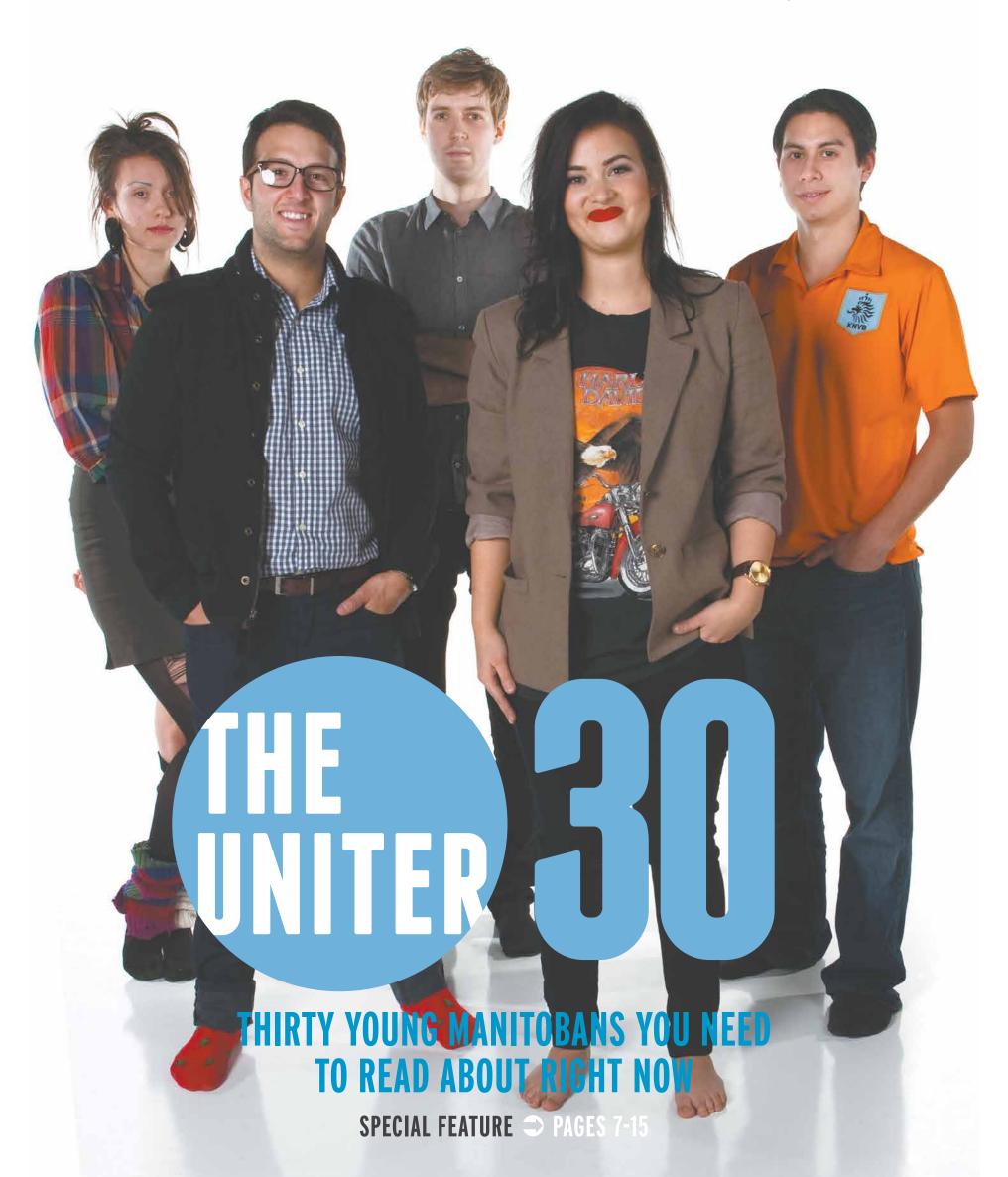
UNIVERSITY OF WINNIPEG'S WEEKLY URBAN JOURNAL

# THE CONTROL OF THE FRANCE OF T

DECEMBER 6, 2012 | VOLUME 67 ISSUE 14



TOP TEN LISTS: A LOOK AT THE POP CULTURE YEAR THAT WAS

ARTS 
PAGE 16

## **Beauty**

## **The Beast**





We all need to manage the waste we create. If you're like 90% of Manitobans, you already recycle. But one third of us admit we still throw into the trash some items that could be re-used or recycled into useful materials. Let's manage to do better!

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#### **News**

## West End businesses throw feast for new neighbours

Local Sons of Italy chapter prepares for seventh annual holiday celebration

CARSON HAMMOND

BEAT REPORTER

Making your way in a new place is never easy - but turkey, presents and a bearded man dressed in red flannel can go a long way to help.

So goes the logic behind the Sons of Italy's Christmas Eve Feast, a free annual dinner for West End community members, which is sponsored by Italian business owners from the surrounding neighbourhood.

The event is organized by Garibaldi Lodge, a local joint chapter of the Canadian Italian Business and Professional Association and Order Sons of Italy - the latter of which, according to lodge president Tat-Liang Cheam, is North America's largest and oldest organization representing Italian heritage.

While the seventh annual feast, taking place Monday, Dec. 24 at X-Cues Billiards and Café on Sargent Avenue, is expected to draw 300 neighbours of all stripes from the area, Cheam says reaching out to lower-income families and new immigrants is a priority.

"We've all been in the same boat," he explains, noting many members of Winnipeg's Italian community are first or second generation immigrants to Canada.

John Giavedoni, a board member of the Sons of Italy and co-chair for the annual feast, says the event, which relies on close to 40 volunteers and donated contributions from other Italian businesses across the city, has served around 125 turkeys (plus a lot of pasta) to some 1,800 guests since 2006.

"It's such a feel-good event - a true Italian dinner," Giavedoni says. "Everyone goes home with a full stomach."

Full stomachs indeed.



Volunteers serve food at the Sons of Italy's 2011 Christmas Eve Feast. The annual feast has served around 125 turkeys to some 1,800 quests since 2006.

Sorrento's, a West End institution for Italian cuisine since 1975, donates labour to prepare the feast every year.

Gerry Lomonaco, who owns the Ellice Avenue restaurant, says helping out has become a holiday tradition in its own right.

"We love it," he says. "It gives us a lot of pleasure to give back to the local community as much as we can, especially to those who are new living here."

To Sal Infantino, who owns X-Cues, the feast is a great way of fostering a sense of community in one of the city's most diverse neighbourhoods.

"We've been in this area for 43 years," says Infantino, who grew up around the popular gathering place after his father opened the establishment in 1969. "In that span of time, you get to know people who live nearby pretty well."

The licensed pool hall, café and restaurant, which plays host to a wide range of other community events year-round, seems to have taken up a special role in the local immigrant experience, says Infantino.

"For a lot of people new to Canada and to Winnipeg, this is one of their first stops," he says. "It's definitely somewhat of a hub for any new community coming here."

"It gives us a lot of pleasure to give back to the local community as much as we can, especially to those who are new living here."

- GERRY LOMONACO, OWNER, SORRENTO'S

Attendees of the feast also receive gift baskets donated by community members, which include age-appropriate toys and warm clothes for children, and food, hygiene and clothing hampers for adults and their families.

For younger guests, the event is often a memorable one.

"There's nothing quite like seeing a kid from another part of the world meet Santa for the first time and get their picture taken with him," Infantino says. "For a lot of them, it's a really exciting thing."

The first of three meals is set for 11:30 a.m. on Monday, Dec. 24 at X-Cues Billiards and Café at 551 Sargent Ave. Reservations are still available. To learn more about the feast and other charitable events organized by the Sons of Italy, visit www.sonsofitaly.ca/events.

#### Canadian Senate proposes massive seal slaughter

Experts say federal Conservatives putting politics before science

**ALEX PATERSON** 

BEAT REPORTER

A Canadian Senate committee recently recommended the termination of 70,000 grey seals in order to benefit the country's cod fishery, raising the ire of scientists and environmentalists from coast to coast.

"Seals are a scapegoat," said Gretchen Fitzgerald, an Atlantic representative from the Sierra Club of Canada, a prominent environmental organization opposed to the seal cull.

In late October, the Sierra Club put out a scathing media release, claiming the federal government is ignoring science in order to subsidize a dead sealing industry.

"The majority of Northwest Atlantic cod stocks in Canada are endangered with no recovery plans - but instead we are focusing on culling seals," Fitzgerald said, adding there is little evidence to suggest a definitive correlation between grey seals - who prey on cod - and vastly reduced stocks of the endangered fish.

Since 2009, the federal Department of Fisheries and Oceans (DFO) has argued the seal population in the Gulf of St. Lawrence is responsible for a 0.6 per cent rise in mortality rates among an already endangered cod population.

In response to this, the Senate committee report states they were persuaded to experiment with a seal cull because they hope it will measurably increase cod stocks and help Canadian fishers.

"... We will never rebuild cod stocks in this region at the current grey seal population lev-



SUPPLIED

els," said Denny Morrow, a leader and representative of east coast fishers in a 2010 meeting of the now disbanded Fisheries Resource Conservation Council.

The senate report recommends a cull despite acknowledging large data gaps in how the seal population impacts cod stocks.

Conservative Senator Fabian Manning, speaking to the *Canadian Press* in late October, conceded the cull - which will happen over a four-year period - is on shaky scientific ground.

"There's no really solid research anywhere

that shows us exactly - there's questions on both sides," he said, adding the seal cull will be an experiment to determine the effectiveness of such mass slaughters on the cod pop-

This uncertainty by the government is turning heads among animal conservationists and environmentalists, who argue an experiment in slaughtering seals will generate no scientifically verifiable results.

"The results won't be measurable scientifically or reproducible," said Boris Worm, a biology professor at Dalhousie University,

meaning that - even in the aftermath of the seal cull - it will be nearly impossible to determine a definitive correlation between the cull and an increase or decrease in cod stocks.

Jeff Hutchings, a marine biologist who testified before the Senate committee, argues the real problem lies in over-fishing and slack regulations - not grey seal predation.

The Government of Canada has consistently allowed fishing to take place before the cod population was able to recover from overfishing, he said.

Hutchings's research and DFO modeling show current cod stocks are only 10 per cent of where they ought to be to ensure sustainable fishing.

"Among industrialized fishing nations, the status of Canada's marine fish stocks is among the worst in the world," Hutchings wrote in a 2011 report, recommending that Canada establish proper recovery plans.

Norway has instituted a cod recovery plan that protects 100 million square kilometres of ocean.

As a result, the country is able to set their 2013 cod quota at one million metric tonnes, well above Canadian levels.

Isabelle Côté, a marine biology professor at Simon Fraser University, cites the federal Conservatives' consistent endorsement of the sealing industry as a potential motivation for putting science on the backburner.

"I'm convinced this is a political and not a scientific decision by the senate," she said.

Representatives from the DFO were unavailable for comment before press time.

#### The year's best music, movies and more

**ARTS page** 16

#### **LOOKING FOR LISTINGS?**

THEY'RE ALL ON © PAGE 18

#### This is the last issue of The Uniter for 2012.

We'll be back with a new issue on stands Jan. 10, 2013. Happy holidays!

This year's edition of The Uniter 30 includes (from left to right) Lyzie Burt, Jonathan Torchia, Thom Fougere, Vanessa Kunderman and Mike Green.

PHOTO BY DYLAN HEWLETT

Read the special feature

#### **Letters**

#### Re: "Local 'carsharing' co-op nominated for national award" (Nov. 8, page 3)

Those wondering about the overall environmental benefit of carsharing might be interested in some recent research on the net impacts.

The Impact of Carsharing on Household Vehicle Holdings: Results from North American Shared-Use Vehicle Survey found that "an aggregate analysis suggests that carsharing has taken between 90,000 and 130,000 vehicles off the road. This equates to nine to 13 vehicles (including shed autos and postponed auto purchases) taken off the road for each carsharing vehicle." You can find the full report at www.tinyurl.com/CarsharingSurveyResults.

This certainly echoes our experience at Peg City Car Co-op, where we hear from new members that carsharing has allowed them to either dispose of a vehicle (usually an older car) or avoid purchasing one.

For those members who did not own a vehicle before joining the car co-op, they had typically borrowed a vehicle from friends/family or taken a taxi for those trips they would now complete with a carshare vehicle.

Mathew Fiola,

third-year stu-

dent, education

peer of mine. He

has raised money

and built an AIDS

centre in Africa.

He has spent a lot

of time out there

Joshua Stolar,

student, business

"I would nominate

because he's been

able to juggle work

and school in a

fantastic way.'

fourth-year

Pawel Gacon

and is very globally

"A high school

STREETER

All of us who became involved in founding Peg City Car Co-op did so from an environmental ethic and come from a sustainable trans-

While it might seem counter-intuitive for those who promote cycling, walking and transit to also promote occasional use of a car, we recognize that Winnipeg's transit system, at present, is not sufficiently robust to allow residents to live completely car free. The car co-op assists by allowing them to live "car-light."

Peg City Car Co-op via Uniter.ca

#### Re: "Immortalizing the voices of West End residents" (Nov. 29, page 5)

I would like to add my heartfelt thanks to three people who worked very hard to make this project happen: Daniel Matthes who did the scanning and painstaking uploading and troubleshooting, Michael Hohner who oversaw the developed the entire technological infrastructure for the project, and Monica Fritz who did

Q: Q: IF YOU WERE TO NOMINATE ANYONE FOR THE UNITER 30,

a great deal of work in developing a plan for the project as well.

Gabrielle Prefontaine University Archivist & FIPPA Coordinator University of Winnipeg via Uniter.ca

#### Re: "New Canadian currency ignores indigenous achievements" (Nov. 29, page 7)

Alex Paterson makes a good point here. I agree with the concern about how the focus on military history, not to mention Eurocentric innovations, displaces the contributions of our indigenous brothers and sisters over the centuries.

