

THE

UNITER

FREE.WEEKLY.
VOLUME 71 // ISSUE 01 // SEPT. 8

REUNITE
WITH
YOUR
RIDE

.....
HOW CYCLISTS CAN IMPROVE THEIR CHANCES
OF RECOVERING A STOLEN BIKE

CATCH A CACHE AT OAK
HAMMOCK MARSH P6

VIDEO GAMING
FOR A CAUSE P13

SURVIVAL TIPS FOR
NEW STUDENTS P17

The UWSA
Presents

ROLLCALL



SEPT.
7 → 9
U of W
FRONT LAWN

STUDENT GROUP FAIR • WRENCH BIKE SALE • SNACK SHACK • COLD BEVERAGES • ART + ACTIVITIES • DJ SETS BY CKUW + STYLUS

WEDNESDAY

LANIKAI
BRADY ALLARD
MULLIGRUB

POETRY SLAM @ THE HIVE 7PM

KARAOKE @ THE GOOD WILL 10PM
HOSTED BY MICHAEL BARKMAN

THURSDAY

LE1F
MOZART'S SISTER
3PEAT

+ DJ'S TINY O AND RENÉE GIRARD

MISE EN SCENE • JOKO TEA
ALI FONTAINE

AFTERPARTY @ THE GOOD WILL
W/ DJ CHARLIE HUSTLE
& BOOGEY THE BEAT

THURSDAY NIGHT SHOW FREE FOR STUDENTS
NON STUDENTS \$20

TICKETS AVAILABLE AT [INFO BOOTH](#),
[INDEX](#), AND [MUSIC TRADER](#)

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FRIDAY

ROGER ROGER
UWINNIPEG GREAT
ROCK CLIMB

AFTERPARTY @ THE GOOD WILL
DIRTY CATFISH BRASS BAND
W/ ODD OUTFIT + DJ G-MA FEELGOOD

* ON THE COVER

Ben Ryan, a local courier, keeps his eyes open for stolen bikes.



Ryan Woozley is a local courier who watches for stolen bikes.

PHOTO BY DANIEL CRUMP

WELCOME BACK

We're back with a fresh new paper for you! If this whole newspaper business is new to you, welcome! I'll give you a brief tour.

We're here for students and for the surrounding community of downtown Winnipeg. We cover campus and community issues in the news section and all the creative aspects of our fine city in the arts and culture section. The comments section is where you can sound off on how you really feel about the world around you.

A lot of our content is provided by a mix of staff and volunteer writers, photographers and illustrators. Some of them are students, but you don't have to be a student to contribute.

Anyone can volunteer! We are a learning paper, so our goal is to mentor students and community members in developing their journalistic skills. We hold open volunteer orientations every Wednesday from 12:30-1:30 p.m. in our office, ORM14. It's in the mezzanine of the Bulman Centre, off to the side of that place with the couches where people love to nap.

September marks the official turning of the volumes for *The Uniter*, and now we're into Volume 71, which means this is the 71st year *The Uniter* has been published. The campus is full of new faces, and we have a few new members of our crew here too.

You may also recognize some names down on the masthead from last year - staff who loved this paper so much they came back for more. All together, we have a great team and I can't wait to see all the wonderful ideas and work they bring to *The Uniter* this year.

- Anastasia Chipelski

DOWNLOAD OF THE WEEK

VISIT UNITER.CA TO DOWNLOAD *MAGNETIC MOMENT* BY HEARING TREES



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FACEBOOK.COM/THEUNITER

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MOUSELAND PRESS

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SUBMISSIONS OF ARTICLES, LETTERS, GRAPHICS AND PHOTOS are encouraged, however all new contributors (with the exception of letters to the editor) must attend a 45-minute volunteer orientation workshop to ensure that the volunteer understands all of the publication's basic guidelines. Volunteer workshops take place Wednesdays from 12:30-1:20 in room ORM14. Please email volunteer@uniter.ca for more details. Deadline for advertisements is noon Friday, six days prior to publication. *The Uniter* reserves the right to refuse to print material submitted by volunteers. *The Uniter* will not print submissions that are homophobic, misogynistic, racist or libellous. We also reserve the right to edit for length/style.

WHOSE

HOUSE?

CANOE'S HOUSE

1

PHOTOS BY KEELEY BRAUNSTEIN-BLACK

THOMAS PASHKO

 @THOMASPASHKO

FEATURES REPORTER

It's hard to make an album release feel momentous in 2016. When a favourite band's latest offering can be streamed instantly on Spotify or has likely already leaked on YouTube, it sometimes feels like the days of eagerly waiting for the record store to open on Tuesday (new music used to come out on Tuesdays, kids) are gone.

Local indie pop group Royal Canoe have decided to make their album release truly special. In anticipation of the Sept. 16 release of their new LP *Something Got Lost between Here and the Orbit*, the outfit organized an ambitious event: a city-wide house party. On the night of Sept. 2, the group travelled by van and bicycle to 20 separate house parties to deliver early copies of the record directly to fans' homes.

"The house party idea was (keyboardist Matthew Schellenberg's) idea," bassist Brendan Berg says. "We were brainstorming fun ways to promote the album and also really engage with the fans. We're doing an album release show (on Sept. 15), but brand new songs don't always work as well live. So this gets those songs out to the fans."

While it's a little outside the *Whose House* norm, we at *The Uniter* decided the opportunity to check out many homes in one night was too good an opportunity to pass up.

2



1) DANCE PARTY - SUE'S HOUSE

"The fidelity on this sound system is incredible!" guitarist Bucky Driedger says.

2) KARAOKE - PAUL'S HOUSE

"The people are in there singing karaoke, but [vocalist Matthew Peters] has his own mic, giving his director's commentary judging them," bassist Brendan Berg says

3



3) GREEN CARROT STAFF PARTY - STEVE'S HOUSE

"We just moved in here the other day. Thoven (the dog) is a rescue, and he's still really nervous, which is why he's hiding behind the couch," host Steve says.

4) HOT TUB - SHANNON'S HOUSE

"I live right by you guys, so I'm definitely coming over and using your hot tub later," drummer Derek Allard says.

5) ROYAL CANOE CAKE - SHANNON'S HOUSE

"(My friend James) made the cake. It's a drunk cake, so there's a lot of alcohol in it. The peach wedges are meant to be canoes," host Shannon says.

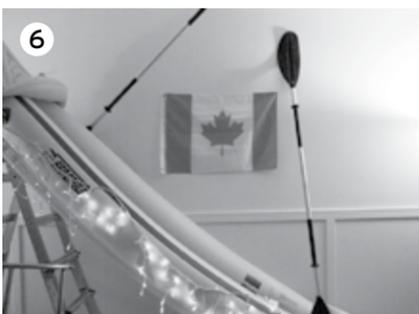
6) INFLATABLE CANOE - ALEX'S HOUSE

"This is my canoe. I didn't just buy it for the party. We're in Canada, after all," host Alex says.

5



6



6



6



BARR NONE

An honest look at Roseanne Barr's status as a complicated icon

MELANIE DAHLING

 @SUGARDAHLING

ARTS AND CULTURE REPORTER

Those who haven't followed Roseanne Barr's career may be excited about her visit to Winnipeg, but those who have seen her Twitter feed may have mixed feelings. The star of ABC's *Roseanne* will perform on Sept. 8 at Club Regent Casino in Winnipeg.

Social media has changed the landscape of celebrity, which is an exciting development with a few notable drawbacks. Being accessible means being flawed, and some flaws are easier to reconcile than others.

"She's a complicated figure," Candida Rifkind, associate professor at the University of Winnipeg (U of W), says. "She continues to speak out candidly, and her political views are volatile, especially on Twitter. Her recent defense of Donald Trump and anti-Muslim advocacy for

Israel have lost her some of her traditional feminist fan base."

Barr's views can be difficult to pin down. While she's stated she doesn't support Trump, she does defend his views. She's also voiced opinions on other subjects over the years, including conspiracy theories and Islamophobia.

It may be argued that someone in the entertainment world should not be scrutinized for their political beliefs, but Barr's complexity comes from the fact that her voice has often been seen as an instrument for change.

"Roseanne was probably the first female lead in a U.S. network TV show who didn't fit beauty norms, didn't care and spoke candidly and cuttily about the enormous pressures on women to have and be it all," Rifkind says.

Issues such as domestic violence, alcoholism, menstruation, queerness and Reaganomics were discussed on the show as part of everyday life for average people, Rifkind says.

"Certainly when we look at television, (*Roseanne*) opened the doors for other shows and broke moulds in that way," Hope McIntyre, a U of W faculty member and expert on women in the arts, says. "Since her time, there's been – I would say – a proliferation of female comics. It's been slow, but I think we now have a more vibrant scene."

Moving forward, how should Barr's past accomplishments be viewed in light of her current viewpoints?

"The reality is we want these women who break the glass ceiling to be perfect, and they're not," McIntyre says. "I think



ILLUSTRATION BY GABRIELLE FUNK

there's a really fine line between admitting that they're human and not allowing them to get away with stuff that isn't acceptable. That's what I struggle with."

Rifkind says she thinks we watch something like *Roseanne* (the TV show) both like an artifact from a time capsule and through the lens of the present.

"On the one hand, it lends itself to a nostalgic viewing of the late 1980s and '90s and the popularization of third wave feminism. On the other hand, Roseanne's

prickly TV character seems destined to become her current persona - an outspoken and gruff critic whose views are not always defensible," Rifkind says.

She points out Barr's earlier work was considered problematic in some circles at the time.

"She and many other feminist comedians are constantly subjected to criticism for being too loud, too big and too much," Rifkind says.

ARTS AND CULTURE BRIEFS

MEG CRANE // ARTS AND CULTURE EDITOR

 @MEGCRANE

Interactive music

Mass Appeal is a show performed for and by its audience. The Winnipeg Arts Council's free concert series will take place throughout September. Guided by a music director, each 30-minute show features a different musical instrument and a repertoire suitable for all ages and skill levels. Go to massappealwinnipeg.ca for more info.

