

UNIVERSITY OF WINNIPEG'S WEEKLY URBAN JOURNAL

THE

# UNITER

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**08**  
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## \*COVER IMAGE

"Woolies in Wyoming"

BY DANIELLE D. HUGHSON

Photo taken in Wyarno, Wyoming.

See more of Danielle's work at [www.flickr.com/manyfires](http://www.flickr.com/manyfires)

## News

## Wayne Helgason steps down from Social Planning Council of Winnipeg

Social justice advocate plans to remain active in community development

SONYA HOWARD  
BEAT REPORTER

When Wayne Helgason first joined the Social Planning Council of Winnipeg (SPCW) 16-and-a-half years ago, many of the poverty reduction organizations that community members have come to rely on did not exist.

It is thanks, in part, to the SPCW's involvement, Helgason's leadership as executive director and his background in child welfare that some of these organizations not only came into existence, but still thrive today.

"I'm now a grandfather," Helgason said. "I'm stepping down to have more time with my family."

He notes that he will still be involved with several community initiatives after his retirement on Jan. 3, 2011.

One initiative that Helgason is particularly proud of during his time with the SPCW is the summer learning enrichment program for inner-city youth.

School-aged children from the inner city take part in five weeks of math and science-based learning activities during the summer taught and assisted by university students in education and high school students from the community.

"This past year, 95 per cent of the kids came back to school in the fall at the same functioning level or better," Helgason said. "75 per cent had improved test scores over the summer, with stronger math and readings skills."

Strini Reddy, volunteer chair of the program, notes that it could not have grown from 120 participants when it started in 2005 to 630 in 2010 without the SPCW and Helgason's involvement.

"Wayne's personal commitment really helped us expand the program," Reddy said.

Another milestone that stands out for Helgason is the SPCW's receipt of the social justice research award from the University



CINDY TITUS

Wayne Helgason will be involved with several community initiatives after his retirement on Jan. 3, 2011.

of Manitoba and Canadian Centre for Jesuit Studies for the SPCW's publication, "The Manitoba 1999 Child Poverty Report Card, an Agenda for Action."

"(This award) showed that the major institutions and key opinion leaders were recognizing that those without resources were falling behind and the (poverty) gap was growing larger," Helgason said.

Sandy Gessler, president of the SPCW board, notes that not only has Helgason helped to put poverty on the local agenda but he has helped distinguish the SPCW on the national stage as well.

"Fifteen years ago, poverty was not a popular topic," Gessler said. "Now, there are a number of groups working at it and (Helgason) has been the lead in raising awareness of poverty, whether with reports that monitor progress, or advocacy about raising the minimum wage and

the health consequences of poverty, especially on children."

Furthermore, notes Gessler, Helgason has mentored many youth and helped launch their careers.

David Cavett-Goodwin is one such youth. After gaining experience as a policy analyst with the SPCW, he moved on to work with the federal department of finance.

"Not only did he give me a chance, but many others as well," Cavett-Goodwin said.

If it weren't for Helgason's encouragement to get involved with the SPCW, many youth could have led very different lives, he noted.

While there is no immediate successor lined up for the executive director role, according to Gessler, there are some good candidates.

After the job description is updated, the organization hopes to have a candidate identified in three or four months, Gessler said.

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## STREETER

BY DYLAN MARTIN

Q: HAVE YOU BEEN AFFECTED BY THE MINIMUM WAGE INCREASE? HOW?



**Alma Mann Scott, former healthcare aide on disability**

"It's affected me. If you're like me, looking for a job, it's enough to survive. It wouldn't make me rich, but it'd be a half-decent life. I'd have enough to pay the bills."



**Chris Beaulieu, currently unemployed former Gas Bar worker**

"Doesn't affect me 'cause I don't have a job."



**Adebawo Elemeje, first-year general arts student**

"No affect. I'm not working. I'm dependent on my husband."



**Sarah Hansen, Grade 12 student, University of Winnipeg Collegiate**

"I have been affected, because I work at minimum wage and don't work many hours, so it's pretty significant."



**Shinna Beaulieu, second-year biology student**

"I don't know how I've been affected. I don't think I have."



**Jack Kwiatkowski, self-employed**

"I won't be able to tell much, as I'm a visitor to Manitoba. I applaud actions of the government to help the working poor because you string together a living on minimum wage, at the same time it may hurt job creation."



## Desolation in downtown Winnipeg



JORDAN JANISSE

### Dearth of empty lots impede inner-city development, say candidates

ETHAN CABEL  
BEAT REPORTER

For years downtown Winnipeg has been littered with surface parking lots, taking up vast swathes of space in what was once the most densely populated area in the city.

Now, incumbent mayor Sam Katz and challenger Judy Wasylycia-Leis have pledged incentives for development, vowing to replace surface lots with a series of mixed-use properties in the city's core.

"There needs to be good public policy to

**"We need to make surface parking lots the least attractive option ... but we also need a larger strategy to tackle these issues."**

- JINO DISTASIO, DIRECTOR, INSTITUTE OF URBAN STUDIES

shift away from surface parking in the downtown," said Wasylycia-Leis, who would like to use \$24 million in revenue from the 2009 sale of the Winnipeg Square parkade on five new publicly-owned developments downtown.

"Parking lots ... pay less taxes based on market value," confirmed Nelson Karpa, the city's director of assessment and taxation.

"An office building with a market value of \$10 million is going to pay more than an empty lot valued at half a million dollars," he said.

The question of what to do with downtown parking lots is on the minds and agendas of Winnipeg's mayoral hopefuls.

In order to address this, and the fact that parking is a profitable business downtown, Wasylycia-Leis pledges to institute tax incentives for new development.

She has made no specific promises, however, and will not increase property taxes on the estimated 140 existing lots.

"It makes sense to me to provide the carrot approach rather than the stick," she said. "The latter can harm individuals that still need their cars or feel that they need their cars."

Incumbent mayor Sam Katz agrees with Wasylycia-Leis that a system of incentives would be more effective than penalties on maintaining empty lots.

Katz's proposed incentive would see property taxes frozen at their initial rate for the first five years after the redevelopment of an empty lot. After those five years, there would be phased increases for another three years.

For example, a \$200,000 empty lot will be paying the same tax rate for five years after being redeveloped into a new \$2 million property.

"I actually gave something, put something on the record," said Katz, when asked how his approach differs from that of Wasylycia-Leis. "She basically said she'd give some incentive and (she would) talk to you in 18 months."

#### LONG-TERM SOLUTIONS

While the two main mayoral candidates commit to the reduction of surface parking lots in the short term, some are calling for longer term city planning strategies to tackle the issue.

"We need to pursue transit-oriented development in certain spots, like around Graham Avenue," said Paul Hesse, spokesman for the Winnipeg Rapid Transit Coalition, adding that Graham Avenue is the key route for all transit buses in the city. "This way, you

won't need a parking space for every person downtown."

Hesse believes that developments like the Fort Rouge Yards, a \$200 million transit-oriented development in Winnipeg's Lord Roberts neighbourhood, is an example of how the city can increase population density and ensure that people live and work in roughly the same neighbourhood.

"A few dollars of incentives for transit-oriented development is money well spent," he said.

Jino Distasio, director of the Institute of Urban Studies at the University of Winnipeg, agrees with Hesse.

"We need to make surface parking lots the least attractive option," he said. "But we also need a larger strategy to tackle these issues."

Developments like the recently approved Assiniboine Avenue high-rise apartment tower and the derelict Avenue Building redevelopment will have extensive residential units, the mayor said.

"That's one of the reasons I've been a supporter of rapid transit because we can go to high density and that's what we want," Katz added.

The Assiniboine Avenue high-rise will have three levels of commercial and 22 floors of high-end condo and rental space. The Avenue Building redevelopment, which is placed directly on Portage Avenue, will feature 59 small, loft-style apartments with rent below \$1,000.

Wasylycia-Leis, however, claims that by halting development on phase II of the Southwest rapid transit corridor, the mayor is jeopardizing density and transit-oriented development in the inner city.

"By cancelling a project for rapid transit in order to use that money for other projects he's delaying progress ... in Winnipeg," she said.

## This week on the campaign trail...

KRISTY RYDZ  
NEWS PRODUCTION EDITOR

### Endorsements here, endorsements there, endorsements everywhere

While mayor Sam Katz had already won the endorsements of Winnipeg firefighters and police in this fall's election, he added Manitoba's top chief to his list of supporters, according to the *Winnipeg Free Press*. Assembly of Manitoba Chiefs Grand Chief Ron Evans has publically announced his allegiance to the incumbent mayor saying that Katz has been supportive of projects such as training programs and an urban reserve near Polo Park. The city's other main mayoral contender, Judy Wasylycia-Leis, got a trio of

supporters who have done the job themselves earlier this week. As reported by the CBC and the *Free Press*, former city mayors Bernie Wolfe, Bill Norrie and Glen Murray believe that based on her political career and personal characteristics, the former Winnipeg North MP would make the best leader for Winnipeg.

### Former councillor's family withdraw support for candidate, memory 'dishonoured' by actions

The children of former River Heights-Fort Garry city councillor Brenda Leipsic, who died of cancer in 2008, have withdrawn their support from the man who took over her position, telling the CBC that he is taking credit for their late mother's work.

Greg and Tracy Leipsic were offended by Coun. John Orlikow's Oct. 3 media release wherein he claims that he appealed to the city to increase funds for its 2011 Capital Plan to accommodate a Waverley Street crossing. The Leipsics point out that the city's 2007

capital budget reflect their mother's success in obtaining the money.

"In taking credit for my mother's work, John Orlikow dishonours my mother's memory. It shows that he is not up to the standards set by her in representing the people of this ward," Greg Leipsic stated in his own release.

Although Orlikow has apologized to the Leipsic family, they have officially switched to supporting his competition, Michael Kowalson.

#### The Uniter's Better Voter Series

Sept. 16	Fringe candidates
Sept. 23	Accountability
Sept. 30	Education
Oct. 7	Public-private partnerships
Last week	Crime
This week	Urban issues

## Mayoral candidate spotlight

### Getting to know Sam Katz



COURTESY RE-ELECT SAM KATZ

KRISTY RYDZ  
NEWS PRODUCTION EDITOR

Sam Katz doesn't want to win the title of Winnipeg's mayor for the third time because he likes the job.

For him, it's about more than that.

"I don't think it's a matter of liking being mayor," he said. "I think it's a matter of thinking you can move the city forward. ... I think it's a matter of believing you have the experience, understanding and the know-how to bring consensus here and I think that's what I've learned in the private life."

The life the 59-year-old Israeli immigrant refers to is using his University of Manitoba education in economics to found multiple businesses in the private sector over the years such as a retail clothing store as well as club and concert promotion through Nite Out Entertainment and Showtime Productions.

His companies drew acts like Paul McCartney and the Rolling Stones as well as Broadway shows to the city.

Notably, he was the CEO and president of the Winnipeg Goldeyes Baseball Club from 1994 until he was elected mayor in a by-election in 2004.

Katz has found that his rich history in the business community has helped him become an effective mayor over the past six years.

"When you're running a city with a \$1.2 billion budget, if you don't have an understanding of financial statements, of economics ... sometimes it's hard to make major decisions and if you don't know what you normally do know then you just rely on whatever the administration says.

"For me it's our job as elected officials to challenge and motivate and inspire them and sometimes show them how to do things differently and do them better."

With two daughters aged five and nine, Katz stresses his goals include making Winnipeg a city that retains youth, provides attractive employment and investment opportunities and overall is a place his girls will want to live.

"I think you have to understand what really makes the city go and small business is the economic engine of our city," he said.

Stating matter-of-factly that he has never been a card-carrying member of any political party, Katz makes it clear he gave up a comfortable life in the private sector because he believes his role as mayor is a way to give back to those who call the city home.

"The only boss you have is the taxpayers and the citizens," he said. "Your job is to fight for them."

*Katz talks about why he never participates in debates at the University of Winnipeg in Kristy Rydz's latest blog entry. Read it at [www.uniter.ca/blog/entry/4946](http://www.uniter.ca/blog/entry/4946).*

#### More Better Voter articles in this issue:

- ➔Page 5: Endorsements liven up civic campaign
- ➔Page 9: Envisioning a city we don't want
- ➔Page 9: Give poverty the respect it deserves

## Local News Briefs

Compiled by Jon Sorokowski



### HUMAN RIGHTS AWARDS OPEN FOR NOMINATION

Nominations are open for the 2010 Human Rights Commitment Award of Manitoba. The yearly award, presented by the Manitoba Association for Rights and Liberties, the Canadian Human Rights Commission and the Manitoba Human Rights Commission, acknowledges a person or a group that has made a significant contribution to the advancement of human rights. This year, the Manitoba Human Rights Commission seeks "those people who through their music, visual arts, theatre, writing, dancing or other art forms have promoted human rights," they wrote in a news release. The Sybil Shack Human Rights Youth Award will also be presented to a person under 25. The criteria and nomination forms for both awards are at [www.manitoba.ca/hrc](http://www.manitoba.ca/hrc). The deadline for nominations is Nov. 12.

### JUICE BELIEVED TO HAVE CARRIED E. COLI

Juice served at the Russian Folklorama pavilion in August may have been what caused 40 people to fall ill. The Russian fruit drink was stored in the same area as raw ground beef, which may have led to the E. coli outbreak. Pierre Plourde, medical officer of health for the Winnipeg Regional Health Authority, told the CBC those who consumed the juice were six times more likely to have become sick. Folklorama and the Russian pavilion organizers have received suggestions on how to improve food safety for future years.

### CRIMINAL INVESTIGATION LAUNCHED INTO ER DEATH

Winnipeg Police announced Friday, Oct. 15, that a criminal investigation will be launched into the death of Brain Sinclair, who died waiting 34 hours for care in a hospital emergency room last year. It's possible that such an investigation could delay a provincial inquest into the 45-year-old homeless man's death, Health Minister Theresa Oswald told the *Winnipeg Free Press*. Sinclair's family has also filed a civil lawsuit against the medical personnel working at the time, the Winnipeg Regional Health Authority and the provincial government. A police spokeswoman said it is too early to speculate which charges may be laid.

### VIRUS KILLING PET FOOD CRICKETS

Iguanas, tarantulas and other exotic animals are growing hungry due to a cricket-killing virus. The virus, which only affects insects, causes crickets to become paralyzed and die. To combat the virus, a Winnipeg pet store owner would like to import a cricket immune to the virus, but the type is not currently approved on the Canadian Food Inspection Agency's list of insect species. One cricket producer in Saskatchewan is experiencing a boost in his sales, explaining to the CBC that "breeders across Canada and growers of crickets ... have been wiped out."

### MANITOBA AND ONTARIO PRESSURE CRAIGSLIST TO REMOVE SEX-TRADE ADS

Manitoba and Ontario ministers are pressuring Craigslist to ban prostitute ads from their website. Last week the *Winnipeg Free Press* reported that three Ontario cabinet ministers wrote to congratulate Craigslist for removing prostitute ads on the American version of the listing service following requests from American attorney generals. Manitoba Justice Minister Andrew Swan vowed to also write a letter to Craigslist "in the hope that they'll voluntarily pull those ads," the *Winnipeg Free Press* reported. Kildonan-St. Paul MP Joy Smith said she had lobbied the minister to do so in response to Ontario's move. Critics of the website allege that some ads sell sex from underage girls.

## Government plans for animal disease outbreak

### New animal identification database to increase food safety for Manitobans

ARLEN KASDORF  
VOLUNTEER

Animal disease outbreaks are happening all over the world and leading to negative consequences for our food supply. In response, the Canadian government is taking action by implementing a national traceability program for all livestock.

Canada announced that the new premises identification database will track animals right from birth all the way to the dinner table. All provinces are responsible for the collection of premises identification in accordance with national standards.

The premises are considered the parcel of land where livestock and poultry are grown, kept, assembled or disposed of, according

**"If there is an animal health issue we can help (the farmers) – notifying them so that they can protect themselves because some of these diseases (are transferred to) humans."**

- HEATHER MARTENS, MANITOBA AGRICULTURE, FOOD AND RURAL INITIATIVES

to Manitoba Agriculture, Food and Rural Initiatives (MAFRI).

Premises identification links livestock and poultry to geographic locations for planning and managing emergencies by keeping basic land and contact information on file.

The program provides an emergency tool to help with an outbreak or natural disaster, says Heather Martens, an agri-food traceability coordinator with MAFRI.

"If there is an animal health issue we can help (the farmers) – notifying them so that they can protect themselves because some of



COURTESY HARBORSIDE FARMS

these diseases (are transferred to) humans," Martens said.

According to Martens, different sections of the livestock industry have had their own traceability programs in place for a few years. The government is now focusing on a multi-species point of view since certain diseases can affect more than one species of animal.

Richard Simcock, the owner of Oak Island Goat Dairy near Île-des-Chênes, Man., immigrated to Canada from England seven years ago. Seeing the effects of the foot-and-mouth disease in the United Kingdom, he knows the importance of traceability first hand.

"Traceability for the food will definitely be a good thing," Simcock stated. "That's where they've gone in England ... where the public can trace where the food is coming from so they feel safer."

Clinton Cavers, a lifelong farmer and owner of Harborside Farms, does not have the same need for traceability as other registered farmers. Harborside handles all parts

of the raising, processing and even selling of their livestock.

"As far as traceability goes, we know which animals we're processing and we know where they all come from obviously and we know who's buying our food," Cavers stated.

Cavers is a part of the premises identification program, but has not had to implement anything new other than having an identification number.

For some industries, the program won't change the way producers operate their businesses.

Karen Armstrong, the assistant manager of Manitoba Chicken Producers, said the announcement by the government will not have an effect on registered chicken farmers.

"We already have all of their information on file essentially," she said. "Should something happen that the office of the provincial veterinarian needs that information, we have an information sharing agreement (in place)."

## Positive change for negative-option billing

### Manitoba businesses must demonstrate transparency in contracts, can no longer unilaterally renew existing contracts

LAUREN PARSONS  
BEAT REPORTER

A new provision in Manitoba's Consumer Protection Act now prevents companies from doing unfair and sometimes unethical business with consumers.

According to Jan Forster, acting director of Manitoba Family Services and Consumer Affairs' Consumer Protection Office, fairness prompted the provision.

"We wanted clarity (between businesses and consumers)," she said. "A contract should be clear and simple so consumers know what they are agreeing to."

**"I thought they were waiting for a response from me but they weren't – they just renewed (my subscription) anyways."**

- GLORIA KOWBEL, FREELANCE DATA ENTRY CLERK

Negative-option billing is a practice wherein the company provides goods or services to consumers automatically, and consumers must pay for the service or inform the company that they wish to cancel.