There is also of course the underplaying of our history of slavery. (Yep, we had it north of the 49th as well.)

In my view, most of the "freedoms and advantages" I enjoy as a Canadian have more to do with people violently displaced from their land then from some soldier dying on a foreign battlefield for the Crown of England. I can't quite bring myself to express gratitude for those freedoms though.

But just as important as remembering the crimes from which we benefit is remembering that there is ingenuity, brilliance and achievements outside the standard Eurocentric model. We diminish not only the target population but ourselves when we fail to recognize the diverse and collective contributions of all humanity.

I didn't notice the skewed nature of our \$20 bill until I read this article, perhaps because I am still struggling with the effects of colonialism

Though it's more likely because I just don't spend a lot of time looking at cash.

The article "'Welcomed with open arms" (Nov.

29, page 3) incorrectly stated that Russ Hilsher

spent time in Stony Mountain Institution.

Also in that issue, the article "Immortalizing

stated that West Central Streets is the Univer-

sity of Winnipeg's first digitally archived pub-

lication. That is incorrect. It is the university's

first attempt to digitize an external publication.

The University of Winnipeg has many digitized

publications online, as does the Archives.

The Uniter regrets the errors.

the voices of West End residents" (page 5)

Good work, Mr. Paterson.

Michael Welch via Uniter.ca

#### CORRECTION

Pawel Gacon, fourth-year student, business

"I would nominate Josh Stolar because Josh keeps it real."

Priyanka Kumar,

office administrator,

"(UWSA Vice President

Advocate) Zach Fleish-

er. He has potential.

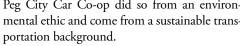
He can do better but

he's done a lot of work

on the UPass. And he's

shaved his moustache

so he looks a lot better



Beth McKechnie

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#### **Campus**

## U of W loses vice-president academic in sudden departure

Neil Besner, new VP academic, presents bold vision for the future

**ETHAN CABEL** 

**NEWS ASSIGNMENT EDITOR** 

The University of Winnipeg's vice-president academic - considered the most influential administrator on campus next to president Lloyd Axworthy - recently departed the university in a sudden move, leaving many unanswered questions in his wake.

On Friday, Nov. 16, it was announced vice-president academic John Corlett had accepted a post at Grant MacEwan University in Edmonton and would begin an administrative leave - before the end of his term and without a replacement named - the following Monday, Nov. 19.

In short, no public announcement of Corlett's departure was made until just two days before an administrative leave that will last until March 1 of next year.

Corlett - who has served the University of Winnipeg as vice-president academic since September 2010 - is a well regarded professor of kinesiology and applied sciences who has been the university's public face in an environment of faculty cuts and transformative change

Axworthy was unavailable for comment about the sudden departure and the university's human resources department responded with only an emailed statement.

"On behalf of the entire campus community, we thank Dr. Corlett for his dedicated service to the University of Winnipeg and we wish him all the best in his new role," vice-president of human resources Laurel Repski said in a statement.

Just six days after Corlett's departure was

announced, vice-president international Neil Besner was appointed the interim VP academic.

He will be hired on a permanent basis, the university said in a press release, once Corlett's term and administrative leave run out on March 1, 2013.

Besner - who has been involved in various roles at the University of Winnipeg as a professor and administrator for 25 years - refused to comment on Corlett's departure or the process that ultimately appointed him as the new VP academic in less than a week.

"I cannot talk to you about appointment processes, hiring processes, that stuff is confidential stuff," he said, adding that his primary concern is the academic mission of the university going forward.

Besner added he will use his wealth of experience as an academic to respond to the shifting ground in Manitoba post-secondary education.

Namely, he hopes to address changing demographics among university students - the average age for a student is now over 21 and most students work part-time, according to Besner - through innovations that will allow more academic and scheduling flexibility.

"We're in a new age, really, in the classroom; ... the whole issue of lifelong learning is on everyone's mind," he said, adding there is a diverse student population that includes many advanced education students, international students and a great deal of part-time students.

In addition to these substantial opportunities for change, Besner added he will advocate for a provincial post-secondary education strategy to address the issue of grant funding, tuition fee increases and the strength of college programs.

A greater level of mobility for students who would like to transfer credits from an out-of-province institution is another necessary change, he added.

Despite Besner's ambitions, however, some faculty members are critical of the administration's hiring process and feel Corlett's sudden departure may put faculty hires in jeopardy.

"His (Corlett's) departure was quite sudden, ... so there wasn't a sense of transition and you wonder about all the different projects he was involved in," said Peter Ives, politics professor at the U of W, adding that in a time of major changes at the university - including major capital infrastructure additions and last year's round of faculty cuts - students and faculty have a right to be concerned.

He added the absence of a competitive hiring process to replace Corlett is also problematic considering the importance of the position.

"There was definitely a competitive process when Dr. Corlett was hired ... and one would think that would be the normal course of events and I don't know why they wouldn't have gone through those normal course of events (when they appointed Besner). ... I would like to know why they didn't."

Among the significant administrative figures who have departed the university in the past year are former dean of libraries Jane Duffy, Global College principal Marilou McPhedran, associate vice-president of external affairs Dan Hurley, founding dean



SUPPLIE

Neil Besner.

of the U of W's business and economics faculty Michael Benarroch and vice-president academic John Corlett.



## Happy Holidays



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#### **Comments**

## Top five reasons to watch Wesmen basketball

If you haven't been watching, here's what you're missing



**MICHELLE GAZZE VOLUNTEER** 

In November, I went to the home opener for the Wesmen men's basketball team. It had been awhile since I had seen a Wesmen game, but I had high expectations from past experiences at the Duckworth Centre.

The team fulfilled my expectations. However, the turnout of the crowd did

Wesmen are ranked second in the Canada West Conference. Judging by their dominance shown on the court, it's evident that they have high expectations for themselves and of each other.

Half the court was closed off and the rows that were open were nearly empty.

The Wesmen men's basketball team currently holds a 5-3 record for their 2012-13 regular season which is the best record they've had in a long time.

So I don't get it - where is the love for Wesmen basketball?

I understand it's cold out and that parking downtown isn't ideal, but with the team doing this well, they deserve support at their

However, don't take it from me - here are the top five reasons, from the players themselves, why you shouldn't be missing out on this year's season.

1. "It's a chance to witness history in the making. We're doing big things this year and you will want to be there when it happens."

- Seaton George, fifth year forward.

Cocky? No, just confident. The Wesmen are ranked second in the Canada West Confer-

Judging by their dominance shown on the court, it's evident that they have high expectations for themselves and of each other. Fans can tell when athletes have pure passion for the game and Wesmen players are no excep-

2. "Our team has a lot of new talent who are experienced playing at college level in the United States."

- Jordan Clennon, third year guard.

Clennon was previously named Wesmen Player of Week and spent two years playing at Missouri State University - West Plains.

If you've watched college basketball in the U.S. then you've seen the environment these guys are used to playing in - high energy fans and nonstop action starting at tip off running straight to the last quarter. Every minute is engaging and from what I've seen so far these guys have definitely brought the hype with

3. "We bring strong athleticism, high basketball IQ and smart plays to every

- Steven Wesley, fourth year forward.

Wesley's individual stats currently rank him 30th across the entire country in men's CIS basketball. That's kind of a big deal. Educated players make smart plays that crowds enjoy and, more importantly, appreciate watching.

You can count on the Wesmen players to keep you engaged and entertained when watching them on the court.

4. "Before each game there's a tailgating party that's free for students and held in the Duckworth Centre."

- Benny Iko, fifth year forward.

Iko was recently named Canada West Male Athlete of the Week, CIS Player of the Week, and Wesmen Player of the Week. These accomplishments are highlights of his university career that he won't be forgetting any-

There will never be a time in your life that compares to your experiences as a university student and watching university-level sports will definitely be something you remember. Tailgating included.

5. "Our games are only \$5 for students to come out and watch."

- Andrew Cunningham, fourth year

Checking out a game is cheaper than going to the movies, buying a Big Mac meal or parking downtown for the entire day. Everyone knows university students are on a budget, so skip the Venti latte from Starbucks for a day and use that cash to check out a game

If you live in Winnipeg and are a basketball fan, your options for watching live games are pretty limited.

So, why not take advantage of the games we do have access to, especially if our teams

The 46th Annual Wesmen Classic is scheduled for Dec. 28 to Dec. 30 at the Duckworth

For schedules and the latest Wesmen news, check out www.wesmen.ca

Michelle Gazze is a freelance writer and sports enthusiast who volunteers in Winnipeg's newcomer community and inner city. She is a University of Winnipeg business administration alumnus and currently works at the Global Welcome Centre for Immigrants and

Follow her on Twitter: @michellegazze.

#### The secret Canadian bank bailout

Major banks receive billions during economic crisis



MICHAEL WELCH **VOLUNTEER STAFF** 

"The federal government's \$25 billion takeover of bank-held mortgages to ease a growing credit crunch faced by the country's financial institutions is not a bailout similar to recent moves made in the United States and other Western countries.

- Prime Minister Stephen Harper, October 2008

The meme persists, especially in the wake of Mark Carney's elevation to economic "rock star" status. Canada's strong economic fundamentals helped it endure the recession better than most other countries in the world.

In particular, unlike the United States, Canada did not need to bail out its banks.

With uncritical praise being lavished on Ar. Carney and the fearless crew of the HMS Canada, there is more myth than reality to the perception of Canada as an economic colossus enduring through the stormy seas of an early 21st century crash.

The findings of a study from the Canadian Centre for Policy Alternatives, which was released in April of this year, is quite different.

The report, The Big Banks' Big Secret: Estimating government support for Canadian banks during the financial crisis, asserts

that the period between October 2008 and July 2010 saw a tremendous amount of cash injected directly into Canada's top banks by the Canadian taxpayer.

According to David Macdonald, the author of the report, these huge Canadian financial institutions turned not only to the Canadian government, but to the Bank of Canada and even the U.S. Federal Reserve for the capital they needed to continue their operations.

#### This transaction was like an insurer paying out \$100,000 on a fire insurance policy even though the house has not vet burned down.

As it states in the report, by March 2009, support for these banks coming from these three institutions topped \$114 billion, or roughly seven per cent of the Canadian economy.

The first of these fiscal maneuvers began during the 2008 federal election when Finance Minister Jim Flaherty explained that Canada's largest banks would see a \$75 billion cash infusion through the use of the Canadian Mortgage and Housing Corporation (CMHC).

CMHC, as one of its main functions, insures banks which hold mortgages secured by homeowners. In the event of a default, CMHC covers the banks, thereby freeing up the banks to provide more credit to the gen-

The CCPA report states that the CMHC purchases of insured mortgages is not much different from the U.S. government's Troubled Asset Relief Program (TARP) except that the U.S. purchases only targeted "troubled" mortgages.

The CMHC transaction covered all mortgages they insured whether they were troubled or not.

To put it another way, this transaction was like an insurer paying out \$100,000 on a fire insurance policy even though the house has not yet burned down.

Moreover, in his 2009 book, Beyond the Bubble: Imagining a New Canadian Economy, York University economics professor James Laxer pointed out that the government would raise the capital to purchase the mortgage pools through the sale of government bonds and other financial instruments.

According to the CCPA report, in addition to the contributions through CMHC, the major banks got \$33 billion and \$41 billion in collateralized loans from the U.S. Federal Reserve and the Bank of Canada, respectively.

Still not convinced this was a bailout?

Consider that according to the report, at one point, three of Canada's largest banks, CIBC, BMO and Scotiabank, were receiving more government support than their net

To take one example, by March 2009, CIBC was receiving more of this kind of support than all their share values were worth.

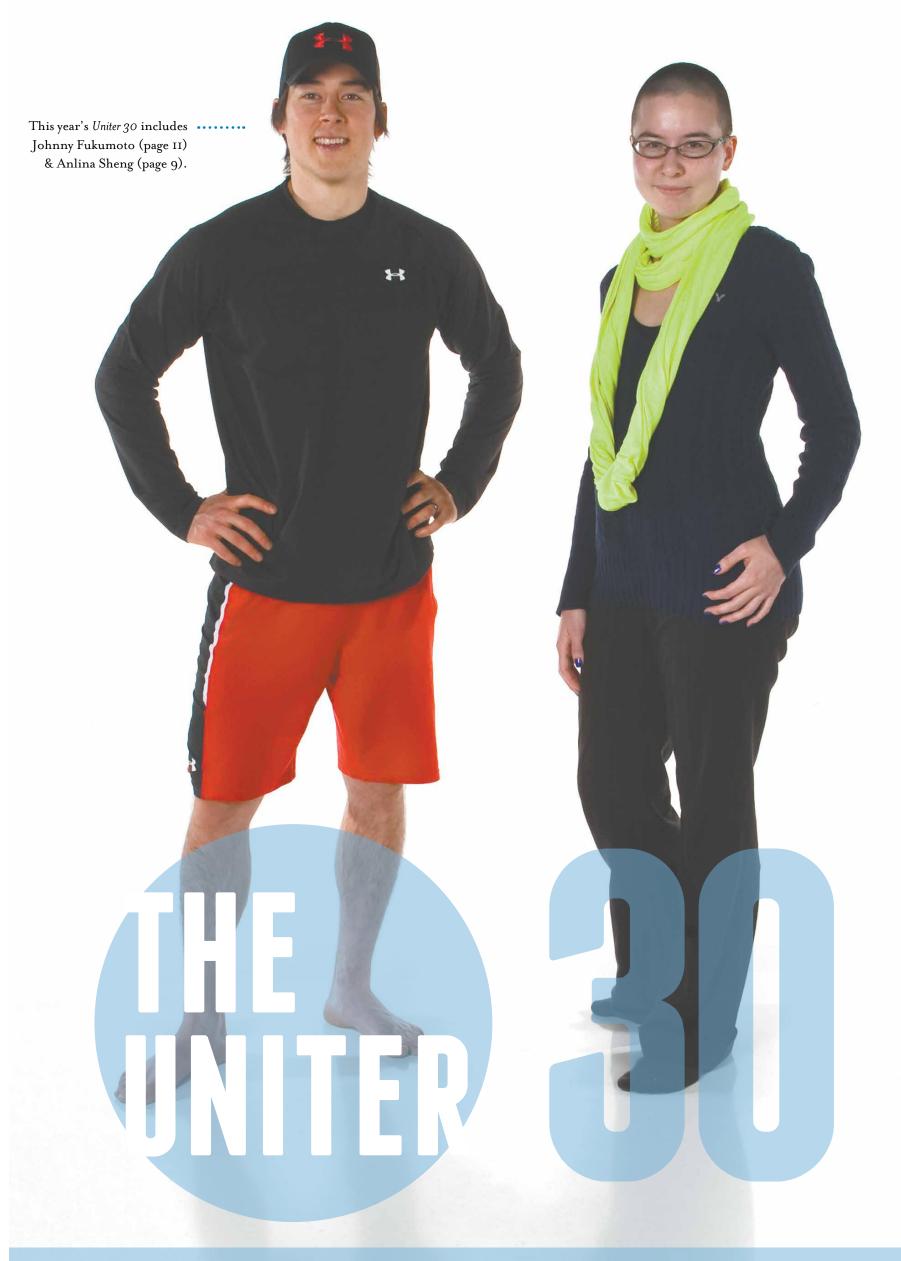
To quote author Macdonald from the executive summary, "It would have taken less money to have simply bought all the shares in CIBC instead of providing it with support."

