD **VOLUNTEER STAFF** 

tories of genocide and its internal and external affects on society are portrayed **J** in a multi-media installation at Urban Shaman Gallery.

Titled Afraid of What I Could Become, the exhibit exemplifies the virtue of truth and responsibility

The exhibit is a collaboration between internationally-celebrated artist James Nicholas, who tragically fell to his death at a fishing camp in B.C. last month; his wife Sandra Semchuk; as well as Pravin Pillay and Joys Dancer. Each artist uses visual and sonic mediums in order to create a story of humankind's encounter with systemic atrocities both past and present.

The media installation is set up with two split screens facing each other in one room creating an encompassing affect on the senses. While life and the beauty of nature are portrayed on one screen, the opposite creates an image of sadness and death.

First, Pillay, an East Indian Canadian, describes the genocide he witnessed in Rwanda

"The atrocities created by humankind there were preventable, the people did not have to die," Pillay says in the video. "It could have been prevented but we chose not to...we were all part of it...every person... we chose not to listen or see." Every human holds the capability of committing these horrific massacres and Pillay reminds the viewer of this painful and chilling truth.

Next, Nicholas, a Rock Cree Aboriginal, discusses the genocide of the Cree people at

"Somebody, somewhere, for some reason, gifted my people with [smallpox] blankets and everyone started dying - babies, grandmothers, grandfathers...they all started dying at Devil's Lake," he says. This painful truth of Canadian history forced him to ask questions such as, "Could [I] cause genocide? Could [I] become this?" Nicholas, as did Pillay, acknowledged that every person holds this potential evil.

KC Adams, the director of the gallery, said the entire exhibit was "inspired by Joys Dancer's song about the Devil's Lake genocide." This song's beauty and sadness creates the underlying tone of the exhibit - life and death. The collaboration's excellence and strong multi-media unit are why Urban Shaman got involved with the exhibit.

"It is the point of view of indigenous and non-indigenous on genocide...both afraid of what they could become after acknowledging how destructive humans are," Adams

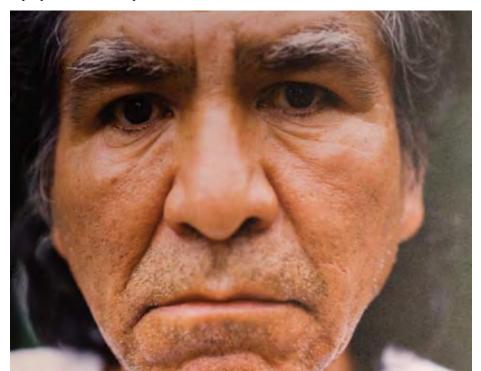
Overall, the exhibit creates a truly emotional experience. The stories given generate anger, pain and hope. It helps one understand the connection and interactions humans face every day.

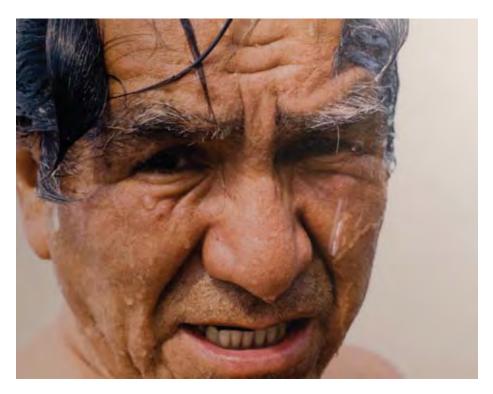
"It is hard for people to face the truth of things that happened, it hurts, so we stay in denial," Semchuk said. "But it is helpful to look out of denial, to see a different point of view; it allows us to be more aware.

Therefore it is important to acknowledge the pain we feel when we see this [exhibit]. We cannot mature as a nation if we do not take responsibility."

Nicholas' visionary work is a forewarning to people to look at the past in order to decide our futures.

Afraid of What I Could Become is on at Urban Shaman until Dec.19. Visit www.urbanshaman.org.







Video stills from Afraid Of What I Could Become.

PHOTOS BY MARK REIMER

"It is hard for people to face the truth of things that happened, it hurts, so we stay in denial." -Sandra Semchuk



## Haul of records

A guide to some of John Paul Peters' greatest hits

#### **CURRAN FARIS**

LISTINGS CO-ORDINATOR

#### Comeback Kid

Turn It Around (Facedown Records, 2003)

The record that started it all for one of the most popular and important bands in hardcore right

#### **Dream Quest**

The Release (Independent, 2004)

Local guitar wizards Dream Quest offer up an epic power metal opus guaranteed to melt fretboards and eardrums alike.

#### The Reception

Does It Keep You Awake? (Independent, 2005)

Now defunct indie rock quartet The Reception was Winnipeg's answer to Further Seems Forever and saw Peters' recording prowess applied to a band that wasn't crushingly heavy.

#### Katelyn Dawn

Open Your Eyes (Independent, 2006)

Released when she was just 16, Open Your Eyes would mark the beginning of a promising career for Katelyn Dawn, who also appeared on Canadian Idol.

#### **Every New Day**

Even in the Darkest Places (Hand of Hope Records, 2006) Every New Day combined brutal metal riffs and thunderous drumming with nods to punk rock and melodic hardcore.

### Means

Sending You Strength (Facedown Records, 2007)

Regina outfit Means play an anthemic and melodic strain of emo-inspired metalcore and are currently on their final Canadian tour.

## Tele

(Independent, 2007)

Tele is among the top of Winnipeg's indie rock band scene and is likely to make it big at any moment.

### A Textbook Tragedy

Intimidator (Distort, 2007)

Hailing from Vancouver, A Textbook Tragedy mix hardcore breakdowns, throat-shredding vocals and instrumental prowess, yielding vicious results.

### The Waking Eyes

Holding On To Whatever It Is (Warner/Coalition, 2008)

This Winnipeg band's latest is a record of incredible depth, diversity and originality. Peters' mixing is perfectly suiting.

### Coda

Mae Dae

(Independent, 2008)

Winnipeg's Coda take on hardcore, emo and hard rock while adding their own unique twists on each genre: the inclusion of piano. Read more about Coda on page 14.

## The man behind the music



A proficient guitarist and violin player who used to play in Officer Down and The Undecided, John Paul Peters has made his living as an audio engineer for the past six years.

## Winnipeg's John Paul Peters talks about how he got into audio engineering and what his philosophy as a producer is

**CURRAN FARIS** 

LISTINGS CO-ORDINATOR

That do hardcore heavyweights Comeback Kid, pop-magicians The Waking Eyes and Canadian Idol contestant Katelyn Dawn have in common? All three acts have had their albums recorded by renowned audio engineer John

Originally from Steinbach, Peters played guitar in The Undecided as well as seminal hardcore band Officer Down. Peters said he got his first taste of engineering by recording rough demos in his basement.

"I just like being in the studio. I loved recording, playing the instruments and being under the gun, I love that part of it," the 31-year-old said from the control room of his new studio, Private Ear.

When it comes to engineering, Peters is essentially self-taught. Instead of going to an engineering school like Mid-Ocean in Winnipeg, he learned through heavy reading, trial and error and working as a studio apprentice.

"That's the fastest way to learn. Not that school isn't a very valid way to learn, but I've always [believed that] you decide what you need to learn and then you make a way to learn it."

Peters certainly has been moving

MOSMA Mid-Ocean School of Media Arts



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quickly. He began his career working as a freelance engineer out of various studios in Manitoba. In 2003, Peters worked on his first internationally successful record, Comeback Kid's Turn It Around.

When compared with cities like Toronto or Vancouver, Winnipeg appears at first to be a small market for an audio engineer. However, Peters said Winnipeg is "a busy music place," and he has no intentions to leave Winnipeg. He added that he has been able to work as an engineer full-time, supporting his wife and two children, for the last six years.

After the Comeback Kid record in 2003, Peters worked independently out of his basement. With bands like Figure Four, The Ripperz and Evil Survives knocking on his door, he made the decision to jump to a bigger workspace.

Peters is now part-owner of the newly relocated and renovated Private Ear Recording Studio. Located in an old chemical warehouse in the Exchange District, Private Ear is unassuming from the outside. Inside, the studio is like a hidden oasis. The heavy steel doors and concrete floors give way to newly built walls, decorative throw rugs, hardwood floors, comfortable lighting and a control room that makes any band swoon.

With a brand new studio, Peters seems to have the perfect environment to complement his approach when it comes to recording.

"My philosophy is to help the artist realize their goal, not my goal for the project," said Peters.

He added that his role often varies in the studio - in some cases he is very involved with writing, arranging and playing instruments, while in other situations he remains behind the control board.

"I actually like being more creatively involved than being less creatively involved... I prefer to have [more] responsibility," said

In either case, he added, the final decisions are always left to the artist.

Neil Cameron, co-owner of Private Ear and an accomplished recording engineer himself, said that Peters' versatility and ability to fill numerous roles in the studio is what makes him such a unique engineer.

"He's really, really good at a lot of different areas; he's an excellent musician, he's got great ideas, he works with people really well and he's an absolute wizard on Pro Tools," Cameron said. "He impresses me every

For Peters, it's all in a day's work.

"I try to bring everything I am capable of to every project, and to take everybody a step above of where they thought they'd be, and if I can do that than my job is worthwhile," he said.



Fax: 783-7080

## Serious, but not too serious

**Trevor Friesen and** Chad Kroeker are a dynamic duo who just want you to dance

KAIT EVINGER

VOLUNTEER

**¬**rom Sonny and Cher to Meg and **◄** Jack White, music history has always held a special place for duos. Adding their names to the roster are Trevor Friesen and Chad Kroeker, who together form Codename: The Sharks!

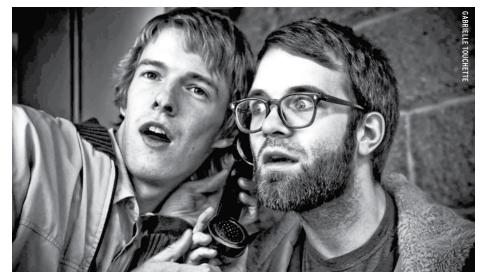
"I find that we can be more creative. I think it's interesting for the crowd to watch as well - they're not really sure what we're gonna do next," Kroeker, who plays the drums and keyboards, said by phone from his downtown abode when asked about the two-person dynamic.

Friesen felt the pairing was natural since he and Kroeker have been playing together since their high school days in Steinbach and lived together until recently.

"I think our first show was probably a talent show or something," said Friesen, who studies English at the University of Winnipeg when he's not playing bass and keys for The Sharks.

Previously, the two played together in a three-piece act called Sorry About the Catfight, but moving to Winnipeg forced that band to call it quits and led to the duo's current project.

Codename: The Sharks! label themselves as "dance 'n' roll," and pack an eclectic sound.



Trevor Friesen and Chad Kroeker of Codename: The Sharks! They're just calling to say 'I love you.'

Although they don't have a guitar player, it's not to the detriment of their sound nor their ability to rock out. The music is loud and brawny, full of steady beats and fuzzy bass

This is a bit misleading though, since underneath all that thrash is a pop sensibility that would make Timbaland take notice. They seem to be channeling another twobit act, the now defunct Death From Above 1979. Both Friesen and Kroeker mention defunct Seattle art punks The Blood Brothers as an influence, but in a salute to their music's diversity, Kroeker also mentions "poppy Madonna songs."