The provision to the Act, which is part of Manitoba's five-year Let's Make a Better Deal

Plan, makes changes to the way contracts are presented to a consumer: the contracts will have to use more plain language so the average citizen can understand exactly what they are agreeing to.

It also prohibits businesses from unilaterally renewing a consumer's contract through a negative-option billing.

Forster said that they don't receive too many complaints about negative-option billing, but thinks that some people do not realize there is anything they can do.

"Periodically, negative-option billing is something that came to our attention," said Forster. "Some citizens are more vulnerable than others."

According to Gloria Kowbel, a self-employed freelance data entry clerk, many people will not make the effort to cancel a subscription if it is not a priority in their lives.

Last year Kowbel's subscription to Norton Antivirus was renewed without her permission. She said that the company had sent emails and reminders that it was time for the product to be renewed, but she thought that if she ignored them the company would see she was not interested.

"I thought they were waiting for a response from me but they weren't – they just renewed it anyways," she said.

Kowbel did not mind the renewal because she required the service for her computer, but she was surprised the company did not wait for her approval before renewing the one-year contract.

"When you're short of cash and they do something like that it's not fair," she said.

Kowbel knows that in many instances this is a way for companies to make some extra money.

"It's not until you see the extra charges on the bill that you realize that needs to be cancelled," she said. "Even if they don't cancel right away, even for a month or two, the company still makes that money."

Robert Warren, I.H. Asper executive director for entrepreneurship of the Stu Clark Centre for Entrepreneurship, believes that making contracts readable to the average person will help consumers who usually do not understand or pay attention to what they are signing.

"Ninety-five per cent of consumers fall into that category and in the five per cent of consumers who actually pay attention to their choices – half of them actually act on it (and make a complaint)," he said.

Warren also believes that businesses should not be losing money because of the provisions as long as they adapt their outlook and sell their products creatively, adding that he thinks the new provision will create better relationships between business and consumer.

"If my consumers are well informed and comfortable with me then they will be more likely to purchase something than if they feel like they are being manipulated or taken advantage of," he said.

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THE BETTER  
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SERIES



## Endorsements liven up civic campaign

Mayor claims council candidate may have received funding from the provincial NDP

ETHAN CABEL  
BEAT REPORTER

This year's civic election candidates have garnished an unprecedented number of endorsements, with everyone from the Winnipeg Police Association, the Manitoba NDP and Green Party leader Elizabeth May weighing in on the municipal campaign.

**"Ross Eadie, who is a candidate, specifically said that if it wasn't for getting funding from the NDP he wouldn't have been able to run this election."**

- SAM KATZ, MAYOR OF WINNIPEG

Far from uniting candidates around specific goals, these endorsements have become divisive as the campaign nears its close.

"You have to be extremely humbled when the men and women who basically risk their lives on a daily basis decide that your platform ... is so good that they ... come forward and endorse you," said mayor Sam Katz, who has received endorsements from the Winnipeg Police Association and the United Firefighters of Winnipeg.

Katz continues to rally against party influence on city council, however, and believes that the Manitoba NDP have manufactured a slate of heavily partisan candidates.

"(In this election) you have a slate of candidates that basically have nominations from the NDP and they are funded by the NDP," the mayor said. "You won't find any other slate of candidates from any political party and you won't find me endorsing any people running for council, either."

In a scathing criticism of NDP endorse-



CINDY TITUS

From signs to statements, mayoral candidates are accepting political endorsements locally and abroad.

ments, the mayor alluded to a blog post by anonymous Winnipeg blogger The Black Rod.

"Ross Eadie, who is a candidate, specifically said that if it wasn't for getting funding from the NDP he wouldn't have been able to run this election," said Katz. "That's a quote from Ross Eadie."

Ross Eadie is an NDP party member running in the Mynarski ward.

"I run an honest campaign," said Eadie in response to the allegations, adding that his statements at a candidates' forum were taken out of context. "It disgusts me that the mayor would do stuff like this."

According to a post by the Black Rod and comments by a user calling himself AlexLV on the *Winnipeg Free Press* website, Eadie told an audience at a candidates' forum on Monday, Sept. 27, that he wouldn't be able to run if it wasn't for the financial support of the provincial NDP.

If Eadie is receiving campaign financing from the NDP party, it would be in violation of provincial legislation.

The 2008 Municipal Conflict of Interest and Campaign Financing Act bans corporate and union donations, which would include campaign contributions from a provincial party.

"All I said was that people who join po-

litical parties are (most likely) people that are willing to make political contributions," he said.

Eadie has not received a formal NDP party endorsement. The only nominations that have taken place are in Daniel McIntyre and Elmwood-East Kildonan, where NDP constituency assistant Keith Bellamy and former CTV reporter Shaneen Robinson have received endorsements from the provincial NDP.

Bellamy defends the process as open and transparent way of choosing like-minded candidates.

"Every party is involved at the civic level but the NDP felt that it was important to have an open and transparent process," the Daniel McIntyre candidate said. "Squelching democratic input would be a bad idea."

Judy Wasylycia-Leis has also received her share of support, with endorsements coming from local activist Sel Burrows and federal Green Party leader Elizabeth May.

"I can't presume to know what policies Judy (Wasylycia-Leis) would implement as mayor but I know her background and I know what she cares about," said May, adding that Wasylycia-Leis has a strong environmentalist background and has worked hard as a federal MP to improve social justice in Winnipeg.

## Manitoba's recent minimum wage increase may have unintended consequences

Possible reduction in employee hours and shifts after wage increase

SONYA HOWARD  
BEAT REPORTER

While most workers welcome the minimum wage increase to \$9.50 announced for Oct. 1 by the province, some wonder what impact this will have on the hours and the earnings of salaried managers.

The increase applies to all workers in Manitoba, hourly and salaried, regardless of whether they began working at their jobs before or after the increase.

"If you're currently making \$9.40 an hour, you'll get a raise," said Ray MacIsaac, manager of public education for Manitoba's employment standards division. "If you're already making \$9.75 an hour, there is no requirement that you must get a raise."

While the gap in earnings between a salaried manager and an hourly employee may get smaller after this increase, the individual employer may decide to give the manager a raise as well, notes MacIsaac.

Katrina Halischuk, a bartender with Boston Pizza, believes that it's not only a matter of the gap getting smaller.

"People who make salary wages lose when the minimum wage goes up because they don't necessarily have to get an increase," said



CINDY TITUS

Straight from the Employment Standards Office, Manitoba's decision to up their minimum wage has the potential for positive and negative changes.

Halischuk.

If an hourly employee were to get a lot of overtime, Halischuk notes, it might be possible for them to make more than a salaried manager after the minimum wage increase.

Applebee's server Lisa-Marie Hasiuk has seen hours and overtime reduced after the recent minimum wage increase, making it unlikely that an hourly employee would earn more than a salaried employee.

"A friend of mine was working 12 shifts a week and they were cut down to six shifts," said Halischuk. "My hours are probably going to be decreased as well. During a shift, we're kept on for a lot less time than we used to be."

Halischuk and Hasiuk both acknowledge that employers need to keep labour costs down.

However, Hasiuk wonders what the trade-off of the wage increase is.

"If they're going to be (cutting hours), then the wage increase almost doesn't matter," said Hasiuk.

### MANITOBA'S NEXT INCREASE

Manitoba's minimum wage has increased by nearly 60 per cent since 1999 from \$6.00 an hour to \$9.50, notes Ray MacIsaac of Manitoba's employment standards division.

There is no date set for the next increase.

"While there have been annual increases in the minimum wage for the last while," MacIsaac said, "there's no legislation saying it has to be increased."

Manitoba's Minister of Labour and Immigration decides when it's time for an increase.

### Manitoba's hourly minimum wage in comparison to the rest of Canada

Ontario	- \$10.25 as of March 2010
Newfoundland	- \$10.00 as of July 2010
Nunavut	- \$10.00 as of August 2008
Nova Scotia	- \$9.65 as of October 2010
Manitoba	- \$9.50 as of October 2010
Quebec	- \$9.50 as of May 2010
Saskatchewan	- \$9.25 as of May 2009
PEI	- \$9.00 as of October 2010
New Brunswick	- \$9.00 as of September 2010
NWT	- \$9.00 as of April 2010
Yukon	- \$8.93 as of April 2010
Alberta	- \$8.80 as of April 2009
British Columbia	- \$8.00 as of November 2001

## International News Briefs

Compiled by Aaron Snider

### BEAR HUNT UNAPPRECIATED

SINGAPORE: A marketing campaign in Singapore by the electronics company Philips involving a person in a bear costume resulted in a criminal investigation, the BBC reported last Friday. The campaign involved a video showing a bear running loose in a residential area and rummaging through garbage. Mistaking the costume for a real bear, officials were dispatched to tranquilize the animal. The hunt involved more than 15 people. Philips issued a statement apologizing for the video, but still face charges of public nuisance with a potential fine of up to \$1,000.

### NUCLEAR ENERGY PROLIFERATION

RUSSIA: Russian President Dmitry Medvedev and Venezuelan President Hugo Chavez reached a deal last week that will see Russia build Venezuela's first nuclear power plant, Reuters reported. The deal, which also involves the sale of \$1.6 billion of Venezuelan oil assets to Russia, is expected to strengthen ties between the two nations. Having recently finished a nuclear energy plant in Iran, Medvedev expects this new deal to be unpopular with the U.S., though both he and Chavez emphasized that their motives were "clean and open." Chavez also said nothing would prevent the nuclear plant from being built.

### TALIBAN ATTEND PEACE TALKS IN SAFETY

AFGANISTAN: NATO commanders confirmed last week that they arranged for Taliban spokespeople to attend peace negotiations in Kabul, the CBC reported. Officials within the Afghan government previously acknowledged having informal communication with the Taliban, but the Taliban denied having any contact with the Afghan government. They have insisted that all foreign troops be removed from Afghanistan before any negotiations would begin. These new talks are Afghan-led and monitored by the U.S., but officials note that the meetings are not official negotiations. NATO forces have been more aggressive lately against Taliban forces in eastern and southern Afghanistan where the militants are based.

### VIRTUAL COURTS TO SPEED JUSTICE

KENYA: A new system of virtual courts launched last week in Kenya, Reuters reports. The new system, which uses live video conferencing to allow litigants and advocates to see judges without the necessity of travel or a physical courtroom, is an attempt to reduce Kenya's large backlog of court cases. The virtual meetings will save many suspects from years of waiting before their cases are heard. The new system will also involve electronic scans to be made of all evidence documents to eliminate corruption and theft. The project follows a new Kenyan constitution that was finished in August.

### WORLD'S LONGEST TUNNEL FINISHED

SWITZERLAND: The world's longest train tunnel was finished last week in the Swiss Alps, CNN reported. Crews connected the two halves of the 57 kilometre Gotthard Base Tunnel on Friday after 14 years of construction. The project cost more than \$10 billion and involved 2,500 workers. By the time it is operational - at the end of 2017 - the new route will cut travel time between Milan and Zurich by one hour. The Gotthard Tunnel is flatter than previous routes and will be more economical for heavy freight train traffic, which is expected to increase by 75 per cent this year.

## Wesmen women finish 1-2 in Lakehead Thunderwolves tournament

Over the weekend, team gelled and set the stage for successful season

**SARAH REILLY**  
STAFF WRITER

The University of Winnipeg Wesmen women's basketball team travelled to Thunder Bay, Ont. last weekend for their last tournament of the pre-season.

Head coach Tanya McKay noted that the weekend wasn't an easy one but eventually the team found their groove.

"We had a tough start shooting 16 for 72 in game one versus Laurentian and 14 for 61 versus Bishops," she said. "Sunday we finally found our range beating Lakehead 89 to 61."

As McKay said, the Wesmen struggled in their first two games of the weekend, losing to both Laurentian and Bishops.

In Friday night's game, despite the team's low shooting percentage, the Wesmen were led by first-year guard Stephanie Kleysen who had 16 points and nine rebounds, and team co-captain, Caitie Gooch, who had 13 points. It was a close game, but the Wesmen lost 53-50.

On Saturday night, the Wesmen were in another close game against Bishops.

Despite the team's 60 points,



Stephanie Kleysen was one of the Wesmen's top scorers last weekend in Thunder Bay.

they had only one player in double digits. Kleysen had 11 points, and Alyssa Grant added another nine points.

In their final game of the weekend, the Wesmen finally found their rhythm. The Wesmen took on the home team, the Lakehead Thunderwolves, in a re-match from the Wesmen's BOB FM tournament the weekend before.

In their first meeting in Winnipeg, the game was close, and the Wesmen won by only five points. However, it was a different story in Thunder Bay.

Led by Gooch, who had 23 points, and Kleysen, who was also a high scorer with 21 points,

the Wesmen trampled the Thunderwolves, 89-61.

In reflecting on the turnaround from the majority of the weekend to Sunday, Kleysen felt that the squad had finally started to gel.

"The major difference was that the shots we had been taking all weekend that weren't going in before finally dropped for us," she said. "We played as a team."

The Wesmen were missing fourth-year starter and team co-captain, Amy Ogidan, who stayed home with an ankle injury.

Ogidan is expected to be back for the Wesmen's season opener on Friday, Oct. 22 against the Manitoba Bisons at the U of M.

## Wesmen men dominate Canadian Mennonite University invitational tournament

Weekend demonstrates growth, leaves players ready for regular season kick-off

**SARAH REILLY**  
STAFF WRITER

The University of Winnipeg's men's basketball team stayed in town last weekend and took part in the Canadian Mennonite University Invitational Tournament on Friday, Oct. 15 and Saturday, Oct. 16.

Head coach Mike Raimbault saw the experience as a chance for the team to gain more experience.

"The weekend was positive for us," he said. "It gave us an opportunity to continue growing as a group. We still have a lot of room to grow but the team is working hard."

In their first game of the weekend, the Wesmen took on Lakeland College.

U of W was led by Nolin Gooding, who had 24 points, and second-year forward, Brayden Duff, who had 18 points of his own. In the end, the Wesmen took the win with a final score of Wesmen 88, Lakeland 82.

During their second game, the Wesmen took on Briercrest

College and won by 27 points. U of W had five players in double digits on Saturday night.

Most impressively, rookie Kelvin Smith had 30 points, while Benny Iko dropped 20 during the game. When the final buzzer went, the Wesmen had 118 points, while Briercrest trailed with 91.

Wesmen fifth-year captain Nick Lothar used the tournament as a testament to the progress the team has made so far.

**"We still have a lot of room to grow but the team is working hard."**

- MIKE RAIMBAULT, HEAD COACH,  
WESMEN MEN'S BASKETBALL

"We got an opportunity to show people what we have been working on all pre-season," he said. "Ultimately that's what we were looking for ... (now) we get a week to prepare for our first league game on Friday versus the Bisons."

This Friday, Oct. 22, the Wesmen men's basketball team begins their season playing against long-time rivals, the University of Manitoba Bisons.

They will take on the Bisons at 8 p.m. in the Bisons' home gym, the Investors Group Athletic Centre, after the women's game, which tips off at 6 p.m.

### WESMEN WOMEN'S BASKETBALL PRE-SEASON TOURNAMENT IN THUNDER BAY

**Friday, Oct. 15**

LAURENTIAN VOYAGEURS **53**  
WINNIPEG WESMEN **50**

**Saturday, Oct. 16**

BISHOP'S GAITERS **70**  
WINNIPEG WESMEN **60**

**Sunday, Oct. 17**

WINNIPEG WESMEN **89**  
LAKEHEAD THUNDERWOLVES **61**

### WESMEN MEN'S BASKETBALL CMU INVITATIONAL TOURNAMENT

**Friday, Oct. 15**

WINNIPEG WESMEN **88**  
LAKELAND RUSTLERS **82**

**Saturday, Oct. 16**

WINNIPEG WESMEN **118**  
BRIERCREST CLIPPERS **91**

UNIVERSITY of WINNIPEG

# STUDENTS' ASSOCIATION

Canadian Federation of Students Local 8



**BOARD MEETING:**  
Friday, Oct. 22  
5pm - UWSA  
Boardroom

Hello from the UWSA!

It's election time! The UWSA recently had a by-election, and we're pleased to announce that Jane Harrington was elected as Part-Time and Mature Students' Director to our board.

The municipal election is also around the corner, with voting day on October 27th. We encourage you to get out and vote for the mayor, city councillor, and school trustees that you think will serve our city best. In past civic elections, few young people hit the polls, and as a result young people's concerns are not taken seriously. So make sure to vote, and encourage your friends and family to do the same. For more info on the election and student issues, check out [studentsvote.ca](http://studentsvote.ca), a website created by the Canadian Federation of Students.

As always, at the UWSA we want to hear from students. So please come visit Ava, Lana, Katie and Jason (we have guaranteed open exec office hours on Tuesdays from 12-1). Also, please join us at our next board meeting on Friday, October 22nd at 5pm in the UWSA Boardroom. All are welcome!

Upcoming Events:

-UWSA Board Meeting- 5pm, October 22nd, in the UWSA Board Room

-Municipal Election Voting Day- October 27th

-The UWSA's International Resource Centre and UW Housing presents: The Halloween Social- 9pm, October 30th, in the Bulman Students' Centre

-The UWSA LGBT\* Centre's Homohop 17: In Uniform- 8pm, November 10th, in the Bulman Students' Centre

## YOUR UWSA!

(Left To Right)

Lana Hastings  
Vice President Student Services

Ava Jerao  
Vice President Internal

Jason Syvixay  
President

Katie Haig-Anderson  
Vice President Advocate



## MISSION STATEMENT

The UWSA democratically unites the students of the University of Winnipeg in order to advance student interests. Our efforts include promoting the exchange of ideas and information among students, and within the greater University community. In aid of this, we support and encourage the development of student groups and societies on campus. As well as promoting communication within the University, the UWSA advocates on behalf of students to administrative bodies.

## The valedictorian's speech

Top student at fall convocation calls out university for giving honorary degree to federal minister Vic Toews

KARLENE OOTO-STUBBS  
CAMPUS BEAT REPORTER

You could cut the tension with a knife inside the Duckworth Centre. While 250 graduates awaited their diplomas this past Sunday afternoon, silent protestors outside took a stand against the University of Winnipeg's actions.

Even though some were aware that Erin Larson's valedictorian speech would criticize the U of W's administration for bestowing an honorary degree on Provencher MP and federal public safety minister Vic Toews, her words at the fall convocation ceremony shocked many nonetheless.

"I'm extremely honoured to be selected as the valedictorian (but) I have to admit I'm not proud to share the stage with everybody that is on it today," said Larson as the crowd began to murmur.