So, the big banks in Canada did receive bailout money, and if opposition politicians and journalists were doing their jobs, this fiscal sleight of hand would today be as prevalent in the public's imagination as Carney's latest job promotion.

A government looking to cut back on all kinds of program spending in the interests of steering the national fiscal ship should be questioned about this tremendous concession to these private for-profit entities.

Michael Welch is news director at CKUW 95.9FM and host of the Global Research News





DYLAN HEWLETT

#### WHAT DOES IT TAKE TO CREATE CHANGE? WHAT DOES EXCELLENCE LOOK LIKE?

For the third year in a row, we have put together a list of young Manitobans we think might have the answer to those questions.

The goal of this piece was to once again feature, in no particular order, people who are 30 years old or younger who are making a difference and impacting their community in

some way, or who are outstanding in their field - whatever that field may be.

The list includes humanitarians, activists, entrepreneurs, community workers, visual artists, filmmakers, athletes, musicians, actors, comedians and more.

Other than the criteria that these people are making a difference in their community and/or are outstanding in their field, there wasn't much else to go by when we were

making our decisions.

At the end of the day, we looked for people we think you'll find interesting.

We're already starting to think about next year, and we're always looking for suggestions. Who's a Manitoban making a difference in Winnipeg or beyond, and who would you like to read about?

LET US KNOW.









#### MELISSA BAILEY

#### The Scientist

At 25, Melissa Bailey is a far cry from the gray-tinged lab-dweller one might imagine upon hearing the words "Oxford scientific researcher."

Bailey, who sidelines as a member of an aerial dance troupe, completed her undergraduate degree majoring in genetics at the University of Manitoba's faculty of science in 2011.

Currently, she's working on a doctorate degree in neuroscience across the pond at Oxford University on a Rhodes Scholarship, which she was awarded last year based on her exceptional academic performance.

"Oxford is such a stimulating and invigorating academic institution," Bailey says. "Even my social life tends to revolve around guest lecturers and academic discussions. Of course, usually over a pint or two."

Also a graduate of the faculty's Science Co-op Program, which affords keen students the opportunity to work on actual lab research - of which Bailey, who was awarded the 2010 Canadian Association of Co-operative Education's Co-op Student of the Year Award,

is among the keenest - the young scientist seems poised for greatness.

During her time with the co-op program, Bailey worked closely with new obesity-related research that saw her delicately isolating and observing mouse neurons in the lab, among other calm-handed tasks.

At Oxford, she's still picking at

"I have become particularly interested in taking advantage of new technologies in order to answer basic neuroscience questions from a molecular, anatomical, functional and behavioural perspective," she says.

Eventually, Bailey aspires to work in the cutting-edge fields of stem cell therapy and cloning alongside the World Health Organization before returning to good old Winnipeg as a professor, where she hopes to teach the next generation of Melissa Baileys the invaluable critical thinking skills they'll need as scientists.

Or maybe she'll just, you know, clone herself - and then win all the

Carson Hammond

#### THOM FOUGERE

#### The Creative

Regina native Thom Fougere, 25, is an emerging talent in furniture and lifestyle design.

During his environmental design degree from the University of Manitoba, Fougere was drawn to several areas of the architectural discipline, especially photography and furniture design. After landing a gig at the respected branding firm ClarkHuot/Cocoon, Fougere joined the contemporary Winnipeg-based furniture company EQ3 and was sanctioned creative director by the age of 24.

While at EQ<sub>3</sub>, Fougere has been paving a noticeable rejuvenation of the brand. He shifted product shots from mansions in Asia to EQ<sub>3</sub>'s employees' apartments in Winnipeg.

"It's more tangible," Fougere explains, adding that it shows that "this is furniture we want to use, and it can fit in everyone's lives, big and small places."

In addition to designing the new EQ3 flagship store in Toronto and travelling across the world for various projects, Fougere also freelances.

This spring he earned praise for his Prairie-inspired Tyndall Table at the International Design Show in Toronto, and received a Best New Prototype award for his Bench Rack design.

Fougere has a heartening take on Winnipeg's inspirational nature.

"When you travel, there is sometimes too much culture to take in and you can spend all your time taking in culture ... and then no one produces. (In Winnipeg) there is time to actually make and do things. There is culture of doing and not so much a culture of consumption (of culture)."

For 2013, Fougere is shaping his freelance work into saleable production for the first time. He will also be showcasing a new piece at the RAW Gallery in Winnipeg this January.

Grace Kennedy

## JESSICA THOMPSON The North End Cat Lady

"Can you make it say proud cat lady!" Jessica Thompson asks as the interview winds down during an early evening lull at the Machray Animal Hospital

"People ask if I like being a cat lady, and I say, 'Yeah, I'm a proud cat lady."

in the North End.

It's interesting, considering the 27-year-old vet assistant - who has worked in animal hospitals since she was 14 - didn't get her first pet, a dog, until she was 17, and a rescue cat, by chance, soon after.

In October 2011, Thompson launched C.A.R.E. (Cat Advocacy Rescue & Education) as a means to tackle the North End's stray and feral cat population through a trap, neuter and return program.

Through Machray and the Winnipeg Humane Society, Thompson has fixed some 400 cats and adopted out 150 more. The work is paid through donations and adoption fees.

It's a small dent in Winnipeg's cat overpopulation, estimated to be up to 100,000. But it's full-time phil-

anthropic work Thompson deems necessary. The city seems unwilling to develop a low cost spay and neuter strategy available to all and opening a new animal shelter isn't the answer, she says.

"We're into prevention ... treating the root of the problem. The only way to reduce euthanasia (to control the population) is to make less cats," she

And so, she canvasses the community, knocking on the door of any house where she spots a cat wandering about its yard. It's a chance to educate her neighbours about her work and the importance of having their animals fixed. She'll even do it for them.

"I've talked to a lot of people on drugs, or who look dangerous, but they see I'm from this neighbourhood and that I care," she says.

"Everybody has the ability to be an advocate. It's too easy to stay silent and say nothing."

For more, visit www.facebook.com/ CARECatAdvocacyRescueEducation.

Matt Preprost

#### *VANESSA KUNDERMAN*

#### The Financial Wiz

When you're in her presence, you can't help but notice that Vanessa Kunderman exudes an infectious energy about life - and for good reason.

Only years after losing her dad to cancer, Kunderman, then a 16-year old songstress, was diagnosed with Hodgkin's lymphoma. In her original X-ray, one of her lungs was completely collapsed and the other was only operating at 25 per cent. After years of grueling treatments, Kunderman's strength and family helped her beat the disease.

But cancer isn't the 24-year-old's defining story.

Since then, she's taken on the role of speaking to youth who are going through what she did via the Canadian Cancer Society and was one of their official spokespeople for Daffodil Month in 2012.

Former art director for the now-defunct *SANDBOX Magazine* as well as Fanfare Magazine Group, this creative force did a 360-degree career change after graduating from Red River College with a major in advertising.

"I was trying to get my own affairs in order financially and everything was 10 steps harder for me because of my medical history," Kunderman explains.

"The more I asked around, the more I realized there was a huge hole in our society - and young people were missing a lot of important details."

Now a thriving financial planner with her own business, Kunderman has chosen to help others, specifically young professionals, meet their financial goals and prepare for whatever their future might throw at them.

On top of an already packed schedule, she's a killer musician who just started a lifestyle and wellness blog called BOSS, which stands for body, order, strength and spirit.

"As I get older, I'm realizing there are three things that are important to me," she says. "Living my life surrounded by beautiful things, helping people and good grammar."

For more, visit www.bringtheboss.com.

Kristy Rydz





#### BRENDAN KESTERKE

#### The Golf Wunderkind

While the greatest achievements of most Grade 8 students include arm-punching contest victories and beating the latest Call of Duty campaign on "veteran" difficulty, Brendan Kesterke is already teeing off his career as a world-class competitive golfer.

Soon after placing first in his age category at the Canadian Junior Golf Association and Manitoba Optimist Junior opens this past summer, the 13-year-old toured his way from the Callaway World Junior Championship in San Diego to the World Optimist Junior Open in Florida - going toe-to-toe with some of the best young players from across the globe.

"It felt pretty cool to get to fly around, playing in different tournaments like that," says Kesterke, who aspires to go pro someday.

"I'd never done anything that big before."

The young player has also accumulated numerous other local and national wins and podium placements over the course of his short career.

While there's no doubt Kesterke is a natural-born talent, that sweet drive of his didn't just come from nowhere.

"After school I basically go home, get dressed and then bike straight to the course," he says, adding he usually hits the green with friends who share his interest.

Kesterke's next major goal is getting a golf scholarship to a good university or college south of the border.

Until then, the down-to-earth linksdweller, who enjoys snowboarding and participating in team sports through his school, remains as humble as could be - even pretending for this reporter's benefit that his superior game doesn't give him an insurmountable edge up with the ladies.

As for duffers looking to improve their game, Kesterke keeps his advice

"Practice lots," he says. "And always practice the right way, not the wrong

Carson Hammond

#### ANLINA SHENG

#### The Polyamory Advocate

Sexual health educator, polyamory advocate, animal activist, Occupy Winnipeg organizer, one-time Green Party candidate - Anlina Sheng's many interests stem from their many iden-

"I'm polyamorous, I'm queer, I'm genderqueer, I'm mixed race - a lot of my identities are pretty marginalized," explains the 30-year-old, who prefers gender-neutral pronouns over the conventional, binary "her" or "him."

Sheng adds that as a result of these marginalized identities, working for the organizations they're involved in is something they have a lot of personal investment in.

"Also, to me it's just a core aspect of being a good, empathetic human being - to care about others and to strive for improving the world for everyone."

Sheng works as a health educator at Nine Circles Community Health Centre, putting on workshops and presentations to promote safe sexual health.

When Sheng's not freelancing as a

graphic designer outside of her Nine Circles office hours, they sit on the board for the Canadian Polyamory Advocacy Association. Sheng also helped start PolyWinnipeg, a social, support and discussion group for polyamorous people in Winnipeg and the surrounding area.

"I think it's really important to create communities to provide people with support and education, especially because there can be a lot of marginalization for people who are practicing polyamory."

While living in Thunder Bay a few years ago, Sheng served on the board of directors at the Thunder Bay and District Humane Society and as a general volunteer. She was an organizer in last year's Occupy Winnipeg camp, and also ran for the Green Party in the Assiniboia riding in the 2011 provincial election.

"I like to work from a grassroots level as well as interact with institutional political systems," Sheng says.

Aaron Ebb

#### MIKE GREEN

#### The Comedian

Mike Green, 24, is a former University of Winnipeg student who "bailed on CreComm" (the joint Creative Communications program with Red River College) after traveling to Israel on birthright in 2008.

Green had decided it was time to pursue what he was truly passionate about: comedy.

"(After traveling) I learned that you've got a lot of days in your life to fill, so you've got to do something that doesn't really bum you out," Green says. "Why go to school? I'd rather just start moving around and see what I can learn."

The native Winnipegger started playing open-mic nights at the King's Head Pub and The Cavern, but officially kick-started his career by winning Rumors Comedy Club's Funniest Person With a Day Job contest

Flash forward three years - Green has performed at the CBC's Winnipeg Comedy Festival twice (where he was the youngest comic on the bill in 2011) and won Crowd's Choice for his set in Definitely Not The Opera in 2012.

He's opened for former Saturday Night Live writer Hannibal Buress and was recently asked to open for Comedy Network personality Daryn Jones at the Park Theatre in 2013.

Green is also the host of Stand-Up at the Standard (now the Rose n' Bee Pub), the only open-mic comedy night currently operating in the city. The weekly event runs Thursdays at 9 p.m. and welcomes stand-up rookies and veterans alike.

Though working in comedy can often mean lots of schmoozing, Green's success can be attributed to his work ethic.

"If you're undeniable, if you're getting laughs, it really doesn't matter if you're making moves," Green says.

"The only thing I've decided is to just go out and kill every show."