"If we can get people dancing, then that's what we want," Friesen said.

By his estimate, it has been a year-and-ahalf since the duo became serious about the band, when a friend recommended that they take what was originally an enjoyable experimentation and play a show he was planning.

Recently they have been playing shows more frequently and are planning to release an EP for spring.

They're taking themselves more seriously than they did when they started jamming as a two-piece. Not too seriously, though.

"It's purely messing around – at the heart of it is just having fun and experimenting with different sounds," Friesen said.

In case you need to see a two-person, disco/thrash/pop act with a guitar absence live to know what it's all about, don't worry. You can check them out tonight (Nov. 20) with Regina band Library Voices (see article below) at The Lo Pub. It should be interesting to see the juxtaposition of the two bands' very different sizes.

"It should be a really fun show - one band with, like, 10 members and another with two," Kroeker said. "It's pretty diverse. I think people should come check it out."

Visit www.myspace.com/codenamethesharks.

## Library Voices in a funeral home

Checking egos at the door is key for **Regina pop** collective

IAN MCAMMOND

VOLUNTEER

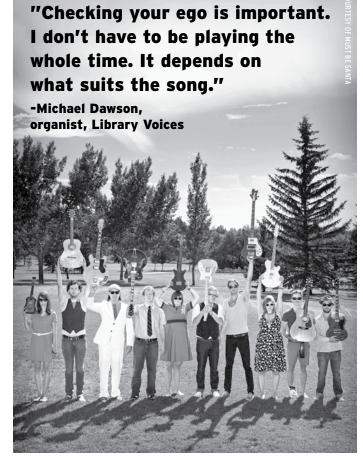
egina-based pop collective Library Voices is about to pack up all 10 members into their van and hit the road for the second time in three months. This time they're headed out West.

group of seasoned musicians quickly threw together a demo and played their first show just two weeks after their first jam.

"Playing shows is the payoff," Michael Dawson, the band's organist, said by phone from the Regina funeral home-turned-studio where the double quintet is recording its debut full-length.

Due in stores early next year, the full-length will be the followup to Hunting Ghosts (& Other Collected Shorts), an EP the group released this past summer after recording it at the same studio they're in now. Apparently an old funeral home can be great place to make a record.

"It was an amazing experience. We actually chose to return there to work on the album we're currently making as well just because it was so positive . . . It's such a warm, welcoming space



Regina-based pop collective Library Voices. In a park. With guitars.

and it's so easy to feel at home and feel creative," the 30-yearold Dawson said.

Drawing on a wealth of musical knowledge, a passion for literature and a penchant for the bizarre, Library Voices creates a mature pop sound, at times verging on symphonic. Songs likes "The Lonely Projectionist" reflect the band's free-spirited, collectivist approach to song writing. Cello, synth, accordion and 'miscellaneous objects' are just some of the sounds you'll find on their EP. Eclectic, funky and fun, the band is sure to get you up and dancing.

"The shows we play often turn into giant dance parties," Dawson said.

The spontaneity and enthusiasm of the band comes through in the music they write. Dawson said all of the band's songs are written communally. One member will have an idea and everyone else joins in. By the time they're done playing around with the riff or the lyrics, they often have a fully-formed song.

Dawson added that in a group as big as Library Voices, knowing when not to play is as important as knowing when to play. He believes that a competitive approach to playing music would be detrimental to the band.

"Checking your ego is important. I don't have to be playing the whole time. It depends on what suits the song.'

Besides playing with Library Voices, Dawson works for a not-for-profit arts organization that runs Regina's famed venue, The Exchange, comparable to Winnipeg's West End Cultural Centre. He also runs the independent label Young Soul Records, which Library Voices

For a man whose biggest payoff is playing shows, he must be glad to be finishing recording and getting back on the road. The band's been working hard on the full-length.

"We wanted to record a proper record. We've been coming in day and night for the last few weeks."

See Library Voices with Codename: The Sharks!) see above) and Haunter tonight (Thursday, Nov. 20) at The Lo Pub. Visit www.myspace.com/ thelibraryvoices.

Compiled by Jonathan Dyck and Matt Prepost

#### **OTTAWA ARTS AND CULTURE BRACE FOR FUNDING CUTS**

According to CBC reports, the City of Ottawa is expected to cut \$4.1 million in arts and culture funding. The recommendations came as the city's 2009 draft budget was released and the cuts are expected to help balance the

Affected by the cuts will be 286 groups and individuals. Among these are the Ottawa Bluesfest and The Ottawa Book Awards, each of which will lose 100 per cent of their funding. Several choir, theatre and dance groups are also expected to lose their annual funding grants.

Public consultations on the budget will be held Nov. 27, and city council will hear from public delegations in the first days of December. The final budget will be approved by Dec. 5.

#### YOUTUBE TRIES TO REMAIN RELEVANT

What do you get when YouTube signs a deal with Hollywood's MGM Studios and Australia's Fremantle Media?

Free streaming movies and TV shows! Well sort of. The Google-owned YouTube signed an agreement with the production studios in a move to catch up to its competitor, Hulu, a joint venture between News Corp. and NBC, who has already been showing full-length movies and TV shows for some time.

MGM will allow some of its movies to be streamed in their entirety on the web. The bad news is that some of their most popular franchises like the James Bond movies will not be screened online. The good news is that you can watch Chow Yun-Fat kick ass in Bulletproof Monk as many times as you want!

Fremantle Media, best known for producing American Idol, will create new content exclusively for YouTube and the web.

### **DYLAN MAKES AN UNEXPECTED VISIT**

Winnipeg media was abuzz last week over stories of Bob Dylan's unannounced and nonchalant visit to Neil Young's former Winnipeg home on Grosvenor

John Kiernan, who resides in Young's former residence, came home Nov. 2 to find Dylan standing outside of his home, admiring the history of the house from

Although Dylan never acknowledged himself as being Bob Dylan, Kiernan invited him in for a 25-minute tour of the house. Dylan was in town to play the MTS Centre that night.

#### **BILLY CORGAN'S SMASHING PUMPKINS: THE SAGA CONTINUES**

The Smashing Pumpkins 20th Anniversary Tour isn't going all that well. Stereogum.com reported last week that at the second of two concerts in New York City, frontman Billy Corgan invited a fan onstage to share what he thought of the previous night's show. "Last night's show f\*cking sucked," the fan yelled before rushing off-stage.

Corgan, displaying surprising maturity, countered, "We're all good. By the way, I like that song you wrote - 'Take Your Dick Out of My Ass and Stick it in Your Mouth.' It was a big hit in Europe." (See it for yourself at www.tinyurl.com/ pumpkins-suck.)

Geez, back when he was actually relevant, Billy dealt with adversity by locking himself up and writing an epic tear-jerker. These days, he's reverting to the kind of shenanigans one might find in a homophobic high school locker room. Please Billy - we know you're better than this!

## **CD REVIEWS**

SCOTT HINKSON The Torrent Sessions

#### Independent

For an artist described as "singer/songwriter," I surprised to see the cover art displaying a dreary cityscape. Despite mixed feelings initially, this latest offering from Winipegger Scott Hinkson turned out to be a solid rock album in its own right. After listening to the album through a couple times I could not get the lyrics "I was born a long time ago, I will not die" (from "Hunt of the Century") out of my head for days. This album has every-



thing you could want from an indie-rocker: it's well-produced, the melodies are catchy and the songs come from a place of inner darkness. Hinkson has proved that he can take criticism and has moved his vocals to the front on this album. Stand-out tracks include the aforementioned "Century" and the up-beat "A Miracle Complete." Catch Hinkson live at Silverado's Nov. 26.

A NEW HONOUR The Untitled Truce

#### Independent

A New Honour may rock and sound pretty hard, but the lyrics on The Untitled Truce are passionate, relevant and can help you find a "truce" with yourself. Accompanied by crushing chords, "Artificial" will make you think twice about our society and how our emotions and identities have become somewhat manufactured. Then there is the softer "Magdeline," which



makes you want to be saved and to save someone in return. A New Honour's record is a slice of the alterna-rock that we're in dire need of. While some might compare them to Nickelback and bands of that ilk, A New Honour is more like The Strokes artificially inseminated by Oasis - chill at points and upbeat at others, but most importantly, always real. This debut album does ANH justice and fans will be soon begging for a follow-up.

-Marina Koslock

#### **DEERHUNTER** Microcastle





Spacey atmospherics and swirling guitars offer Bradford Cox the ideal backdrop for his sensual vocals on the psych throwback "Saved By Old Times." Seamlessly paced, Microcastle is driven by a nostalgic love affair with feedback and melody. Beginning with the soothing "Cover Me (Slowly)," Deerhunter's lazy euphoria finally stumbles into the broken chords of "Activa." But just when Cox appears to lose his steam, Deerhunter launch into "Nothing Ever Happened," an impossible epic that explodes into an all-out prog-jam. Once Microcastle draws you inside, there's no getting out.

-Jonathan Dyck

## AMON AMARTH

Twilight of the Thunder God

Sweden's Amon Amarth are one of the bigger Scandinavian metal acts around these days and I can see the appeal. The band clearly knows their metal: over-the-top album art (featuring Thor slaying a sea serpent), lyrics about battle axes and Norse gods, and music that is both heavy and melodic. But I've heard it all before. The "Gothenberg sound," or melodic death



metal, has been done nearly to death. That isn't to suggest that Amon Amarth is - they're not. Twilight of the Thunder God is chock-full of crushing riffs and soaring guitar melodies which to younger metalheads. I'm sure, sound fresh and new, I would encourage those younger metalheads to check out some older Swedish death metal though, like At The Gates, Entombed and old In Flames.

-Curran Faris

### Perfect Stranger

### K.Pone.Inc./Warner

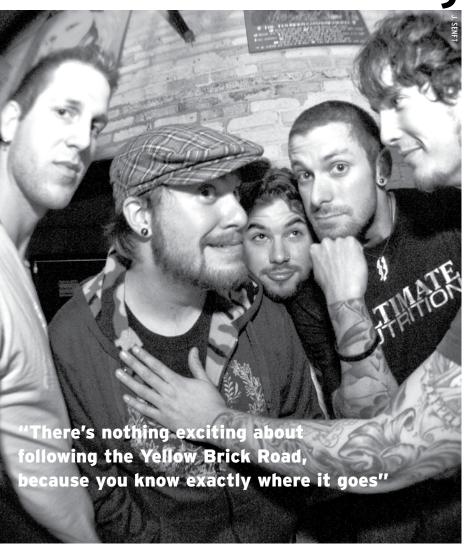
Originally from Lebanon, K.Maro's had success with three predominantly French albums in his adopted home of Quebec. Perfect Stranger is his first English release, and it fits right in with other western rappers like P. Diddy (or whatever he's calling himself these days). To say K.Maro's self-aggrandizing is letting him off easy. His lyrics pump up his image, a tactic right out of the MTV playbook. On track 13, "Keep My Grind,"



he raps, "Yes I'm-a make my money, yes I'm-a keep my grind." It sounds like he's saying "keep my pride," but no luck there. Maybe he owns a Starbucks franchise. After all, the album cover features him sitting, CEO-like, at a desk prominently displaying his bling and holding a cigar. Some of his beats are club-worthy, but ultimately don't impress. Perhaps he'd be better off staying behind the desk.