**"I was taught to stand up for what I believe in during my last four years here."**

- ERIN LARSON, U OF W FALL CONVOCATION VALEDICTORIAN

Larson received an honours degree in psychology at the Oct. 17 ceremony and said that the support she received from her peers and professors helped her give the speech.

"I did hear a few people booing but I was getting overwhelming support from my graduating class that sat in front of me as well as the faculty members that sat in front of me," Larson said at the convocation's reception.

"The fact is that most of the student body disagreed with this decision, that some administration disagrees with this decision and



About 50 people silently protested on Oct. 17 against the U of W's decision to award an honorary degree to MP Vic Toews.

members of the faculty disagree with this decision."

Using her pull as valedictorian to articulate her beliefs was met with several opponents, one being Eric Prosser, who came from Calgary to see his nephew graduate.

"(I booed because) it's just as wrong if you stand by and watch something wrong being done," he said.

"You have people here for four or five years to get a degree, and it gets hijacked on the basis of a political statement. That's not fair. All it is, is taking a shot at someone who doesn't get to fight back, there is no rebuttal."

He also thinks a graduation ceremony is not the place for political dialogue.

"If Toews had given a speech about why you should vote for the Conservative party, I would have been just as offended," Prosser said.

Larson's speech and protestors outside the Duckworth Centre argued that it's hypocritical for a supposedly progressive university to honour a man who has been opposed to gay marriage and supported new tough on crime measures.

"He has called refugees terrorists, called down same sex marriage, is anti-choice in terms of abortion, has called down feminists and is very intolerant," said protestor Sandy Rubinfeld. "And he is being given an honorary degree? That's an abomination."

Toews was awarded the degree by a sub-committee of the U of W's senate, a committee in which the University of Winnipeg Students' Association holds a seat.

"What happened last year was that there was no time given to research the nominee and so the UWSA committee member abstained from the vote," said Katie Haig-Anderson, vice-president advocate for the UWSA.

"We're planning to look at (it) for this coming year, to ensure that there's a better process in the senate committee to give out honorary degrees."

In the Oct. 18 edition of the *Winnipeg Free Press*, university president Lloyd Axworthy described the protest outside of the Duckworth Centre as very respectful.

"I wouldn't quite say the same for the valedictorian," he told the newspaper. "The ceremony is really for the students and their families and friends. . . . It's not a place to use as a political platform."

Larson disagrees and would like to see U of W administration issue an apology to the student body for not upholding their values for honouring Toews.

"I was taught to stand up for what I believe in during my last four years here," she said.

Read more about this issue on pages 8 and 10. To see Larson's speech, visit [www.tinyurl.com/UWOct17](http://www.tinyurl.com/UWOct17).

## Derelict Spence Street home demolished

University plans new athletic complex for the space

KARLENE OOTO-STUBBS  
CAMPUS BEAT REPORTER

For years one lone house on Spence Street hindered the University of Winnipeg's expansion plans. However, last week a demolition crew tore down the 366 Spence St. house, allowing the U of W to proceed with its intended athletic and parking facility on the grounds.

Health inspectors had evaluated the home a few weeks earlier, condemning it and declaring the home a health risk to anyone who entered.

"(The resident) was a good neighbour and shared his opinions of what was going on around campus," said Dan Hurley, senior executive officer and advisor to the president of the U of W. "But when his health took a turn for the worse, some of our security personnel noticed he wasn't around and called paramedics. And he needed the help."

Upon expecting the house it became apparent that the man was a hoarder, some rooms filled to the ceiling with possessions, local media reported.

The university had been in talks with the resident about acquiring the home, as it was the last piece of land on the block that the U of W didn't own.

"For a long time he had indicated he was happy to live where he was," Hurley said. "We had conversations over several years about what he wanted to do with the property in the future, but our sense was that he wanted to see a plan for the space before moving."



The former site of 366 Spence St. is now an empty lot set to become a new sports complex and parking lot in the University of Winnipeg's expansion plan.

The Winnipeg Humane Society has stepped in, providing traps to catch the numerous cats seen frequenting the area.

"It's difficult to estimate how many cats were there," said Bill McDonald, CEO of the Winnipeg Humane Society. "The cats were accessing the house through a hole in the foundation. The first four cats we trapped were feral and sick and had to be euthanized once we received them."

The university's plans to develop a sports complex and parking space on the land will allow for the development of programming, according to Hurley.

"We'll have to move the existing units on that block to develop expanded athletic facilities for the university," he said. "We want to have a space where we can offer more sports like wrestling and soccer at the intercollegiate and intramural level."

A main concern for students is safe and

monitored parking on campus, which Hurley says will be provided in the sports facility.

"There should be student consultation on what happens to the space and how it can best be used to fill students' needs," said Jason Syvixay, president of the University of Winnipeg Students' Association.

Construction is scheduled to begin shortly on the parking lot, but the plans for the sports complex have a long way to go.

"We still need to find funding and consult the community because we'd like to see it be used as a community centre as well," said Hurley.

Mayor Sam Katz recently announced his commitment to help fund the project if he is re-elected this fall, a promise Judy Wasylcia-Leis said she'd honor if elected.

## Campus News Briefs

Compiled by Justin Charette and Sarah Reilly

### U OF W ALUMNI ASSOCIATION HONOURS LARRY UPDIKE

Winnipeg radio personality Larry Updike is being honoured by the University of Winnipeg Alumni Association with a Distinguished Alumni Award, according to a U of W media release. In addition to a long career in broadcasting that began in 1982 with the Tom and Larry Show, Updike is also an ordained minister and was a pastor before committing full-time to rock radio. In 1995, he joined CJOB and hosted the morning show until 2009. His contributions to the community through his work at Siloam Mission and other public services earned him the Queen Elizabeth II Jubilee Medal in 2009.

### WESMEN FEATURED ON SUN RADIO

Wesmen sports are hitting the airwaves this season. Since Sept. 2, Winnipeg Sun Radio has been highlighting Wesmen sports and players in the 2010/11 season by featuring regular instalments of Wesmen news. Episodes can be streamed off of the *Winnipeg Sun* website and include interviews with the women's volleyball head coach Diane Scott and University of Winnipeg athletics director Doran Reid. Also interviewed so far are men's basketball coach Mike Raimbault and the school's sports information coordinator Sheldon Appelle, as stated in a U of W media release.

### RESIDENTIAL SCHOOLS LECTURE COMING TO U OF W

Dr. John Milloy, special advisor to Justice Murray Sinclair, chair of the Truth and Reconciliation Committee, will be bringing his voice and experiences to the U of W, as announced in a U of W media release. The professor of history at Trent University will give a talk titled "Indian Residential Schools - The Continuing White Plague - How the residential schools are still with us in different but equally negative ways" in Convocation Hall at 7 p.m. on Oct. 25. Milloy is the author of *A National Crime: The Canadian Government and the Residential School System* and his Riley Fellowship Lecture will focus on British policies toward aboriginals in Canada. The University of Winnipeg's history department administers the fellowship that is funded by Sandy Riley, former chancellor of the university and student of Canadian history.

### TOP INFECTIOUS DISEASE RESEARCHER HONOURED

University of Manitoba infectious disease researcher, Dr. Allan Ronald, is being inducted into the Canadian Medical Hall of Fame. His work in preventing the spread of the chancroid sexually transmitted infection in Winnipeg in the 1970s was influential in the development of strategies to control the spread of HIV. He was also a key player in developing the province's infectious disease research program. Ronald spent many years studying infectious diseases in Africa where he was a leader in fighting the spread of HIV/AIDS. Even after his official retirement in 2000, he continued to work on programs in Africa and his earlier innovations are still being used as models in the fight against the spread of infectious disease.

### NEW WESMEN SOCCER PROGRAMS DOMINATE IN REGULAR SEASON

The Wesmen soccer teams have dominated the regular season in the Manitoba College Athletic Conference (MCAC). The women's team finished the season with a perfect 4-0 record, completing the winning streak last weekend against Providence College. Due to the small number of teams in the league, and the Wesmen's perfect record, they go on to the championship final this weekend. They will take on the winner of the Canadian Mennonite University versus Providence College semi-final game on Oct. 24. Additionally, the Wesmen men's soccer team also finishes their season without any losses. They did have three ties and will play in a semi-final game to make it into the championship on Sunday, Oct. 23.

## Comments

# Vic Toews does not deserve to be honoured

Public safety minister has continually rejected the values of a university education



JACQUIE NICHOLSON  
VOLUNTEER

Last weekend, I finally graduated with my honours degree in sociology. It was a proud day for me, marking the conclusion of a thrilling but exhausting period of my life.

Yet, instead of celebrating in cap and gown with my family looking on, that afternoon I added my voice to those of the many who are outraged at the thought of Public Safety Minister Vic Toews being awarded an honorary doctorate from the University of Winnipeg.

The case against Toews is damning.

Like many of the Harper Conservatives, he also possesses a special disdain for academia and its unreasonable obsession with facts, research and evidence.

Toews recently made headlines when he pledged \$155 million toward the construction of new prisons – this in spite of Statistics Canada's own reports that crime has been decreasing in both frequency and severity for the past 15 years.

In light of the above, what could be a more fitting celebration of my cherished academic ideals than to skip my own convocation ceremony in order to protest the honouring of someone who embodies none of them?

In university, I learned that there are no easy answers to complex social problems. If it sounds like a slogan then it probably isn't good public policy.

Getting "tough on crime" doesn't work. It may hurt the people who have done the crime – and thus has great appeal to public fear and anger – but it does not decrease crime.

Planning to lower the age of criminal responsibility from 12 to 10, creating manda-

about crime had to read it in order to receive their degree.

In university, I learned that studying how society works is a fascinating endeavour, but also that we need think carefully about what we mean when we say "works."

Incarcerating our way out of crime problems may "work" in terms of providing jobs for prison-builders and corrections officers, but what does it mean in terms of human rights?

Is being tough on crime "working" when we consider that our prisons are disproportionately stuffed with aboriginal people and the desperately poor?

In university, I learned that collecting reliable information about citizens is important in order to make decisions about everything from how many roads there should be to what type of social services we need.

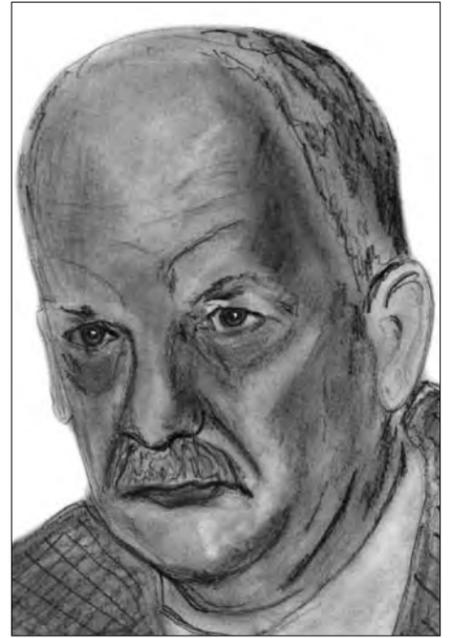
In contrast, Toews has recently boasted about his government's gutting of the long-form census.

That reminds me of another thing I learned in university: that the public is ignorant and fearful about a great many things, and that politicians sometimes try to exploit that fear and ignorance.

Toews has made a career out of this.

He has encouraged his supporters time and time again to disregard facts, evidence and critical thought, and trust their fears, prejudices, gut feelings and oversimplified ideas about the world.

How could a university give an honorary doctorate to someone who hasn't, in all his years of public office, demonstrated the critical thinking or research skills necessary to



EZRA BRIDGMAN

**What could be a more fitting celebration of my cherished academic ideals than to skip my own convocation ceremony in order to protest the honouring of someone who embodies none of them?**

For instance, he vehemently opposed the inclusion of LGBT\* Canadians as a protected group under hate speech laws.

He spoke against the legalization of same-sex marriage, and has made it clear that he wishes to re-criminalize abortions in Canada.

tory minimum penalties for everything from drug offences to firearms offences, making it more difficult for ex-offenders to get a pardon – none of this makes us safer. There's plenty of good research that demonstrates this. Most people who are knowledgeable

pass a first-year criminal justice course?

Despite the fact that I missed my cap-and-gown moment of glory on Sunday, it seems appropriate to have been outside protesting the conferral of academic accolades on the likes of Toews.

My dissent was, after all, the inevitable outcome of the education that I received at the University of Winnipeg.

*Jacquie Nicholson is a recent sociology graduate of the University of Winnipeg.*

## Shedding light on scents

Are you unknowingly harming your fellow students?



ALEXIS KINLOCH  
VOLUNTEER

Shortly after a class last week I began to feel horrendous. The feeling lasted the rest of the day – pains in my sinuses and chest, raw throat, and a headache that took hours to diminish – all because someone wearing perfume sat next to me in class.

These painful symptoms occurred even though I am only sensitive to scents. They are much worse for people who have illnesses such as asthma, migraines, or heart and lung diseases affected by chem-

icals such as perfumes, colognes, hairspray, aftershave, skin care lotions, air fresheners and cleaning products.

Chemical sensitivities are beginning to receive recognition in hospitals – as well as other workplaces – where wearing scents is now banned. However, there is little in the way of scent regulation in classrooms at the University of Winnipeg.

As much as it is a learning institution, the university is also a highly social place. This means that many in the student body employ heavy use of colognes and perfume.

The U of W currently uses a guideline to encourage the voluntary reduction or avoidance of fragrance use by all campus occupants.

This guideline recognizes the dangers and difficulties that scented products create for others.

It states, "we generally think that



ARANDA ADAMS

it is a personal choice to use scented products; however, by their very nature they are shared. Fragrance chemicals vapourize in the air and are easily inhaled by those around

us."

The lack of a scent-free policy on campus is cited as being due to the fact that it is a complex decision that affects peoples' rights.

This guideline can be found on the university website by doing a search, but is not apparent to the average campus attendee. People who are not bothered by scents are unlikely to know about the issue or to spend time researching it.

Perhaps posting the guideline in major hallways or publishing it once a year in the student newspaper would assist in the stated interest of "increasing the awareness of the University of Winnipeg community regarding the need to eliminate the use of scented products wherever possible."

Sensitivity issues can cause defensiveness, anger and frustration in scent wearers.

I have often heard people protest that they are only wearing a little, or that it is not a harsh smell. It is difficult for people who do not suffer the symptoms to understand how something that smells great to them

can be disabling to another.

However, the symptoms are very real to an estimated 30 per cent of the Canadian population who have issues with chemical sensitivity.

**While you can make the choice not to apply scents, it is much more difficult for others to choose not to smell them**

It is likely that the chemical components of your scents are affecting at least some of the students around you.

Please consider that your use of scented products could trigger eye, nose and throat irritation, headaches, nausea, dizziness, inability to concentrate, anxiety, fatigue, joint pain, and even asthma attacks in your fellow students.

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*Alexis Kinloch is an art history student at the University of Winnipeg.*

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## Envisioning a city we don't want

A 10-point plan that looks curiously like the city we currently have



**SID FRANKEL**  
VOLUNTEER

There are many ideas about how to make Winnipeg the city we want. We can probably all agree that we should avoid doing the wrong things.

With this in mind I am going to ask a strange question, and suggest some answers.

The question is: How can we create a Winnipeg that has unhealthy citizens and that will be unsustainable over time?

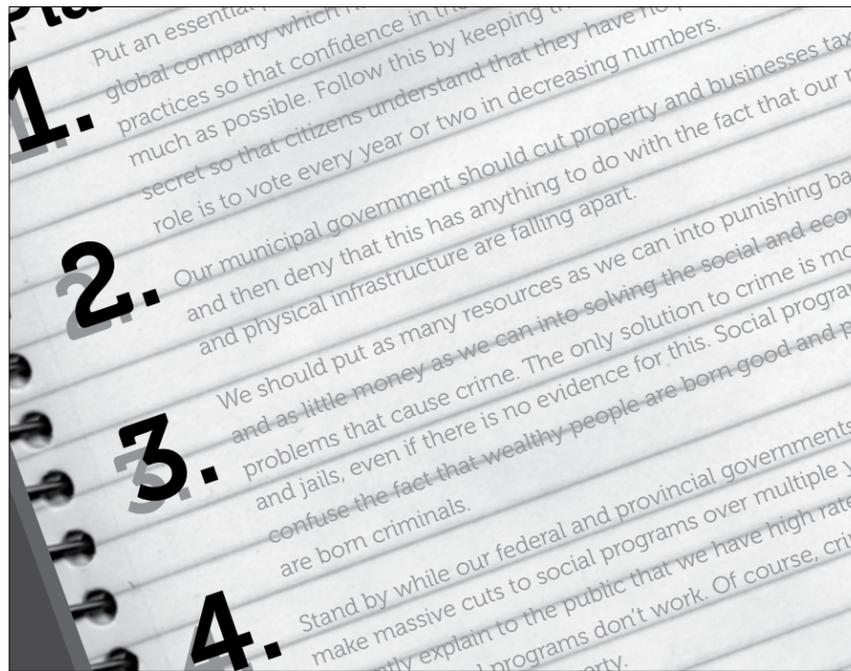
Here are some of the answers.

1. Put an essential public utility, such as water services, in the hands of a global company which has demonstrated cut-throat profiteering practices so that confidence in the public sector can be eroded as much as possible. Follow this by keeping the terms of the contract secret so that citizens understand that they have no power. Their only role is to vote every year or two in decreasing numbers.

2. Our municipal government should cut property and businesses taxes and then deny that this has anything to do with the fact that our roads and physical infrastructure are falling apart.

3. We should put as many resources as we can into punishing bad guys and as little money as we can into solving the social and economic problems that cause crime. The only solution to crime is more police and jails, even if there is no evidence for this. Social programs only confuse the fact that wealthy people are born good and poor people are born criminals.

4. Stand by while our federal and provincial governments continue to make massive cuts to social programs over multiple years and then patiently explain to the public that we have high rates of poverty because social programs don't work. Of course, crime and illness has nothing to do with poverty.



AYAME ULRICH

### We must limit citizen access to City Hall as much as possible. If we are not careful, democracy can derail many of our plans

Along with this we should support urban sprawl by allowing new residential developments as far from the inner city as possible because people who can afford it want to avoid the inner city. This has the potential to increase travel time and decrease physical activity and family time. It can also help to guarantee an unsustainable city by increasing gasoline usage and air pollution.

5. We should avoid investing in inner-city housing, community infrastructure and in the people that live in the inner city. Then, we should act as though we are surprised when the inner city is seen as unattractive and dangerous.

6. In addition, it is important to get rid of the city planning office and replace it with a property developer who can ensure developers make a lot of money. City planners will just get in the way.

7. We should try to limit, as much as possible, the availability of public green space. We should have the private sector manage our parks so we can eventually build condos in them. Parks are a very dangerous thing if we are trying to create unhealthy citizens. If

we are not careful, even the poorest citizens will exercise and improve their health.