Jessica Botelho-Urbanski

#### *JULIE LAFRENIERE*

#### The Coach

Julie Lafreniere has won academic awards during her time in university, written a hip hop music column for the now defunct Uptown Magazine and worked as an on-air personality on STREETZ 104.7 FM, but it's the countless hours she spends coaching basketball that have earned her a spot on this list.

When she's not working as a marketing research coordinator at Aboriginal Peoples Television Network, Lafreniere spends four nights a week coaching two different basketball teams that her 10-year-old son, Austin, plays on: the Junior Bisons Boys club team and the Fort Garry Community Club team.

An accomplished former player for the University of Manitoba Bison, Lafreniere does not get paid for her

"It's a big time commitment, but I really enjoy doing it," she says. "It doesn't interfere with my life because it is my life."

Lafreniere has worked with some of the boys she coaches for the past four years. Seeing them progress in their abilities is satisfying.

"It's probably the most rewarding thing I've done, other than be a mother. You get to see them improve and grow as people. It's really amazing."

Lafreniere says she likes basketball because it's a team sport and there's always room for improvement. She tells the players she coaches that having the right attitude is more important than natural ability.

"If you have the right attitude and listen, you can improve yourself," she says. "If you have that attitude, it can take you places."

"It's not just coaching basketball," she adds. "Hopefully they take some life skills away from (the court) that will serve them well."

Aaron Epp









The 17-year-old is one of the founding members of The Shining Leaders Foundation (TSLF), which works to provide school supplies to those who would otherwise not have access to them and increase the accessibility of education in impoverished countries.

"Education has always been number one for me," says Berard. "I wanted to share what I have in Canada, what I got from Canada - and that's education."

Last summer, Bérard travelled countries in Southeast Asia garnering support for the foundation.

The trip, which earned the foundation backing from a number of dignitaries, including former Philippines first lady Imelda Marcos, surpassed Bérard's own expectations.

"I did more than I had originally expected to do," he admits, adding the project has since received recognition from Craig Kielburger of Free the

According to Bérard, TSLF has so far sent 50 students to universities in countries throughout Asia, as well as one in Sudan.

He doesn't plan on stopping there.

"I want to help educate as many people as possible," he says. "I'll take any opportunity I get to do so."

Although his charity reaches far across the world, Bérard says it is important to remain active in communities closer to home.

He is a frequent volunteer at Siloam Mission and plans to pursue a political career in Canada.

"Hopefully I can give back to Canada," Bérard says. "I'd like to give back to aboriginal communities and other communities where education is not always accessible."

Jordan Power

#### The Human Rights Advocate

University of Winnipeg Global College student Chelsea Caldwell, 20, is no stranger to human rights activism.

After serving as co-chair of her high school's human rights team, Chelsea was nominated by her peers to serve as Status of Women Director at the University of Winnipeg Students' Association.

"As a human rights student and a woman, I felt it was important to have a woman's voice heard at the board-room table," Caldwell says.

She helped plan Take Back the Night and events for International Women's Day in March, and has worked on campaigns speaking out against violence against women.

Caldwell is currently the co-chair for the Global College Student Advisory Council and is working to establish the Winnipeg Chapter of Canadian Voice of Women for Peace.

Working with the Global College, she's also assisting in the formation

of a new group, temporarily named Manitoba Women Moving Forward, to address issues like genital mutilation and domestic violence around the world.

Caldwell's plate may be full, but she wouldn't have it any other way.

"This is something I'm passionate about," she says. "Why not involve myself?"

In November, Caldwell received the 2012 Annual Sybil Shack Human Rights Youth Award.

She says it's the students she meets through her work that inspire her activism.

"The engagement with the student body at the university has really opened my eyes to the world," Caldwell says.

"I think I've learned more outside the classroom than inside it."

In her spare time, Caldwell volunteers at the local chapter of Canadian Women for Afghanistan.

Jordan Power

#### IAIN BRYNJOLSON

#### The Inner-City Foodie

Iain Brynjolson is using his passion for food to improve his community.

Food for Folks, a project Brynjolson launched in 2010 as a healthy food vendor at the Winnipeg Folk Festival, seeks to create an urban farm in Winnipeg's North End.

The farm would encourage local food production, grow flowers and provide jobs for people in the area.

"I've grown up in the North End my whole life and I've seen a lot of people struggle to find nutritious food for affordable prices," says Brynjolson,

"It's a problem for people who aren't cooking for themselves, who go hungry, who didn't grow up with parents who cooked for them."

Through the initiative, Brynjolson is also involved in the creation of Eat Street, a downtown community zine answering questions about food security and affordable healthy eating.

For Brynjolson, these efforts are just a start.

"A lot more needs to be done in creating familiarity, knowledge and

interest in healthy food," he says, adding food security lies at the heart of many social issues.

Brynjolson is also involved in the organization of Aboriginal Youth Opportunities (AYO), the Neechi Food Co-op and Meet Me at the Bell Tower, the latter of which is a weekly march formed in remembrance of a murdered North End high school student.

Under his guidance, along with close friend Michael Champagne, Meet Me at the Bell Tower has become a youth-led event, focusing on issues important to the participants.

"Sometimes it has to do with serious issues like murdered and missing women, suicide or violence," he says.

"But sometimes it's just community building and a celebration of life."

Looking forward, Brynjolson is partnering with AYO and Music First to develop a co-op arts and music production hall.

For more, visit www.tinyurl.com/Food-For-Folks.

OUTSIDE JOKE

#### The Accomplished Improvisers

When local improv group Outside Joke performs at the Gas Station Arts Centre on Saturday, Dec. 8, it will be capping off one hell of a year.

The group performed at the Regina Fringe Festival, Winnipeg Fringe Festival, Saskatoon Fringe Festival, Vancouver International Improv Festival and Winnipeg Improv Festival, and it spent time in Edmonton at the beginning of this month representing Manitoba in Rapid Fire Theatre's Prairie Bowl Theatresports Tournament - an improv competition featuring groups from across the prairies.

"Our mandate is to present improvised theatre that is as polished and accessible as scripted theatre," says 27-year-old RobYn Slade, who is joined in the group by Leif Ingebrigtsen (24), Andrea del Campo (28), Toby Hughes (28), Chadd Henderson (29) and Jane Testar (29).

"Improv is sometimes seen as just

a tool or a form that only works in a casual setting, and we work very hard to bring a theatricality to it."

Slade says that the group, which formed in 2002, likes to focus on two things: a strong narrative and dynamic songs.

"We certainly love making jokes, but there's something so wonderful about letting the comedy come from the characters and the situations they're in rather than pushing for a laugh," she says. "In the longform style we use, we can really take our time exploring the things that make our characters interesting, and in turn, find the funny."

Slade adds that the group is looking forward to what the new year has in

"We had a very full 2012 as far as touring goes," she says. "We're hoping 2013 will look the same. We're also in early talks of offering a workshop series in the near future. 2013's looking *real* good to us."

Aaron Ерр

Jordan Power

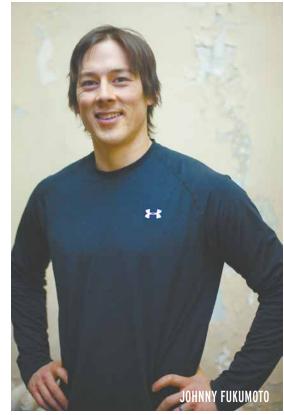
















#### KAYLA JEANSON

#### The Dancer turned Filmmaker

A lifelong dancer, Kayla Jeanson decided to make the transition into filmmaking when she was out of high school. Her interest with YouTube vlogging inspired her to enter the University of Manitoba's Film Studies program, which she graduated from in 2011.

Most of the 24-year-old's early work documents Winnipeg's dance community, which included shooting videos for Unite, a hip-hop dance company established in 2005.

"Dancing is a different way of communicating ideas," she says. "There are things you discover through moving that you wouldn't discover through speaking."

Aside from her recent Winnipeg Fringe hit Trashbot Apocalypse, which blended film and dance components, Jeanson recently directed and edited Le Dernier Soir, a documentary-style music video for a band called Bazen en Helden from The Netherlands

that features "an evening of revelry involving a shopping cart, masks, children and a unicorn."

The clip won Best Cinematography and Best Documentary at the 2012 University of Winnipeg Student Film Festival. Jeanson hopes to create more of her own work and continue fulfilling her passion for visual storytelling.

"I love working for other people and it's widened my perspective," she says. "But there's still this artistic need to get your own stories out."

Right now Jeanson is working on her first official short film, which has received backing from the Winnipeg Film Group. She also partook in a filmmaking workshop in Victoria, B.C. earlier this year.

"It was a fantastic experience," she says. "It's given me a lot of new ideas for how I can blend dance and film together."

Deborah Remus

#### JOHNNY FUKUMOTO

#### The Fitness Entrepreneur

Johnny Fukumoto, a 29-year-old fitness guru and owner of Elmwood gym Fukumoto Fitness, has brought a unique boot camp/group exercise program to Winnipeg that guarantees results within a positive, community environment.

"We like to call ourselves the anti-gym," Fukumoto says, adding that too many fitness centres facilitate negative responses from clients, who dread the typical gym experience.

"We want to be the best part of people's days," he says. "When they are with us, it might be the only time in the whole day that someone says something nice to them."

Fukumoto, an Ontario native who moved to Winnipeg several years ago, possesses a kinesiology degree from Wilfred Laurier University and is a certified personal trainer with the Canadian Society of Exercise Physiology.

After several years working in various fields in Winnipeg, including two years with the Outtatown adventure travel program at Canadian Mennonite University, Fukumoto decided to

channel his desire to help people with their health into the community-based group exercise program housed within the walls of Fukumoto Fitness at 4-521 Golspie St.

Fukumoto launched his business full-time in January 2011 and currently has 130 full-time members.

The typical workout involves 10-20 people and is meant to use short, intense rounds of exercise with short rest periods, which convinces the body to burn calories immediately in an attempt to recover, says Fukumoto.

"We're results based, we encourage people to work as hard as they can in a safe way."

This, he says, is coupled with a robust nutrition program.

"Choose one thing you feel you can be a success at every week, build on that for six months, and your life will be changed from a nutritional standpoint," he says.

In his spare time, Fukumoto volunteers at Elmwood's Community of Hope food bank. He also organized 10 workouts in the past year to raise funds for 10 different charities.

Ethan Cabel

#### BEN JONES

#### The Art Community Organizer

No Manitoban festival is as full of infectious spontaneity as the Rainbow Trout Music Festival (RTMF), which director Ben Jones, 29, is letting grow into a full-fledged community.

After studying fine art at Concordia University and the University of Manitoba, Jones began to focus on organizing art communities. He currently plays in several bands (including Ultra Mega) and manages youth art programming at Studio 393 (Graffiti

Apparently Jones is serious about getting others in on some good old-fashioned fun.

Though the idea behind RTMF is to hold a celebration of a group of friends, he describes it as non-exclusive and socially dynamic.

"We try to encourage active participation rather than passive attendance at all our events."

The RTMF features all-Manitoban acts of various genres emerging from an indie approach.

festival," says Jones. "It's a collaborative effort between myself and a small group of close friends, and the fact that we can do it ourselves helps us avoid having to go through a lot of bureaucratic channels."

Other annual RTMF events such as a bachelor/ette auctions, community yard sales, baseball classics, Christmas pop-caroling and wildly successful mass bike rides have become fixtures of the Winnipeg summer alongside

"Our last bike party had over 300 riders," Jones says. "I try to take the things that are fun with a small close group of friends and imagine them to be 50 times bigger, then just make it

Despite whatever form the community takes next, Jones considers the bottom line spontaneous and quality

"We have lots planned for 2013, but if a creative new idea pops up, nothing is really out of the question."

#### REESA ATNIKOV

#### The Animal Healer

Repairing broken wings, mending damaged limbs and feeding baby deer is just in a day's work for Reesa Atnikov.

Since March 2010, Atnikov has been the centre supervisor for the Wildlife Haven Rehabilitation Centre, after serving as a volunteer for a year.

She's found her niche in working with wildlife and has never looked

"My favourite part is seeing so many species and how they are made to survive in the wild," says Atnikov,

"It's really neat to see different adaptations of many species. You see how they are perfect for their niche."

Like many animal lovers, Atnikov has had a strong connection with animals her entire life.

"In high school whenever someone had a problem with their pet, they'd ask me about it," she says.

Atnikov also understands her role educating the public on wildlife issues and how to relate to animals.

She notes a trip to Costa Rica following high school where she rode her bike to the coast to watch sea turtles come ashore to lay eggs. Atnikov watched others along the shore use lights to disorient the turtles instead of watch them respectfully.

"It's really important to teach people about wildlife," she says.

"People need to have their misconceptions broken. We need to teach people to live respectfully with their wild neighbours."

Atnikov is learning to prepare skulls for observation and education, and is considering taking up taxidermy.

"I like to show people the different developments in the skulls," she says.

"You can see how different beaks and skulls developed and also show them the live birds right alongside."

Alex Paterson











#### MARLON WIEBE

#### The Tech Savant

Marlon Wiebe, 30, grew up in Drake, Sask., before moving to Winnipeg in 2001 to study at Canadian Mennonite University, and later at Red River College for Digital Media Design.

In 2010, he helped create the *Winnitron 1000*, a repurposed arcade game fitted with 12 new video game programs, all made locally. The *Winnitron* was free to play at the Lo Pub; its premise was to re-inspire the gaming community.

"We wanted to promote social video games," says Wiebe.

The trend soon caught on and new incarnations of the *Winnitron* were popping up all over the world. There are now *Winnitrons* in the Netherlands, Australia, China and the United States (in New York City).

"When others approached us with the idea (to make their own adaptations), our only rule was that they had to be installed in a public place," he says.