Sequins at the library

Waterfall#2 has found a permanent home at the Millennium Library. Intended to be temporary, the art installation made of outdoor sequins was created for the 2015 nuna festival. Shimmering down the outside of the building, it's a mirrored version of Waterfall#1, which was created in 2006 and no longer exists.

Exhibition of weavers

Art exhibition *We Are Your Future* has arrived in Winnipeg from Mexico. From Sept. 9 to Nov. 19, the paintings and etchings by Mexican artist Alejandro Aranda and Winnipeg artist Ray Dirks will be on display at the Mennonite Heritage Centre Gallery. The series celebrates Indigenous women weavers of palm in Tlmacazapa, Mexico.

Theatre for refugees

Syrian youth had the opportunity to get involved with Winnipeg's art scene through Sawa Theatre. The project worked to foster creativity, promote personal growth and encourage friendships. On Sept. 9 and 10, they'll hold their final show at the Gas Station Theatre. The show starts at 7 p.m. and is \$12 at the door.

Music for mental health

From sunrise to sunset on Sept. 10, concerts in 13 cities around the world will mark World Suicide Prevention Day. The Mysterious Barricades Concert Society will be livestreamed at mysteriousbarricades.org, but Winnipeggers can catch a free performance in the Great Hall of the Canadian Mennonite University from 3 p.m. to 4:30 p.m.

Podcast art contest

Ed Harcourt launched a podcast, *Last of Your Kind*, and is celebrating with a contest. To enter, artists need to post reinterpretations of Harcourt's *Furnaces* album cover on Instagram using #steadmanxharcourt. The winner gets a Ralph Steadman print along with a letter from the artist, signed copies of *Furnaces* and vouchers for art supplies.

UWSA Health Plan Opt-Changes and Opt-Outs are now open!

If you would you like to add your partner or child to your plan, you can with an opt-change form!

If you already have sufficient health insurance, you can opt-out!

Opt-Outs are done exclusively online at theuwsa.ca/healthplan

Remember, you must complete your Opt-Change or Opt-Out by Sept. 19!

Please note: The UWSA Health Plan will be under a blackout period until September 20th. This means claims submission and online services will be down while we work to get students enrolled. If you incur a claim during the blackout period, you will need to wait until after the 20th to claim it back and you will be paid out retroactively.



Health Plan Office
Room 0R04
Bulman Student Centre
Phone: 204.786.9992
Email: health@theuwsa.ca
theuwsa.ca/healthplan

GOTTA CACHE 'EM ALL

GPS-based geocaching goes beyond Pokémon Go

MELANIE DAHLING

 @SUGARDAHLING

ARTS AND CULTURE REPORTER

Geocaching is gaining popularity with folks who are left wanting more from Pokémon Go.

“It’s almost like a secret society,” Jacques Bourgeois says. She is leading a workshop on geocaching at Oak Hammock Marsh on Sept. 11.

“It’s vaguely the same concept as Pokémon Go, but with this you get to find something physical. There are boxes everywhere!”

Geocaching integrates outdoor activity and play for people of all ages. The cache may be anything from a large box to a tiny magnetic tube disguised as a screw on a park bench, but beginners generally start by using the geocaching app to locate a waterproof container.

Boxes generally contain trinkets, some of which have trackable serial numbers,

and there is always a logbook for the geocacher (or cacher) to leave their codename.

Carole Plante has been geocaching since 2009 and sometimes takes her co-workers out with her during lunch.

“I describe it as a high-tech treasure hunt,” Plante says. “I let them know the rules, such as not letting ‘muggles,’ or non-geocaching folk, know that you are actually looking for something. This can be hard in busy areas, but stealth is a virtue.”

Plante clarifies that this measure is taken to keep the caches safe and give other geocachers a chance to explore the world.

“It’s an incredible tourism tool,” Mike Neale, president of the Manitoba Geocaching Association, says. “Probably the best story of tourism is outside of Las Vegas in the Nevada desert, there (were) a thousand geocaches hidden along the highway.”

When those geocaches were taken away due to safety issues, hotel owners saw a decrease in off-season business. After an outcry from the cachers and the hospitality industry, Nevada is now home to new cache treasures.

“Geocachers aren’t going to Vegas for Vegas stuff,” Neale says. “They’re going to drive two hours north to go find geocaches.”

Bourgeois sees the passion that cachers have as an educational opportunity. At his workshop and hunt at Oak Hammock Marsh, he plans to find new ways to challenge his cachers.



PHOTO BY DANIEL CRUMP

Cachers sometimes leave trinkets or collectables for other cachers to find.

“We don’t just give the coordinates that easily. People have to earn them,” Bourgeois says. “In order to get those coordinates, you have to perform tasks.”

He says the tasks make people aware of their environment and what goes on at Oak Hammock Marsh.

The main draw for most cachers is the variety and the fun of racking up hundreds of finds.

“It gets me to see parts of the province I’ve never thought of going before,” Plante says. “Hitting my first hundred was the best and every hundredth find after that, I still get that excitement.”

“The goal in Pokémon Go is to catch them all,” Neale says. “There are over a million geocaches around the world. I guarantee you won’t catch them all!”



Sign up for the Sept. 11 geocaching workshop at Oak Hammock Marsh through oakhammockmarsh.ca or download the geocaching app and start exploring right now!

GREEN EXERCISE

Improve your health in the wild

MEG CRANE

 @MEGCRANE

ARTS AND CULTURE EDITOR

Moving your exercise routine to the great outdoors can have huge health benefits, and there are plenty of options to get out and move in Winnipeg.

Yoga instructor Ashley Bourgeois says it’s common to see birds - including eagles - soaring overhead as her students balance in a cobra pose on their paddle boards. She’s even held a downward dog while nearby beavers slapped their tails on the water’s surface.

“You can’t get that in a yoga studio,” Bourgeois says.

Through her company, Wild Path, Bourgeois helps her students integrate nature and fitness by teaching yoga classes on paddle boards, which is referred to as SUP (stand up paddling) yoga.

“I also run yoga hikes, where we go on day hikes exploring Manitoba and doing yoga along the way,” Bourgeois says.

She says her classes and retreats are meant to help reconnect her students with nature.

For those who aren’t into manipulating their bodies on a mat or for people with a tighter budget, there are many more options in Winnipeg.

Assiniboine Park and Forest, FortWhyte Alive, Living Prairie Museum and even



PHOTO BY SARAH CARSON

Wild Path takes yoga outdoors.

the Assiniboine and Red rivers are places Kristine Hayward of Winnipeg Regional Health Authority (WRHA) recommends.

“Even small neighbourhood parks are gems,” Hayward, WRHA’s physical activity promotion/in motion coordinator, says.

She refers to taking your workout outdoors - whether that’s going for a walk or kayaking - as green exercise.

Hayward emphasizes while it’s beneficial to get physical activity in any surrounding, you just get a few bonuses when in a natural environment.

“You get a lot more mental health benefits and a sense of well-being,” Hayward says.

In a 2009 article titled *Take it Outside*, Hayward wrote that outdoor play for

children reduced stress, and contributed to better focus, improved fitness levels and improved emotional and social development.

“Combining physical activity and nature can improve the overall physical, mental and emotional health of your entire family,” Hayward wrote.

Living Prairie Museum Director Sarah Semmler has read up on some of these studies and is aware of the benefits both of being in nature and of exercising, and the 13-hectare tall grass prairie preserve offers the opportunity to do both.

She says the museum offers public guided hikes, self-guided tours and free snowshoeing at different times throughout the year for people who want guidance in how to use the wild prairie space.

“If you want to go for a walk on your trails, it’s open from dawn until dusk,” Semmler says. “Joggers are also allowed through. They just have to stick to the paths laid out throughout the patch of land.”

“You’re getting to be in nature, so you’re seeing these wild areas,” Semmler says.

There are options for people of all abilities and wallet sizes. Hayward says everyone just has to find what works best for them.

Study up on outdoor options, hours of operation and admission fees at fortwhyte.org, assiniboinepark.ca and winnipeg.ca/publicworks/parksOpenSpace/livingprairie/

CKUW TOP 30

August 29 - September 4, 2016

TW = This Week // LW = Last Week // ! = Local content // * = Canadian Content



TW	LW	C	ARTIST	ALBUM	LABEL
1	1	!	Holy Void	For Everything Else	Self-Released
2	2	!	Surprise Party	Sh-Shake Your Booty	Self-Released
3	3	*	Forbidden Dimension	Every Twisted Tree Watches As You Pass	Sounds Escaping
4	6	*	The Pack A.D.	Positive Thinking	Cadence
5	4	!	Paris To Kyiv	Fragmenti Remixes	Balanced
6	7	!	Del Barber & The No Regretzkys	The Puck Drops Here	True North
7	5	*	Badbadnotgood	IV	Arts & Crafts
8	9	*	White Lung	Paradise	Domino
9	8	*	The Burning Hell	Public Library	Headless Owl
10	11		Explosions In The Sky	The Wilderness	Temporary Residence
11	24	!	The Zorogs	Chew On It	Transistor 66
12	27		Imarhan	Imarhan	City Slang
13	16		Various Artists	Day Of The Dead	4AD
14	10	!	The Famous Sandhogs	Theia's Mammon: Skoni's Ikon	Self-Released
15	12	!	Billy Simard	Being Free	Ki-Keek
16	14	*	Al Tuck	Fair Country	Self-Released
17	21		Margo Price	Midwest Farmer's Daughter	Third Man
18	19	*	Adrian Teacher & The Subs	Terminal City	You've Changed
19	23		Mogwai	Atomic	Rock Action
20	13	*	Andy Shauf	The Party	Arts & Crafts
21	NE	*	Brendan Canning	Home Wrecking Years	Draper Street
22	17	!	Zrada	Legend	Self-Released
23	NE		The Frightnrs	Nothing More To Say	Daptone
24	22	!	Lev Snowe	Drifting Off	Self-Released
25	RE		JC Flowers	Driving Excitement And The Pleasure Of Ownership	All Tomorrow's Parties
26	18	!	Plain As Ghosts	Rendering	Self-Released
27	RE		Deerhoof	The Magic	Polyvinyl
28	25		Various Artists	Permanent Vacation: 4	Permanent Vacation
29	NE	!	Kevin Roy	Heartworn Highways	Self-Released
30	NE	*	Ginger St. James	One For The Money	Busted Flat



SUPPLIED IMAGE

VENDETTA

THOMAS PASHKO



FEATURES REPORTER

just generic “guys punching each other” affairs, either. There’s always a unique premise to every bout, whether in its setting or execution. One Russian Roulette-themed fight is particularly clever, even if it doesn’t make sense from a plot perspective.