8. We should try to ensure that we have as many low wage earners as possible because low incomes can create a lot of disease. Our provincial government should institute as low a minimum wage as it can get away with, and have no legislation to require benefits. The city should shed unionized jobs and contract out to companies that pay low wages.

9. We should make sure that we create as much conflict as possible. The mayor can begin by distinguishing his friends from his enemies on city council and by cutting his enemies out of as many decisions as possible. This will ensure a lot of resentment. Beyond this, we should pit groups of citizens against each other as often as we can and avoid any win-win solutions.

10. Finally, we must limit citizen access to City Hall as much as possible. If we are not careful, democracy can derail many of our plans.

This practical 10-point plan is guaranteed to encourage an unhealthy citizenry and an unsustainable city. Does it look familiar?

*Sid Frankel is a board member of the Social Planning Council of Winnipeg. Visit their website at [www.spcw.mb.ca](http://www.spcw.mb.ca).*

## Give poverty the respect it deserves

Focus on such an important city issue has been lacking thus far



**NICK TERNETTE**  
VOLUNTEER STAFF

Seemingly, the only two issues that have been debated during this civic election are crime and property taxes. There is no question that these are important issues to some Winnipeggers.

### Food security is also an important issue that needs to be addressed in our communities. If people don't have food security, then they cannot be secure in their work, home or anywhere else in their lives

However, there are many other issues facing citizens in an urban environment, with poverty being the prevailing one that affects many in our city in various ways.

David Northcott, executive co-ordinator of Winnipeg Harvest, recently stated that "we need to hear all candidates' comments about the fabric of our neighbourhoods and how the city will provide leadership and support to a complexity of issues."

Unfortunately, so far there has been minimal discussion regarding these issues

in all forms of local media.

As well, many think that these issues fall under provincial or federal jurisdictions and have no bearing on civic politics. This is simply not true.

Cities can, and do, play a major role in areas such as poverty, though they do require assistance from the federal and provincial governments.

Unfortunately, Winnipeg has not addressed social issues in a significant way in over a decade.

For example, some people who have disabilities depend on social assistance for their basic living expenses, due to their inability to work because of health or barriers to finding employment.

The level of assistance they receive does not always provide for the necessities of life and disability supports. While many people with disabilities work, they are often unemployed or under-employed because of attitudinal barriers to finding employment.

Poverty is an issue that affects people with disabilities disproportionately to other groups in society. The city has a responsibility, along with the province, to deal with these attitudinal barriers and assist people with disabilities in finding work.

Other municipalities, like the municipality of New Westminster in British Columbia, have adopted a living wage policy that has gained public attention. Many other Canadian cities like Vancouver, Calgary and Toronto are debating whether

to implement a similar policy as well.

Around the world, even representatives of some of the world's largest companies have begun to embrace a living wage policy that ensures that their employees and the employees of the companies they contract out to will be able to earn a decent living.

This kind of policy is something the city could implement to ensure that people working for the city, as well as companies who do business with the city, could provide a decent living to their employees.

Food security is also an important issue that needs to be addressed in our communities.

If people don't have food security, then they cannot be secure in their work, home or anywhere else in their lives. A food security council needs to be established in Winnipeg in order to co-ordinate a program that will ensure a food secure Winnipeg.

If the city takes an active role in reducing poverty, we can increase social inclusion.

By committing to the creation of something like a poverty action committee consisting of both councillors and community members, the citizens of Winnipeg could realize the strong message that poverty is just as significant a civic issue as crime and taxes.

*Nick Ternette is a community and political activist, freelance writer and broadcaster who lives with his wife in McFeetors Hall Residence at the University of Winnipeg.*

## Becoming aware about little people in October and beyond

Clearing up some misconceptions



**SARAH MANTEUFFEL**  
VOLUNTEER

Have you ever walked into a room and had everyone stare at you? Have you ever walked through campus and known that every person you passed had taken note of your presence?

I know for a fact that if you have ever seen me before, you could probably pick me out from a crowd without even knowing my name.

That is because I am a little person.

October is Dwarfism Awareness Month. As mentioned in a previous issue of the *Uniter*, October is an extremely busy month for awareness campaigns and charitable organizations, many of which go unnoticed.

However, this does not make the awareness campaigns less important.

Dwarfism is a subject that many have heard of or seen on television, but don't actually know much about.

That is why last year, the Little People of America Organization began the awareness campaign to bring knowledge and understanding to those in the world who are unaware or misinformed about the people affected by dwarfism.

The first question I am usually asked by those who approach me is, "Why are you so small?" The answer is simple: I was born that way.

Dwarfism is caused by a genetic mutation of the fourth chromosome, which happens before birth. Most little people (75-80 per cent) are born to average height parents, and a dwarf is born once in every 30,000 births.

The other 25 per cent are born to one or both parents being little people. However, a little person can give birth to an average height child.

That is probably why you haven't seen many of us on a day-to-day basis. There are approximately 651,700 little people across the globe. We are few and far between.

Since there are so few little people in this world, it can be difficult to do simple activities because the world has not been built to accommodate adults of short stature.

Yet, this fact does not deter most little people.

For instance, as long as I'm provided with a stool or a helping hand when needed, I can do anything. Cars can be modified so that little people can drive them, clothes can be tailored so they fit properly and many businesses have been modified to accommodate those with disabilities.

Staring is a common issue most little people face on a day-to-day basis. Most staring occurs because many have never seen a little person before, and I completely understand the shock that would come with that.

But when the staring doesn't stop, when it becomes gawking or *amusement*, it becomes very disrespectful.

Personally, though I recognize that I could be the first dwarf you have ever seen, it gives you no right to treat me as someone who is different from you.

You may be wondering if the term midget is appropriate in referring to little people. The term "midget" has fallen into disfavour amongst the little people community because it is considered offensive.

The term dates back to the height of the "freak show" era in the late 19th century, where it was applied to those of short stature who were displayed for public amusement.

Many little people view the term as an unnecessary label placed upon them to point them out in a crowd.

So, to be politically correct, little person is the proper terminology for someone with this condition.

Dwarfism, on the other hand, is the medical term.

For example, I am an achondroplastic dwarf. There are over 200 different types of dwarfism, with achondroplasia being the most common.

However, we prefer not to be labeled, and would rather be called by our names.

My name is Sarah. It's nice to meet you.

*Sarah Manteuffel is a second year student at the University of Winnipeg and is the youth co-ordinator for the Little People of Manitoba. To learn more about Dwarfism Awareness Month, visit Little People of Manitoba at [www.lpmanitoba.ca](http://www.lpmanitoba.ca) or Little People of America at [www.lpaonline.org](http://www.lpaonline.org).*

## Letters

**Editor's Note:** We received three letters after the protest that took place during the University of Winnipeg's Fall Convocation this past Sunday, Oct. 17 (see story on page 7). Here they are.

### Disappointed, shocked and embarrassed

I received my Master's degree at the fall convocation, and I was disappointed, shocked and embarrassed during Erin Larson's valedictory address.

We may not all agree with the politics of Mr. Toews. Indeed, I am not a Conservative supporter.

However, the convocation is intended to be a celebration of academic achievement and the valedictory address is supposed to be an uplifting, inspiring send-off to fellow graduates. It is not a soapbox from which to spew personal political agendas, something only Ms. Larson did.

She did so as if she was speaking on behalf of all of us, which was certainly not the case.

She inferred that she was standing up for human rights. Inherent in human rights is respect for others. This is something Ms. Larson clearly lacks, as indicated by her inappropriate speech.

Ms. Larson's venomous words and tone immediately sullied the celebratory mood in Duckworth Centre.

I, like my fellow graduates, worked long and hard for this day. What should have been a joyous occasion full of proud memories ended with me, as well as many other graduates, feeling dismayed and let down by our valedictorian and her misappropriation of her title.

Ms. Larson indignantly pronounced that she regretted having to share the stage with Mr. Toews. If this was the case, she should have turned down the invitation to speak and remained outside with the rest of the protesters.

Sincerely,

Theresa A. Livingston  
B.A., M.M.F.T.

### Many students 'narrow-minded and partisan'

I believe a university should be a place of higher learning where students are free to make their own decisions regarding political ideologies. But, I also believe that honorary degrees should not be given to divisive and controversial figures.

However, the protest outside the Duckworth Centre only shows how many of our students are narrow-minded and partisan.

Even though I am not affiliated with, nor do I support the Conservative Party of Canada, this pro-

test is a slap to the faces of those who graduated that day, their families, and to Toews, who wasn't given a degree based on his political beliefs, but for his success in federal politics.

Erin Larson should learn that a podium should only be a soapbox when it is the right time and place. Her speech did not represent the graduates and it did not represent the entire student body.

We, as students at the University of Winnipeg, must be inclusive to all political opinions.

This is how we maintain our integrity.

Adam Peleshaty

### Sunday's events unfortunate

Erin Larson showed a complete lack of respect not only to Mr. Toews but also the entire University of Winnipeg. By using a respectable position as valedictorian to spew off personal attacks and political ranting does a great disservice to the title of valedictorian.

It seems to me that Erin Larson and the protesters outside do not believe in freedom of rights or speech at all, unless it is for what they believe in.

Thank God that we live in a society that tolerates differing opinion, even though at times we may disagree with it. Erin Larson and the protesters should be actually applauding those individuals they despise such as Toews for his hard work and dedication to preserving the democratic character of Canada.

It is truly unfortunate that Erin Larson and the protesters decided to turn a celebration into their own political event.

It is also unfortunate that Erin Larson was chosen to be the valedictorian and represent the student body at the graduation ceremony.

She and the protesters are an embarrassment to the University of Winnipeg.

I hope when I graduate next year I do not have to go through a similar scenario as the fall 2010 students had to go through.

Sincerely,

Paul Meyerson

What do you think? Send your letters to editor@uniter.ca. Deadline for letters for the Oct. 28 issue is noon on Monday, Oct. 25.

## SOLIDARITY AND DIVERSITY IN A SECULAR AGE

# CHARLES TAYLOR

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Globally renowned Canadian philosopher Charles Taylor is Professor Emeritus of Political Science and Philosophy at McGill University. Taylor was the co-chair of the Taylor-Bouchard Commission on Reasonable Accommodation in Quebec. His books include *A Secular Age*, which highly respected sociologist of religion Robert Bellah called "one of the most important books to be written in my lifetime."

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## Arts & Culture

# Running towards the light



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Gel is the way, keeps hair in place: Stephen Christian (second from right) and his Anberlin bandmates worked with Brendan O'Brien for their latest CD, *Dark Is the Way, Light Is a Place*.

### Anberlin's Stephen Christian finds clarity and confidence on new record

MATT PREPOST  
ARTS & CULTURE EDITOR

Stephen Christian sounds like he has just had the best sleep of his life.

The singer of Florida rock band Anberlin is in Seattle, Washington, hanging out with

**"After five records, you start to question yourself: what's next? I tell people all the time, artists and musicians have their entire lives to write their first record because of experiences, places they've been, people they meet, and then after that, all right, what do I do now?"**

- STEPHEN CHRISTIAN, ANBERLIN

friends before a show in the city, the "best city in the world," according to the band's Twitter page.

Five weeks ago, the band released its new

album *Dark Is the Way, Light Is a Place*, and the band is snaking its way across the U.S. and into Canada on its new tour.

And after feeling like their previous release was a stutter-step, Christian's mind feels clear again.

"I just felt like I was completely in my element as opposed to other records in the past, especially *New Surrender*, where there was such a mental block and I couldn't get past myself and I couldn't find inspiration," he said by phone last Thursday. "That was such a traumatic experience, but this record, honestly, doesn't even compare."

For a man whose clear path in life is writing – Christian's side projects include his solo acoustic work *Anchor* and *Braille*, and he's a published author – it was a welcome sight to

reach the light at the end of the proverbial tunnel.

"Just how the creativity flowed on this record kind of gave me a renewed sense of self-confidence that my best work isn't behind me," he said. "After five records, you start to question yourself: what's next? I tell people all the time, artists and musicians have their entire lives to write their first record because of experiences, places they've been, people they meet, and then after that, all right, what do I do now?"

Grammy award-winning producer Brendan O'Brien (Bruce Springsteen, Pearl Jam, Tom Petty) produced *Dark Is the Way*. Though O'Brien marks the third different producer the band has worked with on their last three albums, it was the right choice to continue moving on, says Christian.

"With each producer, I think not only does your band get a different sound, but I think it also kind of teaches you in some way with what to do and what not to do on your next record."

The result is a more minimalistic, back-to-the-basics sound, a natural fit with the band's earlier works.

"One of his greatest attributes is that he

makes minimalism sound epic. When you put a Bruce Springsteen record in, it's so very minimal, but it sounds so massive," Christian said. "Instead of bells and whistles, Brendan was like 'What's the minimum we can do, and let's only add what's important to the song, not what you think is going to make the song over the top.'"

Christian's voice is soft and relaxed, betraying the hardened edge his band has built themselves around. But he's a man who's humbled by the things he's accomplished in his short 30 years.

"I really don't know what's next. I just know that, for me, life is so amazing," he said. "I just feel like it's unbelievable and I just want to take it all in and want to make the most of it. And so that's what I'm setting out to do."

"I want to face life and know that at the end of my life I did everything that I possibly could."

⇒ See Anberlin Thursday, Oct. 21 at the Garrick Centre

⇒ Crash Kings and Civil Twilight will also perform

⇒ Tickets \$29.50 through Ticketmaster

⇒ Visit [www.anberlin.com](http://www.anberlin.com)

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## MUSIC LISTINGS

**Breathe Knives**

Winnipeg has always had an affinity with noisy rock 'n' roll: Kittens and Stagmummer paved the way for KEN mode to launch a decade-long campaign against eardrums. Winnipeg's eardrums will be treated to Calgary's BREATHE KNIVES on Friday, Oct. 22 at War on Music. Fans of discordant noise and ear-violating sonics in the vein of Today Is the Day, Neurosis and Unsane will do themselves good to show up. It's a double album release show for local metal act Soul Killing Female. TREEBURNING is also on the bill.

**The Peaches**

Local creepy math-rock outfit THE PEACHES are set to release their debut CD on Friday, Oct. 22 at the Royal Albert. This instrumental three-piece group has been on the scene since 2006 and now is the perfect time to see their unique blend of no-rock stylings. VELODROME will open up the night.

**THURSDAY, OCT. 21**

ANBERLIN, CRASH KINGS and CIVIL TWILIGHT perform at the Garrick Centre.

ROXY COTTONTAIL, BITCHIN', JUBILEE and B. TRAITS play at the Pyramid Cabaret.

THE LITTLE HOUSE BAND is playing at the Royal Albert Arms.

THE TREWS play the Burton Cummings Theatre.

SLOW MOTION WALTER is at the Royal George Hotel.

The FAST FLYING VIRGINIAN JAM NIGHT at the

Standard.

Rock 'n' rollers FLASH LIGHTNIN' play at the Times Change(d) High & Lonesome Club.

DE LA ROSA releases an album at the Republic Nightclub.

CAROLYN DAWN JOHNSON at Club Regent Casino.

Blues Jam with MIDNIGHT TRAIN at the Windsor Hotel.

There is a JAM NIGHT at the Belgian Club.

NATHAN ROGERS plays at Shannon's Irish Pub.

Thursday is Jam Night with ROUTE 59 at the Cavern.

Big Dancing with RIC HARD & THE HOSERS at Ozzy's and STRIP-O-RAMA upstairs at the Zoo. Shake your rump to UNKNOWN PLEASURES at the Lo Pub.

**FRIDAY, OCT. 22**

THE PEACHES are holding their album release party at the Royal Albert Arms.

QUAGMIRE, FLASH OUT, TARANTUJA and ARMOURED ASSAULT play at the Osborne Village Zoo.

The F-HOLES play a couple of sets at the Times Change(d) High & Lonesome Club.

I LOVE DISCO at the Academy features sets by DJ CO-OP, RAWDMAN, and GOLD N GRAMS.

ANDREW NEVILLE & THE POOR CHOICES are playing at the Cavern.

JASON MAAS & THE LOWER COMPANIONS have a gig at the Standard.

OH SO POPULAR are doing a show at Le Garage Café.

The MATCHSTALK MEN play at McNally Robinson.

FLOOR 13 perform at Shannon's Irish Pub.

SOUL KILLING FEMALE releases two albums with guests BREATHE KNIVES and TREEBURNING at War on Music.

**SATURDAY, OCT. 23**

JESS REIMER is releasing an album at the Park

Theatre.

THE FILTHY ANIMALS, ZOMBIE ASSAULT and THE PROSTITOTS rock the Royal Albert Arms.

HEDWIG & THE ANGRY INCH is being performed at the Pyramid Cabaret. Miss La Muse will do a burlesque performance to open. EARLY SHOW!

SKRATCH BASTID is joined by DJs CO-OP and HUNNICUTT at the Academy.

The NOONERS are at Shannon's Irish Pub.

Winnipeg Folk Festival Folk School presents Harmonica with Juno Award Winner GERALD LAROCHE at The Folk Exchange. 1 p.m.

Winnipeg's fetish event THE BALL congregates at the Zoo and Ozzy's.

STIFF BISHOPS and WINSLOW LEECH perform at the Cavern.

FILBATROSS plays at Le Garage Café.

The F-HOLES play a couple of sets at the Times Change(d) High & Lonesome Club.

It's INDIE vs. 80s at the O.C.

**SUNDAY, OCT. 24**

COHEED & CAMBRIA, FANG ISLAND and HOPE ATLANTIC play at the Garrick Centre.

GREAT BIG SEA are entertaining at the MTS Centre.

Folk group THE WAILIN' JENNYS play at the Burton Cummings Theatre.

It's Student Night with KID KASSETTE at the Academy.

The Women's Musical Club of Winnipeg presents JEFF DYRDA. 2 p.m.

ALL THE KING'S MEN play weekly at The King's Head.

Blues Jam with BIG DAVE MCLEAN at the Times Change(d) High and Lonesome Club.

BAD COUNTRY is back to their old tricks at the Standard.

**MONDAY, OCT. 25**

MAMA CUTSWORTH is spinning at The Gates on Roblin.

The MACLEAN BROTHERS do their weekly gig at

the Royal George Hotel.

The Blues Jam with TIM BUTLER is at the Academy.

Sift through record crates filled with K-Tel gold at the VINYL DRIP at the Cavern.

Join the open mic at Le Garage Café hosted by MELISSA PLETT.

THE MAGICIAN plays at the King's Head.

**TUESDAY, OCT. 26**

DEADBOLT hit the stage at the Pyramid Cabaret.

It's soul night at the Cavern with THE SOULUTIONS.