Wiebe is also an accomplished videographer and animator, currently working for Winnipeg production company Coelement, making videos for clients.

"I'm trying to make the most of learning from other peoples' projects, and trying to push myself for these clients," says Wiebe.

He's parlayed his movie making skills into creating some hilarious music videos as well for his band, The Secondhandpants. A "science-folktion" duo with brother, Curtis, the band plays kid-friendly tunes, having performed at the Winnipeg Jazz Festival and the Winnipeg Folk Festival several times.

"We play inside a jukebox, which has become sort of an institution (at Folk Fest)," he says. "Last year we had people laying out tarps in front of it."

Jessica Botelho – Urbanski

#### LYZIE BURT

#### The Shoegazer

Soft-spoken yet compelling, Selkirk native Lyzie Burt is a 19-year-old multi-instrumentalist, singer, songwriter and occasional painter who is making waves in the local music scene with indie shoegaze act The Blisters.

"Music has always been a big part of my life," she says. "In recent years it's been a therapeutic way of expressing myself. ... After high school I re-learned piano and gained a new perspective on songwriting."

In 2011, Burt released her first full-length solo album - a 12-song collection of sombre piano and vocal ballads entitled *Cigarettes and You*. It was a project she says took her "musical life to a new level - ... it was written from my heart and soul."

Burt cites Joni Mitchell, Emily Haines and Chan Marshall (Cat Power) as some of her most profound influences, but also finds pleasure in the ambient soundscapes of shoegaze, the brand of rock played by her other project, The Blisters.

Signed to Montreal-based Woven Records, the band is the brainchild of fellow Selkirk prodigy Daniel Monkman, who provides a progressive, expansive sound to which Burt supplies vocal and synth support.

The band's 2011 EP, *Insects*, was locally toured and laid the foundations for a forthcoming Blisters project Burt is reticent to discuss.

"What I listen to is what I like to play," Burt says. "It might be a cliché, but it's a truth, and it's important to stick with that."

In the meantime, listeners should watch for The Blisters debut full-length release with Woven, and keep an eye out for Lyzie Burt - a dynamic local talent already with an impressive portfolio.

Harrison Samphir

#### HANNAH GUTTORMSON

#### The Driven Canoeist

Hannah Guttormson, a 16-year-old student at St. Mary's Academy and a canoeist with an unparalleled commitment to her sport, maintains a daily schedule no one would envy.

From Monday to Friday, Guttormson wakes up at the crack of dawn in order to train for more than an hour before spending another six in the classroom and then hitting the gym again in the late evening, from 4 p.m. to 7 p.m.

"Paddling is something that, from the moment I started it, I knew it was something I loved," she says, adding she started the sport through the Manitoba Canoe Kayak Club two and a half years ago.

In many ways, the last two years have revolved around paddling for Guttormson, who describes a rigorous training schedule followed by a series of gruelling competitions.

Throughout the winter of 2011-12, she followed her Monday to Friday schedule and in March she departed for training camp in Florida, where she trained on the water three times daily

for three weeks. This was followed by more training along the Red River upon her return to Winnipeg.

Then it was on to competitions in Saskatoon and Regina that qualified her for the Divisional championships, which were held in July. Guttormson placed first in all her races there, which qualified her for the Sprint Canoe and Kayak National Championships in Dartmouth, N.S. in August.

She came away from the Nationals with two medals, bringing home the only Manitoba medal in the single-person 6,000-metre race and a silver medal in the 1,000-metre event, which involves a partner. She was recently named Female Athlete of the Year at the Manitoba Paddling Association Awards Banquet.

Guttormson - who plans to be a teacher or nurse and compete in the Olympics once they admit women's canoe as a qualifying sport - will be repeating her entire competitive effort in 2013, aiming to improve her times once again.

"Paddling is my dream," she says.

Ethan Cabel

#### BEN CLARKSON

#### The Illustrator

While his work has been seen on book jackets, posters and T-shirts for such bands as Boats, Dan Mangan and Royal Canoe and in galleries all over the world, Ben Clarkson, 26, has made his professional living for the last three years as an illustrator for such publications as *The Walrus*, *Canadian Dimension Magazine*, *THIS Magazine* and most recently, *The Globe and Mail*.

While attending the Canadian University Press conference in 2009 Clarkson met Jason Chiu, design editor at *The Globe*.

"They brought him in to do a workshop and I had applied for a graphic design internship (at Chiu's then place of work, *The Toronto Star*), but I didn't understand that graphics meant infographics, not illustration, and that it's a dead art at this point," Clarkson says.

When Chiu made the move to *The Globe*, he requested Clarkson's portfolio.

Hitting home that meeting deadlines and being consistently creative is important, what Clarkson takes the most pride in is his ability to balance what the client wants with what he wants to give them.

"It's super important to provide a service and give people what they want while trying to convince them that what they think they want is terrible," he says. "Something that's really important to me is learning what is an illustration and what is just writing down an idea and when does it become art.

"I don't think art should be relaxing, it should be like pulling teeth. I should smash my head against my table all the time trying to figure out how to be clever and make something that is strange and horrifying yet funny at the same time."

Nicholas Friesen





#### JANESSA BRUNET

#### The Art Maven

Janessa Brunet, 26, is a pillar on the Winnipeg arts scene. After graduating from the University of Manitoba in 2009 with a BA in Fine Arts (Honours in Photography), Brunet became the studio coordinator for Art City, where she has long been a volunteer.

Art City is a non-profit in the West Broadway area that offers accessible arts programming for all ages.

Brunet has also spearheaded a drawing collective, Places for Peanuts, and makes art on her own time as well.

Peanuts started as a fun social experiment in February 2012, and has quickly established itself as a veritable artistic tour-de-force.

"We started by bringing together artists from different backgrounds for weekly drawing games at Cousin's Deli," says Brunet. "Now we're about to have a group showcase."

Places for Peanuts artwork will be featured alongside other artists' at the Frame Gallery's Performing the Process exhibition, which opens Friday, Dec. 7 at 5 p.m., and runs until Monday,

As for Brunet's personal artwork, she likes to mix it up.

"I like to experiment with different mediums, like screen printing and textile work," Brunet says. "I tend to always go back to photography though."

She is currently a part of the MAWA (Mentoring Artists for Women's Art) program, and is being mentored by interdisciplinary Winnipeg artist Suzy

Brunet hopes to keep her future projects under wraps until they've been completed, but reveals that her next undertaking will involve her go-to discipline of photography.

"My new body of work is focusing on intimate moments between friends and family," she says. "I'm going to be taking a lot of pictures over the holi-

Iessica Botelho – Urbanski

#### ANNA WIEBE

#### The Art Educator

Anna Wiebe, 28, is excited to be an official mover and shaker on the Uniter

"I'm pleased to be included," she says. "I feel really lucky to be a part of (Winnipeg's cultural scene) and to be someone to bring this institution to the community."

Born and raised in the city, Wiebe earned her BA in art history at the U of W, before traveling to Northern England to obtain an MA in art gallery and museum studies from the University of Leeds.

Her schooling resulted in a fantastic placement at the Winnipeg Art Gallery. As the head of education, Wiebe is in charge of adult programming, studio programming, integrating youth and school programs, and the gallery's library and archives.

Top that off with coordinating tours, symposiums, panel discussions, and the ever-popular Nuit Blanche events, and this lady has got a lot on

In her spare time, Wiebe sings in a 10-person a capella group, Antiphony.

"We pride ourselves on having something for everyone; from contemporary and traditional choral music, to vocal jazz, to pop, to our own arrangements of pieces. It's a lot of fun," Wiebe says.

Antiphony's first EP, Point in Space, is available on iTunes, and the group is currently at work recording its debut full-length.

Wiebe is enthusiastic about her future at the WAG, which is celebrating its 100th birthday this year.

"It's exciting to have had a hand in shaping some of its successes over the last four years, and in helping to set a foundation for the education department for another hundred years."

Jessica Botelho-Urbanski

#### KENT DAVIES

#### The King of Campus Radio

His voice and personality is synonymous with community radio and the local music scene.

Kent Davies is currently the volunteer coordinator of CKUW and the audio technician for the Oral History Centre at the University of Winnipeg.

The host of Amateur Hour and Peg City Groove, the energetic DJ and audio producer has been creatively providing entertainment to Winnipeg's airwaves since he was drafted from CBC's version of radio camp when he was 16.

"Amateur Hour is full of weird shit no one else will play, but someone put blood and sweat into this stuff so I'll play it even if it isn't great," Davies says.

Now 30, Davies was recently named the city's third-best radio personality by the now-defunct Uptown Magazine. In 2009, Davies won the National Community Radio Association Creative Production Award.

Nine Villages ranks as a personal

favourite show of Davies, which he co-hosted with Geoffrey Young and was based on listener interaction.

One memorable show included a 30-minute search for a job live on air.

Peg City Groove, which he co-hosts with Daryl Reilly, "is a content and concept driven show dedicated to promoting local musicians and making sure there is always space for local music."

Davies is proud of his involvement in Solidarity Rock, a cross-cultural exchange between punk rockers on the prairies and in Cuba. The project centers on mutual aid between the countries musicians and has helped Cuban bands tour Canada and helped send instruments to Cuba.

"Cubans do a lot of work," Davies

"There are equal efforts from both sides, it's a true cross cultural exchange - it breaks down barriers. It's political because it is apolitical. It's brought the prairie scene closer together."

Alex Paterson

## DAVID JACKS

#### The Union Man

Having already left his impression on the University of Winnipeg campus, David Jacks continues to serve others with his passionate brand of activism.

Jacks was elected president of the University of Winnipeg Student's Association in 2007 after running on a platform that addressed tuition increases for international students.

He was also involved in a number of campaigns on campus that ranged from democracy building and environmental protection to economic justice and education funding.

"Campuses are places for students to tackle new issues," says Jacks, 29. "Not only learn about them in the classroom but put them into practice."

Following his term, Jacks was heavily involved in the campaign to remove bottled water from the university's campus.

"Water is a basic human right," he says. "It's not a commodity to be bought or sold."

Joining the Canadian Federation of

Students in 2008, Jacks had the opportunity to represent students across the country and focus on issues of a wider

Now working for the Canadian Union of Public Employees (CUPE), the move from representing students to representing workers was a natural progression for Jacks. He considers the issues dealt with by the union to be important to students as well as workers.

"Affordable housing, racism, homophobia, transphobia - all of these can affect students going into the labour market," he says.

Jacks is currently devoting his spare time to the Canadian Community Economic Development Association and is working to solidify the Downtown Community Residents' Association (DCRA).

He hopes the DCRA, which started as an informal gathering, will serve as a collective voice of the downtown community.

Jordan Power













#### MILOS MITROVIC & FABIÁN VELASCO

#### The Art House Filmmakers

Although they probably won't admit it, Milos Mitrovic, 22, and Fabián Velasco, 24, are two of Winnipeg's youngest and most intriguing experimental filmmakers.

Originally hailing from Sarajevo, Bosnia and Buenos Aires, Argentina, respectively, Mitrovic and Velasco are products of the University of Winnipeg's film program, and have already garnered attention in local circles and in festivals outside of Canada.

Characterized by an art house aesthetic similar to David Lynch, the work of the two filmmakers has led them to their most acclaimed release yet: *Plasticmann 2*. At 25 minutes, the short film is a dystopian-themed, "part sci-fi, part experimental" story of a lonely man searching for a soul for his dismembered mannequin companion.

"At this point, the *weirdness* comes naturally," says Velasco of he and

Mitrovic's latest effort. "We're always half-joking. We don't want to be all that serious, but we also don't want to sound pretentious. We're trying to make experimental movies about loneliness and our own inner-tensions."

Mitrovic and Velasco have completed numerous films together, including two 16mm projects and one on 8mm entitled *Confessions of a Shopaholic Pt. II*, but none have reached the same popularity as *Plasticmann*, which has screened at the Landlocked Film Festival in Iowa City, and will be part of the World Kid's International Film Festival in India in 2013.

As for future plans, Mitrovic urges they're "all in the noggin," but expect big things from these lighthearted art house enthusiasts who have accomplished a lot without any government grants

Harrison Samphir

#### LYNDON FROESE

#### The Lifestyle Experimentalist

Several years ago, Lyndon Froese, now 27, recalls pulling the trigger on the nine-to-five life after a year and half of careful consideration.

"You don't get a lot of positive affirmation when you quit a good job with no plan," he says.

Minimizing work hours as a self-employed web designer, Froese now prioritizes personal projects, living experiments and fun.

Froese challenged Canadian politics last election by running with his own campaign.

"I founded the House Party of Canada platform based upon the feeling that elections had degraded into a game of 'who'd you rather?" he says

Froese has also launched a hitch-hiking stats collection website, programmed the IdeaCapture creative organization app, and is editor and writer of *Biped*, a monthly online magazine.

For him, living off the consumerist

treadmill is true luxury.

"Biped ... is the antidote to the bullshit we see on billboards about what the good life is," Froese explains.

"I'm thankful that my environmentalist and anti-sweatshop/suicideville factory stances force me to live differently," says Froese. "Staying on the beaten path is unbearably boring for me."

Now he plans to write a book about how people make decisions on ethical issues.

"I want to show that you can possibly have your cake and eat it too if you have an environment and system that encourages the personal choices that will solve the big issues."

Because Froese understands how influence works, he favours honest living over dull preaching.

"We're all on stage; everything we do, whether mundane or fantastical, gets absorbed by our audience, so I'd better stay true to my beliefs in every new episode of the show."

Quincy Brandt



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# PHOTO CREDITS TOP TO BOTTOM: SUPPLIED, DANIEL CRUMP, DYLAN HEWLETT, DYLAN HEWLETI

#### SAMANTHA HILL

#### The Broadway Actress

Like most actresses, Samantha Hill, 25, started performing young.