-Andrew McMonagle

## Music and marketing



Coda is (left to right) Kevin Gooch, Tim Stade, Scott Barchuk, Casey Gooch and Mike Smoljanovic.

## Combining a variety of influences to create their unique sound, Winnipeg's Coda isn't everyone's cup of tea

**AARON EPP** 

**ARTS & CULTURE EDITOR** 

7ith lyrics like "I'll shoot you in your fucking face," it's no wonder local rock quintet Coda has been told its music isn't marketable.

Although it may have had more to do with their music - a progressive, almost unclassifiable mix of hardcore and alternative rock - rather than their lyrics, the government turned the group down when it applied for a grant to record its debut fulllength CD, Mae Dae.

"That's what I wanted as our record cover, just that rejection letter," guitarist Mike 'Small J" Smoljanovic, 21, said over beers at The Toad recently. "We couldn't believe it."

We're five sexy guys who know how to play our instruments," bassist Scott Barchuk, 26, added with a smile. "What more do they

The experience taught the band - which is rounded out by vocalist Tim Stade, keyboard player Casey Gooch and his brother Kevin on drums – a lesson: as clichéd as it might sound, if you want something done right, you've got to do it yourself. So they did, fronting the almost \$25,000 it cost to record, mix, master and manufacture the IIsong disc themselves.

It was worth it. Recorded at Private Ear Recording with respected producer/engineer John Paul Peters, Mae Dae is one of the best CDs to be released by a local band this year - that rare recording that's actually enjoyable to listen to front-to-back.

From songs like "Burn with the Masses," an epic hardcore powerhouse, to "Fondo Del Mar," a beautiful, two-minute, pianoand-acoustic-guitar-driven ballad, the band shows its range throughout the 55-minute

Just as intense as the music are the lyrics. While songs like "Facedown" (with its refrain of, "I hope they find you face down in the alley/Pierced through the heart/And bled out like you left me") seem to resort to ham-fisted emotion, others like "Burn with the Masses," "Gagaku" and "Mae Dae" are more nuanced and reveal a depth many bands never achieve.

"'Facedown' is part of me realizing who I really am," Stade said. Indeed, a lot of the lyrics are about the 25-year-old husband and father coming to terms with who he is and what he believes. The son of missionaries, Stade spent his formative years in Santa Cruz, Bolivia – a place he wants to return to in "Burn with the Masses."

"I find the answers are not there/I hope we'll find them in/South American winds,"

"That song is the last 15 years of my life jammed together. It's almost a homesick song, a longing," Stade said. "There was a reality that I knew growing up that I realized wasn't my reality. So that song is about figuring that out after [I'd] made some big decisions based on that old way of thinking."

Stade declined to get more specific, but considering the lines, "Religion is just a way to control you/I want to burn down all your churches/To see if God will finally choke on our ashes," it's safe to say he no longer shares his parents' worldview.

One problem he has with many Christians is their focus on the afterlife.

"It's not important to me what happens when I die. I care about where I am now," Stade said. "There's nothing exciting about following the Yellow Brick Road, because you know exactly where it goes. I could give two shits about Emerald City. I want to know what's happening along the way."

Some people might define him as "lost," but Stade doesn't think so.

"I'm more found than I ever have been,"

And he couldn't care less whether that's marketable or not.

Coda releases Mae Dae at The Zoo on Friday, Nov. 21. Read more about Coda's audio engineer, John Paul Peters, on page 12. Visit www. myspace.com/codatheband.

## Disturbingly dramatic

MTC Warehouse production centres around a brother and sister trying to fulfill their mother's last wishes in her war-torn country

JOHN CUNNINGHAM VOLUNTEER STAFF

**Scorched**Directed by Richard Rose
Plays at the MTC Warehouse until Nov. 29

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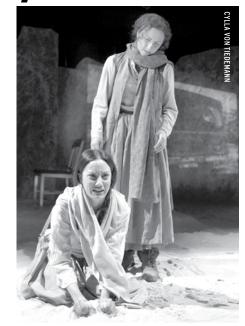
Immediately upon entering the MTC Warehouse, you are confronted with a steady stream of sand falling from the ceiling onto the stage. This is not all you will be confronted with during the performance of *Scorched*, of one of the most disturbingly dramatic plays ever to grace the stages of Winnipeg.

Lebanese-born playwright Wajdi Mouawad fled his country, torn by the lengthy civil war which still has occasion to erupt at times, with his family settling first in Paris, then in Montreal.

His background pervades this play.

Scorched opens with all of the characters – some wearing burkas, some suits, some street clothes – entering the stage one at a time and standing there staring silently at the audience. Once the audience has been sufficiently unsettled, the stage is plunged into darkness.

Ovation, the publication of the Manitoba



A scene from Scorched.

Theatre Centre, provides a synopsis of *Scorched*: "The story centres on twins – Simon and Janine – who are summoned to the office of a notary to hear the last will and testament of their mother, Nawal. Each is handed a sealed letter written by their mother."

The synopsis goes on — but it won't here. It will be left to the reader to discover the nature of the instructions left by the mother, as enunciated through the notary, and the sequence of events that leads from the children's estrangement ("You can't love a brick," as Simon, played by Sirgio Di Zio, says) from a mother who hasn't spoken a word for five years to the shattering of that silence as a result of the horror that awaits Simon and Janine at the end.

Three different actresses – Janick Hébert, Sarah Orenstein and Nicola Lipman – are called upon to portray the different ages of the mother, Nawal, required to unfold the historical action of the play. Each is All have done
a whirlwind
performance. At the
end, the packed house
erupted in a standing
ovation with the trace
of a tear seen in many
an eye. This is a mustsee - one of the most
masterful plays you
will see in Winnipeg
in a long time.

incredible

Janine, played by Sophie Goulet, is silent for the most part, but when she speaks, people listen, for the silence becomes a strength and determination out of which the pain of her mother and her country emerges.

If not for the frequent presence of the notary, Alphonse (played by Paul Rainville), who provides comic relief, this play would be far too stark to be enjoyable. Fortunately, he is present and does a masterful job of relieving the tension through his well-timed insertions.

All have done a whirlwind performance. At the end, the packed house erupted in a standing ovation with the trace of a tear seen in many an eye.

This is a must-see – one of the most masterful plays you will see in Winnipeg in a long time. You must attend, if not for that reason, then to discover, as one of the characters says, whether "the world is being devoured by the red wolf."

For ticket and show time information call the MTC box office at 942-6537 or visit www.mtc. mb.ca.

## **BOOK REVIEW**



FEAR NOT Maurice Mierau Turnstone Press, 2008 117 pages \$16.95

CHRIS FRIESEN

VOLUNTEER STAFF

If Jesus Christ were alive today, would his life be a reality TV show? What would it be called? What station would it be on? How would the ratings look? *Fear Not*, a new collection of poetry by local writer Maurice Mierau, explores questions such as these.

The book is inspired by the Gideon Bible's inclusion of an index of everyday problems referenced to specific Bible verses. The poems are fairly short and are aligned on the page with numbered stanzas – mirroring Bible verses – to enhance the book's premise.

Mierau's juxtaposition of biblical language with banal aspects of modern-day life, such as reality TV, Internet pop-ups, shopping malls, suicide and international relations, is a fresh relevant backdrop for a book of poetry in 2008. The strength of this book is the way it brilliantly integrates two incredibly disparate worlds: that of ancient religious texts and the things that are happening in the day-to-day lives of the people in the present day.

The poems you'd expect to see in *Fear Not* from reading a synopsis (or review), are the poems that do the most damage. These poems allow the book's ambience to sharpen Mierau's already razor-like literary claws as he digs into many relevant truths and absurdities of modern life with the sting and tenacity of a first-rate satirist.

Mierau did not conceive this project as necessarily an entire book of poetry. Thus, he may not have considered the postmodern statements that these poems resonate when in this format. Now there is certainly something phony about writing poems to fill a preconceived book; however, there is also something frustrating about a book of excellent poetry, with a brilliant, right-place-atthe-right-time template, that does not reach its pinnacle because many of the poems lack conformity to the book's uniform pursuit.

Satire is a construct that benefits greatly from having a fixed aim, or a concrete item to attack - in this case, the Gideon Bible. The poems in Fear Not that discuss personal issues and family history disjoint the flow of the book's quick-witted satirical drive. Don't get me wrong, the poems that stray from the book's aura of postmodern parody are not necessarily lesser poems, however they are not made more poignant from their placement in this book, the way their more satirical, topical and religious counterparts do. This blurring of the satirical crosshairs holds this book back from its potential as a piece of postmodern literature. However, it is plausible that Mierau is fine with this.

Regardless of these critiques though, *Fear Not* is an enjoyable work of black hilarity that exposes many of the exquisite absurdities and teeth-gnashing truths of modern life

Mierau will read from Fear Not this Saturday, Nov. 22 at 7:30 p.m. at St. Margaret's Anglican Church (160 Ethelbert Street)

## An extremely bland affair

## Wingfield's Inferno fails to set critic's world ablaze

KENTON SMITH Volunteer Staff

## Wingfield's Inferno Directed by Douglas Beattie Plays at Prairie Theatre Exchange until Nov. 30 2 out of 5 stars

If my review of *Wingfield's Inferno* had to be whittled down to a single word, it would be the one I muttered to my partner at intermission: "Meh."

This is the sixth chapter in the ongoing Walt Wingfield saga by Ontario playwright Dan Needles. I haven't seen the other five,

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CA\$H

~ movievillage.ca

but they have, evidently, met with decent critical success and garnered a small but loyal

The opening night crowd seemed to get what it came for, and I'm glad they enjoyed themselves. As a critic, however, I must call things as I seem them, and so I must report that *Wingfield's Inferno* was, for me, a bloodless and uninvolving experience. I am all for nurturing new Canadian plays, but note to Needles: I cringe at the stereotype of the Boring Canuck, and I cringed a lot during your play.

Ontario farmer Walt Wingfield, portrayed once again by the engaging Rod Beattie, finds himself at the head of a local committee to rebuild the fire-devastated Orange Hall (the inferno of the title), and promptly faces both a lack of funds and a lack of cooperation on the part of the community. That's pretty much all there is to the plot. Whether or not they rebuild the thing...well, reader, finish the review and decide if you care enough to find out.

It should be noted, by the way, that Beattie portrays all the characters himself. As a one-man-band, Beattie is a commanding performer, with his quiet yet booming voice and gift at characterization; he's able to switch the various personalities on and off at will. It would be something to watch him attack a script that really gave him something to chew on.

Unfortunately, the problem with Wingfield's Inferno is that it just isn't very interesting. Yes, Needles' fictional community is full of dead-on types: fussy, set-in-theirways old farmers, grudge-nursing old bats and so on. Clearly the audience I saw the play with was struck with the laughter of recognition – it knows or has known exactly the kinds of personalities portrayed on stage.



Rod Beattie stars in *Wingfield's Inferno* at Prairie Theatre Exchange.

But it's ultimately a shallow level of recognition; the laughter comes from what the characters are, not what they do. In other words, there's very little *drama* at work.