Just as importantly, Wong knows how to shoot his action. He and cinematographer Samuel Frechette make great use of handheld camerawork, making the fights feel spontaneous while never obscuring the choreography with shaky-cam nonsense.

As a director, Wong makes choices that prove he’s no amateur. When something crazy happens in an action scene, he never gives in to the desire to highlight or sensationalize it. He has the style and foresight to just let it happen, because half the fun of those moments is asking, “Did that just happen!?”

Wong and Frechette use their lighting and setting to give these scenes an atmosphere of dread, making them feel like more than just well-shot choreography.

Where the film really falters is its sound design. Wong goes for a more subtle approach that sounds a lot more like what these types of fights actually sound like. Punches don’t land with a resounding, action movie “crack,” but this leaves the fights lacking in impact. Instead of feeling the pain of every blow, the parries and punches feel observed from a distance.

All that said, it’s more a sign of promise than a failing. Here’s hoping Wong finds a great sound designer for his next picture. And, soon, please. Because if *Vendetta* is a first filmmaking step, whatever comes next could be truly great.

Action movies are often given short shrift and are written off as silly or shallow. Truthfully, action filmmaking takes incredible skill and discipline. It’s why you so rarely see low-budget, independent action movies. It’s even more rare to see one done well.

Winnipeg filmmaker Kyle Wong has done just that (for the most part) with *Vendetta*, his short martial arts film premiering at the Action on Film International Film Festival the week of Sept. 2 to 10.

Most of *Vendetta*’s cast and crew pull double or triple duty, and Wong is no exception. In addition to writing and directing, he co-stars as Thomas Leung, a member of a nebulous criminal organization engaged in a violent feud with Adrian Kang (Joshua Zacharias).

Like most of *Vendetta*’s story, the nature of their feud is ambiguous (if you want to be generous), or vague (if you don’t). There’s a good deal of talk about these men being trapped in a violent life, but it’s never clear exactly what they do or why they do it. Wong’s ambition here is admirable, but one wonders if these questions are better left unasked as opposed to unanswered.

This is all beside the point. *Vendetta* is a 25-minute action movie. We care about the action, and the action is pretty damn good. The fight choreography by Sonny Ayson is spectacular. This isn’t film school movie fighting. The onscreen fighters are the real deal and, while the leads don’t always nail their dialogue, their fight performances are spectacular.

This is silent movie acting, letting the audience know what the characters are thinking, feeling or reacting to with only their faces. The fights aren’t

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Tickets available at ticketfly.com, The Winnipeg Folk Festival Music Store, Music Trader & the W.E.C.C.

Assiniboine The Free Press WINNIPEG ARTS COUNCIL Canada Manitoba Elanor The WECC Music Hall To You 2015



Vendetta can be streamed for free at <https://youtu.be/T4IXLZTB7e4>

FIRST TIME TOUR TIPS

Professional musicians share advice for new bands

SARAH LYNN VAAGE

 @SARAHLYNN1994

VOLUNTEER

Touring is a big part of every professional musician's career, but planning a tour for the first time may seem overwhelming.

It's important to know why you're touring, Graham Moon of Hearing Trees says. Touring allows musicians to build a fanbase, fan by fan, and build relationships with other bands and industry people. This can only be done by going places.

"I'm really into performance. That's one of my favourite things to do," solo artist Iskwé says, noting she's found the best way to reach as many people as possible is to play in as many places as you can.

When planning a tour, Iskwé says she starts by researching cities. She looks at places around her main bookings and works out a schedule within the surrounding area.

"Do your routing," Iskwé says, "and make it work the best for you as possible."

Moon says when his band is looking for venues, they find out where other bands are playing by word of mouth and through other bands' tour itineraries.

"There's always a venue," Moon says. "You just might have to look hard for one along your route that suits you."

Moon says he starts planning Hearing Trees' next tour while on their current one.

Iskwé says she waits until she gets home from a tour to plan the next one, but she gets busy preparing as soon as she's back.

"It's always a work in progress," Iskwé says.

She starts tour planning by organizing her finances. She looks at the income that comes from venues and festivals then sets it against her expenses for things like housing and transportation.

She says if she needs additional funding, she applies for touring and travelling grants.

"Reach out to your local, provincial and national granting bodies," Iskwé says.

She suggests looking into Canada Council for the Arts and Manitoba Film and Music, two of the organizations that offer grants to musicians who want to tour.

When planning their first tour, Iskwé urges new bands to be gentle on themselves and be open to the learning curves and all the different things that will happen along the way.



ILLUSTRATION BY GABRIELLE FUNK

She says while on tour, you'll learn what works and what doesn't. It's also important to not stress over the things that musicians cannot control, such as the weather.

"Nothing will actually prepare you for what you are going to experience," Moon says. "You just have to trust the universe and take every opportunity you get."

Moon says touring is the hardest thing in the world, but it helped Hearing Trees find their sound.

"It's satisfying seeing yourself working towards a sound that is uniquely your own," Moon says, "and it comes from playing all the shows."



WE'RE HIRING!

The Uniter is seeking a News Editor

The Official Student Newspaper of The University of Winnipeg is seeking dedicated, politically minded and well-connected person to fill the role of News Editor. This person should have experience and a passion for writing about such topics as local news, student issues, community events, Wesmen athletes and more. Successful candidates should feel comfortable running a team of contributors, assigning and editing their work, providing feedback, organizing meetings and building relationships with Winnipeg's downtown urban community. Applicants should have a flexible schedule and be available for editorial meetings, section meetings and mentorship during the regular academic year (late August to early December/January to April.) This position pays \$150/week. The News Editor will begin their term as soon as possible.

Interested parties should submit a resume including references, cover letter and two (2) writing samples by Sept 13 at 4:00 p.m. Application packages should be sent to Managing Editor, Anastasia Chipelski at jobs@uniter.ca.

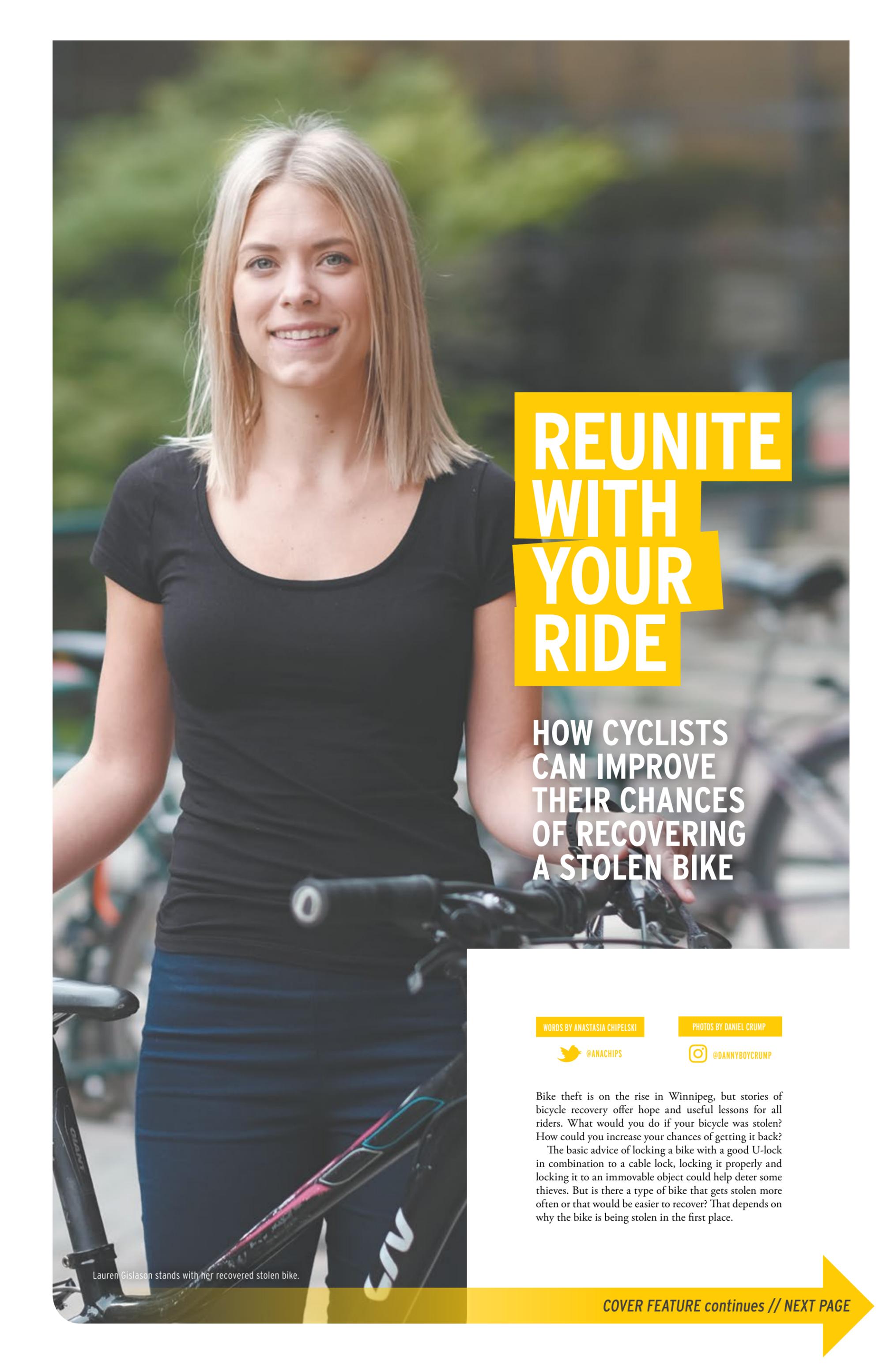
Mouseland Press strives to be an equitable employer and will prioritize qualified applicants who belong to marginalized groups. Qualified applicants who study at or are alumni of The University of Winnipeg will also be given priority