Before she landed her first professional acting gig at 15 in the Jeff Erbach film The Nature of Nicholas, she made a memorable stage debut in a dance recital at age

"I took one look at the audience and burst into horrified tears," she says. "My instructor had to carry me offstage to the safety of my parents' arms."

After productions with Manitoba Theatre Centre, Rainbow Stage and the University of Alberta, the actress/singer is now on Broadway (yes, New York City's Broadway) as the alternate Christine in Phantom of the Opera.

Having traveled to Toronto to audition for a new production of Les Miserables, musical director David Caddick, who was also working on Phantom, recommended her to casting agents in the Big Apple.

"I flew into New York on my birthday," Hill says. "This is why I try to remind people, including myself, that even if you don't get a role, perhaps despite all that money you spent to get to the audition, if you take that chance and really rock (it), you will reap the benefits eventually."

Despite living in one of the greatest cities in the world, Hill is still a Winnipeg girl.

"One of the reasons I am where I am is because of the people of Winnipeg and the opportunities I have been given there," she says. "Winnipeg will always be in my heart and I am a huge cheerleader for our cultural scene."

Nicholas Friesen









#### *JONATHAN* **TORCHIA**

#### The Fundraising Runner

Five years ago and tipping the scales at 225 pounds, Jonathan Torchia never thought he'd run a marathon let alone organize one.

Now 25, he's slimmed down to 165 pounds. He's also knee deep in the trenches of planning his follow up to the Winnipeg Fire Paramedic Service Half Marathon, held for the first time in October to support the local Heart and Stroke Foundation.

"It's been quite a journey," says Torchia, who has run in more than 24 marathons since deciding to get

Torchia's health journey has kept pace beside his grandfather's, whose five-year battle against a stroke, heart attack, bladder cancer, a broken hip and more finally ended in January of this year.

Torchia was in California for a marathon when he got the call from his parents.

"It was one thing after another. He fought all the way to the end," Torchia says.

"I told myself I'm going to stay, get my mind off things, and run this one for my grandpa. But, upon returning to Winnipeg, that wasn't enough.

"I wanted to do something greater, something big." With the blessing of city administration, the WFPS member hit the ground planning his marathon.

Torchia only anticipated 500 runners to sign up for the first annual event. Instead, close to 1,700 runners hit the streets of Charleswood on a chilly, rainy fall day to help raise \$25,000 for the Heart and Stroke Foundation.

"I'm ultimately hoping to raise awareness of cardiovascular disease, and to get people out running," says Torchia, who runs up to 50 miles a week.

"Go out, try a 5K run, or a 10K run and grow and experience that euphoria you get from running."

Matt Preprost

#### LYDIA CARPENTER

#### The Conscientious Farmer

For 27-year-old Lydia Carpenter, farming is a lot more than just food production.

Carpenter, who does not come from a farming family, entered into farming as a way to be a responsible land steward and nourish herself both physically and

Her studies have taken her to rural areas of Mexico and Brazil. It was in these places that she gained an appreciation for an agrarian lifestyle and small-scale agriculture.

During this past year, Carpenter and her partner, Wian Prinsloo, secured a piece of land and established Luna Field Farm, a very small livestock farm just outside of Brandon.

"Our production practices are guided by responsible environmental stewardship, integrated pasture management and perennial polycultures," she says.

"We were able to use savings to invest in a sufficient number of animals to make this endeavor financially viable," which included pasture-raised chickens and sheep in a rotational system.

Carpenter recognizes the barriers of regular farming. "Even if we wanted to we could not enter into the inherently cost-prohibitive world of large scale monocultures."

However, "with some entrepreneurial spirit, and an interest in systems ecology (and food)," small-scale farmers can be successful.

"Many of us are very disconnected from rural living and doubt is often cast on the viability of small-scale farming and rural lifestyles."

With a full season of farming under her belt, it is clear Carpenter's heart is still in it.

"I want to keep producing food, maintain a viable livelihood and create a conversation. I think we need to look at ecological systems and see ourselves in them, not outside of them."

Caroline Fisher

#### THOMAS OSBORN

#### The Swim Champion

To meet Thomas Osborn, a 16-year-old Kelvin High School student and deaf swim champion, in his natural environment - the pool - is to meet a kid with a single-minded determination to succeed.

"The more I got involved in it (swimming), the more competitive it became," he says in the lobby of the Pan Am Pool on Grant Avenue, explaining that he comes from a long line of swimming enthusiasts, including his mother Carolyn Osborn, his uncle and cousins.

"I began to see results very quickly and, because of all the help I was getting, I was able to go further and

Osborn, who has been involved in the sport for roughly eight years, has repeatedly competed at the international level in deaf swimming. Most recently, he came home from the Pan American Games for the Deaf in Santos, Brazil, with medals in several competitions, including silver in 400- and 1,500-metre freestyle and 200-metre individual medley.

Osborn has qualified every year for the last four years for the Manitoba/Saskatchewan provincial championships, and has competed in several national championships, along with the World Deaf Championships last

"It was a mind-blowing experience," he says, adding he hopes to compete in the Deaflympics and possibly the Canada Summer Games in 2013.

Osborn can hear and communicate relatively well with the assistance of a hearing aid and cochlear implant but, once he starts swimming laps, he must take them out. As a result, he trains and competes in virtual silence, which proposes a unique set of challenges that have been addressed in various ways by his trainers at the Manitoba Marlins and Elite Development Training Centres.

"I'm extremely thankful for all the help I've gotten so far," he says.

Ethan Cabel

#### **Arts**

## 2012 in review

#### A collection of Top 10 lists for you to enjoy

It's that time of year again: That time when members of the arts community look back and obsessively compile their favourite pop culture moments from the past year.

Here are a few lists of records, shows, films and... Well, you'll see.

#### TOP 10 NON-LOCAL CANADIAN RECORDS

TAYLOR BURGESS, WRITER/EDITOR

- 1. VARIOUS ARTISTS Castledrum Companions
- 2. FAN FICTION Raising Awareness
- 3. ALPHA COUPLE Covers
- 4. BRAZILIAN MONEY Doug Nasty
- 5. WASTED CATHEDRAL Wasted Cathedral
- 6. JLK & BABYSITTER c30
- 7. RANDOM CUTS Adventures in Somnambulism
- 8. MAC DEMARCO Rock and Roll Night Club
- 9. NU SENSAE Sundowning
- 10. FREAK HEAT WAVES Freak Heat Waves

#### TOP 10 LONG NIGHTS AT LOCAL SHOWS

KENT DAVIES, CKUW 95.9 FM RADIO SHOW HOST

- 1. Melvins at the West End Cultural Centre and Whitelung with Pop Crimes at Ngtvspc, July 9
- 2. Propagandhi with Head Hits Concrete and This Hisses at the WECC and Nova @ Aceart, Oct. 19
- 3. Arrabio with the Pink Slips and the Thrashers at Ngtvspc, Oct. 24
- 4. Slim Cessna's Auto Club with Vibrating Beds at the WECC, July 29
- 5. Trapezoids, 77 Guns and Breath Grenades at Ngtvspc, April 13
- 6. Damo Suzuki at the WECC and the Hoots at Lo Pub, March 22
- 7. Lil' Ed and the Blues Imperials at Times Change(d) High and Lonesome Club, March 2
- 8. Geoff Berner, Wax Mannequin, Jenny Omnichord at the Urban Forest Lounge Café and in the Exchange District, July 23
- 9. Rainbow Trout Bike Jam and Brazilian Money with Freak Heat Waves in the Exchange District on Nuit Blanche, Sept. 29
- 10. The No Label Collective Showcase at Lo Pub, Aug. 9

#### **TOP 10 ALBUMS OF 2012**

DAMIEN FERLAND, FILMMAKER

- 1. ANDY STOTT Luxury Problems
- 2. CHROMATICS Kill For Love
- 3. FLYING LOTUS Until the Quiet Comes
- 4. ARIEL PINK'S HAUNTED GRAFFITI Mature Themes
- 5. PYE CORNER AUDIO Black Mill Tapes Vols. 1 & 2
- 6. DAPHNI Jiaolong
- 7. CAN The Lost Tapes
- 8. DEMDIKE STARE Elemental
- 9. SECRET CIRCUIT Nebula Sphynx 12"
- 10. DAM-FUNK I Don't Wanna Be a Star 12"

#### TOP 10 ALBUMS OF 2012

NICHOLAS FRIESEN, EDITOR/FILMMAKER

- 1. JULIE DOIRON So Many Days
- 2. MISE EN SCENE Desire's Despair
- 3. PS I LOVE YOU Death Dreams
- 4. LEE RANALDO Between the Times and the Tides</
- 5. SHARON VAN ETTEN Tramp
- 6. DEPARTURES Still and Moving Lines
- 7. JULY TALK July Talk
- 8. NOVA Midnight Midnight
- 9. JOHN K. SAMSON Provincial
- 10. THE WALKMEN Heaven

#### TOP 10 ALBUMS OF 2012 IN NO PARTICULAR ORDER

CHARLES GRANGER, MUSICIAN/FILMMAKER/ARTIST

- 1. TWEAK BIRD Undercover Crops
- 2. THE RAVEONETTES Observator
- 3. THE DANDY WARHOLS This Machine
- 4. SINEAD O'CONNOR How About I Be Me (And You Be You)?
- 5. JOHNNY SIZZLE Home Sweet Home
- 6. ANIMAL COLLECTIVE Centipede Hz
- 7. VARIOUS Songs in the Key of Hope: The Derek Wheeler Story
- 8. MOBINA GALORE Skeletons EP
- 9. MARY JANE STOLE MY GIRL Welcome to the Cassette Tape Nation
- 10. VAMPIRES *Vampires*

## TOP 10 "TOP 10 LISTS" I TRIED TO WRITE FOR THIS

JAYMEZ, VISUALIST/EDITOR

- 10. Top 10 musicians I've done visuals for
- 9. Top 10 bus shacks to avoid
- 8. Top 10 awesome venues that shut down
- 7. Top 10 bands with awe some tour vans  $\,$
- 6. Top 10 veggie burgers in Western Canada
- 5. Top 10 pirated movies you probably never heard of
- 4. Top 10 discount projectors
- 3. Top 10 artists who moved away and then moved back  $% \left( 10^{-2}\right) =0.001$
- 2. Top 10 movie trilogies that only have 2 out of 3 films on Netflix
- 1. Top 10 "Top 10 Lists" I tried to write for this

#### TOP 10 SHOWS OF 2012 BY DATE

JENNA KAHN, REPORTER, BREAKFAST TELEVISION

- 1. JP Hoe at the West End Cultural Centre, May 10
- 2. The Black Keys at the MTS Centre, May 14
- 3. Imaginary Cities at the Pyramid Cabaret June
- 3. Imaginary Cities at the Pyramid Cabaret, June 21
- 4. The Head and the Heart at the Winnipeg Folk Festival, July 7
- 5. Bahamas at the Winnipeg Folk Festival, July 8  $\,$
- 6. Sloan at the Pyramid Cabaret, Sept. 20
- 7. Buddy Guy at the MTS Centre, Sept. 21
- 8. Del Barber at the West End Cultural Centre, Oct.
- 9. Hawksley Workman at the West End Cultural Centre, Oct. 30
- 10. Neil Young with Crazy Horse at the MTS Centre, Nov. 16

### TOP 10 ALBUMS OF 2012 IN NO PARTICULAR ORDER

NICHOLAS LUCHAK, MUSICIAN/GRAPHIC DESIGNER

- 1. ANIMAL COLLECTIVE Centipede Hz
- ${\it 2. DIRTY PROJECTORS Swing Lo~Magellan}\\$
- 3. DR. DOG Be the Void
- 4. FATHER JOHN MISTY Fear Fun
- 5. FRANK OCEAN Channel Orange
- 6. GRIZZLY BEAR Shields
- 7. DAN ROSSEN Silent Hour/Golden Mile
- 8. DR. JOHN Locked Down
- 9. DELICATE STEVE Positive Force
- 10. LADYHAWK No Can Do

#### **TOP 10 ALBUMS OF 2012**

DEBORAH REMUS, WRITER

- 1. THE MENZINGERS On The Impossible Past
- 2. NO TRIGGER Tycoon
- 3. PROPAGANDHI Failed States
- 4. THE HOLY MESS Cande Ru Las Degas
- 5. BASEMENT Colourmeinkindness
- 6. MASKED INTRUDER Masked Intruder
- 7. GREAT LAKES USA Live Fast, Die Whenever
- 8. BILLY TALENT Dead Silence
  9. JOYCE MANOR Of All Things I Will Soon Grow Tired

#### TOP 10 ALBUMS OF 2012

10. CANCER BATS - Dead Set On Living

JARED STORY, WRITER/COMEDIAN

- 1. GO.JIRA L'Enfant Sauvage
- 2. TESTAMENT Dark Roots of Earth
- 3. HIGH ON FIRE De Vermis Mysteriis
- 4. STORM CORROSION Storm Corrosion 5. DOWN - Down IV Part I - The Purple EP
- 6. CORB LUND Cabin Fever
- 7. CANCER BATS Dead Set on Living
- 8. BARONESS Yellow & Green
  9. SOUNDGARDEN King Animal
  10. PRONG Carved Into Stone

#### TOP 10 ALBUMS OF 2012

ROBERT VILAR, ACTOR/DJ

- 1. PEAKING LIGHTS Lucifer
- 2. FRANKIE ROSE Interstellar
- 3. CHAIRLIFT Something
- 4. TINDERSTICKS The Something Rain5. SYMMETRY Themes For An Imaginary Film
- 6. AERIEL PINK Mature Themes
- 7. NEIL YOUNG & CRAZY HORSE Psychedelic Pill 8. CRYSTAL CASTLES - III
- TOPS Tender Opposites
   GRIMES Visions

## TOP 10 FILMS OF 2012 THAT SHOULD'VE STARRED RYAN GOSLING

GARETH WILLIAMS, MUSICIAN

- 1 The Hunger Cames
- The Hunger Games
   (as Pita's brother, Spicy Hummus)
- 2. Dark Knight Rises
- (as The Riddler who answers his own riddles)
- 3. The Avengers (as Iron Man's suit)
- (dS II OII MdII S SU
- 4. Twilight
  (as Bella's rapidly maturing vampire baby)
- 5. Looper
- (goes back in time to unmake *Young Hercules*)
- 6. The Bourne Legacy (as the guy who finally
- (as the guy who finally kills that sucka!)
  7. Magic Mike
- (CGI'd over Channing Tatum's face)
- 8. Cloud Atlas (as every character in that mess)
- 9. Katy Perry: Part of Me
- (as Katy, obvs!)
- 10. *Titanic 3D* (everyone gets saved!)