Here's the thing. I am not saying that rural Canadiana is inherently boring. A real artist – or an adept dramatist – can squeeze the real juice from any subject. The incomparable Nobel Prize-winning playwright Harold Pinter was a master of distilling the comedy (although more often the tragedy) from the mundane. There is undoubtedly a mine of rich comic material to be found in Needles' subject matter, but he just doesn't find it.

Theatre Projects Manitoba's production of *Stretching Hide* last fall was also very regionally specific in terms of its subject matter, but it wasn't merely a "Canadian" play – it put its finger on deeper, more elementally human themes. *Wingfield's Inferno*, by contrast, is an extremely bland affair that fails to transcend its provincialism. Eh?

For ticket and show time information call the PTE box office at 942-5483 or visit www.pte. mb.ca.

## **CONCERTS**

VIRTUOSI CONCERT SERIES Passion, Colour & Drama with pianist Alma Petchersky, Nov. 22 in Eckhardt-Grammate Hall in the University of Winnipeg. Tickets are \$29 for adults, \$27 for seniors and \$10 for students. The concert begins at 8 p.m.

MR SOMETHING SOMETHING Nov 25 at Lo Pub Tickets are available at the door and the show starts at 10 p.m.

DANIEL LAVOIE with Nadia Gaudet, Nov. 20 and 21 at Salle Pauline-Boutal Hall in the Franco Manitoban Cultural Centre (CCFM). Tickets are \$30 and are available from the CCFM front desk, 233-8972. The shows both start at 8 p.m.

HERBALISER Nov. 20 at Academy Food Drinks Music. Tickets are available at the door.

QUEST FOR FIRE with Hot Live Guys and War Elephant, Nov. 20 at The Royal Albert. Tickets are available at the door and doors open at 9 p.m.

## >MUSIC

#### **POP, ROCK & INDIE**

1ACADEMY FOOD DRINKS MUSIC 437 Stradbrook. Nov. 20: Herbaliser; Nov. 21: Oh So Popular; Nov. 25: Open Mic with Dan Frechette: Nov. 27: Broken Halo.

THE CAVERN 112 Osborne. Nov. 20: Jam Night with Route 59; Nov. 21: Matterhorn CD Party, Mr. Nemo; Nov. 22: The Freaky Circles; Nov. 23: A1 Records Reggae Showcase with Melloman; Nov.24: The Vinyl Drip with James Brown; Nov.25: New Soul Night! with The Soul Patch Orchestra; Nov.26: It's not Karaoke,

LO PUB 330 Kennedy. Nov. 25: Mr. Something Something

NOIR WINE BAR & EATERY 470 River. Mondays: Jeff Barkman.

SHANNON'S IRISH PUB 175 Carlton. Nov. 22: b.u.m.p., Hospital.

#### **COUNTRY, FOLK & JAZZ**

GORDIE'S COFFEE HOUSE 127 Coburg. Nov 20: Stewart McEwen

McNALLY ROBINSON POLO PARK Nov. 21: Amber Epp, Marco Castillo, 8 p.m.; Nov. 22: A Taste of New Orleans, 8 p.m.

McNALLY ROBINSON GRANT PARK Nov. 21 Deborah Romeyn, Dan Donahue, CD release, 8 p.m.; Nov. 22: Bob Watts, 8 p.m.

THE REGAL BEAGLE 331 Smith. Thursdays: Shandra and Jason; Nov. 26 Marlboro Men.

TIMES CHANGE(d) HIGH & LONESOME CLUB Main & St. Mary. Nov 20: Adrien Sala, Grant Davidson; Nov. 21: Nathan, Mayor Matt Allen and the Little Buddies; Nov. 22: Romi Mayes, Gurf

#### **DANCE & HIP HOP**

HIFI CLUB 108 Osborne. Nov. 20: Day Old Donuts with DJ Hunnicut and DJ Co-op; Nov. 21: Stir Fri Friday with DJ Hectic and Ablaze; Nov. 22: DJ Klever, Drop the Line, The Hosers.

OZZY'S 160 Osborne. Wednesdays: Soho Trash DJs: Punk, Glam, New Wave, Power Pop; Thursdays: Readymix Dance Party: Indie-Dance, Electro, Brit-Pop, New Wave, Mash-Ups, '80s, '90s, and more; Saturdays: Modernized.

### **PUNK & METAL**

THE ROYAL ALBERT 91 Albert. Nov. 20: Quest for Fire, Hot Live Guys, War Elephant.

THE Z00 160 Osborne. Nov. 20: Jarhead, Sonic Death Money, Split Lip Grin; Nov. 21: Coda CD release; Nov. 22: Seventh Sin.

### >THEATRE & DANCE

SAMARCANDE Winnipeg's Contemporary Dancers (WCD) present Samarcande, the new work from award winning choreographer Serge Bennathan from Nov. 20 to 22 at the Rachael Brown Theatre. All performance times are at 8 p.m. and tickets are \$22 for adults, \$18 for seniors and \$15 for students. Tickets are available from Ticketmaster or the WCD.

adapted by Robinson Jeffers from the play Euripides. Medea will play from Nov. 20 until Dec. 13 at the John Hirsch Theatre at the MTC Mainstage. Tickets range from \$21 to \$61 and students with a valid high school ID receive 50 per cent off. Tickets are available from the MTC box office, 942-6537, 1-877-446-4600 and www.mtc.mc.ca

SCORCHED By Wajdi Mouwad opened at the MTC Warehouse Nov. 13 and runs until Nov. 29. Tickets range from \$12 to \$38 and there is a student discount available. For tickets, call the MTC box office at 942-6537 or visit www.mtc.mb.ca.

### GALLERIES

PIANO NOBLE GALLERY 555 Main. Land: Perspectives of a Ground Squirrel, recent paintings by Winnipeg artist Kelly Ruth. The exhibit is open until Dec. 13.

GALLERY 1CO3 University of Winnipeg. Interval, new works by Berlin-based artist Rodney LaTourelle. Interval is open until

WINNIPEG ART GALLERY 300 Memorial. Sheila Spence: Pictures of Me, exhibition of Winnipeg artist Sheila Spence's exploration of portraiture, open until Feb. 15. Spence will be present for an artist talk Feb. 7 at 7 p.m. Also continuing is Saga: The Journey of Arno Rafael Minkkinen, Photographs 1970-2005, open until Feb.13. The artist will be at the WAG Jan. 15 for an artist talk and book signing.

KEN SEGAL GALLERY 4-433 River. Moments of Reverie, new

works by Doug Smith. The exhibit runs until Nov. 22.

VIDEO POOL MEDIA ARTS CENTRE Video Pool presents Christopher Flower's Thinking Inside The Box exhibition at aceartinc, 290 McDermot. There will be an opening reception on Nov. 14 at 7 p.m. and the exhibition is open until Dec. 12.

WAYNE ARTHUR GALLERY 186 Provencher. In Awe if Nature's Legacy, paintings and quilts by Judith Panson. There will be an artist reception Nov. 2 from 1 to 4 p.m. and the exhibit will be open until Nov. 26.

GRAFFITI GALLERY 109 Higgins. Wal-Art, featuring works from a variety of local artists. The exhibit is on display until Dec. 10.

PLATFORM CENTRE FOR PHOTOGRAPHIC + DIGITAL ARTS 121-100 Arthur. Deaths/Memorials/Births, newspaper obituary-based exhibit by Erika DeFreitas. This exhibit is open until Dec. 13.

URBAN SHAMAN GALLERY 203-290 McDermot. Revelations, an exhibition featuring new paintings by Canadian artist Ron Noganosh. The exhibit will be open until Nov 29. Afraid of What I Could Become, multimedia installation by James Nicholas which explores genocide within Aboriginal communities, open until Dec. 19.

### **COMMUNITY EVENTS**

The Fort Garry Women's Resource Centre presents a four-part Workshop Series for Wise Women who are experiencing legal issues and concerns. Workshops will support women with basic legal information and resources. Workshops will be held from 1 to 3 p.m. at the Outreach Centre 104-3100 Pembina, buzz code is 1003. Space is limited. For more information or to pre-register, call 477-1123.

available at the door.

info@childrensenvironment.ca by Nov. 20.

## **>**LITERARY

AQUA BOOKS In Conversation with Ron Robinson featuring former Agua Books writer in residence Anita Daher, Nov. 20

PAT TERNOVETSKY Launch of the children's picture book. Who Wants a Puppy? Nov. 20, 7 p.m. at McNally Robinson Polo

MATT JACKSON Signing of I Learned Kung Fu from a Bear Cub and A Beaver is Eating My Canoe, Nov. 23, 1 p.m. at McNally Robinson Polo Park.

GLENDA WALKER-HOBBS AND HARRY C. HOBBS Reading and signing of two books, Rocks and Rumours, Flin Flon Stories and Poems and One With the Spirit Nov. 24, 7 p.m. at McNally Rohinson Polo Park

CHRIS RUTKOWSKI Launch of A World of UFOs, Nov. 25, 7 p.m. at McNally Robinson Polo Park.

MARION CLEMENS Launch of The Childhood Lost in War, Nov. 26, 7 p.m. McNally Robinson Polo Park.

JAMES CULLETON Launch of Contouring Quebec, a personal discovery of family roots and the author's own French identity through the art style of blind contour drawing, Nov. 20 8 p.m. at McNally Robinson Grant Park.

MARY NEUFELD Launch of A Prairie Pilgrim: Wilhelm H. Falk, the remarkable life of Wilhelm H. Falk, Nov. 24, 7 p.m. at Mc-Nally Robinson Grant Park.

FRED STENSON Presents The Great Karoo, Nov. 25 7 p.m. at

X THE UNITER'S TOP 5 EVENTS 🗞

BY CURRAN FARIS

rare full-band performance from the UK's retro-funk-meets-hip-hop overlords. Tickets are

**QUEST FOR FIRE** with **Hot Live Guys** and **War Elephant**, Thursday, **Nov. 20** at **The** 

Royal Albert. Quest For Fire are guaranteed to have you seeing visions with their heavy

**⑤** SAGA: THE JOURNEY OF ARNO RAFAEL MINKKINEN PHOTOGRAPHS 1970-2005

at the Winnipeg Art Gallery. Helsinki-born Minkkinen's exhibit features his unique take on

MR. SOMETHING SOMETHING Tuesday, Nov. 25 at Lo Pub. Canadian afrobeat

activists roll into town to warm up your November nights. Tickets are available at the

This politically-oriented documentary series continues with Jill Irene Friedberg's

A Little Bit of So Much Truth, which examines the tens of thousands of Mexican

students, farmers and workers who seized control of television, radio and newspaper

● POPCORN WITH YOUR POLITICS Wednesday, Nov. 26, 7 p.m. at The Park Theatre.

psychedelic rock. Tickets are available at the door and doors open at 9 p.m.

the human body and landscapes. Saga is open until Feb. 13.

door and the show starts at 10 p.m.

outlets. Tickets are \$5 at the door.