GARY GACH AND THE BANNED play at the Royal George.

Mardi Jazz goes down at Le Foyer in the Franco-Manitoban Cultural Centre.

Blues Jam with the DEBRA LYN BAND at Le Garage Café.

DEFLATED EGOS play at Shannon's Irish Pub.

**WEDNESDAY, OCT. 27**

SHOUT OUT OUT OUT OUT and CYCLIST get the dance-floor moving at the Pyramid Cabaret.

NASHVILLE PUSSY rollick into the Royal Albert Arms with guests CIVET and AMERICAN FLAMEWHIP.

THE RURAL ALBERTA ADVANTAGE, PEPPER RABBIT and IMAGINARY CITIES perform at the West End Cultural Centre.

THE ACORN and LIEF VOLLEBECK are entertaining at the Park Theatre.

ANDREW NEVILLE AND THE POOR CHOICES play at the Standard.

SASSY JACK plays at the Royal George.

CHRIS CARMICHAEL plays at the Yellow Dog Tavern.

The Windsor Hotel is holding a JIMI HENDRIX TRIBUTE NIGHT.

Jazz is on the menu at THE HANG at the Orbit Room.

NATHAN ROGERS plays at Shannon's Irish Pub.

THE MAGICIAN plays at the King's Head.

**THURSDAY, OCT. 28**

OWEN PALLET brings his engaging show to the Gas Station Theatre with opener LITTLE SCREAM.

The 2010 'Peg Session at the Osborne Village Zoo features BULLETPROOF PONCHO, CODA, FRIESO, LATKA, MAS HEADSPACE, NEROTICA, ROCKWOOD and SENOR DINOSAUR.

BASIA BULAT, JOSH RITTER and THE ROYAL CITY BAND are taking the stage at the West End Cultural Centre.

RHODA HEAD releases a CD at the Pyramid Cabaret.

EVILE, GAMA BOMB and BONDED BY BLOOD are playing at The Royal Albert Arms.

MICHELLE WRIGHT is entertaining at Club Regent Casino.

ROMI MAYES and her band are playing at the Times Change(d) High & Lonesome Club.

DESIREE DORION is holding her album release at the Park Theatre with ARUN CHATURVEDI.

SLOW MOTION WALTER is at the Royal George Hotel.

The FAST FLYING VIRGINIAN JAM NIGHT at the Standard.

DE LA ROSA releases an album at the Republic Nightclub.

CAROLYN DAWN JOHNSON at Club Regent Casino.

Blues Jam with MIDNIGHT TRAIN at the Windsor Hotel.

NATHAN ROGERS plays at Shannon's Irish Pub.

Big Dancing with RIC HARD & THE HOSERS every Thursday night at Ozzy's.

**WIN CONCERT TICKETS**

GO TO THE TOP OF PAGE 2 TO FIND OUT HOW.

**HASTE THE DAY**

People who only know Indianapolis metalcore five-piece Haste the Day from its 2005 break-through release *When Everything Falls* can be forgiven for not recognizing most of the dudes in the picture that accompanies this article.

Since that release, the band's line-up has almost completely changed.

Bassist Michael Murphy is the only remaining founding member. Vocalist Stephen Keech joined the band just in time for 2007's *Pressure the Hinges*.

In between 2008's *Dreamer* and their latest album, 2010's *Attack of the Wolf King*, the band lost two members and replaced them with three other musicians.

"Honestly, (*Attack of the Wolf King*) is our best record yet," Murphy told LushBeat.com in June. "I feel like we have finally reached our final potential as a band."

That might sound like b.s. — what else is the guy gonna say, right? — but *Attack of the Wolf King* is being hailed as the band's strongest release yet.

"The vocals are much more dynamic, the instrumentation (especially the guitars) is several levels above what it once was, and the song-writing structure has always been above average," raved OregonMusicNews.com. "This is a band that's making the music they truly love to make, and it shows."

"This is easily their best effort to date," *Exclaim* agreed, with the *All Music Guide* describing the sound as "precision-cut machine gun beats and tight, Iron Maiden-inspired 'guitarmonies'."

Catch Haste the Day live on Sunday, Oct. 24 when they open for Enter Shikari at the West End Cultural Centre.

Visit [www.hastetheday.com](http://www.hastetheday.com).

—AARON EPP

**HOPE ATLANTIC**

Whether or not you like Coheed and Cambria, or even know who they are, you probably have at least 20 friends allegedly attending their Oct. 24 show thanks to Hope Atlantic and a slew of other local bands.

As part of a marketing scheme to pack the Garrick Centre, local bands competed to open for Coheed and Cambria and their touring partners, Fang Island.

The contest began with getting bands to send a Facebook event invitation to all their friends, making them click "attend" and "liking" the MySpace link of the band they wanted to open. As a result, everybody with some link to local music in Winnipeg was invited to this show.

Reaping the benefits of a show currently boasting 1,300 alleged guests on Facebook is contest winner, Hope Atlantic. After beating out a plethora of other local talent, Hope Atlantic landed in the top three and was finally chosen by Coheed and Cambria to open the show.

"It builds that extra hype for the show," said Matty Hallick, Hope Atlantic's longhaired, bespectacled and always unpredictably-dressed drummer. "With the economy now, you would have a thousand people attending a show, but now it'll be more like seven hundred. You're losing a lot of people based on the business."

With enough guests "attending" to violate the fire code of the event venue, it's easy to see how this promotion strategy could begin to become more popular.

Watch Hope Atlantic open for Coheed and Cambria at the Garrick Centre on Sunday, Oct. 24. Tickets are available through Ticketmaster. Visit [www.myspace.com/hopeatlantic](http://www.myspace.com/hopeatlantic).

—SAMUEL SWANSON

**THE ACORN**

The Acorn found fame with their 2007 release *Glory Hope Mountain*, which was nominated for the Polaris Music Prize. Now they're back after an extended break with a new album, *No Ghost*, and will be coming to a venue near you.

Rolf Klausener, the band's singer and guitarist, says the Acorn originally began as a home recording project.

"It's been a long process over the last seven years going from electronic to bedroom recordings to full band to multi-percussional concept albums about my mom to where we are today," he said.

After being on the road for three years — touring with the likes of Bon Iver, Fleet Foxes, and Elbow — the band spent two years recording *Glory Hope Mountain*, and then decided to take a break.

They rented a cottage in Northern Quebec for three weeks where they wrote *No Ghost*.

"We wrote *No Ghost* as a group which was the first time we had done that and it was an interesting concept for me because I don't typically write lyrics around the rest of the band," explained Klausener.

Klausener promises the show will be one hell of a dance party, because the Acorn is bringing the cottage to you, literally.

"We've actually brought a whole cottage set with lamps and walls and needle point paintings and drawings and stuff."

You can see the Acorn live at the Park Theatre on Wednesday, Oct. 27. Doors at 7:15 p.m., show at 8 p.m. Tickets are \$13 in advance, or \$17 at the door.

Visit [www.theacorn.ca](http://www.theacorn.ca).

—ROBIN DUDGEON

## CD REVIEWS

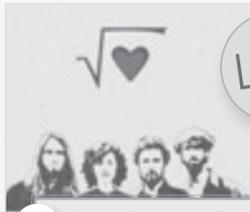
## LES SURVEILLANTES

*La racine carrée du cœur*  
Independent

★★★★☆

Hailing from St. Boniface, Eric Gosselin, Denis Vrignon-Tessier, Danielle Burke and Jérémie Gosselin have all done work on their own, as well as in the bands Kraink, ...and then nothing and Kin and Idéfix. Together they make Les Surveillantes. The band has all the elements of an excellent roots group: guitars, harmonies (especially thanks to the amazing voice of Danielle Burke) and quite often banjo. But on their latest disc, *La racine carrée du cœur* (which translates to the square root of the heart), they stretch into a wide variety of other genres. My favourite tunes are the witty ones: *La force de la gravité* ("The Force of Gravity"), *À l'épicerie* ("At the Grocery Store") and *Pause santé* ("Health Break"). Overall, it's a great album even for those of us who don't understand French.

- Robin Dudgeon



LOCAL

Stream the song *La force de la gravité* at [www.uniter.ca](http://www.uniter.ca)

## THE ACORN

*No Ghost*  
Paper Bag Records

★★★★☆

The Ottawa folkies seventh album, *No Ghost*, comprises mostly quiet, pretty folk tunes with finger-picked guitars and slight harmonies. While there are a few exciting tunes like the galloping, energized *Restoration* and *Crossed Wires*, the rocking *I Made the Law* and the feedbacky opening track *Cobbled From Dust* really stand out. But it's the lyrics that really make this album. The Acorn's multi-instrumentalist singer/guitarist Rolf Klausener is responsible for crafting 11 songs that are truly beautiful but also tragic. Look to the title track where the chorus proclaims: "And the day seems to float again / In the wake of your open arms."

- Robin Dudgeon



## LEIF VOLLEBEKK

*Inland*  
Nevado Records

★★★★☆

This debut album from Leif Vollebekk is a wintry collection of songs of longing and leaving. Written half in Reykjavik, Iceland, and half in Montreal, the album takes its sound distinctly from both cities. Leadoff track *In The Morning* evokes vast windswept glaciers, with Vollebekk's sparse acoustic guitar building into beautifully layered strings, piano and a lone tambourine. We're drawn back into the snowy streets of the Plateau with songs like *Northernmost Eva Maria* and standout track *You Couldn't Lie To Me In Paris*, which, despite its European title, pays homage to fellow Montrealer Leonard Cohen and to the artist's French Canadian hometown. *Inland* is an album that benefits from both Vollebekk's writing and arranging abilities, enhancing poignant lyrical stories with rich melodies that are sure to add a little warmth to any cold winter's day. Watch Vollebekk perform at the Park Theatre on Wednesday, Oct. 27.

- Alex Krosney



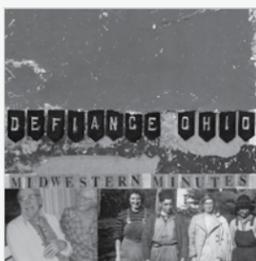
## DEFIANCE, OHIO

*Midwestern Minutes*  
No Idea! Records

★★★★☆

Formed in 2002, Defiance, Ohio released their album *Midwestern Minutes* on independent label No Idea! Records. With a prominent Midwestern feel, the folk punk band mixes songs up with catchy beats, meaningful lyrics and an interesting array of musical instruments not typically found in a punk band. Almost every track urges the listener to sing along and, overall, creates a fun, energetic musical vibe. The album balances out the bonfire appropriate music with more serious tracks like *You Are Loved*, which touches upon losing someone close to you. "Every time somebody we know dies, it is no consolation prize, but we'll remember you." The very musical group adds the violin, cello and banjo to the typical drums-and-guitar set-up and by doing so create a unique western feel. While 11 tracks of the similar-sounding songs may be a lot to take in, Defiance, Ohio have a defined style you'll catch yourself singing along to.

- Kathleen Cerrer



## HOORAY FOR EARTH

*True Loves*  
Dovecote Records

★★★★☆

There's something sultry about the way a staccato drum beat, operatic chanting, and swirling synths converge in the opening seconds of *True Loves* that make it irresistible. Running at just under three-and-a-half minutes, no second of *True Loves* seems wasted. Vocals are peppered throughout the song, but it's not why you should listen to it. The song's weight is carried by its instrumentation and a strong arrangement, as well as its repetitive chorus, a line of lyrics sung above the intro's chanting which serves as a soothing ambience throughout. Hooray For Earth's dreamlike and futuristic indie-pop sound fits in well with the rest of what's all the rage today. But *True Loves* is a song you'll find yourself listening to more and more, as it floats by like a cloud in the sky and carries you along with it. Download the track at [www.tinyurl.com/Uniter-Hooray](http://www.tinyurl.com/Uniter-Hooray).

- Matt Preprost



FREE DOWNLOAD

## Flying into new territory



RYAN RUSSELL

Jumping for joy: Local rock band Take Me To The Pilot are currently competing on the MuchMusic show *Discovered*.

## Winnipeg rock band goes to Sudbury and gets treated like pop royalty

MATT PREPROST  
ARTS & CULTURE EDITOR

If all else fails, Mike Bilenki will still be able to say he understands what it feels like to be like Justin Bieber.

Bilenki and his Take Me To The Pilot bandmates felt that in a high school gymnasium in Sudbury of all places, as they played two 45-minute sets sandwiched in between student council election speeches for a pack of likely bored and musically ravenous teenagers.

"It was the most incredible experience. They acted like we were Justin Bieber or the Jonas Brothers," Bilenki said in a phone interview. "They were screaming. We went on Facebook after and had like 200 more fans. We sold a ton of CDs and merch, everyone was giving us handshakes and high fives. We never experienced such frenzy."

It was a bright moment on the band's first ever tour, a 17-day sojourn across the Canadian Shield into southern Ontario, bringing their finely-tuned radio-ready pop-rock to new audiences.

**"Playing in your hometown is one thing, but being in a different town, sleeping on a different floor on a different night and playing to absolute strangers, is an absolute beast but is absolutely essential and comes with the lifestyle."**

- MIKE BILENKI, TAKE ME TO THE PILOT

"It's moments like that that allow you to put up with the 100 crappy shows in between," said Bilenki. "Touring was really incredible. It's an exercise in love for the music you're playing and really makes you realize whether or not you want to be a musician."

"What we learned is that playing in your hometown is one thing, but being in a different town, a different night sleeping on floors and playing to absolute strangers, is an absolute beast but is absolutely essential and comes with the lifestyle."

Rounded out by guitarist Eric Grabowecy and bassist Adam Brown (the band recently lost drummer Richard Eliuk as he pursues his studies), Take Me To The Pilot is competing with five other young Canadian acts to be

featured in an episode of MuchMusic's reality show, *Discovered*.

The show exposes bands to producers, labels and A & R reps who evaluate the bands to see if they're worth a record label contract. The show helped push bands like Stereos onto the masses.

Though the show comes with its criticisms, Bilenki shrugs it off.

"I'm a big believer that you make your own luck," he said. "If you're going to go on a show like that, it's a sign-on-the-dotted-line kind of thing. And if you really believe in what your band is doing, you don't necessarily have to sign the contract."

"I think the choice reflects more on the band themselves than the industry, because it's about what you're willing to do and what you're comfort zone to change is as a band," he continued. "We feel what we have works and we hope whoever we deal with in the industry feels the same way."

None of it is getting in the way of the band, though, as they're planning another quick tour before the end of the year.

"We were all nervous. We all had our reservations because none of us had been on tour before," said Bilenki. "Now that we're back and getting ready to do it again, it's like 'Yeah let's do it, let's go.'"

To vote for Take Me To The Pilot, visit [www.muchmusic.com/hp](http://www.muchmusic.com/hp). The band's next Winnipeg show is Friday, Nov. 5 at the Gas Station Arts Centre (445 River Ave.). Visit [www.myspace.com/takemetothepilot](http://www.myspace.com/takemetothepilot).

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## FILM



**GIMME SOME TRUTH**, the Winnipeg documentary festival, runs from Thursday, Oct. 21 until Sunday, Oct. 24 at Cinematheque. Featured films of the festival include *A DRUMMER'S DREAM*, *THE STREET: A FILM WITH THE HOMELESS*, *SIX MILES DEEP*, *SHOOTING INDIANS*, *THE GARDEN* and *ANIMATED DOCUMENTARY SHORTS/MANITOBA DOCUMENTARY SHORTS*. There will be panel discussions on cinematography, animation, copyright and much more. Visit [www.winnipegfilmgroup.com](http://www.winnipegfilmgroup.com) for more information.

**CINEMENTAL**, the French Film Festival in Manitoba, at the Globe Theatre runs until Sunday, Oct. 24.

Thursday, Oct. 28 is **WORLD ANIMATION DAY**. To mark the occasion, the National Film Board is presenting new releases of great animation at Cinematheque. **GET ANIMATED** will run at Cinematheque until Sunday, Oct. 31.

**CANADA'S NATIONAL SCREEN INSTITUTE** is accepting applications from emerging filmmakers for its 2011 NSI DRAMA PRIZE TRAINING PROGRAM. Writers, directors and producers receive training in the production of a short film using mentoring and intensive filmmaking workshops delivered by leading industry experts. Apply by 4:30 p.m. on Wednesday, Nov. 17. Full details available at [www.nsi-canada.ca](http://www.nsi-canada.ca).

Astron-6 and Troma Entertainment are casting for the upcoming horror/comedy feature film *Father's Day*, shooting this winter in Winnipeg. Please contact Adam at [poonhead@hotmail.com](mailto:poonhead@hotmail.com) if you're interested in auditioning.

## LITERATURE

Brick Books launches **THAT OTHER BEAUTY** at Aqua Books on Thursday, Oct. 21 with poets **KAREN ENNS**, **MEIRA COOK** AND **JENNIFER STILL**.

The Friday, Oct. 22 edition of **Kelly Hughes Live!** at Aqua Books will feature **IGNATIUS MABASA's** Telling Tales Spoken Lit Concert Series **STORIES FROM ZIMBABWE**.

**THE FRIENDS OF THE LIBRARY ANNUAL BIG BOOK SALE** is on Saturday, Oct. 23 and Sunday, Oct. 24 in the Grant Park High School gym.

Submissions for the chapbook project **I THINK I'M WITH THE RIGHT PERSON** have been extended to Saturday, Oct. 30. Submitted pieces should be directed to [withtherightperson@gmail.com](mailto:withtherightperson@gmail.com).

Prairie Fire Press in conjunction with McNally Robinson Booksellers is hosting its **ANNUAL POETRY, FICTION AND CREATIVE NON-FICTION CONTESTS** with a deadline of Tuesday, Nov. 30, 2010. Visit [www.prairiefire.ca](http://www.prairiefire.ca) for details.

## GALLERIES &amp; MUSEUMS

The University of Winnipeg presents two solo exhibitions on campus by photographer Gerry Kopelow: **WHERE THE BUDDHA WALKED** (Gallery 1C03) and **FORTY YEARS AGO TODAY** (Hamilton Galleria & University Archives). The opening reception is Thursday, Oct. 21 at 4 p.m. in Gallery 1C03.



The Winnipeg Folk Festival presents the photo exhibition **GRAFFITI GALLERY PHOTOGRAPHY: THE WINNIPEG FOLK FESTIVAL 2010**, which features the works of five young photographers from the Graffiti Gallery's program. The photographs are from the 2010 Winnipeg Folk Festival and are on display at the Folk Exchange until Thursday, Oct. 21.

**PHANTASMAGORIA** is a pilot project at the Dalnavert Museum that will explore the history of film, photography, video and interdisciplinary media art practice and engage audiences through art installation in the context of a historical, Victorian home. The exhibit opening and panel talk (featuring professors from the U of W and U of M) is on Saturday, Oct. 23 at 7 p.m. at Dalnavert.