#### **TOP 10 ALBUMS OF 2012**

MATT WILLIAMS, MUSICIAN (HAUNTER)

- 1. THE LYTICS They Told Me 2. JAPANDROIDS - Celebration Rock
- 3. SLAM DUNK Welcome to Miami

4. TITUS ANDRONICUS - Local Business

5. NOVA - Midnight Midnight

- 6. JULIE DOIRON So Many Days
- 7. LADYHAWK No Can Do
- 8. JOHN K. SAMSON Provincial
- 9. THE MEN Open Your Heart
- 10. MISE EN SCENE Desire's Despair

#### TOP 10 FILMS OF 2012 IN NO PARTICULAR ORDER

AARON ZEGHERS, FILMMAKER AND MUSICIAN (SITDOWNTRACY)

- 1. Beasts of the Southern Wild by Benh Zeitlin
- 2. Bestiaire by Denis Côté
- 3. Amour by Michael Haneke
- 4. Monsieur Lazhar by Philippe Falardeau
- 5. Le Vendeur by Sébastien Pilote
- 6. *The Master* by P.T. Anderson 7. *Holy Motors* by Leos Carax
- 8. The Invisible War by Kirby Dick
- 9. *This is Not a Film* by Mojtaba Mirtahmasb, Jafar
- Panani 10. *Volcano* by Rúnar Rúnarsson

#### SPECIAL MENTIONS

Alps by Giorgos Lanthimosa

TOP 10 FILMS I ACTUALLY GOT AROUND TO SEEING IN

The Cabin in the Woods by Drew Goddard

THE THEATRE
DAVID ZELLIS. FILMMAKER

- 1. Cabin in the Woods (viewed at Silver City Polo
- 2. Painless (viewed at the Toronto Film Festival)
- 4. Cosmopolis (viewed at Grant Park)

3. Bernie (viewed at the Globe)

- 5. I Declare War (viewed at the Toronto Film Festival)6. The Avengers (viewed at Silver City Polo Park)
- 7. The Secret World of Arrietty (viewed at Silver City Polo Park) 8. Beyond the Black Rainbow (viewed at Cinema-
- 9. Finding Nemo 3D (viewed at the Luxury Towne 8

## 10. Kill List (viewed at the Gimli Film Festival) TOP 10 ALBUMS OF 2012

JEN ZORATTI, MUSIC JOURNALIST

- MISE EN SCENE Desire's Despair
   DIVINE FITS A Thing Called Divine Fits
- 4. PS I LOVE YOU Death Dreams
  5. DIJM DIJM GIRLS End of Daze

3. LADYHAWK - No Can Do

- 6. FIRST AID KIT The Lion's Roar
- 7. MOTHER MOTHER The Sticks 8. NADA SURF - The Stars Are Indifferent To Astron-

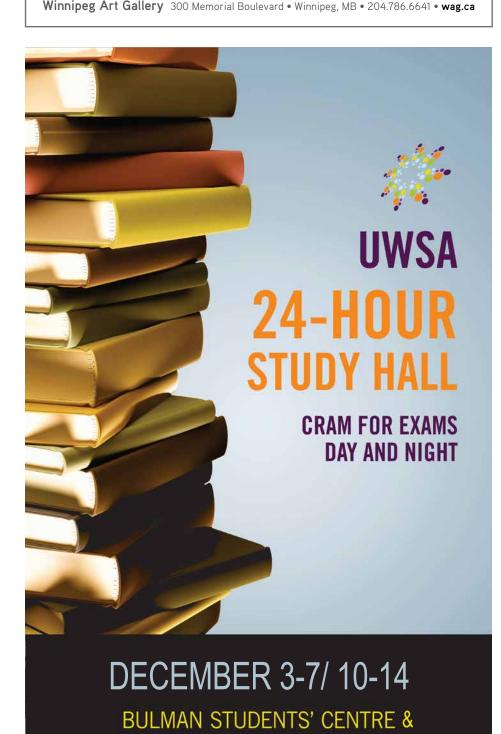
9. THE WALKMEN - Heaven 10. BAHAMAS - Barchords

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The Uniter Fashion Streeter is an ongoing documentation of creative fashion in Winnipeg inspired by the Helsinki fashion blog www.hel-looks.com. Each issue will feature a new look from our city's streets and bars in an attempt to encourage individual expression and celebrate that you are really, really good looking.



**MEZZANINE LOUNGE** 

## THE UNITER IS HIRING

#### **BEAT REPORTER** (\$70/WEEK)

The beat reporter works closely with the news team to write two assigned stories per week and arrange for corresponding visual content. They must also regularly write blog entries on The Uniter's website.

The chosen candidate will demonstrate a critical eye for news content, possess superior writing and interviewing skills, and work well under the pressure of deadlines. The reporter must be able to work in collaboration with others as well as independently.

#### **CULTURE EDITOR** (\$100/WEEK)

Are you a pop culture junkie? Are you into analyzing trends in technology, food, fashion and more in Winnipeg and beyond? The culture editor coordinates a weekly two- to three-page section full of well-written and compelling content that examines cultural trends of relevance to readers of The Uniter.

The chosen candidate will work closely with volunteer writers to develop story ideas and provide support, and they edit all content and arrange for corresponding visuals. In addition, the culture editor regularly contributes to *The Uniter's* online blog.

Both of these positions are based on a term running Jan. 1 to March 29, 2013.

Staff members are expected to attend weekly staff meetings and actively engage in the development of their position throughout the course of their employment.

For further information, call 204-786-9790 or email editor@uniter.ca. References and at least three writing samples must be attached to resumes.

Mail, or deliver resumes in person, to The Uniter, ORM14 Bulman Centre, 515 Portage Avenue, Winnipeg, MB R3B 2E9, or email you application package to editor@uniter.

Only those applicants selected for interviews will be contacted. Applications are encouraged from all interested parties.

Application deadline for these positions is Friday, Dec. 14 at 12 noon.

#### **ARTS LISTINGS**

#### FILM

ARCHITECTURE + FILM: COAST MODERN is a series of films that focus on architecture and design. Co-presented by Cinematheque and the Winnipeg Architecture Foundation. The films screen on Dec. 7 at 7 p.m., Dec. 8 at 7 p.m. and Dec. 9 at 2 p.m.

THE WORLD BEFORE HER sweeps back the curtain to reveal the intimate stories of young women determined to win the crown of the Miss India pageant and the forces that oppose them. Playing at Cinematheque Dec. 7, 8 and 13 at 9 p.m. and Dec. 9 at 7 p.m.

On Dec. 10 head down to the Edge for the screening of POLYTECHNIQUE, a film commemorating the 1989 Montreal Massacre

VISION: FROM THE LIFE OF HILDEGARD VON BINGEN is moving, true story of 12th century nun Hildegard Von Bingen. Bingen was one of the most outspoken and influential female voices of the Middle Ages. Playing Dec. 12 at 7 p.m. at Cinematheque.

TAHRIR LIBERATION SQUARE is a riveting account of the occupation of Tahrir Square and the rise of the Egyptian liberation movement of the Arab Spring. The film plays Dec. 13 at 7 p.m. at Cinematheque.

The Planetarium will be showing ANCIENT SKIES, ANCIENT MYSTERIES on Saturdays and Sundays at 1 p.m. and 4 p.m. Ancient Skies looks behind the Mayan prophecy that says the world will end on Dec. 21, 2012. The Planetarium is planning to run the show until Jan. 6, 2013, hedging its bet that the world won't end on the date the Mayans predicted.

#### LITERATURE

Join author, journalist and musician DAVE BIDINI as he reads from a selection of his seasonal works at the Millennium Library on Dec. 10, from 12:15 p.m. to 1:15 p.m. in the Carol Shields Auditorium.

IN DIALOGUE, the Manitoba Writers' Guild reading series, continues on Dec. 10 with a very special storytelling event featuring DAVE BIDINI and HANNAH\_G. The talk will take place at 7:30 p.m. at the Winnipeg Free Press Café.

#### **GALLERIES & MUSEUMS**

Martha Street Studio is pleased to announce a solo exhibition by LEO SIMOENS. *Fields* is a collection of work spanning approximately 30 years of production. This print-based retrospective features work that highlights the artist's particular relationship to landscape, meditation and contemplation. Show runs until Dec. 8.

The Cre8ery presents GENIUS LOCI by BRIGETTA URBEN. The show runs until Dec. 11.

The ninth annual 50-500 EXHIBITION AND SALE is taking place at Urban Shaman until Dec. 15 with almost a hundred artists contribution

Martha Street Studio will be hosting an exhibition by the current members of the YOUTH OUTREACH PRINTMAKING PROGRAM in its project space from Dec. 19 to Dec. 22. Come and see the exciting work that today's young artists are making at a reception on Dec. 20 from 4:30 p.m. to 7:30 p.m.

The Wayne Arthur Gallery at 186 Provencher Blvd. invites you to THE UNEXPECTED, the annual group show with more than 50 artists bringing one piece that is unexpected.

Show runs until Dec. 29 and is open Tuesday to Saturday 11 a.m. to 5 p.m.

RE-CONFIGURING ABSTRACTION: DEREK DUNLOP, DIL HILDEB-RAND, KRISJANIS KAKTINS-GORSLINE, AND HOLGER KALBERG is the second exhibition in the series of projects that the University of Manitoba's School of Art Gallery is mounting featuring the work of prominent artists who are, or have been, associated with the U of M's School of Art. The exhibition runs until Jan. 11, 2013 at the School of Art Gallery.

THE STAFFORD COLLECTION OF INUIT SCULPTURE consists of 121 sculptures mainly from the 1980s to the 2000s. The exhibition is being held at the WAG until Jan. 25, 2013.

#### THEATRE, DANCE & COMEDY

THE PRAIRIE DANCE CIRCUIT at the Rachel Browne Theatre, hosted by Winnipeg Contemporary Dancers, presents TANIA ALVARADO on Dec. 7 and Dec. 8. Visit winnipegscontemporarydancers.ca for more information.

Merlyn Productions Theatre Company will conclude its 2012 season with WIND OF A THOUSAND TALES by JOHN GLORE until Dec. 8 at the Ellice Theatre. With three folk tales beautifully created by a diverse ensemble cast, this is the ideal play for the entire family this holiday season.

Shoestring Players present BEDTIME STORIES by Norm Foster at the Forrest Nickerson Theatre on Pembina Highway. The play shows at 7:30 p.m. from Dec. 6 to Dec. 8 and 2 p.m. on Dec. 9.

MIRACLE ON SOUTH DIVISION STREET is playing at the John Hirsch Theatre at the MTC Mainstage until Dec. 15. Visit mtc. mb.ca for more information. Get ready for the five-time Tony Award nominee ROCK OF AGES from Dec. 11 to Dec. 13. The '80s rock hits musical dances through Winnipeg stopping briefly at the Centennial Concert Hall just to remind you how much you miss all your hair.

Maples Drama presents TOAD IN THE HOLE, based on the beloved children's novel *The Wind in the Willows.* A.A. Milne's script tells the tale of mischievous Mr. Toad and his animal companions. The performance happens Dec. 13 at Maples Collegiate Theatre at 7 p.m.

On Dec. 16 head down to the Ellice Theatre for COMEDY SAVES CHRISTMAS starring MICHEAL BLOMQUIST, PAUL RABLIAUSKAS, CORY FALVO and many more. Proceeds go to the Christmas Cheer Board.

THE NUTCRACKER is at the Centennial Concert Hall from Dec. 20 to Dec. 30.

Comedy happens at the King's Head Pub every Tuesday at 9 p.m.

Head down to the Times Change(d) High and Lonesome Club for COMEDY ON THE CORNER every Saturday.

## LISTED IN THE UNITER?

Submit your listing to the Listings Coordinator eight days before you want it to appear in the paper. Listings must not be more than 100 words. They will be edited for length. Listings are free but not guaranteed. Please email Ken at listings@uniter.ca.

#### MUSIC LISTINGS

#### THURSDAY, DEC. 6 until WEDNESDAY, DEC. 12

Jam Night with Route 59 at the Cavern

THE PERPETRATORS and PICTURE THE OCEAN play the Times Change(d) on Dec. 6.

THE TURN OUT presents DJ NU-MARK (Jurassic 5) at the Greenroom on Dec. 7. DJ CO-OP, DJ HUNNICUTT and LONNIE CE will also perform.

THE CHRISTPUNCHERS and SUPER FX combine a Rage Against the Machine tribute and video game music Dec. 7 at the Cavern.

JAKE BRAKES and CHRIS CARMICHAEL play the Times Change(d) Dec. 7.

YOU ROCK: COMEDY AND SOUL JAM takes place at the West End Cultural Centre on Dec. 7 featuring HOT THESPIAN ACTION, FLO, REYNALYNE GACILAN, a live auction, a silent auction, videos and more. Wow, what a night!