SKILL REQUIREMENTS

- Should have at least two years experience in News Writing
- Must have experience editing
- Ability to multi-task, make decisions and work independently
- Excellent communication skills, oral and written
- Knowledge of Google Docs
- Ability to oversee, mentor and lead a team of staff and volunteers
- Ability to maintain deadlines

DUTIES

- Work closely with Managing Editor to construct weekly story lists
- Must assign and collect writing assignments on a weekly basis
- Must ensure section is filled and balanced on a weekly basis
- Provide constructive feedback to contributors within section
- Must attend editorial meetings
- Work closely with Copy and Style editor to ensure all work is factual and formatted properly for print



REUNITE WITH YOUR RIDE

HOW CYCLISTS CAN IMPROVE THEIR CHANCES OF RECOVERING A STOLEN BIKE

WORDS BY ANASTASIA CHIPELSKI



PHOTOS BY DANIEL CRUMP



Bike theft is on the rise in Winnipeg, but stories of bicycle recovery offer hope and useful lessons for all riders. What would you do if your bicycle was stolen? How could you increase your chances of getting it back?

The basic advice of locking a bike with a good U-lock in combination to a cable lock, locking it properly and locking it to an immovable object could help deter some thieves. But is there a type of bike that gets stolen more often or that would be easier to recover? That depends on why the bike is being stolen in the first place.

Lauren Gislason stands with her recovered stolen bike.

COVER FEATURE continues // NEXT PAGE

A BIKE-STEALING CULTURE

“These thieves that are out with the tools, and they’re out to steal bikes, to steal parts, they know bikes ... they will be dissuaded by ugly bikes, crappy bikes, bikes that are flamboyantly decorated or that are too difficult to steal,” Will Belford, shop manager at Natural Cycle, says.

“But I think the main reason why people steal bikes is because they want to ride the bike.”

Kristen Andrews’s blue ‘60s vintage bicycle was stolen while she was working at a polling station. She posted about it on Facebook, and less than 12 hours later, an acquaintance spotted the bike – with a flat tire, leaning against a tree outside the Union Gospel Mission – and watched it until Andrews could come collect it.

“Somebody had taken it from the school and ridden it around, and then it wound up over at the shelter,” Andrews says.

While Andrews was lucky to get her bike back, this kind of theft is not uncommon in our city.

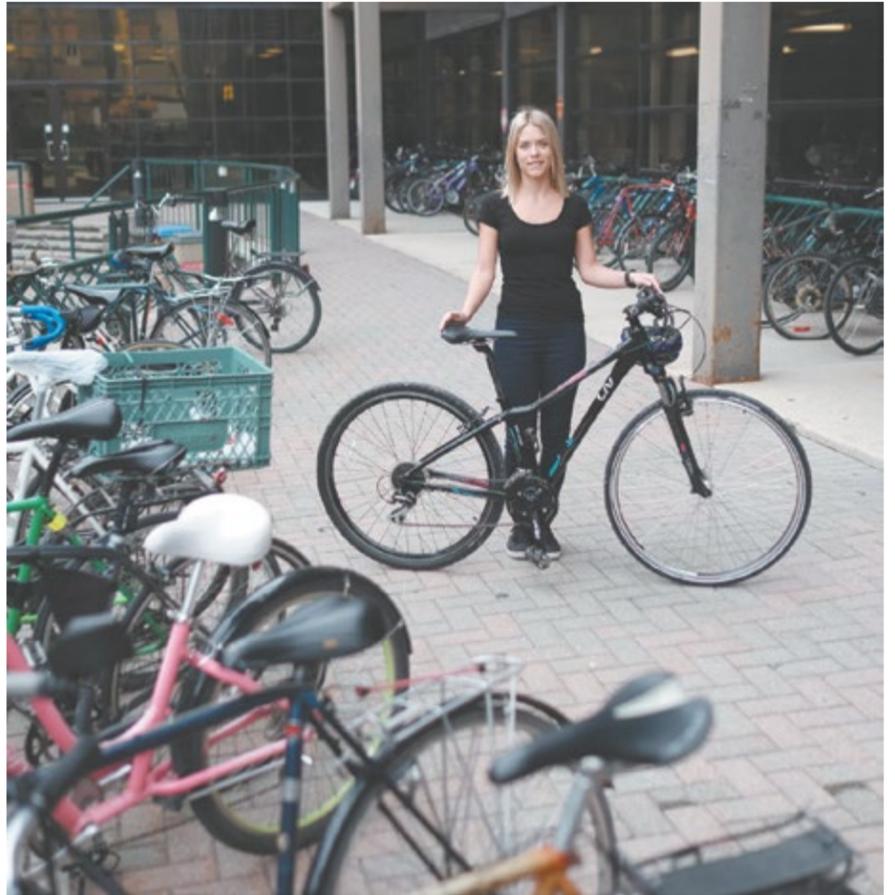
“There’s a really strong bike-stealing culture in our town,” Belford says.

“[People] steal it to ride it and they ride it around until it breaks and then they just kick it to the curb, they leave it on the tracks or they leave it in a field or they’ll push it into the river.”

Most of these types of thefts are opportunistic, Belford says, perhaps a bike is left unattended, or locked with a simple cable lock.

But even the recommended U-locks are not enough to protect against modern tools.

Daniel Jangula was picking up his car on Sherbrook Street when he saw a man sawing through a U-lock, in broad daylight, across the street. He decided to approach the individual and intervene in a possible theft.



Lauren Gislason’s bike was stolen and recovered months later by a bike shop.

The man stated the bike was his and he was missing the key, but Jangula was not convinced, so he called 911 and filed a report.

“I guess I was trying to contribute or help out at least, and just let him know that it’s not going unnoticed,” Jangula says. By the time he finished the call, the man, saw and bike were long gone.

So with all the bikes that get stolen, is there any hope for getting them back?

BIKE RECOVERY STARTS BEFORE THE THEFT

Most tactics that have helped Winnipeggers recover their bicycles involve documenting and registering a bike before there’s even the potential of theft.

The City of Winnipeg offers a bicycle registration program that matches rightful owners with recovered bicycles. A registration costs \$6.40 per bicycle and is good for a lifetime. The city currently has over 8,000 bicycles registered, Marcia Fifer, licensing coordinator for the City of Winnipeg, says.

The City’s bicycle recovery unit works with the Winnipeg Police Service (WPS), and they also collect abandoned bikes reported to 311 by businesses or individuals.

In 2015, they recovered 760 bikes, and 18 were returned to their owners.

“Where we do find a match, we are able to take those steps to reunite people with their bikes,” Fifer says. She cautions that the number of returned bikes may seem low because it doesn’t include bicycles returned by the WPS.

If you’re buying a new bike from a shop, stores may keep records of serial numbers, and this information can also be found on receipts. Serial numbers are one of the few ways bike owners can identify their own bike – as long as the number and owner are linked somehow.

Lauren Gislason got lucky when her bike, stolen in April of this year, was brought in for repair at the shop she originally bought it from, Bikes and Beyond.

“I guess they looked at him, looked at the bike – it’s an extra-small women’s Giant hybrid bike – and it didn’t add up, so they took it into the back and typed up the serial number and came up with my name,” Gislason says. The shop held onto the bike until they could return it to Gislason, who then followed up with police.

Some higher end locks, such as the Kryptonite brand, also come with an anti-theft program which will pay out the value of the bike if it is stolen. The program, is an additional cost, and bike owners need to register when they purchase the lock.

Another useful tactic is to have current pictures of your ride, or even better, a selfie with you *and* your bicycle. This can help with police reports or tracking down the bike through more informal means.

If you know that there are tens, or hundreds, of bikes like yours out on the streets, adding some distinctive markings, accessories or parts could help your bike stand out, especially when friends and other community members are watching for it.

“There’s a guy I know a few years ago who had his bike stolen, but he had a sticker with his name on it,” Ben Ryan, local bicycle courier, says.

“He posted a photo of it and he’s like, there’s a sticker with my name on it, so people looked for that,” and luckily, his bicycle was found and returned within a week.

Bikes with custom builds or unique modifications are more likely to stand out and be spotted. “Because we hand-build wheels and we get in certain brands of bicycle frame that can only be hand-built, we know which ones are ours out there,” Belford says.

“It happened just the other day, a courier was riding around and says ‘Hey, I see one of your bikes, I don’t like the look of the person who’s on it, did it get stolen?’ Yes, yes it did. So that’s a nice feature of our bikes.”

Buying “unique one-off bikes... shouldn’t be expected of everyone,” Ryan says. Other markings or add-ons can help distinguish a bike, although once a bike is stolen, these can also be removed or painted over.

BRINGING IT HOME

Even with the best laid plans, if someone is determined to steal a bike, they will, Belford says. And after a theft, there are a few steps to take that can help with bicycle recovery.

The first one is to file a police report. Constable Rejeanne Caron, downtown safety coordinator with the WPS, urges those with stolen bicycles to file a report as soon as possible.

“We can only do so much, but the public really needs to be a part of it as well. And what we’re finding is that if we don’t have the



Ryan Woozley is a local courier in Winnipeg.



Will Belford is the shop manager at Natural Cycle.

information, we can't put the owner of the bike to the bike to the accused," Caron says.

Bikes recovered through the City's bike recovery program and through the WPS can be identified as stolen if their serial number matches one provided on a police report.