A solo exhibition of paintings by **RICK BOND** entitled **MOSAIC** will be on display at the Woodlands Gallery until Saturday, Oct. 23.

The Winnipeg Arts Council and the Eritrean Community of Winnipeg present **PICTURING A BRIGHTER FUTURE: THE ERITREAN WOMEN'S PHOTOGRAPHY PROJECT**. It opens Saturday, Oct. 23 at Ace Art and runs until Wednesday, Nov. 3.

**SLOW MOVEMENT: A CULTURAL REVERSAL** by **INGRID MCMILLAN** is on display at the Cre8ery until Tuesday, Oct. 26.

## Plenty to learn and see at fully-loaded doc festival

## Gimme Some Truth back for its third season

**EZRA BRIDGMAN**  
VOLUNTEER

*Gimme Some Truth: The Winnipeg Documentary Project* is back for its third consecutive year, with a program bursting at the seams with panel discussions, master lectures and special screenings for budding filmmakers and film-lovers alike.

The festival is the perfect venue to discuss and learn about the creative, technical and ethical issues related to documentary filmmaking.

"The festival is absolutely unique because not only are the filmmakers presenting their films in person, but they're also running workshops, sitting in on panel discussions and doing master lessons," said Mike Maryniuk, a local filmmaker and member of the programming committee.

Panelists hail from Toronto, Vancouver, Montreal, Texas and Los Angeles. However, there will be a large portion of homegrown talent, with local shorts played before each feature.

**"The festival is absolutely unique because not only are the filmmakers presenting their films in person, but they're also running workshops, sitting in on panel discussions and doing master lessons."**

- MIKE MARYNIUK, LOCAL FILMMAKER

Among these is the world premiere of *Tashina*, the story of a native youth coming from Northern Manitoba to Winnipeg, and how she deals with the institution of education and being separated from her family.

"The narration in the film is in Tashina's own words. I didn't change anything. I did an interview with her, then built the visuals from her



COURTESY WINNIPEG FILM GROUP

In *Tashina*, one of the films premiering at the Gimme Some Truth documentary festival, director Caroline Monnet follows an aboriginal youth moving from northern Manitoba to Winnipeg.

own words," said director Caroline Monnet.

Major themes for this year's festival include cinematography, identity of place and animated documentary filmmaking that features a master class on animation by Bob Sabiston, the director of *Waking Life*.

Other classes offered include 3-D and DIY documentary. Panels include discussions on copyright, cinematography and working in animated documentaries.

"The documentary scene in Winnipeg is really growing leaps and bounds," said Maryniuk.

And, it's not going unnoticed. Monnet is excited by the amount of people coming to the city for the event, including national documentary filmmakers, distributors and producers.

"It's not all the time that we get people to present their films and be present at their receptions," she said.

"It's an opportunity for people who are interested in filmmaking to ask any questions they might have, and de-mystify the filmmaking process," added Maryniuk. "It's really a special experience. Until you've experienced it for the first time, well, it's never the same."

## With the click of a camera

## Eritrean women capture a brighter future through photography

**SARA SHYIAK**  
VOLUNTEER

In an outlandish and exceptionally cold new world with a difficult language barrier, 12 refugee women from Eritrea found their voice through photography and have put it on display.

Through *Picturing a Brighter Future*, a collaboration with Winnipeg artist Sarah Crawley, the Eritrean women have learned how to speak through pictures in a whole new world.

"We developed the notion that photography is universal in a way, you don't need to speak the same language to read an image," said Crawley, who taught the women how to take a photograph.

"The Eritrean community wanted to empower the women in this new, strange place," said Tricia Wasney, public art manager at the Winnipeg Art Council. "It was not only an art experience, but about identity in this community."

All the women involved were new to Canada. Some had lived here for only a month or two before they started the project and most didn't speak any English. The women spent 18 months exploring the world of photography through workshops led by Crawley.

The photos they took were of their lives in Canada, their friends, family and community.

"Once they get here they simply want to move forward," Crawley said. "I saw changes in their confidence level and socializing."

Hence the name of the exhibit, *Picturing a Brighter Future*.

"The overarching theme is the women's lives in Canada. I think of it as a group self-portrait," Crawley said.

In a way the women mentored Crawley, too, and welcomed her with open arms into Winnipeg's small, but gracious Eritrean



COURTESY SARAH CRAWLEY

Photos taken by Eritrean refugees are shown here embedded on this quilt, on display at Aceartinc.

community.

"I would walk away from every meeting with a real sense of joy," Crawley said. "They are so strong in spirit and so fierce in being mothers. They all work very, very hard. They have had difficult lives."

*Picturing a Brighter Future* opens Saturday, Oct. 23 at *Aceartinc* (2nd floor, 290 McDermott Avenue) at 7 p.m. and will be followed by a traditional Eritrean coffee ceremony, an important social observance to the Eritreans. Visit [www.aceart.org](http://www.aceart.org).

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## THEATRE REVIEWS

Manitoba Theatre Centre goes *Cuckoo*

TRUDIE LEE

Ken Kesey's novel makes magnificent leap from the page to the stage

ROBIN DUDGEON  
CULTURE REPORTER

**One Flew Over the Cuckoo's Nest**

Directed by Miles Potter  
Presented by Manitoba Theatre Centre  
Playing at the John Hirsch Main Stage (174 Market Ave.)  
until Saturday, Nov. 6  
Tickets \$35-\$70  
★★★★★

The Manitoba Theatre Centre has found the perfect play to kick off their 2010-2011 season. The stage version of Ken Kesey's classic 1962 novel *One Flew Over the Cuckoo's Nest* has come to Winnipeg, and it's worth every penny.

The novel was inspired by Kesey's 1959 involvement in the CIA sponsored Project MKULTRA, which studied the effects of hallu-

Colourful, humorous, and tragic: The cast of *One Flew Over the Cuckoo's Nest* brings Ken Kesey's characters to life.

cinogenic drugs such as LSD and mescaline.

During this period Kesey interviewed patients at Menlo Park Veteran's Hospital, which inspired him to write *Cuckoo's Nest*.

The play opens with a recurring thumping noise coming out of the dark and the strained notes of a guitar.

As the curtain rises, the grinding noise of metal on metal pours from the speakers.

The curtain rises to reveal a cold, clinical set: bars on the windows, concrete everywhere and chain-link fences.

Chief Bromden stands in a spotlight and begins a disjointed monologue. It's these monologues that act as a sort of narrative – the disjointed ramblings of a disturbed mind.

The story opens in a state mental ward in 1961. Convict Randle P. McMurphy enters the unit to finish off his jail sentence. He quickly starts a rebellion among the patients against the tyrannical Nurse Ratched.

Divided into the "acutes," who are still believed to be curable, and the "chronics," who are beyond help, the patients are colourful, humorous and tragic.

They include the mute and deaf Chief

Bromden; Billy Bibbit, made nervous by his overbearing mother; Dale Harding, the repressed homosexual; Martini, the psychotic with severe hallucinations; Scanlon, who is obsessed with explosives and destruction; and Ruckly, who suffered a lobotomy and now only shouts profanities and stands silently in the crucifix position against the wall.

The most magical thing about the play is the characters – from the counterculture hero McMurphy, to the harsh and dramatic Nurse Ratched, to the other patients.

Kesey does a beautiful job of bringing to life society's misfits, and the actors are brilliant at making Kesey's characters jump from the page and onto the stage.

But perhaps the best part of the play is the horrific ending. The rebellion McMurphy inspired is brought to a crushing halt in a terrifying scene.

What ensues is heartfelt and heartbreaking, and the play ends as it started.

Overall the show is excellent and uses music and lighting to tremendous effect.

## Chilling obituary to a dead system

Winnipeg Jewish Theatre's take on dark comedy is well done

ALEX KYLE  
VOLUNTEER



COURTESY WINNIPEG JEWISH THEATRE

As the Russians do: Two men fight in this scene from "Lenin's Embalmers," while Lenin's body lies on a slab in the background, and a bottle of vodka sits open on a table.

**Lenin's Embalmers**

Directed by Geoffrey Brumlik  
Presented by Winnipeg Jewish Theatre  
Playing at the Winnipeg Jewish Theatre (123 Doncaster St.)  
until Sunday, Oct. 24  
★★★★☆

Black comedy is a rather paradoxical genre by its definition, as it somehow manages to combine elements of the truly, irredeemably

tragic and the uproariously hilarious, while still retaining the elements of both.

Director Geoffrey Brumlik brings *Lenin's Embalmers* to life in a way that captures the very essence of what life meant for people living in Stalin-era Soviet Russia.

The story centers around two scholars, Boris Zbarsky (Martin Julien) and Vladimir Vorobiov (Hardee Lineham), the former of whom is interested in embalming the corpse of Vladimir Lenin (Harry Nelken).

Reluctantly, the latter agrees, as the two of them undergo the painstaking process of embalming the man, in hopes of enshrining him as a god.

Unfortunately, through a series of betrayals and suspicion, the two of them must struggle to maintain their integrity as their loyalties are questioned from all the way up to "Father Stalin" himself (David Fox).

The execution of the play is brilliant and the direction by Brumlik is effective at recreating whatever mood is required of a scene.

The embalming scenes were particularly well done through the use of lighting, sets and music.

As well, the "comedy" half of black comedy is well covered through the periodic jokes about Soviet life, which effectively capture the tragedy and bitterness that the people felt back then.

Furthermore, the dialogue in

comic scenes is delivered very well, with rapid-fire delivery reminiscent of *Waiting for Godot*, allowing things to be said (and happen) at just the right time.

The acting is also quite good. The two leads, Julien and Lineham, make for an interesting pair.

Lineham, portraying the character that actually controls the project and is the more cynical of the two, is an effective voice of reason up until the end.

Also well done (and artfully underplayed) is David Fox as Stalin, who seems almost cuddly and grandfatherly at first, as the Soviet citizens would have seen him, until we see the sheer casual evil that he was truly capable of.

Overall, the play is a well-done, darkly comedic display of the damage that a broken ideology has on not only the state itself, but the soul of a human being – one that shouldn't be taken too lightly.

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## GALLERIES &amp; MUSEUMS

The Semai Gallery will host a collection of GARY SHAPIRA's paintings entitled FANTASY LANDSCAPES until Saturday, Oct. 30.

An art exhibit featuring illustrators BETH FREY (Toronto), SBK & TRIUMPHENE (Montreal), will be on display at Freud's Bathhouse and Diner until Monday, Nov. 1.

The Graffiti Gallery and Bike To The Future present PUSH, PEDAL, STRIDE: An Art Show Inspired By Active Transportation. The artwork will be on display at the Graffiti Gallery until Thursday, Nov. 4.

The Wayne Arthur Gallery presents HERSTORY: Paintings and Stories by NAOMI GERRARD and LORI ZÉBIÈRE. The exhibit will be on display until Tuesday, Nov. 7.

A shared interest in DJ culture brings together the distinct art practices of JACKSON ZBEARS and BEAR WITNESS in REMIX THEORY at the Urban Shaman Gallery. The pieces will be up until Saturday, Nov. 20.

The WINNIPEG ART GALLERY is holding an exhibition of Canadian painter WANDA KOOP until Sunday, Nov. 21.

PLUG IN INSTITUTE OF CONTEMPORARY ART (ICA) is seeking up to six energetic, organized and professional Gallery/Shop Attendants. Plug In ICA has recently made the move to new facilities at 460 Portage Ave. A job description is available to download at [www.plugin.org](http://www.plugin.org).

The Manitoba Crafts Museum will have the WORKED IN WOOD display up until early January 2010.

The controversial BODIES...THE EXHIBITION is on display at the MTS Centre Exhibition Hall.

FIRST FRIDAYS in the Exchange has the galleries, cafés and small businesses open their doors to visitors the first Friday of every month from 5 p.m. until 9 p.m.

## THEATRE, DANCE &amp; COMEDY

The Osborne Village Zoo is hosting Strip-O-Rama featuring exotic dancers on Thursday, Oct. 21.

NAFRO Dance Productions presents RETURN OF THE DEAD at the Gas Station Theatre from Thursday, Oct. 21 until Saturday, Oct. 23 at 8 p.m. Sunday, Oct. 24 matinee at 2 p.m.

The WWE SUPERSHOW sets up a ring in the MTS Centre on Saturday, Oct. 23.

Aqua Books presents the Winnipeg Talking Radio Orchestra's double feature SWITCHBOARD SECRETS and MY FAVORITE HUSBAND on Saturday, Oct. 23 at 2 p.m.

The Manitoba Theatre for Young People brings together dance, nature and technology to tell the story of a caterpillar's metamorphosis into a butterfly. Running until Sunday, Oct. 24, BUTTERFLIES is theatre like you've never experienced before.

The Winnipeg Puppet Collective's PUPPET SLAM goes down at Aqua Books at 7 p.m. on Wednesday, Oct. 27.

Escape artist DEAN GUNNARSON will be buried alive under the Golf Dome in Winnipeg on Friday, Oct. 29 and will emerge on Halloween.

Evan Smith's religious comedy The SAVANNAH DISPUTATION is being performed at the Prairie Theatre Exchange until Sunday, Oct. 31.

The MTC kicks off its theatre season with a production of ONE FLEW OVER THE CUCKOO'S NEST. Based on the novel by Ken Kesey that follows life inside a mental institution, this production is starring Shaun Smyth as McMurphy. There will be performances until Saturday, Nov. 6.

The open mic comedy night at the Standard is hosted by JON DORE every Thursday at 8 p.m.

Comedy night with SCOOT'S MCTAVISH every Thursday at Shannon's Irish Pub.

Sunday night open mic comedy at the Cavern featuring JOHN B. DUFF.

Every Tuesday night head down to the King's Head Pub for a free comedy performance.

Concert? Art show?  
Community event?  
Volunteer opportunity?

Want to see your  
event in *The Uniter*?

E-mail your listing to [listings@uniter.ca](mailto:listings@uniter.ca). The deadline for all listings is Tuesday.

*The Uniter* is published every Thursday, so send your listings 9 days prior to the issue you want your listing to appear in. It's free. It's easy.

## Crossing her tease, dotting her eyes

Burlesque isn't just for the ogling eyes of men anymore - even old ladies love Miss La Muse

ALEX KROSNEY  
VOLUNTEER STAFF

"In my life, I always sort of felt like a muse," the local performance artist aptly known as Miss La Muse recently reflected.

However, at 18 - stuck on Cape Breton Island with a love of self-expression and no opportunity to draw on it - she felt it was time to leave home and go out searching for some inspiration of her own.

Fast-forward a few years, after some time in London, England, followed by a coincidence or two, it's clear the petite redhead who now calls Winnipeg home found that muse - in the scintillating art of burlesque.

**"When I was living in England, I saw burlesque in some of the bars and clubs that I was going to and I was like 'Oh my God what is this?' I felt so connected with that type of performance."**

- ANGELA SENYSHYN, A.K.A. MISS LA MUSE, BURLESQUE PERFORMER

"I knew that I liked expressing myself," said La Muse, whose real name is Angela Senyshyn. "When I was living in England, I saw burlesque in some of the bars and clubs that I was going to and I was like 'Oh my God what is this?' I felt so connected with that type of performance."

It wasn't until she returned to Canada and stumbled upon some YouTube videos of burlesque shows that she realized exactly what it was she had been so inspired by overseas.

"It was just so amazing. I started doing research on it and just had to do it," she said.

Since then?

"It's taken over my life, to be honest."

Now part of the Winnipeg arts scene she fell in love with, she has also become somewhat of an unofficial ambassador for the burlesque to visiting performers.

That's right: Winnipeg has a burlesque

scene.

"It's pretty small but it is growing," Senyshyn explained. "It's becoming more of a hotspot now, which I'm getting really excited about."

In addition to the solo shows of its various burlesque performers, Winnipeg has played host to touring shows in the past as well as Fringe performances which have explored its storied past, its current resurgence and the myths that surround it.

Although predecessor to some more lewd shows of skin, burlesque and stripping aren't synonymous.

"They're sort of like cousins," she said of the two. "There's a little bit of striptease involved (in burlesque), but the key word is 'tease.'"

"I walk through my audience and I meet people, and it's so amazing seeing how I touch them by the way that they respond to me so differently," she continued. "I feel like I'm walking in a dream and I've created this dream for them to walk in, too."

Audiences can't help but fall in love with her for it.

"When I'm Miss La Muse, everyone wants to kiss my hand. Everyone."

While her show may not be family-appropriate, she enchants fans of all ages - even an elderly woman.

"She told me that I reminded her of (burlesque dancer and actress) Sally Rand, and I think that was the loveliest compliment that I got," she said.

"That, and the sweet old British lady at the Fringe who slapped my bottom and said 'Oh, I didn't recognize you with your knickers on!'"

*You can kiss Miss La Muse's hand after she opens for Hedwig & The Angry Inch at the Pyramid Cabaret (176 Fort St.) on Saturday, Oct. 23. Tickets are \$20 and doors open at 7:30 p.m. Visit [www.misslamuse.ca](http://www.misslamuse.ca).*



THOMAS PENDRAGON

Alter ego: Angela Senyshyn by day, Miss La Muse by night. "(Burlesque has) taken over my life, to be honest," she says.

## Vintage couture

Vintage-thrift fashionista Jill Munro makes old clothes new again

KATHLEEN CERRER  
VOLUNTEER STAFF

Jill Munro, owner of Lune Vintage shop and blog, has turned her passion into her business.

Lune Vintage is a seasonal shop offering unique, vintage pieces including an online Etsy shop where fashionable finds such as fringe designs can be purchased. The blog focuses on vintage items, decor, fashion and crafty DIYs to keep readers interested and involved.

"I've been a vintage lover since high school, so when it became too much of an obsession for me to keep everything I found, it was a natural step to begin curating a collection for sale," said Munro.

**"The fact that these styles continue to cycle through current fashion trends is proof of the everlasting appeal of vintage apparel."**

- JILL MUNRO, LUNE VINTAGE SHOP AND BLOG

The local clothing and accessory shop is fittingly based in a 1976 Boler trailer and was at this year's Winnipeg Fringe Festival.

"This summer was our first year in our mobile shop, but Lune has operated out



COURTESY JILL MUNRO

Jill Munro of Lune Vintage, wearing a Lune fringe necklace.

of several retail locations over the past few years," Munro said.

Vintage pieces are truly unique, one-of-a-kind items, which people tend to gravitate to when it comes to separating themselves from the mainstream trends.

"The fact that these styles continue to cycle through current fashion trends is proof of the everlasting appeal of vintage apparel. We are currently very focused on the late '60s to mid '70s when forming Lune's collection."