FILM TRAINING EXPO Film Training Manitoba is holding a

series of workshops focusing on RED camera technology. The

workshops will be held from Nov. 25 to 30 at Trinity Studios,

1111 Chevrier. For more information contact Dawn Bourbonnais

TRLABS TECHNOLOGY SHOWCASE The grad students at TRLabs

Winnipeg are holding a showcase to display their current

research projects Nov. 26, from 9 a.m. to 2:40 p.m. at 135

Innovation Drive (SmarPark on University of Manitoba Fort

Garry Campus) Admission is free but please RSVP to admin@

win.trlabs.ca if you would like to be served lunch. For more

CRAFT SALE The Manitoba Crafts Museum and Library is hold

ing a Christmas ornament sale Nov. 22 from 10 a.m. to 2 p.m.

information visit www.win.trlabs.ca/openhouse/.

Admission is free and refreshments will be served.

at dawn@filmtraining.mb.ca.

-only event by calling 477-1123.

0782 or visit www.cpawsmb.ca.

ment Partnership is holding an open house celebration on

Nov. 27 from 5:30 to 7 p.m. at The Children's Museum. The

event will feature slam poetry, guest speakers, food, face

painting and crafts. Participants must RSVP to 480-1505 or

• HERBALISER Thursday, Nov. 20 at Academy Food Drinks Music. Don't miss this

present a series of writing contests for poetry, short fiction and creative non-fiction. The Bliss Carman Poetry Award will be judged by Marilyn Dumont, short fiction will be judged by Michael Winter and creative non-fiction will be judged by Lawrence Hill. A total of \$6.000 in prizes is available. The deadline for submissions is Nov. 30. For more information contact Prairie Fire Press, 423-100 Arthur Street, Winnipeg, Manitoba R3B 1H3. Phone: (204) 943-9066. E-mail: prfire@mts. net, or visit www.prairiefire.ca for guidelines.

### >FILM

TONY PALMER World-renowned musical documentary filmmaker will be in Winnipeg on Nov. 20 to introduce All You Need Is Love, which will be shown at 7 p.m. at Cinematheque. Tickets are \$12, \$11 for students and seniors or \$10 for members of Cinematheque or WFG.

VERMIS The Winnipeg Aboriginal Film Festival (WAFF) presents Vermis, the latest film from Metis director Amanda Smart and an official selection of the Painting The Town Red comedy series. The film will be shown Nov. 22, 8:30 p.m. at the Winnipeg Art Gallery. Following the screening will be the WAFF Awards and an after party at Lo Pub.

POPCORN WITH YOUR POLITICS The CCPA film series continues with A Little Bit of So Much Truth, a documentary by Jill Irene Friedberg, Nov. 26, 7 p.m. at The Park Theatre. Tickets are \$5 at

CINEMATHEQUE 100 Arthur. Nov. 21: Winnipeg Aboriginal Film Festival (WAFF): Hidden Histories (7 p.m.), WAFF: The Exiles (9 p.m.); Nov. 22: WAFF: Spirit of Stolen Sisters (1 p.m.), WAFF: Cultural Revival (2:30 p.m.), WAFF: Life, Death, and Everything In Between (5 p.m.), WAFF: One of the 1% - The Sandy Ahenakew Story (7 p.m.), James Bond Singalong - Shaken Not Stirred (9 p.m.); Nov. 23: WAFF: Club Native (4 p.m.), WAFF: Before Tomorrow (6 p.m.); Nov. 26: Video Pool Fast Forward screening (4 p.m.), Cuba: The Value of Utopia (6:30 p.m.); Nov. 27: Independent Film week: Bordertown Café (7 p.m.), Experimental Echoes (free admission) (9 p.m.).

## **ON CAMPUS**

CHRISTMAS HAMPER Peer Support is organizing a food hamper for the Christmas Cheer Board. Please drop off your non-perishable food items at the Peer Support office, ORM13.

JACK SUBMISSIONS University of Winnipeg's new Journal of the Arts through Combined Knowledge (JACK) is now accepting submissions. JACK is an online undergraduate research journal for students in the Faculty of Arts at The University of Winnipeg. JACK is looking for submissions of scholarly research essays and critical reviews. Revise and expand upon your course work and previously graded material. Attention and dedication to professors' suggestions and one's own interest can lead to the clarity of expression that JACK requires. JACK's submission deadline is Jan. 16, 2009. E-mail JACK your submissions at jack@uwinnipeg.ca. Visit JACK's website for submission guidelines: http://jack.uwinnipeg.ca.

FAIR TRADE SALE The University of Winnipeg chapter of World University Services of Canada (WUSC) is holding a fair trade sale on Nov. 21. The sale will feature a variety of fair trade items from Ten Thousand Villages.

## >VOLUNTEER OPPORTUNITIES

FORT GARRY WOMEN'S RESOURCE CENTRE The Fort Garry Women's Resource Centre (FGWRC) is looking for volunteers to sit on the Board of Directors and to work as Community Volunteers. For more information, contact info@fgwrc.ca.

REGIONAL HEALTH AUTHORITY The Winnipeg Regional Health Authority requires volunteers to assist recreation department staff with escorting elderly clients to various programs as well as other related duties. For more information contact Susie at 787-7247 or smatenchuk@hsc.mb.ca.

TREASURER NEEDED The Manitoba Crafts Museum and Library needs a Treasurer/Board Member and a bookkeeper. For more information, please call Nadrea at 487-6117 or e-mail mcml@

BOARD OF DIRECTORS The Manitoba Association for Rights and Liberties is looking for volunteer members of their Board of Directors to be responsible for managing the affairs of the organization. For more information, contact Valerie at 947-0213 or marl@mts.net.

#### Flying Burrito Brothers, Nov. 25, 8 p.m. at McNally Robinson Grant Park.

McNally Robinson Grant Park.

THNKING OUT LOUD Discussion series presented by the Institute of Humanities. University of Winnipeg and moderated by CBC Radio's Terry MacLeod, Nov. 26, 7:30 at McNally Robinson

JOHN EINARSON Launch of Hot Burritos: The True Story of the

lan will be discussed. BORDER CROSSINGS Magazine presents The Winnipeg Alphabestiary, edited by Meeka Walsh, Nov. 26, 8 p.m. at McNally

Grant Park. For this event, In Defense of Food by Michael Pol-

WRITING CONTESTS Prairie Fire Press and McNally Robinson



Mr. Something Something are at Lo Pub Tuesday, Nov. 25.

## AWARDS & FINANCIAL AID The Awards and Financial Aid staff of the University of Winnipeg provides our student body with current information on award opportunities. This information is updated weekly.

#### WEC B.ED. PROGRAM BURSARIES FOR ABORIGI-NAL STUDENTS

#### WINIFRED GAMBLE BURSARY

This bursary is awarded to an aboriginal student who has completed 30 credit hours and is registered currently in the second year of the B.Ed. program at the Winnipeg Education Centre. Value: \$600.00

#### GRACE THOMSON MEMORIAL BURSARY

This bursary will be awarded to an aboriginal woman who is registered currently in any year of the B. Ed. Program at the Winnipeg Education Centre. Value:

Applications are available at the Winnipeg Education Centre from Kirk Dowson, or online at the University of Winnipeg Awards website.

Deadline : Dec. 12

#### **INTERNAL AWARDS**

## UNIVERSITY OF WINNIPEG INTERNATIONAL STUDENT BURSARY

International students who are attending the University of Winnipeg and who have financial need may apply for bursary assistance. The value of the award is for up to \$2,500 per term up to a maximum of \$5,000 over the May to March academic year. New international students will be given first priority for this bursary.

To be eligible, a student must: be an international student attending the University of Winnipeg on a Student Authorization; have documented financial need; be registered on a full-time basis: minimum 60 per cent course load and/or 18 credit hours for the Fall/Winter academic year or nine credit hours for a single term; be pursuing a University of Winnipeg degree program; show satisfactory academic progress: successfully complete at least a 60 per cent course load; maintain satisfactory academic standing: maintain Regular Status or a "C" average (2.00 Grade Point Average).

Interested students should complete the Application and the Financial Need Assessment Form, available on the Awards & Financial Aid website, and at the Awards & Financial Aid Office or the International Office.

Deadline: Dec. 23, 2008

## GRADUATE AND PROFESSIONAL STUDIES APPLICATION EXPENSES BURSARY

The purpose of this bursary fund is to provide some assistance to students with respect to the high costs associated with applying to Graduate and Professional Schools. Expenses for a maximum of three programs will be considered per year.

To be eligible applicants must satisfy the following criteria: have a minimum award point average of 3.55 in the previous academic year; be registered in the final year of an honours or four-year degree program in arts or science, or in the final year of the Integrated B.Ed. program; have documented financial need.

Students may apply any time during the Fall/Winter academic year, provided that funding is available for this bursary. Applications will be evaluated on a first-come, first serve basis. Both full time and part time students may apply.

Applications can be downloaded from the Awards & Financial Aid Website or are available at the Awards Office in Graham Hall and will be accepted beginning

## AWARDS OFFERED BY EXTERNAL AGENCIES AND ORGANIZATIONS

AUCC AWARDS

Across

5- Numero \_

into these

12- Lab fluids

13- On one's toes

15- Diamond cover

1- Impersonator

8- Plays are divided up

The Association of Universities and Colleges of Canada provides 150 scholarship programs on behalf of the

19- Unbridled

fish or surf!

23- Evergreen tree

26- Former name of Sri

29- Show indistinctly

24- Subterfuge

Lanka

22- Can be used to catch

federal government, domestic and foreign agencies, and private sector companies. Check out website http:// www.aucc.ca/ Look under the heading Scholarships and Internships for Canadian Students.

#### THE INTERNATIONAL SCHOLARSHIP PROGRAM 2008 COMPETITION

Commonwealth Scholarship Plan: awards available to Canadians for graduate study in Commonwealth Countries.

Established in 1960, the Commonwealth Scholarship Plan, was designed by Commonwealth governments to enable students of high intellectual promise to pursue studies in Commonwealth countries other than their own, so that on their return they could make a distinctive contribution in their own countries while fostering mutual understanding within the Commonwealth.

The Commonwealth countries listed below offer scholarships to Canadian citizens and in certain cases to permanent residents of Canada for graduate studies (Masters or Ph.D.) or, in some countries, for research toward a Canadian graduate degree.

New Zealand - http://www.scholarships.gc.ca/csp/ CWCadNZL-en.html Deadline: Dec. 15, 2008

United Kingdom - http://www.scholarships.gc.ca/csp/ UKUpdateMessage.pdf Deadline: Dec. 1, 2008

More information and applications are at http://www.scholarships.gc.ca/csp/CWCAD1-en.html

## UKRAINIAN RESOURCES AND DEVELOPMENT CENTRE SCHOLARSHIPS

Applications are now being accepted for the following awards offered by the Ukrainian Resource and Development Centre (URDC). The awards include: The International Initiatives in Deaf Studies Award (\$500) is available to enable a post-secondary student (full or part-time) to pursue his/her interest in deaf studies and/or hearing impairment as it relates to an international context; the Roger Charest Sr. Award for Broadcast & Media Arts (\$500) to create a special program or series which may later be suitable for broadcast and may further the cause of multiculturalism in Canada; the Roman Soltykewych Music Scholarship (\$500) is available to applicants (individual or group) determined to pursue further studies in the field of Ukrainian choral or vocal music; the Anna Pidruchney Award for New Writers (\$1000) is available annually to a novice writer for a work on a Ukrainian Canadian theme. Submissions for this year's award must be in English and the William and Mary Kostash Award for Film and Video Arts (\$1,000) is offered to a novice writer for a work nromoting Ukrainian Canadian identity through the medium of film, video or multimedia.