"A lot of the frustration for investigators is they can't piece the two together. I know guys have seized very expensive bikes but have no clue who the bike belongs to," Caron says.

Stolen bikes can sometimes show up on sales sites like Kijiji, and victims of theft can scan these sites for signs of their lost bicycle.

If a stolen bike is spotted being sold online, Caron advises that it's best to take a screenshot of the post and report it to the non-emergency line. That way, she says, if the post goes down, the screenshot can serve as evidence.

It can also be helpful to post a picture of your bike to a stolen bike recovery group.

In June 2014, Diana Fred started the group Winnipeg Bike Watch on Facebook. "It was after another bike got stolen, or a friend of mine's, or something happened...(I thought) maybe this will help, maybe the internet will work for us," Fred says. Other groups, including

Winnipeg and Area Stolen Bikes, exist on Facebook for similar purposes.

"We've had a few people come back and say, yes, their bike has been found, so there has been a few," Fred says.

She's seen three recovered bikes in her group. "It doesn't seem like a very big number, but it does create hope that people will get their bikes back."

Having a community of people out on the street watching for stolen bikes could theoretically lead to more stolen bikes being recovered.

Bike couriers ride the streets all day, and usually also have a keen eye for bikes as well. Some help out by watching out for stolen bikes – those they know about, at least.

"It's all just based on social media and Facebook and word of mouth," Ryan says.

"If a good friend of ours has a bike stolen, we text everyone a photo or a description, or sort of keep it in the back of your mind, keep an eye out for it."

Ryan Wozzley, another local bike courier, checks the stolen bike groups on Facebook, as well as Kijiji, daily, to stay current on which bikes are missing.

"(I'll) just be out and about everywhere, looking at bikes, passing people, locking

up next to their bikes, and if anything rings a bell, I'll pop open one of those pages where I think I saw the stolen bike, and verify whether it is or isn't that bike," Wozzley says.

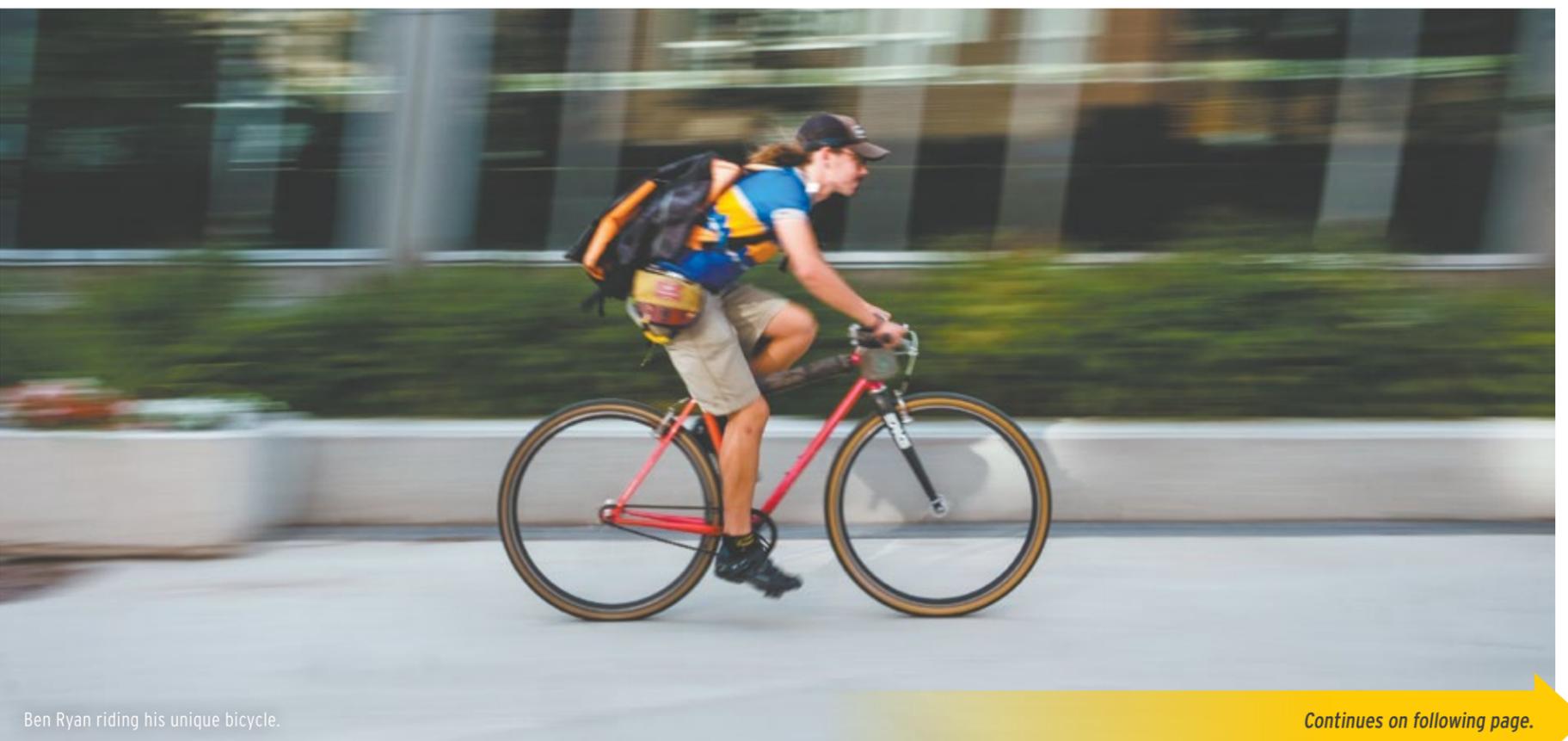
Though there are some possible markers of a stolen bike (a U-lock left hanging from the frame, a rough spray paint job on a fancy bike), it's difficult to tell at a glance if a bike is being ridden by its rightful owner.

Assessing a stolen bike is "dangerous, because then you start to get into assessing people, more than you're assessing bikes. What does a stolen bike look like? It looks like a bike," Belford says.

However, if you believe you're seeing a stolen bike being ridden around, Caron advises to call 911 "because it is a crime in progress." She urges the public not to get involved in recovering stolen bikes because "you just don't know who you're dealing with."

"You don't want anyone getting hurt, or getting into any kind of confrontation."

None of these tactics will guarantee that you will recover your bike after a theft. But for cyclists in Winnipeg who love and depend on their rides, anything that could help is worth a try.



Ben Ryan riding his unique bicycle.

Continues on following page.



Bike couriers like Ryan Woozley keep their eyes on the road all day.

TIPS TO HELP PREVENT THEFT AND RECOVER STOLEN BIKES

BEFORE A THEFT

Identify your bike. Write down the bike's serial number, make, model, colour and identifying features.

Modify your bike to be unique.

Take pictures of your bike. Take pictures of yourself with your bike.

Register your bike at winnipeg.ca/cms/BLES/LS/bicycle_license.stm.

Make sure you have a good U-lock or level up and use a U-lock and cable combination.

If you buy a lock with an anti-theft program, register online right after you buy your lock.

Use the U-lock to lock your bike to solid objects that can't be removed, and secure removable parts of the bike (like the front tire) with a cable lock or U-lock.

Bring your bike indoors as much as possible.

IF YOUR BIKE GETS STOLEN

File a police report (this can be done online at winnipeg.ca/police/coplogic/).

Share photos of your bike and a description on social media, and in groups that are created to watch for stolen bikes.

Canvass surrounding areas in case your bike has been stolen to ride and then abandoned.

Check online sales sites such as Kijiji to see if your bike has been listed.

Check with the WPS's evidence control unit to see if they've recovered your bike.

Check with the City of Winnipeg's bicycle recovery program to see if they've recovered your bike.

Attend the annual bike auction (usually held in spring) to see if your bike is there.

WHO TO CALL ABOUT BIKE THEFT

If you witness a theft in progress, including someone riding a stolen bike, call 911.

If you locate a stolen bike locked up somewhere, call the WPS non-emergency line (204-986-6222).

If you see a listing of a stolen bike online, take a screencap and report it to the police using the non-emergency line.

If you find an abandoned bike or see a bike left locked up somewhere for an extended period of time, contact the bicycle recovery program through 311.

More information about the evidence control unit, City of Winnipeg bicycle registration and recovery and the annual bike auction can be found at winnipeg.ca



WINNIPEG FOLK FESTIVAL UPCOMING EVENTS

TICKETS
TICKETMASTER.CA / WINNIPEG FOLK FESTIVAL OFFICE
(203-211 BANNATYNE AVE.)

SEP 15	ROYAL CANOE ALBUM RELEASE WITH THE LIVING HOUR	 BURTON CUMMINGS THEATRE
SEP 27	HAYDEN EVERYTHING I LONG FOR 20TH ANNIVERSARY TOUR	 PARK THEATRE
OCT 4	BASIA BULAT WITH OH PEP!	 WEST END CULTURAL CENTRE
OCT 6	ANDY SHAUF	 PARK THEATRE
OCT 13	THE DEAD SOUTH	 THE GOOD WILL - SOCIAL CLUB
OCT 20	BIRDS OF CHICAGO WITH RYAN BOLDT	 WEST END CULTURAL CENTRE
OCT 22	BOY & BEAR WITH COBI	 GARRICK CENTRE
OCT 23	THE STRUMBELLAS WITH THE ZOLAS HERITAGE CLASSIC AFTER PARTY	 BURTON CUMMINGS THEATRE
OCT 24	TERRA LIGHTFOOT	 PARK THEATRE
OCT 27	GREAT LAKE SWIMMERS WITH MEGAN BONNELL	 PARK THEATRE
NOV 1	DONOVAN WOODS & JOEY LANDRETH	 PARK THEATRE
NOV 19	JAMES VINCENT MCMORROW WITH ALLAN RAYMAN	 PARK THEATRE
DEC 2	THE PAPER KITES WITH HORSE THIEF	 PARK THEATRE
DEC 5	HAWKSLEY WORKMAN almost a full moon tour	 WEST END CULTURAL CENTRE
MAR 8	Ben Caplan & The Casual Smokers	 WEST END CULTURAL CENTRE

WINNIPEGFOLKFESTIVAL.CA



DRY WIT

WITH ANASTASIA CHIPLESKI

MANAGING EDITOR



When I first got sober and worried about people's reactions, a wise friend told me that other people's responses were more about them than me.