THE BARENAKED LADIES become one with the WINNIPEG SYMPHONY ORCHESTRA for *Hits and Holiday Songs* at the Centennial Concert Hall Dec. 7 and Dec. 9.

ANUSPHERE and POTATOES play the Cavern on Dec. 8.

On Dec. 8 head over to Eckhardt-Gramatté Hall where Kyung & Michael Kim, pianists and WSO Chamber Players, will perform a dozen of your favourite composers from Bach to Rachmaninoff.

THE WINNIPEG JAZZ ORCHESTRA presents GLEN MILLER CHRISTMAS on Dec. 9 at the Winnipeg Art Gallery.

On Dec. 9, FLYING FOX will be celebrating the release of their new promotional video for *Hans My Lion* at the Park Theatre with the RIFL GFNTI FMFN'S CHOIR

On Dec. 10 head down to the Park Theatre for ROMI MAYES's pre-Christmas Songwriter Extravangaza with the best Winnipeg has to offer in singer-songwriters.

The Vinyl Drip with JAMES BROWN is at the Cavern on Dec. 10.

Soul night with DR. HOTBOTTOM and the SOUL RX is at the Cavern on Dec. 11.

On Dec. 11 head down to the West End Cultural Centre for KIM CHURCHILL and BABETTE HAYWARD of Indica Records.

On Dec. 12 the Folk Exchange rears its sleepy head with RYAN BOLDT, ZACHARY LUCKY, CARLY MAICHER and KACY & CI AYTON

Trivaoke is happening at the Cavern Dec. 12.

#### THURSDAY, DEC. 13 until WEDNESDAY, DEC. 19

On Dec. 13 head down to the Garrick Centre for #giveyourgifts, presented by JAMES STRUTHERS with DANE BJORNSON, THE TREBLE and TAKE ME TO YOUR PILOT.

Jam Night at the Cavern with Route 59 on Dec. 13.

PROPHET, ELECTRIC SOUL and HEY PILGRIM at the Cavern on Dec. 14.

Local singer-songwriter DON AMERO presents the third annual AMERO LITTLE CHRISTMAS with guests RED MOON ROAD at the West End Cultural Centre on Friday,

Dec. 14. Visit www.donamero.com

NEVILLE vs. NEWTON at the Times Change(d) on Dec. 14.

The Be:CAUSE Holiday Harvest Show is on at the Windsor on Dec. 14. Bring a non-perishable food item and watch DANGER CAT, THE VIBRATING BEDS and THE MYSTICS.

Don't miss the Big Fun Launch Party with THIS HISSES and DEPARTURES at the Windsor Hotel and watering hole on Dec. 15.

JD EDWARDS BAND plays Le Garage Café on Dec. 15.

LITTLE HOUSE, THE BOKONONISTS and WOODSHED HAVOC are at the Cavern Dec. 15.

FRED PENNER'S annual kids' show and grownups pub style singalong show continue this Dec. 15 at the West End Cultural Centre.

THE PHIL continues its 90th anniversary celebration with HOLIDAY MEMORIES, its annual holiday concert full of good cheer and exceptional music on Dec. 16 at 3 p.m. at Westminster United Church.

On Dec. 16 SALINAS, ATTICA RIOTS and A WASTE ODYSSEY play the Park Theatre.

CHIC GAMINE bring their '60s Motown girl-group vibe to the West End Cultural Centre on Dec. 17.

Trivaoke is happening at the Cavern Dec. 19.

On Dec 19, ULTRA MEGA, THE BRILLIANT BASTARDS, MICRODOT and THE THRASHERS show us what a Transistor 66 Christmas Party is all about at the Park Theatre.

#### THURSDAY, DEC. 20 until WEDNESDAY, DEC. 26

ELEMENTSIRCUS presents a massive one-night festival set to enjoy the longest night of the year on Dec. 21 at Pulse Nightclub in Osborne Village. The 'Sircus will feature local artists, dancers and film alongside 11 Winnipeg music acts, including THE BOKONONISTS, LITTLE HOUSE, POP CRIMES, TIM HOOVER and more.

QUINZY and HOUSE OF DOC present THE LAST QUINZMAS at the Burton Cummings Theatre on Dec. 21.

KNUCKLEDUSTER and JEFFREY JAMESON at the Cavern Dec. 21.

MARTI SARBIT (IMAGINARY CITIES), ALEXA DIRKS (CHIC GAMINE) and their backing band will perform all your favourite pop music guilty pleasures from the '90s at La Garage Cafe on Dec. 21.

#### THURSDAY, DEC. 27 until WEDNESDAY, JAN. 2

THE ARLINGTON TRIO, HANALULU and WASTE ODYSSEY are at the Cavern on Dec. 28.

On Dec. 28 head down to the Rose 'n' Bee Pub for ULTRA MEGA's Holiday Hug.

The JD EDWARDS BAND play the Times Change(d) on Dec. 29.

THE WIND UPS are at the Cavern on Dec. 31.

THE DIRTY CATFISH BRASS BAND are at the Toad on Dec. 31.

THE PERPETRATORS at the Times Change(d) on Dec. 31.

#### Solution from last week's issue.

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#### AWARDS & FINANCIAL AID The Awards and Financial Aid staff of the University of Winnipeg provides the student body with current information on award opportunities. This information is updated weekly.

#### THE UNIVERSITY OF WINNIPEG AWARDS

#### http://www.uwinnipeg.ca/index/services-awards

The following applications are available to download online. Once you complete the application, submit it in the red drop box located on the first floor of Centennial Hall (Student Central):

#### GRADUATE AND PROFESSIONAL STUDIES EXPENSES BURSARY

For students in the final year of their undergraduate program who are applying for entry into a Graduate or Professional Studies Program with financial need. Download the application at: http://www.uwinnipeg.ca/index/services-awds-current-continuing.

#### GENERAL BURSARY

These bursaries are meant to provide additional support to those who have unmet financial need after they have accessed all financial resources available to them. Download the application at: http://www.uwinnipeg.ca/index/services-awds-current-continuing.

#### FINANCIAL BASICS WORKSHOP

Did you know that November is financial literacy month? Do you want to get a better handle on your finances? Do you want to learn some tips on budgeting and how to save money? Well, we have the session for you!

In collaboration with the Financial Consumer Agency of Canada (FCAC), The University of Winnipeg will be holding a series of free Financial Basics Workshops. Topics will include budgeting, credit and debt management, saving and

investing, financial planning and protecting yourself from financial scams.

Students are eligible to receive a free water bottle and \$30 in financial compensation after the completion of two surveys. All current University of Winnipeg students are welcome to attend one of the two days. Space is limited, so we are asking that you please RSVP. Light refreshments will be served. The session is being offered: Wednesday, Jan. 23, 2013 from 5 p.m. 9 p.m. Please RSVP online here: https://www.uwinnipeg.ca/index/awards-financial-basics-reg.

#### AWARDS OFFERED BY EXTERNAL AGENCIES AND ORGANIZATIONS:

There are many external award opportunities to apply for. Please check out our external awards page at http://www.uwinnipeg.ca/index/services-awd-external.

#### MANITOBA STUDENT AID PROGRAM (MSAP):

Application to Manitoba Student Aid for the 2012-13 Fall/ Winter or the 2012 Winter session is still open. Students can apply online at www.manitobastudentaid.ca.

Be sure to apply Dec. 2 and submit all requested documentation as soon as possible to ensure that you receive all the grant funds for which you are eligible.

#### CONFIRMATION OF ENROLMENT & GOVERNMENT STUDENT AID DOCUMENTS

Approximately two weeks after you have applied for government student aid online the Manitoba Student Aid Program (MSAP) will send official assistance documents to students who have qualified for funding. MSAP will mail the

documents to students at the addresses they have provided on their MSAP applications.

If the document is a Canada Student Financial Assistance document, you should take it to an approved Canada Post outlet for forwarding to the National Student Loan Centre.

If the document is a Manitoba Student Aid document, you should forward it to the MSAP Loan Administration Department.

The National Student Loan Centre of the MSAP Loan Administration Department will process the document, transferring the fee payment portion directly to the university and depositing any additional balance to your account. Instructions on these processes will be included in your student aid document package.

#### COURSE LOAD

The minimum course load for which you must register to be eligible for any form of government student assistance is 60 per cent of the maximum course load required for your study period:

Winter Term only - 9 credit hours minimum

Fall/Winter Session - 18 credit hours minimum

You must maintain the appropriate minimum course load for your study period in order to retain your student assistance eligibility

#### REGISTRATION AT ANOTHER POST-SECONDARY INSTITUTION

If, in addition to University of Winnipeg courses, you are registered and taking courses elsewhere during the

academic year for credit towards your University of Winnipeg degree, you must present proof of registration to the Awards & Financial Aid Office before your student assistance document can be authorized and released to you. This includes students in joint programs.

#### FEE PAYMENT

As long as you have not reduced your course load below the full-time coarse load requirements, your disbursement(s) will be released to once your enrolment is electronically submitted by the university.

Government Student Aid is used first to meet educational costs. All outstanding fees and emergency loans will be deducted from the student aid disbursement and transmitted directly to the University. The remaining funds will be sent to you by direct deposit. If your student assistance does not cover your required fee payment, you will have to make payment on your own by the fee payment deadlines.

Credits for awards you may be receiving will be to reduce the amount of fees deducted from the student aid document.

**DID YOU KNOW...** You can check the status of your student aid application, find out what documentation is still outstanding, update your address information and much more online? Go to www.manitobastudentaid.ca and then to MySAO to log into your existing account.

**DID YOU KNOW...** If you are a student who has had past Government Student Loans and are currently a student but do not have a student loan this year, please fill out a "Schedule 2" document to remain in non-payment and/or interest-free status. Please come to the Awards Office to obtain and complete a form.

#### Crossword Puzzle & Sudoku 14

Solutions to this week's puzzles can be found online and in next month's issue.

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1- Baseball glove;	45- Semper Fi sayers;
5- Shaft shot from a	47- Serving no func-
bow;	tion;
10- Fast fliers;	48 anglais (Englis
14- Get an effort;	horn);
15- Hotelier Helmsley;	49- Last letter of the
16- In a frenzy;	Greek alphabet;
17- Ump's call;	50- Artist's support;
18- Place to research;	53- Recipe abbr.;
20- Stub;	54- Butler's love;
22 Rosenkavalier;	58- At first view;
23- Fads;	61- Gardner and other
24- Public transports:	62- Tailless rodent:

1- Aggregate;

3- Beancurd;

4- Quivered;

2- \_\_\_ first you don't...;

26- RR stop;

27- Scurry;

34- Collar;

30- Revulsion;

35- June 6, 1944;

36- Scot's refusal;

37- Nobleman;

38- Clan symbol;

40- Brick oven;

41- Brian of Roxy Music;

42- Lodge members;

43- On cloud nine;

(English of the mately); 9- Armed conflict; 10- Monetary unit of port; Thailand; 12- Shredded; others; 19- Bohemian; Tailless rodent; 63- "The covers of this 21- Places; book are too far \_\_\_\_" 25- Pioneer; - Bierce; 26- Like some cats; 64- Tear apart; 27- "The Crucible" 65- Ollie's partner; 66- Ventured; 28- Basic monetary 67- Think tank product; unit of Sweden; Down

## 7- Judges' garments; 8- \_\_\_ about (approxi-11- Problem with L.A.; 13- The \_\_\_ the limit!;

5- Wholly;

6- Person with a paper,

29- Diamond flaw?; 30- HST's successor; 31- Join forces; 32- Shops want to achieve high ones!;

BE	SIC	RUS	SW	UK
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33- Looks after; 35- Skid row woe; 39- Approves;

40- Desert region in SW 42- Name on a bomber;

44- Building block 46- Person with a cool

job?; 47- Arbitrate; 49- Academy award; 50- Actor Omar;

51- I smell !; 52- Director Vittorio De \_\_\_; 53- Spanish appetizer;

55- Eager; 56- Pan's opposite; 57- Between ports;

59- Craze; 60- Airport abbr.;

SUDOKU SKILL LEVEL: CHALLENGING

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## Register now for Winter 2013

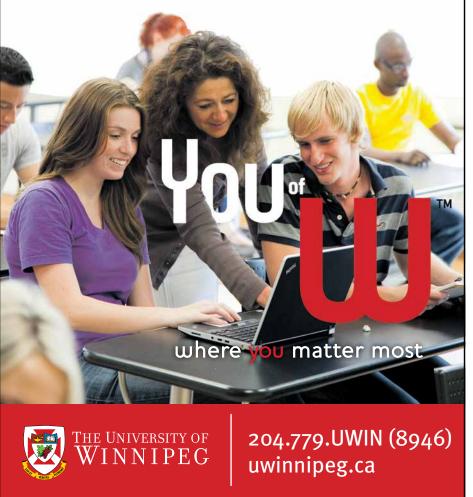
Space is still available for courses in these areas:

- Applied Computer Science
- Anthropology
- Biology
- Chemistry
- Classics
- Conflict Resolution Studies
- Environmental Studies
- Geography
- Human Rights and Global Studies
- International Development Studies
- Mathematics
- Physics
- Politics
- Religion and Culture
- Sociology
- Statistics
- Urban and Inner City Studies
- Women's and Gender Studies

Additional courses are available through Professional, Applied and Continuing Education (PACE).

For complete details — including course descriptions, prerequisites, and registration information — visit

#### uwinnipeg.ca/winter13





## Now Open!

## Exchange District Campus Residence at Red River College

Apply now for Red River College's new Exchange District Campus Student Residences, opening January 2013 in the Paterson GlobalFoods Institute.

For more info, contact residence@rrc.ca or 204.631.3371.





rrc.ca/campusliving