For more information and applications, please see the URDC website: http://www.macewan.ca/web/artssci/ urdc/resources/detailspage.cfm?id=1879, Phone (780) 497-4374 or email haydukl@macewan.ca

Deadline: Nov. 30, 2008

## SOROPTIMISTS: WOMEN'S OPPORTUNITY AWARDS

The Women's Opportunity Awards program is Soroptimist's major project. Through the program, clubs in 19 countries and territories assist women who provide the primary source of financial support for their families by giving them the resources they need to improve their education, skills, and employment prospects. Each year, more the St million is disbursed through cash awards at various levels of the organization.

To be eligible you must: be a female head of household (single or married with the primary responsibility of supporting yourself and your dependents); be attending an undergraduate degree program or a vocational/skills training program; have financial need.

As many of the recipients of this award have overcome enormous obstacles including poverty, domestic violence, and drug and alcohol abuse, recipients may

footballer

38- Belch

36- Cereal grain

40- Go (over) carefully

45- Put the kibosh on

41- Rub vigorously

43- Fearsome

46- Cylindrical

use the award to offset any costs associated with their efforts to attain higher education, such as books, childcare and transportation.

For more information and application: http://www.soroptimist.org/awards/awards.htm

Applications should be sent to: Heather Menzies,1204-One Evergreen, Winnipeg, MB, R3L 0E9 phone: 475-2526.

Deadline: Dec. 15, 2008

## TRUDEAU FOUNDATION DOCTORAL SCHOLARSHIPS

Up to 15 Trudeau Scholarships are awarded each year to support doctoral candidates pursuing research of compelling present-day concern, touching upon one or more of the four themes of the Foundation. Each scholarship is valued at \$40,000 per year for three years, plus an additional \$20,000 annually to support research-related travel.

Trudeau Scholars are selected through a process that involves nomination by a university, an application supported by references and transcripts, internal and external review and selection panels, an interview and the formal approval of the Board of Directors.

Students can find more information about this award at www.trudeaufoundation.ca.

Deadline: January 9, 2009

## THE SOROPTIMIST FOUNDATION OF CANADA: CANADIAN GRADUATE WOMEN STUDENTS

The Soroptimist Foundation of Canada annually offers several \$7,500 grants to female graduate students in Canada to assist them with completing university studies that will in turn qualify them for careers that will improve the quality of women's lives. Examples of the Soroptimits' work include: providing services, legal counselling and assistance; counselling mature women entering or re-entering the labour market; counselling women in crisis; counselling and training women for non-traditional employment, and for positions in women's centres.

Applications are available online at http://www.soroptimistfoundation.ca/application.html

Deadline: Jan. 31, 2009

## MUCHMUSIC ABORIGINAL YOUTH SCHOLARSHIP

As part of their commitment to encourage more Aboriginal people to choose careers in the Canadian broadcast industry, Muchmusic is proud to offer the Aboriginal Youth Scholarship, Muchmusic is partnered with AYN (Aboriginal Youth Network) to create the scholarship that annually awards \$5,000 to the student who best demonstrates skill, talent, excellence and enthusiasm in pursuing a future in broadcasting. The award will go toward tuition, payable directly to post-secondary educational institution of the student's choice.

To qualify, applicants need to be: Aboriginal and under 29 years of age, and be going into full-time studies in a broadcasting-related field. To apply, submit the following documents: a completed application form and a three-page essay demonstrating why you should win the scholarshin

Participants can also send a sample of your (radio, TV film, etc.) work, no longer than five minutes in length. For more information and application, please refer to

For more information and application, please refer to the Muchmusic website at http://www.muchmusic.com/mays/ or email scholarship@muchmusic.com

Deadline: Nov. 30, 2008

52- Concorde, e.g.

canvas

61- Duo

63- Rose

66- Saline

54- Embroidery upon

64- Nicholas II, for one

65- Butter alternative

### EXPORT DEVELOPMENT CANADA

Export Development Canada (EDC) is a Crown corporation with a mandate to develop Canada's capacity to engage in international trade. We've been helping Canadian exporters and investors succeed in global markets for more than 60 years by providing

70- Aborigine of Borneo

1- Italian wine city

2- Hammer head

3- Part of Q.E.D.

4- Make less dense

5- Peter Fonda title role

Down

6- Close

7- Killer whale

8- From \_\_ Z

10- Corner

9- Tubular pasta

11- Petty quarrel

13- Find acceptable

14- Aquarium fish

trade finance and risk management services, as well as sharing our foreign market expertise.

Through our Education and Youth Employment Strategy EDC helps build the capacity of the next generation of business leaders by awarding scholarships to students with a demonstrated interest in international business.

EDC is offering a \$3,000 scholarship awarded in the spring 2009 and, pending eligibility, a potential opportunity to apply for a four-month work term with mentoring from leading industry experts at EDC, worth approximately \$10,000. Work terms will be available for summer 2009.

To be eligible, you must be: A Canadian Citizen or Permanent Resident of Canada; currently enrolled in full-time studies at a Canadian university, in second, third or fourth year of an undergraduate program; enrolled in Studies in international business, economics, or combined business with sustainable management or environmental studies; returning to full-time undergraduate studies in the 2009-2010 academic year and have an excellent academic record.

Applications are at http://www.edc.ca/english/ student\_scholarships.htm?cid=red1524 and must be submitted online and received by Jan. 26, 2009 (23:59:59 EST).

Provide supplementary documents by mail. All documents must be received by Jan. 26, 2009 (23:59:59 EST). Faxes and e-mails are not accepted.

All documents must be sent to: Maurice Lelièvre, Canadian Bureau for International Education, 220 Laurier West. Suite 1550. Ottawa. Ontario. KIP 529.

## DATATEL SCHOLARS FOUNDATION

For outstanding students currently attending an eligible Datatel client institution. The Datatel Scholars Foundation Scholarship is open to full-time and part-time students (taking at least six credit hours), as well as undergraduate and graduate students in any major. Scholarship award amounts range from \$1000 to \$2,400.

For more information and application please visit the Datatel website at https://www.datatelscholars.org.

Applications must be submitted online and are

## available from Sept. 1, 2008 to Jan. 30, 2009, 5 p.m. EST.

## TOYOTA EARTH DAY SCHOLARSHIP PROGRAM

Toyota Canada Inc. and Earth Day Canada established the Toyota Earth Day Scholarship Program to help cultivate and nurture environmental leadership in young Canadians. The Toyota Earth Day Scholarship Program encourages and rewards graduating Canadian high school students who have distinguished themselves through environmental community service, extracurricular and volunteer activities, and academic excellence.

The Toyota Earth Day Scholarship Program grants three awards of \$5,000 each annually to students from Western Canada, Northwest Territories, and Nunavut, to be applied directly towards tuition, books, room and board (where applicable) or other educational expenses for the first year of post-secondary full-time studies in Canada.

To be eligible you must: Be currently in your graduating year or graduated in the last two years from a Canadian high school or Ouébec Cégep; be entering, for the 2008-2009 academic year, your first year of full-time studies at an accredited Canadian college or university; be a Canadian citizen or Permanent Resident (landed immigrant); have demonstrated outstanding environmental commitment, community service and leadership during the course of their studies; aintain a high level of academic achievement; not be an employee of Toyota Canada Inc. and its Dealers, Earth Day Canada

20- Actor O'Shea

25- Jump lightly

27- Supplications

29- Coffee choice

30- So spooky as to be frightening

31- Aurora's counterpart

33- Director Jean-\_\_

37- Board on water

28- Suckle

26- Do something together

Portugal

21- Monetary unit of

or Panasonic Canada Inc; fulfill the requirements of the application package.

Visit this website for more information and application: http://www.earthday.ca/scholarship/about.php

Deadline: January 31, 2009

#### **WORK STUDY PROGRAM**

The University of Winnipeg Work Study Program is designed to provide supplementary financial assistance through part-time campus employment to students who are recipients of aid through the Manitoba Student Financial Assistance Program (Canada Student Loan and Manitoba Student Loan) or through another province's student aid program. This employment income can be used to supplement your student loan and to reduce vour debt load, as follows: vou may obtain \$50.00 per week (\$50.00 X 33 weeks = \$1650.00) in part-time earnings, without your Canada Student Loan assistance being affected. Eighty percent of any income you obtain above \$1650.00 will be deducted from your loan assistance in order to reduce your debt. (If you have borrowed from a student line-of-credit program directly through a bank, you also may apply for the Work Study

To be eligible for the Work Study Program, you must: be registered in a degree program at the University of Winnipeg in the 2008/2009 academic year on a full-time basis as defined by the Manitoba Student Assistance Program (18 credit hour minimum); have completed successfully 30 credit hours; be on Regular Status at the University of Winnipeg; receive a government student loan of at least \$1000 for 2008/2009 as a result of the financial need assessment done by the Manitoba Student Financial Assistance Program or another province's student aid office or obtain a student line-of-credit or student bank loan for 2008/2009 of at least \$1000

Information and applications are online at http://www. uwinnipeg.ca/index/services-awards or pick up an application at the Awards & Financial Aid Office located in Graham Hall.

Deadline for application: Oct. 20, 2008

## MANITOBA STUDENT AID PROGRAM

## MANITOBA STUDENT AID INFORMATION Application: A Notice of Assistance will be sent to

you approximately two weeks after you file an on-line application. It will indicate your assessment of financial need and the amount of assistance you are eligible to receive. There may be a may be a request for (an) authorized signature(s) from you and, possibly, your parents and/or spouse, as well as additional documentation, attached to the Notice of Assistance. This documentation must be submitted to MSAP before your loan document will be processed.

Paper applications also will be available in the Awards & Financial Aid Office in early June for the Fall/Winter Terms and March for the Spring Term. A Notice of Assistance will be sent to you approximately five weeks after you file a paper application. If you submit an incomplete application, or fail to supply supporting documentation, there may be delays in the processing of your application for student financial assistance.

You may check the status of your application at any time on the MySAO section of www.studentaid.gov.mb.ca. Application Deadline Dates:

Manitoba Student Aid will accept applications until mid-February, or two months before the end of the academic year. However, if you wish to have your loan application assessed and your financial assistance in place in time for the beginning of classes, you should apply by the following dates:

Fall/Winter academic year or Fall Term only: On-line applications by Aug. 11, 2008, paper applications by July

39- Calamity

47- Lock

42- Phaseolus fruit

44- Quick sharp bark

49- Firmly implanted

52- Small blemish 53- Garage event

55- Catchall abbr.

57- A great deal

56- Pineapple vendor

58- Brit's exclamation

59- American space

agency

60- Journey

62- Nonsense

28, 2008. Winter Term only: On-line applications by Dec 5, 2008, paper applications by Nov. 17, 2008.

Disbursement Process for Your Canada/Manitoba Student Loan:

Before a student loan document will be issued to you, you must have submitted all the documentation requested by the Manitoba Student Aid Program to the MSAP Office, and you must be registered in the minimum course load required for student loan eligibility.

Several weeks before classes began, Manitoba Student Aid printed loan documents for students whose MSAP documentation and university course registration were in order, and have sent the documents to the addresses provided by students on their MSAP applications. The loan document you receive will have been electronically approved by the University of Winnipeg Awards & Financial Aid Office. It will indicate the fees you owe to the University of Winnipeg which are to be deducted from the loan.