Recently, my sobriety has been coming up more often in everyday conversations, and I've noticed some patterns in people's responses. Over the winter I discovered that my body reacts horribly to yeast, so now yeast-based foods – bread, croissants, pizza crusts – are a total no-go.

I ask about yeast when I'm ordering food or planning shared meals. Most of the time it's a non-issue, but when people do respond, it's usually an incredulous, "So you can't eat bread ... ever??" After a moment of computing, this may be followed by an equally stunned, "Wait, so you can't have beer either?"

Can't have beer came far after *won't* have beer, but with a new dietary requirement, the no-beer thing is coming up more often.

Food allergies (or intolerances) and sobriety are definitely not the same thing, but they can bring out similar reactions from others. These reactions reflect

some societal attitudes around "going without" and the assumption that a life without bread (or beer) must be a sad and sorry state.

I've seen an increasing trend in Western society to restrict all kinds of food and drink unnecessarily, to diet or cleanse, to label foods good/bad or "clean", to make a visible show of constantly striving for the golden chalice of Perfect Health. The things we do and don't put in our bodies have become symbolically loaded.

It's less common to see food as neutral anymore – as something to fuel us, or even something to be enjoyed in all its forms.

It's more common (and trendy) to experience periods of unnecessary deprivation of whole food groups. So it's no surprise that when I say that I can't eat or drink a thing, these facts are processed within a framework of deprivation by some folks. Perhaps they imagine a giant baguette or bottle-shaped crack through my soul.

Periods and patterns of forced restriction can also make the banished object more desirable, so it's no surprise that carbs – and especially bread – are alternately demonized and revered. As clean eating movements liken bread to poison, attempts to reclaim this simple staple turn it into a new idol.

But I don't see quitting drinking or being unable to eat yeast as forms of deprivation or missing out. Coming to these decisions (and discovering these reactions) stemmed from tremendous acts of self-care. They marked moments



ILLUSTRATION BY JUSTIN LADIA

when I was finally able to listen to what my whole self – physical, emotional, mental and spiritual – needed, and what simply wasn't working anymore.

When I quit drinking, I learned that while it seems like booze is the glue that holds our lives together, it isn't. Without liquor, life didn't fall apart – in fact, it became more cohesive. And that surprised me as much as anyone.

That lesson served me well when I learned that yeast also needed to get the boot. I had faith that after the initial hump, the trials of yeastless eating would

simply become normal. Life with wraps, and muffins and other non-risen foods (including some kinds of bread) really isn't so bad.

So when someone is stunned that I can't have most breads – or beer – then I just tell them the truth: "Well, I don't drink, so that part was easier." How they respond to that is up to them.

Anastasia Chipelski is the Managing Editor at The Uniter and casual baker of soda bread. She's been known to give impromptu lectures on the difference between yeast and gluten.

NEWS



SMASHING RECORDS

Video game marathon raises funds to help kids develop their own games

MEG CRANE



ARTS AND CULTURE EDITOR

After 55 hours of playing Super Smash Bros in support of inner-city kids, Daniel Bergman isn't done with the game.

"I am going to take a little bit of a break, but I don't think I'm sick of it at all. The re-playability goes as far as whether or not people are willing to play the game with me," Bergman says.

Throughout his gametime, more than two days in total, others picked up a controller next to him, but no one else participated in the Guinness World Record breaking video game marathon.

Bergman needed a shift of people to verify to Guinness how long he played and that he took no more than a 10-minute break for every hour played.

The feat raised more than \$1,000 for Geekdom House's next big project which



Daniel Bergman got some friends to play Mario Smash Bros with him.

will prepare Winnipeg inner-city youth for a career in video game development.

"This record in particular was something that a long time ago my friends and I had talked about," Bergman says.

Looking into it, they realized that it wasn't worth doing this just for themselves, so they decided to find a cause to raise money for, preferably something that related to video games.

Bergman says he had heard about Geekdom House, but didn't know much about the Christian geek group. After learning about its upcoming project to teach inner-city youth to develop their own video games, he was sold.

"There was a program in the city that used to make race cars," Geekdom House Admiral and Founder Kyle Rudge says.

Through this program, youth gained mechanical skills and something for their resume.

"We thought, hey, what if we were able to do this with video games?" Rudge says. "It's a great way for them to tell their own story."

It's also one of the few ways they could get into the industry, which has become particularly difficult.

Geekdom House's Canada Helps page says video game companies want to know potential employees understand the industry from start to finish, so they ask if they have games they've taken to market.

"The problem is that video game developer schools are a dime a dozen now and churn out such varied skill levels that on a resume, it is difficult to gauge their

ability. A program like this takes a game from concept to creation to market and youth in the program have a clear head-start over their peers in breaking into this industry," it reads.

Rudge was completely behind Bergman's recording-setting game nights.

"It was just a lot of fun. It was a great way to engage with a different demographic," Rudge says.

However, Bergman's sleepless nights didn't raise all the money needed to get the project going.

Rudge says they'll need to buy computers, software and other pricey equipment before launching in fall 2017.

For now, Geekdom House is still asking for donations at canadahelps.org.



BUZZING WITH ACTIVITY

Urban beekeeping regulations move ahead

MELANIE DAHLING

@SUGARDAHLING

ARTS AND CULTURE REPORTER

This summer, a change in city bylaws allowed Winnipeggers to sweeten their routine with local honey produced by bees in downtown Winnipeg.

Chris Kirouac, co-founder of Beeproject Apiaries, is encouraged by the results so far.

"It's been fantastic. Winnipeg has bought into it and decided to be pollinator-friendly," Kirouac says.

"There's a bit of a grassroots movement where people are way more aware than they were before."

As the law stands now, beekeepers in pre-approved zones can have up to four hives on site if they apply for a permit.

Beeproject had seven urban hives set up by late July, including hives in the Forks and the Manitoba Hydro Building, but Kirouac would like to see the permitted zones expanded.

"The downtown committee agreed that they would approve beekeeping within what the downtown committee considers downtown," Kirouac says. "It's a very particular region of the core of Winnipeg."

John Russell, the vice president of the Red River Apiarists' Association, has been directly involved in this process. He agrees that there is more work to be done, but it won't happen overnight.

"It has to be planned out and thought out," Russell says. "It's not as uncomplicated as saying 'hey, should we do that?' If it were a building, it would be on the drafting table."

Kirouac agrees it's a work in progress.

"They're kind of studying how the other cities do it, and we've talked to many hobbyists who've set up hives throughout the city, and it would be really great to bring them into the fold," he says.

"(Winnipeg officials) are really doing their due diligence. The city is looking for a framework to do it in."

Kirouac is excited to see some of the steps the city has taken on its own to protect its pollinators. Any registered hives automatically have a mosquito spray buffer set up around them, as the malathion in the spray is toxic for bees.

"We thought it was pretty incredible that they took that step on their own," Kirouac says.

Russell notes taking time to draft up new bylaws is important for the wellbeing of the bees and beekeepers.

"It's animal husbandry. If someone dropped off six chickens on your doorstep, would you know what to do with them?" he asks.

"Part of our (Red River Apiarists' Association's) mandate is mentoring, making sure the people who are interested in undertaking it are doing it intelligently to avoid hazards down the road."

These hazards novice beekeepers may run into include diseases that spread through their hives and affect neighbouring bee colonies.

As far as the bee population at large, Russell says numbers have improved in recent years.



Chris Kirouac checks on the bees.

"The colony has rebounded, but it's not out of the woods," Russell says. "We need to not just be rebounding but excelling. Just because we're not in a global crisis about it doesn't mean it doesn't deserve our full attention."



To learn more about the importance of honeybees and the benefits of local honey, visit the Winnipeg Honey Show:

beekeepingmanitoba.com/ or check out beeproject.ca

NEWS BRIEFS

ANASTASIA CHIPELSKI // MANAGING EDITOR

@ANACHIPS

Bike culture downtown

As part of ManyFest, Ciclovía presents a bike-focused mini-festival in downtown Winnipeg. The event features Bike Polo, a Tweed Ride, a bike part swap and a Cycle Chic Runway fashion event. These events are free and open to the public on Sunday, Sept. 11 from 11 a.m. - 6 p.m. See manyfest.ca/ciclovía for more.

Curbside treasures

This weekend is the city's official fall curbside giveaway weekend. On Sept. 10 and 11, leave your excess items clearly marked "free" at the curb, and help yourself to others people's things that would be useful to you. The city requests that you not put out furniture that could harbour bed bugs, toilets and other items that could be unsafe. See winnipeg.ca for more information.

Games volunteers needed

The 2017 Canada Summer Games are looking for 5,500 volunteers to help with the event held July 28 - August 13, 2017. Volunteers can contribute their time in Winnipeg, Kenora and Gimli. An application form is available at canadagames.ca/2017 as well as at 296-240 Graham Ave. from 9 a.m. - 3 p.m. Monday-Friday. Assignments will be sent to volunteers in the spring.

New coffee and old books

Index is open and ready to caffeinate their first back-to-school rush. The coffee shop and used bookstore (replacing the former Pet Sole) stocks coffee from local roaster Dogwood, and both buys and sells used textbooks. The UWSA-run shop opened in January 2016 and is located on the first floor of Lockhart Hall (by the Ellice Street entrance). See theuwsa.ca/index for more.

Rock climbing challenge

On Sept. 9 at 12:30 p.m., teams of three members will compete to climb the rock in front of the University of Winnipeg. The record time of 9.4 seconds was set in 1979. Check out the competition and many other fun Roll Call activities across the front lawn. For more info or to register your team, see uwinnipeg.ca/rockclimb/index.html.