Although vintage may make a bold statement, it's important to keep in mind the material, make and age of the product you plan on purchasing.

It may look great on the hanger, but because fabrics back then aren't as forgiving as they are today it's crucial to have a feel for

the garment.

"Certain odours such as mothballs, stale basement smell, and smoke are permanent on synthetic fabrics like polyester. Always inspect under the arms for stains and give it a little rub between the fingers," Munro said.

"The heat will bring out any odours that may not be noticeable when sitting 'dormant' on the hanger. Also, feel free to update your vintage piece by making a few alterations such as shortening a long dress or skirt."

Creating unique and fashionable designs with new and used items for the Love Lune collection works as a creative outlet for Munro.

"I believe it's healthy and therapeutic to spend time making things with our hands. It's also a great way to recycle materials and avoid the mall rat race without sacrificing

personal style."

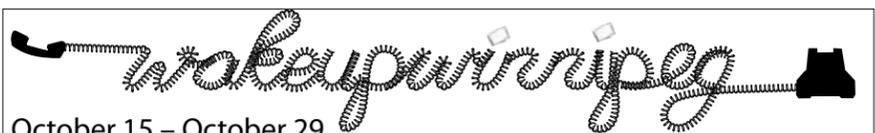
The fringe inspired collection includes a full-fringed halter-top with an open back - definitely a statement piece.

Munro's blog lets the reader into her passion with access to crafty DIY projects, the Love Lune shop as well as sections called "Thrift Style File" and "Thrift Thursday."

Vintage shopping can be a daunting task if you don't know where to look or which item to purchase and this section helps those who may be hesitant or intimidated. Outfits and interesting finds are showcased in this section for readers to view, comment and learn about.

Vintage can be an investment, but it's important to have fun and purchase items that can truly work for you.

Visit [www.lunevintage.blogspot.com](http://www.lunevintage.blogspot.com).



October 15 - October 29

A Participatory Telephone Performance by Sandee Moore  
Subscribe at 949-9134 ext. 6 or [www.wakeupwinnipeg.org](http://www.wakeupwinnipeg.org)  
Presented by Video Pool Media Arts Centre

Video Pool Media Arts Centre presents a participatory telephone performance by local artist Sandee Moore. Taking the form of a telephone wake up call, Moore invites subscribers to her service to consider local politics on the dawn of Winnipeg's civic election. Participants will enjoy the personal interaction of a wake up call that draws upon the human element that has been replaced by automation.

VIDEO POOL  
media arts centre

# The Ball lets first-timers and experienced fetishers get their kink on



JORDAN JANISSE

## BDSM FTW - WTF?

Perhaps Wikipedia, the ubiquitous source of all knowledge, puts it best when it describes BDSM as "a type of role play or lifestyle choice between two or more individuals who use their experiences of pain and power to create sexual tension, pleasure and release."

The acronym puts six initials into four letters: bondage and discipline; dominance and submission; and finally, sadism and masochism.

For more information, visit [www.tinyurl.com/UniterBDSM](http://www.tinyurl.com/UniterBDSM).

## Upcoming BDSM event will take over the Zoo this Saturday

CATHERINE VAN REENEN  
STAFF WRITER

Winnipeg likes to get tied up. And flogged. And spanked. Winnipeg is a leading city in the culture of kink, with other Canadian and American cities looking to it for ways to expand their own kink scenes.

With The Ball celebrating its 15th year this Saturday, Oct. 23 at Ozzy's and The Zoo (160 Osborne St.), it's obvious that kink culture is moving more and more into the mainstream and even the vanilla lovers are looking for new flavours.

**"It's not just sex sex sex. There's a zillion ways to do that. We also eat. It's not some big brothel. Don't expect to see people fucking in heaps in the aisles."**

- DUNGEON BEAST, FORUM MODERATOR, THE BALL

"The demand for kink items is growing," said Rebecca of Lady Godiva Boutique.

While the shop's most popular items are still the more functional ones, such as a girl's best battery-powered friend, requests for kinkier items like floggers, bondage cuffs and collars have been increasing in recent years.

If the mere thought of getting tied up and spanked is giving you a partial (or the female equivalent), The Ball is the perfect place to start looking for information on kink

culture.

The Ball is Canada's longest running pansexual fetish event that promotes safe and consensual BDSM fun.

The Ball welcomes every kink and fetish group, including local groups The Prairie Domes, Tortured Youth, Whipper Snappers and The Prime Timers, so newcomers can experience a variety of kinky flavours.

Dungeon Beast is the online moniker for the moderator on The Ball's website, [www.theball.ca](http://www.theball.ca). He is also the last remaining founder of the longstanding event.

The upcoming Ball will be the biggest Ozzy's/Zoo event of the year, taking up both floors of the venue — each with its own dungeon, of course.

Beast believes that the best thing about The Ball is that it gives people an outlet to express themselves in ways they wouldn't usually be able to.

"We are the first contact they have in the community, so (people) come to The Ball and come up with whatever flavour they are interested in," he said.

He adds that the need for outlets of alternative sexuality is ancient — people have always had dark and dirty sexual fantasies.

Richard Kuffman of Tortured Youth, a group for people 18 to 30 to explore alternate sexualities, said that people are turned on by BDSM for different reasons, but it often has a lot to do with the power exchange.

"But some people are just kinky," he added, "(BDSM) can be like playing Lego with people."

Beast said that even though kink culture is more mainstream and socially acceptable than ever before there are still some wild misconceptions about the culture.

"It's not just sex sex sex. There's a zillion ways to do that. We also eat," he said. "It's not some big brothel. Don't expect to see people fucking in heaps in the aisles."

The popularization of kink culture owes a

lot to media. The Internet especially makes information on BDSM so much more accessible that it naturally becomes more socially acceptable.

"I think the whole repression of 'We're not like that, those people are dangerous deviants,' has been pulled out of the water by media," said Beast.

"In Canada, having the Charter of Rights and Freedoms really helped and there have been long term effects of that. (Canadians) don't have to try to be the all-American family. There are still states where owning a vibrator is illegal."

The advantage of kink culture becoming more socially acceptable in mainstream culture essentially boils down to safety.

"Not so long ago kinky people, and gays, were actively harassed by the powers that be. The popularization means safety from hate crimes and government oppression."

Although, the popularization comes with its drawbacks as well.

"Some people like to be on the fringes of society. There is a cultural dilution that's happening. Traditionally leather culture was very structured but, with the advent of the Internet, the whole culture has changed at an incredibly fast speed. There's no longer the sort of mentorship there once was," said Beast.

"There's an interesting dichotomy between the people who have been in the culture for 20 years and the newbies."

Just like any culture, kink culture has its own set of social norms and codes of conduct, and the new members are the ones most likely to break those rules.

The Ball ensures a safe environment to "come out of the kinky closet" with dungeon monitors and other various safety measures taken for all attendees.

SSC (Safe, Sane and Consensual) is one of the acronyms used to describe the conduct between people during any type of BDSM act, but according to Beast, it's the least accurate.

"SSC: Silly Sanctimonious Crap. These are the most common watch words of BDSM, whitewashing the lifestyle for the vanilla world," he said.

Although all BDSM acts must be consensual, he says that being tied up and beaten isn't always totally sane or safe, and SSC just makes BDSM sound less threatening to mainstream society.

"(The Ball) changes people's lives. The elation they experience when they finally con-

nect with people like themselves makes it worth it for me."

For more information on The Ball visit [www.theball.ca](http://www.theball.ca) and check out the forum for questions. Tickets for can be purchased at any Love Nest location, Aphrodite's Whisper, Lady Godiva Boutique and the Osborne Village Inn.

## SPANKING FOR BEGINNERS

**1. Position:** The spanker must position the spankee so that the spanker is higher than the spankee and can therefore maintain control over him or her and ensure accuracy. Try over the lap, hands on ankles, over the knees or over a desk for some position ideas. Ladies - an over-the-knee spanking guarantees some clitoral stimulation for you, but for the gentlemen - be careful to ensure your penis is tucked between the spanker's legs to avoid crushing the goods.

**2. Spanking tools** may include, but are not limited to: a hairbrush, a wooden spoon, a belt, a feather duster, a table tennis paddle or a spanking paddle. Sex shops sell spanking paddles made from various materials, from leather to mahogany, so experiment and find your favourite!

**3. Start out striking** with your spanking tool very lightly on the fleshiest part of the ass and avoid the tailbone to prevent serious injury. Depending on your partner's tolerance, adjust spanking intensity as needed.

**4. Have fun, but be safe and respectful, too.** And just like anything else, practice makes perfect.

### Hot Tips:

•Before spanking make sure that ass skin is healthy and not too dry or wet.

•After spanking, apply Arnica cream to help soothe the broken capillaries, heal bruises quickly and soothe muscles.

•Communicate clearly and honestly with your spanking partner. Make a safeword.

•Spankings are the perfect way to incorporate some role-playing into your sex life, so indulge your partner in your naughtiest fantasies and start spanking!

Sources: [www.torturedyouth.ca](http://www.torturedyouth.ca), [www.bestslave-training.com](http://www.bestslave-training.com), [www.theball.ca](http://www.theball.ca)

# AWARDS & FINANCIAL AID

The Awards and Financial Aid staff of the University of Winnipeg provides the student body with current information on award opportunities. This information is updated weekly.

## THE UNIVERSITY OF WINNIPEG AWARDS:

<http://www.uwinnipeg.ca/index/services-awards>

### WORK STUDY PROGRAM

Project descriptions and applications for the 2010-11 Work Study Program are available in Student Services (first floor, Graham Hall) or at Student Central (first floor, Centennial Hall). You can also obtain project descriptions and application forms from the Awards & Financial Aid website: <http://www.uwinnipeg.ca/index/services-awards-work-study-program>.

To be eligible for the Work Study Program, you must:

1. Be registered in a degree program at the University of Winnipeg in the 2010-11 academic year on a full-time basis as defined by the Manitoba Student Assistance Program (18 credit hour minimum)
2. Have successfully completed 30 credit hours (GPA of 2.0 or higher)
3. Be on Regular Status at The University of Winnipeg
4. Receive a government student loan of at least \$1000 for 2010/11 as a result of the financial need assessment done by the Manitoba Student Financial Assistance Program or another province's student aid office OR obtain a student line-of-credit or student bank loan for 2010-11 of at least \$1000.

**Deadline:** Oct. 20, 2010 (Late applications may be accepted.)

**Note:** You can apply for a maximum of four positions, but cannot be hired for more than one.

## AWARDS OFFERED BY EXTERNAL AGENCIES AND ORGANIZATIONS:

### THE PRINCESS ROYAL PAN AM SCHOLARSHIP

The Princess Royal Pan Am Scholarship Endowment Fund provides financial support for Manitoba's high performance athletes in their pursuit of excellence at the national and international levels of competition while serving as a tribute to commemorate the Manitoba visit of Her Royal Highness the Princess Royal in 1999.

The Princess Royal Pan Am Scholarship awards two scholarships per year valued up to \$3,000 each to one male and one female high performance athlete enrolled in a post-secondary institution in Manitoba. Application information is available from the Awards & Financial Aid office (Room OGM05, Mezzanine of Graham Hall) or on their website: [www.sportmanitoba.ca/scholarships.php](http://www.sportmanitoba.ca/scholarships.php).

**Deadline:** Oct. 22, 2010

### YES I CAN! AWARDS

The Yes I Can! Awards were established to honor children and youth with disabilities who have excelled. Thousands of children and youth have been recognized since the program's inception in 1982. Each year, the Council for Exceptional Children selects approximately 27 winners for their outstanding achievements in one of nine categories: academics, arts, athletics, community service, employment, extracurricular activities, independent living skills, self-advocacy, and technology. Candidates must be between two and 21 years of age when they are nominated. For more information, please visit their website: [www.ccc.sped.org](http://www.ccc.sped.org).

**Nomination deadline:** Oct. 22, 2010

### DAVID L. SQUIRES MEMORIAL FOUNDATION SCHOLARSHIP

The Squires Foundation was created 1994, in honour of David L. Squires by his Data Processing Management Association (DPMA) peers to promote excellence in the study of informatics by individuals; conduct or sponsor research in informatics education; and sponsor informatics educational offerings to the public. This year we are offering two \$1,000 scholarships to Computer Science students who have completed at least one year of full-time schooling. For more information on eligibility or to apply, visit their website: [www.iticanada.ca/squires](http://www.iticanada.ca/squires).

**Deadline:** Oct. 31, 2010

### THE JOSEPHINE LAVEY MEMORIAL SCHOLARSHIP AWARD

Josephine Lavey was a dedicated member of the Order Sons of Italy since 1947. Besides her work for the Order, she was the Deputy Treasurer for the City of Welland. Her untiring efforts on behalf of the Italian immigrants stand out as her greatest contribution to the community. She worked indefatigably to interpret, translate, assist and find employment for newcomers in their desire to achieve Canadian Citizenship. All her life, Josephine Lavey served others, her family, community and other organizations. An Award of \$1,000 shall be given in the name of the Order Sons of Italy Josephine Lavey Award. To qualify, the applicant must be a son or daughter, grandson or granddaughter, step-children or step-grandchildren of a member of the Order Sons of Italy of Canada, and at least one parent of the applicant must be of Italian origin. The applicant must be a full-time student enrolled in either first, second or third year at a post-secondary institution of learning (university, college, etc.). The award will be given for general proficiency in general studies, and in the case of a tie average, the award shall be

given to the applicant with Italian studies. Application forms are available from the Awards & Financial Aid office (Room OGM05, Mezzanine of Graham Hall) or their website: [www.ordersonsofitalycanada.com/scholarships.html](http://www.ordersonsofitalycanada.com/scholarships.html).

**Deadline:** Oct. 31, 2010

### THE NATIONAL ABORIGINAL ACHIEVEMENT FOUNDATION POST-SECONDARY EDUCATION & ABORIGINAL HEALTH CAREERS BURSARIES

The National Aboriginal Achievement Foundation has evolved into the largest non-governmental funding body for First Nations, Inuit, and Métis post-secondary students across Canada. Bursary and scholarship awards are provided to First Nations, Inuit, and Métis students annually across a diverse range of disciplines. The Post-Secondary Bursary is open to aboriginal students with financial need studying Business, Science, Law, Engineering, Technical Studies, Computer Science, Education, Social Work, or Social Sciences. The Aboriginal Health Careers Bursary is open to aboriginal students with financial need studying health sciences such as medicine, nursing, dentistry, biology, chemistry, clinical psychology, physiotherapy, pharmacy, laboratory research and any other health field in which a study of hard sciences is a prerequisite. More information or application forms are available from the Awards & Financial Aid office (Room OGM05, Mezzanine of Graham Hall) or from their website: [www.naaf.ca](http://www.naaf.ca).

**Deadline:** Nov. 1, 2010

### ALLIANCE FOR EQUALITY OF BLIND CANADIANS SCHOLARSHIP PROGRAMME

The Alliance for Equality of Blind Canadians (AEBCC) is dedicated to providing blind, deaf-blind and partially sighted individuals with the opportunities they need to compete on an equal basis with other members of Canadian society. Through public education and advocacy, our organization works to improve the lives of these Canadians by providing a forum for mentorship, discussion and action on issues of common concern. Each year, the AEBCC offers scholarships to recognize outstanding blind, deaf-blind, and partially sighted post-secondary school students. This year there will be two \$1,000 scholarships. Each scholarship will be accompanied by a year's free membership to AEBCC. All scholarships are awarded on the basis of academic performance, community involvement and overcoming adversity.

The Scholarship Committee reviews all applications and selects the scholarship recipients. These recipients will be notified of their selection by December 15, 2010. Scholarship monies will be sent to the recipients no later than December 31, 2010. For more information on how to apply, please visit their website: [www.blindcanadians.ca](http://www.blindcanadians.ca).

**Deadline:** Nov. 1, 2010

### THE GILL PURCELL MEMORIAL SCHOLARSHIP

The Gillis Purcell Memorial Journalism Scholarship for Native Canadians is offered annually by The Canadian Press. Scholarship recipients, who must be pursuing a career in journalism through studies at a post-secondary institution, receive \$4,000 and an offer of summer employment at The Canadian Press or one of its affiliated companies. Application forms are available from the Awards & Financial Aid office (Room OGM05, Mezzanine of Graham Hall).

**Deadline:** Nov. 15, 2010

### THE UKRAINIAN RESOURCE AND DEVELOPMENT CENTRE AWARDS

The Ukrainian Resource and Development Centre (URDC) is offering five award opportunities to students this year briefly described below. Application forms and guidelines are available from URDC.

1. The **Alberta Council for the Ukrainian Arts (ACUA) Award** (\$500) is offered annually for a project that fosters a greater awareness of Ukrainian art in Alberta. This project may be in the form of an exhibit, festival, educational program, or special project.
2. The **Roger Charest Sr. Award for Broadcast & Media Arts** (\$500) is offered annually to applicants (individual or group) for an initiative to create a special program or series which may later be suitable for broadcast and may further the cause of multiculturalism in Canada.
3. The **Roman Soltykewych Music Scholarship** (\$500) is offered annually to applicants (individual or group) determined to pursue further studies in the field of Ukrainian choral or vocal music.
4. The **Anna Pidruchney Award for New Writers** (\$1,000) is available annually to a novice writer for a work on a Ukrainian-Canadian theme. Submissions for this year's award must be in Ukrainian. Previous award recipients of this award are not eligible.
5. The **Wm. & Mary Kostash Award for Film & Video Arts** (\$1,000) is available to a novice writer for a work promoting Ukrainian-Canadian identity through the medium of film, video or new media.

For application forms and guidelines, contact the URDC: [hayduk1@macewan.ca](mailto:hayduk1@macewan.ca).

**Deadline:** Nov. 30, 2010

## HOLSTEIN CANADA AWARDS

Six bursaries of \$750 will be awarded as such: Western Canada (1), Ontario (2), Quebec (2) and Atlantic Canada (1). Consideration will be given to each category as follows:

1. 20 points, farm involvement
2. 30 points, youth program involvement
3. 30 points, career choice
4. 20 points, points scholastic record

Other accomplishments may influence the Selection Committee in the event of a close decision. Winners will be notified immediately upon the Committee's decision in December. A general announcement will be made through the *Info Holstein* publication at a later date.

To be eligible to apply you must:

- 1) be a regular or junior member of Holstein Canada, or a son/daughter of a member,
- 2) have completed at least one year of university/college (or Cégep in Québec),
- 3) submit an official, original transcript (faxed and photocopied submissions will not be accepted) and a copy of your resumé,
- 4) be returning to school within the calendar year.