If the document is a Canada Student Loan document, you may then take it to an approved Canada Post outlet for forwarding to the National Student Loan Centre. If the document is a Manitoba Student Loan document, you can then forward it to the MSAP Loan Administration Department. You should be prepared to present proof of identification in order to validate your loan documents

Identification Requirements for your Canada Student Loan document have been updated. You will now need to present two forms of identification to validate your identify; a valid photo identification (driver's license, health insurance card-with photo, passport, or citizenship card) and your social insurance card or most Government of Canada official documents containing your Social Insurance Number (i.e. will accept a Notice of Assessment from Revenue Canada but not a T4 or T5 slip). Manitoba Student Loan documents can be validated by providing a copy of your identification with both your name and current signature (example, driver's license, passport, banking card).

The National Student Loan Centre or the MSAP Loan Administration Department will process the document, transferring the fee payment portion of the loan directly to the university and depositing any balance into your account. Provide your personal bank account information (either a void cheque, or your bank account transit number, and bank name and address). Further instructions on these processes will be included with the loan document package.

DID YOU KNOW You can check the status of your student aid application, find out what documentation is still outstanding, update your address information and much more on line? Go to www.manitobastudentaid.ca Link to MySAO to log into your existing account.

DID YOU KNOW If you are a student who has had past Government Student Loans and are currently a full-time student but do not have a student loan this year, please fill out a Schedule 2 document to remain in non-payment status. Please come to Student Services in Graham Hall, where front counter staff can help you with this form.

DID YOU KNOW That Manitoba Student Aid staff can be on campus on Fridays from 1 to 4 p.m. To meet with them, you need to set up an appointment time. Come to student services and book an appointment, or phone 786-9458 or 786-9984.

### Other Award Websites:

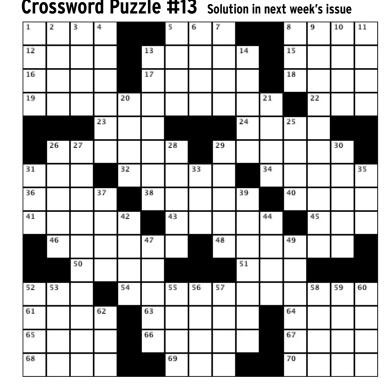
Canada Student Loan program and other important information on finances and budgeting www.canlearn.ca Manitoba Student Aid Program www.manitobastudentaid.

Surfing for dollars? Try these two websites:

www.studentawards.com

www.scholarshipscanada.com
Please contact the awards office for information
regarding external awards.

16- Rip	31- Eternity	48- "The _ Queene"	67- Facilitate
17- Freedom from war	32- Small egg	50- At a distance	68- Trial
18- Draft classification	34- Former Houston	51- Day	69- Bandleader Brown



## Sudoku Puzzle #10 Solution in next week's issue

Godard

35- Latin king

	2						
					1	3	9
2	6		8				
2	9		4				5
			2	3			
6				1		2	4
				4		6	7
3	5	8					
						5	

### Last week's puzzle solution (#9)

6	8	4	7	1	9	2	5	3
2	7	9	5	3	4	1	8	6
5	1	3	6	8	2	7	4	9
4	9	6	8	2	7	3	1	5
1	5	8	3	4	6	9	7	2
7	3	2	9	5	1	8	6	4
9	4	1	2	7	5	6	3	8
3	6	7	4	9	8	5	2	1
8	2	5	1	6	3	4	9	7

SUDOKU PROVIDED BY KRAZYDAD.COM

CROSSWORD PROVIDED BY BESTCROSSWORDS.COM

Last week's puzzle solution (#12)

¹C	<sup>2</sup> R	³ <b>E</b>	⁴E	5 <b>P</b>		<sup>6</sup> S	<sup>7</sup> H	<sup>8</sup> A	°H		Ŝ	<sup>11</sup> P	<sup>12</sup> <b>A</b>	13 <b>T</b>
H	_	N	D	U		Ļ	0	R	Ε		<sup>16</sup> T	Ε	R	Ι
Å	D	L	_	В		18	0	N	Α		<sup>19</sup>	R	_	G
F	Ε	Α	Т		<sup>21</sup>	М	Р	0	ν	Ë	R	_	S	Н
²³ <b>F</b>	R	_	Α	<sup>24</sup> <b>B</b>	L	Ε			25 <b>E</b>	Υ	Ε	L	Ε	Т
			<sup>26</sup> В	Ε	Ε		<sup>27</sup> O	W W	Ν	Ε	D			
29 <b>B</b>	³ <b>B</b>	Å	L	L		³² <b>P</b>	Α	_	Г	S		33 <b>M</b>	<sup>34</sup> <b>A</b>	35 T
³6 E	Α	S	Ε		37 <b>M</b>	U	S	S	Υ		<sup>38</sup> <b>B</b>	0	L	Ε
Ğ	Z	υ		<sup>40</sup> M	Α	М	_	Ε		⁴¹T	Α	В	L	Α
			<sup>42</sup> <b>S</b>	Α	G	Α	S		43	_	В			
<sup>44</sup> <b>A</b>	N N	<sup>46</sup> <b>K</b>	Α	R	Α			<sup>47</sup> Q	U	Α	Υ	<sup>48</sup> <b>A</b>	Ĝ	Ĕ
51 <b>R</b>	Ε	Ν	D	Ε	Z	<sup>52</sup> <b>V</b>	<sup>5</sup> 30	U	S		<sup>54</sup> <b>B</b>	R	Α	Т
55 <b>O</b>	w	Ε	D		56	0	N	Ε		<sup>57</sup> <b>T</b>	0	0	Т	Н
<sup>5</sup> 8	Ε	L	L		<sup>59</sup> <b>N</b>	Ι	С	Ε		Ř	0	М	Ε	0
61 <b>E</b>	R	L	Ε		62 <b>E</b>	D	Ε	N		63 <b>A</b>	М	Α	s	s

## **Sports & Fitness**

## Wesmen get sweet revenge in Duckworth Challenge

## Winnipeg splits at home against Manitoba

ADAM JOHNSTON VOLUNTEER STAFF

he Wesmen men's basketball team extracted sweet revenge on their cross town rivals the University of Manitoba Bisons.

After the Wesmen lost to the Bisons 90-78 in Nov. 13 game at the Investors Group Centre at the U of M, the Wesmen came back Saturday, Nov. 15 to defeat them 73-64, taking the men's portion of the Duckworth Challenge. It was their best performance to date this season.

"I thought we played great. I mean we held [Manitoba] to 64 points," said Wesmen men's head coach Dave Crook.

Crook also pointed out that the success was in large part thanks to the fact every player on the bench made substantial contributions to the win.

"So we got a great effort. I mean, every single guy who we had on the roster tonight played, they all contributed and some guys contributed in big ways and some guys contributed in little ways that some people don't always see, but you know it was a fantastic effort," Crook said.

Wesmen guard Mike James agrees that the strong team philosophy that the squad took to the court against the Bisons paid off after coming off the difficult loss on Nov. 13.

"You know I think the other night they scored 90 on us and we really needed to reduce their open shots and reduce their baskets and we did a good job of doing that," said Crook.

The Wesmen were tied 34-34 with the Bisons going into half time. Some good offense, lead by guard Nick Lother who topped the Wesmen in scoring with 28 points, and tough defence shut down the Bison's potent offense on the night. Bison guard Nathan Dixon was Manitoba's top scorer with 21 points.

University of Manitoba Bisons men's head coach Rick Suffield admitted that Winnipeg's tenacious defence was a key to their win.

"We played defensively to win. We didn't



Wesmen guard Catie Gooch fighting off Manitoba's Kait Flett and Michelle Hynes.

More Wesmen photos on back page.

play well enough offensively and they sucked it up. They played tough D and we didn't shoot the ball well. We were 2-for-18 [in three point shooting] in the second half. Shoot 2-for-18 and you are not going to beat anybody," said Suffield.

The Wesmen women, after losing against the Bisons 66-58 on Nov. 13, came roaring back to defeat the Bison women 67-61. The

Wesmen women, at one point, were down by nine points, but thanks to guard Caitlin Gooch's team-leading 23 points, the Wesmen were able to erase that deficit and split the weekend series with the Bisons. Manitoba guard Tessa Klassen was the Bison's top scorer with 23 points in the losing effort.

For more on the Wesmen, go to http://www.uwinnipeg.ca/index/wesmen-ni.

After **two weeks** of training...

MICHAEL COLLINS

VOLUNTEER STAFF

It's been two grueling weeks.
I've gone for five runs, each of which was five kilometres long. My first run I finished in 25 minutes with a five minute break. For the next few sessions, we tried going faster and faster over the same distance, taking smaller breaks every time. It's now taking me 25 minutes with no breaks.

The general plan is to keep running the five kilometres until it gets easy and then doubling the distance.

We run three days a week with at least a day for recovery in between every run. Those rest days are devoted to light strength training, not to put on muscle mass, but to help condition the body against the exhaustion it will face.

I would recommend this plan of action to anyone training for distance runs. It's not overly strenuous but forces you to exert yourself just enough to prepare you for your next run.

It's been tough, the physical effects of this running have been incredible but I have more energy now and I generally feel better Wesmen player profile



Randie Gibson

BRAD PENNINGTON

VOLUNTEER STAFF

**Height**: 5'7" **Position**: Guard **Year**: Fourth

When did you start playing basketball? "I started playing basketball in about Grade 6."

**Favorite food or meal?** "Boo boo bubble gum ice cream."

What's your favorite color? "Green and it doesn't change every day like Caity [Purvis-Collins' does]."

What's your most memorable moment in basketball? "Probably when I was in Grade II with my high school team and we won cities and provincials. We went 35-0." What's your worst moment in bas-

ketball? "There's probably a lot of bad moments. I can't pick just one." What do you like to do during

your spare time? "Hang out with family, hang out with friends." Favourite TV show? "I like *One Tree Hill, 90210, Brothers and Sisters.*"

Do you have a favorite movie? "Probably not a favorite one, there's too many good ones."

"Bugs." really creep(s) me out:

If you had a super power what would it be and why? "That's a tough question; I would probably have the power to fly, so I could go to places super quick and never be late."



after I've ran.

Looking ahead, the next two weeks don't look as devastating as these two weeks have been, simply because we're continuing to do the exact same things we've been doing. This distance should only get easier to run. The increase to 10 K is looming, but I'll cross that bridge when I come to it.

Think Mike will make his training goal? Send words of encouragement, helpful tips, or let him know his years of slacking have got the better of him, at sports@uniter.ca.

PHOTO BY CLAYTON WINTER.





## Start your day off right with a slice of homemade banana bread

**T**ou are at the grocery store, chips and cookies beckoning. But you're strong willed and you head straight for the fruit aisle and buy a big bunch of bananas.

A week later, you stumble into your kitchen only to find that the bananas you conveniently shoved aside to make room for a big bar of chocolate are now looking rather sad, brown and

Sound familiar? Sometimes our good intentions can go hopelessly awry when we try to make the healthy choice.

But did you know that bananas are one fruit that are almost better when they go brown?