SARASVATI FEM FEST 2016
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204-669-5590
227 Henderson Hwy
bikesandbeyond.ca



UNIVERSAL TRANSIT

U-Pass now available to full-time students

TALULA SCHLEGEL

@TALULACORA

CAMPUS REPORTER

All full-time undergraduate students at the University of Winnipeg (U of W) will now automatically receive a universal transit pass.

The U-Pass, which was first approved by the University of Winnipeg Students' Association (UWSA), University of Manitoba (U of M) students and Winnipeg City Council in 2014, went into effect on Sept. 1. The pass is included in registration fees and costs \$130 per term.

"Winnipeg was, in fact, one of the largest Canadian cities to not have a program ... that included a public transportation pass as part of a student's tuition fees," Rorie Mcleod-Arnould, a former UWSA executive, says.

Mcleod-Arnould says the UWSA, the University of Manitoba Students' Union



A student shows his Peggio card at Balmoral Station.

PHOTO BY KEELEY BRAUNSTEIN-BLACK

and the Canadian Federation of Students partnered to outline a U-Pass proposal. This union spearheaded lobbying efforts, and both the U of W and the U of M put forward a referendum to their students.

"After the successful student referendums in spring of 2012-13, the newly elected student executives (myself included) returned to city councillors and the mayor to make our case," he says. "While the idea of a U-Pass was well received by many, there was significant resistance to the perceived costs to the city by city councillors and (former) Mayor Katz."

After the successful student referendums in 2014, the Winnipeg City Council formally approved the program by a vote of 13-3 in March 2015.

The program is partially funded through student tuition and relies on public funding in order to make the tuition fee increase affordable for students, Mcleod-Arnould explains.

"I am very pleased to see that negotiations on implementation went smoothly and the program will be in place for this academic year," he says.

"(We know) that the riders of today are more likely to continue using public

transportation later in life. This program should lead to many more Winnipeggers riding the bus ten and twenty years from now."

Kevin Settee, president of the UWSA, is excited for the program launch that saves students money and that he believes supports an agenda of environmental sustainability.

"I'm looking forward to telling students that we are a part of a global movement that is taking action on climate justice by actively reducing our carbon footprint," he says.

"It's also important to remind students that the genesis of this program was initiated by students at the University of Winnipeg who voted ... and passed the program."

The U-Pass is a step toward lowering our carbon emissions, Settee explains. He hopes more students become advocates of the U-Pass and adopt public transportation as an initiative to tackle our carbon footprint.

"This program goes beyond transportation to and from school, but provides students with transportation across the city anytime, anywhere," he says.

"Looking into the future of public transportation in Winnipeg, making a transition from a bus transit system that relies on fossil fuels to zero emission electric buses would be the dream."

Students who have registered and paid their tuition and fees can now pick up their U-Pass at the UWSA Info Booth.

The PROFile EVA PIP PROFESSOR, BIOLOGY DEPARTMENT



MEG CRANE

@MEGCRANE

ARTS AND CULTURE EDITOR

Eva Pip was the type of professor who most students either loved or hated.

She spent the end of her career teaching biology at the University of Winnipeg and retired in early September.

Many of her past students admire her for her humour and intense passion for biology and sustainability.

A spiritual woman, Pip strongly believes humans have an urgent responsibility to preserve and respect the environment and planet as an act of appreciating the work of the world's creator and doing one's part to make the future better for the next generations.

And those who didn't? Well, she doesn't care too much.

"I am so beaten up by now that I am surprised and suspicious whenever somebody pays me a compliment," Pip says.

Biology and the environment aren't all she's passionate about. An avid reader, Pip plans to spend at least some of her retirement in her Beausejour home reading.

WITH FILES FROM PALMER FRITSCHY

AREA OF RESEARCH:

Toxicology, water quality, public health

NUMBER OF PEER-REVIEWED ARTICLES PUBLISHED:

Almost 100 (95 or 96 or maybe more, I don't keep track anymore), also three books, many book chapters.

LOWEST GRADE IN UNIVERSITY:

B+ (in English!) I didn't learn English until later in life.

FAVOURITE THING ABOUT YOURSELF:

Being able to take a beating (metaphorical) and do what I feel is right, according to my own conscience, regardless of what others think or say, or how unpopular it might be.

WHAT'S YOUR SUPERPOWER:

Seeing the big picture of the universe and the importance of every living creature in it.

WORST TEACHING MOMENT:

Having to do a live dissection in first year biology lab (on an earthworm). I couldn't do it because it is a living creature that deserves compassion too.

BOOK RECOMMENDATION:

My own book of course, *A Bird Must Fly*. Others: *Plutonia* by Vladimir Obruchev, *Adventures in New Guinea* by Mikloukha-Maklai, hundreds of favourite others. Many, many more hundreds waiting to be read.

index

[in-dex \in-deks\]

noun

A UWSA space in Lockhart Hall at the University of Winnipeg where students can buy used textbooks, consign their old textbooks, and grab coffee or tea before, after, or in-between classes.

Your spot on campus for
books, coffee, and tea
on your budget

index

theuwsa.ca/index | @index_ywg



FIELD COURSE IN RECONCILIATION

Students study with elders in the community of Shoal Lake 40

TALULA SCHLEGEL

@TALULACORA

CAMPUS REPORTER

Last month, University of Winnipeg (U of W) students took their studies to Shoal Lake 40 First Nation. Students from various disciplines participated in Shoal Lake to Winnipeg: Practicing Land-Based Reconciliations, a summer class where they learned survival skills from Indigenous knowledge keepers.

The idea of a land-based reconciliation field course came up while Dr. Jobb Arnold, an assistant professor at the U of W, was in conversation with the community of Shoal Lake 40 First Nation while helping build a road to transport clean water.

“From the outset, the field school was developed in partnership with folks from Shoal Lake,” Arnold says.

“Menno Simons College partnered with the Museum of Canadian Human Rights Violations, a group of people from Shoal Lake who have been raising awareness about the day-to-day realities experienced by folks on the reserve.”

The summer course, which was partially funded and organized by the Manitoba Pioneer Camp and the U of W Experiential Learning Network, included an in-class portion, as well as a 10-day field course. In the field, students learned canoeing skills with teachings and stories from Indigenous elders and knowledge keepers and ate traditional foods.

For Jason Pinkney, a participating student, the field experiences outside of the classroom brought a new vitality to the in-class portion of the course.

“University courses are very good at conveying the rational theoretical arguments and informing people about issues,” Pinkney says. “All too often that



SUPPLIED PHOTO

Community members, students and organizers came together to learn in Shoal Lake 40 First Nation.

information remains in silos and doesn't move people to action.”

Arnold explains this direct and unconventional learning opportunity helped make the course unique.

“I was really impressed by the willingness of all the participants to engage with the course in ways that challenged them personally and allowed them to have a meaningful, in some cases transformational, experience,” he says.

“Long-entrenched colonial patterns don't just go away, and there's no checklist

for whether you're doing reconciliation right. It's a matter of your frame of reference and relative privilege. I hope we continue to hold ourselves and each other accountable to doing it.”

Andrew Vineberg, the community liaison co-director on the University of Winnipeg Students' Association Board, stresses the importance of interacting with the community, the land and the lake from where Winnipeg draws resources.

“I learned that as a society we are going to need to do a lot more investigation, a lot

more questioning of assumptions and a lot more listening to Indigenous communities directly before we can attempt to say that reconciliation or decolonization can be realistically attempted,” he says.

“After seeing Shoal Lake with your own eyes, you can't run a tap in this city without thinking about where it came from. People and things (are) harmed and exploited to make it possible. We have a responsibility ... to question how we can end this harm and make our world run differently.”

The Unbearable Wholeness of Being

SR. ILIA DELIO, OSF

Franciscan Sister and theologian at Villanova University with interests in evolution, physics and neuroscience and the import of these for theology.

Two inspiring opportunities!

Public Lecture | Sept. 16 7:00-8:30pm
Free admission/No registration required
Samuel Cohen Auditorium, St. Boniface Hospital

Co-Creating an Unfinished Universe Workshop | Sept. 17-18
Using the insights of Teilhard de Chardin we will explore with Ilia what it means to be a co-creator in an evolutionary universe.
St. Benedict's Retreat Centre \$100
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Register at 204-339-1705 or stbens.ca
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BACK TO SCHOOL BASICS

How to survive Year One at the U of W

SHANAE BLAQUIERE



VOLUNTEER

“Back-to-school” has a different meaning for awkwardly blooming adults than it does for runny-nosed kids who just can’t wait for recess. Backpacks are no longer armed with freshly sharpened pencil crayons and scented markers. Instead they’re stuffed with overpriced textbooks, a bottle of Advil and a frayed phone charger. The bus to school is no longer yellow, but, usually, it’s just as smelly. So it goes.

Even so, there’s always a harmony to the hum of excitement on the first day of the fall semester. September is when the student body presents its annual choir concert of sorts, sung by nervous freshmen (the overly excited sopranos) and the overworked undergrads entering

their final year (whose disgruntled moaning provides the bass), with all the others providing the vocals in between.

Incoming freshmen are perhaps the most in need of guidance as they begin their fine, fine liberal arts education - especially those who moved to Winnipeg for schooling. For you, the newest batch of uneasy underclassmen, here are a few tips to ensure your academic and emotional survival in your first year.

Tip #1: Befriend your neighbour in class. It’s good to have someone to text at 1:00 a.m. when you have no idea what you’re doing. It’s also nice to have a new friend to send Shrek memes to.

Tip #2: Look at your syllabus. Seriously. Don’t you *dare* raise your hand and ask when an assignment is due or how long the paper will be. It is in your syllabus.

Tip #3: Whatever you’re writing, it should be double-spaced and in 12-point Times New Roman, unless you are otherwise told. Actually, you know where this is stated plain and clear? Your beautifully detailed syllabus.