Submissions may be typed or made via Holstein Canada's website: [www.holstein.ca](http://www.holstein.ca). For more information, contact: [sgregson@holstein.ca](mailto:sgregson@holstein.ca).

**Deadline:** Nov. 30, 2010

## FRANK KNOX MEMORIAL FELLOWSHIP

Up to three Frank Knox Memorial Fellowships will be awarded to students from Canada for graduate study at Harvard University in the academic year 2011-12. The Frank Knox Memorial Fellowship program was established by Annie Reid Knox who sought to honour her late husband and his lifelong commitment to America. Mrs. Knox expressed the hope that the holders of the fellowships return to their homes and become leaders in their chosen field once they had gained knowledge and experience from their study away from Canada.

Eligibility:

1. Open to Canadian citizens or permanent residents of Canada who are normally residing in Canada.
2. Have graduated no earlier than 2009 or will graduate before September 2011 from an institution in Canada, which is a member or affiliated to a member of the Association of Universities and Colleges of Canada (AUCC).
3. Applicants to the Harvard Law School should have completed their resident university education and hold a basic degree in Law before applying for an advanced degree program such as the Master of Laws (LLM).
4. Candidates are responsible for gaining admission to Harvard University by the deadline set by the various faculties.
5. Applications from students presently studying in the United States will not be considered.

**Value:** A Knox Fellowship pays full Harvard tuition and mandatory health insurance fees and provides a stipend sufficient to cover the living expenses of a single Fellow for a 10-month academic year. Knox Fellows who plan to bring spouses, partners or other family members with them to Harvard must secure additional sources of funding to support their families. Knox Fellowship funding is guaranteed for up to two years of study at Harvard for students in degree programs requiring more than one year of study. The Committee on General Scholarships will consider Knox Fellowship renewals after the second year on a case-by-case basis. **Please note:** All applications and supporting documents must be submitted in English only.

For more information and the application form, please visit Harvard University's website: [www.frankknox.harvard.edu/welcome.html](http://www.frankknox.harvard.edu/welcome.html) or contact [awards@aucc.ca](mailto:awards@aucc.ca).

**Deadline:** Nov. 30, 2010

## MANITOBA STUDENT AID PROGRAM (MSAP):

The deadline to apply for Manitoba Student Aid for the 2010 Fall Term only is Oct. 31. Applications for 2010-11 Fall/Winter or 2011 Winter Session is open until Feb. 21, 2011. Students can apply online at [www.manitobastudentaid.ca](http://www.manitobastudentaid.ca).

\*New to the Student Aid program this year are a series of grants and bursaries:

1. Canada Student Grant for Students from Low-income Families
2. Canada Student Grant for Students from Middle-income Families
3. Canada Student Grant for Students with Dependents
4. Rural/Northern Bursary

These grants are the first money students will receive in their financial aid packages, before any loans are awarded. Many students may, in fact, receive the majority of their financial assistance in the form of grants. Be sure to apply early and

to submit all requested documentation as soon as possible to ensure that you receive all the grant funds for which you are eligible.

## PROCEDURES

### CONFIRMATION OF ENROLMENT & RELEASE OF GOVERNMENT STUDENT AID DOCUMENTS

Approximately 3 weeks before classes began, the Manitoba Student Aid Program (MSAP) started printing official assistance documents for students whose MSAP documentation and University course registration are in order. MSAP mailed the documents to students at the addresses they provided on their MSAP applications. The document you received will have been electronically approved by the Awards & Financial Aid Office. It will indicate the fees you owe to the University of Winnipeg. These fees will be deducted from your student aid.

1. If the document is a Canada Student Financial Assistance document, you should take it to an approved Canada Post outlet for forwarding to the National Student Loan Centre.

2. If the document is a Manitoba Student Aid document, you should forward it to the MSAP Loan Administration Department.

The National Student Loan Centre of the MSAP Loan Administration Department will process the document, transferring the fee payment portion directly to the University and depositing any additional balance to your account. Instructions on these processes will be included in your student aid document package.

## COURSE LOAD

The minimum course load for which you must register to be eligible for any form of government student assistance is 60 per cent of the maximum course load required for your study period:

1. Fall or Winter Term only - 9 credit hours minimum
2. Fall/Winter Session - 18 credit hours minimum

You must maintain the appropriate minimum course load for your study period in order to retain your student assistance eligibility.

## REGISTRATION AT ANOTHER POST-SECONDARY INSTITUTION

If, in addition to University of Winnipeg courses, you are registered and taking courses elsewhere during the academic year for credit towards your University of Winnipeg degree, you must present proof of registration to the Awards & Financial Aid Office before your student assistance document can be authorized and released to you.

## FEE PAYMENT

Your fees will be deducted from the student assistance document when it is electronically approved by the university. Government Student Aid is used first to meet educational costs. All overdue fees and emergency loans as well as fees for the current study period will be deducted from the student aid document. If your student assistance does not cover your required fee payment, you will have to make payment on your own by the fee payment deadline. Credits for scholarships you may be receiving will be will to reduce the amount of fees deducted from the student aid document.

## FEE DEFERRAL

The Awards & Financial Aid Office can defer your fees if you have applied for Government Student Aid but have not received your confirmed assistance document by the fee payment deadline.

· Fee deferral means that your registration will not be cancelled because of your failure to pay by the deadline.

**If your name is on the Awards & Financial Office fee deferral list but you withdraw from university courses, you will be responsible for the fees you owe until your actual date of withdrawal.**

**DID YOU KNOW...** That Manitoba Student Aid staff can be on campus on Fridays from 1 p.m. to 4 p.m. To meet with them, you need to set up an appointment time. Come to student services and book an appointment, or phone 786-9458 or 789-1420.

**DID YOU KNOW...** You can check the status of your student aid application, find out what documentation is still outstanding, update your address information and much more online? Go to [www.manitobastudentaid.ca](http://www.manitobastudentaid.ca) and then to MySAO to log into your existing account.

**DID YOU KNOW...** If you are a student who has had past Government Student Loans and are currently a full-time student but do not have a student loan this year, please fill out a Schedule 2 document to remain in non-payment status. Please come to Student Services in Graham Hall, where front counter staff can help you with this form.

## OTHER AWARD WEBSITES:

Canada Student Loan program & other important information on finances and budgeting: [www.canlearn.ca](http://www.canlearn.ca)

Surfing for dollars? Try [www.studentawards.com](http://www.studentawards.com) and [www.scholarshipscanada.com](http://www.scholarshipscanada.com).

Are you there God/Allah/Krishna/Zeus/Etc.? It's me, *The Uniter*

## Next week in The Uniter: The Religion Issue

- ➔ Are faith-based private schools given too much autonomy when it comes to their curriculum?
- ➔ Tom Cruise wants you! Scientology in Winnipeg.
- ➔ Is there a cult on campus trying to recruit you?
- ➔ Religious student groups at the University of Winnipeg.
- ➔ PLUS: UWSA byelection coverage, a look at the state of journalism, Matt Austman on why prostitution should be decriminalized, an exploration of the rise of vampires and zombies in pop culture, and interviews with Venetian Snares, Stars and Basia Bulat.

## Check out the latest from *The Uniter's* blog:

"No-Show Sammy"  
by Kristy Rydz

"It's About Time..."  
by Karlene Ooto-Stubbs

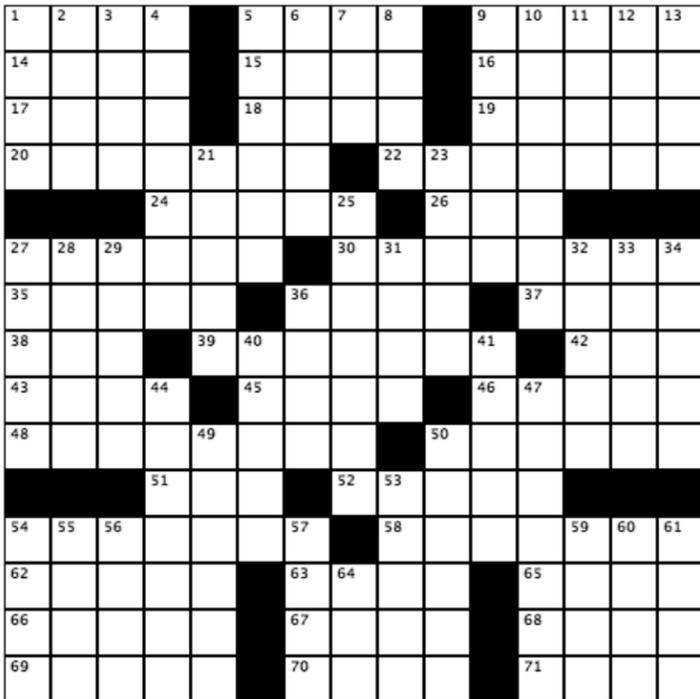
"Winnipeg's blogosphere buzzing"  
by Matt Preprost

"You can dress 'em up, but who cares?"  
by Britt Embry

Also only at [www.uniter.ca](http://www.uniter.ca) this week: the Fashion Streeter. Visit [www.uniter.ca/section/c/fashion](http://www.uniter.ca/section/c/fashion) to find it.

### Crossword Puzzle 8

Solutions to this week's crossword and sudoku in next week's issue.



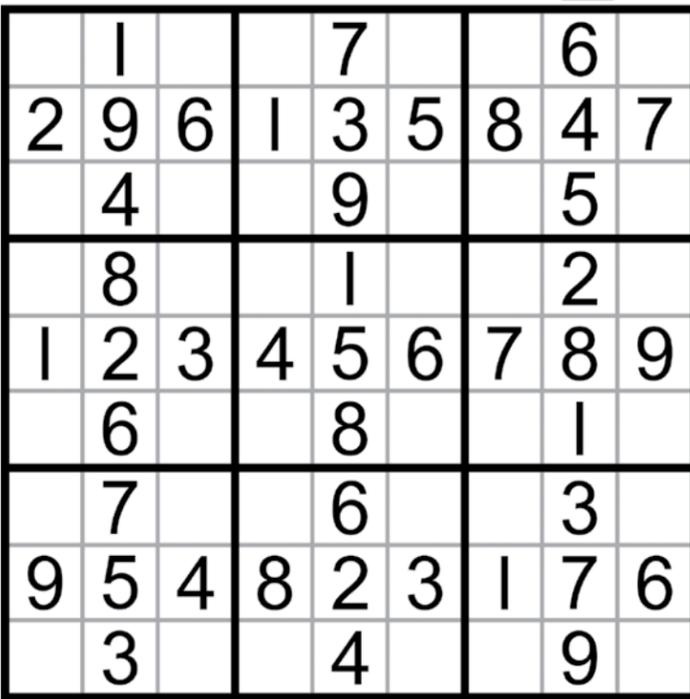
BESTCROSSWORDS.COM

**Across**

- 1 - Sudden explosive noise;
- 5 - Fall birthstone;
- 9 - Cookwear;
- 14 - Siouan speaker;
- 15 - Actress Campbell;
- 16 - Paris divider;
- 17 - Editor's mark;
- 18 - Mariners can sail on seven of these;
- 19 - Instant;
- 20 - Squid;
- 22 - Braided;
- 24 - From Cardiff;
- 26 - Jackie's second;
- 27 - Bring into being;
- 30 - Omitting;
- 35 - Tripoli's country;
- 36 - Amazes;
- 37 - Barbershop request;

- 38 - Small batteries;
- 39 - Young hare;
- 42 - Broke bread;
- 43 - Pace;
- 45 - Plunge head-first;
- 46 - Essential oil;
- 48 - Having the power to heal;
- 50 - Unerringly;
- 51 - Balderdash;
- 52 - Like soft-boiled eggs;
- 54 - Visionary;
- 58 - Aimless bit of gunfire;
- 62 - Portents;
- 63 - Bread spread;
- 65 - Bang-up;
- 66 - Adjust to zero;
- 67 - \_\_\_ Blanc;
- 68 - Netman Nastase;
- 69 - Diary bit;
- 70 - Congress, e.g.;
- 71 - Optical device;

### Sudoku Octagon



will.octagon.gibson@gmail.com

**Down**

- 1 - Winter pear;
- 2 - \_\_\_ boy!;
- 3 - Christmas;
- 4 - Escape;
- 5 - Marked down;
- 6 - Nobles;
- 7 - Actress Gardner;
- 8 - For fear that;
- 9 - Late bloomers;
- 10 - Continue steadily;
- 11 - Reformer Jacob;
- 12 - A single time;
- 13 - Call for;
- 21 - Dense element;
- 23 - Bluffer's ploy;
- 25 - Nevertheless;
- 27 - Category;
- 28 - Lasso;
- 29 - "Barnaby Jones" star;

- 31 - Nothing more than;
- 32 - Angry;
- 33 - Essential;
- 34 - Abrasive mineral;
- 36 - Tel \_\_\_;
- 40 - Prepares for publication;
- 41 - Mock;
- 44 - Associate;
- 47 - Spencer;
- 49 - Warm and cozy;
- 50 - Condescending;
- 53 - Flip over;
- 54 - Golfer's "watch out!";
- 55 - "So be it";
- 56 - Hotbed;
- 57 - Grave;
- 59 - Gap;
- 60 - Getting \_\_\_ years;
- 61 - Driving aids;
- 64 - John in England;



### The history of Halloween

Even those of us who think we are well informed are actually a lot dumber than we think. This is due largely to the fact that we obtain most of our information from unreliable second-hand sources like the Internet, some kid at school or student newspapers.

Therefore, it is not surprising that most of us who think we know the origins of the holiday we refer to as "Halloween" are, in fact, completely wrong.

Many people attribute the now candy-laden holiday to ancient pagan traditions that marked the end of summer with a large communal feast.

This could not be further from the truth.

The real origins of Halloween are much more sinister. It was actually created in 1982 as a joint effort between chocolate manufacturer Dennis Cadbury and renowned dental hygienist Dr. Suzanne Teeth.

Although this seems like an unlikely pair, their motives become clear upon closer inspection.

Cadbury and Teeth realized that they had a common goal: to make a lot of money at the expense of average people.

They realized that if they could convince children to eat a lot more candy, they would both stand to make more cash - Cadbury from chocolate sales and Teeth from the resulting dentist visits.

That's why they concocted the concept of Halloween. The rest is history.

This startling truth raises some very obvious and troubling questions.

First, if Halloween was only conceptualized in 1982, why do so many of us remember Halloween before this year?

Secondly, if all they wanted to do was convince kids to eat candy, they why did they convince them to go to strangers' houses dressed as witches and vampires?

The answer to these questions is simple. Cadbury and Teeth are, in fact, witches.

They used their witch powers to convince our entire culture that Halloween was a long-standing tradition so we would not question it or point out how ridiculous it is.

While they were at it, they decided to make kids dress up like them to make their kind seem more socially acceptable.

You might think this explanation is a little far-fetched, but these kinds of explanations are more common than you might think.

Christmas, for example, was not popularized by Jesus or Walmart, but by a group of gifted PR experts who wanted to make it more acceptable to be fat and not shave.

Thanksgiving was created by a man with a grudge against turkeys, and Easter was created by a giant talking bunny that was looking for work.

Now you know.

*J. Williams holds alternative history classes in his basement. Often, he ends up lecturing to himself.*

### Getting your hunger cues back on track



#### LIVING WELL



SAGAN MORROW  
VOLUNTEER STAFF

We eat for many reasons. We eat because of emotions, stress, social situations or time of day. A lot of this kind of eating is mindless and does not occur because our stomachs are actually empty.

Behind all of these reasons, however, are our hunger hormones.

The key hormones related to feeling hungry are ghrelin and leptin. These two hormones need to be balanced in order for us to have a healthy appetite and response to hunger and food.

In today's society, many people have an imbalance of ghrelin and leptin. The imbalance perpetuates the unhealthy lifestyles that we have created for ourselves.

Ghrelin, made in the stomach, cues the brain when it needs to eat. It stimulates the appetite.

Ghrelin is a major reason why many people struggle with weight loss: the body produces more ghrelin if you have been dieting because it recognizes that there has been a shortage of food.

Leptin, made in fat cells, sends a message that we are satiated. When we go on a diet to restrict caloric intake, the balance of ghrelin and leptin gets shaky.

This causes our bodies to become confused. Hunger cues and satiety cues are no longer

simple on/off switches: the imbalance causes us to be unable to recognize when we are truly hungry.

Today's society is fast-paced and stressful. Food is advertised everywhere we go, which creates an automatic response in the body to think about food and desire it even (or especially) when we are not truly hungry.

This confuses our hunger hormones even more. Our bodies are designed to take advantage of food when it is accessible, so it takes a considerable effort to *not* chow down when food is readily available on every street corner.

Another result of our busy lives is that many people do not get adequate sleep and are often running on caffeine to keep their energy levels up.

Sleep is an important factor in ghrelin production. Those who suffer from insomnia or who do not get a proper night's sleep are often overweight or obese, which may be because of the lack of hunger cues in the body from these hormones.

In order to get your hunger cues back on track, make sure you get a good sleep each night. You should feel rested upon waking.

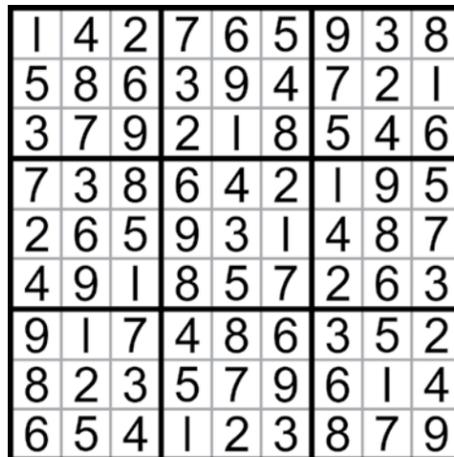
Eating breakfast also helps to balance your hunger hormones and kick-start the metabolism. Have small meals frequently throughout the day so that your body doesn't go into starvation mode.

Lowering stress and taking the time to exercise regularly are two more ways that you can help balance your hunger hormones. Not only will they help you to curb your hunger, but making these lifestyle changes will also improve your overall health and wellness.

From living a more balanced lifestyle, you will be better equipped to deal with false hunger cues when they strike.

*Sagan Morrow is a freelance writer and editor. Check out her health and wellness blog at [www.livingintherealworld.net/health](http://www.livingintherealworld.net/health).*

Solutions to puzzles from October 14.



**CLASSIFIEDS**

**SURGERY ABROAD?** - Have you gone abroad for surgery? We want to talk to you! Simon Fraser University researchers are conducting a study looking at how and why Canadians decide to go abroad for surgery. Participation involves a single interview. Participants are given \$50 upon completion. Interested? Call 1-888-410-1270 or e-mail [medtour@sfu.ca](mailto:medtour@sfu.ca).



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