Browning bananas are great for mashing up into a bowl of oatmeal. Mix in some cinnamon and you have a tasty and nutritious breakfast. You can also peel browning bananas, put them in a Ziploc bag and throw them in the freezer; a few hours later you have instant ice cream.

My favourite way to use up browning bananas is to make a loaf of healthy and delicious banana bread. This is an incredibly versatile recipe with ingredients that you are likely to already have

#### Ingredients

- 1 3/4 cup whole wheat flour
- 2 tsp baking powder
- 1/2 tsp baking soda
- 1/2 tsp ground cinnamon
- 1/2 tsp ground ginger
- 2-3 ripe bananas, mashed
- 1/2 cup unsweetened applesauce
- 1/2 cup Simply Egg Whites (or 4 egg whites, or 2 eggs)
- 1 tsp vanilla
- 1 apple

#### Method

- 1. Peel, core, and chop/dice the apple into small chunks. Set aside.
- 2. Preheat the oven to 350 degrees F. Line a loaf pan (about 8x4 inches) with parchment paper (or spray with nonstick cooking spray).
- 3. In a large mixing bowl, combine the flour, baking powder, baking soda, cinnamon and ginger. Make a well in the
- 4. Mash the bananas in a medium-sized

bowl and beat in the applesauce, egg whites and vanilla. Pour into the center of the dry ingredients and stir until just combined.

- 5. Fold/stir the diced apple into the batter and when well-combined, pour into the prepared pan.
- 6. Bake for about 45 minutes, or until a toothpick inserted into the center comes out clean. Let cool in the pan for 5-10 minutes, then turn it out of the pan onto a wire rack. Serves 12.

#### **Nutrition Information**

97 calories 0.4 g fat 3.9 g protein 21 g carbohydrates (4.7g sugar) 2.9 g fibre

It is a good idea to use browning bananas for this recipe because they taste less starchy, but you don't have to wait around for your bananas to brown. Just put them right beside your apples as the chemical reaction causes the bananas to ripen faster.

University of Winnipeg student Sagan Morrow writes a health and wellness blog. Check it out at http://livinghealthyintherealworld.blogspot.com.

## elcome back to NFL Picks! This year we are doing things slightly differently. You will be treated to the insight of several analysts (from the amateur to the elite) each week. Keep track of the players by watching the scores! Loser buys the

### The cast:

Tom Asselin Tom is the veteran. Crusty, grumpy... well, maybe just grumpy... He needs to rely on his experience to fend off the newcomers.

Marko Bilandzjia Marko is one of the new guys. Will the rookie come through in his predictions?

Josh Boulding With only mediocre NFL experience, does he stand a chance against the veterans?

Kevin Chaves As a hockey fan sticking his nose into America's league, only time will tell if Kevin Chaves can make the plays on this season's outcomes.

**Scott Christiansen** Scott is an experienced contributor to the section but new to the Picks.

Mike Collins Mike is another experienced

**Adam Peleshaty** Another newcomer to the section, Adam will try to take an underdog

**Brad Pennington Brad** knows basketball. Will that help picking the pigskin winners?

Jo Villaverde Jo, the contender, was in the running last year. His football experience may just land him on top this season.



Josh says: Cincinnati is probably going to be colder than Philadelphia was last week. Also, the Bengals' troubles may have almost leveled off from that neat tailspin but I don't think they can pull out of it this season. "Ocho Cinco" may be the star wide receiver for the Bengals, but that's kind of like being the smartest moron. The Bengals come off the first NFL tie game in six years while the Steelers barely pull one out through the snow. The determining factor likely won't be Ben Roethlisberger playing or not, but rather partly sunny skies with a 30 per cent chance of freezing rain. Steelers win by 10.

Marko says: PIT Mike says: PIT Josh says: PIT Brad says: PIT



Tom says: PIT WAS @ SEA

Tom says: At this point of the season we know what these teams are made of. The Redskins are 6-4 in what is one of the NFL's toughest divisions. Their running game is ranked fifth in the league but the status of Clinton Portis is questionable this week, which may be trouble as the Redskins have trouble converting third-and-longs. Seattle is arguably the worst of a weak bunch in the NFC West. Defensively they're nothing to brag about and their offence is a shell of its former self. At this point, all the Seahawks have to play for is jobs next season while the Redskins, on the other hand, are still vying for a wildcard spot. Redskins 23 Seahawks 10

Marko says: WAS Mike says: WAS Josh says: WAS Brad says: WAS Tom says: WAS



NE @ MIA

Mike says: Last time that I picked the New England Patriots to beat the Miami Dolphins, I was in for a rude surprise. This year Miami is an above average team primarily due to QB Chad Pennington remembering how to throw a football and Ronnie Brown's success in the Wildcat formation. The Patriots have been on an uncharacteristic slide, after losing to the Colts and then the Jets, because of the still injured league MVP Tom Brady. All things considered, I'd have to pick them since the Dolphins

a touchdown. Marko says: MIA



Mike says: MIA Josh says: NE Brad says: MIA Tom says: MIA



Brad says: The titans have been playing crazy good this season and I'm sure that the odds makers will give the game to Tennessee, but I think differently. The titans are due for their first lose this season and there is no team better than Brett Favre and the New York Jets to hand it to them. Most would disagree but just watch this game and maybe just maybe the Jets will surprise the Titans and the rest of the football world.

Marko says: TEN Mike says: TEN Josh says: TEN Brad says: NYJ Tom says: NYJ



TB @ DET

Marko says: This is a given game. I choose Miami all the time because I believe in my fellow dolphin brethren. However, the Lions are playing as if they chipped all of their teeth and can't chew up rest of the competition. If anyone is willing to bet on Detroit to win, I commend you and I honestly hope that if you put down a hefty wager, to definitely prepare for the worst. The storm is coming baby, and it's lightning all over!

Marko says: TB Mike says: TB Josh says: TB Brad says: TB Tom says: TB

LAST WEEK'S GAMES: DET 22, CAR 31 HOU 27, IND 33 CHI 3, **GB 37 DAL 14**, WAS 10 **NYJ 34**, NE 31

AND DAVE HOLLIER

#### TALK ABOUT BEING ON A SLIPPERY SLOPE

If you enjoy hockey and fancy yourself a good skater, why not try a real challenge. On Jan. 24, 2009, Red Bull will host its ninth annual Crashed Ice competition in Quebec City.

The course is a race on ice and surrounded by hockey-style boards and full-contact is allowed.

Those that think they have what it takes get the chance to compete for a top prize of \$5,000.

info http://www. visit: redbullcrashedice.ca.

#### THE NFL DOING THEIR PART FOR THE **US FINANCIAL CRISIS... SORT OF**

The National Football League announced Wed, Nov. 12 that due to the state of the economy, they will be cutting playoff ticket prices by 10 per cent for this year.

This price cut is expected to demonstrate two firsts in the NFL. The price for a wild card game will be less money than for a divisional game and the price for a Superbowl ticket will be

The average football fan still needs to save a considerable amount of dough as tickets for this year's Superbowl still range from \$200 to \$1,000 per seat.

#### **IRANIAN BREAKING BOUNDARIES**

Who says you have to play in a big name school in the U.S. to get noticed? Eighteen-year-old Arsalan Kazemi is going to be the first Iranian to ever get a scholarship to play college ball in the United States.

According to Sl.com, two colleges have already offered him scholarships and, after a camp being held in Houston, more will be coming.

Kazemi, who's favourite player is Tim Duncan, stands at 6'7" and has impressed scouts with his quickness, incredible vertical and dunking ability.

### **TENNIS GREAT RETIRES**

Jonas Bjorkman is saying bye to Tennis forever. The Swede, who once won three straight Wimbledon doubles championships with teammate Todd Woodbridge, played his last match on Friday, Nov. 14.

Bjorkman, who was once ranked fourth in the world in singles, has spent the last few years extending a career that seemed to be long over.

"I was trying to do everything possible to stay alive [for] one other day, or maybe two. But you can't get everything," Bjorkman told TSN.ca.

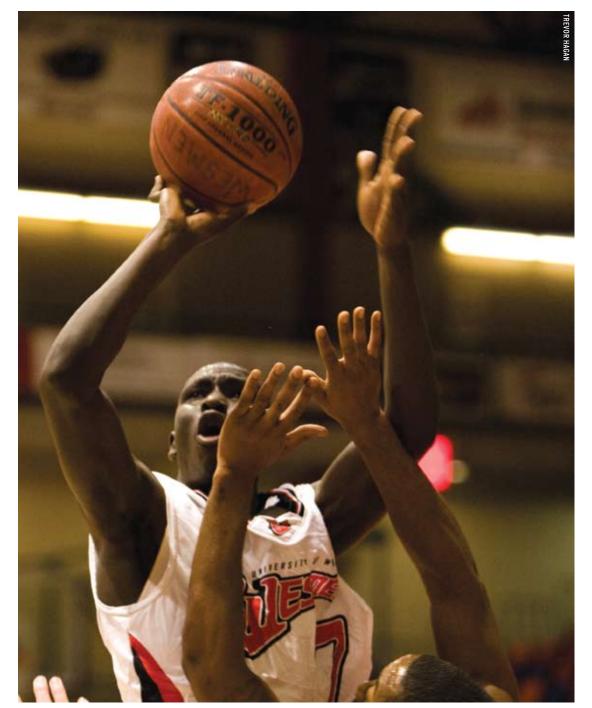
### **FAVRE 4 EVER**

When Brett Favre retires 20 years from now, people will still have a Favre to cheer for. Apparently, the "gunslinger gene" runs in the family as Favre's nephew, Dylan, is starting to make a name for himself.

According to ESPN.com, the junior out of Bay St. Louis, Mississippi has set a state record with 48 touchdown passes in a single season.

Fun fact: Brett Favre has been playing in the NFL for longer than Dylan has been alive.

### SPORTS & FITNESS





Left: Wesmen forward Peter Lomuro going up for a jump shot over a Bison defender. Right: Wesmen post Alex Macgiver going hard to the hoop in Thursday night's action against the Bison. See "Wesmen get sweet revenge in Duckworth challenge" on page 18.



## THE UNIVERSITY OF WINNIPEG

On November 17, The University of Winnipeg officially opened a new bus-only loop road on campus between Spence and Young streets along with a new bus shelter for students and the community. An additional portion of Spence Street has also been converted to a pedestrian-only zone, enhancing the safety of students and area residents.

The following routes will use the new UWinnipeg Bus Terminal:

- ⇒ 50 Archibald
- **⇒** 53
- ⇒ 54 St. Mary's Express
- ⇒ 55 St. Anne's
- ⇒ 56
- ⇒ 57 Southdale Express
- ⇒ 59 South St. Anne's Express
- ⇒ 68 Crescent

The following routes will continue to use our terminal on Balmoral between Portage and Ellice:

- ⇒ 3 Downtown Spirit
- ⇒ 40 ALL SEASONS EXPRESS

  (AM END-OF-ROUTE TERMINAL)
- ⇔ 41 Henderson Express
   (AM END-OF-ROUTE TERMINAL)
- **⇒** 42 Plessis Express
- ⇒ 46 Transcona Express
- ⇒ 47 TRANSCONA
- ⇒ 48 McMeans Express
- ⇒ 49 DUGALD

Traffic congestion on Young Street is also reduced as it becomes one-way northbound between Portage and Ellice.