Tip #4: Play a sport. Though the University of Winnipeg’s offerings for intramural sports are slim, you can always register as an individual or as a team in the Winnipeg Rec League in a number of sports. It’s different than high school, and nobody will be mad if you can’t throw a dodgeball very hard. Sports are an easy way to schedule in social time, fun exercise and a break for your brain.

Tip #5: If you loathe sports, join a student club. Whether you want to



ILLUSTRATION BY ANGELA GODDY

become a billionaire, take photographs or incite a revolution, there’s a group that caters to any number of your oddly specific tastes. For a full list of active student groups, visit theuwsa.ca/uwsa-student-groups/student-groups.

Tip #6: You’re probably going to make some financial sacrifices, but never, *ever* cut corners in your toilet paper selection. It isn’t worth it. If there’s one place to splurge, it’s on two-ply. Always. Forever.

Tip #7: Speak up in class. Your professor will like you if you save them from the awkward silence of an unanswered question. Likewise, if you’re

a talker, feel free to shut up and let others speak, too.

Tip #8: You absolutely cannot survive off of pizza. Eat a damn banana every now and then.

University has legitimate potential to be one of the most rewarding experiences of your young life, so do your homework, grab a drink with your classmates and never expect one-ply to be enough.

Shanae will actually burst into tears if you ask a question that’s already answered in your syllabus.

NO MORE BUSINESS AS USUAL

To address climate change, we have to change the narrative

MITCHELL VAN INEVELD

VOLUNTEER



How can politicians, businesses and regular citizens transition to 100 per cent renewable energy?

It’s a question at the forefront of discussions in academic circles, governments, boardrooms and dining room tables around the world. And while most people have come on board with climate science, accepting the need to end dependence on fossil fuels, there is very little consensus on how we should get there.

Many folks, mostly from industry and government, have come together to present a very comforting narrative of incremental change: As long as we make gradual, green reforms to our existing economic and societal structures, we will be able to meaningfully address climate change.

This narrative is all around us. We hear it at UN climate summits, where the world’s nations sign non-binding, non-enforceable agreements setting emissions

reduction targets that are half as ambitious as the science tells us they need to be.

We continue to hear it when our provincial and federal governments return from those summits to tell us about the historic investments they’re making in “green infrastructure,” all the while providing billions of dollars of subsidies to the very fossil fuel companies whose decades of pollution and environmental destruction “greenification” seeks to mitigate.

At its face, this narrative promotes a meaningful response to climate change, but the underlying, ever-present caveat is that we must not disrupt “business as usual” in doing so.

The problem is that business as usual - the prioritization of economic growth and profit maximization above all else - is what brought about climate change. As long as it persists, the situation will only worsen.

While suggestions that we ought to abandon the mainstays of our opulent Western lifestyles are understandably met with hesitation, 22 years of UN climate summits have come and gone, and global carbon emissions are still climbing. We have wasted our window in which small, steady change was acceptable. We need huge overhauls of economic policy and societal norms, and we need them now.

To achieve these drastic overhauls such as massive investments in renewable energy technology, the dismantling of car culture and a rethinking of how food is produced and consumed, however, some key changes must occur.

Globally, we must subvert the idea that economic growth is always the number one priority and become comfortable with sacrificing a percentage point or two of



ILLUSTRATION BY GABRIELLE FUNK

GDP growth to preserve our environment. After all, without an environment, any economic activity becomes pretty difficult.

Locally, we must delegitimize any politician, administrator, or other public official who continues to serve as a cheerleader for the fossil fuel industry in spite of their commitment to serve the public interest.

These changes may be daunting, but they are necessary, and it is up to every single one of us to come together and do whatever we can to achieve them. After all, if we fail, we will all feel the consequences.

Mitchell van Ineveld studies political science and economics and represents business and economics students on the board of the UWSA.



WE'RE HIRING!

The Uniter is seeking a Staff Photographer

Are you interested in snapping pictures of a variety of subjects? Are portraits and concepts your passions? Is Instagram too restrictive? Come and take photos for The Uniter.

The successful candidate will be responsible for shooting images to accompany two stories a week in the various sections of the paper. Occasionally the photographers will also be involved in cover shoots. Photographers will need to supply their own equipment and transportation to shoot locations and attend section meetings.

The position begins ASAP and pays \$100/week.

Please submit a resume and link to your portfolio to Managing Editor Anastasia Chipelski at jobs@uniter.ca by September 15th at 4 p.m.

Mouseland Press strives to be an equitable employer and will prioritize qualified applicants who belong to marginalized groups. Qualified applicants who study at or are alumni of The University of Winnipeg will also be given priority



Student Services

You of W



STUDENT SERVICES

The Student Services staff of The University of Winnipeg provides the student body with current information and opportunities. This information is updated weekly.

Welcome new students and welcome back returning students from all the staff in Student Services!

AWARDS AND FINANCIAL AID

The following award applications are available. Be sure to submit them before the end of the business day on the specified deadline date. Late applications will not be considered.

Awards and Bursaries

Need money? A bursary is a grant made to a student where the main selection criteria is financial need. Students must also have a minimum cumulative grade point average of 2.00 (C). Awards are selected using both financial need and academic merit as criteria. Students must have a minimum cumulative grade point average of 2.50 (C+) to be considered for awards.

Deadline: Monday September 19, 2016

Opportunity Fund Bursaries

Need money? A bursary is a grant made to a student where the main selection criteria is financial need. Students must have a minimum cumulative grade point average of 2.0 (C) and belong to a population currently under-represented at The University of Winnipeg such as recent immigrants or refugees, Aboriginal students, adult learners, students from low-income families, students with disabilities, or first generation students (those who are the first in their family to attend college or university).

Deadline: Monday September 19, 2016

NOTE: Metis students seeking consideration for the Louis Riel Bursaries need to submit the Awards and Bursaries or an Opportunity Fund Bursary application form in order to be eligible.

Scholarships

Have excellent marks? A scholarship is awarded for academic achievement. They are directed to students who have a minimum cumulative grade point average of at least 3.00 (B).

Deadline: Friday October 7, 2016

To obtain application forms, go to www.uwinnipeg.ca Click "Student", Click "Awards and Financial Aid" Click "In-Course Awards (current students)"

Campus Jobs

The Awards and Financial Aid Office is now accepting applications for the Fall/Winter 2016-17 Work-Study Program.

- Work about 5-10 hours a week
- Get valuable research experience
- Work flexible hours
- Build your résumé

For more information, deadlines and applications, visit the Awards and Financial Aid website: Go to www.uwinnipeg.ca, Click "Student". Click "Awards and Financial Aid", Click "Work-Study Program"

APPLY NOW!

EXCHANGE PROGRAMS

Looking for exciting new experiences? Do you want to explore the world? Participate in a UWinnipeg Exchange Opportunity!

The first information session on studying abroad on Exchange will be held on: **Wednesday October 5th, 12:30pm-2:15pm, Room 3D04**

For more information visit the following site: www.uwinnipeg.ca/index/intl-student-exchange

If you have any questions, contact je.michaluk@uwinnipeg.ca

STUDY SMART

Get advice and tips on essential study skills at FREE Study Skills Workshops!

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Tuesdays, 4:00-5:15 P.M.
Room 1L13, 1st Floor, Lockhart Hall, UW

www.uwinnipeg.ca/index/services-adv-study-skills-workshops

September 12 (Mon)
Class Participation & Student Resources

September 13 (Tues)
Effective Time Mapping

September 14 (Wed)
Note-Taking Techniques

September 19 (Mon)
Start At Your Library

September 20 (Tues)
Reading Strategies

September 21 (Wed)
Critical Thinking Skills

September 26 (Mon)
Academic Writing

September 27 (Tues)
Memory & Test/Exam Strategies

September 28 (Wed)
Dealing With Stress:
Exams/Tests/Class Presentations



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<http://1sudoku.com>

n° 210242 - Level Medium



FASHION STREETER

Kim

"What I'm wearing makes me comfortable."

PHOTO BY DOUG KRETCHMER

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Your guide to online education.

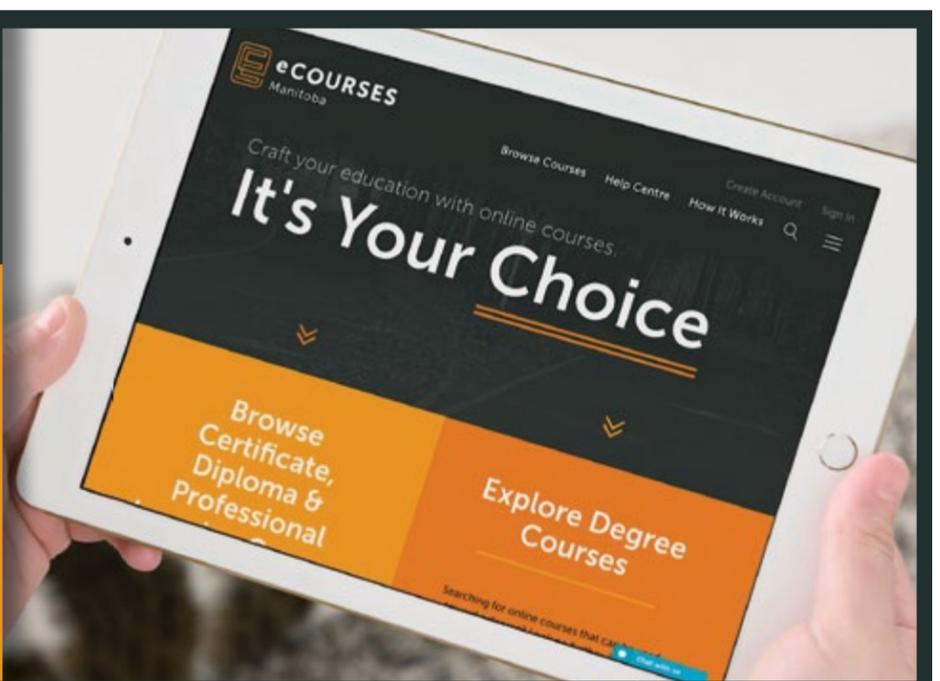
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